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- 6 AN EPIDEMIC WITHIN A PANDEMIC:
- 7 UNDERSTANDING SUBSTANCE USE AND MISUSE IN AMERICA
- 8 WEDNESDAY, APRIL 14, 2021
- 9 House of Representatives,
- 10 Subcommittee on Health,
- 11 Committee on Energy and Commerce,
- 12 Washington, D.C.

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- The subcommittee met, pursuant to call, at 10:29 a.m.
- via Webex, Hon. Anna Eshoo [chairwoman of the subcommittee],
- 18 presiding.
- 19 Present: Representatives Eshoo, Butterfield, Matsui,
- 20 Castor, Sarbanes, Welch, Schrader, Cardenas, Ruiz, Dingell,
- 21 Kuster, Kelly, Barragan, Blunt Rochester, Craig, Schrier,
- 22 Trahan, Fletcher, Pallone (ex officio); Guthrie, Upton,
- 23 Burgess, Griffith, Bilirakis, Long, Bucshon, Mullin, Hudson,
- 24 Carter, Dunn, Curtis, Joyce, and Rodgers (ex officio).
- Also Present: Representatives Tonko, O'Halleran; and
- 26 Latta.

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Staff Present: Joe Banez, Professional Staff Member;
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    Jeff Carroll, Staff Director; Waverly Gordon, General
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    Counsel; Tiffany Guarascio, Deputy Staff Director; Perry
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    Hamilton, Deputy Chief Clerk; Mackenzie Kuhl, Digital
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    Assistant; Aisling McDonough, Policy Coordinator; Meghan
    Mullon, Policy Analyst; Kaitlyn Peel, Digital Director; Tim
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    Robinson, Chief Counsel; Chloe Rodriguez, Deputy Chief Clerk;
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    Kimberlee Trzeciak, Chief Health Advisor; Caroline Wood,
35
    Staff Assistant; C.J. Young, Deputy Communications Director;
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    Sarah Burke, Minority Deputy Staff Director; Theresa Gambo,
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    Minority Financial and Office Administrator; Grace Graham,
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    Minority Chief Counsel, Health; Caleb Graff, Minority Deputy
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    Chief Counsel, Health; Nate Hodson, Minority Staff Director;
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    Olivia Hnat, Minority Communications Director; Peter Kielty,
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    Minority General Counsel; Emily King, Minority Member
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    Services Director; Clare Paoletta, Minority Policy Analyst,
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    Health; Kristin Seum, Minority Counsel, Health; Kristen
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    Shatynski, Minority Professional Staff Member, Health;
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    Michael Taggart, Minority Policy Director; and Everett
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    Winnick, Minority Director of Information Technology.
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- 49 *Ms. Eshoo. The Subcommittee on Health will now come to
- order. And due to the COVID-19, today's hearing is being
- 51 held remotely. All members and witnesses will be
- 52 participating via video conferencing.
- As part of our hearing, microphones will be set on mute
- 54 to eliminate background noise. Members and witnesses need to
- 55 remember to unmute your microphone each time you wish to
- 56 speak. Documents for the record should be sent to Meghan
- 57 Mullon at the email address that we provided to your staff,
- and all documents will be entered into the record at the
- 59 conclusion of the hearing.
- The chair now recognizes herself for five minutes for an
- opening statement.
- According to recently-reported data from the CDC,
- overdose deaths spiked after the start of the pandemic. From
- 64 September 2019 through August 2020, there were over 88,000
- overdose deaths, with 2020 being the deadliest year for
- overdoses on record. These are really stunning numbers. So
- 67 we are in an addiction crisis during a COVID crisis.
- In 2016 Congress passed the 21st Century Act and CARA,
- 69 C-A-R-A, and the SUPPORT Act in 2018 to stem the tide of
- 70 addiction and the devastation that the opioid crisis has
- 71 created. Congress also provided over \$8 billion -- with a B
- 72 -- to address opioid use and mental and behavioral health
- 73 care through the American Rescue Plan in the fiscal year 2021

- 74 Appropriations Act.
- 75 Yet despite our legislative efforts to increase access
- 76 to evidence-based treatment, according to a National
- 77 Academies of Science Report, more than 80 percent of the two
- 78 million people with opioid use disorder are not receiving
- 79 medication-assisted treatment.
- Today we are going to hear from the acting director of
- 81 the Office of National Drug Control Policy about where and
- 82 why previous efforts have fallen short, and what the Biden-
- 83 Harris Administration believes we need to do to save lives.
- We will also consider 11 bills, many bipartisan, to
- 85 address the opioid crisis. According to the CDC, three in
- 86 five people who died from overdose had an identified
- 87 opportunity for care or other lifesaving actions.
- And we know that Representative Tonko and Trahan's
- 89 bipartisan bills will ensure more doctors are trained and
- 90 able to prescribe the medication-assisted treatment that we
- 91 know saves lives.
- Those who are released from prisons and jails are 12
- 93 times more likely to die of an overdose than the general
- 94 public, because they often have no access to treatment upon
- 95 release. The bipartisan Medicaid Reentry Act addresses these
- 96 inequities by extending Medicaid eligibility to incarcerated
- 97 individuals 30 days before release.
- 98 And lastly, we are considering bills to address the

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upcoming expiration of the temporary placement of all
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     fentanyl-related substances in schedule 1. Despite the
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     temporary scheduling, deaths from fentanyl analogues rose by
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     10 percent. So clearly, scheduling is not the silver bullet,
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     and Congress has to consider alternatives to stop synthetic
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     opioids.
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           [The prepared statement of Ms. Eshoo follows:]
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- 109 *Ms. Eshoo. I now yield the rest of my time -- I don't
- 110 know how much is left -- to the sponsor of the Stop Fentanyl
- 111 Act of 2021, Representative Annie Kuster.
- *Ms. Kuster. Thank you so much, Chairwoman Eshoo. As
- we are all too well aware, the pandemic has exacerbated the
- 114 already dire addiction and mental health crisis in our
- country. From August 2019 to August 2020, 88,000 Americans
- died of an overdose, the highest number ever recorded over a
- 117 12-month period.
- But we also know the addiction and overdose crisis in
- 119 this country did not occur overnight. It has devastated
- 120 communities in my state of New Hampshire and across the U.S.
- 121 for decades. What began as an opioid crisis has evolved to
- 122 an epidemic that knows no bounds. It impacts every
- 123 community, no matter the race. It is cross-regional and
- 124 inter-generational.
- 125 The complexity of this epidemic is urgent. Overdose
- deaths due to synthetic opioids such as fentanyl and fentanyl
- analogues have continued to rise. And what we have learned
- 128 in New Hampshire is there is no silver bullet. It is an all-
- 129 hands-on-deck approach, and any serious solution must look at
- comprehensive reforms to both public health and our criminal
- 131 justice system.
- And that is why I am so pleased to see my bill, the
- 133 Support, Treatment, and Overdose Prevention of Fentanyl Act,

134	included in today's hearing. I look forward to discussing it
135	more, and thank you, Chairwoman Eshoo, for this time, and I
136	including my bill to support public health and public
137	safety efforts into responding to fentanyl. It will be a
138	real game-changer.
139	[The prepared statement of Ms. Kuster follows:]
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- 143 *Ms. Kuster. And I yield back.
- *Ms. Eshoo. Well, thank you, Annie, you have been and
- continue to be an important leader on the whole issue of
- opioids, and we are all very grateful to you.
- The chair is now pleased to recognize Mr. Guthrie, the
- ranking member of the Subcommittee on Health, for five
- 149 minutes for his opening statement.
- Good morning to you.
- *Mr. Guthrie. Good morning. Good morning, Chair Eshoo,
- and thank you for holding this important hearing today.
- 153 It is devastating that we have lost more than 550,000
- Americans due to COVID-19. Sadly, we have another epidemic
- that has claimed around the same number of lives over the
- past two decades: the opioid crisis. We are hearing from
- public health providers that the COVID-19 pandemic has
- 158 exacerbated this crisis. The CDC recently reported that --
- over 88,000 overdose deaths over the past year, ending in May
- of 2020, which is the highest number of overdose deaths in a
- 161 12-month time.
- In 2019 addiction and substance use disorders affected
- over 20 million Americans, 10 million of which experienced
- opioid misuse. Last year we sadly saw that number increase
- even more. According to the CDC, we have had three waves of
- the opioid epidemic. First we saw the rise in prescription
- opioids. Then in 2010 we began to see the rise in heroin.

- 168 And currently we are in the third wave, which includes the
- rise of synthetic opioids, which often includes deadly forms
- of fentanyl.
- 171 My home state of Kentucky has seen some of the highest
- numbers of substance use disorder deaths. One Kentucky
- substance abuse provider group that my office spoke to shared
- 174 that they have lost more patients to overdose during the
- pandemic than they had in the last five years. CDC compared
- 176 the death by drug overdose rates over a 12-month period
- between August 2019 and August 2020. In August 2019,
- 178 Kentucky and 1,307 overdose deaths; one year later, that
- number was 1,874. Unfortunately, Kentucky is not alone with
- 180 these increases.
- This committee has worked in a bipartisan way to
- authorize many programs to decrease overdose deaths. But
- 183 more work needs to be done. Specifically, the Energy and
- 184 Commerce Committee authorized the 21st Century Cures Act, the
- 185 Comprehensive Addiction Recovery Act, and the SUPPORT Act for
- 186 patients and communities -- Communities Act to combat the
- 187 opioid epidemic. Included in the final SUPPORT Act was my
- bill, the Comprehensive Opioid Recovery Act Centers of 2018,
- which authorized the creation of comprehensive opioid
- 190 recovery centers throughout the nation. This program is
- currently being implemented, and provides evidence-based
- 192 comprehensive care for those with substance use disorders.

- Overall, these laws continue to provide critical funding
- and authorizations to help address substance use disorder
- 195 treatment, recovery, and prevention.
- I think it is important for us to look back and fully
- 197 examine these laws, and evaluate where we are and where we
- 198 are headed. And while we have 11 new bills before us today,
- 199 we must also examine current authorizations.
- One of these current authorizations is the extension of
- the temporary emergency scheduling of federal analogues.
- 202 Synthetic opioids, which includes fentanyl analogues, were
- involved in 744 deaths in Kentucky in 2018. Fentanyl
- analogues are very dangerous, due to their potency, and often
- 205 come across our borders illegally only to harm Americans.
- 206 Just last month a two-year-old in Kentucky died from exposure
- 207 to fentanyl. One health care provider group who treats
- 208 patients with substance use disorders told my office that
- 209 almost all of their patients have some sort of fentanyl in
- 210 their system. Many of the patients are not aware of it
- themselves. I recently heard from another local health care
- 212 provider in Kentucky who said it is almost rare to have an
- overdose that does not have some traces of synthetic opioids,
- 214 such as fentanyl.
- 215 This provider also shared that they have certain
- 216 individuals using substances in their own parking lot, in
- case they overdose, or anything were to happen, because they

218	know the provider is equipped with Narcan.
219	We must protect Americans from these harmful drugs and
220	that ruin lives and families. I look forward to
221	continuing the bipartisan work to combat the substance abuse
222	disorder crisis in America. I appreciate this hearing, and
223	the witnesses before us, and the members present.
224	[The prepared statement of Mr. Guthrie follows:]
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- 228 *Mr. Guthrie. And, Madam Chair, I will yield back.
- 229 *Ms. Eshoo. The gentleman yields back, and I thank him
- 230 for his opening statement.
- The chair is now pleased to recognize Mr. Pallone, the
- chairman of the full committee, for his five minutes for an
- 233 opening statement.
- *The Chairman. Thank you, Chairwoman, and thanks to the
- 235 ranking member, as well.
- This committee has a long history of working on a
- 237 bipartisan basis to combat the threat of opioids and
- 238 substance use and misuse. And together we are making
- 239 significant progress.
- But unfortunately, the COVID-19 pandemic and the
- resulting economic downturn over the last year has weighed
- heavily on the American people, and has only exacerbated
- 243 substance use and misuse. And so today we are continuing our
- 244 work to address the epidemic within the pandemic,
- essentially.
- The statistics are alarming. In 2019, prior to the
- 247 pandemic, more than 20 million Americans experienced a
- substance use disorder, and half of those involved opioids.
- 249 Tragically, there were nearly 71,000 drug overdose deaths.
- 250 And recent data shows that the pandemic has accelerated
- overdose deaths. From August 2019 to August 2020, 88,000
- overdose deaths were reported, the highest ever recorded in a

- 253 12-month period.
- The primary driver of these deaths was a dramatic
- increase in the availability of synthetic opioids derived
- from fentanyl. These low-cost substances can be 50 to 100
- 257 times more potent than morphine, and are frequently mixed
- into other drugs like cocaine and methamphetamine.
- To combat the opioid epidemic the committee advanced
- 260 major pieces of legislation that became law. These laws
- 261 expanded critical substance use disorder services and
- supports for communities around the country. But our efforts
- have not ended there. And since the beginning of the
- 264 pandemic we pushed for the inclusion of funding aimed at the
- 265 dual public health threats of the virus and rising rates of
- 266 overdose deaths, substance use and misuse, anxiety, and
- depression. And I look forward to hearing from our panelists
- about the implementation of these laws, how the pandemic is
- 269 impacting people suffering from substance use, and what more
- 270 can be done to help aid in response to these threats.
- Now, on our first panel we will hear from the acting
- 272 director of the White House Office of National Drug Control
- Policy, or ONDCP, who recently released the Biden
- 274 Administration's first-year drug policy priorities. And I
- 275 commend the Administration for taking an evidence-based
- 276 public-health approach to the drug epidemic. I also applaud
- them for their plans to expand evidence-based treatment,

- 278 reduce youth substance use, enhance recovery services, and
- 279 advance racial equity. Their work falls squarely within the
- jurisdiction of this committee. I look forward to hearing
- 281 more from ONDCP about how we can work together.
- And our second panel is composed of experienced
- 283 providers, public health experts, advocates for justice, and
- federal law enforcement professionals. This group is on the
- front lines of the epidemic, and their insight on the impact
- 286 of federal policy is invaluable. And I thank all the
- 287 witnesses for their selfless dedication to this cause.
- Now, throughout our discussion it is important to
- remember that substance use disorder is complex, but
- 290 treatable. Regardless of a patient's personal history or
- 291 health care coverage, they deserve compassion and help, just
- like any other patient with a diagnosable disease. And we
- 293 have to approach this substance use epidemic as a public
- 294 health crisis, and take the lead on de-stigmatizing effective
- 295 treatments.
- The 11 pieces of legislation we are considering today to
- 297 tackle the epidemic in multiple ways, and many of them take a
- 298 public health approach. And we have considered some of these
- 299 policies before, and they remain a critical component of a
- 300 comprehensive response to the crisis. So we have to continue
- our work in a bipartisan fashion to combat the epidemic.
- 302 Millions of lives depend on it.

303	And I commend the sponsors of these bills for their
304	leadership, and look forward to our continued work to address
305	this devastating epidemic in the months ahead.
306	[The prepared statement of The Chairman follows:]
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- *The Chairman. Thank you again, Madam Chair. I think
- 311 this is a very important hearing, and I yield back.
- *Ms. Eshoo. Thank you, Mr. Chairman.
- 313 The chair now is pleased to recognize the ranking member
- of the full committee, Representative Cathy McMorris Rodgers,
- for her five minutes for an opening statement.
- *Mrs. Rodgers. Good morning, everyone. Thank you,
- 317 Chair Eshoo, and thank you to our witnesses.
- 318 America remains in the midst of two national
- emergencies, COVID-19 and the substance use disorder crisis.
- 320 Experts, including law enforcement, the DEA, and local
- leaders in my community are raising the alarm.
- We are losing more people to the depths of despair. The
- 323 social isolation, economic shutdowns, stress, fear,
- loneliness has taken a severe toll. According to the CDC,
- 325 88,000 people died of overdose in the last 12 months leading
- 326 up to August 2020. That is a 26.8 percent increase. And
- 327 that comes after the CDC released May data that we had the
- 328 highest number of overdose deaths in the history of our
- 329 country. This is how one mental health expert in eastern
- 330 Washington put it to me, "A situation such as 2020 that
- really stressed even the strongest will among us, it can
- really impact how they are feeling, and it can increase their
- need for a substance use as a way to protect themselves, as a
- 334 way to find the comfort they are used to having."

- People need hope, hope to overcome fear, change their lives, provide for their families, and thrive, and that is what is on the line as we work to address this epidemic
- 337 what is on the line as we work to address this epidemic
- 338 within the pandemic, head on.
- While I have some concerns with some of the bills, I am
- 340 pleased that we are coming together to improve prevention,
- increase access to treatment, and offer support to those in
- recovery. All of this will build on our historic bipartisan
- 343 work on the comprehensive Addiction and Recovery Act, Cures,
- 344 and the Support for Patients and Communities Act.
- Energy and Commerce has a rich history of leading on the
- most significant efforts against addiction crisis, and today
- 347 I am hopeful that we can move more of those solutions across
- 348 the finish line. That includes stopping the scourge of
- 349 fentanyl coming across our southern border from Mexico, and
- 350 also China. Nearly all states are seeing a spike in
- 351 synthetic opioid deaths, with 10 western states reporting
- more than a 98 percent increase.
- In Washington State it is even worse. The fentanyl
- 354 positivity rate increased by 236 percent. Washington State
- is the highest in the nation. Last fall we lost two
- 356 teenagers in eastern Washington to potential fentanyl
- 357 exposure. We have had close calls with police officers who
- 358 barely came in contact with fentanyl, just a few milligrams.
- 359 What can fit on Lincoln's ear on a penny is lethal. The

- analogues are often times more potent. If it is reaching our
- 361 streets in Washington State in deadly quantities from Mexico,
- I can assure you that the scourge is everywhere.
- 363 That is why DEA created a temporary scheduling order for
- 364 fentanyl analogues, placing these dangerous substances in the
- 365 schedule 1. Previously, drug traffickers could slightly
- 366 change the chemical structure of fentanyl, so the novel
- formula was not considered prohibited. The DEA would then
- 368 have to individually schedule each variant. Once one
- analogue was scheduled, a new one would emerge, creating this
- game of Whack-A-Mole for drug control efforts.
- With wide class scheduling, any dangerous variant of
- fentanyl is controlled under schedule 1. This allows law
- 373 enforcement to combat all fentanyl-related substances and
- 374 protect the public. For example, one recently-encountered
- 375 substance was approximately eight times more potent than
- 376 fentanyl. A scheduling order is set to schedule in less than
- a month.
- Given the House schedule, Speaker Pelosi must make this
- a priority for this week or next. I fear that, like last
- 380 year, the majority may wait until the last minute. We should
- work with DEA and other agencies to make this scheduling
- permanent, like with Mr. Latta's FIGHT Fentanyl Act.
- We should also look for reforms that encourage the
- 384 scientific research. If the majority will not act on a

385	permanent solution, then we must temporarily extend it.
386	Judiciary Republican Leader Jordan and I are leading a one-
387	year extension to buy us time. The clock is ticking. If
388	this is allowed to expire, Customs and Border Protection will
389	lose their authority to seize these substances at ports of
390	entry, and drug traffickers regain the incentive to push
391	deadlier and deadlier drugs on our streets.
392	There is no excuse to let May 6th come and go without us
393	doing our job to keep people safe, break the cycle of
394	despair, and build a more prosperous future for America.
395	[The prepared statement of Mrs. Rodgers follows:]
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- 399 *Mrs. Rodgers. With that I yield back.
- *Ms. Eshoo. The gentlewoman yields back. The chair
- 401 would like to remind members that, pursuant to committee
- rules, all members' written opening statements will be made
- 403 part of the record.
- I would now like to introduce our witnesses for our
- 405 first panel. Regina LaBelle is the deputy director of the
- 406 White House Office of National Drug Control Policy, and is
- 407 currently the acting director of the agency, serving as the
- 408 principal adviser to the Biden-Harris Administration on drug
- 409 policy matters ranging from substance use, prevention,
- 410 treatment, and recovery, to drug interdiction.
- Acting Director LaBelle previously served as the chief
- 412 of staff of the ONDCP during the Obama Administration, where
- she oversaw the federal government's initial efforts to
- 414 address the opioid epidemic. And before returning to the
- 415 agency, she served as a distinguished scholar and program
- 416 director of the Addiction and Public Policy Initiative at
- 417 Georgetown University's O'Neill Institute for National and
- 418 Global Health Law, and was also a director of the graduate
- school's master of science program in addiction policy and
- 420 practice.
- So we have a seasoned professional representing the
- 422 agency.
- 423 And Acting Director LaBelle, you are recognized for five

- 424 minutes. Please remember to unmute, and I recognize my -- I
- will recognize myself for questions after your testimony.

- 427 STATEMENT OF REGINA M. LABELLE, ACTING DIRECTOR, WHITE HOUSE
- 428 OFFICE OF NATIONAL DRUG CONTROL POLICY

- *Ms. LaBelle. Thank you, Chairwoman Eshoo, Ranking
- 431 Member Guthrie, Chairman Pallone, Ranking Member McMorris
- Rodgers, members of the subcommittee. Thank you for inviting
- 433 me to testify today. It is my pleasure to discuss the Biden-
- 434 Harris Administration's drug policy priorities for our first
- 435 year, and the activities of the Office of National Drug
- 436 Control Policy. Thank you for holding this hearing so early
- in the 117th Congress. It reflects the urgency of addressing
- 438 the overdose and addiction epidemic.
- ONDCP coordinates federal drug policy by developing and
- 440 overseeing the national drug control strategy and the
- 441 national drug control budget. We develop, evaluate,
- 442 coordinate, measure, and oversee the international and
- domestic drug-related efforts of executive branch agencies,
- and work to ensure those efforts complement state, local, and
- 445 tribal drug policy activities.
- In this role I advocate for people with substance use
- disorder and their families, for a balanced approach to drug
- 448 policy that includes public health and public safety, and for
- qreater inclusion and equity in our efforts to tackle the
- 450 addiction and overdose epidemic. These responsibilities are
- 451 evident in the work ONDCP has undertaken since President

- 452 Biden took office.
- 453 On April 1st, ONDCP delivered the Biden-Harris
- Administration's statement of drug policy priorities for the
- first year to Congress. These seven priorities have two
- 456 overarching themes: first, immediately getting services to
- 457 people most at risk for overdose; and second, building the
- 458 addiction infrastructure necessary to meet the needs of the
- 459 more than 20 million people in this country who have a
- 460 substance use disorder.
- Our policy priorities include a focus on preventing
- substance use initiation, including through our drug-free
- 463 community support program, and expanding access to quality
- 464 treatment and recovery support services. It also includes
- 465 supporting harm reduction services. This is especially
- important during this time when illicitly manufactured
- fentanyl is present in so many drugs. Harm reduction
- 468 services include distributing the lock zone and fentanyl test
- 469 strips, and expanding syringe services programs. These
- 470 programs build connections, reduce people's chance of
- overdose, and give them the opportunity to receive services
- and engage them in health care, including treatment.
- As the epidemic continues, the shifting dynamics require
- 474 us to adapt and meet people where they are. I have an
- example. I recently read about a 60-year-old woman in Miami
- 476 who had untreated opioid use disorder. After many years she

- 477 received services finally through a mobile service provider.
- She engaged in treatment, now has an apartment, and is able
- 479 to spend time with her children and grandchildren.
- Also included in our policy priorities is racial equity
- in drug policy, both in criminal justice and health care.
- Our priorities include the entire continuum of care, and seek
- 483 to reduce the stigma of addiction.
- We also recognize the need to reduce the supply of
- 485 illicit drugs in the United States. Illicitly-manufactured
- fentanyl, fentanyl analogues, cocaine, methamphetamine, and
- other drugs enter our country through our ports of entry or
- 488 through the mail, including express couriers. Our efforts to
- 489 disrupt drug trafficking networks include working with
- 490 domestic law enforcement through ONDCP's High Intensity Drug
- 491 Trafficking Areas Program, and we appreciate Congress's
- 492 strong support for this program.
- 493 We are also working closely with countries such as
- 494 Colombia, Mexico, and China to disrupt drug-trafficking
- 495 networks and stem the flow of drugs coming into this country.
- 496 On this issue Congress is facing a deadline of May 6 to
- 497 extend the temporary fentanyl class scheduling bill. The
- 498 Administration is asking Congress to extend this law while we
- 499 work with the Departments of Justice and Health and Human
- 500 Services to address legitimate concerns regarding mandatory
- 501 minimums and research provisions involved in class

scheduling. 502 Beyond extending temporary class scheduling, Congress 503 has an important role to play in addressing the overdose and 504 addiction epidemic. Already, Congress has provided needed 505 506 resources through the American Rescue Plan, and the President's budget request calls for a substantial investment 507 of \$10 billion. This funding will help build the type of 508 509 infrastructure the nation needs to reduce overdose deaths in the short term, while laying the groundwork for a system of 510 511 care that is long overdue. These funds will be guided by science and evidence, and we hope this budget request informs 512 your work. 513 Addressing the addiction and epidemic is an urgent 514 issue, and the Biden-Harris Administration's drug policy 515 516 priorities are intended to bend the curve and save lives. And working with our members -- with Members of Congress, 517 ONDCP will take quick action to implement them. 518 Thank you for your time, and I look forward to your 519 questions. 520 521 [The prepared statement of Ms. LaBelle follows:] 522 *********************************** 523

- *Ms. Eshoo. Thank you very much, Acting Director
- 526 LaBelle, for being with us.
- 527 So how many days have you been on the job?
- 528 *Ms. LaBelle. So I was sworn in the afternoon of
- Inauguration Day, so it is 85 days, I guess.
- *Ms. Eshoo. Well, congratulations to you.
- *Ms. LaBelle. Thanks.
- *Ms. Eshoo. You have a weighty portfolio. Now, based
- on the early data, 2020 is the deadliest year for overdoses,
- with 88,000 deaths counted so far, 88,000 in 2020.
- Now, as members stated in their opening statements, our
- 536 subcommittee and the full committee have done a lot of work.
- 537 We have passed packages of bills. The first big effort, I
- think, was something like 53 bills. I think every single one
- of them was bipartisan. We have put money to this.
- Something isn't working, something isn't working. We
- 541 are not putting a dent in this. And I don't know -- I know
- that you were part of doing a report before you came to head
- 543 up the agency. What instructions do you have for the
- 544 subcommittee about what we need to change, what we need to do
- more of, what is not working, and also the bills, the 11
- 546 bills that we have before us? Can you comment on this?
- It is very disturbing to me that we all think we have
- 548 done very important work. And I still think that we have.
- 549 But 88,000 deaths? I mean, that -- we just -- it seems to me

- 550 that we are not making -- to put it mildly, I don't think we
- are making progress.
- *Ms. LaBelle. Right. So thank you, Chairwoman.
- I think the issues are very complex, but I think that we
- 554 can't see immediate results over a problem that has evolved
- for decades. You know, we have had overdose deaths
- increasing since the 1970s. They did go down in 2018, but
- fentanyl, illicit fentanyl that is getting into the drug
- 558 stream, it is getting into coke, methamphetamine, heroin,
- 559 that is really what is driving a lot of these overdose
- deaths.
- So there are things -- I mean, there are bright spots.
- The money has not been wasted. We have seen an increase in
- 563 the number of providers who are -- provide Buprenorphine, one
- of the three forms of medication treatment. We have made
- 565 efforts. It is not enough yet. And that is why our policy
- 566 priorities stress what it does: harm reduction, prevention,
- recovery supports, because this is a chronic disease, and we
- need the full continuum of care.
- *Ms. Eshoo. On the soon-to-expire temporary scheduling
- of the fentanyl-related substances, what is your agency's
- 571 suggested policy on this?
- *Ms. LaBelle. So we are going to -- we have been having
- 573 discussions with HHS and the Department of Justice and DEA.
- 574 We just got the GAO report that had -- that was required as

- 575 part of the federal scheduling extension from two years ago.
- 576 We are going to be looking closely at what the results have
- 577 been of that and, you know, come together to make sure we
- have a whole-of-government approach to this issue.
- 579 *Ms. Eshoo. And what kind of timeframe are you thinking
- of here, to get the job done?
- *Ms. LaBelle. So we are, you know, engaged in
- 582 continuous conversations about this. We understand the
- urgency. It is not going to happen before May 6th, but we
- are going to work as quickly as possible after that.
- *Ms. Eshoo. And what is your response to the criticisms
- that class-wide scheduling leads to disproportionate
- incarceration of Black and Brown people, many of whom -- who
- don't receive the treatment they need while they are in jail
- 589 or prison?
- But of course, we have an excellent bill that -- before
- 591 us that addresses that. But can you comment on that, please?
- 592 *Ms. LaBelle. Yes. So the mandatory minimum issues are
- 593 much broader than this bill. But when we work with
- 594 Department of Justice, we are going to look exactly at that.
- 595 What are the effects of this legislation on the fentanyl
- 596 scheduling, on mandatory minimums?
- But the -- you know, but the mandatory minimum issue is
- a much broader issue that involves all forms of drug, as well
- 599 as other sentencing.

- *Ms. Eshoo. Well, thank you very much for agreeing to
 testify today, and we need to -- you know, we need the agency
 to really operate in top gear, because this number of deaths
 says to me that we are not making progress, and we have to
 change that. We have to change that. So thank you very much
- And now I will recognize Mr. Guthrie, the wonderful ranking member of our subcommittee, for his five minutes of questions.
- *Mr. Guthrie. Thank you very much. And thank you,

 Director, for being here. I really appreciate it.

to you.

- One, one of my prepared questions, by not meeting the 611 May 6 deadline, we have to make, you know, some important 612 decisions -- or not having information for us -- and I know 613 you have a lot of the experts. I think you said -- you said 614 that fentanyl analogues are driving the overdose deaths. 615 I would -- and I said in my opening statement that almost all 616 of my providers are saying that everybody with an overdose 617 death has some fentanyl analogue. 618
- And I would agree it is not just a criminal justice
 issue, but I think it is a criminal justice issue, but not
 just. And this committee has responded with the CARES Act,
 SUPPORT Act, and hopefully we will have a chance to look at
 all of that, and see how it is making a difference. But I
 think it is both, we have to deal with both. And any

- disparities in the laws being enforced absolutely need to be
- 626 dealt with, as well. But I would -- it would be nice to have
- information before May 6, or a position from the
- 628 Administration. But I appreciate it.
- I know you had -- you put out your priorities for the
- 630 year one report, and I really want to work with you to
- 631 achieve your seven goals that you set. And specifically, I
- 632 would like to focus on evidence-based treatment, and how you
- 633 plan to address holistic treatment for those with co-
- occurring substance use disorders. Are you willing to work
- with me and the committee on fully evaluating current
- 636 programs that are authorized or funded for substance use
- 637 disorders?
- *Ms. LaBelle. I am sorry, can you repeat the last part
- of your question? I had a hard time hearing.
- 640 *Mr. Guthrie. Okay, are you willing to work with me and
- 641 the committee on fully evaluating current programs that are
- authorized or funded for substance use disorders?
- *Ms. LaBelle. Yes, absolutely, Congressman Guthrie,
- 644 thanks for your question. That is -- you know, we want to
- 645 make sure that it is quality treatment that is evidence-
- 646 based. And so we intend to work across, you know, all the
- 647 HHS, SAMHSA to make sure that the programs that the federal
- 648 government is funding are effective. And so we have to put
- those standards into place.

- 650 *Mr. Guthrie. Okay, thank you for that.
- And then, additionally, I believe we need to ensure that
- 652 the Office of National Drug Control Policy is addressing
- 653 polysubstance abuse, not just opioids, but also stimulants
- and alcohol abuse. Can you please share how you plan to
- address this, and while also taking a wide lens on what
- 656 programs we are already funding, and how we can make sure
- they are best serving those with substance use disorders?
- *Ms. LaBelle. Yes --
- *Mr. Guthrie. So kind of more emphasis on your --
- *Ms. LaBelle. Sure --
- *Mr. Guthrie. You sort of answered a little bit, but
- just a little broader on what you just answered.
- *Ms. LaBelle. Sure, thanks. So polysubstance use is,
- obviously, as you point out, a huge problem. People are not
- just using one substance, they are using multiple substances.
- 666 And we can't kind of have blinders on that we are only going
- to deal with one drug at a time.
- So our policy priorities call for a holistic approach,
- 669 starting with prevention of all substances -- as you
- 670 mentioned, youth alcohol use -- and then treatment, making
- sure the quality treatment is available where people live,
- 672 harm reduction, and recovery support services. Those don't
- 673 have -- there are certainly medications that work for certain
- drugs, but we need to make sure that we are responsive to all

- forms of substance use disorder.
- 676 *Mr. Guthrie. Great, thank you. And then I will just
- say again that, when we were looking at all the CARES Act,
- 678 SUPPORT Act, and all the others that we worked on, I know --
- and I had to change some of my attitude. Mine was coming
- from a pure -- not pure, but strong emphasis on the criminal
- justice side, that that is illegal, and people use it
- 682 illegal. And as you really delve into this, some people
- 683 commit crimes because of their drug habit. If you could deal
- with the substance abuse disorder, you could solve the
- 685 criminal problem.
- But some people are criminal, and they are out to -- and
- 687 a lot of them aren't users. That is -- if you read some of
- 688 the books that you read about, that they avoid using because
- it takes away from their ability to do business. And so my
- 690 -- I would be really concerned if we start de-scheduling, or
- 691 not allowing these types of drugs to go forward, particularly
- 692 that -- you have said, and I have witnessed or heard from
- 693 people who practice in this, that fentanyl analogues are a
- 694 big driver in the overdose and overdose deaths.
- We had a -- I mentioned in my opening statement -- a
- 696 little -- I have a couple of -- few seconds -- but a two-
- 697 year-old, we felt -- they believe touched and handled his
- 698 mother's fentanyl, and her opioid, which had fentanyl in it,
- and that is why the two-year-old passed away.

- And so this is just something that -- we need to really
- 100 look at this as we move forward, and try to work together.
- 702 So I really appreciate your time, and I will yield back to
- 703 the chair.
- 704 *Ms. LaBelle. Thank you.
- 705 *Ms. Eshoo. The gentleman yields back. The chair now
- 706 recognizes the ranking member of the full committee -- pardon
- 707 me?
- 708 *Voice. Mr. Pallone.
- 709 *Ms. Eshoo. Oh, I am sorry. The chairman of the full
- 710 committee first.
- 711 Mr. Pallone?
- *The Chairman. Thank you, thank you, Chairwoman. I
- 713 wanted to ask the director about this drug policy, first-year
- 714 drug policy report that you just released.
- 715 I know your jurisdiction puts you in a unique position,
- 716 because you collaborate with public health and public safety
- 717 agencies to drive the direction of drug policy, not only in
- 718 the U.S., but around the world. And what we discussed today
- 719 and what we do in the months to come is really an issue of
- 720 life and death, so it is very serious.
- But your office recently released the Biden
- 722 Administration's first-year drug policy priorities. I want
- 723 to applaud the bold approach in that to reducing overdose
- 724 deaths, and the urgency in which you intend to act. But I

- 725 wanted to focus on the first priority, which is expanding
- 726 access to evidence-based treatment.
- 727 Acting Director LaBelle, the statement of drug policy
- 728 priorities places expanded access to evidence-based treatment
- 729 at the top of the list. So what actions are you going to
- 730 take in year one to achieve that specific goal, if you would?
- 731 *Ms. LaBelle. Sure, thanks. So it is important that we
- look at the full continuum of care, but also that we look at
- 733 the types of FDA-approved medications. So it is
- buprenorphine. We will be looking at how we can reduce
- 735 barriers to buprenorphine access.
- 736 We are also looking at how can we modernize our
- 737 methadone treatment that is available to people. So there is
- 738 -- there are many steps that we have to take to look for how
- 739 to update today's treatment approaches, and not be stuck in
- 740 approaches that we had 15 to 20 years ago.
- 741 *The Chairman. Well, you know, only a fraction of the
- 742 patients with substance use disorders have access to these
- 743 evidence-based treatments. And as part of expanding access
- for evidence-based treatment, the statement noted that the
- 745 Biden Administration will "remove unnecessary barriers to
- 746 prescribing BUP, and identify opportunities to expand low-
- 747 barrier treatment services.''
- Just discuss a little further the barriers the
- 749 Administration sees currently to prescribe BUP, and the steps

- 750 that the Administration plans to take to address those
- 751 barriers, if you will.
- 752 *Ms. LaBelle. Sure. So the research shows that some of
- 753 the barriers to people -- to prescribers prescribing
- 754 buprenorphine include -- so they don't necessarily feel
- 755 comfortable treating patients with addiction, so there is
- 756 stigma attached to that.
- 757 There is also a lack of training in many medical
- 758 schools. We don't do a good job of building out the
- 759 addiction workforce. That is a second piece we will be
- 760 working with medical schools to talk about that.
- And then lastly, we have an -- interagency working
- 762 groups going on that are looking at the X-waiver,
- 763 specifically, which is the eight-hour training for doctors,
- and a 24-hour training for nurse practitioners and
- 765 physician's assistants. So we are looking specifically at
- 766 that issue, as well, at how we can remove barriers to the X-
- 767 waiver, what we can do administratively, what requires
- 768 legislative action.
- 769 *The Chairman. Well, that is great. That is very
- important, and I appreciate your answer.
- 771 Last question. Any other steps that Congress or the
- 772 Biden Administration can take to ensure that providers are
- 773 equipped with the tools that they need to diagnose or treat
- 774 patients with substance use disorder?

