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6 REAUTHORIZING VITAL HEALTH PROGRAMS FOR

7 AMERICAN FAMILIES

8 TUESDAY, JUNE 25, 2019

9 House of Representatives

10 Subcommittee on Health

11 Committee on Energy and Commerce

12 Washington, D.C.

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16 The subcommittee met, pursuant to call, at 10:00 a.m.,

17 in Room 2322 Rayburn House Office Building, Hon. Anna G.

18 Eshoo [chairwoman of the subcommittee] presiding.

19 Members present: Representatives Eshoo, Engel,

20 Butterfield, Castor, Sarbanes, Lujan, Schrader, Kennedy,

21 Cardenas, Welch, Ruiz, Dingell, Kuster, Kelly, Barragan,

22 Blunt Rochester, Rush, Pallone (ex officio), Burgess, Upton,

23 Shimkus, Guthrie, Griffith, Bilirakis, Long, Bucshon, Brooks,

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1 Mullin, Hudson, Carter, Gianforte, and Walden (ex officio).

2

3

4 Staff present: Mohammad Aslami, Counsel; Kevin Barstow,

5 Chief Oversight Counsel; Billy Benjamin, Systems

6 Administrator; Jacquelyn Bolen, Professional Staff; Jesseca

7 Boyer, Professional Staff Member; AJ Brown, Counsel; Jeff

8 Carroll, Staff Director; Jacqueline Cohen, Chief Environment

9 Counsel; Sharon Davis, Chief Clerk; Luis Domingues, Health

10 Fellow; Jennifer Epperson, FCC Detailee; Elizabeth Ertel,

11 Office Manager; Adam Fischer, Policy Analyst; Jean Fruci,

12 Energy and Environment Policy Advisor; Evan Gilbert, Press

13 Assistant; Lisa Goldman, Counsel; Waverly Gordon, Deputy

14 Chief Counsel; Tiffany Guarascio, Deputy Staff Director;

15 Caitlin Haberman, Professional Staff Member; Alex Hoehn-

16 Saric, Chief Counsel, C&T; Megan Howard, FDA Detailee; Zach

17 Kahan, Outreach and Member Service Coordinator; Rick Kessler,

18 Senior Advisor and Staff Directory, Energy and Environment;

19 Saha Khaterzai, Professional Staff Member; Chris Knauer,

20 Oversight Staff Director; Brendan Larkin, Policy Coordinator;

21 Una Lee, Senior Health Counsel; Jerry Leverich, Counsel;

22 Jourdan Lewis, Policy Analyst; Perry Lusk, GAO Detailee;

23 Dustin Maghamfar, Air and Climate Counsel; John Marshall,

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1 Policy Coordinator; Kevin McAloon, Professional Staff Member;
2 Dan Miller, Policy Analyst; Jon Monger, Counsel; Elysa
3 Montfort, Press Secretary; Phil Murphy, Policy Coordinator;
4 Lisa Olson, FERC Detailee; Joe Orlando, Staff Assistant;
5 Kaitlyn Peel, Digital Director; Mel Peffers, Environment
6 Fellow; Alivia Roberts, Press Assistant; Tim Robinson, Chief
7 Counsel; Chloe Rodriguez, Policy Analyst; Nikki Roy, Policy
8 Coordinator; Samantha Satchell, Professional Staff Member;
9 Andrew Souvall, Director of Communications, Outreach and
10 Member Services; Sydney Terry, Policy Coordinator; Kimberlee
11 Trzeciak, Senior Health Policy Advisor; Rick Van Buren,
12 Health Counsel; Eddie Walker, Technology Director; Teresa
13 Williams, Energy Fellow; Tuley Wright, Energy and Environment
14 Policy Advisor; C.J. Young, Press Secretary; Jennifer
15 Barblan, Minority Chief Counsel, O&I; Mike Bloomquist,
16 Minority Staff Director; Adam Buckalew, Minority Director of
17 Coalitions and Deputy Chief Counsel, Health; Robin Colwell,
18 Minority Chief Counsel, C&T; Jerry Couri, Minority Deputy
19 Chief Counsel, Environment & Climate Change; Jordan Davis,
20 Minority Senior Advisor; Kristine Fargotstein, Minority
21 Detailee, C&T; Margaret Tucker Fogarty, Minority Staff
22 Assistant; Melissa Froelich, Minority Chief Counsel, CPAC;
23 Theresa Gambo, Minority Human Resources/Office Administrator;

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1 Caleb Graff, Minority Professional Staff Member, Health;
2 Brittany Havens, Minority Professional Staff, O&I; Peter
3 Kielty, Minority General Counsel; Bijan Koohmaraie, Minority
4 Counsel, CPAC; Tim Kurth, Minority Deputy Chief Counsel, C&T;
5 Ryan Long, Minority Deputy Staff Director; Mary Martin,
6 Minority Chief Counsel, Energy & Environment & Climate
7 Change; Sarah Matthews, Minority Press Secretary; Brandon
8 Mooney, Minority Deputy Chief Counsel, Energy; James
9 Paluskiewicz, Minority Chief Counsel, Health; Brannon Rains,
10 Minority Staff Assistant; Zach Roday, Minority Communications
11 Director; Kristen Shatynski, Minority Professional Staff
12 Member, Health; Alan Slobodin, Minority Chief Investigative
13 Counsel, O&I; Peter Spencer, Minority Senior Professional
14 Staff Member, Environment & Climate Change; Natalie Sohn,
15 Minority Counsel, O&I; Danielle Steele, Minority Counsel,
16 Health; Everett Winnick, Minority Director of Information
17 Technology; and Greg Zerzan, Minority Counsel, CPAC.

