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As a senior research fellow in the Grover M. Hermann Center for the Federal Budget, Rachel Greszler focuses on labor and retirement policies including: employment opportunities; independent work; women's issues; the minimum wage; federal employee compensation; paid family leave and other family-friendly workplace policies; Social Security; disability insurance, and pensions.

Her work focuses on policies that promote economic growth, individual freedom, and well-being.

Before joining Heritage in 2013, Greszler was a senior economist on the staff of the Joint Economic Committee of the Congress for seven years. She completed her graduate studies at Georgetown University, where she earned master's degrees in both economics and public policy. She also holds a bachelor's degree in economics from the University of Mary Washington.

Greszler, who grew up in a small town in Western New York, currently resides in Bethesda, Md. with her husband and six children.