

**Jennifer Bauwens Ph.D.**

Dr. Jennifer Bauwens is the Director of the Center for Family Studies at the Family Research Council, where she researches and advocates for policies that will best serve the mental health and well-being of families and communities.

Jennifer has a Ph.D. in clinical social work from New York University. She has worked extensively as a clinician providing trauma-focused treatment to children and adults who have experienced interpersonal and collective traumas. She has created programs to mitigate the effects of traumatic events for survivors of domestic violence and abuse and has provided violence prevention training in both national and international contexts.

Her scholarship has focused on the negative and positive psychological sequelae of September 11, 2001, and other man-made and natural disasters. Additionally, Dr. Bauwens has taught on trauma interventions and research methods in several graduate programs. She has also been an editorial consultant for and published in peer-reviewed journals focused on clinical practice and traumatic stress.

JENNIFER BAUWENS, Ph.D.  
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## EDUCATION

- 2007-2012      **NEW YORK UNIVERSITY SILVER SCHOOL OF SOCIAL WORK**  
Ph.D. - January 2012  
Dissertation: *Clinicians' posttraumatic growth following Hurricane Katrina: The influence of life events, professional quality of life, and primary and secondary traumatic stress* (defended 11/7/2011)  
**Scholarships:** Graduate Assistantship  
**Dissertation Awards:** Robert Moore Award for Excellence in Scholarship  
**Valedictorian:** 2012 Commencement Speaker
- 2001            **EYE MOVEMENT DESENSITIZATION REPROCESSING TRAINING**  
Certification in Level I & II EMDR Therapy - May 2001
- 1998-1999     **ST. LOUIS PSYCHOANALYTIC INSTITUTE**  
Psychoanalytic Training Program in Child Development  
Certification in Child Development - May 1999
- 1996-1998     **WASHINGTON UNIVERSITY SCHOOL OF SOCIAL WORK**  
M.S.W. - May 1998
- 1996            **ST. ANNE'S COLLEGE OF OXFORD UNIVERSITY**  
Research Assistant - concentration in experimental and abnormal psychology
- 1992-1996     **GREENVILLE COLLEGE**  
B.A. - May 1996  
**Honors** – Cum Laude

## PROFESSIONAL EXPERIENCE

- 2021-Present      **Family Research Council**  
**Director of the Center for Family Studies**  
Research, write, and provide media interviews on policy issues related to the mental health of children and families. Research findings used to support government officials addressing mental health policies and legislation at both the state and federal levels.

- 2014-2021 **Rutgers University, School of Social Work**  
**Lecturer**  
 Taught M.S.W. students in the Traditional, Intensive Weekend, and Violence Against Women and Children programs. Courses taught included Methods of Social Work Research I & II, and Advanced Clinical Social Work: Survivors of Abuse & Trauma.
- 2013-2021 **Research & Editorial Consultant**  
 Consulted with nonprofits to develop trauma-informed curriculums and trainings. Provide editorial, research, and evaluation guidance.
- 2013-2014 **Voices of September 11th**  
**Research Consultant**  
 Wrote long-term research objectives and support service plans.  
Kanishka Project Grant Awardee (Canadian Government):  
 Wrote a research proposal to examine the long-term psychological sequelae of victims of 9/11 and the bombing of Air India Flight 182.
- 2012-2014 **Voices of September 11<sup>th</sup> (Grant from the Office of Victims of Crime and Robert Wood Johnson Foundation)**  
**Research Manager/Curriculum Developer: OVC Grant**  
 Worked with a team to develop best practices for preplanning, short- and long-term responses to mass violence. Interviewed and collected data from victims and responders of Virginia Tech, Northern Illinois University, Oklahoma City and 9/11. Findings from the literature and data were written and presented in a resource kit.  
Research Manager: Robert Wood Johnson Grant  
 Lead research to investigate the effect of support services on trauma and grief symptoms in the 9/11 community. Findings were used to inform long-term support services and identify the continued needs of victims of mass violence.
- 2009-2016 **Clinical Social Work Journal**  
**Editorial Consultant**  
 Oversee manuscript submissions and editorial process. Serve as liaison for authors and reviewers.
- 2007-2012 **New York University School of Social Work**  
**Junior Research Scientist**  
 (Research Assistant: September 2007 –May 2009)  
 Co-created a survey instrument and developed a new measure for shared trauma and growth. Launched web-surveys, collected and cleaned data, and analyzed qualitative and quantitative data from samples of 250 to 500 disaster-affected participants. Data were analyzed with Atlas, SPSS, Amos, and Mplus software programs.