- *Ms. LaBelle. Sure. I think -- so many of the authors 775 of the appropriations have helped to expand our addiction 776 workforce. We need to look where there have been things 777 authorized and money has not yet been appropriated, because 778 779 we really need to expand the number of physicians and nurse practitioners and health care providers who feel competent to 780 not only treat addiction, but to screen for it. Because the 781 earlier we can identify someone who might have an emerging 782 substance use disorder, the easier it will be to treat those 783
- So Congress can help us, you know, expand awareness
 about the importance of medical training and nurse -- nursing
 training on addiction.

people before their condition becomes chronic.

- *The Chairman. Well, thank you. You know, I heard

 Chairwoman Eshoo, you know, repeatedly point out how, you

 know, this scourge of overdose deaths, and the rising rates,

 particularly now during the pandemic -- so we really look

 forward to working with ONDCP and the Biden Administration to

 reduce this.
- I mean, it is just -- I think the ranking member, Mrs.

 Rodgers, you know, talked about, you know, this essentially

 double dose of problems between the pandemic and the opioid

 abuse and misuse. And so we really want to get to the bottom

 of it. Thank you for being here.
- 799 Thank you, Madam Chair.

- *Ms. LaBelle. Thank you, Congressman.
- *Ms. Eshoo. Thank you, Mr. Chairman.
- Now the chair recognizes the ranking member of the full
- 803 committee for her five minutes of questions.
- *Mrs. Rodgers. Thank you. Thank you, Madam Chair and
- 805 Mr. Chairman. And I too just want to join in saying that we,
- on the Republican side of the aisle, look forward to working
- 807 with you, continuing to work with you. This is a huge issue
- 808 all across the country. And I think, without a doubt, the
- last year has been a difficult year, with COVID and
- everything that it has meant, as far as lockdowns, and
- isolation, and fear, and uncertainty.
- But there is this other crisis underway, and the deaths
- 813 of despair has really been on my heart, and I know it is on a
- lot of people's hearts, with the increased substance abuse,
- increased suicides. And I absolutely believe that this is an
- 816 area that we must take action. We must continue to identify
- what is going to work, what is going to be most successful in
- 818 ensuring that individuals and families get the support and
- 819 the treatment that they need.
- But I also think there is more that Congress needs to be
- 821 doing.
- And I just wanted to start by asking the acting
- 823 director, LaBelle -- and I appreciate you being with us today
- 824 -- just -- I would like to ask you, do you believe that

- 825 Congress should extend this -- the temporary scheduling order
- for fentanyl-related substances before it expires on May 6th?
- *Ms. LaBelle. We are asking Congress to give us more
- 828 time to -- I mean, it can be extended. We need more time to
- 829 -- before it is extended further. So we -- as I said, I
- don't think we -- there is any way we can come to you with
- new legislation before May 6. So we need -- we are asking
- 832 Congress to extend the time so that we have time to come
- 833 together and present you with another proposal.
- *Mrs. Rodgers. So just so I understand, so would you
- 835 support the temporary extension, while we work on a more
- 836 permanent solution?
- *Ms. LaBelle. We are looking to Congress to extend this
- 838 for a period of time. We don't have a period of time in mind
- yet, because we have to get our interagency together to talk
- 840 about this. But we support and we are asking Congress to
- 841 extend this -- the fentanyl scheduling bill for a short
- 842 period of time.
- *Mrs. Rodgers. Okay, great. I wanted just to highlight
- 844 to the committee that when ONDCP Assistant Director Kemp
- Chester testified before the Senate Judiciary Committee, he
- stated that codifying the scheduling emergency order and
- making it permanent is a "critical, most important first step
- 848 that we have to take.''
- And to the Acting Director LaBelle, is it still the

- position of ONDCP that the scheduling order be made
- 851 permanent?
- And would you just speak if the position is changed?
- *Ms. LaBelle. Sure. So I think we just got the GAO
- 854 report. We are working with DEA to see what the results of
- 855 this fentanyl scheduling act has been so far.
- One thing that we know about the drug environment is
- 857 that it is ever changing. And sometimes legislation that we
- put in place two years ago doesn't address today's issue.
- 859 But the biggest challenges we face are synthetic drugs, and
- those are morphing over time. We want to make sure that the
- 861 solutions we put into place and that we ask Congress to put
- into place address today's problems, not yesterday's
- problems.
- *Mrs. Rodgers. Okay. The chairman of -- the chair of
- the subcommittee highlighted the 88,000 deaths this last
- 866 year. I would just like to reiterate to the committee that I
- 867 believe Congress must act, either this week or next, to
- 868 prevent the spread of deadly fentanyl variants by making it
- permanent, and extending DEA's class-wide scheduling order.
- You know, I would just highlight, when you compare the
- first quarter of 2021 -- so January to March, 2021, the
- seizure of fentanyl at the southwestern border by CBP has
- increased, just in this quarter, by 233 percent from last
- year, 2020 quarter 1. And so I think what we are seeing is

- that we do have a crisis on our hands, and we are seeing a
- 876 huge increase.
- 877 If -- so if you compare first quarter of 2020 to this
- quarter, January to March, 2021, seizure of fentanyl at the
- southwestern border, it has increased by 233 percent. So we
- need to make sure that we are providing the support necessary
- at the border and throughout the country, so that people are
- protected, and that we do not allow the continued negative
- impacts and destruction of lives and families due to fentanyl
- 884 in America.
- With that, I will yield back. Thank you, Madam Chair.
- *Ms. Eshoo. I thank the gentlewoman. Yes, there has
- 887 been the increase coming in from Mexico, but thank God we --
- 888 the reason we know the figures that you just stated is
- 889 because it was seized. And -- but we need, really, a
- refreshed plan on this, because we can't gather a year from
- now and have statistics saying this is what happened in 2021,
- 892 and it is more lives lost.
- The chair now recognizes the gentleman from North
- 894 Carolina, Mr. Butterfield, for your five minutes of
- 895 questions.
- 896 Good to see you.
- *Mr. Butterfield. Thank you so very much, Madam Chair,
- 898 for convening this hearing --
- *Ms. Eshoo. I think you are -- I can't hear you.

- 900 Can everyone else hear Mr. Butterfield?
- No, they are shaking their heads no. There is something
- 902 wrong with your microphone. We can't hear you.
- 903 *Mr. Butterfield. Does that work?
- *Ms. Eshoo. Yes, there you go.
- 905 *Mr. Butterfield. Okay, I had my earpiece plugged in.
- 906 That messed it up.
- 907 Thank you. Thank you very much, Madam Chair, for
- 908 convening this very, very important hearing this morning.
- 909 And thank you for your leadership. It has been nothing less
- 910 than stellar. Thank you so very much. And thank you for the
- 911 direction that you are taking this subcommittee. And thank
- you to the witnesses, the one witness on this panel and the
- 913 witnesses on the next panel. Thank you for taking the time
- 914 to join us today.
- Director LaBelle, let me just start here. I am hoping
- 916 that you can help us better understand the ways in which the
- 917 federal government benefits from your office. This is simply
- 918 a continuation of what Mr. Malone was -- Pallone was talking
- 919 about a few minutes ago.
- 920 I understand that your office leads and it coordinates
- 921 the nation's drug policy with the goal of improving the
- 922 health and lives of our constituents. So my question is,
- 923 your priorities seem to intersect with both public health and
- 924 public safety. I want to talk about that intersection, if I

- 925 can. How does your office -- what is your office's role, and
- 926 how does it differ from that of HHS and DEA?
- 927 *Ms. LaBelle. Sure. Thanks, Congressman. So the
- 928 Office of National Drug Control Policy is, obviously, a
- 929 unique office situated in the Executive Office of the
- 930 President. And the purpose -- our purpose of our office is
- 931 to bridge the gap that often occurs between public health and
- 932 public safety.
- 933 So we bring Drug Enforcement Administration in, the
- Department of Justice in, as well as with our colleagues from
- 935 HHS, from all of the various components of HHS, to discuss
- 936 issues like fentanyl scheduling, because there are different
- 937 -- the X-waiver is a perfect example. Law enforcement has a
- 938 different perspective and a different goal sometimes. I
- 939 mean, all of our goals is to reduce overdose deaths. But our
- 940 charges are different.
- 941 So the Office of National Drug Control Policy, we have
- 942 about 65 full-time staff, about 35 additional staff
- detailees, and they bring these sides together so we can find
- 944 solutions that serve both needs. So that is really the
- 945 unique role that ONDCP plays.
- 946 *Mr. Butterfield. Well, in that light, in what way do
- you coordinate and/or convene the other relevant agencies in
- 948 your work?
- 949 *Ms. LaBelle. Sure --

- *Mr. Butterfield. Do you coordinate with the other
- 951 agencies?
- *Ms. LaBelle. Yes. So we often have convenings. We
- 953 have -- I mean, I think someone gave me data about the number
- of meetings we have had across the interagency just since the
- 955 end of January. It has been about 78 meetings, where we work
- 956 with other White House components. We work with HHS, DOJ,
- 957 and we talk about these issues that we -- our goal is to make
- 958 things move quicker, and -- so that we don't have to -- and
- 959 build those bridges, so that we are not separately talking to
- Congress, for example, so that we can come together with one
- 961 approach on an issue.
- 962 *Mr. Butterfield. You know, during the presidential
- 963 campaign, Joe Biden announced a very robust and comprehensive
- 964 drug policy agenda, and I hope that he will continue to
- 965 pursue that agenda. How will the Administration leverage
- 966 your office -- if you know, how will the Administration
- leverage your office to carry out its drug policy agenda?
- *Ms. LaBelle. Sure, thanks. So I think the one unique
- 969 role, again, is that we have public health and public safety
- 970 experts together in the same agency. That doesn't occur
- 971 anywhere else.
- I am very engaged and aware of all the Biden-Harris
- 973 campaign pledges that were made. Those are areas that -- we
- 974 are going to take them one by one, and look at how we can

- implement those over the next couple of years and, again, by
- 976 having our convening authority, which helps to have one voice
- 977 on these issues.
- 978 *Mr. Butterfield. Thank you for those responses, and
- 979 thank you for your incredible work. I realize that you were
- just installed the day after the inauguration, whatever date
- you announced, but it seems like you have hit the ground
- 982 running. And just thank you so much for what you are doing,
- and what you are going to do. I look forward to working with
- 984 you as the Administration advances its priorities in this
- 985 space. So thank you, thank you, thank you.
- 986 I yield back.
- 987 *Ms. LaBelle. Thank you.
- *Ms. Eshoo. The gentleman yields back, and I appreciate
- 989 your very kind comments, Mr. Butterfield.
- 990 It is a pleasure to recognize a former chairman of our
- 991 full committee, the gentleman from Michigan, Mr. Upton, for
- 992 your five minutes of questions.
- 993 *Mr. Upton. Well, thank you, Madam Chair. And I just
- 994 want to share, Ms. LaBelle, this is so personal to all of us.
- 995 I mean, every one of us on both sides of the aisle have many
- 996 personal stories on this. We have family members. It is
- indeed close to our heart, as we try to do our very best to
- 998 resolve this major issue that continues to plague virtually
- 999 every one of our communities, families across the country.

- 1000 So I appreciate your leadership.
- You and I, of course, both sit as members of the
- 1002 Commission on Preventing Synthetic Opioid Trafficking, as
- 1003 appointed by our respective leaders. And though we had our
- 1004 first meeting just a week or so ago on Zoom, certainly I just
- 1005 want to commit and definitely look forward to working with
- 1006 you and other members of the Commission on ideas to help curb
- this terrible scourge that plagues our nation.
- 1008 Can you briefly share your thoughts on how the
- 1009 Commission could be most impactful on stopping this
- 1010 trafficking?
- *Ms. LaBelle. Thank you, Congressman. And the
- 1012 Synthetics Commission, we -- as you mentioned, we just had
- 1013 our first meeting. We are just organizing it. I think it is
- 1014 charged with a very -- with very specific -- it has a very
- 1015 specific charge. I think what it -- the best part about the
- 1016 Commission is it has external experts, it has a bipartisan
- 1017 approach, including Congressman Trone, yourself, Senator
- 1018 Markey, and Senator Cotton.
- 1019 So what I think the Commission will be best able to do
- is to look at these issues, the international synthetics
- 1021 landscape, and come up with some -- take the time to come up
- 1022 with some specific approaches that Congress can take up, that
- 1023 we can do by executive order or administratively. So it is
- 1024 going to be a real focused effort that I think is going to

- 1025 help with this issue.
- 1026 *Mr. Upton. So I want to -- well, thank you. I want to
- 1027 echo our Republican leader, Cathy McMorris Rodgers, in terms
- of her question on why don't we make this permanent, the
- 1029 class-wide scheduling for fentanyl, rather than an extension.
- 1030 I think that makes a lot of sense.
- You sensed, as we get -- close in on this deadline,
- 1032 again, that perhaps the Administration, if Congress fails to
- 1033 act, knowing that we are only in session this week and next,
- 1034 that they might pursue an executive order to try and extend
- 1035 that?
- *Ms. LaBelle. So, Congressman, I think I would have to
- 1037 check to see if we have the authority by executive order. I
- 1038 am not sure that we can do it.
- 1039 What DEA can do is, you know, ask for -- by -- analogue
- 1040 by analogue, to schedule it. That they certainly could do.
- 1041 I am not sure the executive order would -- could make it --
- 1042 could extend it, however.
- 1043 *Mr. Upton. So we know that much of the fentanyl issue
- 1044 is coming from China, right? Tell us what you are doing to
- 1045 try and close that door.
- *Ms. LaBelle. Sure, thanks. So what we are seeing
- 1047 right now, as I said, these issues are very dynamic, and drug
- 1048 traffickers are, obviously, very crafty. And so what is
- 1049 happening -- what Congress did over the last several years is

- 1050 pass several pieces of legislation that allowed our Customs
- 1051 and Border Patrol to identify this -- the drugs that were
- 1052 coming through the mail.
- Now -- and China acted to schedule fentanyl as a class.
- 1054 So now a lot of the drugs are going in through Mexico. We
- 1055 are working with Mexico to make sure that they are working on
- 1056 interdiction, so that it never even comes to the border, that
- they are working on identifying labs so they can seize these
- 1058 labs. And then lastly, working at their ports of entry to
- 1059 identify and seize these substances. So we have a good
- 1060 working relationship with Mexico on these types of issues,
- 1061 and our law enforcement partners can work together on it.
- 1062 *Mr. Upton. I don't know -- I don't have the clock on
- 1063 my screen. Do I have a lot of time left, Anna?
- 1064 Wait, I didn't hear you.
- 1065 *Voice. You have 50 seconds.
- 1066 *Ms. Eshoo. You have a minute.
- 1067 *Mr. Upton. Okay, one of the things that we discovered
- in the last Congress was that our postal inspectors, frankly,
- 1069 didn't have the resources.
- 1070 So, as you know, I am from Michigan. Much of our mail
- in west Michigan actually goes through the Grand Rapids
- 1072 postal facility. You know, we learned that, at the time,
- they had one postal inspector to really look through all of
- 1074 these different packages coming through. I know Dr. Burgess

- 1075 was up to New York and saw just a number of these facilities.
- 1076 There has been a lot of documentation on that on TV, in terms
- 1077 of the issues there.
- 1078 What are we doing on more resources to try and stop this
- 1079 from coming in using FedEx, UPS, as well as the Postal
- 1080 Service, things that would seem pretty routine to you and me?
- 1081 *Ms. LaBelle. So I will quickly answer that. So, number
- one, we saw that there was a decided drop in mail coming from
- 1083 China that had fentanyl in it. So that was a success over
- 1084 the last year.
- 1085 However, Congress did provide additional resources to
- 1086 the U.S. Postal Service, Inspection Service, to identify
- 1087 these drugs. And there were other pieces of legislation
- 1088 passed to make it easier to identify something that might be
- 1089 coming from a chemical company that could have fentanyl in
- 1090 it.
- 1091 *Mr. Upton. Thank you, I yield back.
- 1092 *Ms. Eshoo. We thank the gentleman.
- 1093 It is a pleasure to recognize the gentlewoman from
- 1094 California -- and she is a gentlewoman -- Congresswoman
- 1095 Matsui.
- *Ms. Matsui. Thank you very much, Madam Chair, and
- thank you for holding this very important hearing.
- And Ms. LaBelle, welcome to the committee, and thank you
- 1099 for your testimony and the very important work that you are

- 1100 doing.
- Now, we know that the lack of access to timely, high-
- 1102 quality behavioral health treatment continues to be a
- 1103 significant challenge. And that is why I have long supported
- the expansion of Certified Community Behavioral Health
- 1105 Clinics, CCBHCs, which provide a comprehensive range of
- 1106 mental health and substance use disorder services to
- vulnerable individuals, including 24/7 crisis response and
- 1108 care coordination.
- 1109 Addiction treatment is a core component of CCBHCs'
- 1110 required service offerings. And as a result, all 340 clinics
- 1111 across 40 states, D.C., and Guam have either launched new
- 1112 addiction treatment services, or expanded the scope of their
- 1113 addiction care. And well over half of CCBHCs provide same-
- day access to medication-assisted treatment for patients with
- 1115 opioid use disorder. This model is really well-placed to
- 1116 respond to the pandemic's expected long-term impact on
- 1117 behavioral health needs, and Congress has recognized its
- 1118 value by extending support to the program in recent COVID
- 1119 relief bills.
- Ms. LaBelle, how does the Biden Administration plan to
- leverage existing treatment networks like CCBHCs expand
- 1122 access to recovery support services?
- *Ms. LaBelle. Sure, thank you, Congresswoman. You
- 1124 raise a really important point about recovery services.

- 1125 As we recognize that addiction is a chronic condition,
- 1126 we need to have recovery support so that we can sustain
- 1127 people's recovery over a period of time. CCBHCs received
- 1128 about \$420 million in the American Rescue Plan, and that
- includes -- they are required to have recovery support
- 1130 services within them.
- Peer support services are incredibly important, as you
- 1132 point out. They have to be provided throughout communities.
- 1133 As some Member of Congress mentioned, one of our highest
- 1134 rates of overdose death are among people -- the reentry
- 1135 population, people leaving jails and prisons. It is
- important that recovery services reach them to help them
- 1137 sustain their recovery, so that they don't overdose, and that
- they can go on to live full lives.
- So we look forward to working with you further to
- 1140 determine how to integrate recovery services throughout all
- of our treatment programs.
- *Ms. Matsui. Well, I look forward to that, thank you
- 1143 very much.
- You know, in 2018 Congress included in the SUPPORT Act a
- 1145 provision requiring DEA to issue regulations around a special
- 1146 registration process to expand remote prescribing of
- 1147 controlled substances. While in the past year the public
- 1148 health emergency has eased historic barriers to certain
- 1149 telehealth services, including allowing providers to initiate

- treatment for opioid use disorder over the phone and via
- 1151 video chat, the DEA has still not completed its statutory
- 1152 requirement to stand up the special registration process for
- 1153 remote prescribing.
- Ms. LaBelle, can you expand a bit on the framework ONDCP
- is using to evaluate whether to make permanent the emergency
- telehealth provisions related to MAT prescribing?
- *Ms. LaBelle. Thanks for asking that. So we -- you
- 1158 know, we have this included in our policy priorities. There
- are researchers at NIDA who are funded by the National
- 1160 Institute on Drug Abuse who are looking at exactly how
- 1161 effective the regulatory changes that were made during COVID
- 1162 have been. We are going to be looking at that, and
- 1163 determining if it is administrative changes that need to be
- 1164 made, are there legislative changes, and how can we -- what
- 1165 we have heard is a lot of anecdotal information that is
- 1166 really positive about how telehealth has helped people who
- are already in treatment be retained in treatment.
- So we want to be guided by science and evidence, and we
- are working with our colleagues at the National Institute on
- 1170 Drug Abuse to inform those policies.
- *Ms. Matsui. Well, thank you very much, because I have
- 1172 been working with many providers in my community, and --
- whether it is at the hospital or the community health
- 1174 centers, they have had an increase in the telehealth with

- their patients, and found very much that it was almost
- immediate, as far as the prescriptions, and all of this, and
- the sense of being able to, in fact, walk people through some
- of these crises as they have occurred.
- 1179 So I really do encourage that you really look at this,
- and I would be happy to work with you as we do this, too. So
- thank you very much, very much for being here today.
- 1182 *Ms. LaBelle. Thanks.
- 1183 *Ms. Matsui. I yield back.
- 1184 *Ms. Eshoo. The gentlewoman yields back. It is a
- 1185 pleasure to recognize the gentleman from Texas, Dr. Burgess,
- 1186 for his five minutes of questions.
- 1187 *Mr. Burgess. I thank the chair. I thank our witness
- 1188 for being here.
- 1189 Ms. LaBelle, it is great to make your acquaintance. I
- 1190 have worked with your predecessor, James Carroll, while we --
- in two Congresses ago, when we worked on the SUPPORT Act. So
- this ongoing work is critically important.
- Just to pick up on one of your answers to Ms. Matsui's
- 1194 question about telehealth, do you sort of foresee telehealth,
- 1195 you know -- that was a big deal in getting people to continue
- 1196 doing their treatment because they lost the in-person care
- that they were at one point receiving during the pandemic.
- 1198 So how do you see this working, as we come on the other side
- 1199 of the pandemic?

- 1200 Will telehealth continue to be complementary to the
- 1201 treatment available?
- *Ms. LaBelle. Yes, thank you, Congressman. I think
- that telehealth will always be an essential piece, going
- 1204 forward.
- I don't think it is going to replace in-person care, but
- it certainly makes it a lot easier for people who may be some
- 1207 distance from a treatment provider. What we want to do is
- 1208 increase interventions at every single point. And so, if we
- 1209 can remove the barrier that people face -- it might be
- 1210 transportation, it might be child care -- telehealth can help
- 1211 remove those types of barriers to get people to be retained
- 1212 in treatment.
- *Mr. Burgess. Yes, and I was interested in your
- 1214 testimony, because it actually talked a little bit about the
- 1215 methadone treatment programs. Obviously, that is -- by
- 1216 definition, that is in person, because the methadone is
- 1217 administered and has to be taken on site, literally.
- I actually worked in a methadone clinic when I was a
- 1219 senior medical student on an elective, but this was back in
- 1220 1975, so it has been some time. But methadone -- you are
- 1221 right, I don't think the methadone availability or methadone
- 1222 clinics have quite kept pace with what is available,
- 1223 technologically. And I do think that is an important part
- 1224 that we need to include.

- *Ms. LaBelle. Yes, sure. And that is -- I think that 1225 1226 is one thing we found, again, anecdotally -- the research will follow soon, hopefully -- is that, particularly for 1227 patients early in their methadone treatment, I mean, that is 1228 1229 a long haul for many people to get to a methadone clinic, as you know. And so allowing them to have take-home doses, and 1230 be able to have telehealth, is a really -- a great way to 1231 remove a barrier for someone who might otherwise not be able 1232 to continue in treatment, and might be subject to overdose. 1233 1234 *Mr. Burgess. Right. But the risk for diversion is significant with methadone, and that has to be borne in mind. 1235 Let me just ask you -- and I appreciate you providing 1236 1237 the Biden-Harris Administration policy priorities. One of those listed is reducing the supply of illicit substances. 1238 And clearly, that is absolutely critical. And many of us 1239 have spent some recent time down on the -- I represent a 1240 district in Texas. I am not on the Texas border with Mexico, 1241 but there is a lot of activity, and a lot of illicit 1242 activity, a lot of contraband, as, of course, as well as 1243 1244 people that are coming across the border. So how do you see what your task in preventing that is, 1245 in disrupting the supply of illicit substances? How do you 1246
- *Ms. LaBelle. Sure. So we have ongoing conversations
 with the Government of Mexico, and with our law enforcement

see that working?

1247

- 1250 partners through something called North American Drug
- 1251 Dialogue. We are working with Mexico on interdiction in
- their own country to prevent those drugs from even getting to
- the border, identifying and disrupting their labs, lab
- 1254 production, which is how the fentanyl is produced, or heroin,
- and then also their ports, which is where the precursor
- 1256 chemicals come. So that is kind of what -- you know, some of
- 1257 the steps we are taking to make sure that it never even gets
- 1258 to the border. And that is a partnership that we have had, a
- 1259 long partnership with Mexico.
- *Mr. Burgess. Well, good luck. But, I mean, if you
- have ever been down to the Texas-Mexico border, particularly
- that sector in the lower Rio Grande Valley, it is very, very
- 1263 difficult to provide those -- that interdiction. And, of
- 1264 course, you couple that with the human toll that is coming
- 1265 across the border, and our Customs and Border Protection are
- 1266 tied up having to administer to them, it creates a diversion
- 1267 where additional supply can pretty much come across
- 1268 uninterrupted. So please don't take your eye off of that.
- 1269 That is absolutely critical, that we bring that under
- 1270 control. And that is certainly part of the Biden-Harris
- 1271 agenda that I would support, is interdicting that illicit
- 1272 supply coming into the country.
- 1273 *Ms. LaBelle. Right --
- 1274 *Mr. Burgess. Thank you, Madam Chair, I will yield

- 1275 back.
- *Ms. Eshoo. The gentleman yields back. Those are
- 1277 excellent points.
- 1278 And now it is a pleasure to yield to the gentleman from
- 1279 Maryland, Mr. Sarbanes.
- 1280 [Pause.]
- 1281 *Ms. Eshoo. I saw Mr. Sarbanes.
- 1282 There you are. Are you -- Mr. Sarbanes? Can you hear
- 1283 us?
- Mr. Sarbanes, you need to unmute.
- 1285 *Mr. Sarbanes. Sorry, Madam Chair.
- *Ms. Eshoo. You looked like you were studying something
- 1287 very hard there.
- 1288 *Mr. Sarbanes. Yes, I appreciate --
- 1289 *Ms. Eshoo. You are recognized.
- 1290 *Mr. Sarbanes. Yes, thank you very much for the
- 1291 hearing.
- 1292 Many of us, it is clear from our comments already, are
- 1293 focused on the impact of this opioid crisis on our particular
- 1294 states, the districts that we represent. I am no different
- 1295 from my colleagues in that respect.
- In Maryland, since 2017, we have seen over 2,000 opioid-
- 1297 related deaths each year, and the numbers have gotten worse,
- 1298 as we have been discussing today, during the coronavirus
- 1299 pandemic. In the first three quarters of 2020 there were

- 1300 more opioid-related deaths in Maryland than in the same time
- 1301 period in prior years. So we are seeing that acceleration.
- 1302 I think that goes to the heart of your opening comments about
- 1303 what do we need to do to really get our arms around this.
- I had the opportunity to serve on Energy and Commerce
- back in 2018, when we were crafting a legislative package to
- 1306 address the crisis that resulted, as you will recall in H.R.
- 1307 6, the SUPPORT for Patients and Communities Act, which
- included bills addressing a wide range of substance use
- 1309 disorder issues.
- 1310 Workforce issues are a very important part of the
- 1311 conversation, in terms of reversing this opioid epidemic.
- 1312 And the package back in 2018 included a bill which I had
- 1313 worked on, the Substance Use Disorder Workforce Loan
- 1314 Repayment Act, which would help increase the number of health
- 1315 care professionals working in addiction treatment and
- 1316 substance use disorder programs. It would provide loan
- 1317 repayment for individuals who provide direct patient care at
- 1318 opioid treatment programs in high-need areas.
- 1319 Director LaBelle, in your testimony you discuss staffing
- shortages in the behavioral health occupations. Could you
- describe some of the challenges that you are seeing in this
- 1322 area, in particular, and how it relates to our ability to
- 1323 address this crisis?
- *Ms. LaBelle. Sure. Thank you, Congressman. And the

- loan repayment program is a good example of a solution.
- You know, we know how much colleges -- medical school
- 1327 costs for people. And it might be -- there are many
- 1328 communities around this country where they don't have access
- 1329 to any type of addiction treatment. Buprenorphine-waived
- 1330 doctors are not available. Methadone clinics are not
- 1331 available. Doctors don't know how to treat addiction or
- 1332 screen for it.
- So the workforce piece is something we are looking at
- 1334 very closely, and actually have had conversations with Johns
- 1335 Hopkins about how we work to encourage more medical schools,
- 1336 more health care providers, health care professional schools
- 1337 to include addiction in their curriculum, so that when people
- 1338 come out they are prepared to screen and identify folks for
- 1339 substance use disorder. The workforce issue is so important
- 1340 because, as we -- Congress has been very generous in giving a
- 1341 lot of money to the states. But unless we address those
- 1342 workforce shortages, we are not going to be able to put that
- money to good use across the country.
- *Mr. Sarbanes. Can you be a little more specific about
- some of the actions you plan to take in this space in the
- 1346 coming months?
- I mean, do you have a kind of prioritized list when it
- 1348 comes to boosting the workforce?
- 1349 And then, how can we help? I mean, how can Congress

- 1350 help support those efforts in concrete ways?
- 1351 *Ms. LaBelle. Sure, thanks. So a couple of things.
- One is that there are fellowships that are available
- 1353 that have been funded by -- in HRSA by HHS that are not
- 1354 filled yet. So we are going -- we plan first to just make
- sure that people know that these fellowships, addiction
- 1356 fellowships, are available that can help build the addiction
- 1357 treatment workforce.
- Secondly, we plan to talk once again with our colleagues
- in medical school, medical schools, nursing schools, about
- 1360 what they can do to make sure that, for example, all of the -
- 1361 their residents are DATA-waived. That is one step they can
- 1362 take.
- 1363 So those are two things that we plan to take on right
- away. And again, we are going to work closely with Johns
- 1365 Hopkins on several of these issues.
- 1366 *Mr. Sarbanes. Thank you very much.
- 1367 Madam Chair, I yield back my time.
- 1368 *Ms. Eshoo. The gentleman yields back. It is a
- 1369 pleasure to recognize the gentleman from Virginia, Mr.
- 1370 Griffith, for your five minutes of questions.
- *Mr. Griffith. Thank you very much, Madam Chair.
- Director LaBelle, I first want to say that I greatly
- 1373 appreciate the work that the Office of National Drug Control
- 1374 Policy does, and the role it plays in combating abuse of

- 1375 controlled substances.
- In fact, you mentioned one of the programs that was very
- 1377 helpful in my district. In fact, they would like it
- 1378 expanded, and that is the HIDA program.
- 1379 Former Director Jim Carroll traveled to the district a
- 1380 little over a year ago, and we visited with the folks in a
- 1381 far southwest corner of Virginia, where the opioid epidemic
- has hit particularly hard, although it is spread across the
- 1383 district. And prescription opioid abuse has been a major
- 1384 problem, as it has been in many districts. But for many
- 1385 years, the nation's highest per-capita prescribing rates for
- opioid pain pills occurred in two of the localities in my
- 1387 district. One, it was 306 pills per person, and in another
- 1388 it was 242. So obviously, we can do better, and we are doing
- 1389 better, and I appreciate your work on this, as well.
- 1390 And we have more than our share of illegal drugs
- 1391 trafficked in from China and Mexico.
- But the question is, how does the ONDCP approach to data
- 1393 collection and recommendations differ between schedule one
- 1394 and schedule two substances?
- 1395 *Ms. LaBelle. So I think -- I am sorry, can you repeat
- 1396 the last part of the question?
- 1397 *Mr. Griffith. Sure. What is -- what are the
- 1398 differences between schedule one and schedule two, when it
- 1399 comes to your data collection, and then the recommendations

- 1400 you make?
- *Ms. LaBelle. So the National Survey on Drug Use and
- 1402 Health is one of our tools that the Health and Human Services
- 1403 Department uses to collect data on drug use. And it has --
- 1404 it asks questions about lifetime drug use, substance use. It
- includes alcohol, it includes schedule one and schedule two
- 1406 drugs. And they added a lot about scheduled two -- I am
- 1407 sorry?
- They added quite a few questions about schedule two
- 1409 drugs in the last couple of years, because, as you said, we
- can't keep our eye off the ball of other types of substance
- 1411 misuse.
- 1412 What we are trying to do in our strategy, in our policy
- 1413 priorities, is look at this from a holistic standpoint, that
- 1414 it is not just about one drug, it is about all drugs. It is
- 1415 about polysubstance use. And that can include alcohol use,
- 1416 as well, because we know that that is a substance that young
- 1417 people first start with, including alcohol and marijuana.
- So those are our issues. We work closely with HHS
- 1419 through their National Survey on Drug Use and Health to
- 1420 inform our policies.
- *Mr. Griffith. And I appreciate that. And I appreciate
- 1422 recognizing that all substances may have a problem. I come
- 1423 from a family with some history of substance abuse, and so I
- 1424 have chosen throughout my life not to use any of the

- substances, including alcohol and marijuana.
- 1426 All right, new subject, Director LaBelle. In 2019 a
- 1427 federal interagency work group led by ONDCP recommended the
- 1428 use of permanent classified scheduling for fentanyl-related
- 1429 substances, along with legislative modifications to allow for
- 1430 easier rescheduling of any fentanyl-related substances with
- 1431 low or no abuse potential. This would allow rescheduling to
- 1432 happen in a more timely manner, and it would make it easier
- 1433 to conduct research on schedule one substances. And I am big
- 1434 on research.
- I understand that ONDCP is re-evaluating permanent
- scheduling, but does ONDCP still stand by these
- 1437 recommendations to make conducting research for medical
- 1438 purposes easier?
- *Ms. LaBelle. So we are talking to HHS about exactly
- 1440 what the barriers are to research with the fentanyl
- 1441 scheduling legislation as it currently stands. We will be
- 1442 engaging with them in the future. We can build off of what
- 1443 was done and have that inform our work, but we need to make
- sure we are talking to them about the issues they are facing
- 1445 today.
- 1446 *Mr. Griffith. Because, I mean, I think this is an
- important issue, and I think we need to do research because,
- 1448 while some of this stuff is the nastiest stuff out there and
- 1449 has no benefit whatsoever, sometimes things have medical

- 1450 capabilities that we are just not aware of. And if we don't
- 1451 allow our research facilities and our medical teams to
- 1452 experiment, and try to figure out how to -- how do you solve
- these problems, then we will still be in the dark 20 years
- 1454 from now.
- 1455 *Ms. LaBelle. Right.
- 1456 *Mr. Griffith. So I would hope that you all would allow
- more research, even on schedule one, and figure out ways to
- 1458 make it so that it is practical and effective and efficient.
- And I have got a little bill that will help you do that,
- 1460 but -- that Dan Crenshaw and I are carrying. But I am
- 1461 encouraged by your comments, and I yield back.
- 1462 Thank you, Madam Chair.
- 1463 *Ms. LaBelle. Thank you.
- *Ms. Eshoo. I thank the gentleman, and especially for
- 1465 being willing to express what your family and extended family
- 1466 have dealt with. That is to your credit. And I think it is
- important for, not only Members, but the American people hear
- 1468 you express that, Mr. Griffith.
- Now I would like to recognize the gentleman from Oregon,
- 1470 Mr. Schrader, for your five minutes of questions.
- *Mr. Schrader. Thank you very much, Madam Chair.
- 1472 And Director LaBelle, thanks for being here. I
- 1473 appreciate it very, very much. I am encouraged by the
- 1474 interest shown by ONDCP in pursuing mental health parity. We

- 1475 try and do that in Oregon. It is a huge benefit at minimal
- 1476 cost, and I would argue it saves millions of lives and a lot
- 1477 of money in the long run.
- Just like we have been talking about here, access to
- 1479 treatment is a huge issue. And while payers can't create
- 1480 more providers, ensuring that, you know, they cover the ones
- 1481 that exist is one piece of the puzzle.
- And so, in that regard, what policies is ONDCP
- 1483 considering to encourage the growth of substance use disorder
- 1484 providers?
- 1485 *Ms. LaBelle. So what we are doing is making sure,
- 1486 obviously, that there is quality treatment. As you
- 1487 mentioned, the parity work, we did quite a bit of that when I
- 1488 was here at ONDCP last. We need to catch up to see where the
- 1489 barriers still exist to parity. We need to work with
- 1490 Department of Labor, as the agency that administers and
- 1491 enforces the Parity Act. So we will be working with them to
- 1492 determine what the gaps -- where the gaps continue to be.
- *Mr. Schrader. Very good, very good, excellent.
- 1494 And others have spoken about this, too, but, you know,
- 1495 the -- last March, millions of Americans that were getting
- 1496 treatment for alcohol, cocaine, methamphetamine, marijuana,
- 1497 fentanyl, heroin addictions basically lost access. There
- 1498 have been some creative opportunities through telehealth to
- 1499 help in that regard.

