

Curriculum Vita

Caroline “Vaile” Wright, Ph.D.

American Psychological Association
Office of Health Care Innovation
750 First Street NE
Washington, DC 20002

Office: 

CURRENT POSITION

5/2014 – present Senior Director, Office of Health Care Innovation (5/2020 – present)
Director of Clinical Research and Quality (2/2020 – 5/2020)
Director of Research and Special Projects (5/2014 – 2/2020)
American Psychological Association
Washington, D.C.

PROFESSIONAL LICENSES

8/2009 – present Licensed Psychologist in District of Columbia

EDUCATION/TRAINING

Postdoctoral Residency *Summa – Kent State Center for the Treatment and Study of Traumatic Stress, Summa Health System, Akron, Ohio.*
2007 - 2009

Ph.D. *University of Illinois, Urbana-Champaign (APA-accredited)*
Counseling Psychology – 2007
Doctoral Supervisor: Louise F. Fitzgerald, Ph.D.

Predocutorial Internship *VA Illiana Health Care System, Danville, IL (APA-accredited)*
2006 - 2007

M.S. *University of Illinois, Urbana-Champaign*
Counseling Psychology – 2004

B.S. *University of Illinois, Urbana-Champaign*
Psychology - 2001

FORMER POSITIONS HELD

9/2009 – 4/2014 Director of Psychology Training (2012-14)
Staff Psychologist & Training Faculty Member (2009-12)
Saint Elizabeths Hospital (SEH). Government of the District of Columbia,
Department of Behavioral Health, Washington, D.C.

8/2010 – 12/2013 Adjunct Assistant Professor. *The Chicago School of Professional Psychology (DC Campus)*, Washington, D. C.

- 4/2008 – 9/2009 Therapist/Research Associate. *University of Akron*. NIH R34 Randomized Clinical Trial, *Treatment of PTSD in Recently Battered Women Living in Shelters* awarded to Dawn M. Johnson, Ph.D.
- 8/2007 – 6/2009 Postdoctoral Clinical Research Fellow. *Summa – Kent State Center for the Treatment and Study of Traumatic Stress*, Summa Health System, Akron, Ohio.
Supervisors: Drs. Dawn M. Johnson, Stevan Hobfoll (Director 2007-08) and Patrick A. Palmieri (Director 2008-09).
- 1/2008 – 6/2009 Consultant. Internship Training Program at *VA Illiana Health Care System*, Danville, Illinois.
- 8/2006 – 8/2007 Pre-doctoral Intern. *VA Illiana Health Care System*, Danville, Illinois. (APA accredited).
Supervisor: Dr. Tressa Crook (training director)
- 5/2005 – 9/2005 Research Fellow. *Army Research Institute (ARI)*, University of Illinois, Urbana, IL. Supervisors: Drs. Louise F. Fitzgerald and Alayne Ormerod
- 8/2001 – 8/2007 Research Assistant. *Women’s Work Experiences Lab*, University of Illinois, Urbana, IL. Supervisors: Drs. Louise F. Fitzgerald, and Fritz Drasgow
- 8/2001 – 8/2007 Research Consortium Fellow. *Department of Defense Manpower Data Center (DMDC)*, University of Illinois, Urbana, IL.
Supervisors: Drs. Louise F. Fitzgerald, and Fritz Drasgow

PEER REVIEWED PUBLICATIONS

- Perle, J. G., Smucker-Barnwell, S., Morland, L. A., Wright, S. D., Villalobos, B. T., Moore, H. D., Loew, M. M., Frye, W. S., & **Wright, C. V.** (accepted). A compendium for the 2024 American Psychological Association Guidelines for the Practice of Telepsychology: Guideline applications and resources. *American Psychologist*.
- Rothrock, N., Bott, N., Douglas, S., McKune, E. W., Owings-Fonner, N., Ross, D., Stephens, K. A., Bard, D., Bobbitt, B. L.,...**Wright, C. V.** (2024). Understanding and preparing for value-based care: A primer for behavioral health providers. *Professional Psychology: Research and Practice*, 55, 68-78.
- Boswell, J. L., Hepner, K. A., Lysell, K., Rothrock, N., Bott, N., Douglas, S. R., Owings-Fonner, N., **Wright, C. V.**, Bobbitt, B. L., Stephens, K. A., & Bard, D. E. (2023). The need for a measurement-based care professional practice guideline. *Psychotherapy*, 60, 1 – 16.
- Lin, L., Ferenz, K., Stamm, K. E., **Wright, C. V.**, Bethune, S., & Conroy, J. (2022). Relationship between challenges to telehealth and psychologists’ response to the coronavirus pandemic. *Professional Psychology: Research and Practice*, 53, 596-605.

- Halfond, R. W., **Wright, C. V.**, & Bufka, L. F. (2021). The role of harms and burdens in clinical practice guidelines: Lessons learned from the American Psychological Association's guideline development. *Clinical Psychology: Science and Practice*, 28, 19-28. <https://doi.org/10.1111/cpsp.12343>
- Mueller, K. L., Hudson, T. W., Bruns, D., Algire, D. Z., Behrman, A., Brubaker, P., Buchta, W. G., Christian, J. H., Cloeren, M., Das, R., Eisenhart, M., Eisman, E., Farrell, P., Frangos, S. A., Gean, C. J., Gillaspay, S., Hammel, R., Havens, C., Marks, S., Melvin, J., Menning, M., Moses, E., Papanek, P. J., Persell, S., Pushkin, G., Rodrigues, S., Rogers, B., Rosenthal, J. A., Saito, K., Schwartz, L. A., Snodgrass, J., & **Wright, C. V.** (2020). Recommendations from the 2019 symposium on including functional status measurement in standard patient care. *Journal of Occupational and Environmental Medicine*. 62(8):e457-e466. doi: 10.1097/JOM.0000000000001935.
- Rousmaniere, T., **Wright, C. V.**, Boswell, J. L., Castonguay, L., Constantino, M., McLeod, J., Nordal, K., & Pedulla, D. (2020). Keeping psychologists in the driver's seat: Four perspectives on clinical data registries. *Psychotherapy*, 57, 562-573. doi.org/10.1037/pst0000227
- Wright, C. V.**, Goodheart, C., Bard, D., Bobbitt, B., Butt, Z., Lysell, K., McKay, D., & Stephens, K. (2020). Promoting measurement-based care and quality measure development: The APA Mental and Behavioral Health Registry initiative. *Psychological Services*, 17, 262-270. doi.org/10.1037/ser0000347
- Wright, C. V.**, Beattie, S. G., Galper, D. I., Sawaqdeh, A. J., Bufka, L. F., Brabender, V., & Smith, B. (2017). Assessment practices of professional psychologists: Results of a national survey. *Professional Psychology: Research and Practice*, 48, 73-78.
- Lawson, A. K., **Wright, C. V.**, & Fitzgerald, L. F. (2013). The evaluation of sexual harassment litigants: Reducing discrepancies in the diagnosis of Posttraumatic Stress Disorder. *Law and Human Behavior*, 37, 337-347.
- Wright, C. V.**, & Johnson, D. M. (2012). Encouraging legal helpseeking for victims of intimate partner violence: The therapeutic effects of the civil protection order. *Journal of Traumatic Stress*, 25, 1-7.
- Perez, S., Johnson, D. M., & **Wright, C. V.** (2012). The attenuating effect of empowerment on IPV-related PTSD symptoms in battered women living in domestic violence shelters. *Violence Against Women*, 18 (1), 102-117.
- Spanierman, L. B., Oh, E., Heppner, P. P., Neville, H. A., Mobley, M., **Wright, C. V.**, Dillon, F. R., & Navarro, R. (2011). The Multicultural Teaching Competencies Scale (MTCS): Development and initial validation. *Urban Education*, 46, 440 - 464.
- Wright, C. V.**, Perez, S., & Johnson, D. M. (2010). The mediating role of empowerment in African American women experiencing intimate partner violence. *Psychological Trauma: Theory, Research, Practice, and Policy*, 2, 266-272.

Wright, C.V., Collinsworth, L.C., & Fitzgerald, L.F. (2010). Why did this happen to me? Cognitive schema disruption and PTSD in sexual trauma victims. *Journal of Interpersonal Violence*, 25, 1801-1814.

Wright, C. V., & Johnson, D. M. (2009). Correlates for legal helpseeking: Contextual factors for battered women in shelter. *Violence and Victims*, 24(6), 771-785.

Wright, C. V., & Fitzgerald, L. F. (2009). Correlates of joining a sexual harassment class action. *Law and Human Behavior*, 33, 265-282.

Wright, C. V., & Fitzgerald, L. F. (2007). Angry and afraid: Women's appraisals of sexual harassment during litigation. *Psychology of Women Quarterly*, 31, 73-84.

EDITED BOOKS AND INVITED BOOK CHAPTERS

Bufka, L. F., **Wright, C. V.**, & Halfond, R. (Eds.). (2020). *Casebook to the APA's Clinical Practice Guideline for the Treatment of PTSD*. Washington DC: American Psychological Association.

Wright, C. V. (2020). Foundations of PTSD treatment. In L. F. Bufka, C. V. Wright, & R. Halfond (Eds.). *Casebook to the APA's Clinical Practice Guideline for the Treatment of PTSD*. Washington DC: American Psychological Association.