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1 Ms. Eshoo.= The Subcommittee on Health will now come to
2 order. Good morning, everyone, colleagues and everyone who
3 has joined us in the hearing room and welcome to our
4 witnesses. The chair now recognizes herself for five minutes
5 for an opening statement.

6 Today, our subcommittee is going to consider four bills
7 to reauthorize very important--critically important public
8 health programs that support and improve the health and well-
9 being of children, of adults, and their care givers. Very
10 important--care givers. I know because I've been one. It's
11 not easy.

12 Our subcommittee's focus for June has been to make sure
13 that important health programs nearing their expiration are
14 continued, and in some cases, expanded.

15 Last week, we held what I thought was a historic hearing
16 about the need to address expiring Medicaid funds for the
17 territories. All of the people that reside in the
18 territories are American citizens.

19 And earlier in June, we considered extending 12 programs
20 that strengthen public health and the Medicare and Medicaid
21 programs.

22 These hearings have led to results. Last week, the
23 House passed H.R. 3253, a bipartisan bill that extended

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1 several programs in Medicaid, including the Money Follows the
2 Person program and the Excellence in Mental Health
3 demonstration program.

4 I am grateful to Representatives Dingell and Guthrie for
5 their work on that bill. We are all grateful to them.

6 Today, we continue our focus by hearing testimony on
7 four bipartisan reauthorization bills, most of which were
8 authored by members of this committee.

9 These bills support people at particularly vulnerable
10 times in their lives: when a baby is born, during a pediatric
11 emergency, after an autism diagnosis, or when serving as the
12 primary care giver for a loved one.

13 Members of this subcommittee have no doubt experienced
14 at least one of these vulnerable moments. As I just
15 mentioned, I certainly have and so have millions of
16 Americans.

17 Too often, these experiences go untold and what can be
18 done to assist goes unexamined. Today, our witnesses are
19 going to explain what people in these moments need and how
20 these bills can help.

21 The first bill, the Newborn Screening Saves Lives
22 Reauthorization Act, gives parents the peace of mind that
23 their newborn will receive comprehensive diagnostic screening

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1 no matter where in the country they are born.

2 Through these screenings, each year over 12,000 babies
3 live healthier, longer lives because they receive lifesaving
4 treatments faster.

5 The Emergency Medical Services for Children
6 Reauthorization Act is really, I think, about peace of mind.
7 There is nothing scarier than when a child is critically ill
8 or injured.

9 Parents should be able to trust that their child will
10 receive appropriate medical care no matter what hospital they
11 go to. This bill reauthorizes the only federal program
12 dedicated to improving emergency medical care for children.

13 The Autism CARES Act expands efforts to conduct research
14 and provide services to people who are autistic with an
15 important focus on addressing racial disparities. Black and
16 Latino children with autism tend to be diagnosed later than
17 white children and are often misdiagnosed.

18 They have less access to services and are
19 underrepresented in most autism research. This five-year
20 reauthorization addresses these disparities as well as other
21 challenges related to autism research, education, and
22 detection.

23 Finally, the Lifespan Respite Care Reauthorization Act

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1 helps support the family members. I think this is just so
2 badly needed in our country. It helps support the family
3 members who provide full-time care to their aging or disabled
4 loved one.

5 Being the unpaid care giver for a loved one can be
6 physically and emotionally exhausting and isolating. The
7 average family care giver is a woman who works full-time and
8 is providing care to both aging parents and children living
9 at home.

10 That is--that should take everyone's breath away.
11 Through a five-year reauthorization of grant funds, this bill
12 allows care givers to take a temporary break from their care
13 giving responsibility.

14 So today's hearing is about helping people in situations
15 that too often are overlooked. By making sure we don't treat
16 children as little adults, that minority children are
17 included in autism research, and that we are supporting the
18 people, mostly women, who are taking care of their loved ones
19 every day, we are taking important steps toward the goal of
20 quality health care for every American.

21 I stand ready to work with every single one of my
22 colleagues to make sure these programs are reauthorized.

23 The chair now has the pleasure of recognizing Dr.

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1 Burgess, the ranking member of the subcommittee, for five
2 minutes for his opening statement.

3 Mr. Burgess. = Thank you, Madam Chair.

4 As you said, we are here today to discuss the
5 reauthorization of four public health programs that provide
6 resources for critical and in some cases even lifesaving care
7 for Americans.

8 These four bills--the Emergency Medical Services for
9 Children Program reauthorization, the Autism CARES Act, the
10 Lifespan Respite Care Reauthorization Act, and the Newborn
11 Screening Saves Lives Reauthorization Act--all make
12 immeasurable impact on individuals' lives each and every day.

13 The Emergency Medical Services for Children Program was
14 enacted in 1984. This was to provide grant funding to
15 increase the ability of emergency medical systems to care for
16 pediatric populations.

17 Not only does the program provide funding so that
18 emergency departments and hospitals can equip themselves with
19 appropriate pediatric medical tools; it enables partnerships
20 and drives research and innovation in emergency care for
21 children.

22 Last year, we reauthorized the Children's Hospital
23 Graduate Medical Education Program and named the bill after

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1 one of my professors, Dr. Benjy Brooks. I remember Dr.
2 Brooks telling me at the start of my medical career that
3 children are not just smaller versions of adults.

4 Treating them is more complex than scaling down the size
5 of the problem. It requires a whole host of separate tools
6 and separate knowledge, and that is why this program is so
7 important, especially at the hours of an emergency.

8 Similarly, the Newborn Screening Saves Lives Act, which
9 passed for the first time in 2008, aims to improve the
10 ability to address pediatric health by standardizing new born
11 screening programs.

12 Newborn screenings are incredibly important in providing
13 physicians and families with information regarding their
14 baby's health, enabling them to practice early intervention
15 and treatment if necessary.