- And so, given the constraints that we have encountered
 with the in-person care, has ONDCP given any consideration -the field -- the FDA cleared and regulated products called
 Prescription Digital Therapeutics that use software to treat
 serious unmet medical health needs? And if so, how so?

 *Ms. LaBelle. Sure. Thank you for asking that. So
- *Ms. LaBelle. Sure. Thank you for asking that. So clearly, there are lots of innovations that have come out across the country to address this need.
- I mean, there are -- technological innovations kind of
 abound, which is great because, as I said before, our policy
 priorities is about increasing interventions at every single
 point, and removing barriers. And technological advances
 such as the one you identified, that is something I need to
 look into a little bit further, and I would be happy to talk
 to you about that more.
- *Mr. Schrader. Well, that would be great. I would like to have you work with the committee on the opportunities that are there.
- My understanding is that the products actually have
 accountability and support features built into them, which
 are both very, very important, in terms of follow through.

 So I want to make sure that, while these apps and
 opportunities are there, they are actually doing what we want
- them to do, and can register improvement from our patients.
- 1524 So if you will work with us, I would appreciate it.

- *Ms. LaBelle. Sure, thank you.
- 1526 *Mr. Schrader. Thank you.
- 1527 And Madam Chair, I yield back.
- *Ms. Eshoo. Thank you. The gentleman yields back.
- 1529 It is a pleasure to recognize the wonderful Mr.
- 1530 Bilirakis.
- *Mr. Bilirakis. Thank you very much. I appreciate it,
- 1532 Madam Chair --
- 1533 *Ms. Eshoo. -- members on our committee.
- 1534 *Mr. Bilirakis. Thank you so much, it is appreciated.
- 1535 Madam Chair, the United States remains in an overdose
- 1536 epidemic. I know you know that. Sadly, according to the
- 1537 CDC, drug overdose deaths rose from 2018 to 2019; 70,630
- 1538 lives lost in 2019, sadly. And with deaths involving
- 1539 synthetic opioids, primarily fentanyl, there was a continued
- increase with more than 36,359 lives lost in 2019. It is
- 1541 just terrible.
- 1542 DEA temporarily scheduled fentanyl analogues as
- 1543 controlled substances three years ago. Last year Congress
- 1544 passed a temporary extension that continued to criminalize
- 1545 fentanyl analogues until May 6, 2021. Locally, we have seen
- that fentanyl has been a major problem, even with the
- 1547 schedule being in place. Madam Chair.
- For example, Pasco County in my district has already had
- 1549 48 people die from overdoses since January of this year. And

- 1550 Pasco is not alone, as you know. Many communities throughout
- 1551 the country are experiencing the same overdose increases as
- the pandemic has only exacerbated the mental health and
- addiction crisis in our country. If this scheduling ban
- expires, we expect far more fentanyl to flood our streets,
- and many more lives to be tragically lost. We cannot allow
- 1556 that to happen.
- 1557 While we have made meaningful bipartisan strides to
- address this scourge, we are certainly far from being out of
- 1559 the woods. It is critical that we remain engaged in the
- 1560 fight to save the communities we are charged to represent,
- and the lives of our neighbors too often cut short.
- Director LaBelle, thank you for being here. Thank you
- 1563 for your testimony. Can you discuss our working relationship
- with China to prevent the entry and sale of fentanyl and its
- 1565 analogues?
- 1566 And then, given the dynamics of the current U.S.-China
- 1567 relationship, what is the level of transparency and
- information-sharing with law enforcement agencies, please?
- 1569 Thank you.
- *Ms. LaBelle. Sure, thank you, Congressman. I will
- 1571 start with your first question first.
- So our office, the Office of National Drug Control
- 1573 Policy, has a regular conversation with our embassy in
- 1574 Beijing, where we discuss these very issues that you raised.

- 1575 China has a very large chemical industry, much of it which is
- 1576 unregulated. So we are discussing with them on a regular
- 1577 basis about just the issues that we have discussed, how to
- 1578 control the chemical industry so the precursor chemicals that
- 1579 are used in the manufacturing of fentanyl and fentanyl
- analogue are more controlled.
- 1581 And then the second -- your second question concerned,
- 1582 you know, what -- going forward, what we can do. Again, you
- 1583 know, it is making sure that -- there were several pieces of
- 1584 legislation put into place that -- so we could have our
- 1585 Customs and Border Protection and the U.S. Postal Service
- 1586 make sure they are getting the chemicals that are coming in,
- the fentanyl analogues that are coming in through the mail or
- 1588 express couriers, so they can seize those.
- 1589 And then also, I think it was good in -- a couple of
- 1590 years ago when China -- working with China to make sure they
- 1591 were -- they scheduled all of their fentanyl. So that did
- 1592 reduce the amount of fentanyl coming in directly to the
- 1593 United States from China.
- 1594 Unfortunately, a lot of that -- the chemicals are now
- 1595 going to Mexico, where we are working with Mexico on the
- 1596 problem.
- 1597 *Mr. Bilirakis. Thank you.
- You know, Madam Chair, while China's step to designate
- 1599 fentanyl and all its related analogues as controlled

- substances is certainly helpful, if COVID-19 has taught us
- 1601 anything, it is that we ought to remain skeptical, and not
- 1602 rely on the goodwill of the Chinese Communist Party.
- 1603 A permanent American solution is necessary, as you know,
- 1604 and I encourage my colleagues to review and consider a
- 1605 permanent ban for these deadly analogues under H.R. 1910, the
- 1606 FIGHT Fentanyl Act, or continuing the temporary ban under
- 1607 H.R. 2430, the Temporary Reauthorization of the Emergency
- 1608 Scheduling Fentanyl Analogues Act.
- Thank you very much for holding this very important
- 1610 hearing, Madam Chair, and I will yield back. Thank you.
- *Ms. Eshoo. I thank the gentleman, and he yields back.
- I don't see Dr. Ruiz, so I am going to go to the
- 1613 gentlewoman from Michigan, Mrs. Dingell.
- You are recognized.
- 1615 [Pause.]
- 1616 *Ms. Eshoo. Unmute.
- 1617 *Mrs. Dingell. I know --
- 1618 *Ms. Eshoo. Now we can hear your voice.
- 1619 *Mrs. Dingell. I am sorry. Thank you, Chairwoman Eshoo
- and Ranking Member Guthrie, for convening this important
- hearing on the opioid crisis, which, as we have all talked
- about this morning, remains one of the defining public health
- 1623 challenges of our time. And thank you, Acting Director
- 1624 LaBelle, for the leadership you and your team have already

- 1625 put forward at the Office of National Drug Control Policy.
- 1626 As we know, substance abuse disorders are complex, but
- they are treatable diseases. And it is good to be part of a
- 1628 committee that has recognized that, and sees this as a public
- 1629 health problem.
- Despite all of our work over the years, the nation is
- 1631 still experiencing a significant treatment gap, and I would
- like to ask you to expand on how we can work together to
- 1633 reduce barriers to treatment, particularly for patients who
- 1634 receive methadone. By law, only certain treatment programs
- 1635 can dispense methadone for the treatment of opioid use
- 1636 disorder. Patients who receive methadone as part of their
- 1637 treatment must also receive the medication under the
- 1638 supervision of a practitioner.
- 1639 Could you -- Director LaBelle, could you -- the
- 1640 Administration's drug policy priority states that you plan to
- 1641 review policies relating to the methadone treatment, and
- develop recommendations to modernize them. When will this
- 1643 review begin, and when do you expect to develop
- 1644 recommendations?
- *Ms. LaBelle. Thank you for your question. And
- 1646 methadone is, obviously, a proven medication for opioid use
- 1647 disorder, as you have recognized. We are -- we have not yet
- 1648 begun that review. I can't give you a timeline. We do know
- 1649 how urgent it is.

- Methadone regulations and rules haven't been reviewed in
- 1651 some -- for some time. So we need to -- you know, our policy
- priorities were issued on April 1st. We are now looking for
- 1653 what the best venue is to review that. So as soon as we know
- 1654 that, I will make sure our office stays in touch with your
- 1655 staff about it.
- 1656 *Mrs. Dingell. Thank you. During the pandemic SAMHSA
- and other agencies have made exceptions to rules around
- 1658 treatment for opioid use disorder. But some restrictions
- 1659 around methadone remain in place, such as requiring new
- 1660 patients that are treated with methadone to complete an in-
- 1661 person medical exam. Does that in-person requirement exist
- 1662 for other forms of opioid use disorder treatment?
- 1663 Can this requirement be a barrier for patients seeking
- 1664 treatment?
- *Ms. LaBelle. So the methadone -- the way -- and again,
- 1666 I am a lawyer, not a doctor, so I don't want to step into
- 1667 clinical recommendations. But as I understand it, one of the
- issues with methadone is making sure you get the right dose,
- 1669 which is why it is so important to have the in-person piece.
- 1670 Those are issues that we need to make sure are reviewed,
- 1671 and that we have clinicians who can discuss that very issue,
- 1672 because we know methadone works, and we want to remove those
- 1673 barriers.
- 1674 *Mrs. Dingell. One way to -- thank you for that. One

- 1675 way to reduce barriers to treatment is to find ways to meet
- 1676 patients where they are. Your priorities include finalizing
- 1677 a rule related to methadone treatment vans. Can you talk to
- 1678 -- talk us through how these would work, and why they might
- 1679 be important for both rural and urban communities?
- *Ms. LaBelle. Great, thank you. So methadone treatment
- 1681 vans have been -- we haven't had new ones for almost a decade
- now, and so that is why it is so important to get these
- 1683 methadone rules out. The mobile methadone vans can be
- 1684 useful. I feel very strongly they can be useful in -- across
- 1685 the country in jails that may not have their own opioid
- 1686 treatment program. A methadone van could provide those
- 1687 services to those individuals.
- 1688 I also think that it is important -- and I talked about
- 1689 the, you know, the mobile treatment availability. It is --
- 1690 that is important for rural areas, but it is also important
- in urban areas, as well, where you might have the same type
- 1692 of -- or similar issues with transportation. So I am a
- strong proponent of mobile methadone vans, and we are working
- 1694 diligently to make sure that those get out as soon as
- 1695 possible.
- *Mrs. Dingell. Thank you, Director LaBelle. As we have
- 1697 heard today, the trend in drug overdose death statistics is
- 1698 really alarming, and we know that increasing the availability
- of treatment will ultimately save lives.

- I lost my sister to this, so it is an issue that remains
- 1701 very personal. My father was an addict, too. So thank you
- for all the work you are doing, and we also have to remove
- 1703 this stigma attached to it, so we can get out there and
- 1704 really treat the problems. Thank you.
- 1705 I yield back, Madam Chair.
- 1706 *Ms. Eshoo. The gentlewoman yields back. And I would
- 1707 also add to Mr. Griffith's personal testimony, I think that
- 1708 it is really rather courageous of Members coming forward, as
- 1709 Mrs. Dingell has, to let the American people know that we
- 1710 are all just as human as the rest of the people in our
- 1711 country, and that these terrible, terrible drugs have
- impacted so many Members in -- obviously, in a very personal
- 1713 way. So thank you to you.
- The chair now recognizes the gentleman from Missouri,
- the one, the only Congressman Long.
- 1716 *Mr. Long. Thank you, Madam Chair, and I appreciate it
- 1717 very much. And I remember being on a trip to Turkey with you
- 1718 a few years ago, right around the start of the Syrian War.
- 1719 And we had some refugees from Syria in our roundtable
- discussion, so we were there a week, and really trying to
- 1721 drill down. And at one point you leaned back and you said,
- 1722 "What a mess.'' And that, I think, is what we are faced with
- 1723 here again today. What a mess.
- I never came home growing up and had my parents tell me

- that one of their friend's children had deceased from drugs.
- 1726 And just within the last month I have had the fourth child
- that is the same age as my children, and grew up with them,
- that deceased from opioid abuse, I guess you would call it.
- 1729 And all four of those cases, all four, are personal friends
- of mine that have lost children. They had had them -- they
- 1731 were all middle -- up or middle-class and above. They had
- 1732 all done everything humanly possible for their children, had
- them in rehab facility, rehab facility, after rehab facility.
- One died, they found him in the bushes of the rehab facility
- 1735 with a needle still stuck in his arm.
- So thank you very much, Madam Chair, for holding this
- 1737 very important hearing today. It is titled, "An Epidemic
- 1738 Within a Pandemic: Understanding Substance Use and Misuse in
- 1739 America.'' And I hope we can understand how to break the
- 1740 addiction for these kids, because in all four cases in our --
- 1741 you knew what was going to happen, you knew how the book was
- going to end, how the story was going to end. And it did.
- 1743 And I don't know what the breakthrough will be, with a drug
- 1744 company or with someone to come up with something to break
- 1745 this horrendous addiction, and -- that brings so much death
- 1746 to families across America.
- I was in Kansas City a couple of years ago, visiting a
- drug facility where, when the cops pick you up, instead of
- 1749 taking you to jail, they take you to this facility. And the

- 1750 first thing that they do is they test you for drugs. And
- they have got this guy in there, the cops brought him in, and
- instead of taking him to jail, bringing him to the rehab
- facility, brought him in, and they said, "What are you on?"
- 1754 And he said that he was on opioids, and they tested him,
- and they said, "You don't have one opioid in your system.
- 1756 You have fentanyl.''
- 1757 He said, "What is fentanyl?''
- So, again, I, you know, just want to thank you for
- 1759 holding the hearing.
- 1760 And Ms. LaBelle, for years Missouri had one of the worst
- 1761 problems in the country with meth labs. And that trend has,
- 1762 thankfully, gone down. But unfortunately, these bigger
- 1763 manufacturing operations are filling the void.
- 1764 We tend to think of meth as the small lab's business.
- 1765 And when I was an auctioneer, I would go out to book a farm,
- 1766 a real estate auction, and there would be a black trash bag
- on the ground with, like, smoke coming up. It wasn't smoke.
- 1768 I don't know exactly what it was, but somehow I guess you can
- 1769 put meth in a black plastic trash bag. But -- so we tend to
- 1770 think of it as small labs in basements or out in the fields,
- 1771 I guess. But it is clear that the meth production has turned
- into a highly industrialized operation.
- 1773 And last week a Missouri State Highway Patrol trooper
- 1774 found 88 pounds of meth in a car during a traffic stop. And

- this was following a similar traffic stop in Missouri the
- week before, where they discovered 75 pounds in a cooler in
- 1777 the back of a car.
- 1778 Last year, in March, we had a hearing on substance use
- 1779 disorder, and I asked Admiral Brett Giroir, the assistant
- 1780 secretary of HHS at the time, about methamphetamine. He
- 1781 noted the cartels were manufacturing and then distributing
- 1782 hundreds of thousand pounds of pure methamphetamine. And he
- 1783 characterized methamphetamine as the fourth wave of substance
- 1784 abuse.
- Director LaBelle, last year's hearing was right before
- 1786 the COVID pandemic and everything that came with it. Fast
- 1787 forward a year. What are you now seeing, in terms of
- 1788 availability, manufacture, and distribution, and use of
- 1789 methamphetamine?
- 1790 *Ms. LaBelle. Thank you, Congressman. So I think, as
- 1791 you said, it is not yesterday's meth. Meth that is being --
- 1792 now it is manufactured in Mexico, and it is coming in to the
- 1793 United States across the border. So -- and we are seeing it
- 1794 where -- I grew up in New England, but lived in Washington
- 1795 State for a long time. Never heard of it in New England.
- 1796 Washington State had a lot of meth labs. Now we are seeing
- 1797 more meth availability in the Northeast and across the
- 1798 country.
- 1799 And so I think that that is getting much more attention.

- 1800 We know there are treatment programs that work, and will be
- 1801 working with HHS on making sure that, again, the barrier to
- 1802 effective treatment for meth use disorder is something that
- 1803 we take up.
- *Mr. Long. Okay, I only have 47 more questions, but I
- 1805 am out of time. So, Madam Chair, I yield back.
- 1806 *Ms. Eshoo. The gentleman yields back. I think that it
- is worth noting that when -- with a sweeping schedule one
- 1808 designation, it is very difficult for there to be the
- 1809 development of new drugs to be administered to people that
- 1810 would benefit from them, because in that sweeping schedule
- one it eliminates the possibility of some of these substances
- 1812 to be used to the -- for the benefit of individuals. So I
- 1813 think we need to keep that in mind.
- 1814 Let me recognize the gentleman from California, Dr.
- 1815 Ruiz, for his five minutes of questions.
- 1816 *Mr. Ruiz. Thank you, Madam Chair, and thank you,
- 1817 Acting Director LaBelle, for providing an update on the
- 1818 Administration's drug policy priorities.
- 1819 One issue I would like to address today is access to
- 1820 treatment, and how that is directly related to the amount of
- 1821 education and training of providers. In other words, also
- the physician shortage that we see, not only in all aspects
- and all specialties, but specifically with addiction
- 1824 medicine.

- As an emergency physician myself, I have cared for 1825 1826 countless individuals in the emergency department who were actively overdosing, and have resuscitated many, and 1827 intubated them, et cetera, given them the appropriate 1828 1829 medications when appropriate, and saved their lives. there is an obvious opportunity in the emergency department 1830 1831 to help an individual get help by seeking long-term 1832 treatment.
- However, many patients with substance use disorders also come to the emergency department for completely different reasons. And being able to identify the more subtle signs of substance use disorders can be a critical tool to help more individuals get access to the treatment they need. In other words, identify those at risk, give them the treatment before they come in blue and not breathing.
- And this is not just for emergency physicians. 1840 1841 providers in all specialties that can help identify the signs, the more opportunity we have to open doors for our 1842 patients to seek care and improve their lives. A National 1843 1844 Academies paper issued last April found that, "despite the impact and pervasiveness of the opioid epidemic, most 1845 clinicians cannot confidently diagnose and treat patients 1846 with substance use disorder.'' 1847
- So Acting Director LaBelle, just talk to me about whether or not additional education and training around

- substance use disorders improve provider confidence in
- 1851 diagnosing and treating substance use disorders and,
- 1852 therefore, increase access to treatments for individuals with
- 1853 substance use disorders.
- *Ms. LaBelle. Thank you, Doctor. I couldn't agree more
- about the importance of all providers, all health care
- 1856 providers, being able to identify early stages of a substance
- 1857 use disorder before it becomes chronic, when it is much
- 1858 harder to treat, as you know.
- So we are working with the National Academies. We will
- 1860 continue to work with the National Academies, the American
- 1861 Medical Association, pediatricians. These are all important
- 1862 parts of the answer to this, is to make sure that they get
- 1863 the training that they need in medical school, but also, you
- 1864 know, during residency, so that they understand how to
- 1865 identify and refer people to treatment. That is a key
- 1866 element of our strategy.
- 1867 *Mr. Ruiz. Thank you. And you also note in your
- 1868 testimony that the nation's addiction workforce is
- 1869 experiencing staffing shortages. In what way does the Biden-
- 1870 Harris Administration plan to support, diversify, and expand
- 1871 the addiction workforce?
- *Ms. LaBelle. Thank you, an important point about
- 1873 diversifying the addiction workforce.
- There are fellowship programs, minority fellowship

programs in particular, that would help diversify the 1875 workforce. I don't think we are there yet. And I want to 1876 work with your office to identify how better to address those 1877 issues, because I think there have been workforce approaches 1878 1879 that have been authorized but not appropriated. work with HHS to identify what those are, and expand them, 1880 1881 and particularly in areas where there is a high need. 1882 *Mr. Ruiz. Director LaBelle, I helped start a medical school in one of the -- California's most under-resourced 1883 1884 areas that faced high health disparities, our senior -founding senior associate dean at the UC Riverside School of 1885 Medicine. And one of our missions was to develop a workforce 1886 that comes from the under-served communities. 1887 In other words, it is -- diversity was very important. 1888 The best way to do so is to create pipelines from those 1889 communities into those specific targeted specialties that you 1890 1891 need for that region. And so I am more -- and I developed pipelines, not only through my pre-med mentorship programs 1892 from those under-served communities, but also developing 1893 1894 residency, because the best predictors of where a person will practice is where they are from, and where they last train. 1895 So you need to develop pipelines and create residencies in 1896 addiction medicine in those under-served communities. 1897 And so with that, I want to thank you. I want to make 1898

myself available to you as we address this pandemic the right

1899

- 1900 way.
- 1901 And I yield back my time.
- 1902 *Ms. LaBelle. Thank you.
- 1903 *Ms. Eshoo. The gentleman yields back. It is a
- 1904 pleasure now --
- 1905 *Mr. Guthrie. Excuse me, Madam Chair?
- 1906 *Ms. Eshoo. Yes?
- 1907 *Mr. Guthrie. Hey, it is Brett Guthrie. Hey, you made
- 1908 a comment between the last two questioners about research and
- 1909 fentanyl. And I am not speaking for every single Republican,
- 1910 I think, but for our side is that we just want to say we want
- 1911 to do research, but we don't think they are mutually
- 1912 exclusive, that you can have scheduling -- and there is a
- 1913 bill that I think Mr. Griffith and Mr. Crenshaw have allows
- 1914 for research to go forward, too.
- 1915 So I just wanted to -- I know we don't have a chance to
- 1916 respond to that comment, I just wanted to respond to what you
- 1917 said between the last two.
- 1918 *Ms. Eshoo. Yes, it is not a hit on anyone. I think
- 1919 there is bipartisanship on the -- always on the development
- 1920 of new drugs to --
- 1921 *Mr. Guthrie. Absolutely.
- 1922 *Ms. Eshoo. -- suppress whatever it is that is serious
- 1923 out there.
- 1924 *Mr. Guthrie. Right.

- 1925 *Ms. Eshoo. I thought it was, you know, important just
- 1926 to mention, and thank you for raising it.
- 1927 *Mr. Guthrie. Thank you, I appreciate that.
- 1928 *Ms. Eshoo. We can be for -- we can certainly be for
- 1929 both, and I believe that we are, and bills address it.
- I now would like to recognize the gentleman from
- 1931 Indiana, Dr. Bucshon, for his five minutes of questions.
- 1932 Great to see you. Look at that big smile. You make me
- 1933 happy, just looking at my screen.
- 1934 *Mr. Bucshon. Yes, well, thank you, Madam Chairwoman.
- 1935 I very much appreciate it. And thank you to the panel.
- 1936 I was a cardiovascular and thoracic surgeon before, so I
- 1937 have been in health care for over 30 years, and this is
- 1938 really a critical subject.
- But before I get to my questions, I would like to share
- 1940 my concerns regarding one of the bills being considered
- 1941 today. Buprenorphine can be effectively administered by
- 1942 properly educated and trained providers who counsel and
- 1943 educate patients. However, the vast majority of individuals
- 1944 currently receive little or no counseling.
- I have been working in Congress to implement prescribing
- 1946 limits and increased prescriber education for buprenorphine
- 1947 and other medication-assisted treatment to mitigate the
- 1948 practice of only treating people with medication-assisted
- 1949 treatment, but not continuing on with a more comprehensive

- 1950 treatment plan.
- However, not everyone agrees with this, and some of my
- 1952 friends continue to work on expanding the scope of practice
- 1953 to allow almost anyone, regardless of their qualifications
- 1954 and/or training, to prescribe buprenorphine. In my opinion,
- 1955 that is exactly what H.R. 1384, the Mainstreaming Addiction
- 1956 Treatment Act does. It removes education requirements and
- 1957 limits, making it easier to prescribe the medication known to
- 1958 be one of the most highly-diverted drugs in the country.
- 1959 This bill will only expand access to medication, not
- 1960 real and effective treatment for individuals with substance
- 1961 use disorder. Everyone who is legitimately involved in the
- 1962 medication-assisted treatment space to treat people who are
- 1963 addicted recognize the importance of a comprehensive
- 1964 treatment plan. The last thing Congress should do is relax
- 1965 the requirements for prescribing and dispensing narcotic
- 1966 drugs such as buprenorphine because, as I mentioned before,
- 1967 expanding the use of medication-assisted treatment is not
- 1968 going to be effective unless we have a comprehensive
- 1969 treatment plan in place. So I would like to voice my
- 1970 opposition to this legislation.
- 1971 Pivoting now to another topic, pain management is real,
- 1972 and people have chronic pain, and we must look -- all of us
- 1973 -- to finding non-opioid alternatives to use to help
- 1974 individuals that suffer from pain daily. Director LaBelle,

- 1975 recently eight states have passed non-opioid directives that
- 1976 ensure non-opioid options are considered for the treatment of
- 1977 pain management. These directives are voluntary, and are
- 1978 intended to spur discussions between patients and providers
- 1979 around alternative ways to alleviate pain.
- 1980 Does the White House support establishing a federal --
- 1981 my question is, does the White House support establishing a
- 1982 federal, non-opioid directive to further empower patients and
- 1983 providers across the country to engage in important
- 1984 conversations around the need for non-opioid alternatives?
- 1985 And are we -- also I would request that the White House
- 1986 consider reimbursement as an issue, as opioids are cheap, and
- 1987 new medicines are expensive. And what advice might you have
- 1988 to Congress in addressing that particular issue?
- 1989 *Ms. LaBelle. Thank you, Congressman. So, on the first
- 1990 one, I think we could -- we would be happy to work with your
- 1991 office to get more information on that issue, on the
- 1992 directives.
- On the second issue, the reimbursement rates certainly,
- 1994 you know, are something that we would have to speak with CMS
- 1995 about. And as we go forward in our national drug control
- 1996 strategy, which we will issue next year, we can certainly
- 1997 take a look at that.
- 1998 *Mr. Bucshon. Yes, because that is one of the most
- 1999 important barriers for hospital systems or clinics, is,

- 2000 again, opioids are very cheap, potentially new non-opioid
- 2001 alternatives are expensive. And when you look at, you know,
- 2002 bundled payments that -- based on diagnostic-related groups
- 2003 and other ways providers are reimbursed, it doesn't make a
- lot of economic sense, in many cases, to use non-opioid
- 2005 alternatives, and we need to fix that, because, whether we
- 2006 like it or not, in health care financial incentives drive the
- 2007 ship many times.
- 2008 *Ms. LaBelle. Right, right.
- 2009 *Mr. Bucshon. And so we need to address that. So I
- 2010 appreciate that.
- You can also not properly combat the opioid misuse
- 2012 epidemic without addressing one of its root causes: again,
- 2013 as I just mentioned, inadequate pain management. HHS has
- 2014 included improving pain management as one of their pillars of
- 2015 the opioid strategy. What is ONDCP's position on improving
- 2016 pain management, provider education, and patient access to
- 2017 non-opioid therapies?
- 2018 And that is just an extension of what I just mentioned.
- 2019 *Ms. LaBelle. Sure. I think it is really important
- 2020 that we make sure that people who are -- have pain are
- 2021 treated properly, whether that is -- and what the
- 2022 alternatives are, that is an important issue that I know that
- 2023 the National Institutes on Drug Abuse have looked at, as well
- 2024 as the rest of HHS and CDC. So it is a very important issue

- 2025 that we will look at, going forward.
- 2026 *Mr. Bucshon. Thank you. I can -- I had a personal
- 2027 experience with my father, who has now passed away, had
- 2028 substantial back issues that, really, there was nothing they
- 2029 could do for him -- he was in his late 70s, early 80s --
- 2030 other than opioids, unfortunately. And all of us are
- 2031 fighting the opioid epidemic. But what happened to him is --
- 2032 in his home state -- is it became more and more difficult to
- 2033 acquire his medication, even through his primary care
- 2034 provider, because of things put in place at the state level.
- 2035 So I just want to mention the pain -- chronic pain
- 2036 management is an issue. We need good opioid alternatives.
- 2037 With that, Madam Chairwoman, I yield back. Thank you.
- 2038 *Ms. LaBelle. Thank you.
- 2039 *Ms. Eshoo. The gentleman yields back. It is a
- 2040 pleasure to recognize the gentlewoman from New Hampshire,
- 2041 certainly not a newcomer to this issue, offered really
- 2042 important insights and leadership on the whole issue of
- 2043 opioids, Ms. Kuster.
- You are recognized.
- 2045 *Ms. Kuster. Thank you so much, Chairwoman Eshoo, and
- 2046 thank you to Director LaBelle for joining us today. I am
- 2047 pleased to see that this Administration's priorities focus on
- 2048 evidence-based approaches that holistically address
- 2049 prevention, support, and treatment for those battling with

- 2050 substance use disorder. And I think you can appreciate
- 2051 today, for many of us, this is a personal issue in our
- 2052 families, as well.
- 2053 My legislation, the Emergency Support for Substance Use
- 2054 Disorder, was included in the American Rescue Plan to ensure
- 2055 smaller organizations on the front lines of the addiction
- 2056 crisis would receive support for their harm reduction
- 2057 services during COVID-19. I look forward to working with
- 2058 you.
- I want to commend Representative Tonko's bill today
- 2060 about treatment at the end of incarceration, and I would like
- 2061 to meet with you about treatment during incarceration, so
- 2062 that we can break this terrible recidivism cycle that we are
- 2063 engaged in.
- This is deeply personal. And New Hampshire has
- 2065 consistently had one of the highest rates of overdose deaths
- 2066 in the country. In 2019 my state ranked third for the most
- overdose deaths per 100,000 people. And we had the highest
- 2068 rate of fentanyl overdose deaths per capita in the United
- 2069 States for many years. In 2020 about 65 percent of the
- 2070 overdoses in New Hampshire were caused by fentanyl, or a
- 2071 combination of fentanyl and other drugs, as we have heard
- 2072 today.
- But we know this is not just happening in my state. My
- 2074 colleagues all have similar stories about how the opioid

- 2075 crisis has evolved into an overdose crisis at the hands of 2076 synthetic opioids.
- 2077 Now, at the same time, the Drug Enforcement Agency has
- 2078 had the ability to go after the proliferation of fentanyl-
- 2079 related substances through emergency class-wide scheduling.
- 2080 Despite this tool, we have seen the continued upward trend of
- 2081 overdose deaths related to fentanyl and its analogues. And
- 2082 that is why I have introduced, with my good friend and
- 2083 colleague, Congresswoman Blunt Rochester, the Stop Fentanyl
- 2084 Act to provide a comprehensive, balanced public health
- approach.
- 2086 Director LaBelle. You have said the Administration is
- 2087 supportive of this short-term extension, but could you
- 2088 explain, as specifically as you can, how another temporary
- 2089 extension is necessary to explore a more comprehensive and
- 2090 effective approach to fentanyl-related substances?
- 2091 *Ms. LaBelle. Sure. Thank you, Congresswoman, and
- 2092 thank you for your work on this issue.
- I think that we need the extension because we need a
- 2094 little bit more time to -- you know, we have only been in
- 2095 this position for about 85 days. There are many people who
- 2096 aren't even in place yet. This is a critically important
- 2097 issue, and we want to do it right. So we need the time to
- 2098 look at the mandatory minimum implications of this
- 2099 legislation, as well as the research implications that have

- 2100 come up several times on both sides of the aisle. So that is
- 2101 why we need the extension of time.
- 2102 *Ms. Kuster. And if I could press you a bit further,
- 2103 what is the plan to use that time effectively, so we won't be
- 2104 back in this same situation if we grant a seven-month
- 2105 extension?
- 2106 *Ms. LaBelle. Sure. I mean, so the plan is that, you
- 2107 know, it is a process plan, which is we get our colleagues
- 2108 together from the Department of Justice, we get our
- 2109 colleagues together from HHS, and we hash this out. We have
- 2110 had a couple of meetings already. We are going to have more,
- 2111 and we are going to come together and have a resolution of
- 2112 the issues.
- 2113 *Ms. Kuster. And how can we work with you to make sure
- that we address the issue of racial equality?
- I am very concerned, as many of us are on both sides of
- 2116 the aisle, about the disparate impact on race with these
- 2117 mandatory minimums. How can we do a better job with a public
- 2118 health approach, rather than being so focused on mandatory
- 2119 minimums, when we know we are not getting the treatment into
- 2120 the jails and prisons across this country?
- *Ms. LaBelle. Yes, so we know that incarceration rates
- 2122 are higher for poor Black Americans, and the work that has to
- 2123 be done in jails across the country, we are getting there.
- 2124 Certainly, New Hampshire has medication, most of the New

- 2125 England states do. There is a lot more work that needs to be
- 2126 done.
- I am encouraged by the Congress's help, though, to
- 2128 provide funds through the Department of Justice to expand
- 2129 access to treatment in jails.
- 2130 *Ms. Kuster. Well, we would love to meet with you. I
- 2131 will set that up. We have game-changer legislation that
- 2132 would eliminate the exclusion of Medicaid during
- 2133 incarceration. And I think it would really change the scope.
- 2134 We would be talking about treatment. We would be talking
- about support services, and we would help people get back on
- their feet and lead much more productive lives.
- 2137 So with that, I yield back, and thank you.
- 2138 *Ms. Eshoo. The gentlewoman yields back. I would like
- 2139 to recognize the gentleman from Georgia, Mr. Carter, our
- 2140 favorite pharmacist.
- 2141 *Mr. Carter. Thank you, Madam Chair. I appreciate that
- 2142 very much. And thank you for being here. We appreciate this
- 2143 very much, this is extremely important.
- I wanted to mention, first of all, that I understand we
- 2145 don't have jurisdiction over the border in this committee.
- 2146 But I do want to bring up the border crisis, as it is
- 2147 impacting this epidemic. And I know that because I was there
- 2148 last week. I was there last Friday.
- 2149 The GAO has reported that Customs and Border Patrol data

- 2150 at U.S. ports of entry at the southern border show seizures
- of fentanyl and its analogues have gone up more than 200
- 2152 percent in the last couple of years.
- 2153 Ms. LaBelle, is it correct the majority of fentanyl and
- 2154 its analogues come through the southern border from Mexico?
- 2155 *Ms. LaBelle. Most -- well, much of fentanyl certainly
- 2156 is seized at the border. We are getting some that comes
- 2157 through couriers. So mail systems, that is much reduced, but
- 2158 much of it comes -- is seized at the southern border.
- 2159 *Mr. Carter. Well, from my investigation of it, my
- 2160 studies of it, what I have seen is there is enough fentanyl
- 2161 coming across the southern border to kill every American
- 2162 several times over. So I think it is really a stunning
- 2163 problem.
- 2164 Again, I want to allude back to my visit this past
- 2165 Friday to the border, and what I witnessed there, because,
- 2166 listen, these cartels, they are not dumb. In fact, they are
- 2167 very smart. And what they are doing is flooding the border
- 2168 in one area so that it takes the attention of Customs and
- 2169 Border Patrol agents, and then they are just bringing drugs
- 2170 across at another point. It is causing us to have even more
- 2171 of a problem.
- Obviously, we have got a humanitarian crisis down at the
- 2173 border, with what is going on with the illegal immigrants.
- 2174 But we have also got another problem, and that is a national

