Chris Saunders currently serves as the Federal Co-Chair of the Northern Border Regional Commission. He is the fourth person to serve in this role at the Commission. Prior to being nominated by President Biden and unanimously confirmed by the U.S. Senate, he served for nearly two decades on the staff of United States Senator Patrick Leahy.

Between 2011 and 2022, he served as a member of Senator Leahy's Vermont office as a Field Representative, where he engaged with Vermont communities on community and economic development, transportation, and telecommunications policy. From 2002 to 2011, Saunders held a variety of legislative roles in the Senator's Washington D.C. office, focusing on housing, health care, education, and domestic appropriations.

An avid hiker, skier, and angler, Saunders was raised in Middlebury, Vermont, attended Bowdoin College in Maine, and currently resides in Burlington, Vermont with his wife and two children.