16 According to the March of Dimes, in 2007 only 10 states
17 and Washington, D.C., required infant screening for the
18 recommended disorders.

19 Since enactment of the Newborn Screening Saves Lives
20 Act, all the states, Washington, D.C., and Puerto Rico screen
21 for at least 29 of the 35 recommended conditions.

22 This bill would reauthorize funding for the Health
23 Resources and Services Administration, the Centers for

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1 Disease Control and Prevention, and the National Institute of
2 Health to ensure that our newborn screening remains
3 comprehensive and that our nation's health care providers are
4 adequately equipped to conduct these screenings.

5 Autism CARES builds upon the strong foundation that
6 Congress laid by passing the Combating Autism Act in 2006.
7 This legislation expanded research and expanded surveillance
8 and treatment of autism spectrum disorder and has equipped
9 our federal agencies with enhanced resources to expand its
10 knowledge of this complex disorder.

11 As the number of children diagnosed with autism spectrum
12 disorder has increased it is even more important that we
13 reauthorize this program and ensure the continuation of the
14 Interagency Autism Coordinating Committee.

15 As families across our nation navigate raising children
16 with autism, the Autism CARES Act will provide hope by
17 authorizing funding for continued research, surveillance,
18 education at the NIH, the CDC, and HRSA.

19 And I certainly want to thank our colleague, Mr. Doyle,
20 along with Chris Smith, who has been a standard bearer for
21 this legislation certainly as long as I have been here.

22 The final piece of legislation we are considering today,
23 the Lifespan Respite Care Reauthorization Act, would

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1 reauthorize funding for the Lifespan Respite Care Program
2 through fiscal year 2024.

3 Respite care is critical--it is a critical resource for
4 care givers who spend so much of their time helping their
5 loved one through each day.

6 Most insurance plans do not cover the cost of respite
7 care. But the Administration for Community Living and the
8 Department of Health and Human Services works with the ARCH
9 National Respite Network and Resource Center to provide
10 respite care to care givers across the United States,
11 ensuring that we maintain access to respite care for our care
12 givers and for our loved ones.

13 I want to thank our witnesses for being here today and
14 taking their time to testify before the subcommittee today.
15 I look forward to a productive dialogue and moving these
16 bills to the subcommittee and ultimately see them signed into
17 law.

18 I yield back my time.

19 Ms. Eshoo.= The gentleman yields back.

20 The chair now recognizes Mr. Pallone, the chairman of
21 the full committee, for his five minutes for an opening
22 statement.

23 The Chairman.= Thank you, Madam Chair.

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1 Today, our committee is reviewing four bipartisan bills
2 that would reauthorize programs that bolster America's
3 medical research capacity and improve quality of life for
4 millions of families.

5 It's important that we ensure that the authorizations of
6 these programs do not expire and I am grateful to the many
7 members on and off our committee who have worked on these
8 bills that will extend these programs.

9 The first bill we are examining reauthorizes the Autism
10 CARES Act. This reauthorization is important in order to
11 continue critical research, surveillance, education, early
12 detection, and intervention programs for people living with
13 autism spectrum disorder, or ASD, and their families.

14 The legislation would also expand efforts to support all
15 individuals with ASD across their lifespan regardless of age
16 and it would encourage greater research efforts into reducing
17 disparities among people from diverse racial, ethnic,
18 geographic, or linguistic backgrounds.

19 The committee will also review legislation reauthorizing
20 the Newborn Screening Saves Lives Act. Each year more than
21 12,000 babies are born with conditions that might not be
22 readily apparent, requiring early detection and treatment.

23 Since it was first signed into law in 2008, this law has

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1 made great strides to ensure that all children receive
2 recommended screening and this reauthorization bill will
3 bring us closer to the goal of every child born in the United
4 States receiving all recommended screening tests, ensuring
5 better treatment and long-term health outcomes, and I want to
6 thank Representative Roybal-Allard who has championed this
7 program since it was first passed more than 10 years ago.

8 While the newborn screening legislation ensures proper
9 care for children from the moment they are born, the
10 Emergency Medical Services for Children Program ensures that
11 children are safe and receive proper treatment if emergency
12 care is ever required.

13 As I am sure our witness will attest, treating children
14 in emergency situations can be very different from treating
15 adults. If ever a parent or care giver is required to call
16 911 the get emergency care for a child, they should know
17 their children will receive the medical care they need and
18 this programs provide the important research and training
19 necessary to provide quality emergency care for children no
20 matter where they are located in the country.

21 And finally, the committee will review a proposal by
22 Representative Langevin to reauthorize the Lifespan Respite
23 Care Program. This program provides much-needed respite

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1 services and educational resources to family care givers of
2 children and adults of all ages with special needs and I urge
3 support for its reauthorization.

4 I want to thank all the witnesses. I look forward to
5 the testimony and now I yield now the remainder of my time to
6 Representative, also known as Coach Doyle, the leader of the
7 Autism Caucus and a long-time champion of the Autism CARES
8 Act.

9 Mr. Doyle.= Thank you, Mr. Chairman, for yielding your
10 time to me and I also want to thank Chairwoman Eshoo, my good
11 friend, for holding this important hearing today.

12 You know, when Chris Smith and I founded the Autism
13 Caucus almost 19 years ago, most members of Congress's
14 knowledge of autism was if they saw the movie "The Rain
15 Man."

16 NIH and CDC weren't spending much money doing any
17 research and little was known about this disorder. We have
18 come a long way but we still have a long way to go.

19 Back in 2006 when we first started working on the first
20 CARES Act, over \$3.1 billion has now been dedicated to the
21 NIH, CDC, and HRSA to understand autism spectrum disorders
22 and to find the right intervention and support for each
23 unique individual.

