

Julie Howell

Associate Legislative Director

Paralyzed Veterans of America

Julie Howell is a 5-year Army veteran who deployed twice to Iraq in support of Operation Iraqi Freedom. Her first deployment was during the initial assault working with a Patriot Missile Battery and during her second deployment she was attached to an infantry unit in the green zone as a female engagement specialist as well as a prison guard. After leaving the military she attended culinary school and worked as a chef for over ten years. In 2013, Julie returned to school and used her GI Bill to earn a BA in History and with the VR&E program she earned a master's degree in public policy. Prior to her work at Paralyzed Veterans of America (PVA), she began her veteran advocacy during undergrad in 2018 as a research and policy intern for Iraq and Afghanistan Veterans of America (IAVA). During grad school, she worked at the University of California at Santa Cruz (UCSC) as the Veteran Program Coordinator. In her current role at PVA, Julie leads the portfolio that addresses veteran economic opportunity issues, disability benefits, women veterans, as well as policies impacting the broader disability community around employment and housing.