1 Diversified Reporting Services, Inc. 2 RPTS EUELL 3 HIF070170 4 5 6 KIDS ONLINE DURING COVID: CHILD SAFETY 7 IN AN INCREASINGLY DIGITAL AGE 8 THURSDAY, MARCH 11, 2021 9 House of Representatives, 10 Subcommittee on Consumer Protection 11 and Commerce, 12 Committee on Energy & Commerce, 13 Washington, D.C. 14 15 16 17 The subcommittee met, pursuant to notice, at 10:30 a.m., via remote link, Hon. Jan Schakowsky, [chairman of the 18 19 subcommittee] presiding. 20 21 Present: Representatives Schakowsky, Rush, Castor, Trahan, 22 McNerney, Clarke, Cardenas, Dingell, Soto, Rice, Craig, 23 Fletcher, Pallone; Bilirakis, Latta, Guthrie, Bucshon, Dunn, Pence, Lesko, Armstrong, and McMorris Rodgers. 24

26 Also Present: Representatives Walberg and Blunt Rochester.

- 28 Staff Present: Jeff Carroll, Staff Director; Lisa Goldman,
- 29 Senior Counsel; Waverly Gordon, General Counsel; Daniel
- 30 Greene, Professional Staff Member; Tiffany Guarascio, Deputy
- 31 Staff Director; Perry Hamilton, Deputy Chief Clerk; Alex
- 32 Hoehn-Saric, Chief Counsel, Communications and Consumer
- 33 Protection; Ed Kaczmarski, Policy Analyst; Zach Kahan, Deputy
- 34 Director, Outreach and Member Service; Mackenzie Kuhl, Press
- 35 Assistant; David Miller, Counsel; Elysa Montfort, Press
- 36 Secretary; Kaitlyn Peel, Digital Director; Caroline Rinker,
- 37 Press Assistant; Tim Robinson, Chief Counsel; Chloe
- 38 Rodriguez, Deputy Chief Clerk; Andrew Souvall, Director of
- 39 Communications, Outreach and Member Service; Sydney Terry,
- 40 Policy Coordinator; C.J. Young, Deputy Communications
- 41 Director; Anna Yu, Professional Staff Member; Sarah Burke,
- 42 Deputy Staff Director; Michael Cameron, Policy Analyst, CPC,
- 43 Energy, Environment; Nate Hodson, Staff Director; Bijan
- 44 Koohmaraie, Chief Counsel; Tim Kurth, Chief Counsel, CPC; and
- 45 Brannon Rains, Professional Staff Member, CPC.

- *Ms. Schakowsky. The Subcommittee on Consumer
- 48 Protection and Commerce will now come to order. That is the
- 49 gavel.
- Today we will be holding a hearing entitled "Kids Online
- 51 During COVID: Child Safety in an Increasingly Digital Age.''
- Due to the COVID-19 public health emergency, today's
- 53 hearing is being held remotely. All members and witnesses
- 54 will be participating via video conference.
- As part of our hearing, microphones will be set on mute
- 56 for the purpose of eliminating inadvertent background noise.
- 57 Members and witnesses, you will need to unmute yourselves
- 58 each time that you wish to speak.
- Additionally, members will need to visibly be on screen
- 60 in order to be recognized.
- Documents for the record can be sent to Ed Kaczmarski,
- 62 the staffer -- sorry, Ed, for messing up your name -- at the
- 63 email address that we have provided to all staff.
- All documents will be entered into the record at the end
- 65 of the hearing.
- 66 I also wanted to mention that we do have votes that are
- 67 being called right now, and people will have to go in and
- 68 out. I will call on Tony Cardenas, the vice chair of this
- 69 committee, when I have to leave, but we can do it in
- 70 segments. We are not going to recess for votes.
- 71 The chair will now recognize herself for 5 minutes.

- 73 STATEMENT OF THE HON. JAN SCHAKOWSKY, A REPRESENTATION IN
- 74 CONGRESS FROM THE STATE OF ILLINOIS

- 76 *Ms. Schakowsky. So, again, good morning, and welcome
- 77 to our hearing on child safety online during the COVID-19
- 78 pandemic.
- 79 Children are spending twice as much time online as
- 80 compared to before the pandemic. This time is increasingly
- 81 spent on digital platforms not designed with children in
- 82 mind.
- 83 Although we all hope -- and in some cases, it is already
- 84 happening -- the kids will be able to safely return to
- 85 schools, we should not be naive, however, and believe that
- 86 in-person schooling will mean that companies stop targeting
- 87 our children online.
- Techniques honed by companies during the pandemic, and
- 89 online habits developed by kids, will continue long after
- 90 they are back in school. Many online platforms are addictive
- 91 by design, grabbing attention, and, of course, maximizing
- 92 profits.
- Ohildren are especially vulnerable to addictive or
- 94 manipulative techniques and technologies. They are more
- 95 susceptible to coercive advertising and have trouble
- 96 resisting attention-grabbing features.
- The more time children spend online, the more likely

- 98 they are to be subjected to harmful or age-inappropriate 99 content. 100 There are few effective barriers that protect our children and teens, as well, from the harmful content and 101 102 hate speech that plague our online discourse right now. 103 Nor are they shielded from the loss of privacy that has 104 become a feature of online platforms. Platforms that are 105 intended for general audiences are not required to protect 106 the privacy of children, and many of the most popular 107 platforms say they do not allow children that are under the age of 13 but do almost nothing to enforce their minimum age 108 109 requirement. 110 The harms that children and teens experience online have 111 very real and lasting side effects offline. More screen time has been associated with higher levels of anxiety, 112 113 depression, sleep deprivation, obesity and even suicide. 114 Children need tailored protections from privacy 115 infringements and manipulative marketing practices. 116 Children's privacy must be protected by updating COPPA, the 117 current law, for our increasingly complex and connected
- 119 [The prepared statement of Ms. Schakowsky follows:]

digital word. And thank you.

122

118

- 123 *Ms. Schakowsky. And at this time I want to yield to
- 124 the author of this bill that we are going to be discussing
- 125 today, Congresswoman Kathy Castor.
- 126 *Ms. Castor. Well, thank you, Chair Schakowsky.
- You are right. When Congress wrote the Children's
- 128 Online Privacy Protection Act, COPPA, back in 1998, 23 years
- 129 ago, the Internet was in its infancy. The majority of
- 130 households did not have a computer and even less had the
- 131 Internet. There were no Internet-connected cell phones or
- devices, and if a child wanted to get on the Internet, they
- 133 would have to go to the family desktop, usually in a shared
- 134 space, and type in the Web address and wait for a dial-up
- 135 Internet.
- So despite how antiquated this may seem to us in 2021,
- 137 it was revolutionary in 1998, and at that time Congress acted
- 138 to meet the moment, and they put in place safeguards to
- 139 protect our children in this new online environment.
- 140 But, boy, have things changed since then. We are at
- 141 another critical moment where technological innovations in
- 142 our children are at the forefront. Their every move is being
- 143 tracked and monetized by their phone, tablets, apps, and
- 144 more.
- 145 Platforms are manipulating children to stay online
- 146 longer and pushing them towards extreme content, infinite
- 147 scrolling, and awards of badges for repeated interactions.

- Big business is profiting, and our children are paying
- 149 the price. And as our witnesses point out, that price is the
- 150 real-world harmful impact on our kids' safety, their
- 151 development, and their mental health.
- 152 It has gotten worse during the pandemic. Children's
- 153 screen time has gone up while parents' ability and time to
- 154 monitor screen time has gone down. So parents are looking to
- 155 Congress to make sure their kids are safe and that
- 156 educational experiences work.
- 157 So we need to meet this moment. I intend to reintroduce
- 158 my Kids PRIVCY Act and the KIDS Act to safeguard our kids,
- and I would like to invite members from both sides of the
- 160 aisle to work with me to update COPPA.
- 161 Thanks, and I yield back.
- *Ms. Schakowsky. The chair now recognizes Mr.
- 163 Bilirakis, the ranking member of the subcommittee, for his 5
- 164 minutes.
- You are recognized, Mr. Bilirakis.

- 168 STATEMENT OF THE HON. GUS BILIRAKIS, A REPRESENTATIVE IN
- 169 CONGRESS FROM THE STATE OF FLORIDA

- 171 *Mr. Bilirakis. Thank you, Madam Chair, and I want to
- 172 thank you for holding this very important hearing.
- I know we share a similar view that while technology can
- be amazing in keeping us all connected, when it comes to
- 175 substitution for interpersonal communications, we are all at
- 176 a loss.
- 177 My father served on this committee, and back when he did
- 178 serve, we could talk amongst the dais, write each other
- 179 notes, communicate more directly on what is happening in our
- 180 lives, both personally and professionally. Unfortunately,
- 181 here we are all in a virtual hearing.
- 182 While we have gotten a bit better from the early days of
- 183 virtual hearings, we are all human. I expect there will
- 184 still be miscues today, like when someone is ready to talk or
- 185 providing the kind of attention our witnesses deserve for
- 186 their statements. And I appreciate them being here.
- 187 Now, think about what it is like for our kids. This is
- 188 the new reality, and it is a sad one, in my opinion. The
- 189 COVID-19 pandemic has caused so many Americans to become
- 190 isolated in their homes, especially our kids.
- 191 Without the opportunity for children to interact in
- 192 person with their friends directly, many turn to social media

- 193 to fill the void. Sadly, this has led to a cascade of
- 194 negative effects for me.
- 195 I believe this hearing can serve as an important alarm
- 196 bell for safely reopening our schools and getting students
- 197 and teachers back in the classroom and reverse this trend.
- To be fair, at the beginning of the pandemic, there was
- 199 much unknown about the virus and virtual school was seemingly
- 200 viable. It is a viable bridge to educating students, and it
- 201 is better than not having anything.
- 202 Distance learning can certainly be a positive tool for
- 203 some students. But the facts now make clear that as a
- 204 primary means of instruction, it just does not work for
- 205 advancing our kids' education, especially those children with
- 206 disabilities.
- There is good news, however. A number of schools have
- 208 shown they can safely open up, including my great State of
- 209 Florida, and so I hope we can find avenues for all students
- 210 to have the same accessibility to educational opportunities.
- 211 The alternative is catastrophic, unfortunately. This
- 212 was on full display in Clark County, Nevada last year. In
- 213 that case more than 3,000 alerts about students with suicidal
- 214 thoughts flooded the inbox of district officials.
- 215 The school district since reopened to in-person
- 216 schooling, but tragically too late. By December of last
- 217 year, 18 students took their own lives. Eighteen families

- 218 lost their children.
- 219 We all believe, like Clark County, history can repeat
- 220 itself. That is why I was pleased that earlier this year,
- 221 President Biden pledged to reopen the schools by his 100th
- 222 day in office, and the CDC Director Walinsky relayed that
- 223 data indicated schools can begin to safely reopen, and more
- than one day a week, I'll add.
- 225 Still we are all alarmed by recent contradictory
- 226 statements to the science behind these commitments. So it
- 227 will be interesting to find out what changed. Hopefully, the
- 228 panel will have some insight there.
- I also want to know as privacy protection is on the
- 230 agenda today that I want to be part of the real solution.
- 231 Committee Republicans have been and remain committed to this.
- 232 And to speak more on this topic, I would like to yield
- 233 to my good friend, Congressman Tim Walberg for his efforts to
- 234 reach a bipartisan deal on a bill to improve upon the Child
- 235 Online Privacy Protection Act.
- I yield the rest of my time to Representative Walberg.
- Thank you.
- 238 [The prepared statement of Mr. Bilirakis follows:]

- 242 *Mr. Walberg. I thank my good friend.
- 243 When I first introduced the PROTECT Kids Act, there was
- 244 a pressing need to modernize the Children's Online Privacy
- 245 Protection Act to reflect the digital era.
- In the midst of this global pandemic, with children and
- 247 the parents challenged, there is an even more pressing need
- than ever. While the FTC made improvement to COPPA in 2013,
- 249 they did not go far enough to protect children against new
- 250 threats in the evolving digital ecosystem.
- 251 The Internet has drastically changed since 2013, and
- 252 while increased Internet usage presents many complicated
- 253 risks, children's online privacy is one area Congress
- 254 established clear law.
- But the law is outdated. It needs to be updated to
- 256 ensure children are protected from troubling conduct of Big
- 257 Tech. The PROTECT Kids Act represents a common sense,
- 258 bipartisan solution, and I appreciate my good friend,
- 259 Congressman Rush for joining me in this effort to put
- 260 children's wellbeing at the top of Congress' priority list.
- 261 Together we are continuing to work with stakeholders to
- 262 strengthen this bill. We welcome input from members of this
- 263 subcommittee and look forward to working together to pass
- these much needed reforms.
- I thank you, and I yield back.
- 266 *Ms. Schakowsky. The gentleman yields back.

267		And	the	cha	ir 1	now	recogni	zes	Mr.	Pallone,	chair o	f the
268	full	comm	nitte	ee,	for	5 r	minutes	for	his	opening	statemen	t.
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- 270 STATEMENT OF THE HON. FRANK PALLONE, A REPRESENTATIVE IN
- 271 CONGRESS FROM THE STATE OF NEW JERSEY

- *The Chairman. Thank you, Chairwoman Schakowsky.
- The COVID-19 pandemic is an unprecedented public health
- 275 and economic crisis which has greatly disrupted our lives.
- 276 The children, in particular, have had their world turned
- 277 upside down. Visits with friends and extended family have
- 278 been replaced by video conferencing and in-person activities
- 279 replaced with video games, social media, video services, and
- 280 other digital activities.
- And as a result, kids' screen time has doubled during
- 282 the pandemic, and you just told me that, Madam Chair, on the
- 283 elevator and I did not realize it was that much, twice.
- As this subcommittee has heard time and time again,
- 285 consumers online face manipulative advertising,
- 286 disinformation, harassment, dark pattern manipulation, and
- 287 privacy intrusions. For adults, these dangers are extremely
- 288 hard to manage, but for children, such practices are
- 289 downright predatory.
- 290 Children do not possess the same levels of cognitive
- 291 development to defend themselves and are often uniquely
- 292 vulnerable to any negative effects. The online world can
- 293 affect children's mental and physical health.
- 294 Growing bodies of research confirm the link between

- 295 increased digital media use and depression and higher
- 296 instances of addiction, anxiety, sleep deprivation, and
- 297 obesity. And we also have seen harmful behaviors such as
- 298 cyber bullying increase during the pandemic.
- 299 Unfortunately, many companies are well aware that
- 300 children are spending more time online, and they are taking
- 301 advantage of that by proactively targeting, manipulating, and
- 302 monetizing our children. For example, some Internet
- 303 platforms, app developers, and content creators propagate
- 304 "addiction by design'' through sophisticated, thoroughly
- 305 tested means to keep kids on their sites and extract money.
- 306 Common elements include pressuring in-app purchases
- 307 without parental consent, so-called "freemium apps' that
- 308 tease paid versions, and "gamification'' marketing where
- 309 gameplay elements themselves are used to promote purchases or
- 310 products.
- 311 And then there is influencer advertising, Madam Chair.
- 312 People on social media with lots of followers post photos and
- 313 videos of themselves using a product, but kids, and sometimes
- 314 adults, do not understand that those people are often paid
- 315 for those posts.
- 316 And young children frequently have no idea that the
- 317 video they are watching of someone opening a new toy is
- 318 actually meant to sell the toy.
- 319 So online advertising spending is now the largest of any

- 320 medium, and spending on digital ads specifically targeting
- 321 children is expected to reach \$1.7 billion this year.
- Most apps directed to or used by children contain ads,
- 323 including 95 percent of the apps aimed at kids under five.
- 324 Ads for toys or junk food are commonplace, but far too often
- 325 kids are exposed to ads for tobacco products, alcohol,
- 326 violent movies or video games, or other age-inappropriate
- 327 content.
- 328 And it is deeply concerning that business models online
- 329 continually seek to maximize engagement to increase revenue
- 330 at the expense of children's health. Many parents try to
- 331 balance the benefits of Internet use, such as social
- 332 connections and educational apps, while trying to limit the
- 333 possible negative effects.
- But many parents are overwhelmed and even their best
- 335 efforts are not enough to protect their kids against
- 336 sophisticated predatory practices.
- 337 And the pandemic has made it painfully clear this
- 338 problem is not going to fix itself, nor will the harmful
- 339 activities targeting our kids stop when the pandemic is
- 340 behind us.
- Despite laws to protect children's privacy, data
- 342 collection and tracking of children is disturbingly
- 343 prevalent. Many apps for kids on mobile devices are
- 344 notorious for collecting personal information, and their

- 345 personal information is then bought and sold, resulting in
- 346 targeted advertising designed to influence and manipulate
- 347 children even more.
- 348 So Congress granted the FTC rulemaking authority under
- 349 the Children's Online Privacy Protection Act, or COPPA,
- 350 precisely so it could update the safeguards for children
- 351 online as technology advanced, and the Internet has
- 352 experienced a sea-change since the last updates to the COPPA
- 353 rule.
- 354 I know that Ms. Castor mentioned this with her
- 355 legislation, and it is clear those rules are out of date and
- 356 no longer provide the intended protections for our kids.
- 357 So while the FTC has started the process of updating its
- 358 rules under COPPA, we also must examine whether the statute
- 359 should be updated and whether other practices targeting
- 360 children should be regulated. We cannot leave it all to
- 361 parents.
- 362 The challenges children face online existed before the
- 363 pandemic, but they have only gotten worse. And it is going
- 364 to continue to increase after the pandemic is behind us,
- 365 unless we do something about it.
- 366 So I just wanted to thank you, Madam Chair, and also
- 367 Kathy Castor because of the fact that you are having this
- 368 hearing drawing attention to this with the legislation.
- I look forward to this expert panel on what is a very

370	important topic.
371	Thank you.
372	[The prepared statement of the Chairman follows:]
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374	*********COMMITTEE INSERT******
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376	*Ms. Schakowsky. The gentleman yields back.
377	And the chair now recognizes Mrs. Rodgers, ranking
378	member of the full committee, for 5 minutes for her opening
379	statement.
380	

- 381 STATEMENT OF THE HON. CATHY McMORRIS RODGERS, A
- 382 REPRESENTATIVE IN CONGRESS FROM THE STATE OF WASHINGTON
- 383
- 384 *Mrs. Rodgers. Good morning, Madam Chair. And,
- 385 everyone, welcome.
- Our discussion today is especially important to me not
- just as a member of Congress, but as a mom. We absolutely
- 388 need to have a serious discussion about what is happening to
- 389 our kids online, their mental health and safety, and what
- 390 needs to happen to reopen schools immediately.
- 391 Yesterday we heard from four doctors who wrote in USA
- 392 Today, quote, "Keeping schools closed, even partially closed,
- 393 based on what we know now, is harming our children.'' They
- 394 said, "The Biden administration misinterpreted their research
- 395 and science when creating the CDC guidance, and it ultimately
- 396 led to harmful policies that hamstrung States to reopen
- 397 schools quickly.''
- 398 The science is clear. Viral transmission is minimal in
- 399 schools. Children are not at significant risk of poor
- 400 outcomes from COVID-19. It is time to reopen immediately and
- 401 listen to the experts who are saying loud and clear follow
- 402 the science.
- School closures are harming children. It is more than
- 404 just a homework gap. There are serious health and mental
- 405 health risks associated with children spending more time

- 406 online. And as we have heard today, it has doubled.
- These are stories I am hearing from parents who are
- 408 pleading for schools to reopen. I hear it every day. Our
- 409 kids are not active. They are not engaged. They are falling
- 410 asleep during remote school. They are isolated.
- Suicide and overdose risks are going up. As our
- 412 children spend more time online, they are more at risk to
- 413 online predators.
- This has all happened in my community, and I know we are
- 415 not alone. The science tells us all these risks of despair
- 416 far outweigh COVID-19 in schools.
- In addition to the USA Today, I encourage everyone also
- 418 to read a piece from the New York Times. It documents
- 419 scientific insights from health professionals.
- Here is what one pediatrician from San Francisco said,
- 421 quote, "We are witnessing a significant public health crisis
- 422 in our children who are experiencing unprecedented mental and
- 423 physical illness during this time. This would be mitigated,
- 424 if not completely alleviated, by in-person schooling,'' end
- 425 quote.
- I understand that our focus today is on child safety in
- 427 an increasingly digital age. For the safety of our children,
- 428 surely, we can all agree science, not fear, should dictate
- 429 how we protect them and build a better future, a future with
- 430 hope.

