

**Committee on Energy and Commerce**  
**U.S. House of Representatives**  
Witness Disclosure Requirement - "Truth in Testimony"  
Required by House Rule XI, Clause 2(g)(5)

<b>1. Your Name:</b>		
Christine Moutier, MD		
<b>2. Your Title:</b>		
Chief Medical Officer		
<b>3. The Entity(ies) You are Representing:</b> AFSP		
<b>4. Are you testifying on behalf of the Federal, or a State or local government entity?</b>	<b>Yes</b>	<b>No</b>
		X
<b>5. Please list any Federal grants or contracts, or contracts or payments originating with a foreign government, that you or the entity(ies) you represent have received on or after January 1, 2015. Only grants, contracts, or payments related to the subject matter of the hearing must be listed.</b>		
none		
<b>6. Please attach your curriculum vitae to your completed disclosure form.</b>		

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

2/18/18

# CHRISTINE YU MOUTIER

## EDUCATION

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1995	University of California, San Diego, School of Medicine La Jolla, CA	M.D.
1990	Vassar College Piano Performance, summa cum laude Poughkeepsie, NY	B.A.

## TRAINING

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1998-1999	Chief Resident, UCSD Medical Center Neuropsychiatry and Behavioral Medicine Unit
1996-1998	Resident, Department of Psychiatry, University of California, San Diego Internship in Psychiatry/Internal Medicine
1995-1996	Mercy Hospital, San Diego and University of California, San Diego

## CERTIFICATIONS

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### Board Certified

2001	Board Certified in Psychiatry by the American Board of Psychiatry and Neurology (ABPN)
2011	Recertification by ABPN

### Medical Licensure

1997	State of California
2013	State of New Jersey
2015	State of New York

## PROFESSIONAL DEVELOPMENT

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2016	Harvard University, Division of Continuing Education: Strategic Leadership Course
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## PROFESSIONAL EXPERIENCE

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2013-Present	Chief Medical Officer, The American Foundation for Suicide Prevention
1999-2013	Full-time Faculty, Department of Psychiatry, University of California, San Diego (UCSD) Professor of Psychiatry
2004-2013	Assistant Dean for Student Affairs, UCSD School of Medicine
2012-2013	Assistant Dean for Medical Education, UCSD School of Medicine
2005-2013	Director, Conditional Acceptance Post-Baccalaureate Program, UCSD School of Medicine
2009-2013	Staff Psychiatrist, Union of Pan Asian Communities Counseling & Treatment
1999-2013	Outpatient Clinic specializing in mood, anxiety disorders, women's mental health, UCSD
2011-2012	Director of Education and Fitness for Duty Evaluation, Physician Assessment and Clinical Education (PACE) Program, UCSD
2010-2011	Associate Director, UCSD Outpatient Psychiatry Services
2008-2009	Acting Assistant Dean, Diversity & Community Partnerships, UCSD School of Medicine
2002-2006	Medical Director and Attending, Adult Inpatient Psychiatry Service, San Diego Veterans Healthcare Administration
2002-2004	Associate Residency Training Director, UCSD Psychiatry Residency Training Program
1999-2002	Attending, Psychiatry Consultation-Liaison and Emergency Services, UCSD Medical Center
1999-2002	Attending, Neuropsychiatry and Behavioral Medicine Unit, UCSD Medical Center

## RESEARCH

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- 2009-2013 Co-investigator R25 NIMH Training Grant  
5 R25 MH71544-06 Dilip Jeste (PI) 7/01/09 - 6/30/14  
NIH \$249,834  
Research Training Program in Geriatric Neuropsychiatry for Medical Students  
Goal: expand the pipeline for new researchers in geriatric mental health by providing mentored research opportunities to undergraduate, graduate, and medical students.
- 2006-2013 Multi-site Study of Medical Student Distress  
Seven medical schools' collaborative study assessing the prevalence and association between burnout, depression, and suicidality, and other factors such as curricular and personal demographic factors.  
Liselotte Dyrbye (PI) Supported by the Mayo Medical School.
- 2003-2009 Depression and Age Related Macular Degeneration  
Collaborative study with UCSD Ophthalmology  
LXP-MD-11 Stuart Brown (PI) 6/15/04-12/31/09  
Forest Research Institute \$ 99,603  
Treatment of Depression Associated with Age-Related Macular Degeneration  
This is an investigator initiated research grant for a 16 week double masked crossover study with escitalopram.
- 2002-2004 STAR\*D (Sequence Treatment Alternatives to Relieve Depression), Associate Director, San Diego site, largest NIMH multi-center study of depression to date
- 1995-2004 "Attitudes toward Psychiatry among Medical Students," a multi-center survey study
- 1998-2002 Sub-Investigator on 15 psychopharmacologic clinical trials, University of California, San Diego  
Evaluation of study subjects using assorted measurements: Physical examination, CGI, AIMS, BPRS, Y-MRS, Barnes, Simpson-Angus Scales
- 1997-1999 Anxiety Disorders Psychopharmacology Research Program, University of California, San Diego  
Research assistant conducting clinical trials in anxiety disorders (PI Murray Stein, M.D.)

## PUBLICATIONS

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1. Moutier CY, Stein MB, History epidemiology, and differential diagnosis: a summary from the 1998 APA Symposium on Social Phobia. *Journal of Clinical Psychiatry* 1999;60(S9): 4-8.
2. Feifel D, Moutier CY, Swerdlow N. Attitudes toward psychiatry among students entering medical school. *American Journal of Psychiatry* 1999;156;1397-1402.
3. Moutier CY, Stein MB. Biological Basis of Social Phobia. In: Hofmann SG, DiBartolo PM (eds), *Social Anxiety to Social Phobia: Multiple Perspectives*. Boston: Allyn & Bacon, 2000.
4. Moutier CY, Wetherell JL, Zisook S. Combined psychotherapy and pharmacotherapy for late-life depression. *Geriatric Times* 2003;4;14-15.
5. Moutier CY, Wetherell JL, Zisook S. Combined treatment for late-life depression. *Psychiatric Times* 2003;20;46-49.
6. Moutier CY, Zisook S. Grief and depression: differentiation and treatment. *Behavioral Health Trends* 2004;16A;36-41.
7. Meyer JM, Leckband SG, Loh C, Moutier CY. Quetiapine-induced diabetes with metabolic acidosis: a case report. *International Clinical Psychopharmacology* 2004;19:169-171.
8. Moutier C, Meyer JM. Book Review: *Model Psychopharmacology Curriculum for Psychiatric Residency Programs, Training Directors and Teachers of Psychopharmacology, Third Edition* by a Committee of the American Society of Clinical Psychopharmacology. New York, The American Society of Clinical Psychopharmacology 2004; in *Journal of Bipolar Disorders*, 2005; 4(4):19.
9. Zisook S, Benjamin S, Balon R, Glick I, Louie A, Moutier C, Moyer T, Santos C, Servis, M. Alternate Methods of teaching psychopharmacology. *Academic Psychiatry* 2005;29;141-154.