- security problem with our -- with all of these drugs that are coming across this border. We have got to get this under
- 2177 control.
- You know, it would be easy for all of us just to sit back and think, oh, what is happening down there is just a
- 2180 problem at the border, and those poor people down there. But
- it is much more than that, because when we talk about
- fentanyl, when we talk about illegal drugs, those drugs that
- 2183 are coming across that border, they are going to be in your
- 2184 community next. Whether you are in Georgia, whether you are
- in the northern United States, or the northeast, or the
- 2186 northwest, it is going to be impacting you.
- 2187 And that is why it is such a big problem. It is killing
- 2188 people in our communities. Just this past week, in Georgia,
- 2189 we had two incidents of fentanyl overdoses, one in Richmond
- 2190 County near Augusta, one in Chatham County near Savannah,
- 2191 where my district is. And that is a problem that we have got
- 2192 to deal with, and it is a problem that is being exacerbated
- 2193 by the fentanyl that is coming across the southern border,
- 2194 and coming across from Mexico.
- I wanted to ask you, Ms. LaBelle, would you agree that
- 2196 you have an obligation to advise the President, as he must
- 2197 get the border under control, because the epidemic that we
- 2198 are discussing today has gotten much, much worse -- have you
- 2199 discussed with the Vice President or the President the harm

- 2200 an open border is having on the opioid epidemic, specifically
- 2201 the trafficking of fentanyl?
- 2202 *Ms. LaBelle. So we are working very closely with all
- of our White House colleagues on this issue. We are
- 2204 separating the migrant issue from the drug issue. And that
- is where we have ongoing conversations on a monthly basis
- 2206 with the Government of Mexico and with our law enforcement
- 2207 partners, to make sure that they are doing everything they
- 2208 can to interdict the synthetic drugs that are coming from
- 2209 China into Mexico. So certainly these are ongoing
- 2210 conversations, and particularly with the National Security
- 2211 Council.
- 2212 *Mr. Carter. So I want to make sure I heard you right.
- 2213 You said these are monthly conversations, that you only
- 2214 discuss them once a month?
- 2215 *Ms. LaBelle. With Mexico.
- 2216 *Mr. Carter. With Mexico. But in the Administration,
- 2217 with the Vice President --
- 2218 *Ms. LaBelle. Oh, no, we have --
- 2219 *Mr. Carter. That was --
- 2220 *Ms. LaBelle. I am sorry, sir. We have ongoing
- 2221 conversations with our colleagues throughout the White House
- 2222 on this issue on a daily basis.
- 2223 *Mr. Carter. We were told last week when we were down
- there that over \$400 million of illegal drugs crossed that

- 2225 border last month, that we know of. That, to me, is
- 2226 substantial. And I think to everyone in America it would be
- 2227 substantial. Don't you feel like this deserves more
- 2228 immediate attention than what it is getting at the White
- 2229 House right now?
- 2230 *Ms. LaBelle. I think that everyone is paying very
- 2231 close attention to the issue. Certainly, the issue of how
- 2232 many drugs are coming through can be a matter of enforcement,
- 2233 because that is what we are seizing. That is not necessarily
- 2234 -- it is hard to tell what it is when --
- 2235 *Mr. Carter. And that is why I mentioned \$400 million
- of what we know of, because what is happening is the Customs
- 2237 and Border Patrol agents, as you know, are having to be in
- the processing facility, and they are not able to monitor the
- 2239 borders. Therefore, we are not catching as much as what is
- 2240 coming across. So we don't really know the true number, but
- 2241 we know it is more than 400 million.
- Okay, well, listen, this deserves immediate attention,
- Ms. LaBelle.
- *Ms. LaBelle. Yes, sir.
- 2245 *Mr. Carter. I hope you will go back to the White House
- 2246 immediately. And listen, we have got to get this stopped.
- Thank you, Madam Chair, and I yield back.
- 2248 *Ms. LaBelle. Thank you.
- 2249 *Ms. Eshoo. The gentleman yields back. It is a

- 2250 pleasure to recognize the gentlewoman from Illinois, Ms.
- 2251 Kelly.
- 2252 *Ms. Kelly. Thank you, Madam Chair. The Biden-Harris
- 2253 Administration's statement of drug policy priorities for year
- one, published by the Office of National Drug Control Policy,
- stated, and I quote, "Black individuals generally entered
- 2256 addiction treatment four to five years later than White
- 2257 individuals. And this effect remains when controlling for
- 2258 socioeconomic status.''
- Have plans been identified on how to ensure that Black
- 2260 people have more timely access to evidence-based care that
- includes prevention, harm reduction, treatment, and recovery
- 2262 services?
- 2263 *Ms. LaBelle. Thank you, Congresswoman. So we included
- that in there in order to make sure that we can work with HHS
- 2265 to look at the data, to look at the research, just what we
- 2266 identified in our policy priorities, and then put in place
- 2267 specific programs that can handle -- that can tackle those
- 2268 issues.
- 2269 We want to do more than just a program that sounds good,
- 2270 or looks nice. We want to put in programs and policies that
- 2271 are really going to make a difference once and for all on
- 2272 this issue. And it is not going to happen overnight.
- I mean, one of the first steps is making sure that we
- 2274 acknowledge this is an issue, and then we are going to work

- $\,$ 2275 $\,$ with HHS to put plans in place that are going to make a
- difference on it.
- *Ms. Kelly. Thank you. In the HHS OIG report titled,
- "Geographic Disparities Affect Access to Buprenorphine
- 2279 Services for Opioid Use Disorder,'' 40 percent of counties in
- 2280 the United States did not have a single waivered provider,
- 2281 and waivered providers were not necessarily found in areas
- 2282 where the need for the treatment is most critical.
- How can we ensure equity of access for geographic
- locations, and is telehealth a tool that we can use to ensure
- 2285 provider equity?
- 2286 *Ms. LaBelle. Thank you. So this raises the issue that
- 2287 we talked about before with methadone clinics, that -- you
- 2288 know, so you can go to an office and get your buprenorphine,
- 2289 a doctor's office. If you are going to a methadone clinic,
- 2290 you are probably standing out in the street corner, waiting
- 2291 to get in. So much less private, much less personal care.
- 2292 Certainly, there are a lot of great opioid treatment
- 2293 programs around the country that provide methadone, but it is
- 2294 a different form of care.
- So how we tackle this is, number one, removing barriers
- 2296 to buprenorphine treatment to expand the number of providers
- 2297 -- not just physicians, but nurse practitioners and
- 2298 physicians' assistants -- so that we can reduce those
- 2299 barriers to care that occur around the country.

- *Ms. Kelly. And can you give more insight on why
- 2301 providers must receive a waiver to provide medication to
- treat opioid use disorders, but not to prescribe the
- 2303 medications that have gotten us to where we are today? This
- 2304 seems counterproductive.
- 2305 *Ms. LaBelle. Sure, thank you. So I think the issue is
- 2306 that we have -- as we have spoken about, we really have
- 2307 minimal training and education in addiction in the health
- 2308 care services. And so, in order -- and so, you know, people
- 2309 who are prescribing buprenorphine are required to go through
- 2310 that training, the eight-hour training, because they may not
- 2311 have ever really encountered or have a lot of knowledge about
- the treatment of addiction.
- 2313 So I think what we really need to do is expand the
- 2314 number of people in our health care system who understand how
- 2315 to screen and treat and help people recover from addiction,
- as opposed to hinging it all on this one medication.
- *Ms. Kelly. Okay, thank you so much. And Madam Chair,
- 2318 believe it or not, I will yield back.
- *Ms. Eshoo. The gentlewoman yields back, and now I have
- the pleasure of recognizing the gentleman from Florida, Mr.
- 2321 Dunn, for your five minutes of questions.
- *Mr. Dunn. Thank you very much, Madam Chair. You know,
- 2323 the increase in fentanyl throughout the United States,
- 2324 including Florida, is deeply troubling. Sadly, this has been

- 2325 a growing problem in my district, too.
- Just last month the Panama City Police Department
- 2327 arrested a man with 90 grams of fentanyl. That is more than
- 43,000 lethal doses of this drug. And for perspective, that
- is enough to kill over half of the population of Panama City.
- On the other end of my district, the Ocala Police
- 2331 Department seized 177 grams of fentanyl in a single bust just
- last fall, and the police chief there said that that was
- 2333 enough fentanyl to kill, with overdose, every person in Polk
- 2334 County, man, woman, or child.
- When using fentanyl for medical purposes, a typical dose
- 2336 would be 25 micrograms. That is 25 millionths of a gram.
- 2337 Doctors always use this drug very, very cautiously, with
- 2338 extreme care, because even the medical formulation of
- 2339 fentanyl is extremely potent and potentially hazardous.
- 2340 Florida law enforcement is doing a heroic job getting it
- 2341 off the streets, putting traffickers behind bars. However,
- they need help. Fighting fentanyl requires a team effort
- 2343 among the trade and shipping industries, law enforcement,
- 2344 health care professionals, community leaders, and lawmakers.
- 2345 And I want to associate myself with the comments made by
- 2346 my colleague, Dr. Bucshon, regarding the dangers of making
- 2347 access to Buprenorphine and Suboxone too easy. Because
- 2348 honestly, these are drugs that are used -- Buprenorphine is
- the single most common cause of opioid overdose in northern

- 2350 Europe. So we have to be careful. We have to get this in
- the hands of skilled people who know how to use it safely.
- 2352 And I do have some questions, but I will be submitting
- 2353 those to the second panel of witnesses. So with that, Madam
- 2354 Chair, I yield back. Thanks so very much.
- 2355 *Ms. Eshoo. The gentleman yields back, and I thank him
- 2356 for his questioning, and it is a pleasure to recognize the
- 2357 gentlewoman from Delaware, Ms. Rochester Blunt -- Blunt
- 2358 Rochester, I am sorry. You need to unmute.
- 2359 [Pause.]
- 2360 *Ms. Eshoo. You need to unmute. Lisa?
- 2361 [Pause.]
- 2362 *Ms. Eshoo. We will get this one of these days, right?
- 2363 *Voice. I don't think she can hear you.
- *Ms. Eshoo. I don't think she hears us, so I think I
- 2365 will go to -- Angie Craig?
- 2366 *Voice. Angie Craig.
- 2367 *Ms. Eshoo. We will go to the gentlewoman from
- 2368 Minnesota, Angie Craig, for her five minutes of questions,
- 2369 and then circle back with -- I hope Ms. Blunt Rochester's
- 2370 staff is listening, but we will -- Ms. Craig is --
- 2371 Representative Craig is recognized for her five minutes of
- 2372 questions.
- 2373 Are you with us?
- 2374 No?

- 2375 *Voice. Schrier.
- *Ms. Eshoo. All right, then we are going to go to
- another doctor, the gentlewoman from Washington, Dr. Schrier.
- 2378 It is great to see you.
- 2379 *Ms. Schrier. Well, great to see you, and I am now
- 2380 unmuted. I was just texting Lisa to see if I could let her
- 2381 know. Thank you, Madam Chair, and thank you to Ms. LaBelle
- for sharing how the White House is going to be focusing on
- these issues.
- You have already heard that Washington State has been
- 2385 hit hard by this opioid epidemic. For over a decade, our
- 2386 state has lost about 700 people per year from overdoses,
- 2387 mostly from opioids. And sadly, we saw a 40 percent increase
- 2388 in mortality due to opioid use in 2020.
- So we know fentanyl, in particular, has become an
- 2390 increasingly dangerous threat in my state and, as we have
- 2391 heard, across the country. In 2019, three students in my
- 2392 district died because the Oxycodone that they thought they
- 2393 were taking, which is bad enough already, was laced with
- 2394 fentanyl. And two were students in the high school just down
- 2395 the street from my house.
- Then, two days ago, in a conversation with another
- 2397 parent, I heard about a bring-your-own-pill party, where a
- 2398 group of high school seniors in my town all brought whatever
- 2399 pills they had to a party: Ritalin, Adderall, Oxycodone,

- 2400 Vicodin, whatever. They dumped it in a bowl like M&Ms, and
- then helped themselves without even knowing what they were
- 2402 taking. And this is barely one year after the two deaths
- 2403 that I just mentioned.
- So, Ms. LaBelle, you mentioned in your testimony that
- one of your strategies to mitigate drug abuse and death is
- 2406 support evidence-based prevention efforts to reduce youth
- 2407 substance abuse. And as a pediatrician, I know how important
- 2408 it is for pediatricians to talk with their patients, and
- 2409 parents to talk with their children. I wonder if you could
- just talk briefly about the most effective ways to prevent
- these risky behaviors from starting, and then these
- 2412 tragedies.
- *Ms. LaBelle. Thank you very much, Congresswoman, for
- 2414 asking that important question. I want to raise one issue
- 2415 about the pressed pill issue that you raised. I think all of
- 2416 us need to be aware that this is a trend. CDC has sent
- 2417 alerts about these pressed pills. That is a lot of what we
- 2418 are seeing. This is pure fentanyl, and people have no idea
- 2419 what they are getting. And this is why the Administration
- 2420 has put out the fentanyl test strips, so people who -- can
- 2421 test what it is that they are getting. I am not talking
- 2422 about that for youth use, but that is important for -- to
- 2423 prevent overdose deaths.
- 2424 So for youth use, the National Institute on Drug Abuse

- 2425 has some great tools. SAMHSA -- I am a parent myself.]
- 2426 probably drive my son crazy by talking to him about these
- issues so much, because he has a genetic predisposition to
- 2428 this. So I -- you know, you have to -- there is a -- SAMHSA
- 2429 has a "you talk, they listen'', which is a great tool. And
- 2430 actually, the University of Washington has some great
- 2431 prevention programs, and one of the preeminent prevention
- 2432 researchers in the country is there.
- So there -- we can't -- we think that kids won't listen.
- 2434 Certainly, they are going to roll their eyes, but they will
- listen to you when you talk to them.
- The other piece that we want to do on prevention is
- 2437 preventing adverse childhood experiences that lead to risky
- 2438 behavior, and that includes substance use. So that is an
- 2439 area that we will be working more with the Centers for
- 2440 Disease Control and Prevention on, particularly with our
- 2441 drug-free community coalitions.
- 2442 *Ms. Schrier. I really appreciate you bringing all
- 2443 those things up. Can I ask just a quick follow-up question
- 2444 on the fentanyl test strips?
- 2445 Are those -- are the pills -- do they contain fentanyl
- 2446 only on the outside, or throughout?
- I mean, is this something we have to crush a pill to
- 2448 test strip it, or can you just rub it on the outside of a
- 2449 pill?

- 2450 *Ms. LaBelle. You could -- you wet the test strip, and
- you can rub it on the outside of the pill.
- 2452 Again, these are -- you know, these are -- there are
- various forms of this, but in many cases it is pure fentanyl.
- 2454 *Ms. Schrier. Okay. It is devastating. Thank you.
- Also, with the limited time I have left, you know, one
- 2456 of the barriers to care that we have all talked about is
- 2457 simply not having enough access to providers who are trained
- 2458 and confident in treating substance abuse disorder. In
- 2459 particular, most pediatricians have no experience with
- 2460 medically-assisted treatment. And I was wondering what
- ONDCP's role is in ensuring that there is a broad provider
- 2462 network that is adequately trained, and where pediatricians
- 2463 might fall in that plan.
- *Ms. LaBelle. So the pediatrician association actually
- 2465 encourages, as you are probably aware, screening for all of
- 2466 their patients. So we want to work with them again on
- 2467 expanding that work.
- 2468 *Ms. Schrier. And screening is standard. Treatment,
- 2469 not so much --
- 2470 *Ms. LaBelle. Right --
- 2471 *Ms. Schrier. -- pretty intensive appointments. Do
- 2472 pediatricians generally get the special training?
- *Ms. LaBelle. No, they don't. So we need to -- we will
- 2474 be happy to work with you on that issue.

- 2475 *Ms. Schrier. Thank you, I yield back.
- 2476 *Ms. Eshoo. The gentle doctor yields back, and it is a
- 2477 pleasure to recognize the gentleman from Pennsylvania, Mr.
- 2478 Joyce, for your five minutes of questions.
- 2479 *Mr. Joyce. Thank you, Chairman Eshoo, and thank you,
- 2480 Ranking Member Guthrie. This is an important discussion that
- 2481 we have, specifically discussing the epidemic that we face
- 2482 within the pandemic.
- In Pennsylvania, where I represent, the availability of
- 2484 illicit drugs, and specifically fentanyl, is a crushing blow
- 2485 to our local communities. In joining this COVID-19 pandemic,
- this epidemic has spiraled further out of control. In 2020,
- 2487 Blair County, my home county, we have seen an 80 percent
- 2488 increase in overdose deaths, 80 percent.
- 2489 Coroner Patty Ross, she can rattle off these statistics
- in a breath, and she will tell you that fentanyl can be 100
- 2491 times more potent than morphine. Coroner Patty Ross knows
- 2492 how many families have been torn apart, how many children
- 2493 have suffered from drug-related circumstances. She has
- 2494 witnesses -- she has been a witness to tragedies firsthand.
- 2495 She talks about addressing families, talking to them as she
- 2496 relays the tragedy of the death of a loved one, talking to
- them about these loved ones who have just come out of rehab.
- In Pennsylvania and around the country, Coroner Ross and
- other local leaders, they are desperate for Congress to get

- serious about combating fentanyl and illicit drugs, providing 2500 2501 support to the brave Americans in recovery, and advocating for communities with the widespread ramifications of 2502 substance abuse and addiction, and addressing what we need to 2503 2504 address: the stigma of drug abuse. We need to be taking action right now to keep our communities safe. But also, we 2505 2506 need to expand lifesaving treatments for those who have 2507 substance abuse disorders.
- Director LaBelle, shortly before leaving office, the 2508 2509 previous director of ONDCP, James Carroll, announced new practice guidelines for the administration of Buprenorphine 2510 for treating opioid use disorder. And these guidelines were 2511 intended to make it easier for practitioners to prescribe 2512 Buprenorphine. As I understand it, on January 14th the Biden 2513 Administration made a statement saying that those guidelines 2514 were issued prematurely, and could not be sustained. 2515
- Director, could you please tell us why these guidelines were pulled?
- *Ms. LaBelle. Sure, thank you, Dr. Joyce. These are
 important issues that you just raised. We all want to expand
 access to evidence-based care. The practice guideline that
 was rescinded by the Administration, or that is being
 reconsidered, and making sure -- what we don't want to do is
 to issue a practice guideline that would not be upheld, or
 would not withstand legal scrutiny.

- So we are taking a look at it to make sure that anything
- 2526 else that is issued can withstand any kind of legal challenge
- 2527 to it. So that is where we are at right now.
- 2528 *Mr. Joyce. And what is the current status of your
- 2529 evaluation for renewing these guidelines?
- 2530 *Ms. LaBelle. We are taking a look with our lawyers on
- 2531 it to make sure that it gets issued. So we are working on
- 2532 it. I can't give you a precise timeline right now.
- 2533 *Mr. Joyce. The previous Administration came up with
- 2534 rural guidelines addressing substance abuse. In the rural
- 2535 communities throughout America, as you pointed out, as well
- as in the metropolitan areas, these substance abuses still
- 2537 exist. And we are looking forward to having the answers to
- 2538 when these guidelines will be reissued.
- Can you assure us, so I can take back to the corners, to
- 2540 the leaders who are facing these issues, that this is of
- utmost concern to you, as the acting director of the ONDCP,
- as it was to your predecessor?
- *Ms. LaBelle. Absolutely, sir.
- 2544 *Mr. Joyce. Can you provide for us additional guidance
- of what we should be doing, from a legislative point of view,
- 2546 to aid you in making this decision?
- *Ms. LaBelle. So I think that what we want to make sure
- is that, when it is released, that it is lifted up.
- But we can't stop there. We have a lot more work to do.

- Our policy priorities lay out our expansive approach to this,
- 2551 because it can't -- we can't just look at one tool. We have
- 2552 to look at all the tools available to address every form of
- 2553 addiction, not just opioid use disorder. So we are looking
- 2554 forward to working with you on the totality of the addiction
- 2555 epidemic.
- 2556 *Mr. Joyce. I thank you for your hard work, and I look
- 2557 forward to seeing the guidelines on the administration of
- 2558 Buprenorphine for treating opioid disorders. Thank you for
- 2559 being here today.
- 2560 And again, thank you, Chair Eshoo and Ranking Member
- 2561 Guthrie.
- 2562 *Ms. Eshoo. The gentleman yields back.
- 2563 And I apologize to you, Dr. Joyce. I think it is very
- 2564 important, when recognizing our physician members, that it --
- 2565 that that always be stated. So apologies to you.
- 2566 *Mr. Joyce. Not necessary, Chair. Thank you, though.
- 2567 I appreciate that.
- *Ms. Eshoo. We are very happy to have you as a member
- of our subcommittee.
- 2570 *Mr. Joyce. It is an honor, thank you.
- *Ms. Eshoo. Oh, you are very nice. You are such a
- 2572 gentleman.
- 2573 And now I recognize with pleasure, from Delaware,
- 2574 Congresswoman Lisa Blunt Rochester.

- I am sorry that you didn't hear us earlier.
- 2576 *Ms. Blunt Rochester. Thank you so much, Madam
- 2577 Chairwoman. And forgive me, I am on two screens at the same
- 2578 time, so please --
- 2579 *Ms. Eshoo. Not to worry, not to worry. We see you and
- 2580 hear you now.
- 2581 *Ms. Blunt Rochester. Thank you so much. And I want to
- 2582 thank you, Ms. LaBelle, for joining us as well, and for your
- 2583 work and dedication.
- Under the previous Administration, the approach towards
- 2585 fentanyl-related substances was handled through policies that
- 2586 more promoted decriminalization and not public health. And
- 2587 evidence shows us that that isn't the most effective
- 2588 approach.
- The U.S. Sentencing Commission's January 2021 report on
- 2590 fentanyl and fentanyl analogues found that, in fiscal year
- 2591 2019, a greater proportion of fentanyl and fentanyl analogue
- offenders were Black, and over half of the total offenders
- 2593 were convicted of an offense with a mandatory minimum
- 2594 penalty. But less than 10 percent of offenders knowingly
- 2595 sold fentanyl and fentanyl analogues as another substance.
- I am seriously concerned that our efforts are targeting
- 2597 minimally-involved individuals, instead of the higher-up
- 2598 traffickers and cartels. What is the Administration's plan
- 2599 to stop illicit fentanyl from coming into the country, so we

- 2600 are targeting the drug traffickers that are manufacturing
- 2601 fentanyl and placing it into the drug supply?
- *Ms. LaBelle. Thank you, Congresswoman, for that
- 2603 important question.
- So, you know, when -- the Office of National Drug
- 2605 Control Policy works a lot on international issues. I would
- 2606 say it is probably half of the time in our office. And so we
- 2607 are working with China to look at their regulatory controls
- 2608 over their vast chemical industry. We are also working
- 2609 closely with Mexico on their interdiction efforts inside
- 2610 Mexico, as well as destroying and using evidence from their
- labs, their lab takedowns, and then -- as well as working
- 2612 with them on how to identify some of the precursor chemicals
- 2613 that are coming from China into their ports.
- So those are numerous -- a number of issues that we are
- 2615 dealing with with China and Mexico right now to stop it from
- 2616 ever coming into the country.
- *Ms. Blunt Rochester. And can you be more specific
- 2618 about the length of time that you would need to come up with
- 2619 the permanent solution of -- because I know a couple of
- 2620 people have asked this, and because time is of the essence,
- 2621 it would be really good if we could get a clearer picture of
- 2622 the specific length of time that you would need.
- 2623 *Ms. LaBelle. Yes, thank you for asking that. It is
- 2624 urgent. We know it is urgent. I can't give a timeline. As

- I said, you know, we have been here about 85 days, and there
- 2626 are plenty of people at DOJ who aren't in place yet. So I
- 2627 can't give a timeline, but know that we are working
- 2628 diligently on this issue.
- 2629 *Ms. Blunt Rochester. And thank you. I know that you
- are aware that overdose deaths involving synthetic opioids
- like fentanyl continue to rise, and from 2017 to 2018 rose as
- 2632 high as 10 percent. If we don't pursue a public health
- 2633 approach as part of the solution for addressing fentanyl-
- 2634 related substances, as Representative Kuster and I are
- suggesting, what would be the impact on people with substance
- 2636 use disorder, and how will their access to evidence-based
- 2637 treatment change?
- 2638 *Ms. LaBelle. So the public health approach that we
- 2639 have laid out in our policy priorities identifies the
- 2640 specific actions we can take, as -- such as harm reduction
- 2641 programs that can prevent people from overdosing.
- I am very concerned that, if we don't expand access to
- 2643 evidence-based treatment throughout the country, especially
- 2644 in areas of high risk for overdose, that these rates are just
- 2645 going to continue to climb. And I have been working on this
- 2646 issue since 2009, when it first started. And it is -- and
- 2647 the steps that we are taking are -- every day counts at this
- 2648 point.
- 2649 *Ms. Blunt Rochester. Yes. Will ONDCP commit to

- 2650 working with Congresswoman Kuster and I on a comprehensive
- 2651 public health approach to addressing the overdose epidemic?
- 2652 *Ms. LaBelle. Yes, we look forward to working with you,
- absolutely.
- *Ms. Blunt Rochester. Thank you so much, and I yield
- 2655 back my time.
- 2656 *Ms. Eshoo. The gentlewoman yields back. It is a
- 2657 pleasure to recognize the gentleman from Utah, Mr. Curtis,
- 2658 for your five minutes of questions.
- 2659 *Mr. Curtis. Thank you, Madam Chair. I enjoyed the
- interchange between you and Dr. Joyce. I am wondering if
- there is a title that we should use for those of us that have
- 2662 put children through medical school. Maybe we could work on
- 2663 that. And you are on mute, so I am just going to keep going,
- 2664 Madam Chair.
- Director, four in 10 adults -- and this is as reported
- 2666 by the Huntsman Institute of Mental Health -- have reported
- 2667 new symptoms of anxiety and depression disorder, which is a
- 2668 fourfold increase since last year. And so, to state the
- obvious, this hearing couldn't be more important, couldn't be
- 2670 more timely, and the work that you do.
- I am grateful for Representative Scott Peters of San
- 2672 Diego. He and I recently reintroduced a bill, H.R. 2051,
- 2673 which would declare meth an emerging drug threat. And I want
- 2674 to thank Congressman Peters for his leadership on this issue.

- 2675 It is an important issue to both of us in our districts, and
- 2676 we view it as the first of many steps in continuing to fight
- 2677 substance abuse.
- The legislation would require the Office of National
- 2679 Drug Control Policy, you, to develop a strategy to prevent
- the sale and use of this drug. We have touched on meth a
- 2681 little bit in this hearing. Can you just share, from your
- 2682 perspective, where this fits in with the larger picture of
- 2683 what you are seeing across -- with meth across the United
- 2684 States?
- And specifically, what can Congress be doing to help
- 2686 you?
- 2687 *Ms. LaBelle. Sure. Thank you. So our policy
- 2688 priorities include contingency management, and looking at the
- 2689 barriers to expanding access to contingency management
- therapy, which is an effective tool to use for people with
- 2691 meth use disorder.
- Our policy priorities also include an emphasis on
- 2693 prevention. So that is another tool that we need to use to
- 2694 reduce meth use.
- And then also, our policy priorities include disrupting
- 2696 the drug supply coming in from Mexico, which is where much of
- our methamphetamine is sourced. So all of that is part of
- 2698 our priorities for us that we will be looking at in the first
- 2699 year.

- As far as what Congress can do, I think that we may be 2700 2701 coming back to on contingency management, to see if there are legislative barriers to expanding that. I think the most 2702 important thing that Congress can do is making sure that we 2703 2704 have sustainable funding for a lot of these programs, particularly for prevention and treatment, so that the states 2705 are not reliant and local communities are not reliant on one-2706 2707 time grants that may not help them address the totality of the issue. 2708
- 2709 *Mr. Curtis. Thank you, a very good answer.
- I have listened, as my colleagues have all expressed --2710 many have expressed close loved ones and people they know who 2711 have been impacted by this tragic problem. It came home to 2712 me and my wife with not only some of our loved ones, but this 2713 2714 summer, when we purchased a home, we kind of randomly did a meth test that -- we were purchasing a home from a couple 2715 that had passed away in old age, and we were surprised to 2716 find out the home had been used as a meth lab. And I think 2717 that is just a small indication of what is going on across 2718 2719 the United States.
- Quickly, I represent a very rural community with very
 limited resources, particularly for law enforcement, a vast
 geography, very, very difficult for law enforcement to cover
 it, which poses a challenge to crack down on this. Are there
 ways that we can leverage machine learning?

- 2725 Have you spent any time on this, by using data collected
- 2726 by law enforcement agencies and public health agencies on
- 2727 drug overdose in certain communities to help augment the
- 2728 local authorities in rural areas?
- *Ms. LaBelle. So ONDCP funds ODMAP, which gets
- 2730 information from local law enforcement that helps kind of
- 2731 identify trends. That is in all 50 states, but it is not
- 2732 universal. That is one tool.
- 2733 We also should be working with our partners at the
- 2734 Bureau of Justice Assistance and the COPS program to look at
- 2735 exactly those issues that you just raised, because we know
- 2736 law enforcement in rural areas is stretched thin.
- Our High Intensity Drug Trafficking Areas Program works
- 2738 with a lot of law enforcement in rural areas, and that is a
- 2739 force multiplier for a lot of rural efforts.
- 2740 *Mr. Curtis. Yes, thank you for appreciating the
- 2741 special needs in rural.
- It has been touched on a lot today, so I am only just
- 2743 going to mention -- not ask the question, but just -- I want
- 2744 to reemphasize the conversations we have had today about
- 2745 telehealth, how important it is in these rural parts of my
- 2746 district.
- 2747 And with that, Madam Chair, I yield my time.
- 2748 *Ms. LaBelle. Thank you.
- 2749 *Ms. Eshoo. I agree with you on telehealth. I think

- 2750 that -- and I think other members believe that it should be
- 2751 made permanent. So we have our work to do on that.
- I don't think there are any other Republicans that need
- 2753 to be recognized. I see Mr. Latta, but I know that you are
- interested in panel two, is that correct?
- Okay, so we have two Democrats, and then we are going to
- 2756 go to -- or we might have another one, I don't know, but I
- 2757 have two lined up right now.
- 2758 And then, members, we do have a second panel with five
- 2759 witnesses that are waiting in the wings for us. So I will
- 2760 recognize the gentlewoman from Minnesota, Ms. Craig, for her
- 2761 five minutes.
- *Ms. Craig. Well, thank you so much, Madam Chair.
- 2763 Acting Director LaBelle, thank you very much for your
- 2764 testimony today. Your experience and your expertise is
- 2765 greatly appreciated.
- 2766 As many of you aware, over 20 million Americans struggle
- 2767 with substance use disorder. A significant portion of them
- 2768 have an opioid use disorder. Moreover, many overdose deaths
- 2769 involve opioids such as illicit fentanyl and fentanyl-mixed
- 2770 substances. The DEA recently cited fentanyl-mixed cocaine
- 2771 and meth as an accelerant of overdose deaths, due to its
- 2772 widespread availability. This trend is reflected in my home
- 2773 state of Minnesota, where an overwhelming majority of opioid
- 2774 overdose deaths involve synthetic opioids. Unfortunately, it

- 2775 is likely we are going to see a record increase in those
- 2776 deaths from 2020.
- I recently hosted a roundtable in my district that
- 2778 addressed veterans' access to mental health services, and the
- 2779 disproportionate rate of substance use disorder among
- veterans. One of the barriers to care raised by stakeholders
- 2781 is the stigma that often surrounds substance use disorders,
- 2782 an issue I know is not limited just to this nation's
- 2783 veterans.
- 2784 It is critical to remember that substance use disorders
- 2785 a treatable disease. People with substance use disorder
- 2786 deserve compassion and adequate access to affordable, quality
- 2787 care. The problem won't be solved in jails and emergency
- 2788 rooms. It will take a shift in attitudes by many of the
- 2789 stakeholders involved.
- 2790 So Acting Director LaBelle, how does ONDCP hope to
- 2791 reduce stigma associated with substance use disorders through
- 2792 its drug policy priorities in year one?
- 2793 *Ms. LaBelle. Thank you for asking that important
- 2794 question, Congresswoman.
- So the first step we took, and that happened during the
- transition, was hiring people, bringing people on who are in
- 2797 recovery. Our chief policy adviser is a person in long-term
- 2798 recovery. Our outreach director is a person in long-term
- 2799 recovery.

- And we are expanding a lot of our work on talking about recovery and making -- because really, when you look at our policy priorities, all of these barriers really go back to stigma, the stigma that is attached to addiction. Why don't people want to treat addiction? There is stigma attached to it. Why don't people want to seek out help? Because there
- So the first step we can take, as ONDCP, is setting an example, and involving people who are in recovery in the policy-making process.

is stigma attached to it.

- *Ms. Craig. Thank you so much. And I know stigma is
 one part of this that you are focused on, but also folks face
 barriers due to lack of access to coverage. So what levers
 is your office using, can you use, to address the access to
 care in the long term?
- *Ms. LaBelle. So there are lots of pieces to this. One is we are going to focus on parity to make sure that coverage, insurance coverage, is -- that people are complying with parity.
- The other access-to-care pieces are -- involve

 workforce. How do we improve the workforce access throughout

 this country, and then also identifying, you know, the

 barriers to treatment with Buprenorphine, methadone

 treatment, and contingency management services.
- 2824 *Ms. Craig. Let me ask you what you think Congress can

- 2825 do to build on the previous legislation that we put forward,
- 2826 particularly around reduction of stigma. What are the most
- important couple of things that we could be focused on that
- 2828 helps you reduce stigma when it comes to this particular
- 2829 disease?
- 2830 *Ms. LaBelle. Thanks. So I think one thing we can do
- is to make sure that Congress, by looking at this as an
- 2832 ongoing issue -- this is not a -- these are chronic
- 2833 conditions, not acute conditions, that require sustainable
- 2834 funding over the long term. So if we -- by having Congress
- 2835 make sure that we are recognizing that these are not acute
- 2836 conditions, that people don't go into treatment and then 20
- 2837 days later they are cured, that recovery services are part of
- 2838 the continuum of care, and continuing to emphasize recovery
- 2839 services is important.
- *Ms. Craig. Well, thank you so much, Director LaBelle,
- 2841 and I look forward to working with you and the Biden-Harris
- 2842 Administration.
- 2843 Madam Chair, with that I will yield back.
- *Ms. Eshoo. The gentlewoman yields back, and we thank
- 2845 her, and we now will go to the gentlewoman from
- 2846 Massachusetts, Mrs. Trahan, for your five minutes.
- 2847 And thank you for your patience. You have been with us
- 2848 from the very -- as most members -- from the very beginning
- 2849 of today's hearing.

- 2850 *Mrs. Trahan. Well, thank you --
- 2851 *Ms. Eshoo. And it is now afternoon.
- 2852 *Mrs. Trahan. Yes. But it is such a critically
- 2853 important hearing, and I thank you for convening us on this
- 2854 topic. Certainly my thanks to Director LaBelle for being
- 2855 here today. And we all look forward to working closely with
- 2856 you and ONDCP in the months and years ahead to push policies
- that take a multi-pronged approach to curb overdoses.
- 2858 You know, the substance use disorder epidemic has
- 2859 claimed too many lives in all of our districts, red and blue
- 2860 alike. And over the last 20 years our nation has lost more
- than 750,000 lives due to drug overdoses. The latest CDC
- 2862 data suggests that the coronavirus pandemic has triggered an
- 2863 acceleration in lives lost to overdoses.
- Now, anyone with a loved one who has suffered from this
- 2865 terrible disease knows how powerful addiction can be. It can
- appear to have an unbreakable hold on those in its grip. My
- 2867 heart certainly goes out to those suffering from substance
- 2868 use disorder. You know, I have met with too many moms who
- 2869 have lost a child, the worst thing a parent can even imagine,
- 2870 and they and their families deserve our compassion and
- 2871 acceptance, free from judgment.
- But we also owe it to all of our constituents,
- 2873 particularly our young people, to do more to defeat SUD
- 2874 through greater attention to preventative measures, and

safer, effective treatment options. The Medication Access
and Training Extension Act, legislation I have introduced
with Representatives Kuster, Carter, Trone, and McKinley
would ensure that most DEA-licensed prescribers, at a
minimum, have the baseline knowledge to treat and manage

their patients with substance use disorder.

