



ReShonda Young

Resident of Waterloo, Iowa and Owner of TnK Health and Nutrition

ReShonda Young is an entrepreneur, small business owner, and community leader from Waterloo, Iowa. She earned her BA from Wartburg College and has spent decades creating jobs and advocating for working families and small businesses. She founded Popcorn Heaven, a gourmet popcorn company launched in 2014 that expanded to multiple states before being sold in 2019, and she brings more than 25 years of experience as a landlord and real estate developer. A founding member of the Iowa Main Street Alliance, she serves on the board of the national Main Street Alliance and was recognized as a White House Working Families Champion of Change in 2015.

A widow and breast cancer survivor, ReShonda currently operates a health food store and receives health insurance coverage through the Affordable Care Act Marketplace.