10. Miller B, Feifel D, Moutier CY, Perry W, Robinson SK. Rapid oral loading of extended release divalproex in patients with acute mania. *General Hospital Psychiatry* 2005;27:218-221.
11. Brody B, Roch-Levecq AC, Kaplan RM, Moutier C, Brown S. Age related Macular Degeneration: Self-management and reduction of depressive symptoms. *Journal of the American Geriatrics Society* 2006;54:1557-1562.
12. Glick ID, Salzman C, Cohen BM, Klein DF, Moutier C, Nasrallah H, Ongur D, Wang P, Zisook S. Improving the pedagogy associated with the teaching of psychopharmacology to improve practice. *Academic Psychiatry* 2007;31:211-217.
13. Dunn LB, Iglewicz A, Moutier C. A conceptual model of medical student well-being: Promoting resilience and preventing burnout. *Academic Psychiatry* 2008;32:44-53.
14. Dunn LB, Moutier C, Hammond KA, Lehrmann J, Roberts LW. Personal health care of residents: Preferences for care outside of the training institution. *Academic Psychiatry* 2008;32:20-30.
15. Zisook S, Ganadjian K, Moutier C, Prather R, Rao S. Sequenced Alternatives to Relieve Depression (STAR\*D): Lessons learned. *Journal Clinical Psychiatry* 2008;69:1184-85.
16. Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo DW, Novotny PJ, Sloan JA, Shanafelt TD. Burnout and suicidal ideation among US medical students. *Annals Internal Medicine* 2008;149:334-341.
17. Auster T, Moutier C, Lanouette N, Zisook S. Bereavement and depression: Implications for diagnosis and treatment. *Psychiatric Annals* 2008;38:655-661.
18. Zisook S, Trevedi MH, Warden D, Lebowitz B, Thase ME, Stewart JW, Moutier C, Fava M, Wisniewski SR, Luther J, Rush AJ. Clinical correlates of the worsening or emergence of suicidal ideation during SSRI treatment of depression: An examination of citalopram in the STAR\*D Study. *Journal of Affective Disorders* 2009;117:63-73.
19. Moutier C, Zisook S. Bereavement and Depression in Late Life. In: Ellison, Kyoman, and Verma (eds), *Disorders In Later Life*. New York: Informa Healthcare USA, 2009, pp. 221-238.
20. Lapid M, Moutier C, Dunn L, Green Hammond KA, Roberts LW. Professionalism and ethics education on relationships and boundaries: Psychiatric residents' preferences. *Academic Psychiatry* 2009;33:461-469.
21. Moutier C, Cornette M, Lehrmann J, Geppart C, Tsao C, DeBoard R, Green Hammond KA, Roberts LW. When residents need health care: Stigma of the patient role. *Academic Psychiatry* 2009;33(6):431-441.
22. Rosenthal S, Howard B, Schluskel YR, Lazarus CJ, Wong JG, Moutier C, Savoia M, Trooskin S, Wagoner N. Does medical student membership in the gold humanism honor society influence selection for residency? *Journal of Surgical Education* 2009;66(6):308-13.
23. Dyrbye LN, Thomas MR, Power DV, Durning S, Moutier C, Massie FS Jr., Harper W, Eacker A, Szydlo DW, Sloan JA, Shanafelt TD. Burnout and serious thoughts of dropping out of medical school: a multi-institutional study. *Academic Medicine* 2010;85(1):94-102.
24. Dyrbye LN, Massie FS, Eacker A, Harper W, Power D, Durning SJ, Thomas MR, Moutier C, Satele D, Sloan JA, Shanafelt TD. Relationship between burnout and professional conduct and attitudes among U.S. medical students. *JAMA* 2010;304(11):1173-80.
25. Hirst K, Moutier C. Postpartum major depression. *American Family Physician* 2010;82(8):926-933.
26. Fang DZ, Young CB, Golshan S, Fellows I, Moutier C, Zisook S. Depression in premedical undergraduates: A cross sectional survey. *Prim Care Companion J Clinical Psychiatry* 2010;12(6):e1-e6.

27. Roberts LW, Warner T, Moutier C, Geppert C, Green Hammond KA. Are doctors who have been ill more compassionate? Attitudes of resident physicians regarding personal health issues and the expression of compassion in clinical care. *Psychosomatics* 2011;11(52):367-374.
28. Brody B, Field L, Roch-Levecq AC, Moutier C, Edland SD, Brown S. Treatment of depression associated with age-related Macular Degeneration in a double-blind randomized controlled study (UACP-2010-0018). *Annals of Clinical Psychiatry* 2011;23:277-284.
29. Dyrbye LN, Moutier C, Durning SJ, Massie FS Jr., Power DV, Eacker A, Harper W, Thomas MR, Satele D, Sloan JA, Shanafelt TD. The problems program directors inherit: Medical student distress at the time of graduation. *Medical Teacher* 2011;33(9):756-758.
30. Reed DA, Shanafelt TD, Satele DW, Power DV, Eacker A, Harper W, Moutier C, Durning S, Massie FS, Thomas MR, Sloan JA, Dyrbye LN. Relationship of pass/fail grading and curriculum structure with well-being among preclinical medical students: A multi-institutional study. *Academic Medicine* 2011;86(11):1367-1373.
31. Dyrbye LN, Harper W, Durning S, Moutier C, Thomas MR, Massie FS, Eacker A, Power DV, Szydlo DW, Sloan JA, Shanafelt TD. Patterns of distress in U.S. medical students. *Medical Teacher* 2011;33(10):834-9.
32. Fang D, Young CB, Golshan S, Moutier C, Zisook S. Burnout in premedical undergraduate students. *Academic Psychiatry* 2012;36(1):11-16.
33. Zisook S, Downs N, Moutier C, Clayton P. College students and suicide: Risk, prevention and the role of academic psychiatry. *Academic Psychiatry* 2012;36(1):1-6.
34. Moutier C, Norcross W, Jong P, Norman M, Kirby B, McGuire T, Zisook S. The Suicide Prevention and Depression Awareness Program at the University of California, San Diego School of Medicine. *Academic Medicine* 2012;87(3): 320-326.
35. Dyrbye LN, Harper W, Moutier C, Durning S, Power D, Massie FS, Eacker A, Thomas MR, Satele D, Sloan JA, Shanafelt TD. Does Positive Mental Health Enhance Professionalism? A Multi-institutional Study Exploring the Impact of Positive Mental Health on Medical Students' Professionalism in an Era of High Burnout. *Academic Medicine* 2012;87:1024-1031.
36. Smith S, Johnson M, Rodriguez N, Moutier C, Beck E. Medical student perceptions of the educational value of a student-run free clinic. *Family Medicine* 2012;44(9):646-649.
37. Moutier C. Healthy Life Balance for the Physician. In: Roberts LW (ed), *The Academic Medicine Handbook: A Guide to Academic Achievement and Fulfillment for Academic Faculty*. New York: Springer Publishing Global, 2013, Ch. 53.
38. McGuire TE, Moutier C, Downs N, Zisook. Details on suicide among US physicians: Data from the National Violent Death Reporting System [Letter to the Editor]. *General Hospital Psychiatry* 2013;35(4):448.
39. Moutier C, Bazzo DE, Norcross WA. Approaching the Issue of the Aging Physician Population: Data from the Coalition for Physician Enhancement Conference "Practicing Medicine Longer: The impact of aging on physician clinical performance and quality of care," including survey opinions on the need for age-based physician competency screening. *Journal of Medical Regulation* 2013;99:10-18.
40. Downs N, Feng W, Norcross W, Ilaniti T, McGuire T, Kirby B, Moutier C, Zisook S. Listening to depression & suicide risk in medical students: The Healer Education, Assessment and Referral (HEAR) Program. *Academic Psychiatry* 2014;38(5):547-553.
41. Brazeau CM, Shanafelt T, Durning SJ, Massie FS, Eacker A, Moutier C, Satele DV, Sloan JA, Dyrbye LN. Distress among matriculating medical students relative to the general population. *Academic Medicine* 2014;89(11):1520-1525.
42. Moutier C. Tactics of the war on suicide. *Depression and Anxiety* 2014;31: 961-963.



