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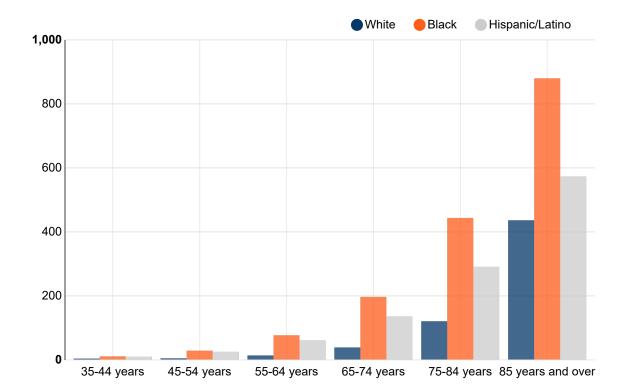
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# **Bace gaps in COVID 19** deaths are even bigger than they appear

Tiffany Ford, Sarah Reber, and Richard V. Reeves Tuesday, June 16, 2020

he COVID-19 pandemic has been like the flash of an X-ray, exposing the deep fractures in U.S. society – not least by race. <u>New data from CDC</u> shows that the death rates among Black and Hispanic/Latino people are much higher than for white people, in all age categories:

### Figure 1. COVID-19 death rates by age and race



#### **Rates per 100,000**

Source: CDC data from 2/1/20-6/6/20 and 2018 Census Population Estimates for USA

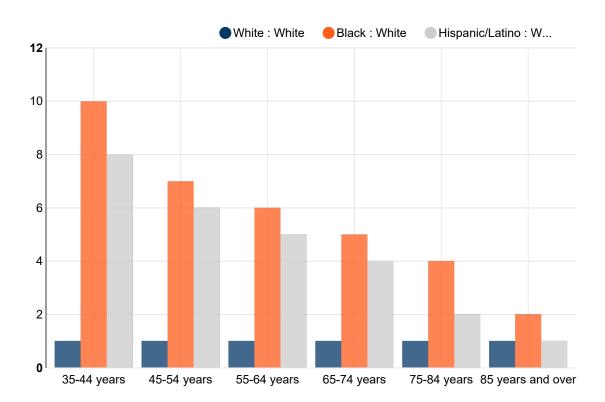
<u>Stark inequalities in COVID outcomes exist for the American Indian and Alaska</u> <u>Native population</u> as well, however <u>information on death rates for these groups is</u> <u>incomplete</u>. Here, we focus on the three largest racial/ethnic groups, white, Black, and Hispanic/Latino, for which data are more reliable and which account for 93% of all COVID deaths reported by the CDC (through June 6).[1]

Death rates among Black people between 55-64 years are higher than for white people aged 65-74, and death rates are higher for Blacks aged 65-74 than for whites aged 75-84, and so on. In every age category, Black people are dying

from COVID at roughly the same rate as white people more than a decade older. Age-specific death rates for Hispanic/Latino people fall in between.

These disparities can be observed at all ages, but are especially marked in somewhat younger age groups. These disparities can be seen more clearly by comparing the ratio of death rates among Black and Hispanic/Latino people to the rate for white people in each age category. Among those aged 45-54, for example, Black and Hispanic/Latino death rates are at least six times higher than for whites:

# Figure 2. Huge race gaps in COVID-19 death rates, especially in middle age



#### Ratio of death rates

## Source: CDC data from 2/1/20-6/6/20 and 2018 Census Population Estimates for USA

https://www.brookings.edu/blog/up-front/2020/06/16/race-gaps-in-covid-19-deaths-are-ev... 6/17/2020

Whites comprise 62% of people in the U.S. between ages 45-54. In that age group, 1,013 white people have died from Covid-19 (22% of the total) compared to 1,448 Black people and 1,698 Hispanic/Latino people.

## What's behind the race gap in Covid-19 deaths?

A number of factors are likely contributing to the substantial race gaps in mortality rates. These factors may be influencing the risk of infection and/or the risk of death among those infected. Infection rates could be higher among Black and Hispanic/Latino people because of occupations, less social distancing – and especially geography. The parts of the country hit hardest so far by Covid-19 have larger Black and Hispanic/Latino populations. The CDC has produced data showing the percentage of reported deaths by race compared to the population weighted by the geography of the pandemic. These data suggest that Black and white people account for a slightly higher share of the Covid-19 deaths than of the population of locations where the pandemic hit hardest, while Hispanic/Latino people account for a smaller share. Critically, however, these data do not take age into account. (There are concerns about data quality with regard to Covid-19 in general, including the attribution of deaths to the virus, testing rates, and so on; but problems with the data are unlikely to account for these stark differences by race shown here). While geography may be part of the explanation for the race gaps, it does not look to be the main one.

