

CURRICULUM VITAE

Version Date: 2/28/23

Name: Meredith McNamara, MD MSc

Contact Information:

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Term: Primary Appointment: Assistant Professor, 9/1/21-9/1/24

School: Yale School of Medicine

Education:

08/2007-05/2007 BA, English Literature, Rutgers University, New Brunswick, NJ
07/2011-05/2013 MSc, Clinical Research, Emory University, Atlanta, GA
07/2008-05/2013 MD, Emory University School of Medicine, Atlanta, GA

Career/Academic Appointments:

07/2013-06/2016 Residency, Pediatrics, the University of Chicago, Chicago, IL
07/2016-06/2017 Fellow, Leadership for Urban Primary Care Education and Transformation (LUCENT), Department of Internal Medicine, the University of Chicago, Chicago, IL
07/2017-06/2018 Clinical Associate, Department of Pediatrics, the University of Chicago, Chicago, IL
07/2018-06/2021 Fellow, Adolescent Medicine, University of Illinois-Chicago, Chicago, IL
9/2021-present Assistant Professor, Department of Pediatrics, Yale University, New Haven, CT

Administrative Positions

2021-present Director, Adolescent Medicine Rotation, Pediatrics Residency, Yale School of Medicine, New Haven, CT

Board Certification:

2016 American Board of Pediatrics, General Pediatrics
2022 American Board of Pediatrics, Adolescent Medicine

Professional Honors & Recognition:

International/National/Regional

2011 NIH/Atlanta Clinical and Translational Science Institute TL1 Predoctoral Research Training Award
2016 LUCENT Primary Care Fellowship, the University of Chicago
2020 Semi-Finalist, U.S. State Department, Fulbright Scholar Award (Uganda)

Grant/Clinical Trials History:

6/2016-6/2017 Leadership for Urban Primary Care Education and Transformation Fellowship Grant – Full salary funding (50:50 research and clinical duties)

Mentor: Bradley Stolbach, PhD

\$5000 from the Health Resources & Services Administration (HRSA)

Taught trauma informed care workshops in Chicago healthcare settings

6/2015-6/2017 “Improving Trauma-Informed Care Practices for Pediatric Victims of Violence”
Co-PI: Bradley Stolbach, Ph.D.; Meredith McNamara, M.D.
\$80,000 for two years from the Bright Promises Foundation
Developed and taught a curriculum of hospital-based trauma informed care at
Comer Children’s and John H. Stroger Hospitals

Invited Speaking Engagements, Presentations, Symposia & Workshops:

International and National

1. “The States versus Science: Fighting for Gender-Affirming Care,” LGBTQ Health Workforce Conference, New York, 2023
2. “Advocacy to Protect Gender-Diverse Youth,” American Academy of Pediatrics National Advocacy Conference, Washington D.C. 2023
3. “Protecting HIV Prevention in the 21st Century: Navigating a Hostile Legal Landscape,” American Academy of HIV Medicine, Virtual, 2023
4. “The Legal Landscape Surrounding Bans on Gender-Affirming Care,” the Williams Institute, University of California-Los Angeles Law School. Los Angeles. 2023
5. “Strategies to Combat Gender Affirming Care Bans for General Pediatricians,” American Academy of Pediatrics. Virtual Advocacy Webinar. 2023
6. “Contraception for Adolescents in the Post-Roe Era,” Federation of Parents and Friends of Lesbians and Gays (PFLAG). Virtual Webinar. 2023
7. “Adolescent Providers Supporting Youth-Led Advocacy,” University of Washington. Seattle. 2023
8. “Grand Rounds: The Recovery of Adolescents and Young Adults from Firearm Violence,” St. Joseph’s Hospital, Paterson. 2022
9. “Hearing on Proposed Rule to Ban Gender Affirming Care for Youth,” Florida Board of Medicine and Board of Osteopathic Medicine. Orlando. 2022
10. “The Movement for Police-Free Schools,” University of Washington. Seattle. 2022, 2021
11. “Curriculum in Adolescent Health and Medicine,” Busitema University. Mbale, Uganda. 2020