- We can mitigate a lot of the harms and risks we are
- 432 talking about today by not letting another day go by of
- 433 school closures. That is what is going to give our children
- 434 the best chance to succeed and thrive in life.
- Now, specifically regarding the protection online, I am
- 436 committed and convinced as to the importance of updating and
- 437 modernizing our laws. I look forward to joining bipartisan
- 438 work for data and privacy protections, especially children's
- 439 privacy.
- I sincerely hope these efforts resume soon and that this
- 441 committee plows the hard ground necessary to legislate in a
- 442 bipartisan way again.
- 443 As we look to the future of building a better world for
- 444 the next generation, I want to be clear. America can lead a
- 445 new era of technological innovation. We must lead with our
- 446 values for freedom, human rights, and human dignity.
- 447 But we are failing with closed schools, and this
- 448 yearlong experiment of remote learning, more screen time, and
- 449 more isolation is failing our kids. Our kids are in crisis.
- 450 Technology should add to education. It is not a
- 451 substitute for everyday learning. It is not a substitute,
- 452 period. Reopening for in-person learning does not mean two
- 453 days a week. It means 5 days, both with the teacher and the
- 454 children in the classroom together.
- Before the President's address tonight, we should all be

456	asking why more is not being done to reopen. Just as the
457	doctors wrote in USA Today, this is a human rights issue.
458	Let's open the doors of our schools and let our kids learn
459	and thrive again.
460	Thank you.
461	And, Mr. Chairman, I ask unanimous consent to include
462	both articles I mentioned in the record.
463	[The prepared statement of Mrs. Rodgers follows:]
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467	*Ms. Schakowsky. All of those will be added at the end
468	of the hearing and she yields back.
469	[The information follows:]
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- *Mrs. Rodgers. I yield back. Sorry, Madam Chair.
- *Ms. Schakowsky. Thank you.
- And the chair would like to remind members that,
- 476 pursuant to committee rules, all members' written opening
- 477 statements shall be made part of the record.
- And now I will introduce the witnesses that we have and
- 479 thank them so much for their participation today.
- Dr. Nusheen Ameenuddin. Did I get that? Ameenuddin,
- 481 chair of the Council on Communications and Media at the
- 482 American Academy of Pediatrics.
- We have Corey A. DeAngelis, Ph.D., Director of School
- 484 Choice at the Reason Foundation, adjunct scholar at the Cato
- 485 Institute, and Executive Director of the Educational
- 486 Foundation Institute.
- 487 And Ariel Fox Johnson, who is the Senior Counsel of
- 488 Global Policy at Common Sense Media.
- And we want to thank all of you for joining us for this
- 490 very important hearing today, which I am getting the feeling
- 491 has a good deal of bipartisan support, and we look forward to
- 492 your testimony.
- So, Dr. Ameenuddin, you are recognized.

- 495 STATEMENT OF NUSHEEN AMEENUDDIN, M.D., M.P.H., M.P.A.,
- 496 F.A.A.P, CHAIR, COUNCIL ON COMMUNICATIONS AND MEDIA, AMERICAN
- 497 ACADEMY OF PEDIATRICS; COREY A. DeANGELIS, Ph.D., DIRECTOR OF
- 498 SCHOOL CHOICE, REASON FOUNDATION, ADJUNCT SCHOLAR, CATO
- 499 INSTITUTE, AND EXECUTIVE DIRECTOR, EDUCATIONAL FREEDOM
- 500 INSTITUTE; AND ARIEL FOX JOHNSON, SENIOR COUNSEL, GLOBAL
- 501 POLICY, COMMON SENSE MEDIA

503 STATEMENT OF NUSHEEN AMEENUDDIN

- *Dr. Ameenuddin. Okay. Thank you.
- Good morning, Chair Schakowsky, Ranking Member
- 507 Bilirakis, Chair Pallone, and Ranking Member Rodgers, along
- 508 with members of the subcommittee. Thank you so much for
- inviting me to discuss young people's digital media use
- 510 during the pandemic.
- 511 I am Dr. Nusheen Ameenuddin, and I am a pediatrician at
- 512 the Mayo Clinic in Rochester, Minnesota. I am here today
- 513 representing the American Academy of Pediatrics, a nonprofit,
- 514 professional medical organization of more than 67,000
- 515 pediatricians, where I serve as chair of the Council on
- 516 Communications and Media.
- Today's youths are growing up immersed in digital media.
- 518 In 1970, kids began watching TV around 4 years of age, but
- 519 today babies start interacting with digital media within the

- 520 first few months of their lives.
- Media's impact on children has been an issue for years,
- 522 well before a global pandemic forced us all to move our lives
- 523 online. The pandemic has laid bare this longstanding issue,
- 524 creating an opportunity to address structural issues within
- 525 the digital ecosystem.
- 526 As a pediatrician who has been caring for patients this
- 527 entire pandemic, I have to acknowledge the unprecedented
- 528 challenges that families are up against. It is no surprise
- 529 that screen time has increased significantly under these
- 530 circumstances.
- As pediatricians, we also have to acknowledge the
- reality of the ubiquity of digital devices. We do not simply
- 533 preach device abstinence. We encourage moderate, balanced,
- 534 pro social use of devices as part of the media diet.
- 535 Technology can have important benefits for children and
- 536 teens, like broadening horizons and as a learning tool. The
- 537 Internet provides space for community building among youth
- 538 who are marginalized, including children with serious
- 539 diseases. Children of color who face racism can build
- 540 resilience by sharing those experiences and finding support
- 541 online.
- With these benefits in mind, we also need to focus on
- 543 the real threats posed by technology. The bottom line is
- 544 that parents need help, and technology companies must be held

- 545 accountable for the products that they create.
- Data collection and compromised privacy are among the
- 547 most pervasive threats facing young people. Companies can
- 548 contact, track, and influence users through digital trails
- 549 that they leave behind. Users can unknowingly disclose
- 550 location, activities, likes and dislikes, along with in-app
- 551 behavior.
- This intentionally opaque process is then used to make
- 353 ads more effective and platforms more successful and
- 554 profitable. Children using these products do not fully
- 555 understand the ramifications of this data collection, which
- 556 can also influence the information that reaches them.
- 557 Ad content is tailored to their interests and creates
- 558 false norms that undermine healthy behaviors. Algorithms can
- 559 accurately predict what a child will want to watch next.
- These elements make it so hard for young brains to resist.
- 561 Many products feature manipulative design that nudges
- users into specific behaviors. An example is the auto play
- feature on platforms like Netflix and YouTube, which places
- 564 the onus entirely on young people to opt out of watching the
- 565 next video, making increased screen time an almost foregone
- 566 conclusion.
- But that is not all. Gamified ads and in-app purchases
- 568 that reward users for watching ads and buying products are
- 569 very appealing to children.

- During the pandemic, users of a supposedly free math game were shown 16 different ads and only four math problems
- 572 over 19 minutes of game play.
- 573 Social media allows companies to reach young people with
- 574 paid influence they are marketing through platforms like
- 575 YouTube and TikTok. Young people are led to believe that
- 576 posts reflect the genuine preferences of the poster when, in
- 577 fact, they are actually being targeted by marketing
- 578 campaigns.
- Algorithms also drive young people to inaccurate,
- inappropriate, and even harmful content like misinformation
- about COVID-19 and vaccines, another issue that pediatricians
- 582 experience firsthand and have for a while.
- Youth of color face challenges accessing positive
- 584 aspects of technology due to a longstanding digital divide,
- 585 which includes disproportionate targeting for unhealthy ads
- 586 that worsen health disparities and increase screen time
- 587 stemming from structural issues.
- In order to make real progress for children and
- 589 families, we must preserve the positive aspects of technology
- 590 while removing the pervasive threats it can pose. The AAP
- 591 recommends that Congress strengthen the Children's Online
- 592 Privacy Protection Act. An enhanced COPPA should protect all
- 593 children under the age of 18 and cover the wide array of
- 594 devices that collect data from children.

595	If data collection is even allowed for young people, it
596	should be an opt in.
597	Congress must also ban targeted advertising to those
598	under age 18.
599	And, finally, Congress should fund efforts to improve
600	digital literacy, address digital equity, and expand research
601	on how digital media impacts children.
602	The issues that young people and their families face in
603	the digital world are not insurmountable. Through effective
604	public policy, it is possible to build a better digital world
605	for our children during and after this pandemic.
606	Thank you.
607	[The prepared statement of Dr. Ameenuddin follows:]
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609	********INSERT 1******

611	*Ms. Schakowsky. Thank you.
612	Now, I will recognize Dr. DeAngelis
613	You are recognized for 5 minutes.
614	

- 615 STATEMENT OF COREY A. DeANGELIS
- 616
- *Dr. DeAngelis. Thank you, Chair Schakowsky, Ranking
- 618 Member Bilirakis, and distinguished members of Congress.
- 619 Thank you so much for the opportunity.
- There have been substantial costs associated with
- 621 keeping schools closed in terms of students losing ground
- 622 academically, mentally, and physically, and many of these
- 623 negative effects have disproportionately impacted less
- 624 advantaged groups, leading to inequities.
- Meanwhile the evidence has generally indicated that
- 626 schools can reopen safely for in-person instruction, and that
- 627 school reopenings are generally not associated with major
- 628 increases in overall COVID-19 transmission or
- 629 hospitalizations.
- In addition to the science, actions by several teachers'
- 631 unions and the stark contrast in the response to the pandemic
- from the private versus the public sectors suggest that
- 633 reopening decisions have had more to do with political
- 634 partisanship and power dynamics than safety and the needs of
- 635 families.
- Private schools have been open for the most part of the
- 637 past year or have been fighting to reopen in that time. In
- 638 fact, private schools in Kentucky took the fight to the
- 639 Supreme Court in an attempt to provide in-person services,

- and private schools in States such as Ohio and Michigan took
- 641 similar legal actions.
- A private school in Sacramento even rebranded itself as
- 643 a day care to try to get around the government's arbitrary
- 644 school closure rules.
- But many teachers' unions have been fighting to remain
- 646 closed by shifting the reopening goalpost every step of the
- 647 way. It is not because of a difference in intentions or
- 648 benevolence on the part of the employees between the two
- 649 sectors. The difference is one of incentives. One of these
- 650 sectors gets children's education dollars regardless of
- whether they open their doors for business.
- Several actions by teachers' unions also raise some
- 653 eyebrows. Just as school closures hit in March 2020, union
- 654 groups in States such as Oregon and Pennsylvania lobbied the
- 655 governments to make it illegal for families to switch to
- of virtual charter schools that have already been successfully
- 657 providing students with remote instruction for years.
- These actions aimed to protect a system at the expense
- of families at the worst time possible.
- Then came the political demands. In their report on
- safely reopening schools, the Los Angeles Teachers' Union
- 662 called for things unrelated to school reopening, such as
- defunding the police, Medicare for All, a wealth tax, and a
- 664 ban on charter schools. At least ten teachers' unions

- 665 similarly joined the Democratic Socialists of America to hold
- 666 a National Day of Resistance to demand safe schools,
- 667 including political demands on two occasions in less than a
- 668 year.
- Other things just did not add up. Why was it safe
- 670 enough for public school buildings to reopen for in-person
- 671 child-care services but not for in-person learning?
- Why was it safe enough for teachers' union officials to
- 673 travel to Puerto Rico to vacation in person and to send their
- 674 own children to in-person private schools but not safe enough
- for their members to return to work in person?
- Why have four studies each found that school reopenings
- 677 are more strongly related to political partisanship and
- 678 teachers' union influence than COVID risk?
- Why did the Congressional Budget Office estimate that
- 680 only five percent of the \$128 billion in relief funding would
- 681 be spent this year, while up to 95 percent of the funding
- 682 would be paid out after the pandemic if the goal is to reopen
- 683 schools now?
- Why did half of the Senate block an amendment that would
- 685 have made a federal funding conditional upon reopening
- 686 schools in person if all teachers were vaccinated?
- Why has Florida, a State that only spends about \$10,700
- 688 per student, far below the national average, been able to
- 689 essentially fully reopen its schools while California, a

- 690 State that has much strong teachers' unions and spends about
- 38 percent more per student, has kept its doors shut?
- It might be because the school reopening debate has
- 693 always been more about politics and power than safety and the
- 694 needs of families.
- The past year has put a spotlight on the main problem
- 696 with K to 12 education in the U.S., a long existing, massive
- 697 power imbalance between public school teachers' unions and
- 698 individual families. And the only way that we are ever going
- 699 to fix that messed up set of incentives that is baked into
- 700 the public school system is to empower families by funding
- 701 students directly.
- 702 Think about it this way. If a grocery store does not
- 703 reopen, families can take their money elsewhere. If a school
- 704 does not reopen, families should similarly be able to take
- 705 their children's education dollars elsewhere.
- 706 After all, education funding is supposed to be meant for
- 707 educating children, not for protecting a particular
- 708 institution. Families have been getting a bad deal, and they
- 709 are realizing that there is not any good reason to fund
- 710 closed institutions when we can fund students directly
- 711 instead.
- 712 The latest nationwide survey conducted by RealClear
- 713 Opinion Research found that support for funding students
- 714 directly surged by ten percentage points between April and

715 August of 2020. 716 And we already fund students directly in higher 717 education with Pell Grants and the GI Bill and in pre-K with programs such as Head Start. The funding goes to individual 718 719 students and families as opposed to buildings. 720 With all of these programs, in addition to food stamps, 721 Section 8 housing vouchers, and Medicaid, we fund individuals 722 instead of institutions. We should apply the same logic to K 723 to 12 education and fund students, not systems. 724 Thank you so much. 725 [The prepared statement of Dr. DeAngelis follows:] 726 ************************* 727

729 *Ms. Schakowsky. Ms. Johnson, you are recognized for 5 730 minutes.

- 732 STATEMENT OF ARIEL FOX JOHNSON
- 733
- 734 *Ms. Fox Johnson. Thank you.
- 735 *Ms. Schakowsky. Okay. Go ahead.
- 736 *Ms. Fox Johnson. Good morning. Good morning, Chair
- 737 Pallone, Chair Schakowsky, Ranking Member McMorris Rodgers,
- 738 Ranking Member Bilirakis, and members of the subcommittee.
- 739 Thank you for the invitation to appear before you and
- 740 for recognizing that the digital world, for all of its
- 741 opportunities, poses unique risks and harms to children and
- 742 teens.
- 743 The pandemic has certainly exacerbated these risks and
- 744 harms, but they existed before, and unless Congress acts,
- 745 they will persist after.
- 746 I am Ariel Fox Johnson, Senior Counsel for Global Policy
- 747 at Common Sense Media.
- 748 Common Sense is the leading organization dedicated to
- 749 helping kids and families thrive in a rapidly changing
- 750 digital world.
- 751 My testimony emphasizes three main points. First,
- 752 children and teens are on the front lines of our online
- 753 world, and they are uniquely vulnerable to digital harm.
- Second, the status quo is failing young people.
- 755 And, third, solutions to these challenges are the
- 756 responsibility of Congress and tech leaders themselves.

- 757 We need a healthy Internet, especially now. In my house
- 758 with limited to no childcare, our screen time rules have gone
- 759 out the window. Just this weekend I told my children to go
- 760 watch a movie or play on their tablet so that I could prepare
- 761 this testimony.
- 762 While it was once debatable whether you could choose to
- 763 be online, it is now clear that there is no choice. It is
- 764 necessary to connect with family, to learn, and to play.
- 765 Our research shows that device ownership was already the
- 766 norm for young children and that screen time had multiplied
- 767 in recent years, with children in lower income houses
- 768 spending nearly 2 hours more daily with screens.
- 769 The pandemic has turbocharged this. Distance learning
- 770 is a big driver for older kids, yes, but screen time is up
- 771 for all kids. As of this fall, children ages two to 15 watch
- 772 television, including streaming, a full day each week.
- 773 YouTube and gaming consoles have seen spikes in usage, some
- 774 with 82 percent more daily users.
- Social media and mobile use is up, and one study found
- 776 that kids were sending and receiving three times more
- 777 messages than the year before.
- 778 Parents are worried. Parents' top child health concerns
- 779 in 2020 were overuse of social media, bullying and cyber
- 780 bullying, and Internet safety.
- 781 Young people are impulsive, and they are prone to

- 782 overshare. They do not understand that data shared on an app
- 783 does not remain on their device, let alone grasp complex
- 784 online data and advertising ecosystems. They are more
- 785 susceptible to ads and other forms of online persuasion.
- 786 Kids are no match for tech companies who have grown
- 787 unchecked and remain unaccountable. Too many are
- 788 manipulating children, misusing their personal information,
- 789 and exposing kids to harm. And this is not something that
- 790 will magically stop when the pandemic ends.
- 791 Kids are surveilled everywhere. We talk about a digital
- 792 footprint, but at this point it is more accurately a full
- 793 body scan. Manipulative design pressures teens to click and
- 794 scroll constantly and to tie their self-worth to numbers of
- 795 likes.
- 796 Elementary students can drain their parents' credit
- 797 cards with in-app purchases and get shamed by beloved
- 798 characters to spend more money.
- More than nine in ten teens report teen violent content
- 800 online. Our own forthcoming research details how the number
- 801 of teens who have seen racist content online has nearly
- 802 doubled in the past 2 years. Meanwhile kids' mental health
- 803 is taking a hit.
- 804 So what should Congress do? Madam Chair, you and others
- 805 on this committee have been leaders here, and as we have seen
- 806 from the statements in the committee and the witnesses today,

- 807 there is clear agreement that there is a problem.
- The challenge is ensuring that when Congress does act,
- 809 it makes a real difference. There is a risk that Congress
- 810 may act but not do enough.
- We believe, as do many of you, that COPPA is outdated.
- 812 It must be updated in a meaningful way.
- 813 Congress should pass a strong, comprehensive privacy law
- 814 with special protections for vulnerable children and teens.
- 815 The privacy act, introduced by Representative Castor along
- 816 with Representative Dingell and other members, would address
- 817 many of COPPA's shortcomings, would force States to
- 818 acknowledge kids, protect and empower teens, and prohibit
- 819 behavioral marketing to kids.
- 820 Congress should also pass Representatives Castor, Clark,
- 821 and Wexton's KIDS Act, which would create rules around online
- 822 marketing to kids and encourage kid-healthy content and
- 823 design, banning auto play, and amplification of harmful
- 824 content.
- We support other steps to hold tech companies
- 826 accountable as well, but we believe that there is much that
- 827 industry can do right now. They do not need to wait for
- 828 Congress to minimize information collection and design
- 829 healthier products for kids. And their reluctance to act is
- 830 inexcusable.
- 831 Technology and media offer enormous benefits, but kids

832	deserve better online. They needed it before, and they will
833	need it after the pandemic.
834	Thank you, and I look forward to questions.
835	[The prepared statement of Ms. Fox Johnson follows:]
836	
837	**************************************
838	

- *Ms. Schakowsky. Thank you. And the gentlelady yields
- 840 back.
- We have concluded witnesses' opening statements at this
- 842 time. So we are going to move to member questions. Each
- 843 member will have 5 minutes to ask questions of our witnesses,
- 844 and I will start by recognizing myself for 5 minutes.
- 845 So the line between people's online and off-line lives
- 846 has rapidly disappeared. This is particularly true for kids,
- 847 and as one of our witnesses said, even infants. I have seen
- 848 babies just holding devices in the airport and other places.
- The ability to track children for behavioral
- 850 advertising, coupled with persuasion design tactics, has been
- 851 a real problem and a threat to our kids.
- And I wanted to ask Dr. Ameenuddin. Can you speak to
- 853 how children and even teens struggle to identify and resist
- 854 these manipulative techniques in today's complex online
- 855 ecosystem?
- *Dr. Ameenuddin. Certainly. Thank you, Chair
- 857 Schakowsky.
- 858 I think your question really gets to the heart of the
- 859 problem. The fact is that children at different
- 860 developmental ages have different levels of ability to
- 861 understand and to resist persuasive programming.
- For young children, I do not think that exists, period.
- 863 They just do not have the sophistication and are uniquely

- vulnerable to persuasive design.
- 865 Even when you look at older kids, teenagers, who may
- 866 even have some training in digital literacy, media literacy,
- 867 have a lot of difficulty resisting these very, very
- 868 persuasive, well targeted ads.
- Frankly, it is hard for adults to resist, too, and so
- 870 that is why the American Academy of Pediatrics feels that it
- 871 is so important to create structural layers that hold tech
- 872 responsible.
- And we think this is a wonderful opportunity for
- 874 Congress to help pass laws that protect kids from that kind
- 875 of predatory targeting and data collection.
- *Ms. Schakowsky. Thank you so much.
- 877 Let me ask Ms. Fox Johnson. Given that these marketing
- 878 and design techniques are so sophisticated, thoroughly tested
- 879 and intentionally directed at children and teens, do you
- 880 believe that the Federal Trade Commission, FTC, should
- 881 regulate such practice, predatory behavior, under the unfair
- and deceptive practices authority?
- *Ms. Fox Johnson. I certainly believe that the Federal
- 884 Trade Commission could regulate these things as unfair and
- 885 deceptive, particularly to children under 13 who may not even
- 886 know they are interacting with an advertisement in lots of
- 887 scenarios.
- 888 I think that a less litigious and perhaps quicker path

- 889 forward would be Congress making it clear that these
- 890 practices are not allowed.
- *Ms. Schakowsky. And let me ask you this about the
- 892 platforms' accountability. Dr. Ameenuddin, do you think that
- 893 we need to have platforms accountable for exposing children
- 894 to harmful and inappropriate content?
- 895 *Dr. Ameenuddin. I always think that accountability is
- 896 important, especially when you are creating products that are
- 897 not necessarily developmentally appropriate, but are still
- 898 exposing children to sometimes highly inappropriate content.
- We absolutely believe at the American Academy of
- 900 Pediatrics that tech companies need to take responsibility
- 901 for that because we all believe that we have a same general
- 902 goal of wanting to protect children.
- 903 *Ms. Schakowsky. Thank you.
- And I wondered if you wanted to comment on that, Ms. Fox
- 905 Johnson, the accountability of the platforms.
- 906 *Ms. Fox Johnson. Yes. These platforms are incredibly
- 907 powerful and have an incredible amount of resources at their
- 908 disposal, unlike many parents. They are not just making
- 909 content available to kids that is inappropriate, but in many
- 910 cases actively pushing it on them and taking them into
- 911 outrageous or concerning scenarios. So they can do a better
- 912 job at what they pushed and also better job at identifying
- 913 healthy, positive, education content.

