

Psychologist

Marriage & Family Therapist

Expertise Highlights

- Advanced EMDR
- Board Certified Clinical Hypnotherapist
- Auricular Therapy (Ear Acupuncture)
- Advanced Trauma Training
- Public Speaking (Radio, Workshops and Lectures)
- Washington Lobbyist for New Mexico Counselor Assoc.

Professional Experience

FAMILY HARMONY: ALBUQUERQUE, NM

February 2010 to Present

Owner/Agency Director

Owner of agency whose primary mission is to service individuals and families suffering the effects of life’s complicated and overwhelming stressors. The agency has a secondary mission in assisting those individuals suffering the effects of complex post-traumatic stress. A special focus is on military veterans and their families.

- Specialist in Post Traumatic Stress Disorder – utilizing a mind/body approach for maximum effectiveness in relieving all symptoms of PTSD.
- Key developer of Family Harmony goals, objectives, priorities, and policy direction recommendations for consideration by the Family Harmony Board of Directors.
- Presenting mental health information to a wide audience to include academia as well as various public forums.
- Contract therapist for Albuquerque Public Schools
- Presenter: Lectures
 - New Mexico Mental Health Counselors Association (2013)
 - American Mental Health Counselors Association: National Conference (2012, 2013)
 - American Counselors Association: National Conference (2012)
 - Rio Rancho Public Schools (2/2012) Albuquerque Public Schools (2/2012)
 - University of New Mexico - Chi Sigma Iota Honor Society (2010, 2011, 2012)
 - Kirtland Air Force Base - Sexual Assault Training (2010, 2011, 2013)
 - University of Phoenix (3/2010)

FORENSIC BEHAVIORAL HEALTH: ALBUQUERQUE, NM

July 2009 to October 2011

Doctoral Intern/Primary Trauma Therapist

- Specialist in Post Traumatic Stress Disorder:
 - Clientele includes, but not limited to...
 - Bernalillo County Sheriff Department
 - Albuquerque Police Department
 - Convicted felons and sex offenders

- Supervised Master's level interns.
- Conducted psychotherapy with complex clientele.
- Administered, scored, and interpreted psychological assessments.
- Wrote advanced psychological reports (intake, discharge, testing, etc).

LAMARR D. EDGERSON ENTERPRISES: ALBUQUERQUE, NM

January 2009 to February 2010

Private Practice

Individual & Family Therapist

- Specialist in Post Traumatic Stress Disorder.
- Provided quality psychotherapeutic treatment and case management to adults, adolescents, and children as well as in-situ behavioral counseling.
- Effective family advocate who often connected families to community resources as well as escorting families to social service or education meetings when needed.
- Contract therapist for Albuquerque Public Schools
- Washington lobbyist on behalf of New Mexico Counselor's Association: Medicare Inclusion
- Radio Guest: Montel Williams Air America.
- Presenter: New Mexico School Counselors Association. Topic: Post Traumatic Stress Disorder.
- Presenter: Webster University. Topic: Post Traumatic Stress Disorder.

FIRST NATIONS COMMUNITY HEALTH SOURCE: ALBUQUERQUE, NM

July 2008 to December 2011

Individual & Family Therapist

- Primary Trauma Therapist: Provided quality psychotherapeutic treatment to adults and adolescents using an eclectic approach for the purpose of resolving traumatic histories.
- Implemented and facilitated Pain Management program.
- Facilitator: Men's 12-step Anger Management Group therapy using evidenced based treatment modality.
- Coordinated the provision of mental health/substance abuse and case management services within the behavioral health department in order to facilitate patient care and follow-up.
- Utilized knowledge of complementary healing modalities, including EMDR, hypnosis and traditional Native American healing in order to better assist clients and make appropriate referrals.
- Served as an advocate for clients with other agencies in order to ensure they received benefits and services for which they were eligible.
 - Developed a coordinated referral system with other inner-agency programs in order to better facilitate access to medical services.
- Frequent Radio Guest: KKSS Albuquerque. Topics included Domestic Violence, PTSD, and Relationships.

SOUTHWEST FAMILY GUIDANCE CENTER: ALBUQUERQUE, NM

July 2005 to July 2008

Individual & Family Therapist

- Provided family and individual counseling for cases referred by insurance companies, medical providers, and word of mouth.
- Versatile and skilled therapist; provided quality psychotherapeutic treatment and case management to adults, adolescents, and children as well as in-situ behavioral counseling.
- Conducted in-home safety and therapeutic visits.
- Conducted counseling in Albuquerque Public Schools and education advocacy on behalf of the families.
- Effective family advocate who connected families to community resources as well as escorting families to social service meetings and medical appointments when needed.
- Promoted to team leader – responsible for mentoring five new therapists.
- Washington lobbyist on behalf of New Mexico Licensed Professional Counselors:
 - Target – Mental Health Parity.
- Staff Presenter: Topic: Post Traumatic Stress Disorder.
- University of New Mexico, Presenter: Topic: Post Traumatic Stress Disorder.
- Webster University, Presenter. Topic: Post Traumatic Stress Disorder.