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44. MacDonald K, Sciolla A, Folsom D, Bazzo D, Searles C, Moutier C, Thomas M, Borton K, Norcross W. Individual risk factors for physician boundary violations: the role of attachment style, childhood trauma and maladaptive beliefs. *General Hospital Psychiatry* 2015;37:489-91.
45. Zisook S, Young I, Kirby B, McGuire T, Norcross W, Tiamson-Kassab M, Downs N, Moutier C, Doran N. Suicidal ideation among students and physicians at a US Medical School: A Healer Education, Assessment and Referral (HEAR) Program Report. *Omega: Journal of Death and Dying* 2015. doi: 0030222815598045.
46. Gebbia R, Moutier C. The journey takes many paths: A brief history of The American Foundation for Suicide Prevention's support of people bereaved by suicide. In: Andriessen, Krysinska, Grad (eds), *Postvention in Action*. Publication pending.
47. Martinez S, Young I, Norcross W, Newton I, Downs N, Seay K, McGuire T, Kirby B, Tiamson-Kassab M, Lee D, Hadley A, Doran N, Jong P, Lee K, Moutier C, Norman M, Zisook S. Alcohol use in an academic medical school environment: a UC San Diego Healer Education Assessment and Referral (HEAR) Report. *Annals of Clinical Psychiatry* 2016;28:85.
48. Moutier C, Wingard D, Gudea M, Jeste D, Goodman S, Reznik V. The culture of academic medicine: faculty behaviors impacting the learning environment. *Acad Psychiatry* 2016: pp. 1-7, 912-918. doi:10.1007/s40596-016-0582-3
49. Betz ME, Wintersteen M, Boudreaux ED, Brown G, Capoccia L, Currier G, Goldstein J, King C, Manton A, Stanley B, Moutier C, Harkavy-Friedman J. Reducing Suicide Risk: Challenges and Opportunities in the Emergency Department. *Annals of Emergency Medicine* 2016. pii: S0196-0644(16)30210-4. doi: 0.1016/j.annemergmed.2016.05.030
50. Moutier C. Suicidal Ideation in the Family Medicine Clinic. Agency for Healthcare Research and Quality, 2016. <https://psnet.ahrq.gov/webmm/case/392>
51. Bernanke J, Galfalvy H, Mortali M, Hoffman L, Moutier C, Nemeroff C, Stanley B, Clayton P, Harkavy-Friedman J, Oquendo M. Suicidal Ideation and Behavior in Institutions of Higher Learning: a Latent Class Analysis, accepted for publication September 2017.
52. Moutier C. Physician Mental Health: Preventing Suicide and Building Resilience. *Physician Health News* 2017. 23(2): 13,14.

## REVIEWER

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*Academic Psychiatry –Editorial Board Member*  
*JAMA*  
*Academic Medicine*  
*Medical Education*  
*Journal of Graduate Medical Education –Editorial Board Member*  
*Social Psychiatry and Psychiatric Epidemiology*  
*Journal of Affective Disorders*  
*Biomedical Informatics Insights*  
*BMC Medical Education*  
*BMC Psychiatry*  
*BMC Pediatrics*  
*BMC Health Services Research*  
*BMC Public Health*  
*Crisis: The Journal of Crisis Intervention and Suicide Prevention*  
*Journal of Clinical Psychopharmacology*  
*Archives of Suicide Research*

## MEDIA

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Fighting the Depths: Depression and Its Consequences among Physicians in Training, The New Physician (AMSA), Vol. 57 (6), Sept 2008

<http://www.amsa.org/AMSA/Homepage/Publications/TheNewPhysician/2008/tnp451.aspx>

Physicians, Medical Students Struggle with Mental Illness and Suicide, AAMC Reporter, Dec 2008

Featured in documentary film, "Out of the Silence: Medical Student Depression and Suicide" and "Struggling in Silence: Physician Depression and Suicide", funded by American Foundation for Suicide Prevention and PBS. Full-length documentary has aired on 300 PBS stations nation-wide and won the 2008 "FREDDIE" International Health & Medical Media Award

When Doctors Need Help: Students Battle Burnout, The Washington Diplomat, Jul 2009

Destigmatizing Depression, CTSciNet, Oct 2 2009

[http://sciencecareers.sciencemag.org/career\\_magazine/previous\\_issues/articles/2009\\_10\\_02/caredita0900118](http://sciencecareers.sciencemag.org/career_magazine/previous_issues/articles/2009_10_02/caredita0900118)

A Day after a Class on Bullying, a Suicide, CNN, Oct 21, 2013 <http://www.cnn.com/2013/10/18/us/illinois-suicide-sophomore/index.html?iref=allsearch>

Has Bullying Gotten Worse?, St. Louis Dispatch, Nov 9 2013 [http://www.stltoday.com/lifestyles/relationships-and-special-occasions/parenting/aisha-sultan/has-bullying-gotten-worse/article\\_61a1477c-144c-5001-bd4b-ec69700329bb.html](http://www.stltoday.com/lifestyles/relationships-and-special-occasions/parenting/aisha-sultan/has-bullying-gotten-worse/article_61a1477c-144c-5001-bd4b-ec69700329bb.html)

Coping with Loss amid Holiday Cheer, NPR National Radio Interview, Dec 23, 2013

<http://www.npr.org/2013/12/23/256571583/coping-with-loss-amid-holiday-cheer>

Headlines See a Pattern Of Banker Suicides, The Data Don't, Bloomberg Business Week, March 24, 2014

<http://www.npr.org/2013/12/23/256571583/coping-with-loss-amid-holiday-cheer>

Why are Musicians More Prone to Suicide, Discovery, Apr 4, 2014 <http://news.discovery.com/human/psychology/why-are-musicians-more-prone-to-suicide-140404.htm>

L'Wren Scott's Death and Suicide's Tragic Reach, Next Avenue, Apr 7, 2014

<http://www.nextavenue.org/blog/l%E2%80%99wren-scott%E2%80%99s-death-and-suicide%E2%80%99s-tragic-reach>

After Woodson High Suicides, a Search for Solace and Answers, The Washington Post, Apr 11, 2014

[http://www.washingtonpost.com/local/crime/after-woodson-high-suicides-a-search-for-solace-and-answers/2014/04/11/a394dc64-b069-11e3-a49e-76adc9210f19\\_story.html](http://www.washingtonpost.com/local/crime/after-woodson-high-suicides-a-search-for-solace-and-answers/2014/04/11/a394dc64-b069-11e3-a49e-76adc9210f19_story.html)

Interview on 102.7, CBS, June 21, 2014 <http://fresh1027.cbslocal.com/2014/06/21/this-week-on-fm-magazine-the-american-foundation-for-suicide-prevention-afsp/>

Doctors Call: End Warning on Antidepressants or Risk Suicides, ABC News, Jul 9, 2014

<http://abcnews.go.com/Health/doctors-call-end-warning-antidepressants-risk-suicides/story?id=24472146>

Suicide Contagion and Social Media: The Dangers of Sharing 'Genie, Your Free,' The Washington Post, Aug 12, 2014

<http://www.washingtonpost.com/news/the-intersect/wp/2014/08/12/suicide-contagion-and-social-media-the-dangers-of-sharing-genie-youre-free/>