- 914 *Ms. Schakowsky. Thank you.
- 915 And, Dr. Ameenuddin -- oh, I did it again -- Ameenuddin,
- 916 I want to ask you. How might this repeated, regular exposure
- 917 to inappropriate content, often viewed together with
- 918 appropriate content, harm or affect our children?
- 919 And if you could tell us long term, as well, how it
- 920 could affect our children.
- 921 *Dr. Ameenuddin. So that is a very important question.
- 922 Thank you so much for addressing that.
- Repeated exposure to harmful content, whether it is
- 924 violent content or, frankly, you know, racist content that
- 925 kids are encountering online, really can be harmful.
- 926 We know from past research that bio space harassment and
- 927 being exposed to these negative images can really undermine
- 928 the child's self-esteem. It can cause significant mental
- 929 distress for them.
- And being exposed to that repeatedly, unfortunately,
- 931 only multiplies that effect, which is all the more reason to
- 932 be careful and hold tech companies accountable for what they
- 933 are putting out there.
- *Ms. Schakowsky. Thank you so much.
- 935 I realize I have gone over my time, and I yield back.
- 936 And now I would welcome Congressman Bilirakis to ask his
- 937 questions for 5 minutes.
- 938 *Mr. Bilirakis. Thank you, Madam Chair. I appreciate

- 939 very much.
- Dr. Ameenuddin, thank you not just for your testimony,
- 941 but your important work on kids' mental health. That is so
- 942 very important. They are our future.
- I believe your contributions here today really serve
- 944 multiple areas we are working on. So, again, I really
- 945 appreciate all of the witnesses.
- I am concerned about how children being, again,
- 947 depressed, anxious, and even suicidal this generation has
- 948 become. You know, you see it on a regular basis when you are
- 949 in our district.
- Oan you speak to the isolation that kids have felt since
- 951 the pandemic began?
- And can you provide perspective on what are the most
- 953 common issues you are seeing that might be driving the
- 954 sadness of these kids?
- And then as a follow-up, would you agree that one of the
- 956 best ways that we deal with these issues is to curb access to
- 957 these negative impacts?
- 958 *Dr. Ameenuddin. Thank you, Ranking Member Bilirakis.
- 959 Such a critical question. There is no doubt that
- 960 pediatricians have anecdotally been reporting increased
- 961 visits for depression and anxiety. I find that those are two
- 962 of the most common mental health issues that I have
- 963 personally been seeing during the pandemic.

- I do want to make it clear we have been seeing
- 965 increasing levels of this even before the pandemic hit, but
- 966 certainly exacerbated by a combination of factors. The
- 967 pandemic has been very stressful for everyone.
- 968 I have had children whose parents have lost jobs. I
- 969 have had patients who have lost family members to the COVID-
- 970 19 disease. And so really I think it is multifactorial.
- 971 Isolation certainly plays into it.
- And that is where in some ways we also have to look at
- 973 the positive benefits of technology where that has allowed
- 974 them to stay connected to grandparents, to elderly neighbors,
- 975 to friends, but obviously, you know, we want to maximum the
- 976 positive benefits without leaving them vulnerable to the
- 977 negative benefits.
- 978 And I apologize. You had a follow-up question.
- 979 *Mr. Bilirakis. Yes. Addressing it, would you agree
- 980 that one of the best ways that we deal with these issues is
- 981 to curb access to these negative impacts?
- 982 *Dr. Ameenuddin. So I would agree that the best way to
- 983 help curb negative impacts is to look at the structural
- 984 system and to try to minimize those harms through
- 985 accountability for tech platforms and also legislation to
- 986 help regulate what children are able to access and what data
- 987 is collected on them.
- 988 Thank you.

- 989 *Mr. Bilirakis. Thank you.
- 990 Again, Doctor, for you again, there have been many data
- 991 and scientifically backed pediatricians, including those at
- 992 the American Academy of Pediatricians, who argue that schools
- 993 are safe enough to open. Do you agree with your colleagues
- 994 that we need to begin opening schools back up for students
- 995 and teachers?
- 996 *Dr. Ameenuddin. So I appreciate that question. I know
- 997 that that is a related issue, even if it is not the specific
- 998 issue of this particular hearing.
- 999 I think that the American Academy of Pediatrics has put
- 1000 together a very thoughtful and evidence-based recommendation
- 1001 for school reopening.
- 1002 We also know that not all schools are equally resourced,
- 1003 and in order to make sure that schools are safe to return, we
- 1004 need to be able to ensure universal masking, hand washing,
- 1005 social distancing. Ideally it would be great to have
- 1006 teachers vaccinated as well. That is an additional layer of
- 1007 protection.
- 1008 It is never just one thing when we talk about public
- 1009 health or health benefits, but we certainly all can agree
- 1010 that we want to move towards the goal of making it safe for
- 1011 all kids to return to school and to make sure that schools
- 1012 are appropriately funded so that they ensure those safety
- 1013 measures for everybody.

- 1014 *Mr. Bilirakis. Thank you, Doctor.
- 1015 Dr. DeAngelis, would you like to comment on any of the
- 1016 data from Public Health Masters supporting the reopening of
- 1017 schools?
- 1018 We would appreciate that. Thank you.
- 1019 *Dr. DeAngelis. Yes. In fact, there was a systematic
- 1020 review of the evidence published just today. So if you want
- 1021 to add it to the record, you can find it at The74Million. A
- 1022 reporter named Linda Jacobson actually summarized the study
- 1023 and said, and I quote, "Mounting evidence shows it is safe
- 1024 for reopening schools and that the risk of in-person learning
- 1025 contributing to the spread of COVID-19 is low,'' according to
- 1026 a new review of research released Thursday.
- 1027 That covered 130 different studies. So it is a huge
- 1028 amount of evidence, and then also researchers at the CDC
- 1029 published in a top journal, JAMA, saying that, quote, "The
- 1030 preponderance of available evidence from the fall school
- 1031 semester has been reassuring insofar as the type of rapid
- 1032 spread that was frequently observed in congregate living
- 1033 facilities or high density work sites has not been reported
- 1034 in education settings in schools.''
- 1035 And quote, "There has been little evidence that schools
- 1036 have contributed meaningfully to increased community
- 1037 transmission.''
- 1038 You can also look at places like New York City, where

- 1039 the school positivity rate is less than a tenth of what the
- 1040 positivity rate in the overall community is. You can look at
- 1041 quotes from people like Anthony Fauci as well saying to close
- 1042 the bars and open the schools and that schools are generally
- 1043 not major contributors of community transmission.
- I know I am over time, but there is tons of evidence
- 1045 suggesting that schools can reopen safely, particularly if
- 1046 you have the procedures in place.
- 1047 And then my latest study in Social Science Research
- 1048 Network suggests there is no relationship between funding and
- 1049 schools reopening.
- 1050 *Ms. Schakowsky. We are going to have to call on the
- 1051 next speaker.
- I am looking for Frank Pallone. Yes, the chair of the
- 1053 full committee is recognized for questions for 5 minutes.
- 1054 *The Chairman. Thank you, Madam Chair.
- 1055 I wanted to start out with Dr. Ameenuddin. My concern
- 1056 is that, you know, you have many of our constituents who work
- 1057 two jobs and have to take care of their family and, you know,
- 1058 just putting food on the table is a challenge.
- 1059 And there was a recent Common Sense Media survey that
- 1060 showed that children from lower income households spend
- 1061 nearly two additional hours on screens than those from higher
- 1062 income households. You know, so while parents can supervise
- 1063 or at least that is the goal, it is really impractical or not

- 1064 possible for many if they are working two jobs and have all
- 1065 of these other things.
- 1066 So, Dr. Ameenuddin, are children able to self-monitor
- 1067 their own digital consumption?
- 1068 And do they know when to disconnect? I know parental
- 1069 controls are viewed as an alternative when direct supervision
- 1070 is not possible, but 71 percent of parents say they are not
- 1071 satisfied that the tools they have to use to keep kids safe.
- 1072 That is my question, to what extent the kids can self-
- 1073 monitor, know when to disconnect or what to do, if you would.
- 1074 *Dr. Ameenuddin. Thank you, Chair Pallone.
- 1075 So, again, I think that is a critical question, whether
- 1076 or not children can self-monitor, and when we look at the
- 1077 circumstances that this pandemic has really brought to the
- 1078 fore, these are not new.
- 1079 For a long time, for decades, the American Academy of
- 1080 Pediatrics has recognized the unique vulnerability of young
- 1081 children, in particular, but even teenagers to be able to
- 1082 really self-monitor and resist manipulative designs.
- 1083 And you know, 20, 30 years ago, as I think one of your
- 1084 members mentioned, it was easy to sort of turn off the TV and
- 1085 for parents to monitor, but these days with the ubiquity of
- 1086 digital devices and the ability to take these devices into
- 1087 bedrooms, it really makes it so much harder for kids to self-
- 1088 regulate and self-monitor.

- 1089 Young children are not capable. I want to make that
- 1090 very clear. It is just not going to happen without some
- 1091 structural supports and parental supervision, which of course
- 1092 has become even more difficult when you have got a parent in
- 1093 one room working one job, a parent in another room working
- 1094 one job.
- 1095 So really, again, we have to look at this as a
- 1096 structural issue, as the American Academy of Pediatrics has
- 1097 done for years, to recognize that we need more protections
- 1098 for our kids. Even media savvy teens have difficulty self-
- 1099 regulating, although it is okay to give them a little bit of
- 1100 flexibility to try to do that.
- 1101 *The Chairman. Well, thank you.
- Then let me ask Ms. Fox Johnson. Can you discuss
- 1103 briefly the different parental control options that are
- 1104 currently available, including how easy they are to use, how
- 1105 much they cost, what that means for low-income families, and
- 1106 any privacy concerns?
- 1107 And then a second question, given the limitations that
- 1108 you are probably going to say about these devices, how do you
- 1109 explain why baseline default protections from children are
- 1110 important, if you could?
- 1111 *Ms. Fox Johnson. Sure. Thank you, Chairman Pallone.
- 1112 So there are a variety of parental controls and just
- 1113 researching all of them it takes a lot of time, time that

- 1114 parents do not have. You can have browserable controls. You
- 1115 can have controls at the device level. Some apps and gaming
- 1116 systems offer controls within them.
- 1117 Like I said, it takes time to research these, and it
- 1118 takes additional time and effort to try to implement them in
- 1119 effective ways.
- They also, especially the better ones that do more than
- just allow you to block sites but allow you to, say, filter
- 1122 content or see what your kids are doing, cost money, \$10 a
- 1123 month, \$100 a year, more money if you have more kids.
- This plus the time involved make it very difficult for
- 1125 lower-income families, in particular, or families with less
- 1126 digital literacy to use these tools effectively.
- And then also as you mentioned, concerns about kids
- 1128 growing up with surveillance and feeling normalized, and it
- 1129 is normal that someone can constantly follow them.
- 1130 Traditionally a kid could go into a bedroom, shut their door,
- and have a moment of privacy, but that may not be possible if
- 1132 their parent or someone else is constantly monitoring them.
- The U.K. has advised that with parental controls,
- 1134 companies should make that clear to kids so that they know
- 1135 what's going on and have not sort of secret surveillance
- 1136 given out.
- 1137 *The Chairman. Baseline default protection, is that
- 1138 important?

- 1139 *Ms. Fox Johnson. Yes.
- 1140 *The Chairman. Did you mention that? Go ahead.
- 1141 *Ms. Fox Johnson. Baseline protections are super
- important because we know that defaults are super important.
- 1143 Lots of people do not take the time to change defaults, and
- 1144 companies make it very difficult to change defaults.
- 1145 If companies had to put kids' best interests at the
- 1146 front from designing their products from the get-go, it would
- 1147 be less critical for parents to go to the trouble and time
- 1148 and money of putting in extra parental controls.
- *The Chairman. All right. Thank you so much.
- 1150 Thank you, Madam Chair. I yield back, Ms. Schakowsky.
- 1151 *Ms. Schakowsky. Thank you.
- And I recognize Mrs. Rodgers, the ranking member on the
- 1153 full committee, for her 5 minutes.
- 1154 *Mrs. Rodgers. Thank you, Madam Chair. Thank you, Mr.
- 1155 Chairman, for this hearing today. I think it is very
- 1156 important.
- I appreciate all of the witnesses being here and sharing
- 1158 your insights with us.
- You know, during my opening statement I highlighted the
- importance for schools to reopen fully for 5 days a week, for
- 1161 students and teachers both to return to the classroom.
- Dr. DeAngelis, you raise some startling statistics in
- 1163 your testimony, especially regarding the disproportionate

- impact on less advantaged children in our country, like those
- 1165 with disabilities.
- 1166 Your testimony states that in 2020, failing grades in
- 1167 Arlington Public Schools increased 91 percent since the
- 1168 previous year for middle school students with disabilities,
- 1169 and 81 percent for high school students with disabilities.
- 1170 Can you explain what this means for these families and
- 1171 these students and what it would mean for them to have school
- 1172 in person again?
- *Dr. DeAngelis. Well, thank you so much for the
- 1174 question.
- 1175 It can lead to a ton of long-term negative impacts, in
- 1176 addition to the student achievement negative impacts that we
- 1177 are seeing.
- 1178 And I want to say there is a nationwide analysis done by
- 1179 McKinsey & Company on two different occasions finding that
- 1180 students have already lost months and months of learning, and
- 1181 Eric Hanushek, an economist affiliated with Stanford
- 1182 University, did a report published by the OECD, estimating
- 1183 that this could have a net present value of a negative impact
- 1184 around \$17 trillion in the U.S. alone associated with
- 1185 reductions in lifetime earnings and other negative impacts to
- 1186 GDP.
- But then there are other problems that are not
- 1188 associated with learning losses, like mental health problems

- 1189 increasing. I know I think Ranking Member Bilirakis had
- 1190 pointed out that suicides had doubled for students in Clark
- 1191 County Public Schools, Nevada, since the same time last year.
- So there are a ton of costs associated with keeping the
- 1193 schools closed. One more district in my area, Fairfax County
- 1194 Public Schools, their failure rate increased by 83 percent
- 1195 relative to last year for students failing two or more
- 1196 classes, and that number was even larger, 111 percent, over a
- 1197 doubling in failure for two or more classes for students with
- 1198 special needs.
- So obviously, reopening the schools would lead to more
- 1200 options for individual families to make that choice of
- 1201 whether they want to do in-person or remote learning going
- 1202 forward and to be able to take the best learning environment
- 1203 for their individual children, which would lead to better
- 1204 incomes later in life and could lead to lower likelihood of
- 1205 criminal activity and better lifetime earnings in the long
- 1206 run.
- 1207 So these are important things that we need to consider.
- 1208 There are a lot of costs in keeping schools closed, and at
- 1209 first a lot of people were only looking at the cost
- 1210 associated with reopening schools. We have got to look at
- 1211 both sides of the equation.
- 1212 *Mrs. Rodgers. Thank you.
- 1213 And as a follow-up, the Republican leader on this

- 1214 subcommittee, Gus Bilirakis, mentioned that some of the
- 1215 schools are beginning to open.
- 1216 Washington State where I come from is still largely
- 1217 locked down. Some schools, a small percentage, have opened,
- 1218 but I wanted to ask you about the private and parochial
- 1219 schools because some of them have opened. More of them have
- 1220 opened, and I wanted to ask if you had any data on the trends
- 1221 of transmission rates in private and parochial schools.
- 1222 *Dr. DeAngelis. Yes. First, I think it is common
- 1223 knowledge at this point that private schools have been
- 1224 substantially more likely to reopen than traditional public
- 1225 schools in the U.S., if you look nationwide or in particular
- 1226 counties across the country, as well.
- 1227 And there are data on COVID case rates in private
- 1228 schools collected by Brown University. I think Dr. Emily
- 1229 Oster, an economist over at Brown University, has been
- 1230 compiling this for months, finding that, one, the case rates
- 1231 in the schools are substantially lower than the case rates in
- 1232 the community over time.
- 1233 But then also you can break it down by public versus
- 1234 private schools and how many people are in the schools. So
- 1235 even with the private schools, with a majority and a vast
- 1236 majority of children returning to in-person learning, the
- 1237 COVID case positivity rates in those schools had been
- 1238 substantially lower than in the overall community, sometimes

- 1239 as much as a tenth or a twentieth below the overall community
- 1240 positivity rate, hovering around .5 percent or less pretty
- 1241 consistently over time.
- So the private schools have been able to do it and some
- 1243 public schools have done a good job at being able to reopen
- 1244 in person as well. So it can be done, and you can see that
- 1245 with the comparison that I pointed out earlier between
- 1246 California and Florida.
- 1247 Florida spends a lot less, yet they are way more likely
- 1248 to be open than California as far as their schools are
- 1249 concerned, and Florida tends to have a lot less powerful
- 1250 teachers' unions as well.
- 1251 *Mrs. Rodgers. You mentioned in your testimony that
- 1252 after private and parochial schools open, nearby public
- 1253 schools often follow suit. It seems to me that these schools
- 1254 were safe enough to reopen from the beginning. Even the
- 1255 Director of CDC believes schools could reopen.
- 1256 So why do you think this is happening?
- 1257 *Dr. DeAngelis. It could be another reason why Florida
- 1258 is more likely to reopen. They have a lot of school choice
- 1259 and competition through even open enrollment with their
- 1260 public schools and then private school choice programs. It
- 1261 is leading the way on those fronts, which could lead to more
- 1262 competition, as that Brown University study found, where
- 1263 places with low-cost private schools, the public schools were

- 1264 more likely to reopen as well.
- 1265 So I think this has a lot to do with incentives.
- 1266 *Mrs. Rodgers. Okay. Thank you, Madam Chair. I yield
- 1267 back.
- 1268 *Ms. Schakowsky. Thank you.
- I am going to go vote. Before I do that, I want to
- 1270 yield now for 5 minutes to Bobby Rush, my colleague from
- 1271 Illinois, for 5 minutes of questioning, and thank Tony
- 1272 Cardenas, the vice chair of this committee, for taking over
- 1273 while I am gone.
- 1274 So thank you to both of you, and you are recognized,
- 1275 Bobby.
- 1276 *Mr. Rush. Well, thank you, Madam Chair.
- 1277 And I want to thank all of the witnesses for this superb
- 1278 hearing.
- 1279 Ms. Fox Johnson, in your testimony you discuss how
- 1280 children in lower income households and those from racial and
- 1281 ethnic minority groups are spending more time in front of a
- 1282 screen.
- 1283 My question to you is given the very positive and
- 1284 inspirational request from the Biden administration in that
- 1285 the vaccinations will be available to all Americans by the
- 1286 end of May, and then it makes us more optimistic about
- 1287 schools being able to open no later than the fall.
- 1288 But in the interim, how do we use online opportunities

