



Delaney Hall's Menu Options Better Than Many New Jersey School Lunch Choices

By [Phil Stilton](#) · May 30, 2026

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Newark, NJ — As activists and some detainees continue raising concerns about food quality and nutrition at the Delaney Hall immigration detention facility, a weekly meal schedule circulating online paints a different picture: three daily meals featuring chicken, beef, turkey, eggs, vegetables, beans, salads, fruit, milk, bread, desserts, and multiple hot entrees throughout the week.

Delaney Hall Menu Options

A SPREAD OF OUR MOST POPULAR & BEST-LOVED ITEMS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST • Scrambled Eggs • Dry Cereal • Potatoes w/ Peppers & Onions	BREAKFAST • French Toast • Syrup • Chicken Breasted Meat	BREAKFAST • Chicken Breast Meat • Hash Brown • Fruit	BREAKFAST • Pancakes • Syrup • Turkey Deli Meat	BREAKFAST • Scrambled Eggs • Oatmeal • Biscuit	BREAKFAST • Fried Eggs • Breakfast w/ Margarine • Fruit	BREAKFAST • Cinnamon Oatmeal • Scrambled Eggs • Fruit
LUNCH Chicken Salad or Cream Gravy Whipped Potatoes Peas & Carrots	LUNCH Turkey Stir-Fry w/ Mixed Vegetables & Rice	LUNCH Beef & Bean Burrito Spanish Rice Salsa	LUNCH Chicken Fajita Meat w/ Tortilla, Grilled Onions & Peppers, Spanish Rice	LUNCH Taco Meat, Corn, Pinto Beans, Lettuce, Shredded Cheese, Tortilla	LUNCH Chicken Salad, Vegetarian Beans, Corn Salad	LUNCH Turkey Deli Meat, Potato Salad, Coleslaw
DINNER Fajita w/ Mexican Sauce, Green Beans, Cork Bread	DINNER Jambalaya, Black Beans, Cornbread	DINNER Chicken Breast Meat, Refried Beans, Grilled Potatoes	DINNER Chicken Patty, Green Beans, Rice	DINNER Luna Salad, Potato Wedges, Mixed Vegetables	DINNER Salisbury Patty w/ Gravy, Rice, Greens	DINNER Beef & Bean Burrito, Spanish Rice, Salsa

★ FRESH VARIETY

★ HEARTY FAVORITES

★ MADE FOR YOU



POLITICAL SATIRE

By Wednesday, detainees are scheduled to receive farina, breakfast meat, hash browns and fruit in the morning, followed by a beef and bean burrito lunch and a chicken dinner with potatoes, beans and tortillas.

More Than Just Sandwiches

The seven-day menu includes a rotating selection of:

- Chicken fajitas
- Turkey stir-fry
- Beef and bean burritos
- Taco meat
- Chicken patties
- Tuna salad
- Salisbury steak
- Chicken salad
- Multiple vegetable options
- Fresh fruit
- Salads
- Milk
- Coffee
- Desserts including brownies, cobblers and cake

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MENU DATE	STITCHES	LYCLES	WEBP AT A GLANCE
	BREAKFAST	LUNCH	DINNER
MONDAY	Dry Cereal Scrambled Eggs Potatoes or Tamales, Green & Peppers Tortilla Banana Sugar Coffee Milk	Chicken Leg Quarters Cream Gravy Mashed Potatoes Peas & Carrots Pinto Beans Dinner Roll Margarita Fruit Cakes Fruitful Sugar Free Tea	Meat or Meat Sauce Green Beans Tossed Salad Dressing Crisp Bread Fruit Fruitful Sugar Free Beverage
TUESDAY	Dry Cereal French Toast Brynja Chicken Breakfast Meat Margarita Sugar Coffee Milk	Turkey Hot Fry Mixed Vegetables Rice Tossed Salad Dressing Dinner Roll Margarita Fruitful Sugar Free Tea	Jambalaya Black Beans Green Cumin Margarita Bacon Fruitful Sugar Free Beverage
WEDNESDAY	Fruit Chicken Breakfast Meat Hot Brown Coffee Cake Fruit Margarita Sugar Coffee Milk	Beef and Bean Burrito Spaghetti Sauce Honey Lettuce Cheese Tossed Salad w/ Dressing Cinnamon Margarita Fruitful Sugar Free Tea	Chicken Dinner Meat Baked Beans Grilled Potatoes Salad Tortilla Fruit Fruitful Sugar Free Beverage
THURSDAY	Cream of Rice Pancakes Brynja Turkey Cold Meat Margarita Sugar Coffee Milk	Chicken Fajita Meat w/ Tortilla Grilled Cheese & Peppers Spaghetti Sauce Baked Beans Salad Dinner Roll w/ Dressing White Cake & Iced Fruitful Sugar Free Tea	Chicken Fajita Green Beans Crisp Potatoes Margarita Bacon Fruitful Sugar Free Beverage
FRIDAY	Cinnamon Scrambled Eggs Cream Gravy Banana Margarita Sugar Coffee Milk	Fruit Meat Corn Pinto Beans Salad Shredded Lettuce Shredded Cheese Tortilla Fruitful Sugar Free Tea	Fruit Salad Pasta Vegetables Mixed Vegetables Shredded Lettuce w/ Dressing Bacon Baked Beans Fruitful Sugar Free Beverage
SATURDAY	Fruit Fruit Eggs Bread - Margarita Fruit Jelly Sugar Coffee Milk	Chicken Salad Vegetable Beans Corn Salad Lettuce Bread Pineapple Cake Fruitful Sugar Free Tea	Baked Beans w/ Orange Rice Dressing Salad w/ Dressing Cinnamon Margarita Fruitful Sugar Free Beverage
SUNDAY	Cinnamon Scrambled Eggs Cream Gravy Dried Potatoes Brynja Margarita Sugar Coffee Milk	Turkey Cold Meat Potato Salad Coleslaw Lettuce Onion Bread Mayo Mustard Fruitful Sugar Free Tea	Beef and Bean Burrito Spaghetti Sauce Baked Beans Salad Lettuce Dressing Cheese Fruit Fruitful Sugar Free Beverage

PHOTO: DELANEY HALL'S MENU OPTIONS BETTER THAN MANY NEW JERSEY SCHOOL LUNCH CHOICES

A typical school lunch often consists of a single entree, a vegetable, fruit and milk. By contrast, Delaney Hall's published schedule includes three

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The Coupon Finding
Bouquet Curators

Food-service experts note that a published menu can demonstrate intended meal planning but does not independently confirm food quality, preparation standards, substitutions, portion sizes, or whether meals were served as listed on any given day.

A Political Flashpoint

Delaney Hall has become one of the most closely watched immigration detention facilities in the country as activists, elected officials, federal agencies and facility operators battle over competing narratives.

For critics, the menu does little to address broader concerns about detention conditions.

For supporters, the document raises questions about whether public claims regarding inadequate nourishment accurately reflect what detainees are being provided.

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