



Parthasarathy – Short Bio

Dr. Sairam "Sai" Parthasarathy is the Murray and Clara Walker Endowed Chair, Chief of the Division of Pulmonary, Allergy, Critical Care and Sleep Medicine, and Founding Director of the UAHS Center for Sleep, Circadian and Neurosciences Research Center at the University of Arizona. He is board-certified in Pulmonary, Critical Care and Sleep Medicine and practices at Banner University Medical Center Tucson, Arizona. He has previously served as Chief of Research at the Southern Arizona VA Health Care System and as Chairman for the Sleep Disorders Research Advisory Board to the National Center for Sleep Disorders Research at the National Institutes of Health (NIH). He has also served as President of the Sleep Research Society Foundation and as Chairman for the Sleep Research Network. Dr. Parthasarathy has a broad background in translational and clinical research with emphasis on intervention-based approaches in sleep and implementation science. His research has involved community engaged research that involves an Arizona statewide endeavor and health-services research in sleep medicine. His research has involved two common conditions -- sleep apnea and insomnia -- that together affects ~20% of Veterans and civilian populations. His research has special emphasis on patient-centered approaches and dissemination and implementation science aspects of interventions aimed to promote treatment adherence in various populations with a nationwide peer-driven intervention for promoting treatment adherence and training the trainers that was previously funded by the Veterans Affairs Health Services Research and Development (VA-HSR&D), PCORI, and NIH. He is involved with training the next generation of physicians and researchers in the areas of lung and sleep disorders.