- 1289 to help abrogate or help address the missed condition that a
- 1290 lot of our students have fallen so far behind because of the
- 1291 closure of schools?
- 1292 Is there any way that we can pivot from what the current
- 1293 situation has been to what the current situation could
- 1294 possibly be, given the fact that we will be opening soon?
- 1295 *Ms. Fox Johnson. Sure, and thank you, Representative
- 1296 Rush.
- 1297 I mean, the numbers about more students of color and
- 1298 more typical and more kids from low-income families spending
- 1299 more time on devices comes from before the pandemic, and
- 1300 children in lower income households are more likely to also
- 1301 use apps that have ad tracking and other sort of COPPA
- 1302 violating information collection practices.
- 1303 I think, as everyone seems to be saying here, it will be
- 1304 great when schools reopen. Screen time was a problem before
- 1305 the pandemic. It will be a problem after. I think we need
- 1306 to create a healthy environment for kids online.
- 1307 I think Congress can help with this. Companies can help
- 1308 with this. They can move away from business models that
- 1309 prioritize engagement and sensationalist content, and they
- 1310 can move away from behavioral ad targeting that preys on
- 1311 kids' particular vulnerabilities.
- 1312 They can try to promote high quality and educational
- 1313 content. I mean, Sesame Street is a media product. That is

- 1314 a good product for kids. So the Internet companies can
- 1315 change their business models and work to push high quality
- 1316 content that respects kids and empowers them to grow and
- 1317 learn.
- 1318 *Mr. Rush. Dr. Ameenuddin, in your testimony you stated
- 1319 that youth of color can cause additional challenges for
- 1320 digital media and face various assessments of beneficial
- 1321 estimates of technology. And this is something that is
- 1322 becoming more evident over the past year and something I have
- 1323 witnessed here in my own district in Chicago.
- 1324 Can you please talk about the challenges the youth of
- 1325 color face and what, if anything, can Congress do to help
- 1326 alleviate these obstacles?
- 1327 *Dr. Ameenuddin. Yes. Thank you so much,
- 1328 Representative Rush, for that question.
- Digital inequity and the digital divide have been a
- 1330 concern of ours for a very long time. Those of us who are
- 1331 pediatricians were interested in this issue and really are
- 1332 seeing why it has become such a problem.
- 1333 Part of the reason why youth of color are so vulnerable
- 1334 to this is that there is targeted advertising towards them
- 1335 for unhealthy products, and you know, as we are still
- 1336 learning during the pandemic and I anticipate a whole slew of
- 1337 research that will come out as a result of this, I can also
- 1338 look historically back at how in lower income neighborhoods

- 1339 or neighborhoods with large minority populations alcohol and
- 1340 tobacco billboards were often much more prevalent there.
- 1341 Like a child walking to school in the neighborhood would
- 1342 pass several of these billboards, and again, that is
- 1343 historical. But we have also seen that in terms of digital
- 1344 marketing, whether it is for unhealthy foods or for tobacco,
- 1345 alcohol, or even marijuana advertising, all of which the
- 1346 American Academy of Pediatrics opposes being targeted towards
- 1347 children, which I am happy to recommend our previous policy
- 1348 statements on that.
- In addition to that, we have to look at the built
- 1350 environment around children and what is safe. It is not safe
- 1351 to play outside if there are not green spaces. Children are
- 1352 by circumstance, you know, going to spend more time indoors
- 1353 on a screen.
- 1354 Thank you.
- 1355 *Mr. Rush. Thank you. I yield back.
- 1356 *Mr. Cardenas. [Presiding.] The gentleman yields back.
- 1357 The chair now recognizes Member Bob Latta for 5 minutes.
- 1358 *Mr. Latta. I thank my friend for recognizing me and
- 1359 also for the chair for holding today's hearing examining how
- 1360 to protect children in the digital age.
- 1361 That issue has become amplified by the COVID-19
- 1362 pandemic. In my home State of Ohio, the Department of
- 1363 Education is reporting significant areas of learning lag.

- 1364 Its reporting shows the decrease in third grade proficiency
- 1365 was clear among students learning in districts that used a
- 1366 fully remote education model as their primary education model
- 1367 in the fall of 2020.
- In fully remote districts, third grade proficient rates
- 1369 decreased by approximately 12 percentage points compared to
- 1370 decreases of approximately eight percentage points in
- 1371 districts primarily using a 5-day in-person model, and nine
- 1372 percentage points in districts primarily using a hybrid
- 1373 model.
- 1374 Students are clearly suffering across our country
- 1375 without in-person learning. Where schools are open, children
- 1376 are proving to be very resilient. However, they are much
- 1377 less resilient to the impacts of remote or distance learning.
- 1378 And, Dr. DeAngelis, thank you for your testimony and the
- 1379 wealth of data explaining schools are safe to reopen. As you
- 1380 also know, many children are struggling with distance
- 1381 learning for a variety of reasons, including lack of social
- 1382 engagement, difficulty concentrating, and Zoom fatigue.
- 1383 My colleagues in the majority recently provided over \$7
- 1384 billion to fund remote learning, which makes us more reliant
- 1385 on these small screens.
- Now if we are serious about connecting those without
- 1387 broadband, we should have devoted that money toward
- 1388 improvement of broadband infrastructure and reform our

- 1389 permitting laws to deliver connectivity to these unserved
- 1390 Americans.
- Even before COVID, we knew students without connectivity
- 1392 do not have the same chance of success and can be left
- 1393 behind.
- Dr. DeAngelis, have you seen distinctions on how
- 1395 broadband can be an important bridge for learning?
- *Dr. DeAngelis. Yeah, absolutely, and thank you so much
- 1397 for the question.
- 1398 And one thing I might add is that additional funding for
- 1399 remote learning could disincentivize schools from reopening
- 1400 for in-person instruction if they get more funding with
- 1401 remote services.
- But one way to access more broadband within communities
- 1403 is to reallocate the funding from institutions to individual
- 1404 students. There are at least 28 State legislators that have
- 1405 introduced legislation to fund students as opposed to systems
- 1406 in the form mostly of something called an education savings
- 1407 or education scholarship account, which would take a portion
- 1408 of the money that would have gone to the traditional public
- 1409 school that students are residentially assigned to, and if
- 1410 they like the remote learning that is going on in the public
- 1411 school, they can still do that and keep that option on the
- 1412 table.
- 1413 But they would be able to take some of that funding to

- 1414 go to an in-person private school or a pandemic pod or a
- 1415 micro school or other types of learning scenarios.
- 1416 And with education savings accounts, it is possible to
- 1417 have State legislatures or even the Federal Government
- 1418 approve the funding to be used to access connectivity and
- 1419 broadband as well. It could be used for any approved,
- 1420 government-approved, education-related expenditure.
- I think this could, in theory, fall into that bucket.
- 1422 *Mr. Latta. Let me ask. Let me follow up. How can
- 1423 schools become responsible stewards of making education more
- 1424 accessible via broadband without that becoming a crutch then?
- 1425 *Dr. DeAngelis. One way to do it is to incentivize the
- 1426 schools to reallocate the existing resources, particularly
- 1427 because my latest study at Social Science Research Network
- 1428 with MIT's Dr. McCredie finds that resources have not been
- 1429 statistically related to reopening in person even after you
- 1430 control for things like household income, the age and race
- 1431 distributions, and COVID risk in the area.
- Meanwhile we did not find significant relationships
- 1433 between COVID risk and reopening schools in person.
- 1434 We also tended to find that political partisanship was a
- 1435 strong predictor, along with a few other studies have found
- 1436 this as well, of reopening in person.
- 1437 *Mr. Latta. If I can just follow up again with another
- 1438 questions, you know, in my district the majority of our

- 1439 schools are open for a 5-day learning week, and I know that
- 1440 that is not the norm nationally.
- In your paper are school reopening decisions related to
- 1442 funding. You examine the impact of per student expenditures
- 1443 on if schools are open for in-person learning or not.
- Does the level of funding per student have an impact on
- 1445 the reopening decisions during the COVID pandemic?
- 1446 *Dr. DeAngelis. We do not find any evidence, and this
- 1447 is the only existing study on this topic that is done
- 1448 nationwide. We do not find any evidence that is
- 1449 statistically significant between the funding, whether it is
- 1450 measured by revenues per people or expenditures per pupil,
- 1451 even after controlling for a ton of different characteristics
- 1452 in the area. No relationships between funding and being more
- 1453 likely to reopen.
- 1454 If anything, we find that in some cases the remote
- 1455 districts actually were financially better off than their in-
- 1456 person counterparts, and a Georgetown University study
- 1457 similarly found recently that remote districts were more
- 1458 likely to have surpluses.
- 1459 In Los Angeles, they had about a half a billion-dollar
- 1460 surplus estimated for this school year.
- 1461 *Mr. Latta. Well, thank you very much.
- 1462 My time has expired, and I yield back.
- 1463 *Mr. Cardenas. The gentleman yields back.

- 1464 The gentlewoman from Florida, Cathy Castor, is now
- 1465 recognized for 5 minutes.
- 1466 *Ms. Castor. Well, I thank my friend, the vice chair,
- 1467 for recognizing me.
- 1468 And another big thank you to Chair Schakowsky for
- 1469 calling this very important hearing on protecting kids
- 1470 online.
- 1471 Ms. Fox Johnson and Dr. Ameenuddin, your testimony
- 1472 really lays out the harmful effect on children caused by
- 1473 predatory data collection and exposure to inappropriate
- 1474 commercial content.
- 1475 Last Congress I introduced two bills, the Kids' Privacy
- 1476 Act and the KIDS Act. The KIDS Act -- thank you to my
- 1477 colleague, Yvette Clarke and to Congresswoman Wexton from
- 1478 Virginia for joining me in that effort. They both address
- 1479 the harms caused by these kinds of activities online by the
- 1480 big tech platforms.
- 1481 And our bill proposed to update COPPA and put new
- 1482 safeguards in place to protect kids when they are online.
- So just to go over a few of the things that are
- 1484 contained in the bills, expanding protections to young
- 1485 consumers age 13 to 17; requiring opt-in consent for all
- 1486 individuals under 18; banning companies from providing
- 1487 targeted advertising to kids; increasing the FTC penalty
- 1488 authority; repealing provisions that allow industry self-

- 1489 regulation; and changing the knowledge standard from actual
- 1490 to constructive, among a variety of other provisions that
- 1491 really help empower parents and protect kids.
- So, Ms. Fox Johnson, do you agree with those updates to
- 1493 COPPA to protect kids online?
- 1494 And focus in. Are there any that are more important
- 1495 than others or are they important as a package?
- 1496 *Ms. Fox Johnson. I thank you for the question and
- 1497 thank you for your leadership on this issue.
- 1498 We wholeheartedly agree that these updates are critical
- 1499 to COPPA and think that they are critical as a package. For
- 1500 us, some of the most important ones are extending protections
- 1501 to teenagers who, as you have heard, have their own set of
- 1502 risks and vulnerabilities.
- 1503 Ensuring that sites cannot pretend like they do not have
- 1504 kids. TikTok and YouTube pretending like they did not have
- 1505 children on their site for years, even though they had
- 1506 nursery rhyme videos in the case of YouTube or clearly had
- 1507 small tweens and preteens in the case of TikTok.
- 1508 We also think it is critically important that
- 1509 enforcement gets enhanced. COPPA has been around for over 20
- 1510 years, and the FTC has brought about 30 cases. So we do not
- 1511 think that enforcement is sufficient right now.
- 1512 We also think it is critical that certain practices just
- 1513 be flat out off limits. Behavioral targeting to young kids

- 1514 is unfair, and it should not be allowed no matter what kind
- 1515 of, you know, consent is allegedly given.
- 1516 Thank you.
- 1517 *Ms. Castor. Dr. Ameenuddin, what do you think?
- 1518 *Dr. Ameenuddin. Well, thank you, Representative
- 1519 Castor, for being a champion for this issue.
- 1520 Some of the elements that you mentioned are actually
- 1521 laid out in our most recent digital advertising policy
- 1522 statement, which came out in June of last year from the
- 1523 American Academy of Pediatrics.
- 1524 I would love to look over some more legislation to see
- 1525 where else we are on the same page.
- 1526 So thank you so much for that.
- 1527 *Ms. Castor. And then, Ms. Fox Johnson, the KIDS Act
- 1528 prohibits companies from using design features like auto play
- 1529 and push alerts or any feature that unfairly encourages a
- 1530 child to spend more time engaging with the platform.
- The bill also prohibits platforms from amplifying
- 1532 harmful content to children.
- 1533 Are we on the right track here?
- 1534 *Ms. Fox Johnson. Once again, a wholehearted yes. Kids
- 1535 get hooked onto auto play until spending too much time and
- 1536 watching inappropriate content that is pushed on them. They
- 1537 get addicted to the dings and badges that they receive.
- 1538 I mean, there is a reason that we give stickers to

- 1539 children when we want to train them to learn to use the
- 1540 bathroom. This is how they respond to awards, and this is
- 1541 what tech companies are doing to them now.
- 1542 *Ms. Castor. You know, one way I have thought about it
- 1543 and shared it with parents is that if there was a person
- 1544 outside your child's window at home or following them to
- 1545 school, you would call the police. You would not put up with
- 1546 this.
- 1547 So it should not be any different for our online
- 1548 platforms that just have enormous amounts of influence, and
- 1549 they are profiting off it. So I am really hopeful.
- 1550 And, again, I want to give a big thank you to Chair
- 1551 Schakowsky for directing the committee's attention to this
- 1552 very important issue.
- 1553 And then I just add at the end everyone wants kids back
- 1554 in school, and thank goodness President Biden has said all
- 1555 teachers, everyone that works in the school, should be
- 1556 vaccinated, and we passed the American Rescue Plan yesterday
- 1557 to provide the resources for schools and students across the
- 1558 country to operate safely and improve student achievement.
- So I think we are all on the same page there, too.
- 1560 Thanks, and I yield back.
- 1561 *Mr. Cardenas. The gentlewoman yields back.
- 1562 It is my understanding that Chair Schakowsky is back.
- 1563 Okay. The gentlewoman yields back, and the next person

- 1564 who will be recognized for 5 minutes is Member Guthrie.
- 1565 *Mr. Guthrie. Thank you, thank you, Mr. Cardenas. I
- 1566 appreciate that very much.
- 1567 Thanks for having this hearing today. Thanks, Chair
- 1568 Schakowsky and Ranking Member Bilirakis.
- 1569 You know, since the COVID-19 pandemic began nearly a
- 1570 year ago or a year ago, kids have been experiencing extended
- 1571 periods of virtual schooling away from their teachers and
- 1572 their friends.
- 1573 As a result of this increased time, longstanding
- 1574 concerns around digital technology have been brought to the
- 1575 forefront. We continually hear about the need for students
- 1576 to be physically in the classroom, learning in a positive,
- 1577 cognitive, health benefits it brings to a student.
- 1578 I just want to point out the schools in my hometown.
- 1579 There are two school systems in my home country. One country
- 1580 school is in Bolling Green. Independent schools have been
- 1581 meeting in person to some degree, not everybody at the same
- 1582 time, since August 24th, the first day of school that was on
- 1583 the books.
- Most schools in Kentucky spent the summer preparing to
- 1585 allow kids to come safely. When it came time to start
- 1586 schools, the governor recommended schools not start, and my
- 1587 two superintendents said, "We prepared. We have been working
- 1588 at it. We have got things in place.''

- So they went forward, much to a lot of criticism from
- 1590 the governor and a lot of people. But I can tell you if
- 1591 anybody wants to see an example of schools meeting and kids
- 1592 in session, right -- not every kid every day; I am not saying
- 1593 that -- but some form of in-person learning since August
- 1594 24th, prior to there being a vaccine, without any evidence of
- 1595 any student-to-student spread, then they can come to Bolling
- 1596 Green and see how it can be done because they have been
- 1597 successful with it.
- 1598 And we still have districts in Kentucky that have not
- 1599 met one day in a public setting, when one just a few miles
- 1600 down the road has met since August 24.
- 1601 So it is kind of without incident. It is not like,
- 1602 well, we are not going to meet because they have had
- 1603 incidents. They are certainly a great example of schools
- 1604 being open.
- 1605 But I would start out with some questions for Dr.
- 1606 Ameenuddin. You mentioned in your testimony how digital
- 1607 media can negatively impact a child's health and development.
- 1608 In your practice, how do you help parents or legal quardians
- 1609 find the balance for their children between screen time and
- 1610 physical activity, especially since so many kids are learning
- 1611 online?
- 1612 *Dr. Ameenuddin. Thank you, Representative Guthrie, for
- 1613 that question.

- I have to admit, you know, it is an ongoing challenge.
- 1615 Every family is a little bit different. I advise them. I
- 1616 try to be a coach for them about finding balance, finding
- 1617 moderation.
- 1618 You know, I also tell parents to give themselves a
- 1619 break. It is just there is unprecedented stress on everyone
- 1620 right now. Parents are being pulled in multiple different
- 1621 directions, and the last thing that we want to do is create
- 1622 more difficulty, more stress and tension in the home.
- So what I have been advising families to do is really
- 1624 not that different from before the pandemic, but maybe with a
- 1625 few caveats, is to really prioritize mental health and
- 1626 physical health.
- And you know, way back when, when we just had TVs to
- 1628 worry about, we would recommend no more than 2 hours of
- 1629 entertainment or recreational screen time a day. That is not
- 1630 a hard and fast rule, but it does help to have some rules.
- 1631 It does help to have some guidelines and guardrails up.
- But I also tell parents not to be so hard on themselves
- 1633 or their kids because some days might just be very digital
- 1634 and screen time heavy days, but that is okay. You can work
- on making the next day a little bit more balanced towards
- 1636 physical activity, towards, you know, in person interaction
- 1637 with other family members to keep things safe.
- 1638 So really, I am telling parents to give themselves a

- 1639 break, but to just practice moderation on a wider scale long
- 1640 term.
- 1641 *Mr. Guthrie. Well, thanks.
- And, Dr. Ameenuddin, have you come across research or
- 1643 data that show reopening schools directly correlates to
- 1644 substantial increases in overall COVID-19 transmissions or
- 1645 hospitalizations from child to child or child to adults
- 1646 spread?
- *Dr. Ameenuddin. So that is an important question. It
- 1648 is not my area of expertise, but I would recommend reading
- 1649 the AAP guidance on school reopening because I think that
- 1650 lays it out very nicely.
- 1651 *Mr. Guthrie. Okay. So the schools could reopen safely
- 1652 if you follow the guidance, correct?
- 1653 That is what we did in Bolling Green, and we did it
- 1654 until last August. So I just want to point that out.
- 1655 Can I also ask questions to Mr. DeAngelis?
- 1656 In your testimony, you state that a Gallup poll found 86
- 1657 percent of parents said that students being separated from
- 1658 classmates and teachers was a challenge for their children.
- 1659 From your research, have any studies that indicate that
- 1660 virtual learning is more suited for kids than in-person
- 1661 learning?
- And you have about 30 seconds to answer.
- 1663 *Dr. DeAngelis. In general, the research suggests that

- 1664 in-person learning is better, on average, than virtual
- 1665 learning. So I don't want to say that virtual learning can
- 1666 never work. It can work in certain situations.
- And it is most likely to work in the best way possible
- 1668 when families voluntarily select into that situation, and
- 1669 they can make those cost-benefit decisions themselves.
- 1670 But on average, we are seeing that there is a lot of
- 1671 harm going on as a result of the forced version of remote
- 1672 learning that we are seeing across the country.
- 1673 *Mr. Guthrie. Thank you.
- 1674 Thank you for that time, Madam Chair. I yield back.
- 1675 *Ms. Schakowsky. [Presiding.] I thank the gentleman
- 1676 for yielding back.
- And I now want to call on Congresswoman Trajan for her 5
- 1678 minutes of questioning.
- 1679 *Mrs. Trahan. Thank you, Madam Chair.
- 1680 So children's time spent with screens has increased
- 1681 dramatically during the pandemic. I know this because I have
- 1682 five kids. My two young girls are six and ten years old, and
- 1683 they have essentially grown up with electronic devices, but
- 1684 nothing like we have been this past year.
- 1685 Can I be clear? It is not because they are home from
- 1686 school as much as it is the go-to during the down time, in
- 1687 the absence of play dates and indoor extracurricular
- 1688 activities.