Wright, C. V., & Bufka, L. (2020). Brief measures for screening and measuring mental health outcomes. In Martin Antony (Ed.), *Handbook of Assessment and Treatment Planning for Psychological Disorders*, 3rd ed. Guilford.

Eisman, E., & **Wright, C. V.** (2016). Subfields of Psychology. In J. C. Norcross, G. R. VandenBos, & D. K. Freedheim (Eds.), *APA Handbook of Clinical Psychology, Vol 5 Education and Profession*, (pp. 437-453). Washington DC: American Psychological Association.

Nordal, K., Halfond, R., & **Wright, C. V.** (2016). QI and the APA. In W. O'Donohue, A. Maragakis, & C. Snipes (Eds.), *Quality Improvement and Behavioral Health*, (pp. 229-246). Springer International Publishing Switzerland.

PUBLICATIONS IN POPULAR PRESS

American Psychological Association (2024, October 29). Post-pandemic telehealth practices among psychologists. Blog for the *American Telemedicine Association*.

Page, C., Stamm, K., Assefa, M., Bethune, S., **Wright, C. V.**, Fortunato, L., Weng, J., Novak, K., & Richman, A. (2024, April). When are psychologists most at risk of burnout? Datapoint in *Monitor on Psychology*, Vol 55, No 3.

Robinson, W., & **Wright, C. V.** (2023, April). Improving access to evidence-based psychological care. Op-Ed in *Health Affairs Forefront*.

Wright, C. V. (2017, July/August). Older adults' stress levels are trending downward (politics notwithstanding). *Aging Today*, Vol 38, No 4.

PUBLICATIONS UNDER REVIEW

PUBLICATIONS IN PREPARATION

POLICY PAPERS & TECHNICAL REPORTS

American Psychological Association. (2025). *APA Professional Practice Guidelines on Measurement-Based Care*. Retrieved from <https://www.apa.org/about/policy/guidelines-measurement-based-care.pdf>

American Psychological Association. (2024). *Proposed Revision of Guidelines for the Practice of Telepsychology*. Retrieved from <https://www.apa.org/practice/guidelines/telepsychology-revisions.pdf>

American Psychological Association. (2020). *Guidelines for Psychological Assessment and Evaluation*. Washington, DC: American Psychological Association.

Ormerod, A.J., Lawson, A.K., Lytell, M.C., **Wright, C.V.**, Sims, C. S., Brummel, B.J., Drasgow, F., Lee, W.C., & Fitzgerald, L.F. (2005). *2004 Workplace and Gender Relations Survey of Reserve Component Members: Scales and measures report* (Report No. 2004-022). Arlington, VA: DMDC.

Ormerod, A.J., Lawson, A.K., Sims, C.S., Lytell, M.C., Wadlington, P.L., Yaeger, D.W., **Wright, C.V.**, et al. (2003). *2002 Workplace and Gender Relations Survey: Scales and measures report* (Report No. 2002-031). Arlington, VA: DMDC.

PRESENTATIONS AT NATIONAL AND INTERNATIONAL CONFERENCES

Jensen-Doss, A., Fortunato, L., Jones, A., & **Wright, C. V.** (2025, August). APA's Measurement Based Care Professional Practice Guidelines: Why Now and How Did it Come About? In **C. V. Wright** (chair) *Using Data to Enhance Care: The APA Professional Practice Guidelines on Measurement-Based Care*. Symposium presented at the annual convention of the American Psychological Association, Denver, CO.

Society for Digital Mental Health. (2025, June). Invited panelist on *Digital Mental Health in the Shifting Political and Healthcare Landscape* at the annual virtual conference.

Wright, C. V. (2025, May). *Addressing the Mental Health Crisis with Technology and AI: The Good, the Bad, and the Ethical*. Invited keynote speaker at the Center for Deployment Psychology – Evidence-Based Psychotherapy Conference. (virtual)

Cooper, D. & **Wright, C. V.** (2025, May). *Ethics in Digital Health: A Guide on how to Approach the New Way we Practice*. Invited speaker at the Pre-Meeting Institute at the Center for Deployment Psychology – Evidence-Based Psychotherapy Conference. (virtual)

International Summit on Psychology and Global Health. (2025, March). Moderated panel on *Harnessing AI to Address the Global Mental Health Crisis: Promise, Limitations, and Ethical Considerations*, Kingston, Jamaica.

- Wright, C. V.** (2025, March). *Addressing the Mental Health Crisis with Technology and AI*. Invited speaker at HIMSS25 annual conference, Las Vegas, NV.
- Sperling, S., Gillaspay, S., & Wright, C. V.** (2024, November). *It Takes Teamwork: APA's Strategy for Improving Valuation and Reimbursement of Neuropsychological Services*. Workshop at the annual National Academy of Neuropsychology conference, Austin, TX.
- HLTH.** (2024, October). Invited panelist on Endpoint's workshop *What's Working – and What's Not – in Direct-to-Consumer Care*. Las Vegas, NV.
- European Federation of Psychology Students' Association (EPPSA).** (2024, October). Invited speaker for roundtable on *World Mental Health Day*. Virtual.
- Youth-Nex** (2024, September). Invited panelist on *Leveraging Public Policy to Promote Youth Mental Health in a Digital Environment, Challenges & Opportunities* at the 9th annual conference of Youth-Nex/TYDE, University of Virginia.
- APA 2024 Feature Stage.** (2024, August). Moderator for Science Summit panel *Mental Health and Technology* at the annual convention of the American Psychological Association, Seattle, WA.
- Consumer Electronic Show.** (2024, January). Moderator for panel *Making Digital Health Interventions Accessible and Affordable* at the annual meeting of CES, Las Vegas, NV.
- Behavioral Health Tech.** (2023, November). Invited panelist on *Will Clinicians in Leadership Roles Save Mental Health Tech?* at the annual meeting of Going Digital Health, Phoenix, AZ.
- APA 2023 Main Stage.** (2023, August). Invited panelist on *Mind Meets Machine: The intersection of artificial intelligence and psychology* at the annual convention of the American Psychological Association, Washington, DC.
- Wright, C. V.** (2023, August). The future is now: How digital therapeutics could address the mental health crisis. In J. Kim Penberthy & John Norcross (co-chairs) *The Future of Clinical and Health Psychology: Views from the Lab and the Field*. Symposium presented at the annual convention of the American Psychological Association, Washington, DC.
- Wright, C. V.** (2023, June). *Pros, cons, and significance of FDA clearance for digital mental health interventions*. Invited speaker at annual conference of the Society for Digital Mental Health.
- Wright, C. V.** (2023, June). *Translating clinical evidence into clinical guidelines*. Invited panelist at the Digital Therapeutics Alliance Inaugural Summit, Washington, DC.
- Anderson, P. L., Jackson, J. L., **Wright, C. V.** (2022, June). *Using digital mental health innovations to address the needs of diverse, underserved populations: Perspectives from the APA Summit on the Future of Education and Practice of Psychology*. Flash talk presented at the 1st meeting of the Society for Digital Mental Health, virtual.

- Wright, C. V.** (2022, May). *Can we talk? Chronic illnesses impact on family and the benefits of therapy*. Invited speaker at the IgNS Patient 360 national virtual conference.
- Ryan, M., & **Wright, C. V.** (2021, October). *You are not alone: Understanding the impact of COVID-19 on physical and emotional well-being and how to overcome it*. Invited speaker at the 10th IgNS national conference, Las Vegas, NV.
- APA 2021 Main Stage.** (2021, August). Invited moderator for panel entitled *The Entertainment Industry and Psychology: Changing the Way We Think About Mental Health* at the virtual annual convention of the American Psychological Association, San Diego, CA.
- Wright, C. V.** (2021, August). Mental and Behavioral Health Technologies and Digital Therapeutics. In B. Ward-Zimmerman, (Chair), *Psychology Practice in the 21st Century: What It Takes to Thrive vs. Survive*. Symposium to be presented at the (virtual) annual convention of the American Psychological Association, San Diego, CA.
- Wright, C. V.** (2021, August). The Role of Measurement-Based Care in Demonstrating Quality to Payers. In J. Bosworth, (Chair), *Developments in Measurement-Based Care: Telehealth, Payment Models, and Practice-Oriented Research*. Symposium to be presented at the (virtual) annual convention of the American Psychological Association, San Diego, CA.
- Wright, C. V.** (2021, January). *On the Group Patient/Provider Telehealth Experiences and Lessons Learned*. Invited panelist for the American Telemedicine Association EDGE Policy Event.
- Wright, C. V.** (2020, December). *How to Survive a Plague: Burnout in the SOC*. Invited panelist for the annual SOCstock conference.
- Wright, C. V.** (2020, November). *Advocacy in action*. Invited presentation at the 40th annual conference for the National Academy of Neuropsychology, Chicago, IL.
- APA 2020 Main Stage.** (2020, August). Invited main stage speaker for panel entitled *The Psychological Toll of COVID-19* at the virtual annual convention of the American Psychological Association, Washington, DC.
- Wright, C. V.** (2020, August). Trends in value-based care: MIPS and MBHR. In J. Bosworth, (Chair), *The expanding relevance and implications of measurement-based care: Diverse stakeholder perspectives*. Symposium to be presented at the annual convention of the American Psychological Association, Washington, DC. **cancelled due COVID-19*
- Wright, C. V.** (2019, November). *Navigating value-based care*. Invited presentation at the 39th annual conference for the National Academy of Neuropsychology, San Diego, CA.
- Wright, C. V.** (2019, August). Federal regulatory influences on reimbursement and the APA Mental and Behavioral Health Registry. In C. Goodheart, (Chair), *The future of reimbursement: Measurement-based care and the APA Mental & Behavioral Health Registry*, Symposium presented at the annual convention of the American Psychological Association, Chicago, IL.