- 2004-2006            **Consultant**  
 Provided program development consultation and lectured on domestic violence and abuse prevention in schools, community organizations, and faith-based groups in South Africa, Mozambique, and Mexico.
- 2002-2007            **Krista Foster Homes  
 Therapist**  
 Provided individual counseling for children and adolescent abuse survivors living in foster homes. Delivered on-going training and services for foster families.
- 1997- 2002            **Women’s Support and Community Services  
 Support Services Coordinator & Therapist**  
Program Development  
 Designed support groups, assessment tools, community outreach programs, and educational materials for adult women and adolescents.  
Clinical  
 Provided individual and group counseling for adult survivors of sexual, physical, and emotional abuse. Conducted intake assessments and provided on-call services for crisis and abuse hotline.  
Supervision  
 Trained and supervised M.S.W. students.  
Outreach  
 Provided crisis intervention services for women in domestic violence and homeless shelters.  
Evaluation  
 Administered individual and group pre- and post-treatment outcome measures.
- 1996-1998            **Behavioral Health Care, Spirit of St. Louis Hospital  
 Counselor**  
 Developed treatment plans and provided educational and therapeutic groups for children and adolescent abuse survivors in acute and chronic psychiatric care units.
- 1996                    **Experimental Psychology Department at Oxford University  
 Research Assistant**  
 Co-designed a study instrument to measure the relationship between memory and hand dominance. Responsible for data collection, input, and analysis (using SPSS).

**GRANTS**

**2015**  
**National Institute for Justice**  
**Applied: \$894,756**

Impact of school shootings on broad populations: Implications for effective treatment, community support, and criminal justice policy.

## **2014**

### **Kanishka Project Contribution Program**

**Awarded: \$122,639**

Investigating the long-term psychological sequelae of terrorism: Factors that contribute to trauma, grief, growth, & resilience.

## **PUBLICATIONS**

**Bauwens, J.,** & Del Turco, A. (in review). Chinese Families and the Impact of Religious Persecution: Reflections from Children Whose Parents Experienced Wrongful Imprisonment.

Deglau, E., Akincigil, A., Ray, A., **Bauwens, J.** (2020). What's in an MSW? Graduate education for public child welfare workers, intention, engagement and work environment. In Leung, P., & Cheung, M. (ed.), *Title IV-E Education: Impact on Workers, Case Outcomes and Social Work Curriculum Development* (pp. 6-31). New York, NY: Routledge.

Deglau, E., Akincigil, A., Ray, A., **Bauwens, J.** (2018) What's in an MSW? Graduate education for public child welfare workers, intention, engagement and work environment, *Journal of Public Child Welfare*, 12, 238-263. doi: 10.1080/15548732.2018.1457586

**Bauwens, J.,** & Naturale, A., (Eds.). (2017). The Role of Social Work in the Aftermath of Disasters and Traumatic Events. *Clinical Social Work Journal*, 45, 99-101, doi.org/10.1007/s10615-017-0623-8

**Bauwens, J.** (2017). Losing a family member in an act of terror: A review from the qualitative gray literature on the long-term affects of September 11, 2001. *Clinical Social Work Journal*, 45, 146-158. doi: 10.1007/s 10615-017-0621-x

Tosone, C., **Bauwens, J.** & Glassman, M. (2014). The Shared Traumatic and Professional Posttraumatic Growth Inventory. *Research on Social Work Practice*, Advance online publication. doi: 1049731514549814

**Bauwens, J.,** & Tosone, C. (2014). Posttraumatic growth following Hurricane Katrina: The influence of clinicians' trauma histories, primary and secondary traumatic stress. *Traumatology*, 20, 209-218. doi: 10.1037/h0099851

Tosone, C., McTighe, J.P., **Bauwens, J.** (2014). Shared traumatic stress among social workers in the aftermath of Hurricane Katrina. *British Journal of Social Work*, 44, 1-17. doi: 10.1093/bjsw/bct194

Tosone, C., McTighe, J.P., **Bauwens, J.**, Naturale, A. (2011). Shared traumatic stress and the long-term impact of 9/11 on Manhattan clinicians. *Journal of Traumatic Stress*, 24, 546-552. doi: 10.1002/jts.

**Bauwens, J.**, & Tosone, C. (2010). Professional posttraumatic growth after a shared traumatic experience: Manhattan clinicians' perspectives on post 9/11 practice. *Journal of Loss and Trauma*, 15, 498-517. doi: 10.1080/15325024.2010.519267

## **PROFESSIONAL PRESENTATIONS AND PAPERS**

### **2016**

*Lessons from family members aggrieved by the events of September 11, 2001: A review from the qualitative grey literature on the long-term affects of terrorism.* International Social Work Conference on Disaster and Social Innovation, Manila, July 5.

### **2015**

*Toward an Understanding of the Relationship between Resilience and Posttraumatic Growth in New Orleans Mental Health Responders Working in a Post Hurricane Katrina Environment.* International Society for Traumatic Stress Studies, New Orleans, November 5.