- And we do know that the more time children spend on
- 1690 screens, the more they are pulled away from engagement with
- 1691 me, parents, siblings, and critical activity.
- Ms. Fox Johnson, big techs employ mental health experts
- 1693 to use persuasive design techniques aimed to increase
- 1694 engagement. We know this, particularly in apps funded by
- 1695 advertising revenue.
- 1696 Can you explain the way companies leverage their
- 1697 understanding of our children's cognitive developments to
- 1698 keep children on their platform or in their app or network of
- 1699 apps and why that is so harmful?
- 1700 *Ms. Fox Johnson. Sure, and thank you. I would be
- 1701 happy to answer that question.
- So as you said, companies employ all kinds of experts
- 1703 who know how to get to kids and to keep them hooked. They
- 1704 use a variety of different features. One of them is the sort
- 1705 of never-ending scroll feature.
- 1706 Instagram found that when they short of put in a natural
- 1707 pause or an end spot, people were spending less time on their
- 1708 product, and so they then decided to move that decision back
- 1709 and put in more content so kids just get a constant stream of
- 1710 new information.
- 1711 Another feature that is really problematic for kids is
- 1712 seeing how many likes their own photos get or how much
- 1713 engagement from their friends. Teenagers particularly are

- 1714 social creatures. They are looking for validation, and this
- 1715 is a way to have how many people like them and how many
- 1716 people like their friends numerically listed, publicly for
- 1717 everyone.
- 1718 Another way that social media companies keep the kids
- 1719 engaged is through auto play. They cannot step away because
- 1720 the next video is already starting, and as has been mentioned
- 1721 here, that video is tailor made often to appeal to them.
- 1722 So there are a variety of ways that social media
- 1723 companies right now are using their design tactics to keep
- 1724 kids hooked.
- 1725 *Mrs. Trahan. Thank you.
- 1726 And I have seen it up close in my own home. I have seen
- 1727 my assistants.
- 1728 Dr. Ameenuddin, in your testimony, you highlight that
- increasingly exposure, especially ad-based, is correlated
- 1730 with poor eating habits and loss of sleep, and the American
- 1731 Academy of Pediatrics recommends that parents of children
- 1732 ages six and older place consistent limits on the time spent
- 1733 using media, specifically lower quality media.
- I have that right; is that correct?
- 1735 *Dr. Ameenuddin. Yes. Yes, absolutely. Of course --
- 1736 sorry. Go ahead.
- 1737 *Mrs. Trahan. Just what I am hearing today is that even
- 1738 parents who are trying to do the right thing, trying to keep

- 1739 their children healthy by limiting certain types of digital
- 1740 media using every tactic they have to deploy, they are coming
- 1741 face to face with products that have been designed to keep
- 1742 our children on their apps longer, an end goal that is
- 1743 counter to the recommendations of our pediatricians.
- 1744 Ms. Fox Johnson, if products can be engineered to keep
- 1745 users endlessly engaged, I imagine that these same products
- 1746 could be designed to encourage healthy behaviors as well.
- 1747 What policy changes would incentivize, would lead to that
- 1748 shift?
- 1749 *Ms. Fox Johnson. Definitely products can be engaged
- 1750 right now to be healthier, but since we do not see companies
- 1751 doing that on their own, we would really like Congress to act
- 1752 and help them along.
- 1753 In the United Kingdom, the age-appropriate design code
- 1754 requires that companies build the best interest of children
- 1755 into their products from the ground up with their design.
- 1756 You are not supposed to use nudges in ways that harm
- 1757 children. You are not supposed to use their information in
- 1758 targeted ads or in other detrimental ways.
- 1759 Help kids give ways so they can set their own limits.
- 1760 Give them visual cues to stop. Do not use their information
- 1761 to keep them hooked.
- 1762 These are things companies can do.
- 1763 *Mrs. Trahan. Well, I appreciate that. You know, I am

- 1764 not going to have time for my next set of questions which is
- 1765 not introduce them to Facebook Messenger Kids, which is going
- 1766 to get them hooked and using Facebook at an age earlier than
- 1767 they need to be.
- 1768 So look. Parenting is hard. Parenting during a
- 1769 pandemic is immensely hard. I can only hope that this last
- 1770 year and this hearing today highlights the need for Congress
- 1771 to address urgently the ad-based business incentives that are
- 1772 pervasive in our economy.
- 1773 I thank you all for your testimony and your deep
- 1774 knowledge.
- 1775 And I yield back.
- 1776 *Ms. Schakowsky. I thank the gentlewoman.
- 1777 I had no idea when you talk about parenting that you
- 1778 have five children. So I learned something, something new
- 1779 today.
- 1780 Congressman Bucshon, you have 5 minutes for your
- 1781 questions.
- 1782 *Mr. Bucshon. Thank you, Madam Chairwoman.
- 1783 And I am a parent of four children. Three of them are
- 1784 grown, but I still have a high school junior, and so I can
- 1785 tell you that even with strong parenting, which I think my
- 1786 wife and I have done over the years to help our children deal
- 1787 with the online onslaught of information, that even with that
- 1788 it is a challenge, and I do think Congress needs to address

- 1789 some of these issues as have been outlined today.
- You know, but after a year's shutdown and remote
- 1791 learning and the hardships that have arisen from COVID
- 1792 pandemic, we have learned that there are some real costs to
- 1793 being in distance learning all year, physical and mental,
- 1794 health costs.
- 1795 And as I mentioned, I am the father of a high school
- 1796 junior. She is a great student. It is not affecting her
- 1797 much. We do not have to prod her to make her classes, but I
- 1798 can tell you that across my district when I talk to
- 1799 educators, some students, you know, when they do enroll,
- 1800 never get online or only sporadically do and are not really
- 1801 technologically present during the instruction.
- In addition, there is access to broadband issues,
- 1803 particularly I can tell you in my area, affecting rural
- 1804 America in the same way that it affects urban America.
- 1805 If you look at a map of the United States and look at
- 1806 the percentage of students that do not have access to
- 1807 consistent Internet, it is shocking, honestly.
- 1808 So we need to open our schools in person with the best
- 1809 available data, protecting our students and our teachers and
- 1810 employees. But we need to do this, again, based on the
- 1811 science that is out there and the guidance that is there
- 1812 rather than relying on politics.
- 1813 So, Mr. DeAngelis, in-school learning afforded children

- 1814 access to physical fitness activities that are often not
- 1815 available for millions of students at home. This is
- 1816 something we forget about because my daughter is on a crew
- 1817 team, and they have not been on the water now in almost a
- 1818 year. They are at home on rowing machines, if they have one.
- 1819 So that could be gym class, extracurricular clubs,
- 1820 activities in sports. What are some of the barriers that you
- 1821 expect in getting these programs and activities back up and
- 1822 running once in-person learning resumes?
- 1823 And what can Congress do to make sure those efforts go
- 1824 as smoothly as possible?
- 1825 *Dr. DeAngelis. Yes, this is just another unintended
- 1826 consequence of keeping schools closed. We all kind of
- 1827 anticipated the learning loss, but then we started to see job
- 1828 market impacts, disproportionately impacting women. We have
- 1829 seen mental health issues on the rise, and then now we are
- 1830 seeing also physical problems and increases in obesity
- 1831 probably related to the decrease in sports activity.
- So one way to incentivize the schools reopen in person
- 1833 is to not pass stimulus bills that are not contingent upon
- 1834 reopening schools in person and given that all teachers are
- 1835 vaccinated, which I think that water is already under the
- 1836 bridge.
- 1837 But another way to incentivize the reopening of schools,
- 1838 and there are a couple of bills in Congress floating around

- 1839 right now. I think one was introduced yesterday that would
- 1840 reallocate nearly all Federal education dollars from
- 1841 institutions to individuals which would provide strong
- 1842 incentives for the public schools to reopen their doors in
- 1843 person, as has been found in the Brown University study
- 1844 finding that competition was generally related to a higher
- 1845 likelihood of reopening the schools in person.
- 1846 I just want to point out something that you pointed out,
- 1847 which was a great point, that there are a lot of inequities
- 1848 that are a result of this because a lot of the families that
- 1849 are the most advantaged do have choices at the moment. They
- 1850 can afford to pay for private school tuition and fees out of
- 1851 pocket. They can afford to move to a school district that is
- 1852 offering in-person instruction. They can afford to pay for a
- 1853 tutor at home. They can afford to pay for the best remote
- 1854 learning services.
- 1855 So we are really having a conversation about what kind
- 1856 of access will the least advantaged have when it comes to
- 1857 educational services because this whole debate has really not
- 1858 affected the most advantaged in society. So it is leading to
- 1859 inequities, and I am glad you pointed that out.
- 1860 *Mr. Bucshon. Yes. I mean, you know, as we are having
- 1861 a hearing on the dangers of and the online activities our
- 1862 children are exposed to, you know, we are still having a
- 1863 tremendous number of students who had no choice. They have

- 1864 to be online.
- 1865 And I can tell you even with my daughter, like I said,
- 1866 who is a good student, we still have to set 10 minutes an
- 1867 hour no social media because while she is on her computer,
- 1868 she also has her phone.
- 1869 And so we need to get kinds back into a better
- 1870 environment, and you know, I think that can be done. The
- 1871 American Academy of Pediatrics has put out some guidelines,
- 1872 as has been mentioned.
- In my district in Southwest Indiana and West Central
- 1874 Indiana, schools have mostly been open since last fall with
- 1875 proper guidelines in place.
- 1876 And have there been some COVID cases? A few, but
- 1877 overall consistent with what is happening around the country
- 1878 and not that many.
- 1879 So, Madam Chairwoman, I cannot see the time clock. So
- 1880 please remind me if my time is up because I am on my phone.
- 1881 *Ms. Schakowsky. Your time is up.
- 1882 *Mr. Bucshon. Okay. Then I yield back.
- 1883 *Ms. Schakowsky. Okay.
- 1884 *Mr. Bucshon. Thank you very much.
- 1885 *Ms. Schakowsky. Thank you.
- 1886 Mr. McNerney, you are next. You are recognized now for
- 1887 5 minutes for your questions.
- 1888 *Mr. McNerney. Well, I thank the chairwoman for holding

- 1889 this hearing.
- 1890 It is an important issue that tech companies have this
- 1891 hold on our children, and we need to explore that, whether
- 1892 there is pandemic or not. I am very concerned about the
- 1893 techniques being used by some tech companies that result in
- 1894 addictive behaviors in children.
- 1895 Some of this seems like the addictive techniques used in
- 1896 gambling. For example, many video games and apps have
- 1897 children use real money to purchase in-game rewards on so-
- 1898 called "loot boxes,'' and the tech companies often do this in
- 1899 manipulative ways.
- 1900 So according to a recent survey in the U.K., one in six
- 1901 children in Britain have stolen money from their parents to
- 1902 play for video game loot boxes. I would not be surprised to
- 1903 see similar statistics like that in the United States.
- 1904 This is a worrisome sign of what effects these features
- 1905 are having on children.
- 1906 Dr. Ameenuddin, can you explain how gambling-like games
- 1907 are harmful for children?
- 1908 *Dr. Ameenuddin. Sure. Thank you very much,
- 1909 Representative McNerney.
- 1910 Anything that would encourage kids to stay engaged and,
- 1911 you know, could lead to addictive tendencies is a concern for
- 1912 children's health and mental health.
- 1913 These in-app purchases are another thing that we as

- 1914 pediatricians believe should be banned, particularly since it
- 1915 is something that is really outside a child's level of
- 1916 ability to resist, and it is very concerning that children in
- 1917 the U.K. were actually stealing their parents' money or using
- 1918 things without permission.
- 1919 That sort of persuasive design is really dangerous. It
- 1920 is bad for mental health. It is bad for physical health, and
- 1921 we strongly stand against that, but because that really is
- 1922 targeting a very vulnerable section of our society.
- 1923 *Mr. McNerney. Well, do you believe that these loot
- 1924 boxes will set up children for addiction to gambling later in
- 1925 life?
- 1926 *Dr. Ameenuddin. So addiction is a very complex issue.
- 1927 It is multifactorial, and it is difficult to say with
- 1928 certainty and with a good evidence base that this would set
- 1929 them up for an addiction.
- 1930 But it is certainly not good for them. I think we would
- 1931 prefer to call it problematic Internet use, and you know, as
- 1932 we look at the DSM-5 manual, the manual of psychiatric
- 1933 issues, they have mentioned, you know, the concern of
- 1934 Internet gaming disorder, but have not officially laid a
- 1935 diagnosis to it.
- 1936 So just to be clear and precise, I would hesitate to use
- 1937 the actual word "addiction.''
- 1938 *Mr. McNerney. Well, thank you.

- 1939 Moving on, the industry's response to concerns about
- 1940 these loot boxes require disclosure in app stores around
- 1941 video games, that a particular game contains an in-app
- 1942 purchase.
- 1943 Ms. Fox Johnson, how effective is disclosure in these
- 1944 cases, especially with regard to apps and games intended for
- 1945 children?
- 1946 *Ms. Fox Johnson. Thank you for that question,
- 1947 Representative McNerney.
- 1948 In general, we think disclosures are not that effective.
- 1949 I mean, it is important to put them at the point of purchase,
- 1950 but often these kids cannot read. So they do not know what
- 1951 in-app purchase means, and then within the game, there can
- 1952 often not be disclosures.
- 1953 The purchases themselves, sometimes it is not clear to
- 1954 kids that they are even using real money because things are
- 1955 referred to as, you know, buy gems or sparkle wands. So we
- 1956 do not think that kids and their parents know that they are
- 1957 spending money.
- 1958 And I think that is clear from the fact that, you know,
- 1959 millions of dollars of money have had to be refunded to
- 1960 consumers when the Federal Trade Commission brought cases
- 1961 against some of these platforms like Apple and Google and
- 1962 Amazon for sort of bilking kids and their parents out of
- 1963 money.

- 1964 *Mr. McNerney. Well, I am going to talk a little about
- 1965 artificial intelligence at this point. AI and machine
- 1966 learning are used in targeting behavioral advertising and
- 1967 persuasive design tactics that we are seeing today and
- 1968 discussing today.
- 1969 This practice is everywhere. Compared to adults,
- 1970 children and teens are more trusting of privacy invasive
- 1971 technology like GPS tracking, and I think that poses a major
- 1972 risk for children divulging sensitive information.
- 1973 Ms. Fox Johnson, how do platform developers use AI and
- 1974 machine learning in their user interfaces to better target
- 1975 children and monetize their data?
- 1976 *Ms. Fox Johnson. As you said, Representative McNerney,
- 1977 they are tracking them everywhere. The kids do not realize
- 1978 that their location is being shared because they think they
- 1979 have not actively put it in. They do not realize that the
- 1980 conversation they had with their smart toy is not staying in
- 1981 their toy, but it is going into a data ecosystem.
- 1982 And companies use all of this information to figure out
- 1983 precisely what that kid might want to buy or might want to do
- 1984 next and use it to create commercial profiles of kids at very
- 1985 young ages.
- 1986 *Mr. McNerney. Yes. Well, I agree. Thank you.
- 1987 I am going to run out of time. So I yield back, Madam
- 1988 Chair.

- 1989 *Ms. Schakowsky. Thank you.
- 1990 And now, Mr. Pence, it is your turn for 5 minutes.
- 1991 *Mr. Pence. Thank you, Chair Schakowsky and Ranking
- 1992 Member Bilirakis, for holding this hearing.
- 1993 And thank you to the witnesses for appearing before us
- 1994 today.
- 1995 This pandemic has impacted us all. It has been
- 1996 particularly troublesome for our youth, as the witnesses
- 1997 talked about today.
- 1998 Students learning remotely are missing out on higher
- 1999 quality instruction from the in-person attention during
- 2000 formative years of their development. I am concerned that
- 2001 those lost opportunities will lead to damaging learning gaps
- 2002 setting back an entire generation.
- 2003 Instead of having exposure to social connections with
- 2004 their peers at school, students in virtual settings across
- 2005 the country are often isolated, spending more time on the
- 2006 Internet and away from their friends.
- 2007 Comparatively, in my State, Indiana, Hoosiers underwent
- 2008 local community-led efforts last summer to keep our kids in
- 2009 school. Together with parents, administrators, and local
- 2010 health officials, schools in my district developed
- 2011 comprehensive strategies to ensure students and teachers
- 2012 could safely return to the classroom, which they did. And
- 2013 that is exactly what they did.

- 2014 Every one of the counties in my district have schools
- 2015 that have returned to the classroom with notable success.
- 2016 Having students in person provides structure and stability
- 2017 that is so important for the mental and emotional wellbeing
- 2018 of children.
- 2019 Beyond the attention received in the classroom, clubs,
- 2020 sports, teams and other student organizations provide an
- 2021 invaluable collected learning environment that cannot be
- 2022 replicated from a Zoom connection, like leadership skills and
- 2023 social skills.
- 2024 Recently I had the opportunity to meet with bright,
- 2025 young students at St. Nicholas Catholic School and Batesville
- 2026 High School, a public school. Both schools are prime
- 2027 examples of how local stakeholders are best positioned to
- 2028 develop school safety strategies that fit the unique
- 2029 educational needs of their community.
- 2030 From my discussions with these students, their teachers,
- 2031 and administrators, one thing remained clear. Students feel
- 2032 more purpose when they are in school and involved in person.
- 2033 I share the concerns of my colleagues that the increased
- 2034 online presence of children can be detrimental to their
- 2035 health and safety. Shifting children away from in-person
- 2036 learning and towards a digital life has surely sentenced them
- 2037 to more time for predators to prowl, which is another
- 2038 argument for in-school learning.

2039 Dr. DeAngelis, I am afraid of a scenario of dueling 2040 outcomes for students that participate virtually versus 2041 students that participate in person. In your testimony you 2042 mention substantial achievement gaps between these two 2043 groups, specifically leading to increased dropout rates and 2044 impacts on their future earnings. 2045 Can you please expand on what this will mean for our 2046 future generation of, in particular, community leaders that 2047 are losing this sports and social interaction? 2048 *Dr. DeAngelis. Yes. I would first like to point out 2049 that, look, this is leading to inequities. So this is 2050 hitting the least advantaged in the community the hardest, 2051 particularly because the most advantaged have access to in-2052 person alternatives or good versions of remote virtual 2053 learning at home or even have more ability to cover the cost 2054 associated with home-based education. 2055 But to your point, McKenzie & Company in a nationwide 2056 analysis in 2020 on two separate occasions found that they 2057 estimated that achievement gaps would increase, and 2058 achievement gaps are already a horrible thing in the United 2059 States that we need to remedy. 2060 But the gaps by race they estimate to increase by 15 to

20 percent, and they estimate dropout rates to increase by

two to nine percentage points, translating to about 232,000

to 1.1 million additional ninth to eleventh graders dropping

2061

2062

2063

- 2064 out of high school, which could translate to about 60 to
- 2065 \$80,000 reduction in lifetime earnings, which is a huge
- 2066 problem, obviously.
- 2067 And there is a lot of evidence this is just one source
- 2068 from McKenzie & Company finding these exacerbated inequities
- 2069 from keeping the schools closed.
- 2070 So the best option is to give families options, allow
- 2071 them to choose the in-person or hybrid learning setting of
- 2072 their choice or, even better, allocate the money to the
- 2073 families so that more families can access other in-person
- 2074 alternatives.
- 2075 *Mr. Pence. Which in Indiana we have school choice.
- 2076 Thank you. Madam Chair, I yield back.
- 2077 *Ms. Schakowsky. The gentleman yields back.
- 2078 And now I call on Mr. Cardenas for 5 minutes for
- 2079 questions.
- 2080 *Mr. Cardenas. Thank you very much, Madam Chairwoman.
- 2081 I appreciate the honor of being the sit-in chair for just a
- 2082 little bit. It is a bit addicting, but I relinquished it.
- Okay. Thank you so much. Appreciate your bringing this
- 2084 committee together on this issue, Madam Chairwoman Schakowsky
- 2085 and also Ranking Member Bilirakis.
- I appreciate this opportunity for us to hear from many
- 2087 different perspectives about what our families and children
- 2088 are going through, but more importantly, being able to

- 2089 dialogue and discuss maybe what some of the solutions are so
- 2090 we can have a better environment, better world so that our
- 2091 children are less negatively affected by all of this.
- I am a father and, more importantly, a proud
- 2093 grandfather, two grandchildren, ages two and four, and, yes,
- 2094 they are on devices already, and we need to protect every
- 2095 child as much as possible.
- 2096 And, of course, the responsibility of the individual
- 2097 family raising those children is paramount, but at the same
- 2098 time, I think it is important that government understands
- 2099 that we do have a responsibility of making sure that the
- 2100 guidelines and the lanes in which these incredibly prolific
- 2101 and lucrative businesses are in our homes and in the eyeballs
- 2102 and the minds and hearts of our families and our children.
- 2103 And also, I would say that it is unfortunate that we
- 2104 speak of who is negatively affected the most or who in
- 2105 America might not be as prepared as others to protect
- 2106 themselves and protect their children from the potential
- 2107 negative effects and harmful effects of what could be going
- 2108 on, but let me tell you this. I think it is important that
- 2109 everybody understand that these negative effects, they do not
- 2110 see color. They do not see race. They do not see gender. A
- 2111 child is a child is a child.
- 2112 And I believe that because about 60 percent of all
- 2113 children in America are White, it is disproportionately

