

Committee on Energy and Commerce
U.S. House of Representatives
 Witness Disclosure Requirement – “Truth in Testimony”
 Required by House Rule XI, Clause 2(g)(5)

1. Your Name: Sarah C. Schumann		
2. Your Title: VP of Operations		
3. The Entity(ies) You are Representing: Brookside Inn and Brookside Rehabilitation and Wellness		
4. Are you testifying on behalf of the Federal, or a State or local government entity?	Yes	No X
5. Please list any Federal grants or contracts, or contracts or payments originating with a foreign government, that you or the entity(ies) you represent have received on or after January 1, 2020. Only grants, contracts, or payments related to the subject matter of the hearing must be listed. PRF Dollars Received: 4/10/2020 \$86,874.10 4/24/2020 \$161,164.63 5/22/2020 \$350,000.00 9/24/2020 \$207,844.55 Payroll Loans 4/20/2020 \$1,628,487.50 3/22/2021 \$1,463,367.00 Employee Retention Credits 9/2021 \$63,651.25 11/2021 \$109,447.24 1/1/2022 - 12/31/2022 \$1,982,236.02		
6. Are you a fiduciary (including, but not limited to, a director, officer, advisor, or resident agent) of any organization or entity that has an interest in the subject matter of the hearing?	Yes X	No
7. Please attach your curriculum vitae to your completed disclosure form.		

Signature: 

Date: 10.22.23

Sarah Schumann, M.Div.
VP Operations
Brookside Inn and
Brookside Rehabilitation and Wellness
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Summary of Qualifications

I am the Vice President of Operations at Brookside Inn and Brookside Rehabilitation and Wellness, Skilled Nursing Facilities located in Castle Rock. In addition to over 25 years of long term care experience, I am an interfaith chaplain and meditation instructor. I received my Master of Divinity degree from Naropa University and my Bachelor of Arts from Mount Holyoke College. I have worked in various management positions in the long-term care industry. This experience has afforded me the opportunity to understand and appreciate the interconnectedness of the departments within a skilled nursing facility. I am also a certified nursing assistant which allows me to participate in the hands on caring for my residents.

My passion for complementing traditional Western Medicine with alternative health care has been a major focus of my professional career. I have studied with Zen, Yoga and Tantric Masters and am trained in Japanese acupressure, essential oils, and energy work. I am currently a second-degree black belt in Tae Kwon Do and a Registered Yoga Instructor and have taught both to staff and residents.

My dedication and enthusiasm have resulted in a skilled nursing facility with a consistent record of positive clinical outcomes and progressive healthcare options for our residents.

Professional Experience

Brookside Inn, Castle Rock, CO

Brookside Rehabilitation and Wellness, Castle Rock, CO

Director of Operations

2002-present

Responsible for the overall operations of a 120 bed skilled nursing and 32 bed post-acute rehabilitation facilities. This includes the supervision of over 220 employees. Responsibilities include developing policies and procedures for care of residents, human resources management, budgeting and financial outcomes, resident and staff satisfaction oversight, compliance with state and federal regulations, and program development, including expansive complementary and alternative medicine options for residents and staff.

Accomplishments include CMS 5 star rating, Bronze and Silver AHCA Quality Awards, 96% overall customer satisfaction, an integrated complementary and alternative medicine program, and a consistent record of positive clinical outcomes.

Business Office Manager

2000-2002

Responsible for all functions within the business office including accounts receivable billing of Medicaid, Medicare, insurance and private payments, accounts payable, payroll and human resources.

Admissions Coordinator

1999-2000

Management of the admissions process for prospective residents. Responsibilities included marketing, assessments of new residents for appropriate placement, completion of admission paperwork, tours and customer service training to staff.

Certifications/Licensure

Licensed Certified Nursing Assistant, Colorado 2002-present
Interfaith Chaplain
Registered Yoga Instructor
Certified Meditation Instructor
Second-degree Black Belt in Tae Kwon Do
Jin Shin Jyutsu (Japanese Acupressure) Practitioner
Aromatherapy Certification

Professional accomplishments and associations include:

Castle Rock, Colorado

Business Person of the Year, 2022

American Healthcare Association (AHCA)

Future Leader graduate, class of 2013-14

Survey and Regulatory Committee Member, 2014 to present

Political Ambassador participant and graduate, 2014-2015

White House Summit on Working Families participant, 2014

Independent Owners Council member, 2016 to present, Co-chair, 2020-present

Political Action and Involvement Committee, 2016-present

AHCA Board of Governors member, 2020-present

AHCA Executive Committee Liaison, 2021-2022

AHCA Reimbursement Cabinet Appointee, 2022-present

Colorado Healthcare Association (CHCA)

Recipient, Vesta Bowden Distinguished Service Award, 2019

Task force to safely reduce the off-label use of antipsychotic medications, Chair 2012-2015

Colorado Coalition to Improve Dementia Care in Nursing Homes, committee member 2012-2014

Creator, Instructor of CHCA's Person-Centered Care Certification Training 4 day class, 2013-2017

State of Colorado

Medical Assistance and Services Advisory Board, Governor appointed, SNF representative 2015-18

Medicaid Pay for Performance SNF Committee Member, 2015-present

Collaboration with HCPF and Myers Stauffer “Day at Brookside Training”, Creator 2016-present
Guest Presenter, 2011-present, CHCA Conferences, Alliance of International Aroma therapists, Colorado
Department of Healthcare Policy and Finance, AHCA

Volunteer associations and involvement:

The Schumann Family Foundation – Health, Health Education and Cultural Exchange, 2019-present

Founder and Board Chair

Tibetan Village Project 2012-2017

Chair, Student College Scholarship program, 2013-2017

Board Member, Treasurer, 2014-2016; Chair 2016-2017

Baby Girl Project, educating girls in Kenya, volunteer 2003-present

Colorado Youth at Risk, mentor to at-risk local high school youth, 2011-2019

Education

Bachelor of Arts, Mount Holyoke College, South Hadley, Massachusetts, 1996

Master of Divinity, Naropa University, Boulder, Colorado, 2009