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Henry A. Punzi, MD, FCP, FASH is a private practice physician and conducts clinical research at the Trinity Hypertension & Metabolic Research Institute in Carrollton, Texas. He currently is a Clinical Assistant Professor at UT Southwestern Medical Center in Dallas and is an attending physician of Internal Medicine at the Carrollton Regional Medical Center, in Carrollton, Texas.

Dr. Punzi received his medical degree and postgraduate training from the University of Buenos Aires, Argentina and completed fellowships in clinical and research hypertension at the University of Texas Southwestern Medical School, Parkland Memorial Hospital, and St. Paul Hospital, all in Dallas. He completed a Harvard Medical School Postgraduate Medical Education Course, Training to Teach in Medicine Program 2022-2023.

A fellow of both the American College of Clinical Pharmacology and the American Society of Hypertension, Dr. Punzi is a member of the Council for High Blood Pressure Research of the American Heart Association, the American Society of Hypertension, and the American Society for Clinical Pharmacology and Therapeutics. He served on the Board of Directors of the Consortium of Southeast Hypertension Centers and currently serves on the Board of Directors of the Inter-American Society of Hypertension. He is an Editorial Board Member of The Open Hypertension Journal and an Academic Editor of the International Journal of Hypertension. He also serves as a reviewer for the following journals: Journal of Clinical Hypertension, Hypertension, The American Journal of Hypertension, Journal of Human Hypertension, Experimental Hypertension, International Journal of Hypertension, Integrated Blood Pressure Control, Therapeutic Advances in Cardiovascular Disease, Drugs, Expert Review of Cardiovascular Therapy, Journal of Clinical Research and Pharmacoepidemiology, Journal of Geriatric Cardiovascular Medicine, Aging and Drugs, Cardiovascular Expert Review, Journal of Cell Adhesion and Migration, Drugs of Today, Cell Biochemistry and Function, Cardiovascular Diagnosis Therapy, Journal of Biomedicine and Pharmacology and the Journal of the Renin-Angiotensin Aldosterone System. Dr. Punzi has been involved in Clinical Research since 1986 and has been a Principal Investigator in 150 clinical trials, highlighted by participating in the VALHEFT, VALUE and the National Institute of Health Sponsored ALLHAT, SPRINT and SPRINT MIND Trials (The latter helped to modify downward the threshold for blood pressure numbers). He served on the Inclusion, Exclusion and Retention Committee of the NIH sponsored SPRINT/SPRINT MIND study. Dr. Punzi served 15 years as the chairman of the editorial committee for the Dallas Medical Journal. He has published over 80 articles in medical journals and written Ten book chapters. He has written a book on hypertension and served as series editor for three volumes of Clinical Cardiovascular Therapeutics.