- 2114 affecting White children, and I just want to point that out
- 2115 because I think that some people get the misinterpretation
- 2116 that all we care about is Black and Brown children.
- We care about all children, and I do not want anybody to
- 2118 think that because we mentioned minority children or poor
- 2119 children in general that we are leaving out the 60 percent of
- 2120 the children in America who are White. We are looking to
- 2121 protect every child, regardless of their background.
- 2122 Let me just go to my first question because time is
- 2123 fleeting.
- Dr. Ameenuddin, in your testimony, you mentioned that
- 2125 for infants and toddlers still developing cognitive language,
- 2126 sensory motor, and social-emotional skills, screen time of
- 2127 any kind is typically discouraged. What do you know about
- 2128 the long-term effects early exposure to technology like
- 2129 tablets and smart phones can have on a child's development in
- 2130 this area?
- 2131 *Dr. Ameenuddin. Well, thank you for that question,
- 2132 Vice Chair Cardenas.
- I will share what we know and what we do not know.
- 2134 Frankly, there are still a lot of unknowns and research is
- 2135 evolving.
- 2136 But what we do know from early studies on tablets and
- 2137 devices and apps is that there is very little benefit, and
- 2138 there is a strong potential for harm for children under 18

- 2139 months of age.
- 2140 For children between the ages of 18 months and two
- 2141 years, if it is a high quality, educational app that involves
- 2142 parental engagement with the app and the child and then the
- 2143 parent teaches back after they have finished using the app,
- 2144 there can potentially be some benefit there.
- 2145 But we do know, again, from decades of research that
- 2146 early introduction to screen time, even if it is purported to
- 2147 be educational, can actually have the opposite effect.
- 2148 For example, we had the Baby Einstein videos from
- 2149 several years ago. One of my colleagues in pediatrics
- 2150 actually did a study on that and found that children whose
- 2151 families used the Baby Einstein videos versus those who did
- 2152 not use any kind of screen time were actually having
- 2153 developmental delays in terms of expressive language skills.
- 2154 So we do know that there can be harms, but that we
- 2155 really recommend, again, mindful, mindful use for older kids
- 2156 because there can certainly be benefits with certain good,
- 2157 educational programming.
- 2158 *Mr. Cardenas. Thank you, Ms. Ameenuddin, for that
- 2159 important information and those facts.
- I hope that after today's hearing we will keep these
- 2161 issues in focus, and that is why today, along with my
- 2162 colleague, Representative Trahan, I introduced the Youth
- 2163 Mental Health-Suicide Prevention Act, a bill authorizing the

- 2164 Substance Abuse and Mental Health Services Administration,
- 2165 SAMHSA, to provide funding to school districts for a variety
- 2166 of positive mental health promotion and suicide prevention
- 2167 purposes.
- 2168 Like I said, we all have the interest of every child at
- 2169 heart, and I think that it is important that Congress play
- 2170 its current -- excuse me -- its appropriate role, and right-
- 2171 sized role in making sure that we create and make sure that
- 2172 the lanes are being followed and the lanes are created so
- 2173 that our children can remain protected.
- 2174 Thank you. I yield back.
- 2175 *Ms. Schakowsky. The gentleman yields back.
- 2176 And now Congresswoman Lesko, it is yours for 5 minutes
- 2177 for questions.
- 2178 *Mrs. Lesko. Thank you, Madam Chairman, and thank you,
- 2179 colleagues. It is good to see you.
- 2180 You know, this subject is very important, protecting our
- 2181 children. I have four grandchildren. Two of them are
- 2182 elementary school age, and so protecting them, they are hours
- 2183 on their phones, they are hours on their tablets; this is a
- 2184 very important issue.
- I totally agree with the subject, and I have asked my
- 2186 staff during this hearing -- actually I left -- asked them to
- 2187 write me up decision memos on some of these bills that both
- 2188 the Democrats and Republicans in this subcommittee have said

- 2189 that they have introduced, and so I will do that and get back
- 2190 with you on my decision on those.
- I also totally agree with Mr. DeAngelis. I am from
- 2192 Arizona. We have lots of school choice in Arizona. It
- 2193 started in 1994, I think, when we opened up. Not only
- 2194 parents could go to different school districts that were not
- 2195 in their neighborhood with their kids, but also charter
- 2196 schools were legalized in Arizona. And so we have many,
- 2197 many, many charter schools.
- 2198 I also introduced legislation when I was in the State
- 2199 legislature on empowerment scholarship accounts, which are a
- 2200 way for now special needs children to go to private schools
- 2201 using public funds.
- 2202 And so, Mr. DeAngelis, I worked with Reason Foundation
- 2203 before on pension reform, bipartisan pension reform, when I
- 2204 was in Arizona, and you guys do great work. I totally agree
- 2205 with the concept of more competition, more choices for
- 2206 parents and students.
- I do want to show everybody an article from a Tucson,
- 2208 Arizona newspaper, but it is titled "No Way to Check on
- 2209 Hundreds of Kids Missing from Schools Across Tucson.''
- 2210 And I would like to submit, unanimous consent, to
- 2211 include it in the record, Madam Chairman, but I am going to
- 2212 read some --
- 2213 *Ms. Schakowsky. All of these will be added at the end

2214	of the hearing.
2215	*Mrs. Lesko. Thank you. Thank you, Madam Chairman
2216	[The information follows:]
2217	
2218	**************************************
2219	

- 2220 *Mrs. Lesko. Some of the things in the article were
- 2221 very disturbing. It says it is unclear what is happening in
- the lives of over 1,100 young people who never show up for
- 2223 online school or only attend sporadically. The combined
- 2224 total of students unaccounted for in Tucson and seven other
- 2225 major school districts is at least 1,160, with some students
- 2226 missing since last spring.
- On average, calls to an abuse hot line run by Arizona's
- 2228 Department of Child Services are down 25 to 30 percent. The
- 2229 agency's director attributes the decrease largely to schools
- 2230 not being held in person.
- 2231 This lack of oversight by teachers and administrators is
- 2232 happening at a time when families and parents are under
- 2233 tremendous stress due to layoffs, social isolation, and
- 2234 sometimes illness.
- 2235 The largest school district, Tucson Unified School
- 2236 District, is still working to identify how many kids have
- 2237 fallen off the radar. That means the number of unaccounted
- 2238 for children is likely much higher than the 1,160 number
- 2239 coming out of the other school districts across the county.
- 2240 Tucson Unified School Districts have had an enrollment
- 2241 decline of 2,600 students since this time last year.
- 2242 And the reason I bring this up is because what we have
- 2243 talked about, and others, is we need to get kids back in
- 2244 school, and in Arizona, my grandkids go to a charter school,

- 2245 and guess what. Their charter school has been open almost
- 2246 the entire time, and they have not had a COVID outbreak.
- 2247 Also, because some of the district schools would not
- 2248 reopen, parents have been very creative and they are doing
- 2249 these micro schools. So even though they are paying all of
- 2250 the taxes, the property taxes, everything to the schools,
- 2251 they are hiring their own teacher. Like groups of parents
- 2252 get together and hire their own teacher.
- 2253 And that is why what Mr. DeAngelis says is so important.
- 2254 You know, I guess I want to give my last 15 seconds to you,
- 2255 Mr. DeAngelis. I took up most of the time, but tell me why
- 2256 that is important.
- 2257 *Dr. DeAngelis. Yes. I mean the Wall Street Journal
- 2258 wrote an article about the teachers' union's tiny little
- 2259 enemy, which was tons of micro schools over there in Arizona,
- 2260 and they have been very successful. You can socially
- 2261 distance better with small settings in a micro school.
- 2262 And the reality is that most advantaged families without
- 2263 school choice already have those opportunities and they are
- 2264 able to get that one-on-one attention with the kids and also
- 2265 have more social interaction. So we might as well fund the
- 2266 students directly like Arizona does through the education
- 2267 savings account and allow more families to have access to
- 2268 those alternatives.
- 2269 *Mrs. Lesko. Thank you so much.

- 2270 And I yield back.
- 2271 *Ms. Schakowsky. All right. And now I am happy to call
- 2272 on Congresswoman Clarke. Welcome back, and it is your turn
- 2273 for 5 minutes.
- 2274 *Ms. Clarke. Thank you so much, Madam Chair, and I
- 2275 thank our Ranking Member Bilirakis for convening today's
- 2276 hearing.
- I thank our witnesses for your expert testimony here
- 2278 today.
- 2279 As we all know, the COVID-19 pandemic has exacerbated
- 2280 many issues that are plaguing our Nation. We have seen a
- 2281 dramatic increase in the adoption of digital devices due to
- 2282 individuals and families working and learning from home.
- However, along with the uptick in digital device usage,
- 2284 there has been an increase in screen time across our Nation
- 2285 during the transition to life online. This transition has
- 2286 had a tremendous impact on one of our Nation's most
- 2287 vulnerable and impressionable populations, children.
- 2288 With this increase, I am concerned about the exposure of
- 2289 advertisements that children are now bombarded with. These
- 2290 ads are concerningly harmful to a demographic that is unable
- 2291 to comprehend their persuasive impact.
- Ms. Fox Johnson, in your testimony, you mention a Pew
- 2293 Research Center report that stated 53 percent of children
- 2294 younger than 11 view YouTube daily, with 35 percent viewing

- 2295 multiple times per day.
- 2296 Additionally, you go on to support that we have
- 2297 discussed time and time again. Children from low-income
- 2298 communities and communities of color are more likely to
- 2299 utilize mobile devices and have limited connectivity, which
- 2300 limits the productivity of this uptick in screen time. This
- 2301 is all very concerning.
- 2302 However, as I stated, screen time is up for young kids,
- 2303 and they are being targeted with ads from companies,
- 2304 influencers, kid influencers on social media now more than
- 2305 ever before the pandemic even struck.
- 2306 So my question is to Ms. Fox Johnson, and I think our
- 2307 chairwoman may have posed something similar to you earlier.
- 2308 In your testimony you mention that children are uniquely
- 2309 vulnerable to digital harms for a variety of reasons,
- 2310 including increased screen time and the fact that their
- 2311 brains are still in development.
- 2312 What strategies can we use to protect our children from
- 2313 digital manipulation and ad targeting?
- 2314 And how do we hold big tech companies and advertisers
- 2315 accountable?
- 2316 *Ms. Fox Johnson. Sure, and thank you, Representative
- 2317 Clarke, for your question and for your leadership in this
- 2318 area.
- 2319 There are lots of things that companies and advertisers

- 2320 could do to be more accountable to children. First, we need
- 2321 to make any disclosures of ads more meaningful. A surprising
- 2322 number of teenagers cannot even tell that an ad is an ad when
- 2323 it has an orange box that says "Ad'' around it.
- 2324 We also should ban advertising techniques that take
- 2325 advantage of kids' feelings of special relationships with
- 2326 hosts and with cartoon characters and not allow for product
- 2327 endorsement.
- 2328 We should ban advertisements and endorsement ads for
- 2329 unhealthy food and drink, which primarily targets or
- 2330 disproportionately targets communities of color.
- 2331 We should stop companies from allowing kids to get more
- 2332 content or more rewards from viewing more advertisements.
- 2333 And we should stop companies from turning teenagers and
- 2334 kids into unwitting product promoters themselves by
- 2335 conscripting them into paid posts that feature their liking
- 2336 of a product to their friends.
- 2337 These are things that Congress can do, and they are also
- 2338 things that the Federal Trade Commission should be able to
- 2339 work on by updating its endorsement guidelines.
- 2340 And in the meantime, again, we think companies can take
- 2341 some steps themselves and do not need to wait.
- 2342 *Ms. Clarke. Thank you very much, Ms. Fox Jackson.
- Dr. Ameenuddin, kids are not just learning in front of
- 2344 screens. They are spending their leisure time there, too.

- 2345 Utilizing platforms like YouTube and TikTok with deceptive or
- 2346 hidden ads may be harder for children to detect.
- Due to the rise of social media influencer and kid
- 2348 influencer, should this influencer marketing be allowed to
- 2349 target kids?
- 2350 And what unintended consequences might this have on
- 2351 their development?
- 2352 *Dr. Ameenuddin. Well, thank you so much for the
- 2353 question, Representative Clarke.
- 2354 And I wanted to say that I agree with everything that
- 2355 Ms. Fox Johnson said. I think those are excellent
- 2356 suggestions.
- In addition to that, specifically with regard to the
- 2358 question about kid influencers and unboxing videos, that
- 2359 really is a form of deceptive advertising. As Ms. Fox
- 2360 Johnson mentioned, kids feel like they are just watching a
- 2361 friend, yet it is really a targeted marketing technique.
- 2362 So the AAP supports banning that kind of advertising
- 2363 towards children, paid advertising, and I apologize. It
- 2364 looks like we ran out of time. Sorry.
- 2365 *Ms. Clarke. Well, very well. If you would just submit
- 2366 your response to our committee, that would be great. We want
- 2367 to be aggressive in this space.
- 2368 And I thank all of our witnesses for testifying today.
- 2369 Madam Chair, I yield back.

- 2370 *Ms. Schakowsky. Thank you.
- 2371 And now, Mr. Armstrong, it is yours for 5 minutes.
- 2372 *Mr. Armstrong. Thank you, Madam Chair.
- 2373 And I have a 13-year-old daughter. I have an 11-year-
- 2374 old son. I was a high school baseball coach a long time ago,
- 2375 still the best job I ever had.
- 2376 And so I appreciate the conversation particularly about
- 2377 the -- and my kids went to private school. They went for in-
- 2378 person -- but I really do appreciate the fact that we are
- 2379 talking about -- I mean just in every single school across
- 2380 the country, there is a kid who that is the grade equalizer
- 2381 in his or her life, and without it we are leaving them
- 2382 behind.
- 2383 And sometimes it is poverty issues. Sometimes it is
- 2384 family life issues. Sometimes it is all kinds of different
- 2385 things, but one of the greatest things about COVID and maybe
- 2386 one of the only good things is that it happened now and we
- 2387 are capable of doing these things. The technology has
- 2388 allowed us to do these things.
- 2389 But there is no doubt in my mind that we have to get
- 2390 them back into sports, into clubs, into school as quickly as
- 2391 possible or these gaps are going to continue to grow.
- But I want to talk a little bit about something that is
- 2393 going to continue to plague us as members of Congress outside
- 2394 of schools reopening, and that is how we deal with digital

- 2395 information and particularly with more screen time going
- 2396 online.
- 2397 COPPA covers the collection, use, and disclosure of
- 2398 children's personal information, but FTC regulations pursuant
- 2399 to COPPA define personal information to include, in part,
- 2400 geolocation information sufficient to identify street name
- 2401 and name of city or town.
- 2402 This definition means that coarse geolocation data on a
- 2403 child, which may be a zip code, county, region, et cetera,
- 2404 can be collected without direct notice, verifiable parent
- 2405 [audio malfunction].
- I am not convinced we should be collecting any of this
- 2407 data on kids without parental consent, and I understand that
- 2408 zip codes are widely used, geographic boundaries, but some
- 2409 zip codes in densely populated areas narrow it down to a very
- 2410 specific location.
- 2411 And there might be a few legitimate reasons to collect
- 2412 this information on minors, but I just fear that potential
- 2413 harm may outweigh those reasons, and we cannot view
- 2414 nonconsensual coarse geolocation data collection as stand-
- 2415 alone data points that only show child specific [audio
- 2416 malfunction] because a lot is covered in COPPA's definition
- 2417 of personal information.
- There are so many other data points when viewed in
- 2419 combination with coarse geolocation data -- can further

- 2420 specify a child's location, their habits, and identity.
- 2421 This question is probably for Ms. Fox.
- 2422 Why are we collecting this from minors?
- 2423 *Ms. Fox Johnson. Thank you, Representative Armstrong.
- 2424 I mean, that is an excellent question.
- 2425 Why are companies collecting this information if not to
- 2426 use it to target or profile a kid? There is no reason that
- 2427 they need to know one zip code over the other to, say,
- 2428 determine language or country or things like that.
- One of the things that we really like in the Kids
- 2430 Privacy Act from Representative Castor is that it would
- 2431 update what forms of information are covered in COPPA and
- 2432 ensure that in statute, and not just in the FTC rule. They
- 2433 are taking a full look at the modern ways that companies
- 2434 track minor kids and monetize kids these days.
- 2435 *Mr. Armstrong. And then this is another question
- 2436 because I think we have to start having this conversation as
- 2437 well. Does this conversation change, particularly as you are
- 2438 involving minors, if we look at data through a property lens
- 2439 instead of a privacy lens?
- 2440 *Ms. Fox Johnson. There are lots of discussions in the
- 2441 broader privacy landscape right now about if my privacy is my
- 2442 property or, in Europe, if my privacy is more of a
- 2443 fundamental right.
- 2444 However you look at it, I think for kids it is not

- 2445 something that we think that they should be giving up or be
- 2446 forced to give up. It is not really a choice. It is sort of
- 2447 a false way of looking at consent.
- 2448 And children should have the right to do what they wish
- 2449 and to learn and to grow without being surveilled and
- 2450 monitored at every step of the way.
- 2451 *Mr. Armstrong. And then just lastly, there is a reason
- 2452 we have juvenile courts. There is a reason we treat
- 2453 juveniles in the court system significantly different than we
- 2454 do adults. There is a reason we seal records when they are
- 2455 18.
- But we are continuing down this path of holding people
- 2457 accountable when their brains are still developing. We have
- 2458 professional athletes getting in trouble for tweets they have
- 2459 done when they were 13.
- 2460 *Ms. Schakowsky. Mr. Armstrong, Mr. Armstrong, we are
- 2461 going to have to ask for a response in writing to this. You
- 2462 are well over time.
- 2463 *Mr. Armstrong. Well, I am on.
- 2464 *Ms. Schakowsky. I am sorry. I am looking now at 25,
- 2465 24. I am sorry. Go ahead. I am sorry.
- 2466 *Mr. Armstrong. In GDPR there are technical challenges
- 2467 with Right to Be Forgotten. California has got a law, and we
- 2468 really have to start having conversations about allowing
- 2469 minors and allowing parents and allowing guardians to be able

- 2470 to block information that children are putting online.
- I mean, they have to function. My daughter is 13. I
- 2472 wish she did not have a phone, but if she did not have a
- 2473 phone, she would not be able to communicate [audio
- 2474 malfunction].
- 2475 So now I am over time, and I yield back.
- 2476 *Ms. Schakowsky. No, no, no. Give her a couple of
- 2477 seconds to respond. A good time.
- 2478 Go ahead.
- 2479 *Ms. Fox Johnson. Sure. Thank you.
- I would say that we fully agree what you do at ten
- 2481 should not come back and haunt you when you are 40. So we
- 2482 support the rights for kids to be able to erase their
- 2483 information and take control of what they have inadvertently
- 2484 or intentionally shared at a young age.
- 2485 *Mr. Armstrong. And I would just end with this. I
- 2486 think there are probably members of Congress on both sides of
- 2487 the aisle that may not be here if we all had social media
- 2488 when we were 13 years old.
- 2489 *Ms. Schakowsky. Okay. And now Debbie Dingell. I know
- 2490 you have been waiting patiently, and thanks for sitting with
- 2491 us the whole time, and it is yours for 5 minutes.
- 2492 *Mrs. Dingell. Thank you, Chairwoman Schakowsky.
- 2493 And thank you to all of the witnesses for being here
- 2494 today.