Regional

1. “Finding your Niche in a Hopeful Place,” Rowe Scholars Visiting Lecture, University of Connecticut, Hartford, CT. 2023
2. “Cross-Sector Collaboration for Police-Free Schools,” Illinois Adverse Childhood Experiences Collaborative. Chicago. 2020
3. “Lessons in Trauma-Informed Care: A Panel Discussion with Youth Survivors of Violence,” Windy City Emergency Medicine Conference. Chicago. 2017
4. “Being a Champion of Trauma-Informed Care,” Student National Medical Association Midwest Meeting. Springfield. 2016

Local

1. “Management of Anorexia Nervosa in School-Based Health Centers.” Fair Haven Community Health. 2023.
2. “Essential Principles of LGBTQ+-Friendly Trauma-Informed Care.” DART. 2023.
3. “Heavy Menstrual Bleeding: High Yield Tips for the General Pediatrician.” Connecticut AAP Conference. 2022

4. “Boosting Readiness for Eating Disorder Treatment in the Primary Care Setting.” Pediatric Community Education Series, Bridgeport Hospital. 2022
5. “Preserving Adolescent Autonomy and Agency: Avoiding Reproductive Coercion,” The University of Chicago. Chicago. 2021
6. “Innovation in Medical Education for Topics in Adolescent Health.” University of Illinois-Chicago. Chicago. 2021
7. “Grand Rounds: Lessons from Police-Free Schools Advocacy in Chicago,” Rush University. Chicago. 2021
8. “*Mycoplasma genitalium*: An Emerging STI.” University of Illinois-Chicago. Chicago. 2020
9. “COVID-19 and Adolescent Wellness,” Healing Hurt People-Chicago. Chicago. 2020

Peer-Reviewed Presentations & Symposia

International and National

1. **McNamara M**, Sequeira G, English A, Grubb L. “Restoring Integrity to Public Policy: Combating Science Denialism in Adolescent Health.” Society of Adolescent Health and Medicine Annual Meeting. Chicago, March 2023 (Symposium).
2. Lepore C, **McNamara M**, Miclette K, Vash-Margita A. “Assessment of a Novel Interactive Website to Inform Adolescent and Young Adult Decision-Making About Contraception.” North American Society for Pediatric and Adolescent Gynecology Annual Clinical & Research Meeting. Nashville, March 2023 (Peer-Reviewed Presentation).
3. **McNamara M**, Olezeski C, Szilagyi N, Alstott A. “When Science is Misused in Law: How to Address the Biased Science that Underlies Legal Bans on Gender-Affirming Care for Youth.” World Professional Association of Transgender Health (WPATH). Montreal, September 2022 (Symposium).
4. **McNamara M**, “A Curriculum in Adolescent Health and Medicine: Lessons from Mbale, Uganda.” International Association of Adolescent Health. Lima, November 2021 (Oral presentation).
5. **McNamara M**, Wajarasi A, Brighton K, McMorris B, Safter M, Olupot-Olupot P, Miller K. “Implementation of an Adolescent Health and Medicine Course Designed for Medical Trainees in Low- and Middle-Income Countries: Results from a Pilot Study.” International Association for Adolescent Health. Lima. November 2021. (Poster)
6. **McNamara M**, Hardy T. “The Health Maintenance of Adolescents and Young Adults Affected by Violent Injury,” Adolescent Health Initiative. Ann Arbor, May 2021 (Symposium).
7. Fenton R, **McNamara M**. “Police-Free Schools: How Adolescent Providers Can Support Youth-Led Advocacy,” Society of Adolescent Health and Medicine. San Diego, March 2021 (Oral Presentation).
8. **McNamara M**. “Training Hospital Personnel in Trauma-Informed Care: Assessing the Effectiveness of an Interprofessional Workshop with Patients as Teachers,” Pediatric Academic Societies Annual Meeting. Baltimore, April 2019 (Oral presentation).
9. **McNamara M**. “Trauma Informed Care: A Workshop for Medical Providers,” Society for Adolescent Health and Medicine Annual Meeting. New Orleans March 2017 (Symposium).
10. Miller K, **McNamara M**, McMorris B, Saftner M, Olupot-Olupot P. “An Adolescent Medicine Curriculum Designed for Low Income Countries: Results from Pilot Implementation at a Medical School in Easter Uganda.” Society for Adolescent Health and Medicine. San Diego. March 2021 (Poster).
11. Miller K, **McNamara M**, McMorris B, Saftner M, Olupot-Olupot P. “Pilot implementation of a curriculum in adolescent health and medicine: a course designed for medical trainees in low- and middle-income countries.” Virtual poster presentation at the University of Minnesota – Pediatric Research, Education & Scholarship Symposium. *Winner – Best Fellow Research Award*. Minneapolis. April 2020 (Poster).