The Science behind Suicide Contagion, The New York Times, Aug 13, 2014

[http://www.nytimes.com/2014/08/14/upshot/the-science-behind-suicide-contagion.html?\\_r=0&abt=0002&abg=0](http://www.nytimes.com/2014/08/14/upshot/the-science-behind-suicide-contagion.html?_r=0&abt=0002&abg=0)

Suicide by the Numbers, CNN, Aug 21, 2014 <http://www.cnn.com/video/data/2.0/video/us/2014/08/21/dnt-lavandera-robin-williams-suicide-numbers.cnn.html>

Butler County Task Force Aims to Raise Awareness about Suicide, Tribune-Review, Aug 30, 2014  
<http://triblive.com/news/butler/6687246-74/suicide-person-awareness#axzz3Da15LE8B>

Mental Health Care System is Failing at Suicide Prevention, Advocates Say, Huffington Post, Sept 3, 2014  
[http://www.huffingtonpost.com/2014/09/03/suicide-prevention\\_n\\_5736316.html](http://www.huffingtonpost.com/2014/09/03/suicide-prevention_n_5736316.html)

Satellite Media Tour- 25 television and radio interviews for local and national stations, National Suicide Prevention Week, Sept 8, 2014, 175 airings and 13,477,844 viewers, one example WAVY in Virginia

How to Save a Life, WebMD, Sept 9, 2014 <http://blogs.webmd.com/chronic-conditions/2014/09/how-to-save-a-life.html>

More efforts needed to prevent suicide Congress told, News Observer, Sept 18, 2014  
[http://www.newsobserver.com/2014/09/18/4162362\\_more-efforts-needed-to-prevent.html?rh=1](http://www.newsobserver.com/2014/09/18/4162362_more-efforts-needed-to-prevent.html?rh=1)

Recent Suicides Highlight Need to Address Depression in Medical Students and Residents, The Journal of the American Medical Association, November 5, 2014, <http://jama.jamanetwork.com/article.aspx?articleid=1920968>

Ryan Anderson tries to move forward after girlfriend Gia Allemand's suicide, Sports Illustrated, November 10, 2014  
<https://www.si.com/nba/2014/11/13/ryan-anderson-gia-allemand>

\*Content expert in film: The Journey: A Story of Healing and Hope. And hosted Survivor Day Online program November 22, 2014, <http://afsp.org/find-support/ive-lost-someone/survivor-day/survivor-day-documentaries/>

Post-concussion risk and suicide, The Columbus Dispatch, December 2, 2014  
<http://www.dispatch.com/content/stories/local/2014/12/02/struggling-with-suicide.html>

#BBCTrending: Leelah Alcorn's public suicide note, BBC Trending, December 31, 2014  
<http://www.bbc.com/news/blogs-trending-30645896>

A stranger e-mailed saying he planned to kill himself. What was I supposed to do? The Washington Post Magazine, January 16, 2015, [http://www.washingtonpost.com/lifestyle/magazine/a-stranger-e-mailed-saying-he-planned-to-kill-himself-what-was-i-supposed-to-do/2015/01/07/53dfe8bc-2896-11e4-958c-268a320a60ce\\_story.html](http://www.washingtonpost.com/lifestyle/magazine/a-stranger-e-mailed-saying-he-planned-to-kill-himself-what-was-i-supposed-to-do/2015/01/07/53dfe8bc-2896-11e4-958c-268a320a60ce_story.html)

Experts say communication is key in preventing teen suicide, Ocala Star Banner, January 17, 2015,  
<http://www.ocala.com/article/20150117/ARTICLES/150119751?tc=ar>

Suicide attempt survivors come out of the shadows, Chicago Tribune, January 18, 2015,  
<http://www.chicagotribune.com/news/local/ct-suicide-attempt-survivors-met-20150118-story.html#page=1>

How Patient Suicide Affects Psychiatrists, The Atlantic, January 20, 2015,  
<http://www.theatlantic.com/health/archive/2015/01/how-patient-suicide-affects-psychiatrists/384563/>

Medicine grapples with physician suicide, Family Practice News, January 21, 2015  
<http://www.familypracticenews.com/home/article/medicine-grapples-with-physician-suicide/d81b4aa8f1b16c8f668602af95c8abe4.html>

Why Did a Popular, Smart, Athletic College Freshman Kill Herself?, People Magazine, January 23, 2015  
<http://www.people.com/people/article/0,,20894428,00.html>

This Bill Could Help Veterans With Mental Health, TIME Magazine, February 6, 2015  
<http://time.com/3694053/veteran-suicide/>

Schweich spokesman left note before apparent suicide, USA Today, March 30, 2015



<http://www.usatoday.com/story/news/politics/2015/03/30/schweich-spokesman-apparent-suicide/70694484/>

Military suicides aren't linked to deployment, study finds, Reuters, April 1, 2015

<http://www.reuters.com/article/2015/04/01/us-health-military-suicide-idUSKBN0MS4SM20150401>

Rhythms of Washington return after Illinois man's suicide outside Capitol, The Washington Post, April 12, 2015

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Surviving a Loved One's Suicide, U.S. News and World Report, May 14, 2015

<http://health.usnews.com/health-news/health-wellness/articles/2015/05/14/surviving-a-loved-ones-suicide>

Rise in Suicide by Black Children Surprises Researchers, The New York Times, May 18, 2015

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## PRESENTATIONS

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|------|---|
| 2018 | <b>Westchester Suicide Prevention and Awareness Task Force</b> , Keynote: Youth Suicide, Social Media and Cyberbullying, Valhalla, NY, February 2018  |
| 2018 | <b>AFSP Chapter Leadership Conference 2018</b> , Plenary: Taking the Message Wide and Deep. Charlotte, North Carolina, January 2018   |
| 2017 | <b>George Washington University Seymour Perlin Grand Rounds</b> , Physician Mental Health: Preventing Suicide and Building Resilience. Washington, DC, December 6, 2017   |
| 2017 | <b>IASR/AFSP International Research Summit</b> , Closing Remarks. Henderson, Nevada, November 8, 2017   |
| 2017 | <b>Canadian Conference on Physician Health</b> , Keynote: Physician Mental Health: Preventing Suicide and Building Resilience. Ottawa, Ontario, Canada, September 9, 2017   |
| 2017 | <b>NIMH Outreach Partners Program</b> . Plenary: The Fight to #StopSuicide. Bethesda, Maryland, July 2017   |
| 2017 | <b>AFSP Advocacy Forum 2017</b> . Plenary panel moderator: Why Is Medical Research Important?, panelists Mary Wooley President Research America, Marc Boutin CEO National Health Council. Washington, DC, June 2017 |
| 2017 | <b>UCSD Psychiatry Department Grand Rounds</b> : Healer Mental Health: Preventing Suicide and Building Resilience. La Jolla, California, May 2017   |
| 2017 | <b>Federation of State Physician Health Programs</b> Annual Conference. Invited keynote: Physician Mental Health: Preventing Suicide and Building Resilience. Fort Worth, Texas, April 2017                         |

