



BAY AREA RIDGE TRAIL

A multi-use (hiking, mountain biking, and equestrian) trail that follows the ridge lines encircling the San Francisco Bay Area.

400+ miles

of the planned **550 miles**
are open to explore today

2.5 million people
live within **2 miles**
of the Ridge Trail



Connects

145

parks and
open spaces



Travels through
9 counties and
24 towns & cities

3 Highest Peaks along the Ridge Trail:

Mount St. Helena - 4,342'

Mount Umunhum - 3,486'

Monument Peak - 2,594'



In 2025, **500**
volunteers
contributed
2,000 hours
to care for the
Ridge Trail

The Ridge Trail
Council
partners with

40+

land managers



3,000+ people joined a
Ridge Trail outing last year

Long Connected Stretches:

80 miles
IN THE WEST

45 miles
IN THE EAST

