

# **CURRICULUM VITAE**

Neeraj Gandotra M.D. January 17, 2023

## Current Appointment:

Chief Medical Officer Substance Abuse Mental Health Services Administration Asst. Professor Department of Psychiatry Howard University Hospital Clinical Associate Johns Hopkins University School of Medicine Consultant Psychiatrist to the Nuclear Regulatory Commission



### **EDUCATION AND EMPLOYMENT**

University of Maryland Baltimore County; Degree: B.S. Biology (1993-98)

Universidad Iberoamericana (UNIBE) School of Medicine; Degree: M.D. (1998 - 2002)

Howard University Hospital; Internship (2003 - 2004)



Howard University Hospital; Residency: Psychiatry (2004 -2007) Washington DC Chief Resident: Psychiatry (2006 - 2007)

Yale University School of Medicine-West Haven VA Medical Center (Addiction Psychiatry Fellowship (2007- 2008)

-This included a 12 month posting at the West Haven VA where psychiatric services were provided for the treatment of PTSD, Mood disorders, Substance use disorders, and thought disorders in various settings which included inpatient, outpatient, detoxification, residential treatment for the veteran population.

Johns Hopkins University School of Medicine, Dept. of Psychiatry and Behavioral Sciences (7/1/08 - 3/31/18)

Clinical Associate, Instructor, Johns Hopkins School of Medicine, Department of Psychiatry and Behavioral Sciences

Medical Director, Addiction Treatment Services, Johns Hopkins Bayview Medical Center Medical Director, Center for Addiction and Pregnancy, Johns Hopkins Bayview Medical Center

Staff Psychiatrist Acute Psychiatric Unit Johns Hopkins Bayview Medical Center

Chief Medical Officer Delphi Behavioral Health Group (4/1/18 – 7/20/19)

## **CLINICAL ACTIVITIES**

Family Services Inc/Sheppard Pratt

Medical director for Family Services Inc. providing direct medical care onsite. Supervise physician extenders. 2/21/19-7/16/19

Delphi Behavioral Health Group:

Medical director for Maryland House Detox providing direct medical care onsite. Supervise physician extenders. Ordering all medications dispensed at the clinic. Maintaining records for the DEA of the medications 4/21/18-8/31/19.

Johns Hopkins University:

Center for Addiction and Pregnancy- Medical Director- Provide state of the art Psychiatry treatment including medication management and psychotherapy. Screen new patients upon



admission to housing unit for acuity of mood, anxiety or thought disorders that require immediate medication management or referrals.

-Complete comprehensive psychiatric evaluations of all patients enrolled at the Center for Addiction and Pregnancy. Provide treatment of those diagnosed with mood, anxiety, psychotic disorders.

Addiction Treatment Services- Medical Director- Provide state of the art Addiction Psychiatry treatment including medication management and psychotherapy.

Acute Psychiatric Unit- Provide Psychiatric management for individuals requiring inpatient hospitalization. Among the dual diagnosed patients, over 50% reported traumatic events that currently affect their ability to function and these patients are treated with medication management, Therapy groups, and individual sessions.

Methadone Rounds at Center for Addiction and Pregnancy: Manage methadone dosing changes and clinical treatment in a multidisciplinary team setting directing counseling staff and provide input and psychiatric information regarding patients receiving methadone.

Methadone Rounds at Addiction Treatment Services: Manage methadone dosing changes and clinical treatment in a team setting directing counseling staff in conjunction with Associate Director.

Behavioral Pharmacology Research Unit- Onsite Physician:

Provide Physician coverage for varied ongoing studies at the Behavioral Pharmacology Research Unit related to various conditions co-occurring with Substance use disorders, e.g. mindfulness, trauma exposure

Charity Care: Provide confidential Addiction counseling and pharmacologic treatments for community members and relatives of employees working at JHBMC.

#### EDUCATIONAL ACTIVITIES

## Teaching:

Clinical: JHU-SOM, Department of Psychiatry, Johns Hopkins Bayview Medical Center; Center for Addiction and Pregnancy. Supervision and clinical teaching of PGY-IV residents during 3 month rotation as attending psychiatrist

Clinical: JHU-SOM, Department of Psychiatry, Johns Hopkins Bayview Medical Center; Acute Psychiatric Unit. Supervision and clinical teaching of PGY-I residents, medical students, and physician's assistant students during 4-week rotation as attending psychiatrist.

