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Cleo Paskal is a non-resident senior fellow at FDD focusing on the Indo-Pacific. She has testified multiple times before Congress, regularly lectures and moderates for strategic seminars for the U.S. military, and has taught at defense colleges in the United States, United Kingdom, India, Canada, and Oman.

From 2006 to 2022, she was an associate fellow at Chatham House, London, where, among other responsibilities, she was research lead on the multi-year futures project “Perspectives on Strategic Shifts in the Indo-Pacific 2019-2024” and wrote the outcomes research paper Indo-Pacific strategies, perception and partnerships: The view from seven countries.

She is widely published in the academic and popular press and has written for (among many others): United States Naval War College Review, Journal of Indo-Pacific Affairs (U.S. Air Force), The Diplomat, Defense News, The Telegraph, Pacific Islands Times, The Australian,

Japan Times, The World Today, Military Times, The National Interest, Strategic Analysis Australia, Defense Dossier (American Foreign Policy Council), Global Taiwan Institute and International Affairs. She is currently a columnist with The Sunday Guardian (India) newspaper.

She had written book chapters in a range of academic collections including: The Making of a Global Bharat (Global Policy, 2024); Indian Renaissance: The Modi Decade (Westland, 2024); Non-Traditional Security Challenges in Asia: Approaches and Responses (Taylor & Francis, 2017); and Geopolitics of the Indo-Pacific (KW Publisher, 2014). Her books include the award-winning Global Warring: How Environmental, Economic, and Political Crises Will Redraw the World Map and the co-authored best-selling Spielball Erde.