Black and Hispanic/Latino people may also more vulnerable to Covid-19 if they become infected, because of <u>less access to health care</u> or <u>greater prevalence of co-morbidities</u> such as hypertension, obesity, diabetes, and lung disease – which in turn reflect broader racial inequalities. Our colleague Rashawn Ray has <u>unpacked</u> the structural conditions that may be causing racial inequalities in Covid-19 <u>deaths</u>.

# Looking harder at age and race

As we argued in a <u>previous analysis on gender</u>, the need to take age into account is paramount, given the huge age gradient in vulnerability to Covid-19. That is why we focused on age-specific death rates above. It bears underlining that a much higher percentage of the white population is in older age groups. Older people are more likely to die from Covid-19 (shown in the black line below), and whites are much more likely to be in the oldest age groups (shown in the bars), where the Covid-19 death rates are highest. For example, 9% of white people are over 75, compared to 4% of Black people and 3% of Hispanic/Latino people:

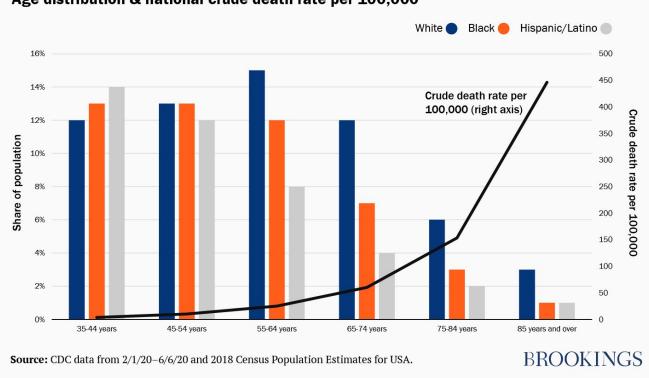
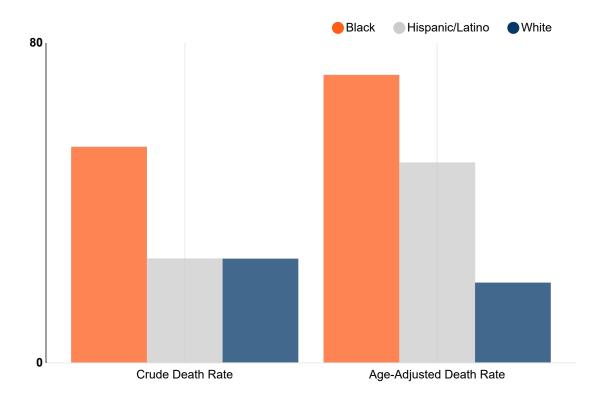


Figure 3. Whites much more likely to be in older age categories Age distribution & national crude death rate per 100,000

Age-adjusted death rates, which account for these differences in the age distributions by race, present a more accurate picture of the differential impact of Covid-19. We calculate the crude Covid-19 death rates and age-adjusted Covid-19 death rates. As expected, the disparities for the age-adjusted death rates are even larger than the substantial disparities in the crude death rates:

# Figure 4. Gaps in age-adjusted Covid-19 death rates are even wider

#### Rates per 100,000



# Source: CDC data from 2/1/20-6/6/20 and 2018 Census Population Estimates for USA

The crude death rate (the bars on the left) for Black people is twice that for whites, and the crude death rate for Hispanic/Latinos is similar to that of whites. But accounting for the fact that the Black and especially Hispanic/Latino populations are much younger (the bars on the right), the age-adjusted death rates show larger gaps.. The age-adjusted COVID-19 death rate for Black people is 3.6 times that for whites, and the age-adjusted death rate for Hispanic/Latino people is 2.5 times that for whites.[2]

## Racial justice is about health, too

The issue of racial injustice has rightfully joined the pandemic at the top of the national agenda. Protests against the metronomic killing of Black people, especially at the hands of police, are taking place across the country. At the same time, race gaps in vulnerability to Covid-19 highlight the accumulated, intersecting inequities facing Americans of color (but especially Black people) in jobs, housing, education, criminal justice – and in health.

As our former colleague <u>Dayna Bowen Matthew</u>, author of <u>Just Medicine: A Cure</u> <u>for Racial Inequality in American Health Care</u>, puts it: "What we politely call a 'health disparity' is killing people of color daily. It is causing people of color to live sicker and die quicker, because of the color of their skin." The data on Covid-19 provide the latest proof of this enduring fact.

[1] We use the CDC race/ethnicity definitions, so the white and Black categories exclude Hispanic/Latinos, and Hispanic/Latino refers to Hispanic/Latino of any race.

[2] Note that these age-adjusted rates are meant to facilitate comparisons across groups and should not be confused with actual death rates for these populations.But they provide a useful window into understanding the differential impact of COVID-19 by race and ethnicity.