



Ashli Littleton
Ash-lee Little-ton

Ashli Littleton dedicated fifteen years to early childhood education as a preschool teacher, where she cultivated safe, nurturing learning environments and supported families with compassion, structure, and cultural awareness. Her commitment to service deepened when she was diagnosed with kidney disease, a journey that led her to become a long-term dialysis patient. For the past nine years, Ashli has received treatment at Dialysis Clinic, Inc. (DCI), an experience that has shaped her understanding of patient needs, systemic gaps, and the urgent importance of early kidney health education.

Today, Ashli serves as a certified Kidney Health Coach and an Ambassador for the American Kidney Fund, contributing to national awareness efforts and community outreach. She is also the co-founder of The 121 Directive, an emerging advocacy organization created alongside another kidney warrior to expand kidney health education, prevention awareness, and patient support within underserved communities. Through her lived experience, professional training, and unwavering dedication to public service, Ashli works to ensure that individuals and families facing kidney disease have access to knowledge, resources, and a strong, informed voice representing their needs.