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1 Funding has also been used to support the training and
2 education of health professionals, to provide resources for
3 families, and coordinate efforts across the federal agencies
4 at the Interagency Autism Coordinating Committee.

5 These efforts have translated into real-life support for
6 individuals and families, although, as I said, we still have
7 a long way to go.

8 This room today is full of self advocates, family,
9 friends, and neighbors who have worked tirelessly to pass
10 this legislation including our witness, Dr. Hewitt.

11 It is for all of you that we are here today and that we
12 are especially grateful to because none of this would have
13 happened without your support and persistence and pushing us
14 to keep going further and further.

15 So I want to thank not only all the advocates in the
16 audience and the parents. The parents are the reason we have
17 come this far.

18 You deal with the parent of an autistic child, you're
19 dealing with someone determined to make sure that this
20 Congress does what we need to do and we are going to try to
21 continue to do that.

22 Madam Chair, I want to thank you. I came to your
23 earlier and asked for this hearing and you have been very

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1 gracious as has Chairman Pallone. I hope that we can move
2 quickly to markup in subcommittee and full committee and get
3 this bill passed as soon as possible with the commensurate
4 authorization and funding levels.

5 So I thank you very much and I yield back my time.

6 Ms. Eshoo.= The gentleman yields back.

7 I would say to Mr. Doyle promises made, promises kept.
8 Thank you for your magnificent work.

9 It's a pleasure to recognize the ranking member of the
10 full committee, the gentleman from Oregon, Mr. Walden.

11 Mr. Walden.= Good morning, Madam Chair.

12 Ms. Eshoo.= Good morning.

13 Mr. Walden.= Thanks for having this hearing. Thanks to
14 you and Ranking Member Burgess for your work on this and the
15 other members of the committee, Mr. Doyle, and certainly off
16 the committee Chris Smith has been so involved in this autism
17 effort.

18 The four bipartisan bills we are considering today are a
19 great start. Obviously, we all know we have some more work
20 to do to fund our nation's community health centers and
21 special diabetes programs and some other priorities I know
22 the committee is working on.

23 So I want to thank our witnesses today for helping us

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1 better understand these bills and issues. We look forward to
2 your testimony. Our work will be improved by your
3 participation.

4 At this hearing, as you've heard, we will consider four
5 bipartisan bills to reauthorize these common sense public
6 health programs that make a real difference for patients, for
7 families, for communities.

8 And, as you've heard, H.R. 1058, the Autism CARES Act of
9 2019 introduced by Representative Smith and Doyle, the number
10 of children diagnosed with autism spectrum disorder has
11 increased over the last several years and part of this trend
12 may be due to improvements in diagnosis and data collection.

13 But we need to learn more about autism spectrum
14 disorders and identify them at a younger age, and we need to
15 continue our push to more effectively treat this spectrum of
16 conditions.

17 The second bill, as you've heard, the Newborn Screening
18 Saves Lives Reauthorization Act of 2019 authorizes a five-
19 year extension of this really important program to screen
20 newborns, to boost transparency, to get better data, and to
21 have states participate in the best practices for newborn
22 screening. So I think this one is really important as well.

23 And then H.R. 776, the Emergency Medical Services for

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1 Children Program Reauthorization Act, is the only federal
2 program I believe that specifically focuses on addressing the
3 unique needs of children in emergency medical systems.

4 These grants represent an investment in research
5 regarding best practices, state partnerships to boost
6 capacity for pediatric care, and better data to inform
7 innovation, all with the goal of improving care for our
8 children in the health care system across our nation.

9 And then, finally, H.R. 2035, the Lifespan Respite Care
10 Reauthorization Act of 2019, this program is really important
11 to me, first, in 1997 my home state of Oregon became the
12 first state in the nation to create a Lifespan respite
13 program to provide relief to family care givers.

14 Other states soon followed suit and since 2009 the
15 federal government has offered grants, aid, and the
16 implementation of these programs. I've often joined my
17 colleagues on both sides of the aisle to boost resources for
18 family care givers because as taking care of a child or an
19 adult with special needs is an important duty.

20 Now I am pleased to be considered--to be considering the
21 five-year reauthorization of the National Respite Care
22 Program to help reduce the burnout and stress associated with
23 caring for a family member.

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1 So, in closing, thanks again to our witnesses. We
2 appreciate your being here today and thanks to Chairwoman
3 Eshoo and Ranking Member Burgess for this hearing.

4 And I yield back the balance of my time.

5 Ms. Eshoo.= The gentleman yields back. I know that all
6 the members have fabulous opening statements and remind you
7 that pursuant to committee rule your written opening
8 statements shall be made part of the record. So submit those
9 for the record.

10 I now would like to introduce the witnesses for today's
11 hearing and thank you for joining us today. We depend on you
12 for expertise and we have four of you.

13 The first, Dr. Amy Hewitt, the director of the Institute
14 on Community Integration, College of Education and Human
15 Development at the University of Minnesota, welcome to you
16 and our collective thanks to you.

17 Ms. Jill Kagan, the director of ARCH, a national respite
18 network and resource center of National Respite Coalition.
19 Thank you to for your fine work and for being here.

20 Dr. Patricia Kunz Howard, the president of Emergency
21 Nurses Association--thank you to you and a warm welcome--and
22 Dr. Joseph Bocchini, professor of pediatrics, Louisiana State
23 University Health Sciences Center at Shreveport. Thank you

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1 to you, Doctor, and a warm welcome.

2 At this time the chair is going to recognize each
3 witness for five minutes to provide your opening statements.
4 Bring the microphones close to you so that everyone can hear
5 you very well, and when it's time to testify make sure you
6 turn it on.