- 2017 **University of Nebraska Medical Center**, Breakthrough Thinking Conference for strategic planning, invited keynote speaker. Omaha, Nebraska, April 2017
- 2017 **American Psychiatric Association (APA) Annual Conference**. Presidential Symposium: Resident Suicide, (Laurel Mayer, Melissa Arbuckle, Michael Myers, Carol Bernstein, Matthew Goldman) San Diego, California, May 2017
- 2017 **Ohio Psychiatric Physicians Association**, Invited plenary: Physician Mental Health: Preventing Suicide and Building Resilience. Columbus, Ohio, March 2017
- 2017 **ACGME Annual Conference**, Symposium Speaker: Addressing Physician Suicide. Orlando, Florida, March 2017
- 2017 Norwalk Hospital Invited Grand Rounds: Physician Mental Health: Preventing Suicide and Building Resilience. Norwalk, Connecticut, March 2017
- 2017 **Federation of State Medical Boards**, Invited Presentation to Board of Directors and Members: Physician Mental Health: Preventing Suicide and Building Resilience. March 2017
- 2017 **Episcopal Diocese of NY**, Deans and Bishops Meeting, Invited Presentation: Suicide Prevention, Hope Into Action. New York, New York, February 2017
- 2017 **SHOT Show 2017**, Annual Conference of the National Shooting Sports Foundation (67,000 firearm industry leaders, retailers, hunting sports), Plenary: Firearms and Suicide Prevention, Las Vegas, Nevada, January 2017
- 2017 AFSP Chapter Leadership Conference 2017, Plenary: LGBTQ Suicide Prevention. Orange County, California, January 2017
- 2017 AFSP Chapter Leadership Conference 2017, Plenary: The strength of our symphony. Orange County, California, January 2017
- 2016 **Capitol Hill Briefing** by AFSP and APA: "Suicide in America: Trends, Prevention and New Approaches." Panel with Maria Oquendo, John Mann, Steve Iselin to update Congress Members on suicide and give voice to those with lived experience of suicide. Rayburn Building, Washington, DC, December 2016
- 2016 **National Biblical Counselors Conference**. Invited presentation for 500 counselors "Suicide Prevention in Action." San Francisco, California, October 2016
- 2016 **Obama Administration Sessions on Making Health Care Better: Series on Suicide Prevention**. Invited closing comments, discussed suicide as a national crisis and informed the public about Project 2025, an AFSP initiative that will reduce the national suicide rate 20% by 2025. **The White House**, Washington, DC, September 2016
- 2016 Our Journey Continues Conference, first national gather of long-term survivors of suicide loss. Co-presentation with Kathy Shear on **Complicated Grief**. Chicago, Illinois September 2016
- 2016 California Society for Addiction Medicine. Invited CME presentation "**Physician Suicide Prevention**." Anaheim, California, August 2016
- 2016 WestMed Healthcare System. Invited CME presentation for all medical staff "**Suicide Prevention in Primary Care: Evidence into Practice**." Yonkers, New York, June 2016
- 2016 **AAMC Leadership Forum: Physician Wellbeing and Suicide Prevention**. Invited Plenary "Physician Mental Health: Preventing Suicide and Building Resilience." Washington, DC, June 2016
- 2016 AFSP Advocacy Forum 2016. Plenary: Congress Needs to Fund Suicide Prevention Research, Washington, DC, June 2016
- 2016 Consortium of Multiple Sclerosis Centers Annual Conference. **Symposium, Managing Mood Changes and Suicide Risk in MS: Using the Science to Inform Diagnosis and Treatment**, National Harbor, Maryland, June 2016
- 2016 **American Psychiatric Association (APA) Annual Conference**. Workshop: Physician Resilience and Suicide Prevention, (Michael Myers, Glen Gabbard, Sid Zisook, Carol Bernstein, Ravi Shah) Atlanta, Georgia, May 2016
- 2016 San Francisco VA/AFSP SF Chapter. **Counseling Veterans at Risk for Suicide: Safe Storage of Firearms and Other Lethal Means**. Plenary "Understanding and Preventing Suicide." San Francisco, California, March 2016
- 2016 **Columbia University Dept of Psychiatry Grand Rounds**. Physician Mental Health: Preventing Suicide and Building Resilience. New York, New York, March 2016
- 2016 **Arkansas State Department of Public Health Grand Rounds**. Hope Into Action: Suicide Prevention. Little Rock, Arkansas, January 2016
- 2016 AFSP Chapter Leadership Conference 2016, Plenary: Reaching the Tipping Point in Suicide Prevention. Little Rock, Arkansas, January 2016



- 2016 **Arkansas Suicide Prevention for Clinicians.** One-day clinician education covering suicide prevention, suicide risk assessment, clinician's role, evidence-based treatment, medicolegal aspects. Little Rock, Arkansas, January 2016
- 2015 **ACGME Symposium on Physician Wellbeing.** Invited Plenary "Physician Mental Health: Preventing Suicide and Building Resilience." Chicago, Illinois, November 2015
- 2015 **Neuroscience Education Institute (NEI) Congress.** Faculty Speaker "Hope into Action: the Role of Clinicians in Suicide Prevention." Orlando, Florida, November 2015
- 2015 **National Network of Depression Centers Annual Meeting.** Invited Plenary, Ann Arbor, Michigan, November 2015
- 2015 **International Suicide Research Summit.** Plenary, Clinicians Day. New York, New York, October 2015
- 2015 **Mississippi State Physicians Annual Meeting.** Invited Keynote, "Clinician Mental Health: Preventing Suicide and Building Resilience." Mississippi, August 2015
- 2015 AFSP Advocacy Forum 2015. Plenary: Access to Mental Health Services in the 21st Century, Washington, DC, June 2015
- 2015 **Aeschi Conference.** "Bearing the Struggle: Exploring the Challenges Facing Clinicians working with Suicidal Patients," Invited plenary talk on Supporting Trainees' Loss of Patients to Suicide, and Panel Session on Clinicians with Lived Experience. Vail, Colorado, June 2015
- 2015 **American Association of Suicidology Annual Conference.** Moderated Lived Experience Panel, Atlanta, Georgia, April 2015
- 2015 **Healing After Suicide Conference.** AAS/AFSP/TAPS, The Doctor Is In and Navigating Mental Health Treatment, Atlanta, Georgia, April 2015
- 2015 AFSP Chapter Leadership Conference 2015, Plenary: Translating Passion into Prevention. Atlanta, Georgia, January 2015
- 2014 **Kennedy Forum Illinois.** Invited Plenary Speaker, The Next Frontier-The Promise and Science of Prevention and Early Intervention. Panelists included Dr. David Satcher, Former U.S. Surgeon General and Dr. Bennett Leventhal, Professor of Psychiatry, UCSF. Chicago, Illinois, November 2014
- 2014 **AAMC Annual Conference on Medical Education.** Oral abstract: Brazeau, C, Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. Impact of Stigma and Personal Experiences on Help Seeking Behaviors among Medical Students with Burnout. Chicago, Illinois, November 2014
- 2014 **Congressional Testimony. US House Energy and Commerce Committee hearing Rep. Timothy Murphy. "Suicide Prevention and Treatment: Helping Loved Ones in Mental Health Crisis."** Testified on the scope and the causes of suicide, the importance of suicide prevention research, prevention programs, and support programs for those touched by suicide. "The fight against suicide is nearing a tipping point," and "that our nation must battle mental health illiteracy so we can eradicate stigma and remove barriers that keep people suffering in silence." Declared AFSP's goal of reducing the nation's rate of suicide 20% by 2025 forward, citing the approaches that are backed by evidence and the readiness of the American people for a greater understanding of suicide and mental health. September 18, 2014 <http://murphy.house.gov/latest-news/chairman-murphy-convenes-hearing-on-suicide-prevention/>  
<http://energycommerce.house.gov/hearing/suicide-prevention-and-treatment-helping-loved-ones-mental-health-crisis>
- 2014 **State University of New York Downstate Medical Center Grand Rounds,** Physician Mental Health: A Model for Distress and Resilience, Brooklyn, New York, March 2014
- 2014 AFSP Advocacy Forum 2014, Plenary: Bullying and Suicide: Unraveling the Link, Washington, D.C., February 2014
- 2014 AFSP Chapter Leadership Conference 2014, AFSP's Impact: Preventing Suicide and Building Resilience, and Engaging with Attempt Survivors, Denver, Colorado, January 2014
- 2009-2013 **Physician Heal Thyself: De-stigmatizing Physician Depression, Enhancing Well-being, and Preventing Suicide**  
UCSD Resident Core Lecture Series—Jan. 21, 2009  
Head & Neck Surgery Grand Rounds – March 27, 2009 – Christine Moutier & Sid Zisook  
Family & Preventive Medicine – April 1, 2009 – Christine Moutier & Marc Norman  
General Surgery Grand Rounds – April 8, 2009 – Christine Moutier & Sid Zisook  
Moores Cancer Center – April 22, 2009 – "Suicide Risk Assessment" – Christine Moutier & Josh Kayman