- Wright, C. V., & Hopper, K., & Sanchez, M. (2019, August).** *Giving psychology away: Using media to your advantage.* Presentation in the PsycCareers Live Booth at the annual convention of the American Psychological Association, Chicago, IL.
- Wright, C. V. (2019, February).** *Translating clinical science to expand opportunities for professional practice: Programs and policies.* Invited presentation at the annual conference of the Association of Psychologists in Academic Health Centers, New Orleans, LA.
- Bufka, L. F., Halfond, R. W., & **Wright, C. V. (2018, November).** *Translating clinical science to enhance practice: Policy and products.* Research and Professional Development Talk presented at the annual convention of the Association of for Behavioral and Cognitive Therapies, Washington, DC.
- Wright, C. V. (2018, October).** *All you want to know about Medicare and quality reporting.* Invited workshop presented at the 38th annual conference for the National Academy of Neuropsychology, New Orleans, LA.
- Wright, C. V., Nordal, K., & Pedulla, D. (2018, August).** APA and APA Practice Organization perspective on quality improvement. In C. V. Wright (Chair), *Keeping psychologists in the driver's seat: Multiple perspectives on quality improvement*, Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Wright, C. V. (2018, August).** History and overview of MBHR initiative. In C. Goodheart (Chair), *Be competitive and more: Reporting on quality in the changing health care marketplace*, Symposium presented at the annual convention of the American Psychological Association, San Francisco, CA.
- Wright, C. V., & Johnson, D. M. (2014, March).** Just a "piece of paper"? A look at domestic violence victims who drop their civil protection orders. Poster accepted at the annual convention of the American Psychology and Law Society, New Orleans, LA.
- Wright, C. V. (2012, November).** Implementation of inpatient Dialectical Behavior Therapy skills training group. In W. Olson (Chair), *New Directions at an Established Institution: Adapting Evidence-Based Treatments at an Inpatient Psychiatric Facility for the Seriously Mentally Ill*, Clinical Roundtable presented at the annual convention of the Association of for Behavioral and Cognitive Therapies, National Harbor, MD.
- Wright, C. V., & Groves, G. (2012, November).** Implementation of inpatient Dialectical Behavior Therapy skills training group. Poster presented at the annual convention of the Association of for Behavioral and Cognitive Therapies, National Harbor, MD.
- Wright, C. V., Miller, C., & Johnson, D. M. (2011, November).** More than just getting hit: Fear of retaliation as a barrier to IPV-related help-seeking. Poster presented at the annual convention of the International Society for Traumatic Stress Studies, Baltimore, MD.

- Wright, C. V.**, Miller, C., & Johnson, D. M. (2010, September). Applying HOPE in special populations: Intimate partner violence and the justice system. In D. M. Johnson (Chair), *HOPE: Empowering women who have experienced intimate partner violence*, Symposium presented at the International Conference on Violence, Abuse, and Trauma, San Diego, CA.
- Marsh, A. M., & **Wright, C. V.** (2010, June). Implementation of a positive behavior support plan in an inpatient public psychiatric hospital: Lessons learned. Poster presented at the annual convention of the World Congress of Behavioral and Cognitive Therapies, Boston, MA.
- Wright, C. V.**, & Johnson, D. M. (2010, February). Encouraging legal helpseeking for battered women: The therapeutic effects of the civil protection order. In D. M. Johnson (Chair), *Stopping the Cycle of Violence against Women across the Lifespan: Building Interventions*, Symposium presented at the National Summit on Interpersonal Violence and Abuse, Dallas, TX.
- Fitzgerald, L.F., Larsen, S. E., **Wright, C. V.**, Collinsworth, L. L., & Lawson, A. (2009, November). Sexual harassment and PTSD: Toward a model of harm and recovery. In S. Larsen (Chair), *Sexual Harassment and PTSD: Onset, Recovery, and Process*, Symposium presented at the annual convention of the International Society for Traumatic Stress Studies, Atlanta, GA.
- Wright, C. V.** (2009, November). Interventions for Acutely Battered Women: Controversies and Challenges. Clinical roundtable presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Wright, C. V.**, & Johnson, D. M. (2009, August). Developing a coordinated community intervention for battered women utilizing the justice system. In D. M. Johnson (Chair), *Empowering Abused Women – Prevention, Advocacy, and Collaborative Treatment*, Clinical roundtable presented at the annual convention of the American Psychological Association, Toronto, Canada.
- Wright, C. V.**, & Johnson, D. M. (2008, November). Correlates for legal helpseeking: Risk and resilience factors for battered women in shelter. Poster session presented at the annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
- Wright, C. V.** & Fitzgerald, L. F. (2008, November). In for the long haul: The role of PTSD in litigation persistence in a sexual harassment class. Poster session presented at the annual convention of the International Society for Traumatic Stress Studies, Chicago, IL.
- Wright, C. V.** (2007, March). Finding one's voice: Predicting litigation decision making in a class action sexual harassment lawsuit. In L. L. Collinsworth (Chair), *Litigating Sexual Harassment Claims: The Multifaceted Experiences of Female Employees at a National Firm*, Symposium presented at the annual convention of the Association for Women in Psychology, San Francisco, CA.

- Hund, A., **Wright, C. V.**, Neville, H. A., Oh, E., & French, B. H. (2006, August). Effectiveness of psychological interventions with adult rape survivors: A meta-analysis. Poster session presented at the annual convention of the American Psychological Association, New Orleans, LA.
- Lawson, A. K., **Wright, C. V.**, Fitzgerald, L. F., & Collinsworth, L. C. (2006, May). Comparing apples to oranges? An examination of the restructured clinical scales with sexual harassment litigants. Paper presented at the annual symposium on Recent Developments on the MMPI-2/MMPI-A, Minneapolis, MN.
- Fitzgerald, L. F., Collinsworth, L. C., Larson, S., Lawson, A. K., Perry, L. A., & **Wright, C. V.** (2006, May). Contribution of previous victimization to MMPI-2 clinical and RC scale profiles of sexual harassment plaintiffs. Paper presented at the annual symposium on Recent Developments of the MMPI-2/MMPI-A, Minneapolis, MN.
- Spanierman, L. B., Oh, E., Heppner, P. P., Neville, H. A., Mobley, M., **Wright, C.V.**, Dillon, F., & Navarro, R. (2006, April). The Multicultural Teaching Competencies Scale (MTCS): Development and initial validation. Poster session presented at the annual convention of the American Educational Research Association, San Francisco, CA.
- Fitzgerald, L.F., Ormerod, A.J., Collinsworth, L.L., Lawson, A.K., Lytell, M., Perry, L.A., & **Wright, C.V.** (2005, November). The Measurement of sexual harassment in the United States Armed Forces: A model program of research. In A. R. Lancaster (Chair), *United States Military Sexual Harassment and Assault Research and Initiatives*. Symposium presented at the annual meeting of the International Military Testing Association, Singapore.
- Ormerod, A.J., Fitzgerald, L.F., Collinsworth, L.L., Lawson, A.K., Lytell, M., Perry, L.A., & **Wright, C.V.** (2005, November). Sexual assault in the military: Context factors and measurement issues. In A. R. Lancaster (Chair), *United States Military Sexual Harassment and Assault Research and Initiatives*. Symposium presented at the annual meeting of the International Military Testing Association, Singapore.
- Wright, C.V.**, & Fitzgerald, L.F. (2005, August). Organizational antecedents of harassment: Incorporating appraisal into the integrated model. Paper presented at the annual convention of the American Psychological Association, Washington D.C.
- Collinsworth, L.C., **Wright, C.V.**, & Fitzgerald, L.F. (2005, June). Managing the manager: Coping with sexual harassment in housing. Paper presented at the annual convention of Law and Society, Las Vegas, NV.
- Wright, C.V.**, Collinsworth, L.C., & Fitzgerald, L.F. (2005, February). Why did this happen to me? Cognitive schema disruption and PTSD in sexual trauma victims. Paper presented at the annual convention of the Association for Women in Psychology, Tampa, FL.
- Collinsworth, L.C., & **Wright, C.V.** (2005, February). Out of sight but not out of mind: The role of previous victimization in PTSD outcomes. Paper presented at the annual convention of the Association for Women in Psychology, Tampa, FL.

Ormerod, A.J., **Wright, C.V.**, & Fitzgerald, L.F. (2003, November). Workplace reprisals: A model of retaliation following unprofessional gender-related behavior. Paper presented at the annual convention of the International Military Testing Association, Pensacola, FL.