### **2014**

*The Long-term Psychological Symptoms and Support Needs of Family Members Affected by the Attacks on 9/11.* Rutgers University, New Brunswick, NJ, January 17.

### **2013**

*Posttraumatic Growth Following Hurricane Katrina: The Influence of Clinicians' Trauma Histories, Primary and Secondary Traumatic Stress.* International Society for Traumatic Stress Studies, Philadelphia, Pennsylvania, November 9.

### **2012**

*Shared Traumatic Stress and the Social Work Clinician: Post-Disaster Practice in New York and New Orleans.* Trauma through the Life Cycle from a Strengths-Based Perspective. Hebrew University of Jerusalem. Jerusalem, January 8.

### **2011**

*Primary and Secondary Trauma Exposure in Clinicians: A Comparison of Natural and Man-Made Disasters.* International Society for Traumatic Stress Studies 27th Annual Conference. Baltimore, November 4.

*Shared Trauma and the Post Hurricane Katrina Quality of Professional Practice.* Council on Social Work Education 57th Annual Program Meeting. Atlanta, October 30.

*Living and Working with Trauma: Lessons Learned from 9/11 and Hurricane Katrina.* 12th European Conference on Traumatic Stress, Vienna, Austria, June 4.

*Resiliency in Manhattan Clinicians Post-9/11*. Society for Social Work and Research 2011 Conference. Tampa, January 13.

## **2010**

*Vulnerability, Resilience, and Posttraumatic Growth: Clinician Reflections on the 9/11 Disaster*. 11th European Conference on Traumatic Stress. Oslo, Norway, June 17.

*Reports on Hurricane Katrina and 9/11*. Disaster Mental Health and Resilience Conference, Tulane University. New Orleans, October 8.

## **2009**

*Professional posttraumatic growth and the costs of caring: Perspectives on practice after 9/11*. International Society for Traumatic Stress Studies, Atlanta, Georgia, November 7.

*Shared Traumatic Stress: Practice in the Aftermath of Terrorism and Natural Disaster* (panel with Charles Figley, Orit Nuttmann-Shwartz, and Carol Tosone). Council on Social Work Education 55th Annual Program Meeting. San Antonio, Texas, November 8.

*Professional posttraumatic growth and the costs of caring: A content analysis of Manhattan clinicians' perspectives on Practice after 9/11*. Coping and Resilience 2009 International Conference, Dubrovnik, Croatia, October 4.

## **EDITORIAL EXPERIENCE**

Co-Editor, *Clinical Social Work Journal*  
Special Issue, Disaster Behavioral Health

Editorial Consultant & Reviewer, *Clinical Social Work Journal*

Reviewer, *British Journal of Social Work*

Reviewer, *International Social Work*

Reviewer, *Traumatology*

## **TEACHING EXPERIENCE**

2019                      **Princeton Theological Seminary**  
**Lecturer**  
Lectured on psychological trauma and evidence-based interventions.

2014-Present           **Rutgers University School of Social Work**  
**Lecturer**  
Lecture on research methods, program evaluation, and evidence-based practices for social workers.

- 2007-2009            **New York University School of Social Work**  
**Assistant Lecturer**  
 Assisted and lectured in a graduate course on crisis intervention. Taught classes on EMDR, short-term psychodynamic treatment, and trauma-focused CBT interventions.
- 2006-2007            **Krista Foster Homes**  
 Provided training for current and new foster families.
- 2004-2006            **Consultant**  
 Lectured on domestic violence and prevention in schools, community organizations, and faith-based groups.
- 1997-2002            **Women's Support and Community Services**  
**Support Services Coordinator**  
 Taught adults and adolescents in schools, substance abuse treatment programs, and community counseling centers. Topics included relationship and communication skills, and domestic violence and rape prevention.

## **CONTINUING EDUCATION & TRAINING**

- Cognitive Processing Therapy** 2016  
**NJ Disaster Response Crisis Counselor Trainings** 2013-2014  
**Structural Equation Modeling Growth Curve** 2013  
**Structural Equation Modeling Advanced Topics** 2012 to 2013  
**Structural Equation Modeling Using Mplus**, February 2011  
**Structural Equation Modeling Using Amos**, November 2010  
**Red Cross NYC, Disaster Volunteer Training**, April 2009  
**Using Atlas 5.0 for Qualitative Methods**, October 2007  
**Foster Care Training**, September 2002  
**CBT Center: Cognitive Therapy for PTSD**, June 1998  
**Behavioral Health: Crisis Intervention Certificate**, April 1998

## **LICENSES**

- Missouri State Licensed Clinical Social Worker #2001012144  
 New Jersey State Licensed Social Worker #44SL06323900