- All Campus Lecture Series, Biomedical Library – April 30, 2009 - Christine Moutier & Sid Zisook
- Medical Student Seminar – May 6, 2009 – Christine Moutier
- Pediatric Grand Rounds (Faculty Development Series) – July 17, 2009 – Christine Moutier & Sid Zisook
- Emergency Medicine Grand Rounds – September 8, 2009- Christine Moutier & Bill Norcross
- Hospice & Palliative Care – November 10, 2009- Christine Moutier
- Internal Medicine Dept. Grand Rounds – November 18, 2009 – Christine Moutier & Sid Zisook
- Social Psychology and Medicine Course (PSYCH 155) – Nov. 19, 2009 – Christine Moutier
- UCSD Resident Core Lecture Series—September 15, 2010 – Christine Moutier
- Medical Student Seminar – February 11, 2011 – Christine Moutier
- UCSD Student Health Services – March 17, 2011 – Christine Moutier
- Internal Medicine Resident Lecture –May 19, 2011 – Christine Moutier
- Psychiatry Grand Rounds – July 7, 2011 – Christine Moutier
- Medical Student Seminar – November 14, 2011 – Christine Moutier
- Social Psychology and Medicine Course (PSYCH 155) – Nov. 15, 2011 – Christine Moutier
- Orthopedic Surgery Regional Meeting – January 13, 2012
- Trauma Surgery Lecture Series – May 1, 2012 – Christine Moutier
- Hematology/Oncology Grand Rounds – May 18, 2012 – Christine Moutier
- School of Medicine-wide “Struggling in Silence” film screening + discussion – February 7, 2013
- 2013 **Veterans Administration Healthcare System, San Diego**, Ethics Committee. Invited talk: “Healthcare Provider Wellbeing and Moral Distress,” San Diego, California, March 2013
- 2013 Coachella Valley Chapter of the American Foundation for Suicide Prevention, Community Outreach Event. Keynote Speaker: “What Research Tells Us About Suicide: Risks and Prevention.” Palm Desert, California, February 2013
- 2012 **AAMC Annual Meeting, Learning Communities Institute**. Workshop: Tarman D, McKennett M, Moutier C, Goldberg C, Ciacci J, Smith S, Wan L, Yang T, Mullaney S, Willies L, Aldecoa R, Kelly C. “Using Academic Communities as a Structure for a Multifaceted Approach to Discussing Challenges in the Clinical Learning Environment,” November 2012
- 2012 **Western Orthopaedic Surgery Association**. Invited Speaker “Surgeon Burnout, Depression and Suicide Prevention,” San Diego, California, January 2012
- 2011 **Coalition for Physician Enhancement** Fall 2011 Meeting, “Practicing Medicine Longer: The Impact of Aging on Physician Clinical Performance and Quality Care,” San Diego, California, November 2011
- 2011 **Association of Academic Psychiatry Annual Meeting**. Workshop: Verduin M, Seritan A, Moutier C. “Barriers and Creative Solutions to Medical Student Wellness.” Scottsdale, Arizona, September 2011
- 2011 UCSD Reproductive Medicine Department Faculty and Resident Retreat. Keynote: “How to Approach Challenging Communication,” September 2011
- 2011 UCSD Psychiatry Department Grand Rounds, “Physician Wellbeing: A Responsibility,” July 2011
- 2011 UCSD Internal Medicine Residency Training Program residents conference, “De-stigmatizing Physician Depression, Enhancing Well-being, and Preventing Suicide,” May 2011
- 2011 UCSD Reproductive Medicine Department Teaching Retreat. Keynote: “Providing Feedback: Reviving an Essential Practice,” March 2011
- 2010 AMSA Web conference, “About Your Health: Preventing Burnout and Understanding Resiliency,” an interactive presentation to medical students from the U.S. as well as internationally, November 2010
- 2010 **Association of Academic Psychiatry Annual Meeting**. Workshop: Daroff R, Brooks K, Haller E, Moutier C, Roberts L, Tong L. “Replenishing the Flame: Creating (and Actually Using) Systems for Avoiding and Coping with Burnout in Academia.” Pasadena, California, September 2010
- 2010 UCSD Psychiatry Grand Rounds, “Providing Feedback: Reviving an Essential Practice,” July 2010
- 2010 **San Diego Academy of Family Physicians Annual Meeting**. Invited Symposium Presentation: “Physician Depression and Suicide,” San Diego, California, June 2010
- 2010 **American Psychiatric Association Annual Meeting**. Workshop: Dickstein L, Chilton J, Moutier C. “Novel Programs to Promote Mental Wellness in Medical Students,” New Orleans, Louisiana, May 2010
- 2010 **Naval Medical Center Grand Rounds**, “Depression and Physician Suicide,” San Diego, California, April 2010

