

Biography for United States Congressman Pete Sessions

United States Congressman Pete Sessions, Chairman of the House Committee on Rules, is a conservative national leader. He has combined hard work, innovative thinking, and compassionate values to build a successful congressional career.

Congressman Sessions understands firsthand the needs of children with disabilities as well as the special joy and contributions they bring to their families and community. Congressman Sessions is the proud father of a Down syndrome young man. Alex is 23 years old, he earned his Eagle Scout award in November 2010, he competes in Special Olympics, winning gold, silver, and bronze medals, and he most recently started working at Home Depot in Dallas.

Congressman Sessions has always been a passionate advocate and leader in Congress for people with disabilities. As the leader sponsor, he worked tirelessly to enact the Family Opportunity Act, which gives states the option to create a Medicaid “buy in” for families of children with disabilities whose family income or resources are up to 300% of federal poverty level. As a result of years of his hard work and a conversation between Alexander Gregory Sessions and President George W. Bush, this monumental piece of legislation was signed into law in 2006. In addition, he played a critical role in passing the ABLE ACT which was signed into law in December 19, 2016.

Congressman Sessions is the co-chair of the Congressional Down Syndrome Caucus, which is committed to educating Members of Congress about Down syndrome, increasing research, and promoting public policies that enhance education, employment, and social participation opportunities for individuals with Down syndrome. Congressman Sessions has played a central role in supporting Down syndrome medical research at the National Institutes of Health as well as in the private sector.

In addition to his leadership in the House of Representatives, Congressman Sessions serves as Advisor to the President for Special Olympics Texas and has served as a board member of Best Buddies International.

Congressman Sessions’ work has earned him accolades locally and nationally, including the National Leadership Award from the National Down Syndrome Society. Other awards include the Leadership Award from the American College of Emergency Physicians, the Visionary Award from the American Academy of Ophthalmology, and the National Distinguished Eagle Scout Award.

Congressman Sessions lives in Dallas, Texas and is married to Karen Sessions. He is the proud father of two sons, Bill and Alex, and three stepsons, Conor, Liam and Nicholas. Congressman Sessions is extremely active in his community where he is an Adopt-A-Shoreline Team Leader in the effort to maintain White Rock Lake in Dallas and an Advisor to the President of Special Olympics Texas.