7 The red light means stop. You'll see green, yellow, red
8 light. Don't run the red light. How's that?

9 So with that, we will start with Dr. Amy Hewitt. Again,
10 welcome, and our thanks to you for being here today to offer
11 your expert testimony. You have five minutes.

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1 ?STATEMENTS OF AMY HEWITT, PH.D., DIRECTOR, INSTITUTE ON
2 COMMUNITY INTEGRATION, UNIVERSITY OF MINNESOTA; JOSEPH
3 BOCCHINI, M.D., PROFESSOR, DEPARTMENT OF PEDIATRICS,
4 LOUISIANA STATE UNIVERSITY HEALTH, SHREVEPORT; PATRICIA KUNZ
5 HOWARD, PH.D., RN, PRESIDENT, EMERGENCY NURSES ASSOCIATION,
6 DIRECTOR, EMERGENCY SERVICES, UNIVERSITY OF KENTUCKY
7 HEALTHCARE; JILL KAGAN, DIRECTOR, ARCH NATIONAL RESPITE
8 NETWORK AND RESOURCE CENTER=

9

10 ?STATEMENT OF AMY HEWITT=

11 Ms. Hewitt.= Thank you.

12 Chairwoman Eshoo, Ranking Member Burgess, and
13 distinguished members of the subcommittee, thank you for
14 inviting me here to testify about H.R. 1058 that will
15 reauthorize the CARES Act. It's a great honor to appear here
16 before you today.

17 I am the director of the Institute on Community
18 Integration at the University of Minnesota. Our center is
19 privileged to have several CARES projects including an Autism
20 and Developmental Disabilities Monitoring program, or the
21 ADDM, the Centers for Disease Prevention and Control "Learn
22 the Signs. Act Early'" campaign, and a Leadership Education
23 in Neurodevelopmental and Related Disabilities program known

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1 as the LEND.

2 I am also the proud alum of a LEND program, having
3 received training at Riley Child Development Center in
4 Indiana over 30 years ago.

5 I am the current president of the board of directors of
6 the Association of University Centers on Disabilities, a
7 network that includes all of the LEND programs and a national
8 resource center that provides technical assistance to CARES
9 programs.

10 Autism and related neurodevelopmental disabilities pose
11 significant challenges to communities across the United
12 States. Our ADDM data estimates that one in 59 children have
13 autism and, roughly, one in six children have related
14 developmental disabilities.

15 What this means is that it's highly likely that everyone
16 in this room knows someone that has a family member with
17 autism or a developmental disability.

18 While I am here in my professional role as a researcher,
19 I understand these issues as a family member, too. My
20 brother-in-law, Nathan, is 45 years old and he has autism.

21 He reminds me daily that early intervention is critical
22 and that children grow up to become working adults who want
23 good lives in their communities.

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1 We have so much to learn from autistic adults about the
2 systems we create to support people across their lives.
3 CARES has helped to build a critical infrastructure
4 addressing our understanding of autism.

5 It supports the ADDM network funded by the CDC to
6 estimate the number of children and other developmental
7 disabilities. ADDM's findings identify characteristics of
8 children with autism and the age at which they were evaluated
9 and diagnosed.

10 Reauthorization provides hope that in Minnesota we will
11 be able to increase our geographic area and gather Lifespan
12 data. This is important because in addition to demographic
13 categories routinely studied by the CDC, we want to
14 understand prevalence for our Somali, Hmong, and other
15 immigrant populations.

16 Expansion of the geographic area is the only way we will
17 be able to know with certainty if differences exist among
18 these groups.

19 The CARES Act also funds workforce programs.
20 Nationally, there's a serious shortage of personnel trained
21 about autism. LEND programs provide advanced training to
22 fellows from a broad array of disciplines in the
23 identification, assessment, and treatment of children, youth,

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1 and young adults with developmental disabilities including
2 ASD.

3 The developmental behavioral pediatrics training program
4 trains the next generation of physicians to build capacity to
5 develop and provide evidence-based interventions. CARES
6 reauthorization includes a priority to award DBP programs in
7 rural communities, which is also important.

8 CARES authorizes the Interagency Autism Coordinating
9 Committee known as the IACC committee to coordinate federal
10 efforts to advise the secretary of health and human services
11 on issues related to ASD.

12 With both federal and public members including people
13 with lived experience of autism, the IACC helps to ensure
14 that a wide range of perspectives are represented on the
15 committee.

16 Reauthorization expands the IACC membership to include
17 representatives from the Departments of Labor, Justice,
18 Housing, and Urban Development.

19 CARES programs have intentionally focused on strategic
20 partnerships in states with maternal and child health Title V
21 programs, resulting in more effective and coordinated
22 leadership with coalitions.

23 Actor early ambassadors work with programs to reach

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1 diverse communities with the focus on parent-to-parent
2 networking, and in Minnesota we see how the alignment of
3 research and systems ensures that we are more effectively
4 supporting people.

5 CARES supports NIH-funded research through autism
6 centers of excellence, which conduct research on possible
7 treatments and interventions, then report findings to the
8 national database on autism research.

9 This research answers critical questions that influence
10 policy.

11 CARES requires an evaluation report on both progress and
12 needs. Evaluation findings were used to introduce new
13 requirements to report--so that the evaluation report
14 includes information on community-based services, reflecting
15 a growing need to expand research, service, and collaboration
16 across all ages.

17 In closing, the CARES shows the commitment from each of
18 you to provide a coordinated federal response to the needs of
19 individuals with ASD in your districts throughout the United
20 States.

21 This legislation has answered critical questions to
22 address disparities through research, public health
23 surveillance and workforce development.

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1 I urge you to renew the investment and enact a five-year
2 reauthorization before it expires on September 30th.