Clinical: JHU-SOM, Department of Psychiatry, Johns Hopkins Bayview Medical Center; Addiction treatment Services/ Center for Addiction and Pregnancy. Supervision and clinical



teaching of PGY-I residents during 2-week rotation this year as attending psychiatrist.

Clinical: Howard University Hospital, Department of Psychiatry, Evaluator for Psychiatric Competencies, Evaluate psychiatry residents' ability to evaluate and formulate during clinical interview.

#### Classroom instruction:

10-28-2010: Motivational Interviewing, Howard University Hospital Department of Psychiatry Residency Program

02-06-08: Geriatric Research into Practice (GRIP). Yale University School of Medicine, New Haven, Connecticut.

# Workshops:

06-10-19 Neurobiology of Addiction, CME/CEU lecture given for Family Services Inc/Sheppard Pratt

12-11-18 Neurobiology of Addiction, CME/CEU lecture given for Summit Behavioral Health

9-22-18 CCSAD Multidisciplinary Treatment Workshop, Co-presenter

6-3-18 WCSAD Psychotropic Management in Pregnant Substance Abusing Patients, Workshop Presenter

4-25-12 American Association for Treatment of Opioid Dependence Conference

Workshop 2012 Co-chair: Comprehensive Treatment of the Pregnant Substance User

05-06-08: Mid-to-Late Life Onset of Substance Use Disorders: Risk, Diagnosis, and Evidenced-Based Treatment in an Ethno-Culturally Diverse Population. Co-chair; Annual meeting of the American Psychiatric Association, Washington, D.C.

12-09-06: Co-morbid Substance Abuse and Mood Disorders/Racial and Ethnic Issues. Workshop Presenter ("Late Onset Substance Abuse in An Urban Minority Population"), Annual meeting of the American Academy of Addiction Psychiatry, St. Pete's Beach, Florida.



### **Grand Rounds:**

10-24-18 Walter Reed Medical Center Department of Psychiatry, Psychotropic Management in Pregnancy

10-7-13 A novel community support interventions for people with substance use disorder Michael Kidorf, Ph.D. Presented the clinical Case. Johns Hopkins School of Medicine, Department of Psychiatry and Behavioral Sciences

2-09-11 Overview of Addiction Principles, Howard University, Department of Family Medicine

1-12-11 Treatment of Mood Disorders during Pregnancy, Howard University, Department of Family Medicine

8-27-2009 Use of Psychiatric Medications during Pregnancy, Howard University Hospital Department of Psychiatry

#### **Publications**

Substance Use and Response to Psychiatric Treatment in Methadone-Treated Outpatients with Comorbid Psychiatric Disorder.Kidorf, M.,King, V. L.,Peirce, J.,Gandotra, N. Ghazarian, S.,Brooner, R. K., J Subst Abuse Treat - 2014 Dec 04

Reinforcing integrated psychiatric service attendance in an opioid-agonist program: A randomized and controlled trial. Kidorf, M.,Brooner, R. K.,Gandotra, N.,Antoine, D.,King, V. L.,Peirce, J.,Ghazarian, S., Drug Alcohol Depend - 2013 Nov 1

Improving treatment enrollment and re-enrollment rates of syringe exchangers: 12-Month outcomes. Drug Alcohol Depend. 2011 Dec 30, Michael Kidorf, Van L King, Neeraj Gandotra, Ken Kolodner, Robert K Brooner

Jansson, L. M., Velez, M., McConnell, K., Spencer, N., Tuten, M., Jones, H. E, Gandotra N, DiPietro, J. A. (2017). Maternal buprenorphine treatment and fetal neurobehavioral development. American journal of obstetrics and gynecology, 216(5), 529.e1–529.e8

Medical Licensure: Medical License D0067343, Maryland



Boards, Other Specialty Certification:
Board Certified in General Psychiatry by ABPN June 2009 recertified in 2018
Board Certified in Addiction Psychiatry by ABPN November 2010 recertified in 2019

Permanent ECFMG certification

#### ORGANIZATIONAL ACTIVITIES

Institutional Administrative Appointments:

Delphi Behavioral Health Group Chief Medical Officer: Ensuring compliance with Joint Commission standards for medication dispensation and storage. Maintaining the organization's DEA, CDS and certification. Scheduling all providers and arranging coverage to ensure continuity of care. Overseeing compliance, QI, and PI projects. Meeting with insurance carriers and stakeholders. Supervise all providers and medical service budgets across all facilities. Develop and implement medical services budgets for all facilities. Implement strategic initiatives nationally and specific to each market.

