Shannon Hayes grew up on Sap Bush Hollow Farm in West Fulton, NY (in the heart of Schoharie county); which she now operates with her husband, parents, and her two daughters. In 2016, she added a community cafe to the farm's offerings, and can be found in there cooking breakfast on Saturday mornings. When she isn't flipping eggs, she is homeschooling her two daughters, writing books (she has published six to-date), or just hanging out in the wilderness. Shannon holds a Ph.D. in sustainable agriculture & community development from Cornell University. Her work has been featured in the New York Times, The Boston Review, Brain Child Magazine, U.S. News and World Report, Lancaster Farming, Small Farm Quarterly, Hobby Farm Home Magazine, The New York Times Magazine, The Atlantic, National Public Radio, Grit, Yes! Magazine, Elle Magazine, Juno, the national newspapers of Germany, Turkey and Canada, the Arab News and the Pakistan Observer. Shannon's weekly essays about her attempts to live a balanced and sustainable life can be found on her blog, TheRadicalHomemaker.net.