Ormerod, A.J., **Wright, C.V.**, & Fitzgerald, L.F. (2003, August). Personal and professional retaliation following sexual harassment: Definitions and correlates. Paper presented at the annual convention of the American Psychological Association, Toronto, CA.

INVITED PLENARIES, REGIONAL PRESENTATIONS, WORKSHOPS & WEBINARS

Wright, C. V. (2025, May). *The future is now: How digital therapeutics could address the mental health crisis*. Invited speaker at the Ohio State Psychological Association virtual CE event.

Wright, C. V. (2025, April). *The current state of mental health technology and AI*. Invited speaker at University of California San Francisco DPBS Distinguished Visiting Lecturer Series.

Wright, C. V. (2025, March). *The current state of mental health technology and AI*. Keynote speaker at the annual South Carolina Psychological Association conference, Columbia, SC.

Wright, C. V. (2025, February). *Digital Interventions in Clinical Practice*. Invited speaker at New Hampshire Psychological Association virtual CE workshop.

Wright, C. V. (2025, January). *The current state of mental health technology and AI*. Invited speaker at the Kentucky Psychological Association virtual CE event.

Children and Screens Institute of Digital Media and Child Development. (2024, December). Ask the Experts Webinar on Digital Therapeutics. Invited moderator for virtual webinar.

Wright, C. V. (2024, November). *The current state of mental health technology and AI*. Invited speaker at the annual Louisiana Psychological Association conference, Baton Rouge, LA.

Wright, C. V. (2024, November). *The current state of mental health technology and AI*. Keynote speaker at the annual Oklahoma Psychological Association conference, Oklahoma City, OK.

Wright, C. V. (2024, October). *Addressing mental health with technology*. Invited speaker at the Vermont Psychological Association.

Wright, C. V. (2024, May). *The current state of mental health technology and AI*. Invited featured speaker at the annual Missouri Psychological Association conference.

Wright, C. V. (2024, April). *The future is now: How digital interventions could address the mental health crisis*. Invited speaker at the virtual North Carolina Psychological Association spring conference.

- Wright, C. V.** (2024, April). *The future is now: How digital therapeutics (including AI) could address the mental health crisis*. Invited keynote speaker at the annual Minnesota Psychological Association statewide convention.
- Wright, C. V.** (2024, March). *The future is now: How digital interventions could address the mental health crisis*. Invited speaker for APA's Professional Development Training Institute.
- Wright, C. V., & Weitz, J.** (2024, March). *Telehealth opportunities and limitations*. Invited speaker at ASU Virtual Conference Series on Improving Access to Behavioral Care.
- Wright, C. V.** (2024, February). *The role of AI in health care*. Invited lightning talk at the annual meeting of the APA Practice State Leadership Conference, Washington, DC.
- Big Health Virtual Roundtable.** (2024, January). *The crisis of adolescent mental health: Creating new solutions for teens and families*. Invited panelist for Big Health virtual roundtable.
- American Psychological Association and Big Health Joint Webinar.** (2023, October). *Understanding digital treatments: Why all mental health apps are not created equal*. Invited panelist and moderator.
- Wright, C. V.** (2023, September). *The future is now: How digital therapeutics could address the mental health crisis*. Invited speaker at the annual Florida Psychological Association statewide convention.
- Wright, C. V., Mirchandani, H., & Dennis, N.** (2023, April). *Beyond medication: Changing the paradigm in behavioral health care*. Invited panelist for webinar hosted by Big Health.
- Wright, C. V., Colman, A., & Tidball, K.** (2023, March). *Intersection of mental health and nature*. Invited panelist for national webinar for the National Park Service.
- Wright, C. V.** (2023, March). *Digital therapeutics in mental health care*. Invited lightning talk at the annual meeting of the APA Practice Leadership Conference, Washington, DC.
- American Psychological Association, American Psychiatric Association and Mental Health America Joint Webinar.** (2022, April). [*Policy challenges and opportunities for digital therapeutics in the mental health and substance use crisis*](#). Invited moderator for panel with CMS and FDA representatives.
- Wright, C. V., and Bott, N.** (2022, April). *Successful use of the Merit-based Incentive Payment System (MIPS) for Neuropsychologists*. National webinar for National Academy of Neuropsychologists.
- Wright, C. V.** (2021, July). *Chronic disease and mental health during COVID*. Invited speaker at HealthCentral Chronic Disease Day national panel.

- Wright, C. V.** (2021, April). *Stress in the time of COVID-19: The Impact on Children and Adolescents*. Invited presenter at annual conference of Mental Health America of Augusta, Georgia.
- Wright, C. V.** (2021, February). *Supporting Employee Mental and Behavioral Health*. National webinar for World Congress.
- Wright, C. V.,** and Bufka, L. F. (2020, September). *Helping Healthcare Professionals Cope with the Mental/Behavioral Impacts of COVID-19*. Fireside Chat with Healthmonix.
- Wright, C. V.** (2020, June). *Mental Health and Psychology After COVID*. Invited participant on live expert panel for Newswise.
- Bufka, L. F., and **Wright, C. V.** (2020, June). *PRCA COVID-19 Forum: Mental Wellbeing in Public Relations*. International webinar for PRCA United Kingdom.
- Wright, C. V.** (2020, June). *Strategies to Help Those Impacted by Social Isolation and Loneliness in a Pandemic Environment*. National webinar for World Congress.
- Bufka, L. F., and **Wright, C. V.** (2020, April). *Advice for Journalists: Addressing Traumatic Stress in the Era of COVID-19*. National webinar for Reporters without Borders.
- Wright, C. V.,** and Goodheart, C. (2020, April). *The Future of Professional Practice: APA's Mental and Behavioral Health Registry Initiative*. Invited presentation at Rutgers University GSAPP, New Jersey. *postponed due to COVID-19
- Bufka, L. F., and **Wright, C. V.** (2020, March). *Managing anxiety and stress in uncertain times*. Global webinar for EBSCO librarians.
- Bufka, L. F., and **Wright, C. V.** (2020, March). *Coping in the era of coronavirus: A webinar for students*. National webinar for APA student members.
- Wright, C. V.** (2020, March). *Providing Quality Care to Diverse Populations: Challenges and Opportunities*. Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.
- BeHealthiHer Outsmart Stress Event.** (2019, November). Invited panelist by Prevention Magazine, Healthy Women, and GCI Health. Good Housekeeping Institute, New York, NY.
- Wright, C. V.** (2019, November). *Future trends in professional practice*. Invited keynote at the annual meeting of the Oklahoma State Psychological Association, Oklahoma City, OK.
- Wright, C. V.** (2019, September). *The future of reimbursement and MIPS quality reporting*. Invited presentation at the fall meeting of the Virginia Academy of Clinical Psychology, Leesburg, VA.

- Wright, C. V.** (2019, June). *Future Trends in Clinical Practice*. Invited Plenary presented at the annual meeting of the Missouri State Psychological Association, St Louis, MO.
- Wright, C. V.** (2019, June). *Trends in Value-Based Care and APA Mental and Behavioral Health Registry*. Invited workshops presented at the annual meeting of the Missouri State Psychological Association, St Louis, MO.
- Wright, C. V.** & Halfond, R. (2019, March). *Translating Clinical Science to Enhance Practice: Programs and Policies* (co-chairs). Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.
- Wright, C. V.** & Pedulla, D. (2019, January). *2019 MIPS Reporting: Everything you want to know about Medicare Quality Reporting and the Mental and Behavioral Health Registry (MBHR)*. National webinar for APA members.
- ABCT Dissemination and Implementation Science Special Interest Group.** (2018, November). *Getting psychology in the news: Craft your message, connect with your audience*. Invited media expert for Q & A for the Pre-Conference entitled "Talking the talk: Communicating science to diverse audiences."
- Wright, C. V.** (2018, October). *The future of reimbursement and quality reporting*. Invited workshop presented at the annual fall conference of the Illinois Psychological Association, Schaumburg, IL.
- ABHW and World Congress Behavioral Health Care Congress.** (2018, October). *Analyze how value-based purchasing and alternative payment models are changing outcomes measurement*. Invited panelist on the Inaugural Behavioral Health Care Policy Track, Arlington VA.
- Goodheart, C. & **Wright, C. V.** (2018, September). *All you want to know about Medicare and quality reporting: The APAPO/APA Mental and Behavioral Health Registry*. Invited workshop presented to the New Jersey Psychological Association, Newark, NJ.
- Wright, C. V.** & Pedulla, D. (2018, August). *Quality reporting: Measuring outcomes, reporting data, and the Mental and Behavioral Health Registry (MBHR)*. National webinar for APA members.
- Wright, C. V.** (2018, May). *Women and Serious Mental Illness*. Invited presentation for the Office of Women's Health at the US Department of Health and Human Services, Washington DC.
- Wright, C. V.,** & Bobbitt, B. (2018, April). *Measuring outcomes of care: The use of the APA/APAPO Mental and Behavioral Health Registry in clinical practice*. Invited workshop presented at the annual spring conference of the Minnesota Psychological Association, Minneapolis, MN.

