

Meg Kabat, LCSW-C, CCM
National Director
Caregiver Support Program
United States Department of Veterans Affairs

Ms. Kabat currently serves as the National Director of the United States Department of Veterans Affairs' (VA) Caregiver Support Program. In this role, she serves as the principal advisor on family caregiving to senior leaders across VA. She is responsible for critical and sensitive national policy development and program oversight with an annual budget in excess of \$500 million. Ms. Kabat promotes the role of the family caregiver in multiple committees and work groups, both within and outside VA. Ms. Kabat joined the Caregiver Support Program in 2011, serving as its Deputy Director.

Throughout her more than 20 years as a Licensed Social Worker, Ms. Kabat has worked with many populations including the elderly, those struggling with mental illness, and adopted children. Ms. Kabat began working with America's Wounded Warriors in 2003 and has worked in many different roles both for the United States Navy and VA, ensuring the best care for America's Veterans. Ms. Kabat graduated from the College of the Holy Cross with a Bachelor of Arts in Psychology and from the Catholic University of America, where she earned a Masters in Social Work.

In 2015, Ms. Kabat received a Special Recognition Award from Disabled American Veterans (DAV) for her work in supporting caregivers of Veterans.

Ms. Kabat is the proud daughter and granddaughter of Veterans who served in World War I, World War II, and Vietnam. She lives outside Washington DC, with her husband and two children.