3 Thank you.

4 [The prepared statement of Ms. Hewitt follows:]

5

6 *****INSERT 1*****

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1 Ms. Eshoo.= Thank you, Dr. Hewitt.

2 I want to thank all the advocates that are here. We all
3 know what to do from inside the institution. But the truth
4 about the Congress is, is that we are not a proactive
5 institution. We are reactive. So there always has to be a
6 push, push, push, from the outside, and pushing you are and
7 we are going to respond to it. So thank you for being here.
8 You're really important.

9 Ms. Kagan, welcome to you and you have five minutes for
10 your testimony.

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1 ?STATEMENT OF JILL KAGAN=

2

3 Ms. Kagan.= Thank you.

4 Chairwoman Eshoo, Ranking Member Burgess, and
5 distinguished members of the subcommittee, I am Jill Kagan,
6 director of the ARCH National Respite Networking Resource
7 Center and I am testifying today on behalf of the National
8 Respite Coalition, which is the policy division of ARCH.

9 I want to thank you for this opportunity to testify
10 today in support of the Lifespan Respite Care Program. I
11 would also like to thank our original co-sponsors of the
12 legislation to reauthorize the program, Representative Jim
13 Langevin and Representative Cathy McMorris Rodgers, for their
14 leadership in support of the bill.

15 As many of you have already talked about, you know what
16 respite is. It is the planned or emergency care provided to
17 an individual of any age with special needs in order to
18 provide temporary relief to the family caregivers.

19 For the more than 40 million family caregivers providing
20 care to a child or adult with a disability or chronic
21 condition, respite is a lifeline.

22 Care giving is a lifespan issue with more than half of
23 family caregivers caring for someone under the age of 75

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1 including adults with multiple sclerosis, adults with
2 intellectual and developmental disabilities or mental health
3 issues, young veterans with PTSD or traumatic brain injury,
4 and nearly 14 million children with special health care needs
5 including children and adults with autism.

6 Respite is among the most frequently requested services
7 by family caregivers by helping to reduce stress, caregiver
8 burden, and social isolation. The beneficial effects of
9 respite in family health and--family caregiver health and
10 well-being on their family's quality of life and also helping
11 to reduce or avoid more costly out-of-home placements, these
12 benefits are well documented.

13 Yet, 85 percent of family caregivers of adults and a
14 similar percentage of parents of children are not receiving
15 services at all because of fragmented and narrowly-targeted
16 services, long waiting lists, prohibitive costs to families
17 who don't qualify for public programs, and the lack of
18 information about respite--what it is, how to find it, and
19 how to use it.

20 Moreover, a critically short supply of well-trained
21 respite providers and respite program options may prohibit a
22 family from using this service that they so desperately need.

23 By providing more respite care and making it easier to

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1 find, pay for, and use, Lifespan respite care programs are
2 helping to overcome many of these barriers.

3 The Administration for Community Living awards grants to
4 states on a competitive basis. To date, 37 states and the
5 District of Columbia have received at least one grant since
6 2009 when the program was first funded and the Lifespan
7 respite grantee activities have really evolved from that time
8 from systems building of coordinated statewide respite
9 programs to now really allowing states to provide more direct
10 services.

11 Eighteen states have helped families not eligible for
12 public programs or on waiting lists actually pay for a
13 planned and emergency respite through consumer-directed
14 respite voucher programs.

15 Other states have provided respite by expanding
16 community, faith-based, and volunteer respite services.
17 States are engaged in the very important role of building
18 capacity through recruiting and training respite providers
19 and volunteers and partnerships between state and local
20 agencies are able to them maximize use of existing resources
21 that may also exist in a state.

22 We are very pleased to announce too that states are
23 collaborating with aging and disability resource centers or

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1 states' "no wrong doors'' systems to increase access to
2 respite services information and providers, and other
3 grantees have been very successful with their partners in
4 leveraging additional federal, state, and private dollars
5 because of their federal grants.

6 The National Respite Coalition and 47 national
7 organizations have endorsed H.R. 2035 to ensure the program's
8 stability, allow states to continue to serve more family
9 caregivers and provide opportunities for new states to
10 participate.

11 Current law gives states the flexibility and local
12 control to meet the program's requirements so that each state
13 can determine the best approaches to address their own unique
14 identified needs for respite and provide critical gap-filling
15 services.

16 The Lifespan Respite Care Program is the only federal
17 program that prioritizes respite for all ages and conditions,
18 allows states to use funds for startup of new, innovative,
19 and evidence-informed programs and supports training of
20 respite providers to address the direct care worker shortage.

21 This is a very tall order but states are meeting the
22 challenges head on and we urge Congress to support its
23 initial investment in these successful efforts and

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1 reauthorize the program in a timely way.

2 Thank you very much.

3 [The prepared statement of Ms. Kagan follows:]

4

5 *****INSERT 2*****

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1 Ms. Eshoo.= Thank you, Ms. Kagan.

2 I now would like to recognize Dr. Kunz Howard for your
3 testimony. You have five minutes, and welcome and thank you
4 again.

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1 ?STATEMENT OF KUNZ HOWARD=

2

3 Ms. Howard.= Thank you.

4 Chairwoman Eshoo, Ranking Member Burgess, and
5 distinguished members of the subcommittee, thank you for
6 inviting me to testify at this important hearing on vital
7 health care programs that serve American families and in
8 support of the Emergency Medical Services for Children
9 Program Reauthorization Act of 2019.

10 I am Patricia Kunz Howard, the Enterprise director for
11 emergency services at the University of Kentucky Health Care,
12 which includes a full service academic medical center and a
13 community hospital in Lexington.

14 Between the two emergency departments we treat over
15 35,000 children each year and for the past 29 years I have
16 also served as the EMS educator for Lexington Fire and
17 Emergency Services, training paramedics.