- Wright, C. V.** (2018, March). *The train has left the station: Understanding the legislative and regulatory trends promoting quality measurement and what to do about it in your practice* (Chair). Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.
- APA MonitorLIVE.** (2017, December). *Think Bigger – Exploring New Practices and Income Opportunities for Psychologists*. Served as moderator for two expert panels at event held and livestreamed at the American Psychological Association, Washington, DC
- Wright, C. V.** (2017, November). *Stress in America: Coping with Change Before and After the 2016 Presidential Election*. Invited plenary presented at the annual fall conference of the Massachusetts Psychological Association, Norwood, Massachusetts.
- Wright, C. V.** (2017, September). *Changes in National Healthcare Programs, Assessment and Measurement, and Emerging Mental Health Treatments*. Invited workshop presented at the annual fall conference of the Wyoming Psychological Association, Sheridan, WY.
- Wright, C. V.** (2017, August). *Making the most of your media opportunities*. Webinar for APA Public Education Campaign Coordinators.
- Wright, C. V.** (2017, March). *Quality Over Quantity: Developing a Qualified Clinical Data Registry for Behavioral Health* (chair). Workshop presented at the annual meeting of the APA Practice Organization Practice Leadership Conference, Washington, DC.
- Wright, C. V.** (2016, October). *APA Emerging Careers Webinar: Practitioners*. National webinar for APA members.
- Wright, C. V.** (2016, February). Assessment practices of professional psychologists: Results of a national survey. In E. Eisman (chair), *Challenges to Psychological Assessment: Scope of Practice and Procedures*. Workshop presented at the annual meeting of the APA Practice Organization State Leadership Conference, Washington, DC.
- Wright, C. V.** (2008, June). *Correlates for legal helpseeking: Sociocultural factors for battered women in shelters*. Paper presented at the 12th Annual Research and Scholarly Activities Day, Northeast Ohio University College of Medicine (NEOUCOM), Department of Psychiatry, Akron, Ohio.
- Wright, C. V.** (2007, March). *Finding one's voice: Predicting litigation decision making in a class action sexual harassment lawsuit*. Presented to the Department of Psychiatry, VA Illiana Health Care System, Danville, Illinois.
- Holt-Dehner, S., & **Wright, C. V.** (2007, February). *Smoking cessation for employees*. Workshop presented at the VA Illiana Health Care System, Danville, Illinois.
- Wright, C. V.** (2006, November). *Working with patients' families during end-of-life care*. Presented to the Palliative Care nursing staff of VA Illiana Health Care System, Danville, Illinois.

EXPERT OPINION INTERVIEWS IN POPULAR PRESS & MEDIA OUTLETS

The Wall Street Journal. (July 20, 2025). "[He had dangerous delusions. ChatGPT admitted it made them worse.](#)"

CNBC. (July 17, 2025). "[AI can't be your therapist: 'These bots basically tell people exactly what they want to hear,' psychologist says.](#)"

Speaking of Psychology podcast. (July 17, 2025). "[Can AI help solve the mental health crisis?](#)"

CNET. (July 16, 2025). "[Can AI be your therapist? 3 things that worry professionals and 3 tips for staying safe.](#)"

USA Today The Excerpt podcast. (July 3, 2025). "[Chatbot therapy? Available 24/7 but users beware.](#)"

Salt Lake Tribune. (July 2, 2025). "[Here's where Utah Republicans fought Trump's 'Big Beautiful Bill' – and won.](#)"

Law360. (June 3, 2025). "[Utah targets mental health chatbots as states scrutinize AI.](#)"

Fortune. (June 1, 2025). "[GenZ is increasingly turning to ChatGPT for affordable on-demand therapy, but licensed therapists say there are dangers many aren't considering.](#)"

Pluribus News. (May 28, 2025). "[Legislators move to rein in AI therapy.](#)"

Yahoo! Tech. (May 27, 2025). "[Mental health meets machine learning: What AI therapy can \(and can't\) do.](#)"

Mashable. (May 21, 2025). "[AI has entered the therapy session – and it's recording you.](#)"

Forbes. (May 11, 2025). "[A rise in 'AI-lationships,' blurring the line between human and robot.](#)"

The San Francisco Standard. (May 11, 2025). "[Fake credentials, stolen licenses: Virtual therapists are lying like crazy to patients.](#)"

The Morning News. (May 5, 2025). "[US experts push for AI to be recognized in mental health treatment.](#)"

NewsMax. (May 5, 2025). "[US researchers seek to legitimize AI psychotherapy.](#)"

NPR. (April 7, 2025). "[The \(artificial intelligence\) therapist can see you now.](#)"

Healthcare Brew. (April 4, 2025). "[Now that digital therapeutics have Medicare coverage, the real test begins.](#)"

KQED. (March 31, 2025). "[Can AI replace your therapist? The benefits, risks, and unsettling truths.](#)"

Today/NBC News/MSNBC. (March 15, 2025). "[How humans are forming romantic relationships with AI chatbots.](#)"

NY Times. (January 15, 2025). "[Online therapy boom has mainly benefited privileged groups, Studies find.](#)"

Futurism. (January 11, 2025). "[American Psychological Association urges FTC to investigate AI chatbots claiming to offer therapy.](#)"

Mashable. (January 10, 2025). "[American Psychological Association sounds alarm over certain AI chatbots.](#)"

USA Today. (December 27, 2024). "[The holidays can be stressful. Tips for managing the season \(and all year long\).](#)"

Yahoo Lifestyle. (November 22, 2024). "[Thanksgiving is more stressful for women. How to deal with the emotional toll the holidays can take.](#)"

LA Times. (November 20, 2024). "[Political stress: Can you stay engaged without sacrificing your mental health.](#)"

Washington Post. (November 16, 2024). "[Is it anxiety or something else? What women should know.](#)"

PBS Wisconsin. (November 4, 2024). "[Election anxiety and uncertainty over the outcome of the 2024 presidential race.](#)"

NBC News. (November 2, 2024). "[Election anxiety is real, no matter who you're voting for.](#)"

Newsweek. (November 1, 2024). "[Vote early to beat election-related stress, psychologist says.](#)"

Chicago Sun Times. (October 27, 2024). "[Should providers remain neutral in mental healthcare? The war in Gaza has opened a divide among therapists.](#)"

Endpoints. (October 22, 2024). "[#HLTH24: Experts debate the way AI can transform mental healthcare.](#)"

HR Magazine. (October 9, 2024). "[Digital tools help combat growing worker well-being issues.](#)"

Daily Tar Heel. (September 30, 2024). "[New N.C. health disparities report highlights inequities among marginalized groups.](#)"

WYFF 4. (July 18, 2024). "[Mental health awareness: Stress rising during intense election season.](#)"

KJZZ. (July 10, 2024). "[Wellness apps are not regulated in the U.S.: This expert has tips to navigate them safely.](#)"

Washington Post. (July 1, 2024). "['Narcissistic abuse' has gone mainstream. But what is it?'](#)"

USA Today. (May 20, 2024). "[Americans are getting more therapy than ever – and spending more. Here’s why.](#)"

The Excerpt Podcast – USA Today. (May 16, 2024). "[Suffering in silence with high-functioning depression.](#)"

NBC News. (April 13, 2024). "[Dartmouth researchers look to meld therapy apps with modern AI.](#)"

NBC Nightly News. (April 5, 2024). "[Can artificial intelligence help people with their mental health?](#)"

AP News. (March 23, 2024). "[AI chatbots are here to help with your mental health despite limited evidence they work.](#)"

The Washington Post. (March 5, 2024). "[What are 7 signs of ‘high-functioning’ depression? A viral video explains.](#)"

Daily Montanan. (February 5, 2024). "[Digital mental health companies draw scrutiny, concern.](#)"

Fierce Healthcare. (January 29, 2024). "[Experts weigh in on how to tackle growing teen mental health crisis.](#)"

Mashable. (January 14, 2023). "[Tracking your stress may be more stressful than you imagined: What you should know before you start tracking your stress.](#)"

Self. (January 3, 2024). "[How to find a great therapist you can actually afford.](#)"

The New York Times. (December 15, 2023). "[New York City is offering free online therapy to teens: Will it work?](#)"

NPR. (December 6, 2023). "[Psychologists say they can’t meet the growing demand for mental health care.](#)"

YahooLife. (October 19, 2023). "[Telehealth may be just as effective as in-person checkups, new research finds. Here’s how to make the most of your virtual appointment.](#)"

Nature. (September 14, 2023). "[Psychedelic drug MDMA moves closer to US approval following success in PTSD trial.](#)"

The Wall Street Journal. (September 10, 2023). "[Why new technology is so stressful at work – and what to do about it.](#)"

Mental Health Weekly. (August 14, 2023). "APA Session: Curiosity must triumph over fear in evaluating AI’s role."

HuffPost. (July 25, 2023). "[New study reveals the 5 creative activities that can make you happier.](#)"

Chicago Sun-Times. (June 30, 2023). "[After surviving Highland Park parade mass shooting, 'some days that it's just really hard to still get out of bed and go outside'](#)".