- So Director LaBelle, in your written testimony you say
 that the origins of the overdose epidemic began with
 prescription opioids. Current CDC data shows that overdose
 deaths involving prescription opioids more than quadrupled
 from 1999 to 2019. How does prescription drug misuse
 continue to contribute to the overdose and overdose death
 epidemic in our nation today?
- *Ms. LaBelle. Thank you, Congresswoman, for asking
 that. So it continues to be part of the issue. As I said,
 our policy priorities focus on the addiction epidemic. And
 so there are certainly specific prevention tools that we can
 use for each substance. So in that regard, prescription
 opioids as a driver is -- of later substance use disorders is
 important.
- But we are really taking the entirety of the addiction
 epidemic, and looking at it from how do we prevent, treat -have quality treatment, provide harm reduction services, and
 help people recover. So that is really our -- the extent of
 our continuum of care that we are looking at implementing.

- *Mrs. Trahan. So many prescribers must take some sort 2900 of, say, prescribing education, but few take substantial 2901 education on how to identify, treat, and manage their 2902 patients with opioid and substance use disorder. You know, 2903 2904 Dr. Ruiz said it himself, that many patients with SUD enter medical offices and emergency rooms for separate medical 2905 reasons. And so the ability of physicians to identify the 2906 more subtle signs of SUD is critically important. 2907
- Does the Biden-Harris Administration believe that it is the responsibility of all prescribers with a DEA license to know how to identify, treat, and manage their patients with opioid and substance use disorder?
- And would this education increase access to care?

 *Ms. LaBelle. Yes, if we recognize that addiction is a

 chronic disease, then it is up to the health care community

 providers, health care providers, to be able to recognize it,

 screen for it, and treat it, or at least refer people to

 treatment. But if they can't identify it, they are not going

 to screen it or treat it.
- 2919 So I think that that is something that we have long
 2920 emphasized is the importance of addiction training in medical
 2921 schools for DEA-licensed providers. And I think it is
 2922 something we need to look at.
- 2923 *Mrs. Trahan. And certainly one of the best things that 2924 we could do to, as Congresswoman Craig said, accelerate the

- 2925 end of stigma associated with addiction.
- Thank you, I yield back the remainder of my time.
- 2927 *Ms. LaBelle. Thank you.
- 2928 *Ms. Eshoo. The gentlewoman yields back. It is a
- 2929 pleasure to recognize the gentlewoman from Florida, Ms.
- 2930 Castor, for your five minutes of questions.
- *Ms. Castor. Well, thank you, Madam Chair, and thank
- 2932 you so much for your leadership on this very important issue.
- 2933 I know you have seen today that all of the members, we are
- 2934 really interested and concerned about substance use and
- 2935 misuse.
- 2936 And thank you, Acting Director LaBelle, for spending
- 2937 some very -- a lot of quality time with the committee today.
- 2938 And thank you for your leadership. I want to -- I have two
- 2939 real quick questions. One is going back to Dr. Schrier's
- 2940 attention to prevention, especially among young people.
- 2941 And one of the bills that is on our list today is the
- 2942 Drug-Free Communities Pandemic Relief Act. You identified in
- 2943 the -- in your -- the national drug control strategy that
- 2944 this is an essential element to prevent and reduce drug
- 2945 addiction misuse among young people. The -- that bill would
- 2946 waive the local matching requirement during the pandemic,
- 2947 because many of these local community groups simply haven't
- 2948 been able to make that local match.
- 2949 Can you share with me why that is important at this

- 2950 time, and what you are hearing from drug-free communities
- 2951 across the country?
- 2952 *Ms. LaBelle. Sure. Thank you, Congresswoman. So the
- 2953 Drug-Free Community Coalition is -- one of the great things
- about them is that they are community-based, and -- but they
- 2955 rely upon in-kind contributions. In-kind contributions that
- 2956 we found in the last year during COVID have been -- there
- 2957 have been shortfalls in that. And so helping Drug-Free
- 2958 Community Coalitions in that regard is very important. They
- 2959 -- we know that Drug-Free Community Coalitions reduce youth
- 2960 substance use, and that is an important tool that we can use
- 2961 to reduce addiction, overall.
- 2962 *Ms. Castor. Thank you very much. And that is what I
- 2963 hear from folks back home, as well. The issues that are so
- 2964 complex these days -- but there has been a drop-off on
- 2965 community support, and I think this would go a long way to
- 2966 helping keep all of those coalitions moving forward and
- 2967 focused on youth drug use prevention.
- So my second question is a much broader one on the
- 2969 American Rescue Plan. We are so proud of the depth and
- 2970 breadth of the American Rescue Plan recently signed into law
- 2971 by President Biden. It provides, just in this area, \$4
- 2972 billion to SAMHSA and HRSA for a lot of the issues that your
- 2973 office will oversee.
- 2974 Give us a good thumbnail sketch on what you are working

- on right now, in coordination with those agencies and our
- 2976 local partners, to ensure that those dollars get to
- 2977 communities and families that need them. Will -- we -- are
- 2978 you coordinating the guidance that will be issued from the
- 2979 agencies, and what can we expect?
- 2980 *Ms. LaBelle. Thank you. So the -- HHS, SAMHSA, the
- 2981 Substance Abuse Mental Health Services Administration, we are
- 2982 working closely with them on what this is going to look like,
- 2983 because, I mean, the good thing is that this funding can be
- spent over a period of time so that states aren't going to
- 2985 get this huge influx of money that they have to spend in a
- 2986 year. So there will be a more sustainable funding source for
- 2987 them.
- 2988 So we are talking to SAMHSA about, you know, what are
- 2989 the gaps, what is missing, who are the vulnerable groups.
- 2990 That is -- so because this money is going through the block
- 2991 grant, it will be easier to facilitate that funding. So it
- 2992 is a great opportunity to really make a difference on this
- 2993 issue.
- 2994 *Ms. LaBelle. I agree. We are all so proud of what we
- 2995 have been able to do in the American Rescue Plan. And a lot
- 2996 of folks are focused, of course, on vaccinations and the
- 2997 stimulus payments, and kids in school safely. But there are
- 2998 very significant dollars for our local communities when it
- 2999 comes to behavioral health. So thank you so much, and we

- 3000 will look forward to working with you in future months.
- 3001 *Mrs. Trahan. I yield back.
- 3002 *Ms. Eshoo. The gentlewoman yields back. It is a
- 3003 pleasure to recognize a fellow Californian, Mr. Cardenas, for
- 3004 his five minutes of questions.
- 3005 *Mr. Cardenas. Hello, can you hear me?
- *Ms. Eshoo. Yes, very well.
- *Mr. Cardenas. Okay, can you see me?
- *Ms. Eshoo. I can see you, and you look very well, too.
- 3009 *Mr. Cardenas. Okay, thank you so much, because earlier
- 3010 today during gavel I was not recognized as being seen, so I
- 3011 had to wait and --
- 3012 *Ms. Eshoo. Oh, I am sorry.
- 3013 *Mr. Cardenas. -- my questions, so --
- *Ms. Eshoo. Sorry. How does that happen?
- 3015 *Mr. Cardenas. Sorry about that.
- 3016 *Ms. Eshoo. Oh, my.
- 3017 *Mr. Cardenas. We will hopefully get a better system
- 3018 within the committee to make sure that that doesn't happen
- 3019 again to any of us as we all try to be here at gavel --
- 3020 *Ms. Eshoo. Is that the technological difficulty with
- 3021 the committee's technology, Tony?
- 3022 *Mr. Cardenas. Well --
- 3023 *Ms. Eshoo. No?
- 3024 *Mr. Cardenas. I don't know what happened, because I

- 3025 saw myself on the screen, I heard you clearly, I saw you, I
- 3026 saw a bunch of my colleagues and the witnesses, or what have
- 3027 you. But anyway, that is housekeeping. We can take care of
- 3028 that later.
- 3029 *Ms. Eshoo. Okay, good.
- 3030 *Mr. Cardenas. But thank you so much --
- 3031 *Ms. Eshoo. I apologize.
- *Mr. Cardenas. -- Madam Chair. No, that is okay.
- 3033 *Ms. Eshoo. What happened?
- 3034 *Mr. Cardenas. I want to talk a bit about health
- 3035 disparities. And when it comes to pandemics, when it comes
- 3036 to addiction, when it comes to incarceration, all of these
- 3037 kinds of things are issues. So I would like to know, how
- 3038 does that fit into what the dynamic of the Administration's
- 3039 efforts are on the topic we are talking about today when it
- 3040 comes to opioid -- the opioid pandemic and -- epidemic excuse
- 3041 me, it is a pandemic, sort of -- and when it comes to
- 3042 assisting with making sure that we treat it more as an
- 3043 illness, not as something that is just -- we treat it as a
- 3044 punitive matter.
- 3045 *Ms. LaBelle. Right. Thank you, Congressman. So the
- 3046 disparities in treatment, we have identified some of them in
- 3047 our policy priorities. They include kind of a two-track
- 3048 system that we have seen. Certainly, some people get health
- 3049 care, treated through the health care system, and others are

- incarcerated. And what the President has committed to is reducing rates of incarceration, and having -- not having it so that people are incarcerated for drug possession alone, because we know that often people who have low amounts of drugs in their possession are -- often have a substance use
- 3055 disorder themselves. So there is a couple of things that we
- 3056 want to do.
- Number one, we need to make sure that we have better

 data sources on this. And I know that sounds like it is not

 an immediate issue, but it is not something that we have a

 great deal of granularity on, you know, where the disparities

 exist and how exactly are we going to address those

 disparities. So that is one step that we have to take.
- The second thing that we need to do, we talked a little bit about before, is make sure that our workforce reflects the people that are served. And that is something we will work closely with HHS on.
- And then also -- so we also will be looking at, you know, criminal justice reform, writ large. The drug piece is a part of that, so we will be looking at that, as well.
- *Mr. Cardenas. Thank you. And you mentioned something
 that -- my question is how are the departments going to work
 together?
- Because when there is this presumption that in poor communities -- White communities, as well, poor White

- 3075 communities, poor Black and Brown communities, Native
- 3076 American reservations, et cetera, where all of a sudden
- 3077 policing seems to be the fortified method of trying to
- 3078 address the issue of drug addiction and drug abuse in those
- 3079 communities. I think it is important that the departments
- 3080 understand that the amount of resources that we allocate at
- 3081 the federal level, local level, et cetera, needs to be
- 3082 proportional to how we are going to -- be honest with
- 3083 ourselves about how it should be addressed.
- 3084 Are you working with other departments to make sure that
- 3085 we are all on the same page?
- 3086 *Ms. LaBelle. Yes, we work closely with our law
- 3087 enforcement partners, as well as our health department
- 3088 partners.
- 3089 And I think what you raised is an important piece.
- 3090 think that some of this is because -- that is why we talked
- about harm reduction programs in our policy priorities,
- 3092 because that is -- provides an alternative intervention point
- 3093 for people who may not otherwise be able to get treatment,
- 3094 and may end up in law enforcement's hands in the criminal
- 3095 justice system. So that provides an alternative intervention
- 3096 point.
- 3097 *Mr. Cardenas. Yes, because I would venture to say -- I
- 3098 am in Los Angeles, and in my community, where I grew up in
- 3099 Pacoima, law enforcement seemed to be the answer to treating

- people with addictions, or addressing the issue of people
- 3101 with the addictions.
- But yet, just a few miles away in Beverly Hills, I would
- 3103 contend that there is just as much drug use going on with
- 3104 teenagers and adults and seniors in those households as it is
- in households in Pacoima, in a different zip code, only the
- 3106 difference is, in those other communities like Beverly Hills,
- "Oh, my gosh, you know, little Johnny is addicted. We got to
- 3108 get Johnny some help. We got to put him in a program,'' et
- 3109 cetera, which I believe is the proper, humane way to deal
- 3110 with these issues.
- But yet, just a few miles away on the other side of
- 3112 town, book him and book him, send the cops in, get the DEA to
- 3113 do a crash unit or something, and all of a sudden you have
- 3114 people on one side of town who are behind bars, not
- 3115 addressing the issue of addiction. But on the other side of
- 3116 town, the other person is actually getting support.
- Do you believe that that has been going on in America
- 3118 far too much?
- 3119 *Ms. LaBelle. I think we have two bifurcated systems of
- 3120 how we treat addiction. And I think that has been with us
- for a very long time, and we are going to work on that.
- 3122 *Mr. Cardenas. Okay. Well, I look forward to speaking
- 3123 to you in the future, and --
- 3124 *Ms. LaBelle. Yes.

- 3125 *Mr. Cardenas. -- and also working with you --
- 3126 *Ms. LaBelle. Yes.
- *Mr. Cardenas. -- both as a legislator and as two
- 3128 Americans, to make sure that we get a system that is much
- 3129 more appropriate for addressing issues for all of us.
- 3130 Thank you so much, I yield back.
- 3131 *Ms. LaBelle. Thank you, sir.
- *Ms. Eshoo. The gentleman yields back. We now have two
- 3133 members that have waived on to our subcommittee, and we
- 3134 welcome you. It is always a pleasure to have our colleagues
- 3135 from the full committee be a part of our subcommittee.
- 3136 So the chair will recognize the gentleman -- and he is a
- 3137 gentleman -- from New York, Mr. Tonko, for his five minutes
- 3138 of questions. And he has been very active on the issue of
- opioids, especially, as I recall, fighting for more beds so
- 3140 that patients would really get the care that they need.
- 3141 You are recognized.
- 3142 *Mr. Tonko. Thank you, Madam Chair. Can you hear me?
- *Ms. Eshoo. I can. Talk a little louder, though.
- *Mr. Tonko. Okay, thank you, Madam Chair, and thank you
- 3145 for allowing me to waive on.
- I am indeed thankful to hear about the leadership
- 3147 already put forward by the Biden-Harris Administration, and
- 3148 want to express gratitude to you, Acting Director LaBelle,
- 3149 for agreeing to testify today, and thank you for your

- 3150 leadership.
- I am a proud sponsor of two pieces of legislation being
- 3152 considered today, including the Medicaid Reentry Act and the
- 3153 Mainstreaming Addiction Treatment, or MAT, Act. These two
- 3154 bipartisan bills are considered some of the most effective
- 3155 policy actions that we can take at reducing opioid overdoses.
- 3156 The Medicaid Reentry Act would empower states to restore
- 3157 Medicaid eligibility for incarcerated individuals up to 30
- 3158 days before their release to ensure those transitioning will
- 3159 have immediate access to critical services, including mental
- 3160 health support, addiction treatment, and COVID testing.
- 3161 Granting states the ability to jumpstart Medicaid coverage
- 3162 for these individuals will mean they are not only able to
- 3163 receive lifesaving treatment for mental health, substance use
- disorders, and other conditions; it will also help them stay
- out of our already-overburdened hospitals, and on the path to
- 3166 recovery and rebuilding their lives.
- 3167 As ONDCP identifies ways to reduce the increasing number
- 3168 of overdose deaths, and to strengthen access to evidence-
- 3169 based substance use disorder treatment services and
- 3170 medications, would passage into law of the Medicaid Reentry
- 3171 Act help to achieve these important goals?
- 3172 *Ms. LaBelle. Thank you, Congressman, for your
- 3173 leadership on these important issues.
- 3174 So I am a strong believer that we need to make sure that

- 3175 people, regardless of their circumstances, have access to
- 3176 evidence-based treatment. And providing incarcerated
- 3177 populations access to treatment before they leave is one way
- 3178 to do that.
- 3179 We also need to make sure that we follow up, that there
- 3180 are re-entry tools available to help people with their
- 3181 recovery. And actually, upstate New York has a lot of great
- 3182 examples. Buffalo MATTERS is one good example.
- 3183 So this is a high-risk population that we need to get
- 3184 services to.
- 3185 *Mr. Tonko. Thank you so much. And I heard your
- 3186 earlier comments about giving your undivided attention to
- 3187 some of the issues concerning the X-waiver. So I also ask
- 3188 for your commitment to prioritize the elimination of the X-
- 3189 waiver in order to deliver on President Biden's promise to
- 3190 expand access to medication-assisted treatment. I ask that
- 3191 you examine all actions you can to take on this -- support
- 3192 passage of our Mainstreaming Addiction Treatment Act, the MAT
- 3193 Act, in order to accomplish this goal.
- 3194 So a couple of questions. Are you aware that, after
- 3195 France took similar action to make Buprenorphine available
- 3196 without a specialized waiver, opioid overdose deaths declined
- 3197 by some 79 percent over, I believe it was, a 4-year period?
- 3198 *Ms. LaBelle. Yes, I am familiar with the research,
- 3199 thanks. Yes.

- 3200 *Mr. Tonko. Yes. And again, I thank you for your
- 3201 attention to this matter.
- Are you aware that in 2020 the number of waivered
- 3203 physicians accounted for only 5.9 percent of the total active
- 3204 physicians?
- 3205 *Ms. LaBelle. Yes, sir.
- *Mr. Tonko. And are you aware that, in 2018, 40 percent
- of counties in the U.S. did not have a single waivered
- 3208 provider?
- 3209 *Ms. LaBelle. Yes.
- 3210 *Mr. Tonko. And are you aware that providers can
- 3211 already prescribe Buprenorphine without additional training,
- 3212 but only when treating pain?
- 3213 The X-waiver training to prescribe Buprenorphine only
- 3214 applies to providers treating patients with opioid use
- 3215 disorder.
- 3216 *Ms. LaBelle. Yes.
- 3217 *Mr. Tonko. Okay, so today I would like to submit a
- 3218 letter for the record signed by a number of groups, including
- 3219 the Association for Behavioral Health and Wellness of the
- 3220 Kennedy Forum, Shatterproof, Mental Health America, National
- 3221 Association of Attorneys General, the National Alliance on
- 3222 Mental Illness, the National Council for Behavioral Health,
- 3223 and many other groups.
- 3224 And I would indicate that they write -- and I quote --

- "The existence of the X-waiver sends a terrible message to
- 3226 practitioners and the public alike, that treating OUD with
- 3227 Buprenorphine requires separate, stigmatizing rules, and that
- 3228 Buprenorphine is inherently more dangerous than the powerful
- 3229 opioids that have fueled this crisis.''
- 3230 So I fully agree that the X-waiver reflects a
- 3231 longstanding stigma around substance use treatment, and sends
- 3232 a message to the medical community that they lack the
- 3233 knowledge or ability to effectively treat individuals with
- 3234 substance use disorder. So do you agree that the X-waiver
- 3235 sends a terrible message to practitioners and the public
- 3236 alike, and increases stigma?
- 3237 *Ms. LaBelle. I think there is a great deal of stigma
- 3238 in every aspect of our addiction system, and this -- you
- 3239 know, the Buprenorphine waiver is just one element.
- 3240 *Mr. Tonko. Okay. Well, again, I thank you for your
- 3241 devotion to this issue and, again, for your open-mindedness
- 3242 as you approach it.
- 3243 *Ms. LaBelle. Certainly, thank --
- *Mr. Tonko. With that, Madam Chair, I yield back, and
- 3245 thank you again.
- 3246 *Ms. Eshoo. The chair thanks the gentleman, and the
- 3247 letters will be placed in the record at the end of the
- 3248 hearing.

3250	[The information follows:]
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3252	**************************************
3253	

- 3254 *Mr. Tonko. Thank you.
- 3255 *Ms. Eshoo. So thank you for joining us.
- And now we are going to switch back to a member of the
- 3257 subcommittee before we go to Mr. O'Halleran, who is waiving
- 3258 on.
- 3259 To Mrs. Fletcher from Texas, you are recognized for your
- 3260 five minutes of questions. Great to see you.
- 3261 *Mrs. Fletcher. Thank you so much, Madam Chairman. It
- 3262 is great to see you, and I am so grateful that you are
- 3263 holding this important hearing today.
- 3264 It is clear from the data and the testimony today that
- 3265 substance abuse disorders are an epidemic in this country.
- 3266 And my hometown of Houston is not immune. The pandemic has
- 3267 also exacerbated this crisis. Tragically, first responders
- 3268 in Houston reported a 17 percent increase in overdoses in the
- 3269 second quarter of 2020, compared to that same time period in
- 3270 2019. So I really appreciate that the committee is holding
- 3271 this hearing today.
- The alarming drug use overdose statistics are
- 3273 staggering. They are deeply concerning. However, I want to
- 3274 acknowledge that substance use disorder is a diagnosable and
- 3275 treatable disease. We have FDA-approved medications and
- 3276 evidence-based treatment that work. Patients with substance
- 3277 use disorder can and do recover, and they go on to lead
- 3278 meaningful lives in our society.

- In fact, the Biden Harris cabinet includes department
- 3280 heads like Secretaries Marty Walsh and Deb Haaland, who are
- 3281 both open about their long-term recovery from substance use
- 3282 disorders. They exemplify the fact that recovery is
- 3283 possible.
- My first question for you, Acting Director LaBelle, in
- 3285 your experience talking to communities across the country,
- 3286 what benefits do you hear about when it comes to efforts like
- 3287 recovery housing, college and high school recovery programs,
- 3288 and other peer support services?
- 3289 *Ms. LaBelle. Thank you, Congresswoman, for asking that
- 3290 question. Recovery is something that is a relatively new
- 3291 area of research. But we know -- I mean, I think all of us
- know people who have benefitted from recovery facilities.
- 3293 Recovery high schools, I mean, literally, save lives. And so
- 3294 I think recovery supports -- having people, peer support
- 3295 workers, working with folks in early recovery is a really
- 3296 important part. It is in our -- included in our policy
- 3297 priorities, and something that we look forward to working --
- 3298 *Mrs. Fletcher. Thank you so much. And I just want to
- 3299 follow up with that. Can you talk a little bit about the
- 3300 ways the federal government supports Americans in long-term
- 3301 recovery, and how your office plans to build on or improve
- upon those efforts?
- 3303 *Ms. LaBelle. Sure. So in a couple of ways. One is,

- as I mentioned, we have hired people who are in long-term
- 3305 recovery in our office. We engage people in recovery in all
- of our work. We will continue to engage people in recovery,
- and not just to tell their stories, but to engage them in the
- 3308 policy development process and implementation process. Those
- 3309 are two ways.
- 3310 Also, we intend to work with the -- with HHS on
- 3311 expanding recovery support services and -- as well as
- 3312 research on what works best with different communities, and
- 3313 making sure we have culturally-competent recovery services
- 3314 across the country.
- *Mrs. Fletcher. Well, thank you for that explanation,
- 3316 and thank you for all the recovery-related efforts that you
- 3317 and the Administration are working on, and plan to put
- 3318 forward. I appreciate your testimony here today.
- And again, I appreciate you, Madam Chairwoman, holding
- 3320 this hearing. And with that I will yield back the balance of
- 3321 my time.
- *Ms. Eshoo. The gentlewoman yields back, and now it is
- 3323 a pleasure to welcome back to our subcommittee the gentleman
- from Arizona who is waiving on, Mr. O'Halleran.
- You have five minutes for your questions, and thank you
- 3326 for --
- *Mr. O'Halleran. Thank you, Madam Chair -- I appreciate
- 3328 it -- and Ranking Member, for putting on this meeting in a

group that historically has been very bipartisan in 3329 3330 addressing these types of issues. And I am looking forward to that occurring throughout this process and these bills. 3331 You know, I have -- this is a different time, different 3332 3333 place, different drugs, but here we are -- all are again, sitting here. I was addressing it as a police officer back 3334 in the 1970s, drug overdoses, drug crime. As far as how it 3335 was dealt with then, a lot of things have changed, but we 3336 still have a problem that is a continuing problem, day in and 3337 day out. And our families are being devastated by this, and 3338 we need to address it. And I know this group feels that way. 3339 But it is a comprehensive approach. It is not just one 3340 piece or another piece. It has to be comprehensive, taking 3341 into account the disparities within our society, taking into 3342 account the real elements of what causes this, and how do we 3343 get the therapists necessary to address this issue. 3344 And that is especially true in areas like rural America. 3345 3346 We are short of doctors, anyway. We are short of therapists to a high degree. We have distances for patients to travel 3347

In August of this year -- last year, I should say -- 507 people died from overdoses. And anybody that hasn't been

coming around at a higher level later on, but not

in Arizona every day.

that are unreasonable. I know telemedicine is going to be

immediately, and we have to do something now. Two people die

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- around somebody that has died from an overdose, and watched
- 3355 them die, I can guarantee you -- I am glad the families don't
- 3356 have to see it as much as the rest of society sees it when it
- 3357 happens in the public arena. But everybody should know that
- 3358 this is a tragic example of how America treats people with
- this type of health problem.
- And so, Ms. LaBelle, thank you for being here,
- obviously, but how is the Administration planning on
- 3362 addressing the opioid -- in rural America?
- Now, I want to -- I don't see a health care issue,
- 3364 whether it is the VA or anything else dealing with health
- 3365 care, where there are specialists, where there are
- therapists, and our patients sometimes have to drive 10 hours
- 3367 round trip to get there. If you are calling from -- for an
- 3368 overdose, you have to have people that -- it might take an
- 3369 hour for people to get -- even get to the house. And that is
- just something that has to be addressed immediately. So I am
- interested in how to address that.
- And by the way, hospitals are declining in rural
- 3373 America, they are not increasing.
- 3374 *Ms. LaBelle. Thank you, Congressman. So I think in a
- 3375 couple of ways. One is you mentioned how long it takes for
- 3376 -- it might take a first responder to get to a rural area to
- 3377 resuscitate someone who has experienced an overdose. So the
- 3378 first thing we want to do is make sure that we expand

- 3379 Naloxone availability across the country, particularly in
- 3380 rural areas, to people who are at risk.
- 3381 The second piece of what you talk about -- and this is
- 3382 going to take a little longer -- is the workforce issue. As
- 3383 identified before, we have shortages. You just said, you
- 3384 know, you have health care shortages that are already
- 3385 predominant in rural areas. So we need to get -- and
- 3386 specifically in targeted areas, with high rates of overdose,
- or high rates of substance use disorder generally -- get the
- 3388 addiction workforce, the trained addiction workforce
- available, and encourage them to stay there through loan
- 3390 repayment programs. So we will be working with our
- 3391 colleagues at HHS on those workforce issues that are
- 3392 important in rural America.
- 3393 *Mr. O'Halleran. And I know that you have just started
- on this, so I appreciate the need for some time to get this
- 3395 going. But I think the people of America, and the people of
- 3396 rural America especially, would appreciate the ability to see
- 3397 a plan of action, not a plan that is going to take two years,
- 3398 three years to get it --
- 3399 *Ms. LaBelle. Right.
- *Mr. O'Halleran. -- addressed, and then the workforce
- 3401 issue is imperative. It is just imperative.
- And the realization, again, that this is not just one
- 3403 piece, it is not waking up in the morning and saying, "I have

- 3404 an addiction to opioids.'' It is a process of lifestyle, it
- is a process of being -- not being able to get jobs, or --
- 3406 alcoholism is part of it. It is a vast issue for this huge
- 3407 country of ours, and it hasn't been addressed in the
- 3408 appropriate way for decades.
- 3409 And I thank you, and I yield back.
- 3410 *Ms. LaBelle. Thank you.
- *Ms. Eshoo. All right. Well, the gentleman yields
- 3412 back.
- And I want to thank you, Doctor. I don't know when you
- 3414 -- you probably didn't realize, when you signed on and said
- yes to us, that you were going -- would be willing to come
- 3416 and testify today, that you would be with us for, let's see,
- 3417 10:30, 1:30 -- three hours and 10 minutes.
- What it demonstrates is what a deep and broad interest
- 3419 and concern every single member of the subcommittee has. And
- you heard firsthand what they see and have experienced in
- their districts, in their own families and extended families,
- 3422 and their knowledge of the various policies that have been
- 3423 proposed, legislation that we have put on the books, more --
- 3424 you know, bipartisan bills that are being voted on in the
- 3425 House today.
- 3426 So we look forward to working with you to put more than
- 3427 a dent in this. We have a lot of work to do. But you have a
- 3428 subcommittee that wants to work hand-in-hand with you.

- 3429 *Ms. LaBelle. Right.
- 3430 *Ms. Eshoo. And to the extent that your agency
- 3431 succeeds, then the -- it will be the betterment of our
- 3432 country from this scourge that is taking place in people's
- 3433 lives. So we thank you. We thank you for being with us, and
- 3434 the time that you gave to us. And we will keep working
- 3435 together.
- Now it is a pleasure for me to welcome our second panel
- of witnesses. Let me introduce them to you: Mr. Geoffrey
- 3438 Laredo, a principal at Santa Cruz Strategies LLC; Ms.
- 3439 Patricia Richman, National Sentencing and Resources Counsel
- 3440 for the Federal Public and Community Defenders; Mr. Mark
- 3441 Vargo is the Pennington County State's Attorney, and the
- 3442 legislative committee chairman for the National District
- 3443 Attorneys Association; Dr. Timothy Westlake is the emergency
- 3444 department medical director at the Pro Health Care Oconomowoc
- 3445 -- let me do this again, Oconomowoc Memorial Hospital, I got
- 3446 it done, I did it -- and last, but not least, Dr. Deanna
- 3447 Wilson, who is the assistant professor of medicine and
- 3448 pediatrics at the University of Pittsburgh School of
- 3449 Medicine.
- Welcome to each one of you, and thank you for your
- 3451 patience, for waiting in the wings. I am sure that you found
- 3452 it highly instructive, whenever you joined us in the
- 3453 testimony of the new acting director and, very importantly,

- the excellent questions of members of the subcommittee.
- So I am going to go to you, Mr. Laredo, for your five
- 3456 minutes of testimony.
- And thank you again to each one of you, a panel of just
- 3458 superb experts who -- you should each know will be highly
- 3459 instructive to each one of us.
- So, Mr. Laredo, you are recognized for your five minutes
- 3461 of testimony. Remember to unmute, please.
- 3462 *Mr. Laredo. Thank you so much, and I hope that you can
- 3463 see and hear me okay this afternoon.
- *Ms. Eshoo. I can, thank you.

- STATEMENT OF GEOFFREY M. LAREDO, PRINCIPAL, SANTA CRUZ 3466 STRATEGIES, LLC; PATRICIA L. RICHMAN, NATIONAL SENTENCING AND 3467 RESOURCES COUNSEL, FEDERAL PUBLIC AND COMMUNITY DEFENDERS; 3468 MARK VARGO, PENNINGTON COUNTY STATE'S ATTORNEY, LEGISLATIVE 3469 3470 COMMITTEE CHAIRMAN, NATIONAL DISTRICT ATTORNEYS ASSOCIATION; TIMOTHY WESTLAKE, M.C., F.F.S.M.B., F.A.C.E.P., EMERGENCY 3471 3472 DEPARTMENT MEDICAL DIRECTOR, PRO HEALTH CARE OCONOMOWOC MEMORIAL HOSPITAL; AND J. DEANNA WILSON, M.D., M.P.H., 3473 ASSISTANT PROFESSOR OF MEDICINE AND PEDIATRICS, UNIVERSITY OF 3474 PITTSBURGH SCHOOL OF MEDICINE 3475 3476 STATEMENT OF GEOFFREY M. LAREDO 3477
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*Mr. Laredo. Chairwoman Eshoo, Ranking Member Guthrie, 3479 members of the subcommittee, thank you so much for inviting 3480 3481 me here today. My name is Geoffrey Laredo. I am a substance 3482 use and addiction policy expert who retired from the federal civil service in 2018, after serving for 30 years in a 3483 variety of policy positions, mostly within the U.S. 3484 3485 Department of Health and Human Services. Twenty-two of those years were at the National Institutes of Health, where I 3486 advocated, as appropriate, for science and scientists, 3487 research and researchers. I continue that work now, as a 3488 3489 consultant.

*Voice. See, I have never had to do that before.

- 3491 *Mr. Laredo. Thanks also for continuing your focus on 3492 the addiction crisis in the United States.
- This committee has, for several years, written in

 advance legislation aimed at a broad array of addiction

 research, prevention, treatment, and recovery issues. And it

 was my honor to work with you and your staffs on those bills.
- You are considering a range of legislative proposals

 addressing the addiction crisis. One of those is the

 potential class-wide scheduling of fentanyl-like compounds.

 And because of that issue's timeliness, and my experience

 working on it as a legislative and policy staff at the
- National Institute on Drug Abuse, that is where I have focused my testimony.
- It is absolutely crucial to define what we care about.

 As a public policy professional especially focused on public health, what I care about is morbidity and mortality. Every aspect of our nation's drug policy must be laser-focused on decreasing disease and death.
- How do we decrease both, and how do we advance evidencebased practices to achieve both?
- Class-wide scheduling is not the road to success.

 Despite alternative claims, to my knowledge there just isn't
- any credible evidence to show where the class-wide scheduling
- of any compound actually reduces morbidity and mortality.
- 3515 Conversely, there is ample evidence that properly funded and

scaled research programs and evidence-based services can 3516 3517 dramatically reduce morbidity and mortality.

Further, proposals to increase the use of class-wide 3518 scheduling minimize or eliminate the role of health agencies 3519 3520 in this process. This is just unacceptable. Health agencies should have the primary, if not the sole, responsibility for 3521 deciding how or whether to schedule compounds. 3522 I don't support including the Drug Enforcement Administration in this 3523 decision process, and I would strongly support removing the 3524 3525 agency from the process as it currently stands. Let health and medical authorities do the work of health and medicine, 3526 and let's provide them appropriate resources to do that work. 3527

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I think you are familiar with the arguments around the difficulties of conducting schedule one research; you have talked about that a bit today. Since our time here is limited right now, I won't delve into those details. We tried hard when I was at NIDA to work with the DEA and the FDA to streamline that process. We reached some agreement, but it was unclear to me, frankly, whether any of those steps have actually really been taken. And I have to say this was not a pleasant process, and I will come back to that in a moment.

Researchers have clearly shown that similarities in the chemistry of certain compounds do not necessarily equate to similar abuse liability. This is really important when 3540

- discussing requirements for a schedule one designation, and I
 refer you to Dr. Sandra Comer and colleagues' work, as I
 mentioned in my written statement.
- So we find ourselves in a situation where placing an 3544 3545 entire class of compounds into schedule one would clearly delay and deter research on exactly what you have been 3546 3547 begging for, additional and improved solutions for opioid addiction, overdose reversal medications, and other 3548 medications' development results that we perhaps haven't even 3549 3550 thought about. Why would we take a class-wide scheduling action at exactly the time that we need to be increasing and 3551 accelerating potentially lifesaving work? 3552
- In my written statement, I also describe steps we took
 in an effort to improve the overall situation. I hope you
 will read those details. They are pretty unpleasant. Not
 only did we not succeed, but senior DEA staff actually told
 me that I personally -- and NIDA, as an agency -- were,
 "aiding and abetting drug dealers.'' That is pretty
 outrageous.
- That said, I am not naive, and I do understand the
 difficult position that the subcommittee and the full
 committee is in. I understand the politics. I understand
 the optics, and the possible need for compromise. I also
 understand that you might choose to implement class-wide
 scheduling. Such implementation without addressing crucial

- research issues would be a setback for our field. If you
 move in that direction, I strongly recommend that you include
- in your decision provisions that, for research purposes,
- two; truly streamline the process for obtaining a schedule

treat all schedule one compounds as if they were in scheduled

- one license; don't create separate licensing and process
- 3572 requirements for different classes of compounds; and finally,
- 3573 facilitate the de or rescheduling of compounds when
- 3574 scientists verify that that would be justified.
- 3575 Members of the subcommittee, you focused a lot of time
- 3576 and effort on these issues over the past several years. So
- 3577 have other committees. If we are all really serious about
- 3578 this health issue, then I think you deserve to take and have
- 3579 the lead on legislation guiding those efforts.
- We should listen to science and scientists, and help
- 3581 them do their jobs. We should be thoughtful, especially in
- 3582 the face of significant disease and death. We should make
- 3583 the wise choice, and avoid the knee-jerk reaction of just
- 3584 trying to "ban'' substances that might or might not be
- 3585 helpful.