18 In addition, I am the 2019 president of the Emergency
19 Nurses Association, the largest professional health care
20 organization dedicated to improving emergency care with over
21 44,000 members worldwide.

22 As a registered nurse and educator, I have dedicated my
23 professional career to providing the best possible care for

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1 all patients regardless of their age, and as a pediatric
2 clinical nurse specialist, I know that caring for children is
3 one of the greatest responsibilities we have as health care
4 professionals.

5 In the United States, children and adolescents make up
6 27 percent of all emergency department visits. As you know,
7 this patient population presents unique challenges for health
8 care professionals during an emergency requiring specific
9 types of equipment and often different medication dosage
10 regimens.

11 Nevertheless, this reality is that many facilities and
12 health care professionals in the most vulnerable areas of our
13 country would struggle to maintain these resources if not for
14 the existence of the EMSC program.

15 As you know, in 1984 Congress recognized the disparities
16 that existed in emergency care between adult and pediatric
17 patients and created the EMSC for Children program.

18 More than 30 years later it is the only federal program
19 wholly devoted to improving pediatric emergency care. The
20 EMSC program enhances care no matter where children live,
21 travel, or attend school.

22 It accomplishes this by helping ensure that hospitals
23 and EMS systems have access to pediatric appropriate

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1 training, education, and resources.

2 Under the EMSC state partnership grants, funds are made
3 available to each state EMSC program which in turn are used
4 to help hospitals and EMS systems meet performance measures
5 to improve pediatric readiness and to deliver quality care to
6 children.

7 For example, state partnership grants have helped
8 develop interfacility transfer guidelines that define the
9 process for selecting the correct hospital for the pediatric
10 patient to be transferred to, ensuring appropriate staffing
11 on the transport vehicle to match the needs of the child in
12 their clinical condition as well as having the plans to help
13 immediately facilitate that transfer to the receiving
14 facility.

15 These guidelines have assured higher quality care for
16 ill or injured pediatric patients and ultimately better
17 outcomes. EMSC support has also been used to help with the
18 purchase of specialized equipment and supplies.

19 One great example is the various types and sizes of
20 lifesaving airway equipment used by EMS to be able to treat a
21 tiny pre-term infant or a much larger child.

22 Another key component of the EMSC program is that
23 Pediatric Emergency Care Applied Research Network, or PECARN,

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1 which is the first federally supported research initiative
2 focused on improving emergency care for children.

3 Because of the research conducted by PECARN,
4 advancements have been made in many treatment options for
5 children. One of these that is so important in emergency
6 care is the pediatric head injury and treatment algorithm
7 that was developed to lead to the reduction in unnecessary
8 radiation exposure by CT scans when children have suffered
9 minor head injuries, which helps reduce their long-term risk
10 for cancer.

11 EMSC-developed research has also led to better
12 identification of adolescents at risk for substance abuse and
13 improved strategies to quickly identify children suffering
14 from bacterial infections which have an increased risk of
15 sepsis.

16 As an emergency nurse, I know from first-hand experience
17 what a critical resource the EMSC program is to facilities
18 across the country. Working as a team, nurses, EMS, and
19 physicians are better able to manage all types of pediatric
20 emergencies thanks to the resources and training that the
21 EMSC programs have helped to provide.

22 In my home state of Kentucky, the EMSC program has
23 sponsored education for pre-hospital as well as in-hospital

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1 professionals regarding emergency care for children.

2 Ambulance services now have access to correct equipment
3 and specialized knowledge, thanks to this program. Without
4 this program, the critical care we are to provide for
5 children in Kentucky and I am sure in other states would
6 suffer.

7 Emergency nurses and our professional colleagues
8 passionately care about providing the highest quality care to
9 all of our patients and we strive for them to have the best
10 outcomes possible for their illnesses and injuries.

11 This is especially the case for those who are among the
12 most vulnerable in our society and who are in need of
13 specialized high-quality health care services--our children.

14 Thank you again for providing me the opportunity to
15 represent the emergency care community and speak in support
16 of reauthorizing the Emergency Medical Services for Children
17 program.

18 [The prepared statement of Ms. Howard follows:]

19

20 *****INSERT 3*****

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1 Ms. Eshoo.= Thank you very much, Dr. Kunz Howard.

2 I know would like to recognize Dr. Bocchini. You have
3 five minutes for your testimony. Am I pronouncing your name?

4 Dr. Bocchini.= That is correct, yes.

5 Ms. Eshoo.= Thank you.

6 Dr. Bocchini.= Thank you.

7 Ms. Eshoo.= Okay.

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1 ?STATEMENT OF DR. JOSEPH BOCCHINI=

2

3 Dr. Bocchini.= Madam Chairwoman Eshoo, Ranking Member
4 Burgess, and distinguished Health Subcommittee members, thank
5 you for inviting me to speak before this committee today.

6 I have recently had the privilege of serving an eight-
7 year term as the chairman of the Advisory Committee on
8 Heritable Disorders in Newborns and Children, the advisory
9 committee whose current activities are determined by the
10 Newborn Screening Saves Lives Act of 2014.

11 I have seen the benefits of this act through the eyes of
12 the Advisory Committee, in my clinical practice, and in the
13 infants whose lives have been improved and, in many cases,
14 saved through the prompt diagnosis and treatment of
15 conditions identified by newborn screening.

16 The Newborn Screening Saves Lives Reauthorization Act of
17 2019 is a critical piece of legislation which supports one of
18 the most successful public health disease prevention programs
19 in the United States.