- 2010 51st Annual National Student Research Forum. Poster: Fang DZ, Young CB, Golshan S, Moutier C, Zisook S. "Burnout In Premedical Undergraduates." Galveston, Texas, April 22-23, 2010
- 2010 **AAMC/Central Group on Educational Affairs.** Oral abstract: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Medical Student Distress and Career Choice: A Multi-Institutional Study." Chicago, Illinois, April 2010
- 2009 **Gerontological Society of America Annual Meeting.** Symposium: Teaching Innovations for Geriatric Mental Health Competencies: Multidisciplinary Approaches. Moutier, C, Sciolla, A, Keri, J, Winegarden, B, Hoffman, HM, Sewell, DD, Jeste, D. Atlanta, Georgia, November 2009
- 2009 **AAMC Central Group on Educational Affairs.** Poster presentation: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Various forms of distress among medical students: A multi-institutional study." Rochester, Minnesota, March 2009
- 2009 **Society of General Internal Medicine 32nd Annual Meeting.** Plenary oral abstract: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Pass-fail grading is associated with enhanced well-being among medical students: a multi-institutional study." Miami, Florida, May 2009
- 2009 **Clerkship Directors of Internal Medicine, Annual Meeting.** Oral abstract: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Patterns of distress in US medical students: a multi-institutional study." Philadelphia, Pennsylvania, Oct 2009
- 2009 **California Student Opportunity and Access Program.** Panelist: "So You Want to Be A Doctor," San Diego and Imperial County Cal-SOAP Middle and High Schools, August 2009
- 2009 **AAMC Western Group for Student and Educational Affairs Conference.** Workshop Chair: Moutier C, Parker N, Garrity M, Lamberton H. "How Student Services Can Promote Mental Health and Wellness in Medical Students." Santa Fe, New Mexico, April 2009
- 2009 **Annual UCSD Student-Run Free Clinic Faculty Retreat.** Plenary: "The Lost Art of Providing Feedback." Carlsbad, California, March 2009
- 2009 **San Diego Psychiatric Society Meeting.** Invited talk: "I Guess That's Why They Call It The Blues: Diagnosis and Treatment of Depression in the 21st Century." La Jolla, California, January 2009
- 2008 **"Out of the Darkness" Community Walk** for the American Foundation for Suicide Prevention. Keynote Speaker. San Diego, California, October 2008
- 2008 **Women in Science and Engineering (WISE).** "Resilience and Burnout: Optimizing Wellness." UCSD, October 2008
- 2008 **Association for Academic Psychiatry Annual Meeting.** Workshop: Moutier C, Stokes C, Zisook S, Clayton P. "Physician, Heal Thyself." Santa Fe, New Mexico, September 2008
- 2008 **UCSD Department of Psychiatry, Grand Rounds.** "Physician, Heal Thyself: Medical Student and Physician Depression and Suicide," July 2008
- 2008 Division of General Internal Medicine, UCSD SOM Curriculum Review and Reform, Grand Rounds. June 2008
- 2008 **AAMC/RIME.** Oral abstract: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Multi-institutional Longitudinal Study of the Relationship Between Burnout and Suicidal Ideation among U.S. Medical Students," November 2008
- 2008 **Association of Medical Educators of Europe.** Research presentation: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Novotny PJ, Sloan JA, Shanafelt TD. "Burnout and Suicidal ideation among U.S. Medical Students: Is Burnout Reversible and Does Recovery Decrease Suicidal Ideation?" Prague, August 2008
- 2008 **AAMC Central Group on Education Affairs.** Oral abstract: Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Shanafelt TD. "Suicidal Ideation among U.S. Medical Students: A Multi-institutional Study." Ohio, April 2008
- 2008 **13th Ottawa International Conference on Clinical Competence.** Oral abstract: Moutier C, Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Szydlo DW, Novotny PJ, Sloan JA, Shanafelt TD. "Suicidal Ideation among U.S. Medical Students: A Multi-institutional Study." Melbourne, Australia, March 2008
- 2008 **13th Ottawa International Conference on Clinical Competence.** Research presentation: Melbourne Havyer R, Thomas MR, Dyrbye LN, Massie FS, Power DV, Eacker A, Harper W,

2008	Durning S, Moutier C, Szydlo DW, Novotny PJ, Sloan JA, Shanafelt TD. "Consideration of Dropping Out among US Medical Students: A Multi-institutional Study." Australia, March 2008 <b>UCSD Pediatrics Dysmorphology and Teratology Grand Rounds.</b> "Psychotropics and Women's Mental Health." March 2008
2007	"Stress, Resilience, and Coping", Invited Speaker for Deaf Community Documentary Film Production and Tele-Broadcast, September 2007
2007	<b>Content expert for documentary films, "Out of the Silence: Medical Student Depression and Suicide" and "Struggling in Silence: Physician Depression and Suicide,"</b> by the American Foundation for Suicide Prevention and PBS. Full-length documentary has aired on over 300 PBS stations nation-wide and won the 2008 "FREDDIE" International Health & Medical Media Award
2007	<b>AAMC Western Group on Student Affairs Annual Meeting.</b> "Diversity Recruitment for the Haves and the Have Nots." Presentation of UCSD SOM Conditional Acceptance Post-Bac Program Outcomes Data. Asilomar, California, May 2007
2007	<b>UCSD CME and Neuroscience Education Institute.</b> Invited lecture: "Advances in Psychopharmacology throughout the Life Span: Women and Reproductive Psychiatry." San Diego, California, April 2007
2006-2008	UCSD SMART (SIRA <b>Medical student Aging Research Training</b> ) Program Retreat, Keynote: "Alternate Pathways in Academia," annually 2006, 07, 08
2006	UCSD MSTP <b>Medical Scientist Training Program, Summer Physician-Scientist Colloquium,</b> Invited speaker: "Alternatives to the Scientist Pathway," July 2006
2006	<b>Association for Academic Psychiatry Annual Meeting.</b> Workshop: Moutier C, Sciolla A, Lehman DH. "Novel methods of teaching: The use of self-disclosure in teaching and mentoring." San Francisco, California, September 2006
2005	<b>CME Pri-Med Symposium.</b> "Innovative Treatments in Anxiety Disorders." Anaheim, California, May 2005
2004	<b>University of Hawaii Department of Psychiatry Grand Rounds.</b> "Somatization Disorder," May 2004
2004-2005	<b>NAMI Chapters</b> in Contra Costa and San Diego Counties, Invited speaker: "Advocating for People with Schizophrenia," several times 2004-05
2001	<b>APA Annual Meeting.</b> Poster: Miller B, Feifel D, Moutier CY, Perry W, Robinson SK. "Safety and tolerability of extended-release divalproex sodium in patients with mania." New Orleans, Louisiana, May 2001
2000	<b>Biological Psychiatry Annual Meeting.</b> Poster: Moutier CY, Feifel DF, Swerdlow N. "Attitudes toward Psychiatry among Medical Students." San Diego, California, April 2001
2000	<b>Association for Academic Psychiatry meeting.</b> Poster: Feifel DF, Moutier CY, Swerdlow N. "Attitudes toward Psychiatry among Medical Students." San Diego, California, Sept 2000
2000	<b>Association of Directors of Psychiatry Residency Training (AADPRT) annual meeting.</b> Research presentation: Moutier CY. "Attitudes toward psychiatry and effect on recruitment." San Diego, California, Feb 2000
1999	<b>Association of Directors of Psychiatry Residency Training (AADPRT) annual meeting.</b> Workshop: Kritchevsky M, Moutier CY, Zisook S. "A neurology curriculum for psychiatry residents." Los Angeles, California, Feb 1999

## AWARDS AND HONORS

2015	<b>#4 of Top 10 Articles Downloaded in 2014</b> Awarded for the article: Dunn LB, Iglewicz A, Moutier C. A conceptual model of medical student well-being: Promoting resilience and preventing burnout. <i>Academic Psychiatry</i> 2008;32:44-53.
2015	<b>"Best Article for 2013"</b> Journal of Medical Regulation Awarded for the article: Moutier C, Bazzo DE, Norcross WA. Approaching the Issue of the Aging Physician Population: Data from the Coalition for Physician Enhancement Conference "Practicing Medicine Longer: The impact of aging on physician clinical performance and quality of care," including survey opinions on the need for age-based physician competency screening
2013	<b>"Professionalism Article Prize"</b> American Board of Internal Medicine The ABIM Foundation recognized three seminal articles in medical professionalism with the Professionalism Article Prize. A selection committee of physicians, a medical student and other leaders in health care reviewed more than 100 peer reviewed articles published in 2012 and selected our co-authored paper on Positive Mental Health (see publication #35)