- 3586 And they might or might not -- excuse me, they might or
- 3587 might not be harmful, and they might or might not be helpful.
- 3588 By doing so, we will help find answers that will improve
- 3589 conditions in the field.
- 3590 *Ms. Eshoo. Thank you, Mr. --

3591	*Mr. Laredo. Thank you so much for the honor of sharing
3592	my views with you, and I will be glad to discuss these issues
3593	further.
3594	[The prepared statement of Mr. Laredo follows:]
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3598	*Ms. Eshoo. Thank you very much, Mr. Laredo. We
3599	appreciate your being with us, your willingness to testify,
3600	and the content of your testimony.
3601	Next the chair would like to recognize Ms. Richman for
3602	five minutes for your testimony.
3603	And thank you for being a witness, and for your
3604	patience, and for your willingness to be instructive to us.
3605	We are all ears, so you may proceed.
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3607 STATEMENT OF PATRICIA L. RICHMAN

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- *Ms. Richman. Thank you, Chairwoman Eshoo, Ranking

 Member Guthrie, members of the subcommittee for inviting me

 to this hearing today, and the opportunity to share my

 perspective. I, too, will focus my remarks today on why this

 committee should reject the permanent or continued class-wide

 scheduling of fentanyl analogues.
- Yesterday Senators Booker, Markey, Hirono, Warren, and
 Whitehouse wrote President Biden to caution against "adopting
 a policy explicitly designed to expedite drug prosecutions
 and increase penalties.'' I urge you to follow their advice.
- We are in the midst of a national reckoning over police
 officers' use of force against communities of color. Last
 Sunday Dante Wright was killed just 10 miles from where a
 police officer is on trial for the killing of George Floyd.
 Incidents like these are, in part, the product of a tough-oncrime culture focused on punishment, instead of preventative
 community and health solutions.
- Maryland, I witnessed the impact of these punitive practices.

 My clients faced harsh sentences for drug offenses. In

 recent years, nearly 80 percent -- 80 percent -- of people

 who received drug mandatory minimums in Maryland's federal

 courts are Black, even though they make up only 42 percent of

As a former federal public defender in Baltimore,

- 3632 the state's population.
- And there is no bright line between user and seller.
- 3634 The vast majority of my clients grappled with substance use
- 3635 disorder, and many had lost friends and family members to the
- 3636 overdose crisis. This crisis is a complicated problem.
- 3637 Today I ask this committee not to repeat past mistakes.
- 3638 Over the past decade, bipartisan efforts such as the Fair
- 3639 Sentencing Act of 2010 and the First Step Act moved in the
- 3640 right direction. And President Biden has pledged to end
- 3641 mandatory minimums, reduce racial disparities in the criminal
- 3642 legal system, and shift drug policy towards public health
- 3643 solutions.
- Today fear and misinformation are being used to support
- 3645 class-wide scheduling of fentanyl analogues, and I ask you to
- 3646 look to the evidence. To be clear, harmful fentanyl
- 3647 analogues are illegal, with or without class-wide scheduling.
- 3648 If the class-wide expires on May 6, no harmful fentanyl
- 3649 analogue will become legal.
- During the three years that the ban has been in place,
- 3651 many experts have examined whether the class-wide approach
- 3652 works. They have asked two core questions: first, does
- 3653 class-wide scheduling actually reduce overdose deaths;
- 3654 second, does class-wide scheduling reduce the supply of
- 3655 harmful substances in our country? The answer to both
- 3656 questions is no.

- These are the facts, according to the CDC and the GAO. 3657 The CDC has reported that, during the three years the ban has 3658 been in place, the number of overdose deaths attributed to 3659 fentanyl and fentanyl analogues has continued to rise, and 3660 3661 fentanyl and fentanyl analogues have continued to enter the country in large quantities. The recent GAO study found that 3662 "seizures of fentanyl and its analogues entering the U.S. 3663 ports increased substantially from 2017 to 2020.'' 3664 And a chorus of voices, public health experts, 3665 3666 scientists, and impacted people in the criminal justice community have also identified ways that class-wide 3667 scheduling is counterproductive and unnecessary. 3668 3669 Public health experts warn that, even if there is a shift away from novel fentanyl analogues, it will be to 3670 something even more potent and harmful. 3671 Scientists warn that blanket bans of substances impede 3672 scientific research, and may delay or eliminate the discovery 3673 of badly-needed antidotes and treatments. Thev have 3674 identified specific substances that have been improperly 3675 3676 scheduled by the ban, and have therapeutic promise. And the criminal justice community cautions that class-3677 wide scheduling would expand mandatory minimums, exacerbate 3678 racial disparities, and eliminate crucial checks against DEA 3679
- 3681 Federal sentences for fentanyl analogues increased

overreach.

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nearly 6,000 percent between 2015 and 2019, and people of
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      color made up 68 percent of those cases in 2019. That year,
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      mandatory minimums were imposed in more than half of those
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      cases. Meanwhile, class-wide scheduling has not been used to
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      prosecute kingpins, but to continue the failed practice of
      prosecuting low-level players. This practice does not
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      disrupt supply, or the real driver here, demand.
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           Class-wide scheduling is not regulatory. It is
      punitive. We cannot incarcerate our way out of this problem.
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      It is time to do the work to heal our communities and country
      by finding and building evidence-based, science-first
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      solutions that are proven to reduce demand and harm
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      associated with these substances.
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           And in addition to this work, the most important step
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      Congress can take to fix America's broken drug policy is to
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      end mandatory minimums, and to apply those changes
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      retroactively.
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           Thank you so much for the opportunity to testify today.
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           [The prepared statement of Ms. Richman follows:]
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*Ms. Eshoo. Thank you so much for your testimony. We
will now go to Mr. Vargo.

The chair recognizes you for your five minutes of
testimony, and thank you again for your willingness to be
with us, and the work that you do. You are now -- make sure
you unmute, please.

3711 STATEMENT OF MARK VARGO

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recovery.

*Mr. Vargo. Thank you, Chairwoman Eshoo, Ranking Member 3713 Guthrie, and to the rest of the committee. I am proud to be 3714 3715 here to represent the National District Attorneys Association, and very grateful that you invited us to 3716 participate in this very important set of hearings on this 3717 topic, which we all know is extremely dire at this moment. 3718 I was struck as I prepared to address you today by 3719 3720 Director LaBelle's characterization in an article she wrote a few years ago that addiction is the only disease where we 3721 expect people to diagnose themselves by hitting rock bottom. 3722 But then, you know, it dawned on me that perhaps we don't 3723 rely on them, but rather that all of you have been relying on 3724 3725 me, because it feels like we define rock bottom as arrest, incarceration, and criminal prosecution. And it is at that 3726

It is my hope that today we can discuss about ending
that mentality. And so everything that I tell you I want to
put through the lens of moving the point of the intercept.

Because the costs of waiting to intercept drug addiction are
disastrous, they are disastrous for the addict. And
Representative Kelly and Representative Cardenas, along with

Dr. Wilson, in her written testimony, have talked about how

moment that we want to mobilize the forces of addiction

- early treatment is necessary, and how our communities of color are being deprived that early treatment.
- 3738 It is also disastrous for our communities and our
- 3739 families. Fentanyl and all other drugs lead to abuse,
- 3740 neglect, and poverty. And methamphetamine, which remains a
- 3741 scourge in western South Dakota, adds to the problem. It is
- 3742 paranoia, hyper-vigilance, and aggression. People on
- 3743 methamphetamine are 10 times more likely to be violent if
- 3744 they use every other day than a -- even a meth addict who is
- 3745 presently in remission. And it is the only drug for which
- 3746 the most recent NIDA figures show an increase in drug
- overdose deaths, not just in combination with fentanyl or
- other synthetic opioids, but on its own.
- 3749 As prosecutors, we do what we can from where we are with
- 3750 what we have, and I am very proud of what we are doing from
- 3751 the point of intercept that has been assigned to us onward.
- 3752 Our diversion programs, which I went into extensively in my
- 3753 written testimony, are just one example of how we are trying
- 3754 to change the way that we engage with people who have
- 3755 addictions to ensure that they have the best chance possible
- 3756 to become productive, functioning members of our community.
- 3757 I am very proud of my staff, who, with very little budget,
- 3758 have put together a tremendous array of programming to give
- 3759 diversion candidates a chance of success.
- 3760 Because we have very little funding, and because we

- never ask our offenders to pay, we rely on a wide variety of
- 3762 community resources, including governments like the Oglala
- 3763 Sioux Tribe, and cultural and community programs like the
- 3764 Wambli Ska Pow-Wow, an indigenous American legacy.
- We tried to change behavior without the criminogenic
- 3766 consequences of a conviction. I would like to mention to you
- 3767 that NDAA has specifically supported Representative Tonko's
- 3768 MAT Act, Representative Curtis and Peters' Methamphetamine
- 3769 Response Act, and we support the extension of class-wide
- 3770 fentanyl analogue scheduling, and we support the EQUAL act,
- 3771 which would reform sentencing.
- But I want to take the little time that I have left to
- 3773 ask you three things.
- I am asking you to move the intercept point. The
- 3775 descriptions of the needs of our communities, our at-risk
- 3776 communities and our communities of color, are very stark. We
- 3777 need from Congress money in both the criminal justice system
- 3778 and before the criminal justice system. In other words, we
- need you to lead.
- 3780 Secondly, we need you to use us in state and tribal
- 3781 government as the laboratories of innovation. Representative
- 3782 Tonko, who in the last session talked about Buffalo MATTERS,
- 3783 an outstanding program that has been spearheaded by my friend
- 3784 and colleague, John Flynn, in Erie County. Programs like
- 3785 that within the criminal justice system, and programs like

3786	treatment programs that are being dealt with by programs like
3787	Native Healing and Native Women's Health Care, here in South
3788	Dakota, are very important. In other words, we need you to
3789	follow.
3790	And then finally, I ask you to reduce the federal
3791	collateral consequences of state court drug convictions. The
3792	origins of our diversion were that we recognized that people
3793	with minor drug convictions had major problems, largely based
3794	on federal law. In other words, we need you to get out of
3795	the way.
3796	And so with apologies to both Mr. Payne and to General
3797	Patton, we need you to lead, we need you to follow, and we
3798	need you to get out of the way.
3799	[The prepared statement of Mr. Vargo follows:]
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3803	*Ms. Eshoo. Mr. Vargo, thank you for your excellent
3804	testimony, really grabbing the attention of every single
3805	member. Thank you, and thank you for the superb work you and
3806	your organization do. Now the chair would like to recognize
3807	Dr. Westlake.
3808	Welcome to the committee. Thank you for being willing
3809	to be a witness and give testimony today, and for your
3810	patience in waiting for panel two to begin.
3811	So please unmute, so that everyone can hear you. And
3812	welcome, again.

3814 STATEMENT OF TIMOTHY WESTLAKE

overdosing.

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*Dr. Westlake. Great, thank you. Thank you, Chair 3816 Eshoo, Ranking Member Guthrie, and members of the 3817 3818 subcommittee, thank you for the opportunity to talk with you, and for your leadership. My name is Tim Westlake. 3819 full-time emergency physician, and the immediate past chair 3820 of the Wisconsin Medical Examining Board. I am a licensed 3821 provider and prescriber of Buprenorphine, and provide the 3822 3823 medical control for the statewide peer-to-peer recovery network that provides free Narcan education and access. 3824 was also the physician architect of the Wisconsin 3825 3826 Prescription Opioid Reform Strategy starting in 2014. I originated the idea of targeted fentanyl class 3827 scheduling while serving on the Wisconsin Controlled 3828 Substance Board, and got it enacted first in Wisconsin in 3829 3830 The DEA then temporarily put in place the same language federally in 2018. Before that point, scheduling of 3831 fentanyls was like a lethal game of Whack-A-Mole, as you have 3832 3833 heard before, except for me it was literally waiting for kids to die before we could control and stop the spread. 3834 As an emergency physician, I was beyond weary and 3835 heartbroken, having to tell parents, sometimes even friends 3836 3837 of mine, that their kids were never coming home again after

The inspiration for the fentanyl class scheduling reform 3839 arose out of the tragedy of my friend's son, Archie Badura. 3840 Archie was an altar server alongside my daughters in church. 3841 Archie first got hooked on prescription pills, and then IV 3842 3843 opioids. I resuscitated him on his second-to-last overdose. We pulled out a body bag and laid it out for him, warning him 3844 that he would end up in it if he didn't reach out for help. 3845 3846 He was able to stay clean for six months after that, but then fentanyl caught up with him, and ended his life like it has 3847 3848 for hundreds of thousands of other kids in our country. His mom, my good friend Lauri, remembers seeing me showing him 3849 the body bag in the emergency department. And the next time 3850 she saw that bag, Archie was being zipped up into it and 3851 taken away to the morque. 3852 3853 In 2020 Congress enacted a temporary extension of what I like to refer to as the "Archie Badura Memorial Fentanyl 3854 Class Scheduling Language, '' closing a loophole in federal 3855 drug law which cartels have been exploiting for years to 3856 create and then legally distribute these deadly substances. 3857 3858 Now is not the time to eliminate a proven harm reduction and overdose prevention strategy. 3859 When looking for policy and legislative solutions to the 3860 fentanyl devastation that is wreaking havoc in our country, 3861 it is critical to look at this situation from the proper 3862 perspective. Unlike marijuana, hallucinogenic, cocaine, or 3863

even heroin, fentanyls are so toxic and lethal that can be --3864 3865 that they can be classified and actually can be used as chemical weapons. A lethal dose is two milligrams, meaning 3866 that one teaspoon, which is what is in this packet of sugar, 3867 3868 can kill 2,000 people; 24 pounds is more than enough to kill all 5.4 million residents of Metropolitan Washington, D.C. 3869 3870 The effects of the three years of fentanyl class scheduling are clear: the creation and distribution of 3871 finished fentanyl and fentanyl-related substances from China 3872 has ground to a halt. Most importantly, according to the 3873 National Forensic Laboratory Information System, overdose 3874 deaths related to fentanyl-related substances -- newly 3875 3876 created fentanyl-related substances -- have effectively In Florida, in comparison, between 2016 and 2017 3877 ceased. there were 2,500 deaths attributed to fentanyl-related 3878 substances themselves. During that same time in New York 3879 3880 City, there were 900 deaths in the city alone. 3881 Concerns about potential negative consequences on research and increased incarceration simply really have not 3882 3883 materialized. Most research concerns raised in opposition are theoretical, and seem to be focused on schedule one 3884 research writ large, and are not specific to fentanyl-class 3885 research itself. In clarification, there are an exceedingly 3886 3887 small number of researchers who have studied and -registering to study the fentanyls, approximately 30 in 3888

- 3889 total, with many of these being DEA and Department of Defense
- 3890 subcontractors focused exclusively on the analysis,
- 3891 detection, and attempt to understand the harm of these
- 3892 substances. The only dampening or restricting of research
- 3893 has been purely theoretical.
- Fentanyl and its derivatives have been extensively
- 3895 researched since discovery in 1960, and in that time not one
- 3896 fentanyl-based reversal agent or medication-assisted
- 3897 treatment has ever been found in the 60 years since.
- Naloxone and Narcan work exceedingly well at reversing
- overdoses from all opioids, including fentanyl and fentanyl-
- 3900 related substances. This is something I, unfortunately, see
- 3901 sometimes on a daily basis. If it wears off, then more can
- 3902 easily be administered. Kids die because they ingest a
- 3903 lethal dose of toxic opioids, not because Narcan isn't
- 3904 effective.
- 3905 Opposition posits that the Analogue Act is sufficient to
- 3906 control any new fentanyl-related substances. But if that
- 3907 were the case, all 50 attorney generals, including then
- 3908 California AG Xavier Becerra, wouldn't have crossed the
- 3909 aisle, coming together two years ago, to ask Congress to
- 3910 enact this language, and we wouldn't be discussing it here in
- 3911 this hearing right now.
- 3912 It is important to understand using the Analogue Act is
- 3913 a reactive strategy. It often reacts to the deaths of

- hundreds or thousands of our kids. Over-incarceration has simply not been seen. In fact, in the three years since the class scheduling has been in place, there have been a total of eight federal prosecutions, half of whom already have
- known ties to drug cartels. It is because this is not a law enforcement bill, this is a prevention bill.
- Regarding the mandatory minimums, the amount that
 triggered the minimums are 10 and 100 grams, which at first
 glance seems harsh. But it is critical to remember that that
 is enough to kill 5,000 and 50,000 people, respectively.
- Also setting the record straight, there have been zero prosecutions for non-bioactive fentanyl-related substances.

 This is due to the fact that all fentanyl-related substances encountered and researched to date have been found to be
- 3928 strong and potent opioids. Benzyl fentanyl is not

classifiable as a fentanyl-related substance.

- I would suggest that so little incarceration is

 occurring as a result of the fentanyl class scheduling
- because it is, first and foremost, an overdose prevention and harm reduction tool and strategy originated by me, an
- 3934 emergency physician, who was beyond weary having to tell more
- 3935 parents that their children would never be coming home.
- 3936 *Ms. Eshoo. Dr. Westlake, can you just summarize in a 3937 sentence or two, because your time has expired?
- 3938 *Dr. Westlake. I am sorry, yes. The solution is not to

3939	allow the expiration of the fentanyl class scheduling.
3940	Congress should enact the Archie Badura Memorial Fentanyl
3941	Class Scheduling language seen in the bipartisan FIGHT
3942	Fentanyl Act.
3943	We need to deploy every
3944	*Ms. Eshoo. Thank you very much. Thank you, Doctor, we
3945	appreciate you being with us, and for your testimony.
3946	[The prepared statement of Dr. Westlake follows:]
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- *Ms. Eshoo. Last but not least, the chair recognizes

 Dr. Wilson for five minutes for his testimony, and -- your

 testimony.
- And thank you again for your patience in waiting for panel two to begin, and we are ready to hear from you. So thank you very much. Lovely to see you, and thank you for joining us.
- 3957 *Dr. Wilson. Chairwoman --
- 3958 *Ms. Eshoo. And please unmute.

STATEMENT OF J. DEANNA WILSON

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*Dr. Wilson. Chairwoman Eshoo and Chairman Pallone, 3962 Ranking Members Guthrie and Rodgers, and members of the 3963 3964 committee, thank you for the opportunity to speak with you today. My name is Dr. Deanna Wilson. I am a pediatrician 3965 and internist with subspecialty training in addiction 3966 3967 medicine. I am an assistant professor at the University of Pittsburgh, where I teach students and physician trainees 3968 3969 about addiction, and I also conduct research focused on improving health equity and reducing disparities among 3970 vulnerable populations with substance use disorders. 3971 3972 The worsening overdose crisis and the setting of the COVID-19 pandemic has both unmasked significant health 3973 inequities, but has also created opportunities for us to 3974 rethink how we deliver care in ways that, one, prioritize 3975 3976 equity; two, increases treatment access; and three, increases 3977 our workforce's capacity to treat addiction. In cities like Philadelphia, while rates of overdose 3978 3979 deaths fell by 31 percent among White Americans, there was a concurrent increase by more than 50 percent among Black 3980 Americans. The racial and ethnic disparities and overdose 3981 rates today reflect our failure to center the needs of Black 3982

and Latinx communities, and address the underlying systemic

inequities, social inequalities, and structural racism that

3985 drive differential access and disparate treatment outcomes.

For example, we know that medications like buprenorphine and methadone substantially reduce the risk for both all-cause and overdose mortality, making them truly lifesaving.

And yet your race determines how likely you are to receive them. Black patients have 77 percent lower odds of receiving a buprenorphine prescription during an office visit, compared to White patients.

We must re-imagine how we deliver addiction treatment, partnering with community organizations like faith-based groups to rebuild trust and reduce stigma, supporting lowthreshold models of care that minimize barriers, preventing marginalized groups from being well-served by traditional health systems.

We need greater investment in how to support these programs, to document their efficacy, and to scale up their use.

4002 Secondly, we need improved treatment access. response to the COVID-19 emergency there has been greater 4003 4004 flexibility and funding to support telemedicine for the induction and maintenance of buprenorphine. Our ability to 4005 4006 engage patients who are unable to physically make it into 4007 clinic allows us to see patients who may never have linked 4008 to, or may have fallen out of care. We need legislation that permanently supports our ability to use telehealth, but we 4009

- 4010 also need initiatives making sure that telehealth is more
- 4011 equitable, such as supporting digital literacy and improving
- 4012 access to broadband coverage.
- Similarly, opiate treatment programs were granted
- 4014 flexibility to increase take-home doses of methadone.
- 4015 Preliminary studies show no increase in fatal overdose. This
- 4016 suggests the intense regulation of methadone distribution may
- 4017 be unnecessarily restrictive. We urgently need studies to
- 4018 further examine outcomes from this period, so we can reform
- 4019 methadone regulations to become both more evidence-based and
- 4020 patient-centered.
- In light of rising use of stimulants like
- 4022 methamphetamines and cocaine, we need to invest in research
- 4023 on effective medical therapies. We also need to remove
- 4024 current coverage gaps, limiting our ability to offer
- 4025 evidence-based behavioral treatments like contingency
- 4026 management.
- Similarly, we need to reform policies that contribute to
- 4028 lags in addiction care for incarcerated individuals, post-
- 4029 release. Incarcerated individuals are 129 times more likely
- 4030 to die from an overdose within the first two weeks after
- 4031 release, compared to the general population. Lengthy lag
- 4032 times in reactivating insurance post-release contributes to
- 4033 potentially fatal return to use.
- In addition, we must recognize that abstinence-only

approaches to substance use treatment can further stigmatize 4035 and marginalize patients. Harm reduction services are not 4036 only effective at reducing harms associated with drug use, 4037 but by engaging patients who may be ambivalent over time. 4038 4039 They provide critical access points to link patients to addiction treatment when they are ready. We must remove 4040 regulatory barriers and thoughtfully implement and study 4041 4042 promising harm reduction interventions. Thirdly, we need to increase the capacity of our health 4043 4044 provider workforce to treat and normalize the care of patients with addiction. The regulatory barriers associated 4045 with prescribing buprenorphine, the X-waiver, have 4046 unnecessarily restricted access to lifesaving therapies. 4047 Removing the X-waiver is low-hanging fruit with the potential 4048 to drastically increase patient access. But at the same time 4049 we need to support training in addiction medicine for all 4050 providers. 4051 4052 For example, requiring education in addiction, including logistics on buprenorphine prescribing as part of DEA 4053 4054 registration would empower all providers with a DEA license learn how to recognize and treat patients with addiction. 4055 4056 If I may leave you with these three thoughts, one, we need to center equity in our policies and programming; two, 4057 4058 we have to use evidence-based strategies to expand access to

addiction treatment; and three, we must remove regulatory

4060	barriers and normalize the treatment of addiction by all
4061	providers. Thank you, I am happy to take any questions.
4062	[The prepared statement of Dr. Wilson follows:]
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4065	

- *Ms. Eshoo. Thank you very much, Doctor. The chair
- 4067 recognizes herself for five minutes of questioning.
- I would just note that, amongst you, the five witnesses,
- 4069 there seems to be a really sharp diversion on the issue of
- 4070 the expiration date, and how that should be handled. So I am
- 4071 not going to go into it, but know that it is clearly noted
- 4072 that there are just really sharp differences.
- We have two lawyers, two doctors, a researcher. This is
- 4074 really a very fine panel.
- In listening to you, I cannot help but think of FEMA
- 4076 coming into New York and other communities, setting up beds,
- 4077 treatment being made available to those that were tested
- 4078 positive for COVID. Now, I don't want to underestimate what
- 4079 treatment for opioid addiction is, but it seems to me that we
- 4080 need to ramp up on the urgency of this.
- I mean, to hear the doctor talk about the young person,
- 4082 and showing him a body bag, and saying that if he didn't do
- such-and-such a thing, that he would end up being zipped into
- 4084 it, and he was. So would each one of you want to comment on
- 4085 this?
- Don't we need more beds, more treatment, that we need to
- 4087 ratchet this up so that it matches the urgency that we all
- 4088 know this is?
- I just don't think that when we say that it is urgent,
- 4090 that we have to stem the tide of the deaths -- I think that

- 4091 we need strike teams. I think people in every community and
- 4092 every state around the country have to see that we are taking
- 4093 this seriously, and that we are going to do something about
- 4094 it.
- I mean, the number -- over 540,000 deaths due to COVID
- 4096 in this last year; 88,000 just for opioid. I mean, what, are
- 4097 we going to be satisfied with these numbers?
- So I invite any one of you to tell me that I am off
- 4099 track, that we need more treatment, we need more beds, we
- 4100 need help for people. I think our system is really
- 4101 fragmented.
- So I have used my time to really dump my thinking and my
- 4103 frustration and my emotions on you. But you are the experts,
- 4104 so I want to hear what you think. You can say yes or no to
- 4105 more beds, more treatment, more people trained, more money in
- 4106 the effort, if that is what it takes.
- 4107 But we need to -- I think that we have the capacity in
- 4108 this great country to go to near elimination of this.
- And when the district attorneys describe what they are
- 4110 left with, because we are not doing everything that we need
- 4111 to do -- these people are sick. They don't belong in the
- 4112 criminal justice system. Then we have to find money to pay
- 4113 for the people that are in jail, and in prisons before they
- 4114 leave. I mean, what are we doing?
- 4115 So who would like to start?

- Dr. Wilson, would you like to take it?
- *Dr. Westlake. Sure, I think --
- 4118 *Dr. Wilson. Yes --
- *Dr. Westlake. Oh, sorry.
- *Ms. Eshoo. Dr. Wilson?
- *Dr. Wilson. Yes. Thank you so much, Chairwoman Eshoo.
- 4122 I think that is a critical point. We absolutely need
- 4123 additional treatment. We need more access to evidence-based
- 4124 therapies, and we need to make sure that we have equitable
- 4125 access to evidence-based --
- *Ms. Eshoo. Are therapies not the right ones? I mean,
- 4127 have we not settled on what works?
- 4128 *Dr. Wilson. We have wonderful evidence that
- 4129 medications to treat opioid use disorder, like buprenorphine
- and methadone, are highly effective at keeping people alive.
- 4131 So I think the evidence and science is clear to show that
- 4132 that is the case.
- The problem is we are not getting the medical therapies
- 4134 to the patients and communities that need them. And so that
- 4135 is the huge treatment gap that we need urgent attention and
- 4136 action to address. And that means --
- *Ms. Eshoo. So like trying to get the vaccines, enough
- 4138 allotments, into the states and into the arms of people.
- Another one of the doctors want to comment? My time is
- 4140 just about gone, because I talk too much.

- 4141 Yes?
- *Dr. Westlake. Yes, Chairwoman, I think you are spot on
- 4143 with that.
- In the emergency department I would estimate between 10
- and 30 percent of the patients that I see, there is something
- 4146 to do relating to substance use disorder. Usually it is
- 4147 untreated. And so this is -- I think we are going to look
- 4148 back 30 years from now and say, you know, I can't believe
- 4149 that we were doing --
- *Ms. Eshoo. You can't -- you don't have the ability to
- refer them anywhere?
- *Dr. Westlake. Well, it depends on where you are at.
- 4153 So I am in a resource-rich community, and so I can. But so
- 4154 much of the state, especially the rural parts -- and that is
- where the telehealth expansion is really helpful. But there
- 4156 is so much that can be done, I think, moving forward.
- *Ms. Eshoo. Well, I thank each one of you. My time has
- 4158 expired, and I think you clearly know where I am.
- So now I would like to recognize, really, a wonderful,
- important member of our subcommittee, the ranking member, Mr.
- 4161 Guthrie, for his five minutes of questions.
- *Mr. Guthrie. Thanks, Madam Chair. And I want to say I
- 4163 think when -- somebody said it, they understand the politics
- and optics, and I certainly don't say there is not politics
- 4165 and optics in Washington, D.C., but I will tell you all of us

- are trying to figure this out, to get it right, because it is
- 4167 people's lives that we are dealing with.
- And one that really springs to me, I was touring a lot
- of opioid recovery centers when we were working on the
- 4170 SUPPORT and the CARES Act, and one guy -- Kentucky has a law
- 4171 that you can get -- if you are a minor user or so forth --
- 4172 expunged, but you can't get expunged if you sell. And that
- 4173 makes sense, when you think about it. But I met an
- 4174 individual who said about everybody who is addicted had some
- 4175 selling in their background, because I would buy 30 pills and
- 4176 sell three so I could afford the 30. But it was -- I was
- 4177 selling to support my habit. And so -- but if you read the
- 4178 book "Dreamland,'' there are completely pure criminal
- 4179 enterprises that prey on people like him.
- And so I don't think it is all one or the other. I
- 4181 think we have to figure out how we punish those who are truly
- 4182 criminal, and those who are being -- who are committing
- 4183 crimes -- committing to support their habit, if you -- and I
- 4184 said in my opening statement -- if you can help them with
- 4185 their addiction, then you help them with -- then the crime
- 4186 goes away with that.
- And so -- but I am concerned about the truly criminal
- 4188 enterprises that we have to deal with. And Dr. Westlake, in
- 4189 your testimony you did say that the goal of the fentanyl
- 4190 class scheduling is not to -- not locking up low-level drug

- users, but to stop the development of deadly fentanyl poisons
- 4192 at their origin, namely in drug labs overseas. That is the
- 4193 quote. And could you explain -- expand on this point, and
- 4194 further describe how the scheduling order is meant to prevent
- 4195 large-scale importation and distribution, and not target
- 4196 individuals with substance use disorder?
- Mr. Vargo, after, if you would comment on how you use
- 4198 this, as well, to focus on the -- more the large-scale
- 4199 criminal than the low-level user.
- So, Dr. Westlake?
- *Dr. Westlake. Sure, thank you. Thank you. The -- I
- 4202 think that the main point of the whole Act was to -- or the
- 4203 whole set of languages -- is to stop the creation of these
- 4204 substances, so that -- these substances have been very well
- 4205 -- there is very well-researched structure activity pathways
- 4206 that go back 60 years. And so it is simply -- it is as
- 4207 simple as plugging in a different chemical in a formula
- 4208 structure, like a cookbook.
- And so what that -- and those are very well laid out.
- 4210 And if you look at my testimony, my written testimony, I go
- 4211 through this in detail. I don't think I have the time to do
- 4212 that now.
- But the goal was to make those so that those would be
- 4214 illegal, so that the -- and they wouldn't be created because,
- 4215 again, it was this Whack-A-Mole game, where they are going

- 4216 around what is what is legal, and waiting for the Analogue
- 4217 Act, or waiting for the CSA to catch up with it, which would
- 4218 be a year or so, or maybe a couple thousand deaths.
- So this -- what this does, was this stops the -- and it
- 4220 disincentivizes them from doing that. I mean, granted, they
- 4221 may have switched over to producing illicit fentanyl, you
- 4222 know, but what it has done is it shut down the new fentanyl-
- 4223 related substance creation machine, the mine of new fentanyl-
- 4224 related substances, by -- again, by eliminating the
- 4225 incentives for that to happen.
- *Mr. Guthrie. Mr. Vargo, instead of answering that, can
- 4227 I just focus on a specific part of that?
- 4228 So -- and it was said earlier in testimony that, if the
- 4229 de-scheduling goes away, that they still remain illegal. But
- 4230 you have to use the Federal Analogue Act for them if they are
- 4231 not scheduled. And so could you talk about how that could be
- 4232 inconsistent jury findings?
- You have to present to a jury for -- that they fall
- 4234 under the Federal Analogue Act, and not -- that they are not
- 4235 illegal by law, they are illegal if you can prove they are
- 4236 illegal to a jury. Could you talk about that process, and
- 4237 why it would hamper your prosecutions of major criminals?
- *Mr. Vargo. Certainly, Representative Guthrie, and I
- 4239 will tell you that, obviously, I, as a state prosecutor,
- 4240 don't do a great deal of that now. I was, for 15 years, a

- 4241 prosecutor in the federal system, so I have some familiarity.
- 4242 I will tell you that it does appear that the -- both the
- 4243 goal and the effect of the class-wide scheduling have been
- 4244 effective. If we look at the -- what was happening before,
- 4245 we have kind of a before-and-after control group, if you
- 4246 will. And, as Dr. Westlake pointed out in his written
- 4247 testimony, the number of analogues that we are seeing at the
- 4248 border fell significantly after the passage of that
- 4249 legislation. In other words, the legislation worked in
- changing the game of Whack-A-Mole that we were playing with
- 4251 the Chinese laboratories that were creating new versions of
- 4252 fentanyl analogues.
- 4253 The -- as far as prosecution goes, I think it is
- 4254 illustrative that the article which -- by the Sentencing
- 4255 Guideline Commission recently identified only two cases since
- 4256 the passage of that legislation that were actually scheduled
- 4257 -- or sentenced under the fentanyl analogue class-wide
- 4258 scheduling. So it has not led to a large-scale
- incarceration, or even large-scale prosecution, but it has
- 4260 been effective in reducing the number of new analogues that
- 4261 we see.
- The difficulty becomes, if we went under the Analogue
- 4263 Act, you have to prove individually that the -- it is an
- analogue, and then you have to prove the person who was
- 4265 distributing it or possessed it knew that it was a controlled

- 4266 substance, or had a controlled nature. Both of those would
- 4267 be very difficult, under the Analogue Act, with every new
- 4268 substance.
- 4269 *Mr. Guthrie. Thank you. I would -- I will yield back
- 4270 my time.
- Thank you for those answers, I appreciate it.
- *Ms. Eshoo. The gentleman yields back. The chair
- 4273 recognizes the gentlewoman from California, Ms. Matsui, for
- 4274 your five minutes questions.
- *Ms. Matsui. Thank you again, Madam Chair, and I do
- 4276 thank the witnesses for their testimony today, and I think
- 4277 you feel and see the frustration in our voices because all of
- 4278 us are troubled by the rise in overdose deaths, especially
- 4279 over the past year. And, despite the enormity of the COVID-
- 4280 19 pandemic, which is, you know -- and the overdose deaths
- 4281 and the substance uses have been exacerbated. So we can't
- 4282 lose focus on addiction crisis in this country.
- Now, over the past several years we have worked in a
- 4284 bipartisan way to support targeted efforts that have finally
- 4285 begun to reverse some of the overdose trends. But the
- 4286 pandemic has robbed us of that progress. So in a way we are
- 4287 talking today about what are we going to do, moving forward.
- 4288 The bills presented today represent an opportunity to
- take a much-needed, broader and bolder approach to address
- 4290 the crosscutting facets of the addiction epidemic.

