



**John N. Towles**  
**Deputy Director**  
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**Veterans of Foreign Wars of the United States**



John Towles is the Deputy Director of the National Legislative Service for the Veterans of Foreign Wars of the United States. Under the direction and guidance of the National Legislative Director, it is his responsibility to plan, coordinate, and implement the VFW's national legislative agenda with members of Congress, their staff and committees, and with other federal departments, agencies and organizations.

John was born at Millington Naval Air Station, Tennessee to a family whose service to this nation spans over 240 years. Although John lived in nine states and two countries before the age of fifteen, he considers North Carolina home.

John entered the United States Army in 2004, and served as a 68W - Healthcare Specialist for eight years. He is a Veteran of two combat deployments; one in support of Operation Iraqi Freedom in 2005 to Mosul, Iraq, and one in support of Operation Enduring Freedom in 2009 to Regional Command South, Afghanistan. As a result of combat injuries sustained in Southern Afghanistan, he was medically retired from Active Duty in 2012 as a Staff Sergeant.

Prior to joining the VFW legislative team, John participated in the U.S. House of Representatives Wounded Warrior Fellowship program and served from 2013-2015 in the District Office of Representative Tulsi Gabbard, in Honolulu, Hawaii.

Following the completion of the fellowship, John served as the National Director for Veterans Outreach on the Bernie Sanders 2016 Presidential Campaign, and returned to the Washington D.C. office of Representative Gabbard where he served as the Military and Foreign Affairs Legislative Assistant.

Along with assisting in the overall functions of the National Legislative Service, John's primary areas of concentration, with regards to Congressional subcommittees, are the Disability Assistance and Memorial Affairs subcommittee; and the Military Readiness, and Military Personnel subcommittees.