

CIURRICULUM VITAE

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OVERVIEW

Born to a military family in Seoul, Korea in 1948, we traveled the globe extensively until settling in San Antonio, Texas in 1958. After graduating from the University of Texas in 1972, I served briefly in the Navy Nurse Corps at the end of the Vietnam war. After a few months as a civilian I was selected for an Army scholarship to do graduate work in trauma nursing. However, the bulk of my Army career targeted hospital infection control and epidemiology. My assignments included various stateside locations as well as Europe and Korea.

Since retirement I have been mostly self employed and have owned several businesses, most of which involved elder care but included health insurance, medical care management and vacation property rental.

My study of PTSD began when I abruptly realized that my deceased father, a WWII Silver Star winner, had profound PTSD. My despair and shame for not having recognized that in him led me to a relentless quest to understand PTSD...its cause, history, treatment, social ramifications, national and global impact and potential future paths. My lack of allegiance to any particular discipline (ie. psychology, sociology, psychiatry, etc.) has yielded a broad perspective of the issues which provides the clarity to see not only the trees but also the forest of PTSD related issues confronting this nation.

In the Spring of 2013 I taught an extension class at our local college entitled Combat PTSD....the facts and the future. At the end of the class the students stood and demanded to continue to meet to learn more about PTSD with the intention of doing something to improve the way we provide for our impacted veterans and their families. This grassroots initiative has become AMOH....A Matter Of Honor which is a non-profit organization dedicated to teaching Americans about PTSD. Education

of the population is an elementary and critical step in quelling any epidemic. America seems to have forgotten this step in managing the PTSD epidemic as our searches have revealed no other organization in this land dedicated to such a purpose. We intend to bridge that gap, knowing that an educated America will mandate change leading to better care for our warriors.

EDUCATION

- 1972 BSN (Cum Laude) from The University of Texas Health Science Center, San Antonio
(courtesy of a US Navy scholarship)
- 1976 MS Trauma Nursing from Texas Woman's University, Houston, Texas
(courtesy of a US Army scholarship)
- 1976 – 1994 Various military schools and training programs including but not limited to multiple courses in Infection Control and management training, Command and General Staff College and Biological Warfare schooling. CDC instructor certified in Infection Control in 1984
- 2006 Esalen Institute Big Sur, CA Intuitive Development Course
- 2006 Monroe Institute, VA Gateway Course to Consciousness Development
- 2007 Arthur Findley College of Spiritualism, Essex, England Mediumship Development
- 2007 Master Level Reiki (MRT) certification, Traverse City, MI
- 2009 PTSD Veterans conference Blairsville, GA War and the Soul; Ed Tick
- 2008-2011 Atlantic University, Virginia Beach, VA 15 hours of graduate level courses in the study of consciousness
- 2008 – 2013 Sedona, Az, Virginia Beach, VA., Wapaca, WI. Big Rapids, MI. Multiple courses in hypnosis and past life regression therapy.
- 2010 Master Hypnotherapist (MHT) certification Kill Devil Hills, North Carolina
- 2013 Omega Institute, Rhinebeck, NY Conference on PTSD and Alternative Healing Therapies

From 2006 to present date I have been in continuous self directed study to learn about PTSD, especially as it relates to combat, to understand the past, present and future of the cause and treatment of PTSD as well as its impact on our society

WORK EXPERIENCE

- 1972 – 1974 US Navy Nurse corps. scholarship program at University of Texas and duty at St. Albans Navel Hospital, Queens, NY. Released as a Lieutenant Junior Grade (LTJG)
- 1974-1994 US Army Nurse Corps. Varying assignments and schools stateside as well as in Europe and Korea. Served as the Infection Control consultant to the Surgeon General of Europe from 1984 to 1986 and as the Infection Control consultant to the Surgeon General of South East Asia from 1986 to 1988. Retired from Fort Benning, GA in 1994 as a Lieutenant Colonel (LTC)
- 1994 -1995 Instructor at Columbus College School of Nursing, Columbus, GA
- 1995- 1996 Medical Case Manager for Crawford and Company, Columbus, GA
- 1996 -1999 Established and operated Fletcher's Healthcare Management, Inc which provided case management of workers compensation claimants for insurers and the US government. This successful venture employed a full time secretary and two RNs at the time it was sold in 1999.
- 2000- 2006 Owner of several business in FL and MI including 3 franchises of Home Instead Senior Care, Finding Joy (an adult day care facility) Eagle Administrators (a third party administrator) and The Fletcher Group (an insurance agency dedicated to a limited benefit insurance plan suitable for the millions who could not afford major medical insurance and had an income too high to qualify for Medicaid)
- 2006 to present Owner and manager of Namaste Island, a vacation rental property in Traverse City, MI
- 2013 to present Volunteer lecturer at Northern Michigan College on Combat PTSD
Founder and Executive Director of AMOH...A Matter of Honor

AWARDS AND HONORS

Military Awards: Vietnam Service Medal, Army Commendation Medal with 2 clusters, Order Of Military Medical Merit, Meritorious Service Medal with 2 clusters and the Legion of Merit.

Civilian Award: 2013 Zonta Veteran of the Year, Traverse City, MI

Honor: Member Sigma Theta Tau, the scholastic organization recognizing excellence in nursing.

UNIQUE EXPERIENCES

While stationed in Korea I had the opportunity to establish a program between the 121 Evacuation Hospital and Angel's Haven orphanage. This program provided food, clothing, housing improvements, medical care, dental care and psychological services to this struggling and over populated institution. Until A Matter Of Honor, this program, which lasted at least two decades and may still be in existence, has been the most meaningful contribution of my lifetime.