- You know, the task to combat the crisis continues to
- 4292 evolve. We know that. And as our witnesses have stated, we
- 4293 are now seeing fentanyl increasingly mixed into drugs like
- 4294 cocaine or meth, and that is presenting unique challenges to
- 4295 those on the front lines. And in some parts of states,
- 4296 including California, stimulants are the primary drugs of
- 4297 choice.
- Mr. Vargo, you brought attention to the issue of meth.
- 4299 Can you talk more about how Americans who use meth may differ
- 4300 from those who use opioids?
- *Mr. Vargo. Thank you, Representative Matsui, I would
- 4302 be glad to.
- 4303 Methamphetamine is one of our most challenging
- 4304 substances because every drug that is illegal, every
- 4305 substance that is illegal, creates a criminogenic factor
- 4306 because you are dealing with it illegally. In the old words
- of Glenn Fry, I always carry weapons, because you always
- 4308 carry cash. So we know that we create problems any time
- 4309 something is illegal.
- 4310 Methamphetamine, though, is, if not unique amongst drugs
- 4311 of abuse, certainly the most prominent -- drugs of abuse. It
- 4312 carries with it biological factors that render those people
- 4313 more dangerous: the hyper-vigilance, the paranoia,
- 4314 hallucinations, the aggression that comes with it. Even if
- 4315 meth were 100 percent legal at every level, it would create

- 4316 criminality because it creates violence. It is very much
- 4317 like PCP was back in the 1980s. I am that old that I
- 4318 remember that.
- So methamphetamine presents a particularly difficult
- 4320 circumstance and, more importantly, presents a very difficult
- 4321 treatment because it is one of the most difficult drugs to
- 4322 treat. Until recently we didn't believe there was medically-
- 4323 assisted treatment available. There is some hope in that
- 4324 regard, but it is a very difficult drug, both in its use and
- 4325 in its treatment.
- *Ms. Matsui. Okay. Dr. Wilson, you also discussed in
- 4327 your testimony the growing number of patients that use
- 4328 stimulants, either as a primary drug or mixed in with other
- 4329 opioids. How does this impact how you care for patients?
- And how are treatment recovery services for these
- 4331 patients different from those who -- primary for opioid
- 4332 disorders?
- *Dr. Wilson. Thank you so much for that question. You
- 4334 know, I think it is really important to recognize that, while
- 4335 we have really effective medications to help patients with
- 4336 opiate use disorder, we do not have effective medical
- 4337 therapies to support patients who have stimulant use disorder
- 4338 like methamphetamines or cocaine. There are some medications
- that have very modest effects, but the primary treatments
- 4340 that have been shown to be effective for patients with

- 4341 stimulant use like methamphetamines have been behavioral
- 4342 health treatments.
- The sort of greatest evidence base supports things like
- 4344 contingency management, where you reinforce patients who are
- 4345 having negative urines and remaining abstinent, for example.
- 4346 But it is really hard to operationalize those kind of
- 4347 therapies within sort of traditional kind of outpatient
- 4348 treatment programs. And so getting access to sort of
- 4349 efficacious behavioral therapies for patients with stimulant
- 4350 use disorders is more challenging.
- 4351 Many of the patients that I see who use stimulants are
- 4352 also using other substances. And so I think it becomes
- 4353 really sort of challenging to figure out sort of how can you
- 4354 link and engage patients in care, and get them access to a
- 4355 full complement of results. So --
- 4356 *Ms. Matsui. It seems to me that we don't have as many
- 4357 effective treatments for patients that use stimulants.
- 4358 *Dr. Wilson. That is absolutely true.
- *Ms. Matsui. Right, and so we need to have more
- 4360 research in order to find some way to deal with this, because
- 4361 meth has been around forever, in essence. And I know, in
- 4362 California, people don't hear about it as much as they hear
- about opioids, and yet meth is still growing, in essence.
- So I see I am running out of town. Thank you for --
- 4365 time. Thank you very much, and I yield back.

- 4366 *Ms. Eshoo. The gentlewoman yields back. It is a
- 4367 pleasure to recognize the ranking member of the full
- 4368 committee, Mrs. Cathy McMorris Rodgers.
- 4369 *Mrs. Rodgers. Thank you, Madam Chair. I want to just
- 4370 thank you again for holding this important hearing today. I
- 4371 know it has been a long one, but it is really important. And
- a big thank you to all the witnesses for joining us today,
- 4373 sharing your perspective, your stories.
- To Dr. Westlake, just thank you for sharing your own
- 4375 heartbreaking story. It is, unfortunately, is repeated too
- 4376 often right now in America. And my heart just breaks for
- 4377 you. I wanted to start with a question to you, Dr. Westlake,
- 4378 as well as Mr. Vargo.
- 4379 GAO's recent analysis found that a number of reports of
- 4380 unscheduled fentanyl analogues decreased by 90 percent after
- 4381 DEA issued the class-wide scheduling order. So they found
- 4382 that after DEA issued this class-wide scheduling order, the
- 4383 fentanyl analogues decreased, the number of reports of it
- decreased by 90 percent. So specifically, in 2016 and 2017
- there were over 7,000 law enforcement reports, 7,058 law
- 4386 enforcement reports of encounters with these substances. So
- 4387 that was 2016, 2017. You look at 2018, 2019, the encounters
- 4388 were down to 787, so over -- yes, 7,000 to 787.
- Why did class-wide scheduling so significantly reduce
- 4390 the encounters?

- And I will start with Dr. Westlake, and then Mr. Vargo.
- *Dr. Westlake. Sure. Thank you for the question,
- 4393 Congresswoman.
- I have a -- there is a phrase that I want to drive home,
- 4395 if there is, like, one point that I want to get brought out
- 4396 of this hearing. It is that you can't die from something
- 4397 that has never been created, and you can't be incarcerated
- 4398 for selling something that doesn't exist.
- 4399 And so that is what has happened, is, you know, in
- 4400 conjunction with our scheduling language -- the Chinese
- 4401 actually knew about the language coming up. We have been,
- 4402 you know, partnering closely with them, trying to get them to
- 4403 control the fentanyls, and eventually that happened. And so
- 4404 that just stopped. So it is not just that there is no new
- 4405 fentanyl-related substances that are being seen, or very few.
- 4406 The NFLIS, the National Forensic Lab Information System,
- 4407 shows that there is almost no deaths that are occurring from
- 4408 new fentanyl-related substances. So you are still seeing
- deaths from the older fentanyl-related substances that are
- 4410 now fentanyl analogues, but you are not seeing deaths from
- 4411 the new ones. And so that was the goal of this. The whole -
- 4412 this is not a law enforcement bill. The vehicle is a law
- 4413 enforcement vehicle for scheduling, but the bill is
- 4414 ultimately opioid, you know, harm reduction, and opioid
- 4415 reduction of overdoses, overdose prevention.

- 4416 *Mrs. Rodgers. Thank you.
- 4417 Mr. Vargo?
- 4418 *Mr. Vargo. Thank you, Madam Chair. I will tell you
- 4419 that it is hardly surprising that criminal enterprises go
- 4420 where the money is, and where the criminality is least likely
- 4421 to be punished. I think that the response that we have seen
- 4422 from these organizations -- I wish I could tell you that I
- don't think they are dealing drugs anymore. I doubt that is
- 4424 the case. But it means that they haven't tried to go into
- the area of new fentanyl analogues, because that is no longer
- 4426 profitable, and it is more likely to be punished.
- So I think that that, again, kind of speaks to the
- 4428 question of whether or not the original Analogue Act itself
- 4429 was sufficient. It was not. And it is the reason that I
- 4430 believe that an extension, at least until we get some other
- 4431 format in place, is absolutely essential.
- 4432 *Mrs. Rodgers. Thank you. Thank you. I appreciate
- 4433 that.
- Mr. Vargo, in your testimony you mentioned the work with
- 4435 the Sioux tribe, and the importance of cultural competency.
- 4436 I represent several tribes in eastern Washington. I wanted
- 4437 to ask if you would just speak about what you are doing to
- 4438 meet the needs of the tribal communities who have
- 4439 consistently experienced larger increases in drug overdose
- 4440 mortality. I know that the Colville Confederated Tribe in my

- 4441 district is building a new treatment facility, and just --
- 4442 would you speak briefly as to what role Congress can play in
- 4443 aiding these efforts?
- *Mr. Vargo. Yes, absolutely. Thank you,
- 4445 Representative.
- The Oglala Sioux tribe is the closest tribe to us, but
- 4447 we also have the Cheyenne River Sioux Tribe and the Rosebud
- 4448 Sioux tribe that are very much part of our geographic area.
- They face extreme poverty, 90 percent unemployment, and they
- have been hit hardest by methamphetamine probably of any
- group, certainly in South Dakota, possibly in the nation.
- And they are fighting, literally, for their lives in a lot of
- 4453 instances.
- I think that Congress's role here can be to enhance and
- support what they are trying to do, both on the reservations
- 4456 and off.
- 4457 Native Women's Health Care is an organization that
- 4458 provides health care to, primarily, pregnant women. We are
- 4459 partnering with them as diversion partners. So we send
- 4460 pregnant women with criminal offenses to them. If they
- 4461 successfully complete their medical program, we dismiss the
- 4462 criminal cases.
- We have also not only partnered with, but invested in an
- 4464 organization that involves a tribe called Native Healing.
- 4465 That is a residential drug treatment facility.

- 4466 Unfortunately, because of COVID, they are not going to be
- open until June of this year. They were supposed to be open
- 4468 April of last year. But it is 25 beds. To give you a frame
- of reference, though, we had over 1,200 arrests last year for
- 4470 methamphetamine, so 25 beds is a great beginning, I believe
- 4471 it gives people hope, but it is hardly enough. And I think
- 4472 Congress needs to take a close look at those communities to
- 4473 whom the United States has a very particular and special
- 4474 relationship.
- *Mrs. Rodgers. Thank you. Thank you very much. My
- 4476 time has expired. I yield back, thank you.
- *Ms. Eshoo. The gentlewoman yields back. The chair now
- 4478 recognizes the gentleman from California, Mr. Cardenas, for
- 4479 your five minutes of questions, and thank you.
- *Mr. Cardenas. Thank you very much, Madam Chairwoman
- 4481 and Ranking Member, for us having this incredibly important
- 4482 hearing that affects every single person in America. And I
- 4483 would hope and pray that we can be an example for the world
- of how to handle drug addiction, and how to make sure that we
- 4485 curtail this method in the United States that -- we have been
- 4486 trying to incarcerate our way out of this, which never works.
- 4487 It has never worked anywhere on the planet, and it is
- 4488 something that we can do better, here in the United States.
- And I do appreciate the testimony of every single person
- 4490 on this panel. And it appears that you all are, in some

- fashion, in agreement that we need to look at this as
- 4492 treating addiction, rather than incarcerating our way out of
- 4493 this. So thank you so much for all of that.
- And I want to thank all of my colleagues for all the
- legislation that you have done in the many various positions
- 4496 that we have all been in. For example, when I was in the
- state legislature, we passed the Schiff-Cardenas Act, which
- 4498 is the Juvenile Justice Crime Prevention Act, which provided
- 4499 \$120 million per year to local communities to fund prevention
- 4500 and intervention programs.
- Also, today in Congress, my colleague, Representative
- 4502 Griffith, and I led the At-Risk Youth Medicaid Protection
- 4503 Act, which was signed into law in the SUPPORT Act. This bill
- 4504 allowed a young person, who is otherwise eligible for
- 4505 Medicaid, to continue their health care coverage immediately
- 4506 following release from the juvenile justice system.
- 4507 And also we are considering many great bills today. One
- 4508 bill I am incredibly supportive of is my colleague
- 4509 Representative Tonko's Medicaid Reentry Act. This bill would
- 4510 extend Medicaid eligibility to incarcerated individuals 30
- 4511 days prior to their release. Passing this bill is critical
- 4512 to improve access to substance use disorder treatment.
- 4513 Ninety-five percent of adults who are incarcerated in America
- 4514 will transition back into our communities, and data shows
- 4515 that individuals released from incarceration are 129 times

- 4516 more likely -- that is 129 more likely -- to die of a drug
- 4517 overdose during their first two weeks after release.
- Dr. Wilson and Ms. Richman, can you each please share
- 4519 your thoughts on this bill, as well as the role Medicaid and
- 4520 access to health care plays in addressing substance use and
- 4521 misuse in America?
- 4522 *Ms. Richman. Thank you so much for that question. I
- am happy to answer it, and I am very grateful for the work
- 4524 that is being done and proposed in both of those bills.
- As a federal public defender, many of my clients who had
- 4526 grown up in Baltimore did not receive the opportunity for
- 4527 either mental health or substance use, or sometimes even just
- 4528 core health care, until they entered the incarceration
- 4529 system, whether it be when they were a juvenile or when they
- 4530 were an adult. And what I saw in a lot of those clients'
- 4531 lives was a cycling in and out, and a discontinuity in their
- 4532 treatment because of their movements in and out of
- 4533 incarceration, and because of the lack of resources in the
- 4534 community. So I am very glad to see work in this crucial
- 4535 area.
- 4536 *Mr. Cardenas. Thank you.
- *Dr. Wilson. Thank you. I think this is a critical
- 4538 point, and an important piece of legislation.
- So we know that access to substance use treatment within
- 4540 the correctional system is a critical public health and

- ethical issue. And research shows that, if we start 4541 4542 medications like methadone or buprenorphine for the treatment of opiate use disorder while individuals are incarcerated, 4543 that improves the likelihood that they will enter treatment, 4544 4545 and it reduces their risk for dying post-release. And so reinstating Medicaid coverage before re-entry to the 4546 4547 community is an important and essential way to keep people alive, and facilitate their entry into evidence-based 4548 treatment. 4549 4550 *Mr. Cardenas. Thank you, yes, evidence-based treatment 4551 4552
- is something that, unfortunately, in my opinion, is a little too new in the United States. We were stuck on just tough on 4553 crime for far, far too long. And unfortunately, this has affected almost every family. We have actually had Members 4554 of Congress admit to the fact that some of their family 4555 members have been subjected to addictions, et cetera, and 4556 4557 everybody wants to see their loved ones treated with respect and dignity, not be treated like criminals because they have 4558 fallen prey to being addicted to some kind of substance. 4559 4560 I really appreciate the opportunity for us to bring this to light. 4561
- And also, I would like to point out that this issue of
 addiction has been going on for hundreds and hundreds of
 years across the planet, and certainly has been going on
 since the founding of our country. So hopefully, during this

- 4566 Congress, we can actually make substantive changes and have
- 4567 the kind of programs funded so that we can treat everybody
- 4568 with dignity and respect.
- So my time has expired, and I yield back. Thank you.
- *Ms. Eshoo. The gentleman's time -- the gentleman
- 4571 yields back. I now would like to recognize the gentleman
- 4572 from Virginia, Mr. Griffith, for your five minutes.
- 4573 You need to --
- *Mr. Griffith. Thank you, Madam Chair. Yes, ma'am.
- 4575 Thank you, Madam Chair. My mask fell down there, so you all
- 4576 can hear me.
- Mr. Vargo, as we have discussed, last year Congress
- 4578 extended the order temporarily classifying fentanyl analogues
- 4579 as schedule one substances. If Congress does not further
- extend that order, what will be the status of fentanyl
- analogues come May 7, 2021?
- 4582 [Pause.]
- *Mr. Griffith. Mr. Vargo, can you hear me?
- *Mr. Vargo. I knew I was going to do it at some point.
- 4585 Sorry to do it on your time.
- 4586 *Mr. Griffith. That is all right.
- *Mr. Vargo. Thank you for the question, Representative.
- 4588 Those analogues are at least arguably legal. And certainly,
- 4589 if Ms. Richman were defending one of those defendants, she
- 4590 would say that those analogues had not been scheduled, and

- were not illegal, or that her client did not know that those
- analogues were illegal, and therefore cannot be prosecuted.
- And so it is certainly something that is possible to
- 4594 argue, that under the old Analogue Act we can try to stop
- 4595 that importation, and we can try to bring criminal
- 4596 prosecution, but it would be much less likely to be
- 4597 successful.
- And I believe that just the before-and-after has shown
- 4599 us that it emboldens folks when they are not specifically
- 4600 scheduled.
- *Mr. Griffith. Well, and I appreciate that. And I can
- 4602 assure you, having been a criminal defense attorney myself
- 4603 for a big part of my career, that is exactly what Ms. Richman
- 4604 would argue, and properly so. She has got a duty to defend
- 4605 her clients. Our job is to make sure the law doesn't create
- 4606 loopholes that folks who are trying to do bad things can
- drive a Mack truck through, which, by the way, are made in my
- 4608 district, some of them.
- Mr. Laredo, some folks have said keeping fentanyl
- 4610 analogues in schedule one inhibits scientific research. Yet
- 4611 DEA has approved nearly 800 applications to research schedule
- one-controlled substances, and half of those have been
- 4613 approved in just the last five years. Do you believe
- 4614 valuable research could continue if analogues remained in
- 4615 schedule one?

- *Mr. Laredo. Thank you so much for the question. I do
- 4617 believe that research can continue. There would be much,
- 4618 much less of it if you folks don't provide some exemptions
- 4619 for researchers on the research field so that they can really
- 4620 do that work.
- There, you know --
- 4622 *Mr. Griffith. So --
- *Mr. Laredo. -- for the time that I was at NIDA, it was
- 4624 almost a daily occurrence that I would get a phone call from
- 4625 a researcher in the field, complaining about something about
- 4626 that.
- And even now, I would strongly recommend you reach out
- 4628 to the National Institute on Drug Abuse and the College on
- 4629 Problems of Drug Dependence, who have been compiling more
- 4630 information about this. I personally believe they should be
- 4631 compiling even more. But there are some documents that I
- 4632 think that they have now that should be shareable with the
- 4633 committee that would help you as you talk about this.
- *Mr. Griffith. Well, and so, from listening to your
- 4635 comments, do you believe that my bill -- and I think you do
- 4636 -- but do you believe my bill, the Streamlining Research on
- 4637 Controlled Substances Act, would improve the landscape for
- 4638 conducting this research?
- *Mr. Laredo. I thought you might be going in that
- 4640 direction.

- *Mr. Griffith. Yes.
- *Mr. Laredo. I do. I would like to study the bill just
- one more time to look at all the details. But overall, I
- 4644 very much appreciate your approach.
- *Mr. Griffith. Well, and as I have said before, I am a
- 4646 big believer in trying to do research. And sometimes we find
- 4647 -- out of odd and strange things you find a cure, or a
- 4648 treatment for something that you weren't even necessarily
- 4649 looking for. So I want to make sure we --
- 4650 *Mr. Laredo. Exactly.
- *Mr. Griffith. -- the American medical science
- description community, because they do amazing things, as we have seen
- 4653 this year with the coronavirus. And I want to make sure they
- 4654 have all the tools available. I want it to be done legally.
- 4655 I want it to be done in a way that -- we are looking for a
- 4656 way to use these substances, if possible, for medicine. And
- 4657 I think that the bill does that.
- However, that being said, if you or any of your
- 4659 colleagues has a way that we might improve the bill, I am
- 4660 always happy to take a look at that, as well.
- *Mr. Laredo. Thank you. I would be glad to look at
- 4662 that again.
- 4663 *Mr. Griffith. Thank you. And I invite anybody who
- wants to sponsor it, it is H.R. 2405. If they have concerns
- 4665 in this area like I do, please jump on the bill and cosponsor

- 4666 it on both sides of the aisle.
- 4667 And Director LaBelle said in her testimony, Mr. Vargo,
- that early data suggests a steep rise in overdose deaths
- 4669 during the pandemic. When do you expect that we will have a
- 4670 full picture on how the pandemic has affected illicit drug
- 4671 use?
- *Mr. Vargo. Boy, that depends on when the pandemic
- 4673 ends, doesn't it, Representative?
- Part of that is going to be we have to basically get
- 4675 back to some kind of normal. We have to readjust for the
- 4676 fact that we probably spent a year to maybe two years not
- doing the things that we wanted to do. And then we have to
- 4678 guess what things might have been.
- 4679 I would say that your effect of the pandemic is going to
- 4680 be at least as long as the pandemic. So after it is over, it
- 4681 is going to take at least as long as that to determine what
- 4682 it meant.
- 4683 *Mr. Griffith. All right. And then you don't think now
- 4684 is the time that we should be lightening up on the analogues,
- 4685 do you?
- 4686 *Mr. Vargo. Absolutely not.
- *Mr. Griffith. I thank you very much.
- 4688 And Madam Chair, I yield back.
- *Ms. Eshoo. The gentleman yields back.
- 4690 Before I recognize Ms. Kuster, Ms. Richman, your name

- has come up several times. Do you want to just take one
- 4692 minute to -- for any kind of response? I think that it would
- only be fair to do that, but for a limited amount of time,
- 4694 though. You have, like, a minute, a minute and a half, at
- 4695 the most.
- *Ms. Richman. I thank you for the opportunity. A
- 4697 couple points I would like to respond to. I think it is
- 4698 tempting to draw simple causal connections, but the fact is
- 4699 that the GAO report could not analyze a connection between
- 4700 class-wide scheduling and the decrease in novel substances
- 4701 because of multiple confounding factors.
- With respect to the Analogue Act, I do understand there
- 4703 have been many complaints about it. But the Department only
- 4704 relied on it five times between 2015 and 2019 to prosecute
- 4705 fentanyl analogues. In all other cases they have been able
- 4706 to make good use of individually-scheduled substances, which
- 4707 still comprised most substances that are charged.
- In addition, most of these cases are polydrug cases, the
- 4709 overwhelming majority, meaning that the presence of the
- 4710 fentanyl analogue doesn't make the difference about whether
- 4711 something is interdicted or not. It acts, in essence, as a
- 4712 sentencing enhancement that triggers mandatory minimums for
- 4713 any trace of a fentanyl analogue in a substance weighing 10
- 4714 paperclips. It is five years. And so that is the source of
- 4715 many of our concerns.

- 4716 Thank you for the opportunity.
- 4717 *Ms. Eshoo. Thank you. The chair now recognizes the
- 4718 gentlewoman from New Hampshire, Ms. Kuster.
- 4719 You need to unmute, Annie. I have got to hear you.
- 4720 *Voice. I am sorry, it is Dr. Ruiz.
- *Ms. Eshoo. Oh, you know what? I made a mistake,
- 4722 Annie. The next one up is a fellow Californian, Dr. Ruiz.
- You are recognized for five minutes.
- 4724 *Mr. Ruiz. Thank you.
- 4725 *Ms. Eshoo. I am sorry.
- *Mr. Ruiz. Thank you. No worries. Thank you to all
- the witnesses for taking the time to be here today. We have
- 4728 heard in today's testimony about the increasing rates of
- 4729 substance use and overdoses in the United States over the
- 4730 last year.
- However, disparities in prevention, treatment, and
- 4732 recovery strategies continue to plague communities of color.
- 4733 A 2020 issue brief by the Substance Abuse and Mental Health
- 4734 Service Administration lists a number of barriers to care for
- 4735 Hispanic individuals, including a lack of culturally-
- 4736 responsive prevention and treatment, less access to
- 4737 medically-assisted therapy such as buprenorphine and
- 4738 Naltrexone than White individuals, and a higher likelihood of
- 4739 relying on detox alone.
- 4740 A stigma and misperception within the Hispanic

- 4741 community, with only five percent of Hispanics with a
- 4742 substance use disorder thinking they need treatment, is also
- 4743 an issue. And one of the most commonly-cited issues
- 4744 regarding prevention, treatment, and recovery strategies in
- 4745 the opioid crisis: language barriers for substance use
- 4746 disorders, materials, and treatments, and culturally-relevant
- 4747 treatment from providers who understand the communities. In
- 4748 other words, diversifying the workforce, the provider
- 4749 workforce.
- So it is clear that we need to examine the policies that
- 4751 we consider through a health equity lens, and make sure that
- 4752 they address prevention and treatment services in high-risk
- 4753 communities.
- 4754 Dr. Wilson, can you speak more about barriers to
- 4755 prevention and treatment services that drive inequalities in
- 4756 outcomes for minority communities?
- And in your experience, what are the most common
- 4758 barriers?
- *Dr. Wilson. Thank you so much. I think we know that
- 4760 stigma related to addiction, to opioid use disorder and other
- 4761 substance use disorders exist, and stigma related to that, as
- 4762 well as racial bias, really intersect to create overlapping
- 4763 and compounding systems of disadvantage. So this contributes
- 4764 to lower quality of care, and worse treatment outcomes for
- 4765 racial and ethnic minorities.

- We have another -- a number of physicians who often, due 4766 4767 to racial bias or structural racism, have inequitable prescribing practices and treatment. So we see that, for 4768 example, when we look at well-known disparities in pain 4769 4770 management, for example, with lower rates of over -- opioid prescribing or increased oversight for Black patients, and we 4771 4772 see similar things when we look at disparities in the prescription of medications to treat opiate use disorder, 4773 with much lower rates being prescribed to patients with 4774 4775 opiate use disorder in communities of color.
- And so, you know, I think, when we think of barriers, it
 is essential that we train our workforce, and we train our
 workforce to provide care to communities of color, and we
 also increase the number of providers of color treating those
 communities.
- So, Dr. Wilson, I practiced medicine, 4781 *Mr. Ruiz. emergency medicine, and I do a lot of public health work in 4782 4783 under-served, medically-under-served areas. And would you say that the driving force of the decrease in access to 4784 4785 prevention and treatment is more the systemic barriers that exist, the lack of providers, the lack of clinics, the lack 4786 of language, the lack of knowledge to empower, the lack of 4787 services focused in these under-served areas, versus the 4788 4789 stigma portion?
- 4790 *Dr. Wilson. I mean, I think all of those things come

- 4791 together, right? I think that patients in these communities,
- 4792 families within these communities, are desperate for help. I
- 4793 think historically, our solutions for those communities have
- 4794 been mass incarceration and failed policies.
- And so I think what we really need to do is invest in
- 4796 widespread treatment, and I think that means partnering with
- 4797 community organizations where patients have had positive
- 4798 experiences, increasing culturally-competent care, and
- 4799 increasing a workforce that is able to provide competent and
- 4800 equitable services to those communities.
- *Mr. Ruiz. You know, one of the risk factors that have
- 4802 been cited in the social studies literature is the lack of
- 4803 social capital within communities, or the lack of communities
- 4804 that are -- so do you think the promotora community health
- 4805 worker models by individuals in the communities --
- 4806 *Dr. Wilson. Yes.
- 4807 *Mr. Ruiz. -- to keep people together should be
- 4808 expounded on in our country?
- 4809 *Dr. Wilson. Absolutely. I think -- I learned a lot of
- 4810 what I learned from addiction from amazing peer recovery
- 4811 specialists with lived experience in addiction. And I think
- 4812 that there is nothing that you can do to sort of help
- 4813 prescribe hope to patients, other than showing them somebody
- 4814 who has lived through addiction and has come out on the other
- 4815 side. And so I think supporting and investing in those

- 4816 models is essential to increase that sort of treatment access
- 4817 in communities of color.
- *Mr. Ruiz. Great. So with your 15 seconds remaining,
- 4819 what other recommendations do you have that Congress can do
- 4820 to help relieve these disparities?
- *Dr. Wilson. I think one essential thing is to support
- 4822 training in addiction medicine, and to support sort of
- 4823 building a more diverse addiction medicine workforce. And so
- 4824 that means sort of supporting physicians of color, and
- 4825 building and supporting the pipeline, and incentivizing
- 4826 physicians of color to go into addiction medicine.
- *Mr. Ruiz. Thank you. I agree. I yield back my time.
- 4828 *Ms. Eshoo. The gentleman yields back, and it is a
- 4829 pleasure to recognize the gentleman, the very patient
- 4830 gentleman, from Ohio. He has been with us, I think, since we
- 4831 began at 10:30 this morning. I kept asking my staff, "What
- about Mr. Latta? What about Mr. Latta?'' So here he is, and
- 4833 the gentleman has five minutes for his questions.
- And it is great to see you, thank you.
- 4835 *Mr. Latta. Well, let me thank the chair, the
- 4836 gentlelady from California, for allowing me to waive on
- 4837 today, and I really appreciate it. And again, this is such
- 4838 an important subcommittee hearing that you are holding today,
- 4839 so I really appreciate it. And I also want to thank our
- 4840 witnesses for today.

But, you know, over a year ago the lives of every 4841 4842 American changed due to the coronavirus. And every day we are getting closer to ending the COVID-19 pandemic and 4843 returning to normalcy. However, long before COVID-19 4844 4845 dominated the spotlight, we were dealing with another crisis in this country, and that epidemic is still ongoing, which is 4846 the opioid crisis that has been significantly heightened due 4847 to lockdowns and immense stress on those already struggling 4848 with addiction. 4849 4850 And before COVID-19 we were beginning to see some light at the end of the tunnel, you might say, that -- we saw that 4851 the number of deaths were going down for the first time in 4852 decades. And however, you know, we already talked about 4853 today -- is that we have seen in the last year, from August 4854 of 2020, that over 88,000 people died from drug overdoses in 4855 this country, which is the largest ever in a 12-month period. 4856 So substance use disorder, SUD, and mental health have 4857 been overshadowed through the pandemic. And those suffering 4858 from SUD have shown that they are particularly susceptible 4859 4860 for contracting COVID-19. So we must go back to work in defeating this deadly, ongoing crisis, and prepare to meet 4861 the needs in a post-pandemic world. 4862

And I have introduced several bills that would help curb

the opioid pandemic, increase telehealth services, and assist

those struggling with mental health. One bill that will

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- 4866 immediately assistance in stopping the illegal distribution
- 4867 of drugs is H.R. 1910, which is the Fight Fentanyl Act that I
- 4868 introduced with my colleague from Ohio, Mr. Chabot.
- In addition, my fellow Ohioan, Senator Rob Portman, and
- 4870 Senator Joe Manchin also introduced a Senate companion.
- In February of 2018 the DEA issued a temporary
- 4872 scheduling order to schedule fentanyl-related substances to
- 4873 allow our law enforcement to crack down on criminals flooding
- 4874 our neighborhoods and communities with this deadly drug.
- However, the order is set to expire on May the 6th, 2021.
- 4876 And so the Fight Fentanyl Act will simply codify the DEA's
- 4877 precedent to approve a schedule fentanyl-related -- currently
- 4878 scheduled fentanyl-related substances as a schedule one drug.
- 4879 So, again, I want to thank our witnesses for being here
- 4880 today and, if I could, ask my first question to Dr. Westlake.
- In your written testimony you discussed how the goal of
- 4882 fentanyl class scheduling isn't to lock up low-level drug
- 4883 users, but to stop the development of deadly fentanyl poisons
- 4884 at their origin. Do you believe that the permanent
- 4885 scheduling of fentanyl as a schedule one substance, as my
- 4886 bill, the Fight Fentanyl Act accomplishes, would -- will help
- lower overdose death rates, and help stop the influx of the
- 4888 illicit fentanyl into our communities?
- *Dr. Westlake. Thank you, Congressman Latta. Yes,
- 4890 absolutely. So I think, to be clear, it will definitely

- decrease the existence and availability of newly-created
- 4892 fentanyl-related substances. That has already happened.
- There has been a 90 percent decrease coming over from China
- 4894 that -- the fentanyl-related substances that are new are not
- 4895 being seen in overdose deaths. And so that is definitely a
- 4896 part of it.
- So I think it is a huge piece, and I think that, you
- 4898 know, the language is very surgically targeted. If you look
- 4899 at my testimony, the written testimony, you can see that it
- 4900 is only very specific modifications to the molecule that have
- 4901 already been proven to have bioactive structure activity
- 4902 chemical relationships through the 60 years of research into
- 4903 the class. And so the language in your bill exactly, you
- 4904 know, is the perfect language to stop the creation of those
- 4905 likely bioactive substances.
- So, yes, I think it is a necessary -- and from an
- 4907 emergency medicine perspective, you know, I am glad that I
- 4908 don't have to resuscitate people that are dead from a
- 4909 fentanyl-related substance. Unfortunately, we are seeing
- 4910 other, you know, illicit fentanyls coming through, and that
- 4911 is a whole different -- there is only so much you can do at a
- 4912 time, and that is one thing we can do.
- 4913 *Mr. Latta. Great. Well, let me ask -- you know, as I
- 4914 mentioned, we have seen the largest overdose in our history
- 4915 in the last year, with 88,000 deaths. You know, what do you

- 4916 believe is the best way to address the crisis, as we move
- 4917 forward, you know, while also addressing the needs of those
- 4918 who are suffering out there?
- *Dr. Westlake. Yes, I think it is a huge -- the issue
- 4920 for me -- so I looked at this, and I led the Prescription
- 4921 Opioid Reform Strategy in Wisconsin over the past seven
- 4922 years, since we became aware of it.
- And so it is a really, really difficult issue. I mean,
- 4924 addiction goes back probably forever in human history. I
- don't think there is any time that we are ever going to get
- 4926 rid of addiction. I think that is, you know, like, you can't
- 4927 get rid of cancer, you are not -- you know, it is a disease.
- 4928 What we have to do is, you know, we try to de-stigmatize it.
- I think the medication-assisted treatment part, and
- 4930 making it so that you can prescribe medication-assisted
- 4931 treatments -- I am running out of -- I think you are out of
- 4932 time -- is really important and critical, because I can
- 4933 prescribe, as a physician, without any restrictions other
- 4934 than a DEA license. I can prescribe as much Oxycontin as I
- 4935 want, but I have to take eight hours to prescribe
- 4936 Buprenorphine. And that makes -- that has put a stigma on
- 4937 the prescribing of Buprenorphine. And so that is something
- 4938 that is concrete that you guys can do that would make a big
- 4939 effect, just like it did in France, as was mentioned
- 4940 previously.

- *Mr. Latta. Well, thank you very much. Yes, I
- 4942 appreciate the witnesses today.
- And Madam Chair, again, thank you very much for allowing
- 4944 me to waive on today. I appreciate it.
- *Ms. Eshoo. Well, you are always, always welcome, Mr.
- 4946 Latta. You enhance our subcommittee any time you are with
- 4947 us.
- 4948 *Mr. Latta. Thank you.
- 4949 *Ms. Eshoo. We all feel that way about you.
- The chair is pleased to recognize the gentlewoman from
- 4951 New Hampshire. I think I am correct this time.
- Ms. Kuster, for your five minutes of questions.
- 4953 *Ms. Kuster. Thank you so much, Madam Chairwoman. I
- 4954 apologize for my technical difficulties, but thanks to all
- the witnesses on the panel, and I appreciate your
- 4956 perspectives on the addiction epidemic in this country, and
- 4957 your efforts to find solutions that will save lives and our
- 4958 communities.
- This is the reason that, seven years ago, I founded the
- 4960 bipartisan Congressional Opioid Task Force, and why this
- 4961 Congress we have now expanded it to the Addiction and Mental
- 4962 Health Task Force, to include this complex crisis that needs
- 4963 comprehensive solutions.
- It also is why I waited six years to join the Energy and
- 4965 Commerce Committee, and I am so delighted to be on the Health

- 4966 Subcommittee at this point. I want to commend you all for
- 4967 the incredible work that you do on substance use disorder and
- 4968 mental health, most recently working to include \$4 billion in
- 4969 support for substance abuse and mental health services
- 4970 administration as part of our incredible American Rescue
- 4971 Plan.
- But that is not enough. We must do more to address the
- 1973 new realities of this epidemic defined by illicit synthetic
- 4974 opioids, as well as ensure that our policies don't reinforce
- 4975 the mistakes of our past that disproportionately have
- 4976 impacted communities of color.
- So my legislation with Congresswoman Lisa Blunt
- 4978 Rochester, known as the Stop Fentanyl Act, is comprehensive
- 4979 in its public health approach to addressing fentanyl. And I
- 4980 want to take the time with all of you today to discuss some
- 4981 of those provisions.
- 4982 Ms. Richman, thank you for joining us. You stated the
- 4983 Stop Fentanyl Act takes a comprehensive health and evidence-
- 4984 based response to fentanyl and fentanyl-related substances.
- 4985 Why do you think that this approach is necessary to
- 4986 addressing the addiction crisis in our country?
- *Ms. Richman. Thank you so much for that question and
- 4988 the opportunity to comment on your legislation,
- 4989 Representative Kuster.
- 4990 I appreciate this putting sort of the work into finding

- what are the evidence-based science solutions that we can
 turn to. If you dive into the history of -- the legislative
 history between -- behind the draconian war on drugs laws
 that were put on the books in the 1980s and 1990s, you will
 see that they were passed with the intent to incarcerate
 manufacturers, kingpins, to keep things from ever being
 brought into our country.
- And yet we are seeing substances that have been subject to harsh penalties for 30 years -- Methamphetamine is a case in point -- proliferate new versions of it that are stronger.

