

Shirley Watral BIO

Shirley, is the author of Amazon bestseller Heels to Holster, is a motivational speaker and firearms trainer. She is passionate about helping women in situations like hers find they too have the power inside them to persevere. This book Heels to Holster is a memoir of how she discovered the warrior inside as she survived an abusive relationship and thrived in the aftermath.

She has a passion for educating women on how to handle firearms safely so they can become their own first responder. She empowers others by sharing her own life story and wants to encourage women to build positively upon whatever has happened to them and become a warrior for their life. Since completing her book Heels to Holster, her passion is to help other survivors of domestic violence.

She serves as the Women for Gun Rights - DC Project, Florida state director since 2020. The Women for Gun Rights is a nonpartisan organization of women for gun rights with their focus on developing relations with lawmakers. Their mission is to raise awareness among the community and legislation that firearms safety and violence prevention are achieved through education, not legislation.