- I am not the only member sitting here patiently because
- 2496 this subject is so important.
- 2497 Many modern digital media platforms are designed to keep
- 2498 youth users engaged and incentivize the reengagement, leading
- 2499 to compulsive habits or what some refer to as addiction to
- 2500 their devices. A lot of adults, too, I might add.
- 2501 But we have seen an increasing number of reports
- 2502 correlating time on digital media, social media, and
- 2503 electronics to mental health issues in children and
- 2504 adolescents, among a variety of other serious impacts,
- 2505 including obesity, anxiety, and what really deeply disturbs
- 2506 me, electronic bullying.
- In an increasingly digital age, we need to be vigilant
- 2508 in reevaluating how online content is consumed by children
- 2509 and ensure that they receive meaningful protection to their
- 2510 privacy and their mental and physical wellbeing.
- 2511 So I want to ask some questions focused on these
- 2512 protections.
- 2513 Influencers' marketing is now a billion-dollar industry
- 2514 and the fastest growing method for acquiring customers
- 2515 online. Many of today's top influencers are children
- 2516 themselves, so-called "kid influencers,'' with massive
- 2517 followings on social media.
- 2518 Ms. Fox Johnson, has the FTC brought any enforcement
- 2519 actions against influencers or their sponsors that have a

- 2520 significant child audience?
- 2521 *Ms. Fox Johnson. Thank you, Representative Dingell.
- 2522 That is a great question.
- 2523 The FTC has not, and in fact, their current endorsement
- 2524 guidelines do not even talk about kids or teens or special
- 2525 issues that might pertain to them.
- 2526 *Mrs. Dingell. Some influencers, including those
- 2527 targeting children, are just as well-known or even more well-
- 2528 known than the brands that they promote. Yet the FTC had
- 2529 tended to focus its enforcement actions against the brands
- 2530 and not the individual influencers, limiting action against
- 2531 individual influencers to just warning letters.
- 2532 Ms. Fox Johnson, have the FTC actions been effective?
- 2533 What more should FTC be doing?
- 2534 *Ms. Fox Johnson. I would say the FTC actions have not
- 2535 been effective. There have been multiple complaints filed
- 2536 against the kids' influencers. Sometimes the folks are
- 2537 making, you know, \$20 million a year hawking products to
- 2538 children in ways that appear to not look like advertisements
- 2539 and what appear to be just sort of sharing a game with a
- 2540 friend.
- 2541 And so I think the FTC, as I mentioned, should update
- 2542 their endorsement guidelines. They should look at banning
- 2543 this endorsement for young kids certainly and ideally for
- 2544 teens, and for all endorsements in general because sometimes

- 2545 teens are watching particularly things that adults might be
- 2546 watching.
- 2547 They need to make sure that disclosures are effective
- 2548 because right now the hashtag ad that comes at the end of
- 2549 some long piece of information is not sufficient.
- 2550 *Mrs. Dingell. I agree.
- Social media platforms facilitate and make a lot of
- 2552 money from influencer marketing. Ms. Fox Johnson, what
- 2553 responsibility do social media companies have to protect kids
- 2554 from manipulative marketing?
- 2555 And what can the FTC do to hold them accountable?
- 2556 *Ms. Fox Johnson. Social media companies can take more
- 2557 responsibility, particularly when they are dealing with
- 2558 individual influencers or other people. They can do a better
- 2559 job of being more transparent in ways that are proven to be
- 2560 understood by kids and teens about what is an ad and what is
- 2561 native content.
- The FTC, who has not done as much as we wish they could
- 2563 have done in all of these areas, in social media, in privacy.
- 2564 They need more resources so they can do more enforcements and
- 2565 they can update and codify the regulations and guidelines.
- 2566 *Mrs. Dingell. Dr. Ameenuddin, I want to ask you at
- 2567 least one question before my time is up.
- Is there concern that the media consumption habits
- 2569 developed by children and adolescents during the pandemic

- 2570 will continue post-pandemic?
- 2571 And should we be concerned by the potential impacts in
- 2572 terms of their health and privacy?
- 2573 *Dr. Ameenuddin. Well, thank you, Representative
- 2574 Dingell.
- I think it is a huge concern, and I suspect that this
- 2576 will continue to be an issue long after the pandemic. As we
- 2577 have mentioned earlier, increased social media use, increased
- 2578 screen time was an issue well before the pandemic ever
- 2579 started. It obviously increased.
- 2580 But making little changes will not mean that everything
- 2581 goes back to normal. I think it will continue to be an
- 2582 issue.
- We have somewhat mixed data. I am grateful to you for
- 2584 bringing up the concerns about mental health and the
- 2585 connection to social media. We have conflicting information.
- 2586 For some kids, you know, it has led to sadness or I quess it
- 2587 is correlated with sadness, possibly depression, but for
- 2588 other kids, it has actually been a lifeline. You know, for
- 2589 marginalized kids sometimes finding community online can be a
- 2590 huge source of support.
- 2591 *Mrs. Dingell. Thank you.
- 2592 Thank you, Madam Chair. I have to yield back, but I
- 2593 will say our children are 100 percent of our future, and it
- 2594 is our responsibility to ensure their safety and security

- 2595 online.
- 2596 *Ms. Schakowsky. Thank you.
- 2597 And now I call on Mr. Dunn for 5 minutes for his
- 2598 questioning.
- 2599 *Mr. Dunn. Thank you very much, Chairwoman Schakowsky.
- I am glad the committee has convened this important
- 2601 hearing. The long-term impacts on our children are one of
- 2602 the greatest travesties of the COVID-19 pandemic and
- 2603 lockdowns.
- As some of our witnesses have noted, the amount of time
- 2605 that kids spend in front of a screen has been a health
- 2606 concern for quite some time. The problem has been vastly
- 2607 exacerbated by the pandemic.
- And the science is clear; the evidence is abundant. The
- 2609 schools across the country have the ability to reopen safely
- 2610 today.
- 2611 I also appreciate Dr. DeAngelis rightly pointing out
- 2612 that the schools in America are largely closed purely due to
- 2613 politics.
- 2614 I am grateful to Florida Governor Ron DeSantis who led
- 2615 the way in reopening, and due to that fact all schools in my
- 2616 district, Florida's 2nd District, are safely opened for in-
- 2617 person learning at this time.
- 2618 Parents across the country know the best thing for their
- 2619 kids is to be in school. This even includes the heads of

- 2620 powerful teachers' unions who drop their own children off at
- 2621 a private school at the same time they are fighting to keep
- 2622 public school kids out of school behind a computer screen at
- 2623 home.
- I have been an advocate for school choice for a long
- 2625 time. I think the best thing we can do for school age
- 2626 children is to empower the parents to seek out the best
- 2627 educational opportunities available. So let me start with a
- 2628 question for Dr. DeAngelis.
- 2629 Families are especially vulnerable to the economic and
- 2630 educational impacts of COVID-19 and the lockdowns. Many
- 2631 parents have been forced to work longer hours, provide
- 2632 essential services, and work from remote locations. This
- 2633 obviously impacts their ability to provide adult supervision
- 2634 for their own children.
- So briefly, would you say school choice allows
- 2636 households of all socioeconomic groups the best chance for
- 2637 parents to place their students in an educational setting
- 2638 that fits the needs of their individual family?
- 2639 *Dr. DeAngelis. Absolutely, and as I have noted before,
- 2640 the most advantaged families already have school choice.
- 2641 They can already afford to live in the neighborhoods that are
- 2642 residentially assigned to the best public schools in America.
- 2643 They are more likely to be able to afford to pay out of
- 2644 pocket for private school in-person learning. They are more

- likely to be able to afford the cost of home-based learning
- 2646 and micro schools and pandemic pods.
- 2647 Funding students directly through programs like the ones
- 2648 in Florida allow more families to access alternatives so that
- 2649 at least the more equity and more freedom at the same time,
- 2650 and I think that is a lot of the reason why Florida has done
- 2651 such a good job when it comes to reopening public schools.
- 2652 *Mr. Dunn. You are very articulate on that. You shared
- 2653 a statistic, I believe, that is worth repeating. Florida, a
- 2654 State that spends about \$10,700 per student per year, has
- 2655 been able to essentially fully reopen its schools, while
- 2656 California, which spends about 38 percent more per student,
- 2657 has kept their doors closed.
- 2658 With your research on this issue, what role should the
- 2659 Federal Government play to incentivize the State governments
- 2660 to minimize screen time and return to the classroom?
- 2661 *Dr. DeAngelis. Well, it is not a good idea to pass
- 2662 stimulus bills that do not make the money contingent upon
- 2663 actually reopening the schools because then the schools can
- 2664 just get more money and then fail to reopen the schools,
- 2665 especially in context of my new study with Christos Makridis
- 2666 from MIT finding no relationship whatsoever in any of our
- 2667 models or analytic techniques between resources and reopening
- 2668 the schools in person.
- 2669 And as you pointed out, just looking at places like

- 2670 Florida and California, California spends 38 percent more per
- 2671 pupil per year according to the U.S. Census Bureau, and yet
- 2672 Florida is mostly --
- 2673 *Mr. Dunn. I am going to cut you off, Dr. DeAngelis,
- 2674 because I want to get to a couple more questions, but you
- 2675 have been very articulate and I appreciate your presence here
- 2676 today.
- Dr. Ameenuddin, thank you for your testimony. You
- 2678 worked as pediatrician. As a doctor myself, I know the
- 2679 challenges you face. I appreciate the work you do for our
- 2680 children.
- 2681 COVID-19 and the lockdowns have drastically changed the
- 2682 lives of all Americans, especially our students who find
- 2683 themselves sitting in front of a computer more and playing
- 2684 outside less, along with a complete absence of formal
- 2685 physical education.
- 2686 I noticed that Kelly Armstrong had been a high school
- 2687 coach at one time. He knows this.
- In your testimony, you recommend specifying times where
- 2689 families turn off the screens and play. Can you speak to the
- 2690 long-term impacts of less outside play and physical education
- 2691 that students have experienced over the last year?
- 2692 *Dr. Ameenuddin. Sure. Thank you, Representative Dunn.
- 2693 Well, I have an opportunity to refer you to another AAP
- 2694 policy on the importance of play and the importance of making

- 2695 sure that children have a safe environment to play in
- 2696 outside.
- You specifically asked about the long-term impacts of
- 2698 essentially sedentary activity and lack of physical activity.
- 2699 You know, we have known for years, as we have seen screen
- 2700 time increase, device use increase, that non-active time is
- 2701 not a good thing for kids.
- 2702 I have been working with --
- 2703 *Mr. Dunn. I am going to ask you to put that in the
- 2704 written responses because my time is elapsed.
- 2705 *Dr. Ameenuddin. Okay.
- 2706 *Mr. Dunn. I am also going to ask you to conjecture in
- 2707 response to that question. You know, we know that a lot of
- 2708 screen time is bad for kids. Is it also bad for members of
- 2709 Congress?
- 2710 So I would like to, you know, consider that option
- 2711 because I think it is. [Laughter.]
- 2712 I yield back, Madam Chair.
- 2713 *Ms. Schakowsky. Okay. Congresswoman Rice, it is your
- 2714 5 minutes for questions right now.
- 2715 *Miss Rice. Thank you, Chairwoman Schakowsky.
- 2716 Ms. Johnson, I would like to ask you a question.
- 2717 In 2019, the New York State Attorney General and the FTC
- 2718 secured a settlement from Google and YouTube for \$170 million
- 2719 for violating the COPPA. The settlement required Google and

- 2720 YouTube to pay \$136 million to the FTC and \$34 million to New
- 2721 York for violating COPPA.
- The \$136 million penalty is still, I believe, the
- 2723 largest amount the FTC has ever obtained in a COPPA case
- 2724 since Congress enacted the law in 1998.
- 2725 Despite that enormous amount of money, two Commissioners
- 2726 voted against it citing that the penalty did not go far
- 2727 enough, and one of the reasons was because of the cost of
- 2728 doing business. A hundred and seventy million dollars is
- 2729 nothing compared to the billions of dollars that these
- 2730 companies make from ad revenue.
- 2731 So in your opinion, Ms. Johnson, have these penalties
- 2732 been an effective deterrent for companies who violate the
- 2733 laws that are meant to protect children's privacy?
- 2734 And if not, what steps can the FTC take to deter
- 2735 violations?
- I hope we really are going to be able to consider
- 2737 Congresswoman Castor's bill because I think it moves to fix
- 2738 just one aspect, but just in your opinion, you know, is it
- 2739 effective?
- 2740 And if not, how can we make it effective?
- 2741 *Ms. Fox Johnson. Thank you, Representative Rice.
- We agree with the dissenting Commissioners that, in my
- 2743 opinion, it is not effective. Google is still able to profit
- 2744 off of its activity, and for them \$170 million was so small

- 2745 that they did not even have to report that to investors.
- 2746 They also got the sort of first mover advantage of
- 2747 taking a bunch of children's personal information, collecting
- 2748 that in violation of law, and being able to design better
- 2749 targeting and more addictive and attractive products for
- 2750 kids, and that is not something that they are going to give
- 2751 up, you know, even if they delete, which sometimes companies
- 2752 do not always delete as they are supposed to, the data later
- 2753 on.
- 2754 I think that we have seen with this settlement and with
- 2755 other settlements in the privacy space -- you know, we
- 2756 objected to the Facebook settlement -- these are not
- 2757 meaningful deterrents for companies.
- 2758 And so things that the FTC could do, luckily with COPPA
- 2759 it has several penalty authorities, but those fines could be
- 2760 increased. It could get civil penalty authority from
- 2761 Congress in other privacy situations. It could get
- 2762 rulemaking authority.
- 2763 Right now in general privacy cases, it does not even
- 2764 have the ability to fine for the first time of a violation.
- 2765 In addition, we think the FTC needs more resources
- 2766 itself so it can bring cases. Attorneys General get more
- 2767 civil penalty authority and the ability to obtain penalties
- 2768 under COPPA.
- 2769 And then also if you let parents sue on behalf of their

- 2770 kids, that is another way to increase enforcement and to
- 2771 improve the landscape.
- 2772 *Miss Rice. So I am glad you brought up the States'
- 2773 Attorneys General. You know, New York has a very big office
- 2774 with enormous resources, but that is not true of every State
- 2775 in the country. And we want, I believe, State Attorneys
- 2776 General to play their crucial role in working with the FTC on
- these types of cases.
- 2778 So what tools do State Attorneys General need to
- 2779 continue to bring these cases like New York was able to do?
- 2780 *Ms. Fox Johnson. Yes, thank you.
- 2781 And New York is one of the sort of more technologically
- 2782 savvy Attorney General's Office, and that is something that
- 2783 the Attorney General's Office and the FTC, again, need more
- 2784 of, too. They need more technologists to understand what is
- 2785 going on sort of beneath the very opaque veneer of these tech
- 2786 companies, and we hear from Attorney General's Offices all
- 2787 the time because we work in a variety of different States
- 2788 that they do not have resources.
- 2789 You might get a great new privacy law, but they will
- 2790 only be able to bring, you know, one case a year maybe
- 2791 because they are up against tech companies and they are
- 2792 understaffed and under resourced.
- 2793 *Miss Rice. Well, that is always a big issue not just
- 2794 in this field but in others when you are dealing with

- 2795 cybersecurity issues or the issues that we are talking about
- 2796 today, that these private companies are able to attract all
- 2797 of the talent because of the enormous salaries that they can
- 2798 pay the government agencies like State AGs just simply
- 2799 cannot.
- Dr. Ameenuddin, just very quickly, expanding this
- 2801 protection to children between the ages of 13 and 17, what is
- 2802 the impact going to be?
- I mean, I have a 15-year-old niece, and I worry about,
- 2804 you know, the impact that these, you know, living their lives
- 2805 on social media, especially with all of this information
- 2806 coming up, and the impact, how this is going to help 13 to
- 2807 17-year-old vulnerable kids.
- 2808 *Dr. Ameenuddin. Yes, thank you, Representative Rice.
- I think the effect will be huge. I mean, so many teens
- 2810 are online. As you mentioned, they are living their lives
- 2811 online, even before the pandemic, but including children
- 2812 under 18 under these protections I think will have a huge
- 2813 impact on mental health, on multiple other issues, too. So
- 2814 thank you for asking that.
- 2815 *Miss Rice. Thank you all for being here.
- 2816 And I yield back, Madam Chairwoman.
- 2817 *Ms. Schakowsky. The gentlewoman yields back.
- 2818 And now I call on Representative Soto for 5 minutes of
- 2819 questions.

- 2820 *Mr. Soto. Thank you so much, Madam Chair.
- This hearing is about our children being increasingly
- 2822 brainwashed by sophisticated targeting pop-up ads, auto
- 2823 plays, and algorithms, among other techniques, and the result
- 2824 is they are spending more and more time online.
- 2825 Add in video game addiction, and we see a generation of
- 2826 kids becoming couch potatoes, racking up hours of screen
- 2827 time, and barely going outside.
- 2828 This puts our Nation's children, our Nation's future at
- 2829 risk. Parents are outreached and increasingly asking for
- 2830 Congress to act.
- 2831 Considering the critical subject, I was a little
- 2832 surprised to see an attempt to shoehorn fake GOP talking
- 2833 points about school reopenings into this very important
- 2834 hearing. So it is important to at least go over the facts
- 2835 briefly.
- 2836 Forty-one States, both Democrats and Republicans, do not
- 2837 have school opening or closing orders in place. They leave
- 2838 it to school districts.
- 2839 Five States have orders to reopen. Four States have
- 2840 orders to be partially open.
- 2841 So saying it is a Democratic or Republican trend is an
- 2842 absolute and total lie. The vast majority of States leave
- 2843 this to local school districts to make a decision, as they
- 2844 should because urban districts have different challenges than

- 2845 suburban and rural districts, all in my district.
- 2846 Affluent families have more resources for their children
- 2847 to learn from home. Many American families have to go to
- 2848 work and need their children to attend in-person schools.
- 2849 Add in health complexities of students and other
- 2850 difficulties, and local school districts and families need
- 2851 this flexibility.
- In Central Florida, I supported schools reopening like
- 2853 many Democrats in our State. So what are you really talking
- 2854 about? My wife taught in the public schools at the peak of
- 2855 the pandemic in July and August of last year in Central
- 2856 Florida in the classroom with a mask on, socially distanced,
- 2857 with kids having plastic barriers.
- 2858 She is a member of the teachers' union. She cares about
- 2859 her students and taught them in school without a vaccine
- 2860 risking her life for the students.
- 2861 So I find it shocking that no one here today has even
- 2862 mentioned the hundreds of teachers who have died of COVID-19.
- 2863 The students have died. In Florida, we have already had
- 2864 45,000-plus cases of students, nearly 5,000 teacher cases of
- 2865 COVID-19, 3,000 COVID staff cases, and 7,000 other COVID-
- 2866 related public and private K through 12 school cases.
- 2867 Bashing teachers' unions is so predictable for some of
- 2868 you. Actually fixing the problem takes work. When we passed
- 2869 the bipartisan Coronavirus Stimulus Relief Act in December,

- 2870 some of our colleagues across the aisle joined us. Thank
- 2871 you.
- Fifty-three of you, including some on this committee,
- 2873 voted against school coronavirus relief funds. Then just
- 2874 yesterday all of you voted against the American Rescue Act.
- So what are you talking about? You are complaining
- 2876 about opening schools, then voting against funding for them
- 2877 to do so safely. That is absolutely absurd, and the American
- 2878 people know it.
- 2879 Turning back to the subject at hand, many parties have
- 2880 opted for distance learning, and this has exacerbated these
- 2881 online addictions. So I want to go to the KIDS Act briefly
- 2882 that Cathy Castor had put together, and I want to talk to Ms.
- 2883 Johnson first.
- 2884 What are, you think, the most important parts of the
- 2885 KIDS Act that we need to pass right away, like auto banning
- 2886 and banning push alerts and banning badges?
- 2887 *Ms. Fox Johnson. Thank you, Representative Soto.
- I think that we need to pass all aspects of the KIDS
- 2889 Act, but the manipulative design that keeps kids hooked and
- 2890 the protections that would prevent against the
- 2891 commercialization of our children and marketing are really
- 2892 important.
- I also think it is important to note I would be remiss
- 2894 in not mentioning that schools use a lot of technology, too,

- 2895 and we need to update our student privacy laws and other
- 2896 privacy laws because wherever kids are learning, whether they
- 2897 are in the classroom or not, a lot of these schools have
- 2898 bought computers and new technology, and they are going to
- 2899 keep using it no matter where kids are, and we need to keep
- 2900 kids protected and safe.
- 2901 *Mr. Soto. Thanks so much, Ms. Johnson.
- 2902 Dr. Ameenuddin, what do you think are the most critical
- 2903 parts of the KIDS Act that we need to pass right away?
- 2904 *Dr. Ameenuddin. Well, thank you for that question,
- 2905 Representative Soto.
- 2906 Again, I am going to go back to our AAP recommendations,
- 2907 which are nicely outlined in our digital ad policy.
- I think number one thing is to expand COPPA to ban
- 2909 targeted advertising to children under 18 and also to make
- 2910 sure that they have the highest privacy levels possible and
- 2911 to really stop online tracking and data collection of kids.
- 2912 Those are the two most important things.
- 2913 *Mr. Soto. Thanks so much.
- 2914 This is a really important subject. I am glad we are
- 2915 handling it today, Madam Chair. We know with kids being at
- 2916 home, distance learning, some of them by parents' own choice,
- 2917 that we have to step up our ways to protect our kids online.
- 2918 And I yield back.
- 2919 *Ms. Schakowsky. Thank you. I really want to thank you

- 2920 for your testimony and your remarks, Mr. Soto.
- 2921 And now Angie Craig, Congresswoman Craig, it is your 5
- 2922 minutes. Take it away.
- 2923 *Ms. Craig. Thank you so much, Madam Chairwoman, and
- 2924 thank you for holding this incredibly important hearing
- 2925 today.
- 2926 Dr. Ameenuddin, I also want to thank you for
- 2927 representing the Mayo Clinic so well in the great State of
- 2928 Minnesota and for helping to keep our kids and our families
- 2929 safe and healthy. I am just thrilled that you are on our
- 2930 panel and I get to ask you a few questions.
- 2931 So I would like to start with kids online during COVID
- 2932 and just share that as the mother of four boys, I know it can
- 2933 be a challenge to consistently and diligently enforce limits
- 2934 on screen time for our kids and particularly during a public
- 2935 health crisis when so many of our children, our students have
- 2936 been learning remotely or partially hybrid.
- 2937 This, in fact, was the case for our youngest son, who is
- 2938 a senior in high school this year, and I guess our own
- 2939 experience in our family is that it becomes harder as kids
- 2940 get older and they become more independent, which is why I
- 2941 think that trying to instill good habits and stricter limits
- 2942 on younger kids is so important.
- 2943 But parents trying to do the best thing and start these
- 2944 habits early really do face an uneven playing field as they

- 2945 try to compete in a digital ecosystem that, as you know, is
- 2946 replete with features intended to influence user behavior
- 2947 while maximizing product use and engagement.
- 2948 So, Doctor, in terms of the policy recommendations to
- 2949 Congress that you have made in your testimony today, would
- 2950 you consider any of them being particularly critical as you
- 2951 sort of segment it to younger children, those age two to ten,
- 2952 for example?
- 2953 *Dr. Ameenuddin. Well, hello, Representative Craig. I
- 2954 am thrilled to be reaching you from Southeast Minnesota.
- 2955 Thank you for that question.
- Number one, I just want to say, you know, I hear you.
- 2957 The concerns you expressed about children and parents having
- 2958 a hard time is absolutely what I have been hearing from
- 2959 pretty much all of my patients here today.
- 2960 And so in looking at, you know, how to protect kids, you
- 2961 know, around ages two to ten, what are the most important
- 2962 things? Again, I think that we should make sure that there
- 2963 are not any loopholes in COPPA. Even though technically they
- 2964 are not supposed to target advertising or gather information
- 2965 on children under 13, there are just huge loopholes.
- 2966 So I think the more we can do to tighten up those
- 2967 loopholes, to ensure that there is appropriate enforcement,
- 2968 if there is any sort of breaking of those rules, would be
- 2969 absolutely critical.