 We are seeing new types of synthetic opioids, not fentanyl analogues, proliferate. U-4700 is beginning to see -- beginning to be seen in more drugs.
- The truth is that most individuals who are incarcerated 5004 5005 for drugs in our country are low-level dealers, are individuals who are minimally involved. And in the case of 5006 fentanyl analogues, many of them have not made a conscious 5007 choice to include that substance in whatever they are 5008 consuming or selling. So it is just acting as a way of 5009 5010 bringing these harsh penalties onto communities of color that have been disparately impacted for far too long. 5011
- *Ms. Kuster. Well, thank you. And one provision of our 5013 Stop Fentanyl Act includes Good Samaritan protections to 5014 ensure that there are no impediments or fears and judiciary 5015 repercussions to assisting during an overdose, or reporting

- an overdose. Can you explain why these types of reforms are necessary to save lives?
- *Ms. Richman. Gosh, I think that these are so very
- 5019 important, and I think that the stigmatization and punitive
- 5020 approach to drug use in our country really makes people
- afraid to reach out for help when people are in crisis.
- In particular, there is a 20-year mandatory minimum in
- 5023 the federal system for giving or selling drugs to somebody
- 5024 that results in death. And we have heard of circumstances
- 5025 where people are in a sober house together, one user shares
- 5026 with the other one, that person begins to overdose. Their
- response to that may be inhibited by their fear of exposure
- 5028 to criminal penalty, and that harms public health.
- 5029 *Ms. Kuster. Great.
- And Ms. Wilson, the Stop Fentanyl Act includes funding
- 5031 directed at community-based organizations that provide harm
- 5032 reduction services. Why are these services particularly
- 5033 critical for our fentanyl response policies?
- *Dr. Wilson. Thank you so much. You know, I take care
- 5035 of a lot of patients who are at various points of interest in
- 5036 sort of stopping the use of substances, and it is important
- for us to offer sort of treatment and services to everyone,
- 5038 regardless of where they are. You know, it is -- the harm
- 5039 reduction axiom is, "Meet people where they are, but don't
- 1040 leave them there.'' These services help keep people alive,

- 5041 keep them engaged and linked to care, so that when they are
- ready they are able to actually access and get plugged into
- 5043 treatment.
- *Ms. Kuster. Great. Well, my time is up. Thank you,
- 5045 Madam Chair, for including our bill, the Stop Fentanyl Act.
- 5046 Thank you. I yield back.
- 5047 *Ms. Eshoo. The gentlewoman yields back. I want to --
- oh, we still have two members, okay.
- The chair recognizes the gentleman from Florida, Mr.
- 5050 Bilirakis, for your five minutes of questions.
- *Mr. Bilirakis. Thank you, Madam Chair. I appreciate
- 5052 it. This question is for Dr. Westlake.
- 5053 Higher-dosed pills from improperly-mixed batches known
- 5054 as hot spots that led to overdose and death in a given area
- 5055 were often the way the medical community and law enforcement
- 5056 learned that fentanyl or an analogue had been introduced into
- 5057 a local drug market, which in turn would beget reactive
- 5058 scheduling in states or, as you put it in your testimony, a
- 1059 lethal game of Whack-A-Mole. This led to work to remove the
- 5060 incentive that these international drug traffickers had in
- 5061 modifying the drug molecule by targeting likely bioactive
- fentanyls as a class.
- 5063 Can you discuss how fentanyl class scheduling is
- 5064 critical, not only for law enforcement, but for patient and
- 5065 community health, as well?

- And should this scheduling ban expire, is it realistic to expect an increase or even sharp increase in overall deaths?
- *Dr. Westlake. Yes. Thank you for the question,
 Congressman.
- I think, you know, when you look back at what was 5071 happening with fentanyl-related substances before the 5072 scheduling language was in place in your state, in Florida 5073 alone, in 2016 to 2017 there were 2,500 deaths from two 5074 5075 different fentanyl-related substances. We happen to have the similar deaths from similar substances in Wisconsin. 5076 scheduled them, we were the first state to schedule them. 5077 5078 are not seeing those any more. NFLIS is not reporting those, as I have said before. 5079
- So I think it will definitely decrease the deaths and availability of those particular fentanyl-related substances.

 I think there is a lot of other things that need to fall into place to start to eliminate deaths, you know, writ large.
- I think also that, again, the important thing to
 remember about the scheduling is that it is surgically
 specific to only target the likely bioactive fentanyl
 molecules. It is not all potential fentanyl modifications.
 There is one fentanyl molecule, Benzylfentanyl, a fentanyl
 analogue, that was found to be non-bioactive, and they did
 not include that in re-scheduling for fentanyl-related

- 5091 substances. And so it -- there has never been a non-
- 5092 bioactive fentanyl-related substance found.
- *Mr. Bilirakis. Thank you. This question is for Mr.
- 5094 Vargo.
- 5095 While patients were not criminals, some career criminals
- 5096 do pose as patients or, in some cases, are even providers
- 5097 themselves, as recently observed in my district,
- 5098 unfortunately. As you alluded to throughout your testimony,
- 5099 prevention is worth a pound of cure, and treatment can be
- 5100 more successful than incarceration.
- From your conversations with district attorneys across
- 5102 the nation, what law enforcement gaps, if any, exist within
- 5103 the current prescription drug monitoring program to detect
- 5104 and track?
- 5105 So again, yes, again, to detect and track patterns of
- 5106 abuse. Can you answer that question for me, please?
- 5107 *Mr. Vargo. Yes, certainly, Representative, thank you
- 5108 for the question.
- 5109 *Mr. Bilirakis. Of course.
- 5110 *Mr. Vargo. I would say that we have done a fairly good
- job over recent years of making sure that our data has
- improved, but there is very much still room to take another
- 5113 step.
- 5114 Twenty years ago in South Dakota, if I wanted to
- 5115 prosecute somebody for doctor-shopping, that was almost

- impossible. I would have to go to every doctor that they
 might have talked to, and we didn't have a central
 clearinghouse. And so our ability to say that you were
 doctor-shopping and getting multiple prescriptions for the
 same reason was very, very limited. We took care of that
 clearinghouse now, and that has been very effective in making
- 5122 sure that people are only getting the prescriptions that they
- should, and that doctors have all the information that they
- 5124 need in making sure they are not double-prescribing.
- But I would guarantee you that there are circumstances
 where diversion still takes place. And so the monitoring and
 the tracking that -- I believe could still very much be
- 5128 improved.
- *Mr. Bilirakis. Thank you. Given the current opioid

 crisis in our nation, the fact that all opioids are

 controlled substances, and our efforts to curb and eliminate

 doctor-shopping, would you consider it to be a best practice

 for states to require patients to show ID when retrieving an

 opioid prescriptions, similar to purchasing alcohol, Sudafed,
- or even retrieving an MLB ticket from will call?
- 5136 What do you think about identification?
- *Mr. Vargo. I would say that we want to make sure that
- 5138 $\,$ the person receiving the prescription is the person for whom
- 5139 the prescription was made. And by whatever means that
- occurs, whether it is because it happens at the doctor's

- office, where the doctor would have direct knowledge, or
- 5142 whether it occurs at a linked pharmacy -- again, where they
- 5143 would have direct knowledge, or whether there is an
- identification factor that guarantees it, that is very
- 5145 important.
- 5146 *Mr. Bilirakis. Thank you so much.
- Madam Chair, my bill, H.R. 2355, the Opioid Prescription
- 5148 Verification Act, would encourage states to adopt systems
- 5149 that require pharmacists to check IDs to dispense opioids,
- and require CDC to work collaboratively with other federal
- 5151 agencies to provide quidance to pharmacists on ID
- verification, while deferring to states on acceptable forms
- of identification, allowable immediate danger exemptions, of
- 5154 course, in addition to other state-specific needs that may
- 5155 need to be addressed. I encourage my colleagues to review
- 5156 this particular bill, and consider joining my efforts by
- 5157 cosponsoring the bill.
- 5158 So I will yield back, Madam Chair. Thank you so very
- 5159 much.
- *Mr. Bilirakis. You are very welcome for the extra 23
- 5161 seconds.
- The chair now recognizes the gentlewoman from Delaware,
- 5163 Ms. Blunt Rochester, for your five minutes of questions.
- *Ms. Blunt Rochester. Thank you, Madam Chair, and thank
- 5165 you to the witnesses for joining us for the second panel.

- It is clear our nation's ongoing overdose crisis isn't
- 5167 limited to one community, one region, one race, or one socio-
- 5168 economic class. Previous congressional efforts to reduce the
- 5169 number of fatal drug overdoses have helped us make progress.
- 5170 But as our chairwoman has said, it is far from enough.
- 5171 States like Delaware continue to be in the middle of a public
- 5172 health crisis, due to the rise in synthetic opioids like
- 5173 fentanyl.
- 5174 We are anticipating a total of over 500 overdose deaths
- for 2020, an all-time high for my state. That is why
- 5176 Congresswoman Kuster and I introduced the Support, Treatment,
- 5177 and Overdose Prevention of Fentanyl Act, STOP, a
- 5178 comprehensive package of public health policies to address
- 5179 the proliferation of synthetic opioids without the mainly
- 5180 punitive measures used in previous approaches to drug
- 5181 control.
- 5182 Dr. Wilson and Ms. Richman, how will a public health
- 5183 response to substance use disorder address some of the
- 5184 challenges you have seen throughout your careers? And we
- 5185 will start with Dr. Wilson.
- *Dr. Wilson. Yes, thank you. I mean, I think it -- as
- 5187 a physician, it is absolutely clear that addiction is a
- 5188 disease, and this is a huge public health crisis.
- 5189 We cannot schedule our way out of this epidemic, and we
- 5190 cannot incarcerate our way out of this epidemic. We

- absolutely need evidence-based and informed public health
- 5192 solutions. So expanding access to treatment, we need to get
- 5193 effective therapies to communities that need them. We need
- 5194 to partner with community organizations that are already
- 5195 embedded within communities to strengthen those communities,
- 5196 and provide greater links from sort of our health care
- 5197 systems to sort of organizations already doing the work on
- 5198 the ground in local community settings.
- 5199 We need to keep people alive, which means we need to
- 5200 expand access to harm reduction services to prevent morbidity
- 5201 and mortality associated with opiate use, recognizing that
- not everybody is going to be ready to quit today, but they
- 5203 may be tomorrow, and we have to keep them alive so that they
- 5204 can reach that point.
- 5205 *Ms. Blunt Rochester. Thank you.
- 5206 Ms. Richman?
- *Ms. Richman. Yes, thank you, Representative Blunt
- 5208 Rochester, I appreciate the opportunity to comment.
- I have also been very grateful for Mr. Vargo's response
- 5210 and remarks today about shifting the intervention point. And
- 5211 I think directing resources away from enforcement and towards
- 5212 public health gives the opportunity to bring those
- 5213 interventions earlier, and keep individuals from going down a
- 5214 path that will be very damaging.
- 5215 When I look at the lives of my clients, I see so many

- 5216 different intervention points that there could have been:
- 5217 with their mother, before she overdosed; when they were a
- 5218 child, to be placed in a setting where they would be given
- 5219 holistic, educational, medical substance abuse services, all
- 5220 the way into the criminal justice system.
- I will never forget working with my social workers, and
- just spending hours on the phone for clients who came in
- 5223 suffering from substance use disorder to try to find them
- 5224 some sort of residential placement where they could go so
- 5225 that the court wouldn't send them to jail. A lot of my
- 5226 clients did not have a home to go to. They were struggling,
- 5227 and it would be incredibly difficult to find that place. And
- 5228 then you just cross your fingers and hope it worked.
- *Ms. Blunt Rochester. Well, I thank you for sharing all
- 5230 of that.
- Included in our STOP Fentanyl Act is dedicated funding
- 5232 and support for overdose prevention and treatment programs,
- 5233 including grants for harm reduction providers and improving
- our understanding of evidence-based overdose interventions.
- 5235 Dr. Wilson, I think you also may have talked about harm
- 5236 reduction and the benefits of it. Can you tell us what
- 5237 scientific evidence there is that shows that there is a
- 5238 benefit for harm reduction efforts?
- *Dr. Wilson. Absolutely, I think the evidence is really
- 5240 care that -- clear that programs, for example, that

- 5241 distribute Naloxone are -- there is a dose response, which is
- 5242 sort of one of the sort of strongest relationships in the
- 5243 medicine.
- So the more you integrate overdose prevention within
- 5245 communities, the greater the Naloxone you distribute within
- 5246 communities, the lower the risk of having fatal overdoses,
- 5247 and your mortality rate will actually decrease. So there is
- 5248 great evidence showing that needle and syringe exchange
- 5249 programs, for example, reduce hepatitis C, reduce HIV, and
- 5250 infections related to injection drug use.
- And so, again, you know, I think we have to think
- 5252 broadly about this. Our goal is not just to reduce overdose,
- 5253 it is also to reduce sort of infectious complications, like
- 5254 infective endocarditis, associated with injection drug use.
- You know, we have to keep people alive so that we can get
- 5256 them access to treatment and harm reduction services. There
- 5257 is really a strong evidence base that these things are
- 5258 effective at doing that.
- *Ms. Blunt Rochester. Thank you. The STOP Fentanyl Act
- 5260 is the long-term solution that our nation needs to respond to
- 5261 the overdose epidemic. And I look forward to working with
- 5262 the committee to advance this critical legislation.
- 5263 Thank you, Madam Chairwoman, and I yield back.
- *Ms. Eshoo. The gentlewoman yields back. The chair now
- 5265 recognizes the gentlewoman from Minnesota, Ms. Craig, for

- 5266 your five minutes of questions.
- *Ms. Craig. Well, thank you so much, Madam Chair, and
- 5268 thank you to the panelists here today, the witnesses, for
- 5269 your incredible expert opinion that helps guide our
- 5270 policymaking.
- 5271 Mr. Vargo, you said something in your testimony that I
- 5272 would like to highlight. You wrote that, "Just as we cannot
- 5273 incarcerate our way out of an epidemic, neither can we ignore
- 5274 it and expect it to go away.'' I completely agree with you,
- 5275 Mr. Vargo. And incarceration is not the answer to our
- 5276 current substance use epidemic. I would argue that we need
- 5277 additional public health support.
- 5278 I am proud to represent Minnesota's 2nd congressional
- 5279 district, where our county and local law enforcement partners
- 5280 have launched programs that focus on intervention, rather
- 5281 than incarceration for non-violent offenders struggling with
- 5282 addiction.
- The Shakopee Police Department offers a scholarship
- 5284 program to cover the cost of drug or alcohol treatment funded
- 5285 by drug and alcohol forfeiture cases. Scott County's drug
- 5286 court provides supervision and treatment, an effective
- 5287 alternative to incarceration that saves taxpayer dollars and
- 5288 directs participants to long-term recovery.
- Mr. Vargo, starting with you, thank you again for your
- 5290 testimony here today. As you all know, one of our great

- 5291 colleagues, Representative Annie Kuster, put forward H.R.
- 5292 2366, the Support, Treatment, and Overdose Prevention of
- 5293 Fentanyl Act. One provision requires HHS to report on how
- 5294 SAMHSA can provide and support health services to under-
- 5295 served individuals, taking into account drug courts.
- 5296 Can you talk a little bit more about how drug courts
- 5297 work, and the overall impact they may have in combating drug
- 5298 use and abuse, from your experience?
- 5299 *Mr. Vargo. Thank you, Representative Craig, I would be
- 5300 happy to. Drug courts are near and dear to my heart.
- I am an old prosecutor, and I started in Miami in 1988,
- 5302 when Ms. Reno was the state attorney down there. And in the
- fall of 1988 into the spring of 1989 she began the nation's
- first drug court. And so that has always been something that
- 5305 has -- I have paid attention to. You could not find a county
- 5306 in America that doesn't have some access to one of these --
- 5307 what we call specialty courts.
- The weakness of specialty courts, drug courts, DUI
- 5309 courts, even mental health courts, is that they tend to be
- 5310 aimed at those who are in the last steps before a
- 5311 penitentiary sentence. So they are wonderful. They do
- 5312 divert people from the penitentiary. They do not divert
- 5313 people from conviction, and they do not divert people at the
- 5314 beginning of their criminal justice involvement. That is why
- 5315 we believe that diversion, which we unabashedly stole from

- 5316 Manhattan and the Bronx, are answers that need to be more
- 5317 widely incorporated with prosecutors' offices from here on
- 5318 out.
- So I really am thrilled to hear about what is going on
- 5320 in Minnesota. I know some of your wonderful prosecutors --
- 5321 Mr. Freeman, Mr. Orput -- are good friends of mine, and I am
- 5322 glad to hear what they are doing.
- I will tell you that I would love to see in the STOP
- 15324 legislation -- the numbers are sometimes daunting. When you
- talk about HHS making reports on SAMHSA, we are in the
- 5326 process of looking for a grant or a diversion opportunity to
- 5327 test out the medical-assisted treatment model for
- 5328 methamphetamine. When working with our partners here who
- 5329 already provide opioid MAT treatment, they inform me that for
- 5330 half a million dollars a year I could probably treat 25
- 5331 people. In a small county that is a daunting number, even on
- 5332 a grant funding.
- And so I am thrilled to hear that we are going to be
- documenting just what happens, because ultimately that 25
- 5335 people, that is still cheaper than putting them in the
- 5336 penitentiary. So in the end, if we can get that to work,
- 5337 that is great. But I do know that it is daunting, and that
- 5338 the SAMHSA numbers are going to be stretched very thin. And
- 5339 so that is part of the hope that I would send to you, which
- is that you would treat this as even more important than the

- other infrastructure projects that you are presently
- 5342 considering. Human capital has to be our first goal of
- 5343 infrastructure.
- *Ms. Craig. Thank you so much for that thoughtful
- 5345 answer.
- And with that, Madam Chair, I will yield back.
- *Ms. Eshoo. The gentlewoman yields back. The chair now
- 5348 recognizes the gentlewoman from Washington State, Dr.
- 5349 Schrier, for your five minutes of questions.
- *Ms. Schrier. Thank you, Madam Chair, and thank you to
- all of our witnesses today for talking in such frank terms
- about how to take away stigma, and address the real issues at
- 5353 hand, which are, you know, drug addiction, and treatment, and
- finding the right time, and mitigating mortality. I very
- 5355 much appreciate that focus on how to care for our families
- 5356 and our communities. I want to turn to Dr. Wilson for my
- 5357 question.
- Doctor, I very much appreciate your candor about how
- 5359 physicians in general do not receive sufficient education on
- 5360 how to recognize and treat substance abuse disorders. My
- 5361 state of Washington has been a leader in working to integrate
- 5362 behavioral health into primary care, and utilize care
- 5363 coordination so people with complex conditions, whether that
- is diabetes and depression, or co-addiction to opioids and
- 5365 methamphetamines, can get the care that they need. And yet,

- 5366 personally, as a pediatrician, the extent to which I
- 5367 personally treated substance use disorder was screening for
- 5368 it and then, if I found it, ensuring immediate safety, and
- 5369 then referring out to specialists.
- And so I was wondering, you know, from a pediatrician's
- 5371 perspective, could you just talk about what it looks like to
- 5372 treat a patient with substance abuse disorder in the primary
- 5373 care setting?
- *Dr. Wilson. Absolutely.
- 5375 *Ms. Schrier. Thanks.
- *Dr. Wilson. You know, I often think of addiction as a
- 5377 pediatrics disease that we often fail to recognize and treat
- 5378 during childhood, which leads to worse outcomes later in
- 5379 life. The vast majority of adults who use substances have
- 5380 actually started using those substances during their
- adolescence. And so this is a huge missed opportunity to
- 5382 really shift the life trajectory of a generation of
- 5383 adolescents and young adults. So I think it is essential
- that we do a much better job, as a profession, of recognizing
- 5385 substance use in young people.
- As a pediatrician and adolescent medicine provider, I
- 5387 think I am the sort of perfect person to recognize substance
- 5388 use in my patients. You know, pediatricians have the ability
- 5389 to build deep relationships with patients and their families
- 5390 over time. We provide lots of anticipatory quidance and

- education about what to expect as they grow up about puberty,
 about all sorts of things that we know are going to impact
 the lives of our patients. And we know that substance use is
 a huge potential area that would have serious impact on their
 future. And so I think it is natural for us to be the ones
 to sort of have those kind of preventive conversations, and
- We also see patients regularly for well child visits, and that is a perfect opportunity to screen patients as we are doing a lot of preventive health care.

start the conversations with patients.

- And then to sort of offer treatment in the setting, it 5401 helps sort of remove some of the stigma that both patients 5402 5403 and their families might have about the disease of addiction, right? So I don't say, "You have an addiction, you have to 5404 5405 go someplace else.'' I say, "You have a disease, just like you have asthma. And as your doctor, I am going to treat 5406 5407 you.'' And there is something that is so powerful about sort of flipping that narrative for parents. There is nothing 5408 shameful about dealing with addiction, it is a disease, and 5409 5410 we have effective treatments, and our job as physicians and pediatricians are to get those effective therapies to 5411 children and their parents. 5412
- *Ms. Schrier. So I really appreciate that perspective.
- 5414 And I think it is really nice to de-stigmatize it like that.
- 5415 I quess -- here is my next question.

- I am in a generation that did not receive this kind of
- 5417 training in medical school or residency. And I understand
- 5418 that, you know, that the X-waiver may not be ideal. But then
- 5419 again, less than, I think, one percent of pediatricians have
- 5420 ever even applied for the X-waiver, so aren't in a situation
- 5421 to do this testing.
- Can you talk about -- if it is not -- you know, what
- your thoughts are with the X-waiver and, if it is not that,
- 5424 how do you catch the more experienced doctors up to speed on
- 5425 treating substance use disorders?
- 5426 *Dr. Wilson. I think --
- *Ms. Eshoo. Excuse me, if you could, just summarize
- 5428 your answer, because the gentlewoman's time has expired.
- 5429 *Ms. Schrier. Oh, I missed that.
- *Ms. Eshoo. Oh, it hasn't. I am sorry, I am sorry.
- 5431 You have 37 seconds. I am sorry.
- *Dr. Wilson. I think we have to both integrate for sort
- 5433 of our learners into health professional education and
- 5434 medical residency programs, better education in addiction.
- 5435 And I think the X-waiver training is sort of an
- 5436 additional regulatory hurdle. I think we should eliminate
- 5437 the X-waiver training, but integrate basic tenants of
- 5438 addiction medicine as sort of linked to, for example, DEA
- 5439 licensure. So as you sort of obtain your DEA license, you
- 5440 have to complete a certain amount of hours related to --

- 5441 basics related to addiction and buprenorphine prescribing, so
- 5442 all prescribers who are able to prescribe controlled
- 5443 substances are actually also able to recognize, treat, or
- 5444 refer to treat patients with addiction.
- *Ms. Schrier. Great, thank you very much.
- *Ms. Eshoo. The gentlewoman's time has expired, and
- 5447 excuse me for interrupting.
- The chair now recognizes the gentlewoman from
- 5449 Massachusetts, who has been with us all day, and I think that
- is the quality of the hearing, right?
- *Mrs. Trahan. Absolutely.
- *Ms. Eshoo. Yes. Congresswoman Trahan, you are
- 5453 recognized for your five minutes, and thank you. You are a
- 5454 wonderful addition to our subcommittee.
- *Mrs. Trahan. Well, I so appreciate that, Madam Chair,
- 5456 and I really do appreciate you convening us on this important
- issue, and prioritizing it. Your leadership on substance use
- 5458 disorder is unparalleled. And I want to thank all the
- 5459 witnesses today. I know it has been a long day, but your
- 5460 contribution to our policymaking is so important.
- 5461 So in 2016 Max Baker was 23 years old when he died of an
- overdose after suffering from heroin addiction. Prior to his
- 5463 passing, Max's father, Dr. James Baker, a hospice care
- 5464 physician who works in my district, he sought help for his
- 5465 son through his own primary care doctor. But the answer Dr.

Baker received was not at all encouraging: "I hope he finds 5466 the help he needs.'' And this particular primary care doctor 5467 didn't have the working knowledge to treat Max's addiction, 5468 or even the tools to refer him to someone who could. 5469 5470 And that isn't a criticism. You know, it is a description of an all-too-common problem, as Dr. Schrier just 5471 mentioned. In fact, even over Dr. Baker's 35 years of 5472 practicing medicine, he hadn't learned how to treat opioid 5473 use disorder, not in his coursework at Johns Hopkins, or 5474 5475 Harvard, not in his medical school residency, and not in his public health education. 5476 So, Dr. Wilson, I am going to stay with you. Why should 5477 all medical professionals know how to identify and treat SUD? 5478 And what would you say to your medical colleagues across 5479 different medical specialties if they questioned why 5480 requiring education on treating patients with SUD is 5481 important to improving addiction treatment for all Americans? 5482 *Dr. Wilson. Yes, thank you so much. You know, I think 5483 the sort of key takeaway point is there should be no wrong 5484 5485 door for a patient who is seeking help, right? And so I think that we, historically, have had 5486 separation -- have separated addiction treatment from medical 5487 treatment. And so historically, providers, physicians have 5488 not learned about addiction medicine as part of routine sort 5489

of education or curriculum offered in medical school, or as

- 5491 part of their residency training.
- And so, you know, I would call this out as a failure of
- our profession. And I think part of the treatment gap that
- 5494 we are seeing right now is because we haven't recognized
- 5495 that, you know, addiction and addiction medicine is part of
- 5496 the care that we need to offer all of our patients, right?
- And so you may not provide sort of really in-depth
- 5498 medical sort of addiction medicine when you see patients, but
- 5499 you should be able to screen, to diagnose, to recognize that
- 5500 a patient is struggling with addiction, and to know how to
- refer them to treatment, and what treatments exist.
- You know, I take care of patients in the hospital who
- often are admitted with -- for many things that have nothing
- 5504 to do with their addiction. And that is an opportunity for
- us to see them, offer treatment, and sort of really alter the
- 5506 course of their lives.
- *Mrs. Trahan. Sure. So let's imagine that the X-waiver
- requirement were eliminated, and so a barrier to treating
- 5509 patients with buprenorphine, for example, was no longer an
- issue. That is a powerful drug which many prescribers may
- 5511 not be familiar with. And it strikes me that, under that
- scenario, it would be even more important for our prescribers
- 5513 to understand how to use Buprenorphine to properly treat SUD.
- So would standardized education on treating addiction
- 5515 lead to better treatment for those suffering with SUD,

- especially if some treatment barriers are soon eliminated? 5516 *Dr. Wilson. Yes, so I actually think that we often --5517 and, in part, I think this is related to stigma around 5518 5519 addiction -- we prescribe many things which are far more 5520 dangerous for patients like morphine, like Oxycodone, like the medications that started this crisis to begin with, that 5521 do not have the regulatory hurdles like prescribing 5522 buprenorphine. It should not be easier for us to prescribe 5523 pain medicine than it is for us to prescribe Buprenorphine to 5524 5525 treat someone with an opiate use disorder. So I think part of that is helping providers recognize 5526
- So I think part of that is helping providers recognize
 it is actually not that challenging. This is something you
 can do, you are empowered to do it, and with sort of a short
 sort of kind of educational module, an hour or two focused on
 the medication of Buprenorphine and how you start it, all
 providers will, I think, realize that they too can recognize
 and treat patients with opiate use disorders.
- *Mrs. Trahan. And that is a huge part for us, 5534 eliminating the stigma.
- I mean, look, had standardized education been the
 protocol a few years ago, perhaps Max Baker would have
 received the early intervention and the support that he
 needed. And parents like -- patients like him show up in
 medical offices across the country, and the medical
 community, frankly, needs to be ready to spot problems of

- this sort, whatever their specialty.
- I mean, this is, after all, a national crisis, and it is
- 5543 going to require all of us to do a bit more to keep patients
- healthy and safe, which is what the MATE Act aims to do.
- So I really appreciate your contribution to today's
- 5546 conversation, Dr. Wilson, and I yield back the remainder of
- 5547 my time.
- *Ms. Eshoo. The gentlewoman yields back, and I think
- 5549 the final recognition of a wonderful member is going to be
- our last one, and that is the gentlewoman from Texas, Mrs.
- 5551 Fletcher. Are you there?
- *Mrs. Fletcher. Thank you --
- 5553 *Ms. Eshoo. There you are.
- *Mrs. Fletcher. Thank you so much, Chairwoman Eshoo.
- Yes, and thank you to all of our witnesses for testifying
- 5556 today about this critically important topic, and for being
- 5557 with us throughout the day. It really is important. And I
- 5558 want to touch on one thing that we haven't, to my knowledge,
- 5559 touched on in this panel, and get insights from all of you.
- I have the privilege of representing a lot of medical
- 5561 professionals in my district in Houston, just outside the
- 5562 Texas Medical Center. And I have heard from a lot of the
- doctors and other medical professionals in my district that a
- 15564 lack of insurance coverage can significantly impact an
- 5565 individual's recovery.

You know, for example, a person may be on medication-5567 assisted treatment, and doing very well, but they are laid off, or get dropped from their partner's coverage. There are 5568 a lot of scenarios, unfortunately, that we have seen over the 5569 5570 last year where people have lost their coverage, and then they can no longer afford their treatment, and they relapse. 5571 So Medicaid is the largest payer of mental health and 5572 substance use disorder treatment in the country. 5573 Unfortunately, in states like mine that have not expanded 5574 5575 Medicaid, you know, many people who are struggling with substance use disorders are unable to get the coverage they 5576 5577 need. 5578 So I want to start with Dr. Wilson. In your testimony you discuss the many barriers that can exist to accessing 5579 addiction treatment. In your opinion, would Medicaid 5580 expansion help reduce barriers and expand access to critical 5581 substance abuse disorder treatment? 5582 5583 *Dr. Wilson. Absolutely. It is really a no-brainer. You know, I think it is cost-prohibitive for people to pay 5584 5585 out of pocket for addiction treatment. And I see patients all the time who have been doing great, are in sustained 5586 recovery, doing well, taking medications, engaged in recovery 5587 services, and they lose insurance coverage through no fault 5588 5589 of their own, and then have withdrawal from the medications

that have been helping them stay sober and abstinent from

5566

- 5591 illicit opioids, and really lose access to all the recovery
- 5592 support services that have helped them stay in long-term
- 5593 recovery.
- And that can be -- we know that any return to use could
- 5595 be a potentially fatal return to use. And so this is really
- a conversation about how we keep people alive, and keep them
- 5597 getting access to medications and treatment that can help
- 5598 save lives.
- 5599 *Mrs. Fletcher. Thank you, Dr. Wilson, and I would love
- 5600 to just open that question up to anyone, especially since I
- 5601 am the last -- last couple of minutes of the hearing, just to
- see if anyone else wants to weigh in on that question about
- 5603 how we can keep getting people access to critical services,
- or -- really, if somebody else has something to say that we
- 5605 didn't get to, and you want to use this minute, I would be
- 5606 glad to hear your thoughts as we wrap up.
- *Mr. Vargo. If I might, Representative?
- *Mrs. Fletcher. Go ahead.
- *Mr. Vargo. Well, thank you very much for giving me the
- opportunity. I will tell you that it is not just the
- 5611 existence of or the lapse of insurance. It is whether they
- 5612 have it in the very first place.
- As I said, we have got a 90 percent unemployment rate on
- 5614 the Pine Ridge Indian Reservation. So that means that the
- 5615 ACA makes no inroads, as far as insurance goes.

- And I will also, though, point out one other difficulty, 5616 5617 which is the ability of Medicaid and Medicare to reimburse for off-label uses of proven drugs that would be of 5618 assistance. It makes it prohibitively expensive for those 5619 5620 people to seek treatment, and for us, as governments, to then pay for that treatment, because we are essentially out of 5621 pocket. So even before you get to Medicaid expansion, the 5622 capacity -- I would rather that a doctor like Dr. Wilson, who 5623 knows what she is doing, and she makes a decision that this 5624 5625 drug is necessary for a patient's care, even if it is off label, it strikes me that that should be reimbursed by 5626 Medicaid. 5627
- *Mrs. Fletcher. Thank you, Mr. Vargo, I appreciate that.
- And I think that, Mr. Laredo, you had your hand up.
- *Mr. Laredo. Thank you so much. Just following on what
- Mr. Vargo just said, you have a nationwide, systemwide
- 5633 problem of complete lack of services compared to the need.
- 5634 So, whether there is insurance or not, whether there is
- Medicaid expansion or not, it is another example of needing
- 5636 an all-of-the-above approach and, unfortunately, a truly
- 5637 dramatic increase in funding across the board to pay for
- these services.
- The public health system, as we have seen throughout the
- 5640 COVID pandemic, is in deep, deep trouble. And that

- translates through the substance use and addiction treatment
- 5642 system. It is -- frankly, calling it a "system'' is a little
- 5643 bit of an overstatement. So anything at all -- you don't
- always want to throw money at a problem. This is a problem
- that has for decades required significantly more funding than
- 5646 it has ever received.
- *Mrs. Fletcher. Well, thank you so much for that, and I
- am at the end of my time here.
- 5649 So, Chairwoman Eshoo, thank you again for holding this
- incredibly informative hearing, and thank you to all of our
- 5651 witnesses for your testimony here today. I yield back.
- *Ms. Eshoo. The gentlewoman yields back. I don't see
- any other hands for members, whether they were part of the
- 5654 subcommittee or waiving on.
- I want to thank each one of you. You have really given
- 5656 superb testimony. What always makes it very interesting in a
- hearing is, you know, the two sides of an issue from two
- 5658 professionals. And, you know, none of these issues are --
- 5659 well, I think the issue of, you know, the whole -- the
- schedule one issue, and that we are going to have to sort
- out, it is an important one, but I can't give you an answer
- right now of where I am on it, because people have made
- 5663 excellent points about it. And that is the point of a
- hearing, is that we get the expert testimony. No one can say
- to any one of you that you don't know what you are talking

- about. You bring decades of professional experience to the Congress of the United States.
- And we are not only very deeply grateful to you, we are 5668 proud of you. When I listen to all the professionals I 5669 5670 always think to myself, what a country we have, what a country we have, individuals that are so committed, so 5671 5672 committed to the public health system, to research, to the criminal justice system. I could go on and on. So you have 5673 the collective gratitude of our entire committee, and you 5674 5675 have been highly instructive to us. You have been highly patient for us to take up your panel, and we are lastingly 5676
- So thank you, thank you, thank you, and know that we
 will circle back with you with the questions that members
 submit. If they didn't have the opportunity, they will
 submit questions, and I trust that you will answer them in a
 timely way.

5677

grateful to you.

- So keep doing your extraordinary work. Our country and this issue really need you. And hopefully, we will shape policies that are going to really put a -- really address what -- as I said earlier, this scourge in our country.
- I mean, it just has wiped out -- wrecked lives, wrecked
 families, taken tolls on communities across the country. And
 it doesn't matter what zip code people live in. Not a
 surprise, in poorer areas it is even worse. So thank you

5691	again.
5692	Now, I have a request of my wonderful our wonderful
5693	ranking member. I have 37 documents to enter into the
5694	record. They are all wonderful, and important, and
5695	organizations weighing in. And I would like to request a
5696	make a unanimous consent request to enter into the record the
5697	37 documents that have been submitted to our subcommittee.
5698	[The information follows:]
5699	
5700	*********COMMITTEE INSERT******
5701	

*Mr. Guthrie. Okay, thanks, and before -- I don't 5702 object, so I won't object. But I just want to say again, to 5703 echo what you said, to have our witnesses here today, to 5704 spend an entire day of your time -- I know you got to listen 5705 5706 to the morning session, and then spend your entire afternoon with us is -- I know your time is valuable, but it is 5707 helpful. It really is helpful, because a lot of us are 5708 really trying to sort this out, and not coming with a 5709 preconceived views or optics, or anything like that. We 5710 5711 really want to come up with the right answer. And we appreciate your time. 5712 And I do not object to your unanimous consent request. 5713 *Ms. Eshoo. Well, thank you. Thank you very much. And 5714 I appreciate it. And yes, five hours and 10 minutes, total. 5715 But I think it also -- I think that, as you -- before 5716 you turn off your laptops, I am very proud of our 5717 subcommittee, and the members on both sides of the aisle. 5718 You heard so many thoughtful, probing questions. 5719 So while, you know, Congress has always been kind of the 5720 5721 -- at the -- well, let's just put it that way, a lot of fingers pointed at us, we are made fun of, or mocked in 5722 different ways. Sometimes it is earned. But I think most of 5723 the time, frankly, it isn't. You saw and heard firsthand the 5724 5725 deep concern of members, the knowledge that they have about

the subject matter, and they are reaching out with deep

- 5727 respect to each one of you to probe further, and seek your
- 5728 professional advice. So I am very grateful, and I am very
- 5729 proud of our subcommittee. It is a very important one. And
- 5730 I know that Mr. Guthrie shares that view, as well.
- 5731 So God bless each one of you. I know you are going to
- 5732 keep serving our country well. You have served us so well
- 5733 today.
- And with that, I adjourn the Health Subcommittee hearing
- of today, April 14th, the birthday of my son.
- 5736 [Whereupon, at 3:43 p.m., the subcommittee was
- 5737 adjourned.]