HIGH DESERT FAMILY SERVICES: ALBUQUERQUE, NM

August 2004 to July 2006

Individual & Family Therapist

- Provided quality psychotherapeutic services and case management to adults, adolescents, and children residing in treatment foster care setting.
- Assessed family and community resources to meet client's after-care needs.

- Developed and coordinated individualized plans for successful stabilization.
- Routinely consulted with clinical staff and supervisors in referring cases to outside agencies and professionals.
- Sole agency trainer (certified instructor) for Nonviolent Crisis Intervention (CPI).
 - Trained entire staff and all providers – over 100 personnel.

HIGH DESERT FAMILY SERVICES: ALBUQUERQUE, NM

January 2003 to August 2004

Case Manager: Treatment Foster Care

- Responsible for coordination of all services provided to a caseload of up to 25 developmentally challenged children and adults, as well as the maintenance of all associated documentation (intra-agency, state, HMO...).
- Coordinated treatment team meetings and presented service information to clinical staff, medical providers, and treatment centers throughout the city and state.
- Coordinated an array of agency and out patient community based services.
- Assisted case managers in assessment, coordination of service and interagency communication.

UNITED STATES AIR FORCE: WORLDWIDE

December 1982 to February 2003

Dental Technician/Hygienist

Outstanding Leader – Supervised, instructed and mentored countless enlisted personnel.

- Assignments: Shaw AFB, SC., Kunsan AB, Korea., Mather AFB, Ca., Howard AB, Panama., Ramstein AB, Germany., Holloman AFB, NM., Spangdahlem AB, Germany., Kirtland AFB, NM.
- Non-Commissioned Officer in Charge of Dental Health program
 - Certified dental hygienist; provided optimum dental care and training to thousands of soldiers worldwide.
- Non-Commissioned Officer in Charge of Dental Health program
 - Provided community lectures, free exams, optimum service and care to countless number of children worldwide.
- Non-Commissioned Officer in Charge of Personnel Reliability Program
 - Responsible for security and welfare of personnel involved with sensitive weapons.
 - Responsible for security and distribution of dental records of individuals involved with sensitive weapons.

Education

UNIVERSITY OF THE ROCKIES, CO

Doctorate of Psychology, Clinical Psychology (Traumatic Stress): November 2012

UNIVERSITY OF PHOENIX, NM

Masters of Arts Counseling (Marriage and Family Therapy): July 2005

PARK UNIVERSITY, MO

Bachelor of Science in Social Psychology: January 2003

PARK UNIVERSITY, MO

Associates of Science in Social Psychology: January 2003

COMMUNITY COLLEGE OF THE AIR FORCE

Associate of Science in Dental Assisting: January 2003

Affiliations

Director at Large	American Mental Health Counselors Association (2012 – present)
Committee Chair: Membership	New Mexico Mental Health Counselors Association (2012- present)
Committee Member: Public Policy & Regulation	American Mental Health Counselors Association (2009 - present)
Past President	New Mexico Mental Health Counselors Association (2009 - 2011)
Member	New Mexico Mental Health Counselors Association (2005 - present)

Member	American Association of Marriage & Family Therapists (AAMFT)
Member	Eye Movement Desensitization and Reprocessing International Association
Member	International Medical and Dental Hypnosis Association (IMDHA)

Awards of Excellence

Commendation Medal: Recipient of five Medals of Commendation for Meritorious Service during active duty military service.

Honors

Award:	Leadership Award: New Mexico Mental Health Counselors Association	3/2014
Award:	Acknowledged by Abq Magazine as a TOP DOC for 2013	3/2013
Induction:	SALUTE: Veteran National Honor Society	9/2012
Induction:	Chi Sigma Iota, Upsilon Nu Mu Chapter, Association of College Honor Societies	8/2005
Member:	Manchester's Who's Who	2005-2006
Member:	National Dean's List	2004-2005

Volunteer

Give An Hour: (2009 – present) Volunteer to service the mental health needs of any Veteran or veteran family member.

Purple Heart Foundation (2009 – 2010) Volunteer member serving the needs of services members in a variety of ways from psychological assessments to trauma treatment.

Special Olympic Coach: (2003 – present) Dedicated and selfless coach of Special Olympics New Mexico Athletics (Bowling, Track & Field) competitions. Designs activities and models appropriate behaviors to demonstrate supportive teamwork. Program stresses appropriate peer relationships, social skills, commitment, hard work and the competitive spirit. Instills high levels of pride, self-esteem and courage.