Healio. (June 8, 2023). "[Varied outcome requirements for digital therapeutics lead to various guideline processes.](#)"

Speaking of Psychology podcast. (June 7, 2023). "[Digital therapeutics and mental health apps.](#)"

BBC. (June 1, 2023). "[How gun violence is reshaping American lives.](#)"

AARP. (June 1, 2023). "[AI could be your next therapist if you're feeling lonely, depressed or anxious.](#)"

HealthDay. (May 16, 2023). "[Inflation is really stressing Americans out.](#)"

The Hill. (May 2, 2023). "[Are mental health apps helpful or harmful?](#)"

The Wall Street Journal. (April 17, 2023). "[They can't even: A generation avoids facing its finances.](#)"

Everyday Health. (April 6, 2023). "[We put the top online therapy platforms to the test: Here are the results?](#)"

Nerdwallet. (March 28, 2023). "[Does online therapy work?](#)"

The Washington Post. (March 14, 2023). "[Your therapist is on TikTok. Will your therapy session end up there too?](#)"

BBC News. (March 2, 2023). "[A place to exercise your brain? Introducing mental health gyms.](#)"

The New York Times. (January 31, 2023). "[The online therapy services we'd use.](#)"

Today.com. (January 27, 2023). "[Is your phone making you anxious? 6 easy ways to create healthier boundaries.](#)"

BuzzFeed News. (December 6, 2022). "[He gave her diamond earrings and she freaked out. How gift anxiety works.](#)"

Forbes.com. (November 20, 2022). "[Family matters: How to avoid talking politics over Thanksgiving Dinner, in 5 steps.](#)"

The Washington Post. (November 16, 2022). "[Therapists say they can't meet high demand as anxiety, depression linger.](#)"

NBCNews.com. (November 6, 2022). "[A spiral of violence and fear is crating angst for many voters ahead of the midterm elections.](#)"

The Washington Post. (October 29, 2022). "[A psychiatry wait list had 880 patients; a hospital couldn't keep up.](#)"

Voice of America. (October 26, 2022). "[Anxiety grows as Americans digest Russia's nuclear threats.](#)"

NPR. (October 20, 2022). "[A new poll reveals Americans are stressed out by inflation, violence and politics.](#)"

The Hill. (October 14, 2022). "[Americans' nuclear fears surge to highest levels since Cold War.](#)"

Houston Chronicle. (October 6, 2022). "[Hundreds of Texas bodies remain unidentified despite new tech that helps solve cases faster.](#)"

Today.com (October 1, 2022). "[Survivors of 2017 Las Vega shooting still endure trauma 5 years later.](#)"

The Washington Post. (September 28, 2022). "[4 emotional workouts to help you feel empowered and promote resilience.](#)"

The Washington Post. (September 24, 2022). "[Is the pandemic over? Pre-covid activities Americans are \(and are not\) resuming.](#)"

The New York Times. (September 20, 2022). "[One foot in the present, one foot in the past: Understanding EMDR.](#)"

Newsday. (September 4, 2022). "[Mental health professionals can't keep up with demand.](#)"

USA Today. (August 26, 2022). "[Why it feels like your brain doesn't have room to think about monkeypox.](#)"

Today.com. (August 12, 2022). "[Some stress is actually good for you. Here's how to get better at dealing with it.](#)"

Nerdwallet. (July 28, 2022). "[Millennial Money: Getting therapy when cost is a barrier.](#)"

US News and World Report. (July 15, 2022). "[Anxiety grows among Americans as crisis after crisis spirals out of control.](#)"

USA Today. (July 9, 2022). "[Every crowd, everywhere': Fear follows witnesses of mass shootings and radiates across America.](#)"

The Washington Post. (July 2, 2022). "[With therapists in short supply, group counseling offers alternatives.](#)"

Bustle. (June 30, 2022). "[Millennials may be the 'therapy generation,' but Gen Z is even more open about mental health.](#)"

CNN. (June 14, 2022). "[They felt like the world left them behind: Raising young children in a pandemic.](#)"

CNN. (June 13, 2022). "[How meditation could change the brain.](#)"

The Washington Post. (May 26, 2022). "[Mass violence takes toll on Americans' psyches.](#)"

CNBC. (May 18, 2022). "[American's are more stressed about money than ever, and it's hurting our mental health.](#)"

Today. (May 13, 2022). "[What to know before using an app to manage your mental health.](#)"

OprahDaily.com (May 5, 2022). "[There's a shortage of mental health providers. Now what?](#)"

The New York Times. (April 13, 2022). "[How to find a mental health app that works for you.](#)"

USA Today. (April 8, 2022). "['I felt as if I was dead to her': The psychological cost of the silent treatment.](#)"

Morning Brew. (April 7, 2022). "[Therapy is going viral.](#)"

The New York Times. (April 4, 2022). "[A private war: Why PTSD is still overlooked.](#)"

Mashable. (March 23, 2022). "[A guide to surviving the online apocalypse.](#)"

Fox News Radio. (March 18, 2022). "[Stress in America 2 year pandemic anniversary.](#)"

NPR. (March 10, 2022). "[Americans' stress is spiking over inflation, war in Ukraine, survey finds.](#)"

Bloomberg. (March 3, 2022). "[Biden says the union is strong. Back home in Scranton, the mood 6, is dour.](#)"

The Washington Post. (February 21, 2022). "[Why 'trauma-informed' care is spreading from the therapist's office to yoga classes and tattoo parlors.](#)"

LA Times. (February 18, 2022). "[Column: Masks or no masks? Shaming or no shame? New phase of COVID-19 upends all we've learned.](#)"

CBS Minnesota. (February 17, 2022). "[How do you find a therapist to match your mental health needs?](#)"

WHYY PBS NPR. (February 15, 2022). "[If you're finding this stage of the pandemic especially confusing, you're not alone.](#)"

NPR. (February 2, 2022). "[So you've got COVID. Here's what to do.](#)"

Wall Street Journal. (February 1, 2022). "[Still feeling pandemic miserable? There are ways to dig out.](#)"

PsychCentral. (January 31, 2022). "[Mental health apps are exploding in popularity, but are they effective?](#)"

BuzzFeed News. (January 25, 2022). "[I've got nothing left to give to end this pandemic.](#)"

HealthDay. (January 17, 2022). "[COVID fatigue: Are you among the 'vaxxed & done'?](#)"

The New York Times. (January 15, 2022). "[When it comes to living with COVID, businesses are on their own.](#)"

NBC News. (January 15, 2022). "[For some who recently contracted COVID, an unexpected emotions: Relief.](#)"

Yahoo!Life. (January 6, 2022). "[On the anniversary of Jan. 6 Capitol riot, a reminder that watching footage may be traumatizing.](#)"

CNN. (December 30, 2021). "[Overwhelmed by the holidays? These self-care tips can help relieve stress.](#)"

The Washington Post. (December 24, 2021). "[The pandemic has caused nearly two years of collective trauma. Many people are near a breaking point.](#)"

The New York Times. (December 23, 2021). "[Family stress intensifies as Omicron invades the holidays.](#)"

AP. (December 17, 2021). "[COVID-19 fears dash hopes for the holiday season – again.](#)"

Today.com. (December 1, 2021). "[What is revenge bedtime procrastination? Experts discuss how to stop it.](#)"

NPR KCUR 89.3. (November 23, 2021). "[Demand for mental health care putting strain on Missouri providers.](#)"

The Washington Post. (November 20, 2021). "[For many men, apps can be 'an important gateway to mental health.'](#)"

Wall Street Journal. (November 16, 2021). "[Baby boomers discover that therapy on Medicare doesn't come easy.](#)"

Doctor Radio. (November 16, 2021). "[The Psychiatry Show.](#)"

Kare11. (November 11, 2021). "[Resisting blame and shame: Tips for talking COVID, vaccination with family ahead of holiday gatherings.](#)"

Axios. (October 30, 2021). "[The mental health system is buckling under pandemic demand.](#)"

USA Today. (October 26, 2021). "[Stress during the pandemic has made basic decision making for millennials harder, survey shows.](#)"

NBC News. (October 26, 2021). "[Stress from the pandemic has made even basic decision making difficult, poll finds.](#)"

The New York Times. (October 7, 2021). "[Feeling anxious? Journaling might help.](#)"

CNBC. (October 5, 2021). "[This is the No. 1 factor driving workplace stress.](#)"

The Washington Post. (September 25, 2021). "[Kroger shooting highlights risk of gun violence at grocery stores.](#)"

ABC News. (September 6, 2021). "[Naomi Osaka, Sloane Stephens talk mental health struggles after US Open losses.](#)"

Marketplace on NPR. (August 30, 2021). "[CVS expands mental health services as pitch for personalized care.](#)"

WebMD. (August 19, 2021). "[Delta whiplash: How the new surge is affecting mental health.](#)"

Katie Couric Media. (August 11, 2021). "[Remote therapy is on the rise – Can it help more Baby Boomers?](#)"

The Washington Post – The Lily. (July 22, 2021). "[Which pandemic habits are you keeping? Here's how to think about it.](#)"

The Washington Post. (July 19, 2021). "[You spent months at your childhood home. How to handle the sometimes-rocky return to regular life.](#)"

Consumer Reports. (July 8, 2021). "[Life lessons from the pandemic.](#)"

HealthCentral.com (July 1, 2021). "[The summer of social anxiety.](#)"

