

Lula Tynes Skowronek, LICSW

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Education

University of Connecticut

West Hartford, CT

M.S.W., August 1993

Major: Casework, Minor: Policy and Planning

Smith College

Northampton, MA

B.A., May 1989

Major: Sociology, Minor: English Literature

Experience

United Way of Central Alabama

Priority Veteran, Director

November 2015 – present

- Oversee the program operations for veterans and military families to include statewide partner networks, program sites and activities, and the board of directors.
- Primary liaison with the Veterans Administration, SSVF Program office, and Homeless Continuums of Care
- Develop and maintain state-wide collaborative partnerships with federal, state, and community-based organizations that promote effective services to veterans
- Increase awareness and capacity of Priority Veteran as an intermediary for veterans and military families statewide
- Ensure compliance with all agency, local and/or state, federal, funder, and CARF regulations and guidelines
- Oversee outcomes of all program activities to ensure objectives are met
- Coordinate Priority Veteran's Continuous Quality Improvement Plan
- Ensure program operations, data, and reports are accurate
- Prepare written reports and fully researched proposals as required by Priority Veteran, UWCA Senior Staff, VA, Chief Operating Officer and SSVF Regional Director.
- Actively participate in fund development that supports the work of Priority Veteran

Gateway

Executive Director, The Alliance

October 2013 – 2015

- Provided administrative oversight and direction to a partnership of Gateway, Glenwood, Children's Aid Society, Agape of Central AL, Agape of North Alabama and Childhaven
- Responsible for the operations of a specialized assessment and therapeutic foster care program in Birmingham, and in-home family reunification services in Birmingham, Montgomery, Huntsville and Florence

- Responsible for the recruitment, selection, and ongoing supervision of twenty Alliance personnel employed by the six partner agencies
- Developed and implement program goals, objectives, and plans of operation. Develop operational policies and procedures and update as needed
- Established program budget of \$1.8 million, and monitored program expenses
- Responsible for direct client care and services of the agency
- Conducted semiannual supervisor training on “Assessing and Developing Staff”
- Represented Gateway on the Jefferson County Children’ Policy Council and the Magic City Acceptance Project

Program Director, FOCUS (Family Outcome Centered Unification Services)

April 2011 – October 2014

- Oversaw all aspects (clinical, supervisory, budgetary, accreditation) of the FOCUS Program
- Coordinated referrals with the Department of Human Resources
- Supervised staff, managed personnel issues, completed employee performance evaluations
- Co-wrote Request for Proposals and grant applications
- Provided weekly clinical supervision to Gateway social workers seeking licensure
- Assessed needs and coordinated training for clinical staff across Gateway programs
- Developed and ensured implementation of operational policies and procedures
- Participated in the development of program budget and monitor program expenses
- Sought new program opportunities through grant writing and collaboration
- Interim Clinical Supervisor for Therapeutic Foster Care
- Interim Program Coordinator for Alliance Continuum – North Alabama, Montgomery, Mobile

Program Director, Family Counseling Birmingham

March 2004 – April 2011

- Coordinated all aspects (clinical, supervisory, budgetary, accreditation) of the Family Counseling Birmingham Program
- Coordinated Adolescent Day Treatment Program; hired staff, provided administrative and clinical oversight (2007 – 2011)
- Provided clinical oversight for the Psych Under 21 program (2006 – 2011)
- Maintained a small caseload of therapy clients
- Led the Adult Incest Survivors therapy group

Clinical Supervisor

April 1997-February 2003

- Managed a caseload of 10-15 clients, providing individual, family and couples therapy
- Provided clinical supervision to 3-4 outpatient therapists; reviewed charting, co-led peer supervision group, addressed individual supervision issues
- Supervised Intake staff, acted as back up Intake worker, addressed clinical questions
- Represented Gateway on committee to develop a needs assessment for gay/lesbian youth in the Greater Birmingham area

Therapist/ Intake Worker

September 1993 – April 1997

- Managed caseload of 10–15 clients, providing individual, family and couples therapy
- Coordinated intake services for outpatient office, provided telephone screening of potential clients, scheduled intake appointments, maintained updated list of community resources, provided crisis intervention or information and referral as needed

Additional Experience

Steering Committee – Magic City Acceptance Project

June 2013 – present

Jefferson County Department of Human Resources Quality Assurance Committee

June 2011 – present

Board of Directors – Creative Montessori School

2003- 2010

Trainings

Developed and led the following professional trainings:

- Trauma-Informed Care in Child Welfare
- Ethical Issues in Counseling
- Understanding and Treating Sexual Abuse
- Assessing and Motivating Employees
- Working with LGBTQ Youth and Their Families