JHU-SOM Department of Psychiatry. Member of the "Executive Committee" of the Addiction Treatment Services and Center for Addiction and Pregnancy programs, Johns Hopkins Bayview Medical Center. Assists leadership in developing and implementing program goals and objectives on a continuing basis.

JHU-SOM Department of Psychiatry. Member, Medical Staff Committee, Center for Addiction and Pregnancy, JHBMC. Participates with other physician staff of CAP program in program evaluation and improvement initiatives and clinical coordination of research protocols in CAP. Participates in CAP morbidity & mortality rounds.

Member of Joint Practice Committee. Presents key data from ATS program and results of respective department and hospital initiatives.

Physician Peer Reviewer for Maryland Board of Physicians as contracted by Permedion Inc. Work with the Maryland Board of Physicians reviewing physician charts to determine compliance within the standard of care for those physicians prescribing opiate agonists. The reports prepared are used by the Board and the Attorney General to determine potential legal consequences.



Consultant Psychiatrist for the NFL player assistance program. Evaluate and treat players for psychiatric and substance use disorders. (10/2018-7/2019)

Howard University Hospital, Emergency Department Operational Performance Improvement Committee (2006 -- 2007)

Howard University, Quality Improvement Committee, Department of Psychiatry (2006 - 2007) Howard University Hospital, House Staff Association Public Relations Officer (2005 - 2006) Howard University, Residency Training Committee (2005 - 2007)

Professional Societies: Related image

American Academy of Addiction Psychiatry Member American Society of Addiction Medicine Member American Psychiatry Association Member. Washington Psychiatry Society Member Washington Psychiatry Society (2005-2006), Board Member M.I.T.

#### RECOGNITION

World Congress of Psychiatry in Genetics Scholarship recipient (2004) Dublin, Ireland

Contribution to Contemporary News:

Weed while pregnant: Far more common and concerning than many realize <a href="https://www.usatoday.com/story/news/health/2019/08/14/smoking-weed-morning-sickness-pregnancy-risks-preterm-births-brain-development-prescription-drugs/1906148001/">https://www.usatoday.com/story/news/health/2019/08/14/smoking-weed-morning-sickness-pregnancy-risks-preterm-births-brain-development-prescription-drugs/1906148001/</a>

How to Pick the Right Rehab Program for You https://www.cosmopolitan.com/health-fitness/a28249869/rehab-center-near-me/

https://www.stardem.com/news/local\_news/the-youngest-victims-of-the-opioid-crisis/article c8a675c7-cddf-508d-9643-e557958b1f4e.html

 $\frac{https://www.msn.com/en-us/health/health-news/why-celebrity-deaths-affect-us/ar-BBUovp5? li=BBnbfcL\&page=14$ 



https://wp-yahoo-style-1042-yahoopartner.tumblr.com/post/177313230257/jennifer-garner-helps-ben-affleck-check-back-into

http://salaahguru.com/2019/02/22/what-is-addiction-these-experts-say-its-not-black-and-white/

 $\underline{https://www.shape.com/lifestyle/mind-and-body/how-know-you-have-seasonal-affective-disorder-sad}$ 

https://www.bustle.com/p/how-anxiety-is-affected-by-evolution-12128796

https://www.pulse.ng/lifestyle/womens-health/girl-smarts-14-ways-you-can-help-if-you-think-a-loved-one-is-suicidal/78kbmz6

https://www.wellandgood.com/good-advice/gratitude-practice/

 $\underline{https://citywomen.co/2019/01/25/in-the-aftermath-of-a-fight-heres-how-to-calm-your-mind-and-body/}$ 

https://www.motherjones.com/politics/2018/02/pregnant-opioid-drug-use/

https://undark.org/article/pregnant-women-opioids-supervised-injection/

 $\underline{https://www.pulse.ng/lifestyle/womens-health/selena-gomez-reportedly-had-a-breakdown-over-her-low-white-blood-cell-count/dcq9r3g}$