Newsy. (June 22, 2021). "[Perfect storm of factors lead to stubborn 'worker shortage.'](#)"

CNN.com. (June 13, 2021). "['It's a moving chess board.' COVID reopening creates new anxieties.](#)"

Politico. (June 11, 2021). "[I married a vaccine skeptic.](#)"

Today.com. (June 3, 2021). "[Depression isn't one-size-fits-all. Here's how to recognize the different signs.](#)"

ABC news/GMA. (June 3, 2021). "[Naomi Osaka's French Open exit shows difficulties in bringing up mental health in the workplace.](#)"

NPR. (May 25, 2021). "[As life begins to return to normal, psychologists say expect anxiety.](#)"

Today.com. (May 24, 2021). "[What is EMDR therapy? Prince Harry uses it to cope with anxiety.](#)"

The Well News. (May 21, 2021). "[The collision of two pandemics: Obesity and COVID-19.](#)"

Prevention. (May 19, 2021). "[How to feel better about everything \(really\).](#)"

Action News Weekend Sunrise. (May 15, 2021). [Regional news segment on retail therapy.](#)

USA Today. (May 12, 2021). "[What is languishing? Lonely? A mental health glossary to explain how you are feeling.](#)"

NY Times. (May 7, 2021). "[Walmart, CVS, and other retailers enter mental health market.](#)"

Bloomberg News. (May 5, 2021). "[Employers brace for COVID mental health fallout as staff returns.](#)"

CNN.com. (May 3, 2021). "[Americans are not getting the mental health treatment they need, report says.](#)"

Insider. (April 30, 2021). "[CVS says it will double the number of stores that offer counseling and therapy services to customers by July.](#)"

NPR. (April 29, 2021). "[CVS to offer in-store mental health counseling.](#)"

USA Today. (April 29, 2021). "[This is America: We're all \(still\) tired.](#)"

NBC News. (April 25, 2021). "[Even after being fully vaccinated, many still wrestle with fear of getting COVID.](#)"

LA Times (April 21, 2021). "[For some of us, returning to pre-COVID life is turning out to be harder than we expected.](#)"

Quartz. (April 19, 2021). "[How to calm your anxiety about returning to the office.](#)"

Today.com (April 14, 2021). "[Is your phone making you anxious? 6 ways to create healthier boundaries.](#)"

Today.com (April 12, 2021). "[Some stress is actually good for you. Here's how to get better at dealing with it.](#)"

NY Times. (April 8, 2021). "[Looking to travel for a sense of renewal.](#)"

NBC News. (April 5, 2021). "[Office buildings are opening back up. Not all employees want to return.](#)"

WESH 2 News at 6:00PM. (April 4, 2021). [Local news segment on COVID-19 vaccine.](#)

CNBC.com (April 2, 2021). "[Mental health professionals are in high demand as the pandemic enters a second year.](#)"

Yahoo Lifestyle. (March 26, 2021). "[‘I’m losing it.’ Why the pandemic is breaking mother’s down.](#)"

CNBC.com (March 21, 2021). "[Nearly 50% of people are anxious about getting back to normal, pre-pandemic life – here’s how to cope.](#)"

USA Today. (March 19, 2021). "[Why we’re scared for the pandemic to end.](#)"

Mashable. (March 17, 2021). "[No, it’s not ok to shame people who gained weight during the pandemic.](#)"

YahooNews. (March 11, 2021). "[Report finds pandemic affected American’s weight, sleep.](#)"

Today.com (March 11, 2021). "[How’s your mental health? 1 year into pandemic, experts offer advice.](#)"

Speaking of Psychology Podcast. (March 10, 2021). "[How we’re coping one year into the pandemic.](#)"

Yahoo Entertainment. (March 10, 2021). "[Demi Moore calls ex-husband Bruce Willis’ wife ‘family.’ How rare is their bond?](#)"

New York Times. (March 8, 2021). "[Vaccinated Americans, let the unmasked gatherings begin \(but start small\).](#)"

HuffPost. (March 8, 2021). "[7 red flags you’re experiencing trauma from the COVID-19 pandemic.](#)"

Today.com (March 5, 2021). "[Should you see a therapist? Ask yourself these 7 questions.](#)"

NBC Nightly News with Lester Holt. (March 3, 2021). "[Re-entry anxiety after the pandemic.](#)"

NY Times. (February 17, 2021). "[‘Nobody has openings’: Mental health providers struggle to meet demand.](#)"

CNN. (February 15, 2021). "[‘Revenge bedtime procrastination’ could be robbing you of precious sleep time.](#)"

Good Morning America/ABC News. (February 12, 2021). "[Capitol siege, impeachment trial show how trauma hits people differently, experts say.](#)"

NY Times. (February 5, 2021). "[How to recognize and address seasonal depression.](#)"

Healthline. (February 5, 2021). "[More stressed than ever since COVID-19 started? You're not alone.](#)"

Healthline. (February 5, 2021). "[Why people cope with life events so differently.](#)"

Today. (February 4, 2021). "[8 ways to cope with the winter blues.](#)"

USA Today. (February 1, 2021). "[Physical symptoms of stress: Your body is trying to tell you something.](#)"

Popular Science. (January 27, 2021). "[Is watching TV actually a good way to relax?](#)"

US News and World Report. (January 20, 2021). "[Now that psychiatric care has gone online, many patients want it to stay there.](#)"

USA Today. (January 15, 2021). "[Am I ok? How to do a mental health check.](#)"

KARE11.com. (January 14, 2021). "[Doctor weighs in on psychological health in America during pandemic and social unrest.](#)"

YahooLife. (January 14, 2021). "[Watching Capitol riot footage is traumatizing your system.](#)"

USA Today. (January 12, 2021). "[That feeling you can't name? It's called emotional exhaustion.](#)"

CNN. (January 12, 2021). "[10 ways to de-escalate political discussions with friends and family who disagree with you.](#)"

CNN. (January 12, 2021). "[How to talk politics with angry loved ones who disagree with you.](#)"

USA Today. (January 6, 2021). "[What to do about that pit in your stomach in this terrifying American moment.](#)"

MyHealthyClick. (January 4, 2021). "[Use of mental health apps increased during COVID pandemic, say psychologists.](#)"

KCRW.com. (January 1, 2021). "[Don't let the pandemic winter get you down: 9 creative ways to socialize safely.](#)"

ABC News. (December 30, 2020). "[SAD to affect more Americans this season.](#)"

KERA.com. (December 29, 2020). "['I don't think it's inevitable': Mental health experts on coping with seasonal affective disorder.](#)"

Voice of America. (December 21, 2020). "[Self-care during the pandemic.](#)"

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Reuters (February 27, 2017) <http://www.reuters.com/article/us-health-stress-politics-idUSKBN1662EV> and (March 22, 2017) <http://www.reuters.com/article/us-health-compulsions-mobilephone-idUSKBN16T2S3>

Washington Post Express (March 30, 2017). <https://www.washingtonpost.com/express/wp/2017/03/30/d-c-s-post-election-freakout-is-bipartisan-and-ongoing-heres-how-were-coping/>

Vogue (February 10, 2017). <http://www.vogue.com/article/trump-era-outrage-overload-news-anxiety>

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APA Stress in America Survey Reveals 2016 Presidential Election Source of Significant Stress for More than Half of Americans press release in October 2016.

TV and Online: Today Show (aired November 7, 2016). <http://www.today.com/video/why-have-so-many-americans-have-come-down-with-election-depression-802692163962>

Gray Television (taped October 28, 2016). <http://www.graydc.com/content/news/Election-season-causes-stress-for-most-Americans-400056911.html>

CNN Politics Facebook Live Video (October 26, 2016).

<https://www.facebook.com/cnnpolitics/videos/1328364747205355/>

WUSA9 5pm News October 19, 2016 (CBS Regional channel in DC, Maryland, and Virginia)

<http://mms.tveyes.com/Transcript.asp?StationID=270&DateTime=10%2F19%2F2016+5%3A04%3A43+PM&Term=%22American+Psychological+Association%22+%2Dformer&PlayClip=TRUE>

Voice of America (taped October 27, 2016); Canadian TV (CTV) live panel (November 2, 2016.)

Radio: CBS Radio (Los Angeles, New York, & National). (October 13 and 14, 2016).

<http://mms.tveyes.com/Transcript.asp?StationID=150&DateTime=10%2F16%2F2016+12%3A42%3A21+PM&Term=%22American+Psychological+Association%22+%2Dformer&PlayClip=TRUE>

Radio Sputnik (Moscow; October 14, 2016).

<https://soundcloud.com/radiosputnik/theres-an-increase-of-people-in-the-us-who-say-that-they-feel-extreme-stress-vaile-wright>

BYU Radio (October 21, 2016). <https://www.byuradio.org/episode/85c6c10b-4c6a-4509-b601-de64463b1585/the-matt-townsend-show-hillary-s-trust-problem-election-causing-significant-stress-parent-previews?playhead=3816&autoplay=true>

Wisconsin Public Radio. (October 13, 2016); Seattle KIRO Radio (October 21, 2016); Denmark Radio24seven (October 25, 2016); WNYC (October 25, 2016); CBS Local Public Affairs Show (October 25, 2016); Chicago WBEZ Worldview (November 8, 2016).

