



Shemya Wilson, MSW, LSW

Shemya Wilson, MSW, LSW is Parent Ambassador for Changent and a mental health therapist in private practice. She is a 2025 graduate of Changent, a program that supportively guided her through personal loss, higher education, and early motherhood. Driven by her passion for education and community building, she is the founder of HUGS (Helping Unite Generations in Sisterhood), an emerging grassroots mentorship initiative dedicated to fostering meaningful, intergenerational connections among women.

Shemya earned her Bachelor of Science in Criminal Justice with a minor in Africana Studies from Youngstown State University in May 2018, and her Master of Social Work from Walden University in May 2024, achieving her Social Work Licensure (LSW) shortly thereafter. Outside of her clinical and advocacy work, Shemya is a mother to a young son and enjoys fitness, reading, and family activities with her fiancé, Christian.