2013	<b>“Exemplary Mentor Award”</b> for contributing to the positive development of junior colleagues in the profession, Claremont Quality of Life Research Center
2011, 2012	<b>“Top Doctors: Physicians of Exceptional Excellence”</b>
	One of 88 San Diego physicians selected by peers across all specialties
2007-2009	UCSD Student-Run Free Clinic University Leader
	For commitment to community, social justice, patients and students of the Free Clinic
2006-present	<b>Gold Humanism Honor Society</b> elected by national peers
2005	Friend of Social Work Award, San Diego VA Medical Center
2003	<b>Best Teaching Evaluation</b> UCSD Medical Student Grand Rounds
1999	<b>UCSD Psychiatry Resident of the Year</b>
1998-1999	<b>Laughlin Fellow</b> , American College of Psychiatry
1997	<b>Medical Student Teaching Award</b> by the Department of Psychiatry
1996	Bayer Fellowship, American Association for Geriatric Psychiatry
1995	Stanley Kaplan Essay Contest Winner
1995	Presented paper on “Attitudes toward Psychiatry in Medicine”
	University of Cincinnati Department of Psychiatry, Biological Psychiatry Conference, and Academic Psychiatry Conference
1990	Phi Beta Kappa
1990	Mary Pemberton Nourse Fellowship for study in medicine
1990	Frances Walker Prize for greatest proficiency in piano, Vassar College

## ACADEMIC ACTIVITIES

### Administrative Service

2008-2013	UCSD Campus Threat Assessment Team, Principal Administrator for Health Sciences
2007-2013	Co-Chair of HEAR (Healer Education, Assessment, and Referral)
	Committee for Physician Suicide Prevention, UCSD Medical Center and SOM
2005-2013	Director, SOM Conditional Acceptance Post-Baccalaureate Program
2011-2012	Chair, Ad Hoc Advisory Workgroup on Disruptive Faculty Behavior
2006-2012	Diversity Committee, Department of Psychiatry, UCSD
2004-2010	Careers in Medicine Program Director, UCSD School of Medicine
2004-2013	School of Medicine Committees: Student Affairs, Standings & Promotions
2003-2011	UCSD Student-Run Free Clinic Psychiatry Liaison
2007-2008	Core Clinical Curriculum Working Group, SOM Curriculum Reform
2002-2007	SDVAHC Medical Records Committee
2001-2004	UCSD Psychiatry Residency Training Executive Committee
1999-2004	UCSD Psychiatry Residency Selection Committee
1995-2004	UCSD Graduate Education Committee
1999-2002	UCSD Medical Center Continuous Quality Improvement
1999-2002	UCSD Medical Center Medical Ethics Committee
1998-1999	Founding Editor of UCSD Psychiatry Residency Newsletter
1995-1999	UCSD Graduate Education Committee, Residency Class Representative

### Teaching/Mentoring/Producing Roles

2017	Producer, It's Real Documentary Film
2017	Writer/Co-Creator, After a Suicide: A Toolkit for Physician Residency/Fellowship Programs, 40-page guide for programs and hospitals on communication and crisis management to provide safe messaging to mitigate contagion and promote help seeking; guides a compassionate community response following a physician suicide
2016	Writer/Producer, Talk Saves Lives, A scripted slide presentation, teaches the public about suicide prevention and mental health, promotes the idea that everyone has a role to play in preventing suicide
2016	APA Early Career Research Mentor
2015	Producer, Signs Matter, Online 2-hour K-12 teacher training
1999-Present	Medical Student & Resident Mentoring
2013	Seminar for UPAC therapists on “Psychotropic Medication Overview”
2013	Led Critical Incident Debrief for OBGYN/Maternal Mental Health Dept
2012-2013	Coordinated and presented UCSD Health System-wide Chief Resident Orientation, focus on leadership and impact on learning environment



2007-2013	MEDS Seminar to UCSD Health Sciences Faculty and Staff, "How to Provide and Use Feedback"
2005-2013	Chairperson/Mentor for 35 medical student Independent Study Projects
2004-2013	Medical Student Seminars: "Developing Professionalism," "Coping with Stress during Medical School", "Prevention of Burnout", "Depression Awareness", "Preparing for Clinical Training: MS3 Clinical Transitions Course"
2000-2013	Lecturer to NAMI, community primary care physicians and psychiatrists nationally, UCSD Internal and Family Medicine
1999-2013	Core Didactic Lecturer to Psychiatry Residents
2008	Speaker to AVID Program, URM Earl Warren Middle School Students Discussed careers in healthcare professions with sensitivity to psychosocial factors, e.g. gang involvement, drugs and alcohol, ESL. Solana Beach, CA
2005-2009	Mentoring Underprivileged Students Interested in Medicine (Middle School-High School: UCSD Early Academic Outreach Program, Kaiser Permanente Hippocrates Circle)
2000-2008	UCSD Social Work Department on mood and anxiety disorders, Schizophrenia and somatization disorder
2002-2005	Medical Student Psychiatry Grand Rounds Instructor
1999-2002	Physician Assessment Program. Instructed psychopharmacology courses and performed psychiatric evaluations for the PACE Program, a remediation program for impaired physicians.
1997	University of California, San Diego, School of Medicine Psychopathology Course Instructor to MS II Students (during residency)
1996	University of California, San Diego: Extension Course Instructor for DSM-IV Seminar

### Memberships

2014-Present	American Association of Suicidology, Member
2006-Present	Gold Humanism Honor Society, Member 2006-2009 UCSD GHHS Chapter Faculty Advisor
1997-Present	American Medical Association Member
1997-Present	American Psychiatric Association Member
1997-2013	San Diego Psychiatric Society Member

### Community Service

2010-2014	Volunteer as Self-Defense Coach for FAST (Fear and Adrenaline Self-defense Training for teens and adults) and FASTCATS for children (anti-bully/abduction) Krav Maga MMA Academy, San Diego, California
2012-2013	Annual Women's Resource Fair: Self-Defense Seminars Taught 250 Homeless women self-defense tactics
2007-2010	Co-President, Board of Directors, American Foundation for Suicide Prevention, San Diego Chapter. Included education and public outreach: (Film and discussion on depression and suicide 8/08)
2003-2010	Educational Presentations to the public: "Mental, Physical and Spiritual Health," "Mental Health through the Woman's Life Cycle," "Parenting: Responding to your child's sadness or anger," Seacoast Community Church, Encinitas, California

### ADVISORY BOARDS

2017-present	Annenberg Inclusion Initiative, National Board of Advisors.
2017-present	Veterans Administration National Cooperative Study: Lithium for Suicidal Behavior in Mood Disorders. Data Monitoring Committee member.
2017-present	Alliance of Independent Academic Medical Centers (AIAMC) National Advisory Council
2017	Workgroup Chair, Otsuka, on Educational Content development re Suicide Risk and Prevention
2016-present	Advisory Board Member for the Suicide Prevention Center of New York State
2016-present	Accreditation Council on Graduate Medical Education (ACGME) Physician Wellbeing Task Force and Workgroup Member on Tools & Resources
2016-present	APA Council on Research
2016-present	Joint Commission, Suicide Prevention Technical Advisory Panel
2016	Advisory Board Chair, Allergan, MDD and Suicidal Ideation and Behavior, Clinical Trials design
2015-present	Crisis Text Line, National Advisory Board
2011-2013	Stein Institute for Research on Aging (SIRA), Scientific Advisory Board

2008-2013

California Teratogen Information, Scientific Advisory Board

Service (CTIS), a nonprofit group that provides research and education that helps prevent prenatal exposures to drugs, alcohol, medications and other toxins that can cause birth defects.