Print: The Washington Post (October 13, 2016).

https://www.washingtonpost.com/news/inspired-life/wp/2016/10/13/people-are-so-stressed-by-this-election-that-the-american-psychological-association-has-coping-tips/?tid=sm_fb

Men's Health (October 25, 2016). <http://www.menshealth.com/health/reduce-election-stress>

USA Today (November 1, 2016; November 6, 2016).

<http://www.usatoday.com/story/news/politics/elections/2016/10/31/election-exhaustion-is-real/93055344/>

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The Wall Street Journal (November 1, 2016). <http://www.wsj.com/articles/we-really-are-losing-sleep-over-the-election-1478015295>

- Business Insider (November 4, 2016). <http://www.businessinsider.com/lower-stress-election-day-2016-11>
- ABC News (November 8, 2016). <http://abcnews.go.com/Health/stay-calm-election-day/story?id=43382932>
- New York Times (11/23/2016). http://www.nytimes.com/2016/11/23/us/california-today-thanksgiving-election-politics.html?_r=0
- BBC World Service Brazil; NPR; Naples Daily News; La Presse; La Opinion; Democrat & Chronicle; Washington Jewish Week; New York Daily News; the Economist
- Facebook Live Video (October 6, 2016). [National Depression Screening Day](#).
- APAPO Practice Update (July 21, 2016). [Running Start to a Great Career: Overcoming self-doubt](#).
- Prevention Magazine. (July 2016). "The 10-second anti-anxiety trick." [Print only].
- The Commonwealth Fund – Transforming Care: Reporting on Health System Improvement. (June 29, 2016). "[In Focus: Recognizing Trauma as a means of Engaging Patients](#)."
- Radio Media Tour moderated by New Generation. (June 16, 2016). Fifteen taped radio interviews with both National and Regional Markets across the US on the "*Stress in America Report, with focus on Discrimination*."
- Sample audio from Broadcast News Resource
<http://www.broadcastnewsresource.com/news/APA-Stress-In-America-Survey-2016>
and from WCMU <https://wcmu.org/news/?p=24144>
- Family Life Podcast (July 25, 2016). [Stress and Discrimination](#) (taped).
- IHeartRadio Interview (taped). (June 14, 2016). "Stress in America: The Impact of Discrimination in LGBT adults."
- New England Psychologist. (June 2016). "[Stress in America Survey 2015: The impact of discrimination](#)."
- Kansas Health Institute. (May 31, 2016). [Grant provides funds for mental health kiosks in western Kansas](#).
- Good Housekeeping Magazine. (May 2016). "Get ready to erase your stress." [Print only.]
- Buzzfeed. (April 21, 2016). "[Here's what it's actually like to live with Bipolar Disorder](#)."
- APA Monitor on Psychology. (March 2016). "[5 ways to avoid malpractice](#)." Vol 47, No 3.
- Cosmopolitan Magazine. (March 2016). "[When to Try Online Therapy](#)."
- Salute to Spouses. (October 15, 2015). "[Strategies for stress management](#)."

WebMD. (September 2015). "[Psychologist or psychiatrist: Which is right for you?](#)"

US News and World Report. (July 23, 2015). "[Apps to mind your mental health: Get the support you need between therapy sessions.](#)"

UNIVERSITY TEACHING EXPERIENCE

- Instructor *Advanced Cognitive Behavioral Therapy (PY492)*
Department of Clinical Psychology
The Chicago School of Professional Psychology (DC Campus)
Fall 2012; Fall 2013
- Instructor *Special Topics: Dialectical Behavior Therapy: Theory & Practice (PY562)*
Department of Clinical Psychology
The Chicago School of Professional Psychology (DC Campus)
Summer 2013
- Instructor *Cognitive and Behavioral Therapy (CC527)*
Department of Counseling Psychology
The Chicago School of Professional Psychology (DC Campus)
Spring 2011; Summer 2011; Spring 2012
- Instructor *Psychopathology & Psychopharmacology Lab (CC510/CC511)*
Department of Counseling Psychology
The Chicago School of Professional Psychology (DC Campus)
Fall 2010; Spring 2011; Fall 2011
- Instructor *Theories of Counseling and Psychotherapy (FO637)*
Department of Forensic Psychology
The Chicago School of Professional Psychology (DC Campus)
Fall 2010
- Instructor *Introduction to Educational Psychology (EPSY 201)*
Department of Educational Psychology
University of Illinois, Urbana, IL
August 2002 – December 2005
- Teaching Assistant *Adult Learning and Development (EPSY 362)*
Department of Educational Psychology
University of Illinois, Urbana, IL
Summer 2004

HOSPITAL TEACHING EXPERIENCE

- Instructor *Individual Psychotherapy Seminar*
Predoctoral Psychology Interns
Saint Elizabeths Hospital, Washington DC

Instructor	Professional Development Seminars – <i>EPPP</i> and <i>Clinical Research and Grant Writing</i> Predoctoral Psychology Interns Saint Elizabeths Hospital, Washington DC
Lecturer	<i>PRITE Statistics Review</i> Psychiatry Residents, Saint Elizabeths Hospital, Washington D.C.
Instructor	Trauma Seminar – <i>Domestic Violence/PTSD</i> Psychiatry Residents; NEOUCOM, Akron OH
Lecturer	Didactic Seminar – <i>Introduction to Dialectical Behavior Therapy</i> Predoctoral Psychology Interns VA Illiana Health Care System, Danville, Illinois

HONORS AND CERTIFICATES

2023	Selected Participant, American Psychological Association Leadership Institute for Women in Psychology
2019	APA Fourth Quarter Service All Star Award
2013	Certificate of Appreciation for DBT Skills Group Therapy Program awarded during the 3 rd Anniversary of the SEH Patient Advisory Council
2008	Participant, American Psychological Association 2008 Federal Advocacy Training and Capital Hill Day for Violence Against Women Act. Washington, D.C.
2007	University of Illinois, Departmental Research Travel Grant
2004 – 2006	University of Illinois Incomplete List of Teachers Rated as Outstanding (Top 10%)
2005	University of Illinois, Departmental Research Travel Grant
2002 – 2004	University of Illinois Incomplete List of Teachers Rated as Excellent
1998 – 2000	Deans List, University of Illinois, Urbana – Champaign
1998 – 2001	University of Illinois Lake County Children of Veterans Scholarship (Full Tuition)

PROFESSIONAL ACTIVITIES

Ad-Hoc Reviewer

American Psychologist
Professional Practice: Research & Policy
BMC Psychiatry
Psychological Trauma: Theory, Research, Practice, and Policy
APA Books
Australian Psychologist
Trauma, Violence, & Abuse
Psychology of Women Quarterly
Journal of Trauma and Dissociation
Journal of Anxiety Disorders
Violence Against Women
Journal of Child Sexual Abuse
Journal of Dual Diagnosis

Committees & Service

National Advisory Board for NIMH funded grant “An Outcome-Focused Measure of Mental Health Care Quality based on Standardized Patient-Reported Symptoms” (2024 – present)

ABPP Artificial Intelligence Task Force (2024 – present)

Advancing Person-Centered Care Alliance (2024 – present)

AMA Digital Medicine Payment Advisory Group (DMPAG; 2023 – present)

Telehealth Policy Advisory Group for Northwestern University Cancer Moonshot Project (2023 – present)

Digital Therapeutics Alliance Clinician Advisory Committee (2023 – present)

Society for Digital Mental Health 2nd Annual Conference Planning Committee (2023)

CMS Technical Expert Panel for COVID-19 Vaccination Clinical Quality Measure (2021 – present)

MACRA Episode-Based Cost Measure for Depression Workgroup (2021 – present)

Expert Advisory Board for UW ALACRITY Center [R03/R34] (2018 – present)

MACRA Episode-Based Cost Measure for Psychoses Workgroup (2018 – present)

AHRQ RoPR Depression Outcome Measure Harmonization Project (2017 - 2021)

CMS Technical Expert Panel for Elder Maltreatment Screen and Follow Up (2017 – present)

CMS Technical Expert Panel for Documentation of Current Medications in the Medical record (2016 – present)

Reviewer APF Pearson Early Career Grant (2016 – 2018)

PCORI Team Science Training Program Stakeholder Representative (2016)

APA Stress in America Team (2015 – present)

Saint Elizabeths Hospital (SEH) Continuing Medical Education Committee (2012-14)

SEH Medical Staff Executive Committee (At-Large 2010-2012)

SEH Department of Psychology Research Committee (Chair 2009 - 2012)

SEH Psychology Labor Union (Vice-President 2011-2012)

SEH “EARN” Steering Committee/Metrics Subcommittee (2009-2011)

SEH Department of Psychology Assessment Committee (2009-2014)

PROFESSIONAL MEMBERSHIPS

American Psychological Association (APA)

Division Memberships: 12 (Clinical), 17 (Counseling), 35 (Women), 38 (Health),

46 (Media Psychology and Technology), 56 (Trauma)

Association for Behavioral and Cognitive Therapies (ABCT)

Society for Digital Mental Health

American Telemedicine Association