- 2970 *Ms. Craig. Well, thank you so much.
- 2971 You also mentioned in your testimony the need for more
- 2972 research on the effects of advertising and digital media in
- 2973 children, and I certainly could not agree more with that
- 2974 recommendation as well.
- I have a follow-up question, and I want to direct this
- 2976 to Ms. Fox Johnson. I appreciate that you have provided us
- 2977 with a number of policy recommendations as well from your
- 2978 perspective at Common Sense.
- 2979 Are there any of these recommendations, again, that you
- 2980 feel would be particularly helpful for parents with younger
- 2981 children who could be thinking about limiting their screen
- 2982 time and what they are exposed to online?
- 2983 *Ms. Fox Johnson. Thank you, Representative Craig.
- 2984 That is a great question.
- 2985 I think the KIDS Act would be particularly beneficial
- 2986 for young children, and another thing that would be
- 2987 particularly beneficial for young children would be the
- 2988 CAMERA Act, the Children and Media Research Advancement Act.
- 2989 In passing that, it would give funding so we could better
- 2990 study the long-term longitudinal effects of all kinds of
- 2991 technology on kids, including really young kids.
- 2992 As you have heard today, there is discussion about how
- 2993 social media affects teens, which way, and that would be
- 2994 really incredible to have studies funded, you know, not by

- 2995 the industry.
- 2996 *Ms. Craig. Well, I appreciate so much the two of you
- 2997 being here.
- 2998 And with that, Madam Chair, I will yield back a minute
- 2999 of everyone's life.
- 3000 *Ms. Schakowsky. Next let me call on Mrs. Fletcher.
- 3001 Are you still here?
- 3002 *Mrs. Fletcher. Yes. Thank you so much, Ms.
- 3003 Schakowsky.
- 3004 *Ms. Schakowsky. Thank you for waiting. Five minutes
- 3005 for questioning.
- 3006 *Mrs. Fletcher. Thank you.
- 3007 I am here and I really appreciate you organizing today's
- 3008 hearing. I have appreciated the testimony of our witnesses,
- 3009 both the written testimony that has been submitted, and
- 3010 hearing from you all today has been really very helpful in
- 3011 working through these issues that communities across the
- 3012 country, including mine, are facing throughout this pandemic,
- 3013 and more broadly, these concerns about keeping kids online
- 3014 safely, increasing use of digital media, and how we move
- 3015 forward is really important.
- 3016 So I have a few questions and I want to follow up on
- 3017 some of the things some of my colleagues have asked. Ms. Fox
- 3018 Johnson, I want to start with you.
- 3019 In your testimony you shared that 75 percent of children

- 3020 between the ages of eight and 11 cannot distinguish ads from
- 3021 other content, and I think this is really important to kind
- 3022 of throw down on this.
- 3023 You also mentioned that students or children who see
- 3024 only apps are significantly more likely to use those
- 3025 products, and you touched on this briefly in response to
- 3026 Representative Dingell's questions.
- One of the things you mention is that kind of the
- 3028 hashtag ad sponsored media post just is not sufficient.
- 3029 So can you talk a little bit more about what research
- 3030 has been done to indicated change in consumer habits,
- 3031 especially in children, about when an ad is properly
- 3032 identified or when it is not, and maybe even more broadly
- 3033 kind of research efforts that you would recommend to be able
- 3034 to determine what we can do that will be sufficient.
- 3035 *Ms. Fox Johnson. Thank you, Representative Fletcher.
- 3036 So research shows that really young kids, four, five,
- 3037 you know, they do not even know that an ad is an ad, and as
- 3038 kids get older, they do not know that an ad's purpose is to
- 3039 sell them something.
- 3040 A lot of these studies were done with traditional media.
- 3041 So now it is even more confusing with native content on the
- 3042 Internet you might think you are reading a Teen Vogue article
- 3043 and then not realize that Facebook has, in fact, sponsored
- 3044 it.

- 3045 You might be playing a game and not realize that Coca-
- 3046 Cola has paid for the game.
- 3047 You may be watching a boxing video and not realize that
- 3048 that is product placement.
- 3049 So the research shows that kids do not understand this
- 3050 stuff, and the Internet has made it much more confusing, and
- 3051 also these ads can be more problematic for kids because they
- 3052 are personally targeted to them, designed specifically to
- 3053 appeal to that individual based on what they have done in the
- 3054 past.
- We need more research. As I mentioned, we need things
- 3056 like the CAMERA Act. We need research that is funded by NIH
- 3057 and by independent entities so that it is not all the
- 3058 companies knowing what is most effective based on their own
- 3059 research.
- 3060 *Mrs. Fletcher. Thank you.
- 3061 And kind of on a related note, I agree. I think a lot
- 3062 of this legislation is really important for us to be looking
- 3063 at and moving, and especially when it comes to the research
- 3064 and making sure that we're looking at research at NIH.
- But, you know, one of the challenges we face in Congress
- 3066 is that it does take a while to respond, and so, yes,
- 3067 technology continues to adapt and change. You know, how do
- 3068 we make sure that the tools that are in place stay up to
- 3069 date?

- 3070 How do we make sure that [audio malfunction], for 3071 example, is inclusive of new developments and can respond to 3072 the quickness of technology that moves a whole lot faster 3073 than Congress, and that is for the [audio malfunction]? 3074 You mentioned better resources for the FTC earlier. 3075 What do you think we can and should do? 3076 *Ms. Fox Johnson. If you give the FTC more funding, 3077 they will be able to hire more technologists. They will be 3078 able to hire more attorneys and other experts. We and others 3079 have proposed having a division specifically focused on kids 3080 or specifically focused on privacy and technology at the FTC. 3081 Another really important tool for the FTC that we have 3082 seen with COPPA is the rulemaking authority. You know, COPPA 3083 was passed over 20 years ago, but happily it was at least updated in 2013 by the FTC. So any future laws should give 3084
- 3087 *Mrs. Fletcher. Thank you very much.

3085

3086

And I just have a few more seconds, but I would like to direct my last question to Dr. Ameenuddin.

are, you know, not as nimble as tech companies.

them the ability to be a little more nimble even though they

- 3090 What do you wish had been in place, both in terms of 3091 digital infrastructure and safeguards, prior to the pandemic 3092 in order to help families manage this difficult time?
- 3093 *Dr. Ameenuddin. So thank you, Representative Fletcher.
- 3094 Essentially what I wish for is what we have outlined and

- 3095 recommended from the American Academy of Pediatrics for
- 3096 years, which would be stronger protections, no targeting for
- 3097 kids under 18, and really kind of closing those loopholes
- 3098 that unfortunately tech companies can exploit.
- 3099 So, yes, ideally, everything that has been on our wish
- 3100 list for years, but thank you.
- 3101 *Mrs. Fletcher. Well, thank you for that, and it
- 3102 coincides with the end of my 5 minutes.
- 3103 So, Madam Chairwoman, thank you so much. I yield back.
- 3104 *Ms. Schakowsky. Thank you.
- 3105 The gentlelady yields back.
- 3106 So welcome people who are not on the subcommittee to
- 3107 come and ask questions, and in this case, we have two people,
- 3108 and I am going to call first on Congressman Walberg.
- Five minutes of questioning for you.
- 3110 *Mr. Walberg. I thank the gentlelady, and I appreciate
- 3111 the opportunity to join this subcommittee today on a very,
- 3112 very important hearing that I think that we hear a lot of
- 3113 bipartisanship about as well. So I appreciate that.
- 3114 Families in my district tell me day after day that their
- 3115 children are frustrated. They are lonely and sad. Kids who
- 3116 once were good students and athletes are now struggling with
- 3117 depression and anxiety.
- One parent who wrote me recently described the feeling
- 3119 as simply being trapped, totally trapped, and I have been

- 3120 advocating to safely open schools since last summer. I think
- 3121 it is time, frankly, to do it. It is unacceptable for
- 3122 leaders in charge to be dragging their feet for political
- 3123 purposes at the expense of our children. Again, my opinion.
- 3124 I would though like to give Dr. DeAngelis a moment to
- 3125 respond to some of my colleagues' statements regarding his
- 3126 testimony. Dr. DeAngelis is an expert witness on how our
- 3127 kids are being impacted by constantly being online. He has
- 3128 important evidence from medical and academia professionals
- 3129 about this having the impact it is having on them. He
- 3130 deserves to be heard.
- 3131 So, Dr. DeAngelis, would you like to speak briefly, and
- 3132 please briefly, about the political dynamics regarding school
- 3133 reopening decisions.
- 3134 *Dr. DeAngelis. Yes, absolutely. We cannot just sit
- 3135 here and cover our ears acting like the teachers' unions have
- 3136 had nothing to do with fighting against the reopening of
- 3137 schools for in-person instruction every step of the way in so
- 3138 many places.
- In every single study that has been done on the topic,
- 3140 and there have been about a handful and I have done one or
- 3141 two of them, have found that the strongest indicators of
- 3142 reopening in person, all else equal after throwing in a ton
- 3143 of controls into the models, is political partisanship and
- 3144 strength of the teachers' unions in the local area.

- 3145 There has been a Brown University paper on this. There
- 3146 is a full upcoming publication in Social Science Quarterly
- 3147 that has looked at this.
- 3148 Brookings University Scholar has also. Jon Valant has
- 3149 also found, using the national data, that COVID risk did not
- 3150 predict the reopening of schools, but that the political
- 3151 partisanship in the air [audio malfunction].
- 3152 *Mr. Walberg. Did we lose him? Am I still on?
- 3153 *Ms. Schakowsky. Yes, Mr. Walberg, you are still on.
- 3154 *Mr. Walberg. But we lost Corey.
- 3155 But I think he made some strong points there, and I am
- 3156 not going to suggest that there was any untoward action to
- 3157 cut him off at all.
- 3158 *Ms. Schakowsky. Thank you for that.
- 3159 *Mr. Walberg. That is the challenge we face with this,
- 3160 you know. So I get it. I get it.
- 3161 Madam Chair, as I mentioned at the beginning of this
- 3162 hearing, I am proud to introduce, re-introduce the Protect
- 3163 Kids Act with my good friend and colleague, Congressman Rush.
- 3164 The bill represents, I believe, a reasonable, common sense,
- 3165 and bipartisan agreement that better reflects the realities
- 3166 of today's online world and strengthens children's digital
- 3167 safety.
- 3168 Currently the Children's Online Privacy Protection Act,
- 3169 or COPPA, imposes requirements on Website operators that

- 3170 specifically deal with information, personal information, of
- 3171 children 13 years of age and younger.
- I would like to turn to Ms. Fox Johnson, and thank you
- 3173 for being here. I understand that my time is limited. So if
- 3174 you could answer me just yes or no, and I hate that request,
- 3175 but I have to ask you this time.
- Do you agree that the COPPA law has by and large
- 3177 succeeded in Congress' intent to protect children's digital
- 3178 footprint and remains to a great degree relevant today? Yes
- 3179 or no.
- 3180 *Ms. Fox Johnson. No.
- 3181 *Mr. Walberg. Thank you.
- I understand you have also authored a piece called
- 3183 "Thirteen Going on 30." One of your conclusions is to
- 3184 extend COPPA beyond 13 years of age, to include adults as
- 3185 well.
- 3186 Is it fair to say that you would support a strong
- 3187 national standard without a private right of action, as COPPA
- 3188 has succeeded in doing?
- 3189 Again, be brief if you can.
- 3190 *Ms. Fox Johnson. I can't speak to whether the private
- 3191 right of action without knowing what is in the bill, but one
- 3192 of COPPA's shortcomings is that it does not cover anyone over
- 3193 13 and sites can pretend like it does not apply to them, and
- 3194 so if it applied to everyone, they could no longer pretend

- 3195 that.
- 3196 *Mr. Walberg. Well, thank you.
- 3197 Madam Chair, I would just like to point out that while
- 3198 there are much needed reforms, COPPA has been a fairly
- 3199 effective law for 23 years without any private right of
- 3200 action.
- 3201 It needs to be amended. It needs to be updated. I
- 3202 agree, but I certainly would ask my Democratic colleagues to
- 3203 work in a bipartisan manner as Congressman Rush and I have
- 3204 done to modernize this law.
- Reforming the law with a provision aimed at helping
- 3206 trial lawyers certainly does not help kids.
- 3207 And with that I appreciate being involved, and I yield
- 3208 back.
- 3209 *Ms. Schakowsky. The gentleman yields back.
- 3210 And now I call on last, but certainly not least,
- 3211 Congresswoman Blunt Rochester.
- 3212 *Ms. Blunt Rochester. Thank you so much, Madam
- 3213 Chairwoman. Thank you for this important hearing.
- 3214 To Ms. Castor for your leadership on updating COPPA, and
- 3215 to the witnesses for attending this hearing, and also for
- 3216 your patience waiting for me to go last.
- 3217 When I chose to lead the House version of Senator
- 3218 Warren's DETOUR Act, it was because I was worried that
- 3219 everyone, especially children, would increasingly be

- 3220 exploited by manipulative digital practices known as "dark
- 3221 patterns.''
- 3222 Sadly, the testimony today confirms these concerns and
- 3223 these fears, and as a few of our witnesses testified, these
- 3224 trends are worse for lower wealth households, as children in
- 3225 them may spend significantly more time with screens than
- 3226 those of households with greater wealth.
- Worse still, this gap grows when considering race and
- 3228 ethnicity.
- 3229 And as many have noted, we all should have serious
- 3230 concerns for ethical and public health reasons. We may soon
- 3231 have a tech pessimistic generation that only sees the
- 3232 exploitive potential for the innovative technologies of the
- 3233 future.
- 3234 And so my question, and I will start with you, Ms. Fox
- 3235 Johnson, and it really follows up on the previous question
- 3236 that we just heard, some of the line of questioning.
- 3237 I believe Congress needs to act and address "dark
- 3238 patterns,'' such as design choices that are intended to
- 3239 manipulate individuals into using products or services
- 3240 without their consent or for a little personal gain,
- 3241 especially when applied to children.
- 3242 And we often see tech designs subverting parental
- 3243 choice, but you mentioned a troubling though natural parent-
- 3244 child relationship. As children grow older, their parents

- 3245 naturally supervise their behaviors less.
- 3246 So my first question is: for older kids and teens, do
- 3247 you believe that the subversion of their choice is a unique
- 3248 problem and why?
- 3249 *Ms. Fox Johnson. Thank you for that question,
- 3250 Representative Rochester.
- 3251 So we think that children and teens need to be
- 3252 recognized for their evolving capacities. So you should not
- 3253 treat a teenager exactly the same way that you would treat a
- 3254 young child.
- 3255 Teens still need special protections and safeguards, and
- 3256 we can think of them like training wheels or like your
- 3257 temporary driver's permit, right? They still need help, but
- 3258 they should be empowered and learning how to make more
- 3259 choices for themselves.
- 3260 The U.K. age-appropriate design code is an excellent
- 3261 example of this. It breaks kids into five different age
- 3262 groups and talks about meeting kids and teens where they are
- 3263 and doing things appropriate to their mental capacity.
- 3264 *Ms. Blunt Rochester. Excellent. And do we need more
- 3265 research to better understand how dark patterns affect teens?
- 3266 *Ms. Fox Johnson. One hundred percent. We need more
- 3267 research to understand how dark patterns affect teens, affect
- 3268 kids, affect adults, and that is one thing, especially with
- 3269 kids and teens, that the CAMERA Act would support.

- 3270 *Ms. Blunt Rochester. Do we know anything about how
- 3271 tech companies today are designing their products in relation
- 3272 to teens, such as making specific design choices or products
- 3273 that are targeted to this age group?
- 3274 *Ms. Fox Johnson. Yes. I mean, teens are like the
- 3275 canary in the coal mine, and they are also a very attractive
- 3276 commercial target for these tech companies, and they are
- 3277 designing their products to hook kids early and to keep them
- 3278 for life.
- 3279 *Ms. Blunt Rochester. I think my last question kind of
- 3280 goes to the issue of transparency with many of these tech
- 3281 companies. As you and my colleagues have identified, often
- 3282 personal information of minors is mined by these apps for
- 3283 commercial purposes, but it seems to go deeper than this in
- 3284 ways that we do not know.
- 3285 A few years ago Facebook gained infamy for conducting
- 3286 psychological experiments and behavioral studies on its users
- 3287 without their consent.
- 3288 Do these experiments and studies pull in children?
- 3289 And do we know if these studies have stopped or has the
- 3290 lack of transparency continued to be a significant problem?
- 3291 *Ms. Fox Johnson. These studies have definitely
- 3292 involved teenagers, and they have probably involved, for all
- 3293 we know, everyone on Facebook and social media company sites.
- 3294 One of the biggest problems with these studies is we are

- 3295 just finding out about them because there will be a leaked
- 3296 new report or a rogue employee. There is so much data that
- 3297 these companies have.
- 3298 You know, a researcher would have to get consent and go
- 3299 through processes. These companies can largely do whatever
- 3300 they want with all of the massive stores of data they have
- 3301 and conduct behavioral research on all of us without our
- 3302 knowledge.
- 3303 *Ms. Blunt Rochester. Thank you so much for answering
- 3304 that question.
- I will just say that I think one of my colleagues
- 3306 mentioned that there are opportunities for bipartisanship
- 3307 here. This is a vital area. I am so glad that Ms. Castor
- 3308 is, again, taking up the mantle on this.
- 3309 Thank you so much, Madam Chairwoman, for your leadership
- 3310 as we look at these issues that affect everyone, but
- 3311 particularly affect our children.
- Thank you, and I yield back the balance of my time.
- 3313 *Ms. Schakowsky. I thank you.
- 3314 And now I would like to give a hearty thank you to our
- 3315 witnesses for their participation in today's hearing.
- 3316 Before we conclude, I request unanimous consent to enter
- 3317 the following documents into the record, and there is quite a
- 3318 list:
- 3319 A written statement from the National Center for Missing

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3320
      and Exploited Children;
3321
           A letter from Prevent Blindness;
3322
           An article from Vox;
3323
           An article from the Chicago Sun Times;
           An article from the Globe and Mail, Inc.;
3324
3325
           An article from NPR;
3326
           An article from All about Ann Arbor;
3327
           An article from the World Health Organization;
3328
           An article from the New York Times;
3329
           An op-ed in the Chicago Tribune;
3330
           An op-ed in the Los Angeles Times;
           An article from the Wall Street Journal;
3331
3332
           An article from USA Today;
3333
           An article from the Arizona Daily Star.
3334
           If there are no objections, and I hear none, so ordered.
3335
            [The information follows:]
3336
3337
     *********COMMITTEE INSERT******
3338
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- 3339 *Ms. Schakowsky. I remind members that pursuant to
- 3340 committee rules, they have 10 days to submit additional
- 3341 questions for the record to be answered by the witnesses, who
- 3342 have appeared.
- I ask each witness to respond promptly to any questions,
- 3344 and I know there were some because people were running out of
- 3345 time, that you may receive.
- And at this time, with a lot of gratitude for the
- 3347 participation by the members and by the witnesses, the
- 3348 subcommittee is adjourned.
- 3349 [Whereupon, at 1:25 p.m., the subcommittee was
- 3350 adjourned.]