12. Cane R, **McNamara M**, Schwartz A, Stolbach B. “Training Hospital Personnel in Trauma-Informed Care: Assessing the Effectiveness of an Interprofessional Workshop with Patients as Teachers.” Pediatric Hospital Medicine Meeting. Seattle. July 2019 (Poster).
13. **McNamara M**, Cane R, Schwartz A, Stolbach B. “Training Hospital Personnel in Trauma-Informed Care: Assessing the Effectiveness of an Interprofessional Workshop with Patients as Teachers.” Pediatric Academic Societies Annual Meeting. Baltimore. April 2019 (Poster).
14. Tucker X, Dholakia A, **McNamara M**, Cane R, Hoffman Y, Stolbach B. “Building a Trauma-Informed Hospital: A Longitudinal Qualitative Study of Participants in a Trauma-Informed Care Training.” American Association of Medical Colleges Meeting. Grand Rapids. March 2019 (Poster).
15. Dholakia A, Tucker X, **McNamara M**, Cane R, Hoffman Y, Stolbach B. “Expanding the Culture of Trauma-Informed Care: A Pilot Training Workshop for Medical Students.” American Association of Medical Students Conference. Grand Rapids. March 2019 (Poster).

Local

1. Tucker X, Dholakia A, **McNamara M**, Cane R, Hoffman Y, Stolbach B. “Building a Trauma-Informed Hospital: Preliminary Results from a Longitudinal Qualitative Study of Participants in a Trauma-Informed Care Training Workshop.” The University of Chicago Medical Education Research Symposium. *Winner – Best Medical Student Presentation*. Chicago. September 2018 (Poster)
2. **McNamara M**, Cane R, Schuster L, Stolbach B. “Improving Trauma-Informed Care Practices for Pediatric Patients Affected by Violence.” Leadership for Urban Primary Care Education and Transformation (LUCENT) Scholars Research Symposium. Chicago. June 2017 (Poster)
3. **McNamara M**, Cane R, Schuster L, Stolbach B. “Improving Trauma-Informed Care Practices for Pediatric Patients Affected by Violence.” The University of Chicago Medical Education Research Symposium. Chicago. December 2016 (Poster)
4. **McNamara M**, Cane R, Stolbach B. “Healing Hurt People-Chicago: Creating a Hospital Culture of Trauma-Informed Care.” University of Chicago Department of Pediatrics Research Symposium. Chicago. June 2016 (Poster)

Professional Service

Journals

Reviewer

Pediatrics, Transgender Health, LGBTQ Health, Journal of Adolescent Health

Public Service/Media Presence:

Public Service:

- | | |
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| 2015-2021 | Healing Hurt People – Chicago, Illinois: Coordinating medical care for youth recovering from violent injury, co-leading trauma recovery workshops with youth clients, providing trauma-focused psychoeducation |
| 2020-2021 | Atlas International – Mbale, Uganda: Fundraising and donations procurement of for Mbale Regional Referral Hospital and Busitema University |
| 2019-2020 | Task Force, Cook County Health Systems – Chicago, Illinois: Provided confidential health screening and counseling to youth at social events |

Bibliography:

Peer-Reviewed Original Research

1. **McNamara M**, Kempton C, Antun A. "The Role of Disease Severity in Influencing Body Mass Index in People with Hemophilia: A Single Institution Cross-sectional Study." *Haemophilia*. 2013; 111th ser. 10.11 PMID: 24118577
2. **McNamara M**, Cane R, Hoffman Y, Reese C, Schwartz A, Stolbach B. "Training Hospital Personnel in Trauma-Informed Care: Assessing an Interprofessional Workshop with Patients as Teachers." *Academic Pediatrics*. 2020; S1876-2859 (20) 30190-X. PMID: 32492574
3. Miller K, Saftner M, **McNamara M**, McMorris B, Olupot-Olupot P. "Provision of adolescent health care in Resource-Limited Settings: Perceptions, practices and training needs of Ugandan health care workers." *Children and Youth Services Review*, Volume 132, 2022, 106310, ISSN 0190-7409, <https://doi.org/10.1016/j.chilyouth.2021.106310>.
4. **McNamara M**, Abdul-Latif H, Boulware S, Kamody R, Kuper L, Olezeski C, Szilagyi N, Alstott A. "Combating Scientific Disinformation in Gender-Affirming Care." *Pediatrics*. Accepted.
5. Paltiel A, Ahmed A, Jin E, **McNamara M**, Freedberg K, Neilan A, Gonsalves G. "Increased HIV transmissions with reduced insurance coverage for HIV pre-exposure prophylaxis: Potential consequences of Braidwood Management v. Becerra." *Open Forum Infectious Diseases*, 2023; <https://doi.org/10.1093/ofid/ofad139>
6. Meade N, Lepore C, Olezeski C, **McNamara M**. Understanding and Addressing Disinformation in Gender-Affirming Health Care Bans. *Transgender Health*. Ahead of print. <http://doi.org/10.1089/trgh.2022.0198>
7. Arnold J, **McNamara M**. "Transgender and Gender-Diverse Youth: An Update on Standard Medical Treatments for Gender Dysphoria and the Sociopolitical Climate." *Current Opinions in Pediatrics*. Accepted.

Chapters

1. **McNamara M**, and Sharma J. Surgical Approaches to Endocrine Disorders. In Felner EI, Umpierrez G. *Endocrine Pathophysiology*. Lippincott Williams & Wilkins; 2013.
2. Cabral MD, Khan A, **McNamara M**, Dharmapuri S, Linares S, Cielo A. Renal manifestations of sexually transmitted infections. In Greydanus D, et al, eds: *Chronic Disease and Disability: The Pediatric Kidney*. 2nd edition, New York: Nova Science, 2022.
3. **McNamara M**. Contraception. In: Talwalkar JS, Fenick AM, eds. *Yale Primary Care Pediatrics Curriculum*, 17th Edition. 2023. Available from: <http://pcpc.yale.edu>

Peer-Reviewed Case Reports

1. Yano S, **McNamara M**, Halbach S, Waggoner D. "4q21 microdeletion in a patient with epilepsy and brain malformations." *American Journal of Medical Genetics*. 2015; 9999 A: 1-5. PMID: 25847229

Peer-Reviewed Commentaries

1. **McNamara M**, Lepore C, Alstott A, Kamody R, Kuper L, Szilagyi N, Boulware S, Olezeski C. Scientific misinformation and gender affirming care: tools for providers on the front lines. *Journal of Adolescent Health*. 2022 Jul 1:S1054-139X(22)00503-1. doi: 10.1016/j.jadohealth.2022.06.008. PMID: 35787819.
2. Lepore C, Alstott A, **McNamara M**. Scientific misinformation is criminalizing the standard of care for transgender youth. *JAMA Pediatrics*. 2022;176(10):965–966. doi:10.1001/jamapediatrics.2022.2959. PMID: 35994256.
3. **McNamara M**, Lepore C, Alstott A. Protecting transgender health and challenging science denialism in policy. *New England Journal of Medicine*. 2022 Nov 24;387(21):1919-1921. doi: 10.1056/NEJMp2213085. PMID: 36409481.

Editorials and Letters

1. Olezeski C, **McNamara M**, Alstott A. “Denying trans youth gender affirming care is an affront to science and medical ethics” Los Angeles Times, June 13, 2022. <https://www.latimes.com/opinion/story/2022-06-13/trans-youth-healthcare-state-bans>
2. Markowitz M, **McNamara M**. “A call to action: considerations for pediatricians in a post-Roe healthcare system.” AAP Voices Blog, August 11, 2022. <https://www.aap.org/en/news-room/aap-voices/a-call-to-action-considerations-for-pediatricians-in-post-roe-health-care-system/>
3. **McNamara M**. “Florida’s excuse on gender-affirming care is troubling.” The Orlando Sentinel, January 30, 2023. <https://www.orlandosentinel.com/opinion/guest-commentary/os-op-florida-flawed-gender-affirming-care-20230130-6yqrknhhsfhplcpo3r53kdavz4-story.html>