20 Congress first enacted the Newborn Screening Saves Lives
21 Act in 2008 with the realization that federal input was
22 essential to developing a uniform evidence-based national
23 newborn screening panel that would lead to the universal

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1 application by states of the new technologies and treatments
2 becoming available for a number of serious and life-
3 threatening conditions affecting infants and children which
4 were not apparent at birth.

5 Congress also recognized that federal agencies served an
6 important role in supporting states through a variety of
7 mechanisms including educational and training activities,
8 research, technical assistance, and infrastructure
9 development.

10 Over the past 11 years, federal input from the Advisory
11 Committee, approval of its recommendations by the secretary
12 of the Department of Health and Human Services, research
13 supported by the National Institute of Health, laboratory
14 improvement efforts by the Centers for Disease Control and
15 Prevention, and funding to help improve state screening
16 programs from the Health Resources and Services
17 Administration have greatly benefited infants and families
18 and by helping to advance this highly successful state-based
19 public health system.

20 Although each of the conditions recommended for newborn
21 screening are considered rare, one in approximately 300--
22 every 300 screened newborn infants is found to have a
23 condition for which treatment is beneficial.

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1 Early diagnosis enables the infants identified through
2 newborn screening to receive the treatments necessary to
3 prevent serious and often permanent developmental and other
4 complications or death.

5 For many of the conditions on this panel, early
6 diagnosis and treatment not only benefits the infant but it
7 cost saving. In 2010, the secretary of HHS officially
8 adopted the first recommended uniform screening panel, our
9 RUSP, which included 29 primary conditions and primary
10 secondary conditions.

11 Within a few years, all states were screening for these
12 conditions. With the screening panel, as has been mentioned
13 before, approximately 12,500 newborn infants were being
14 identified annually with serious genetic, endocrine, and
15 metabolic conditions including congenital hypothyroidism,
16 cystic fibrosis, sickle cell disease, and hearing loss as
17 well as a number of other metabolic conditions that are
18 significantly rarer.

19 Rapid advances in diagnosis and treatment has led to
20 inclusion of six additional conditions on the RUSP. They
21 include severe combined immuno deficiency, critical
22 congenital heart disease, Pompe disease,
23 mucopolysaccharidoses type 1, adrenoleukodystrophy, and, most

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1 recently, spinal muscular atrophy.

2 Much remains to be done to continue to improve the
3 capacity and effectiveness of the newborn screening system.
4 H.R. 2507 as written will strengthen newborn screening
5 program in individual states, help meet the research and
6 clinical challenges in this rapidly advancing field, and have
7 a significant positive impact on the health and well-being of
8 the nearly 4 million children born each year in the United
9 States and its territories.

10 I expect that new screening and diagnostic tests and
11 therapies will soon bring more conditions to the Advisory
12 Committee for its evidence-based evaluations.

13 H.R. 2507 will also strengthen the efforts to evaluate
14 new technologies and to bring new conditions to newborn
15 screening program by increasing needed funding for the
16 efforts of HRSA, the NIH through the Hunter Kelly Newborn
17 Screening Research Program, and the CDC.

18 The additional funding will allow for enhanced technical
19 assistance and financial support for states, which will
20 reduce barriers to implementation of new conditions and
21 shorten the time needed for states to begin screening once a
22 condition is approved for inclusion on the RUSP.

23 Once again, I thank you for the opportunity to provide

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1 testimony and support of this reauthorization act. I look
2 forward to your questions.

3 Thank you.

4 [The prepared statement of Dr. Bocchini follows:]

5

6 *****INSERT 4*****

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1 Ms. Eshoo.= Thank you very much, Doctor. It's exciting
2 to hear a first-hand report from someone on the--on the--is
3 it a commission?

4 Dr. Bocchini.= A committee. Yes. Thank you.

5 Ms. Eshoo.= A committee?

6 Dr. Bocchini.= Mm-hmm.

7 Ms. Eshoo.= Wonderful. So now we will--we've concluded
8 the testimony of the witnesses. I want to welcome
9 Congressman Chris Smith who has joined us. He has been a
10 indefatigable leader on the issue of the Autism CARES Act and
11 we are thrilled that you're here today and that we are taking
12 up legislation.

13 Congressman Doyle was here earlier. So welcome to you
14 and thank you for your wonderful work.

15 The chair is going to recognize herself for five minutes
16 to ask questions.

17 Dr. Hewitt, do we know what causes autism?

18 Ms. Hewitt.= There isn't a single cause of autism. We
19 know that there is an intersection between genetics. We know
20 there's a genetic component, and the importance of the
21 research that the CURES Act would fund would be to help us
22 continue to explore what causation is but, more importantly,
23 to make sure that we are identifying children earlier and

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1 getting them connected to services and supports in their
2 community.

3 Ms. Eshoo.= So now you mentioned your brother-in-law
4 who is, what, you said, I think 43 years--

5 Ms. Hewitt.= Forty-five.

6 Ms. Eshoo.= Forty-five, and when was he diagnosed?

7 Ms. Hewitt.= Unfortunately, Nathan wasn't diagnosed
8 until he was 17.

9 Ms. Eshoo.= And so what--in that gap of--what did he
10 end up--

11 Ms. Hewitt.= So had he been diagnosed earlier--

12 Ms. Eshoo.= How was he held back, given the gap that
13 you describe?

14 Ms. Hewitt.= So for Nathan, he really received
15 inappropriate educational services his entire 12 years of
16 education. He ended high school without a high school
17 diploma and had he had early intervention I think his life
18 outcomes would have been substantially different than they
19 are now.

20 Ms. Eshoo.= Mm-hmm. So where do you think we are in
21 terms of--how would you--what kind of score would you give
22 the United States of America on the progress that we've made
23 on autism both in terms of early detection and then the

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1 services that are needed? I think that's kind of the \$64,000
2 question to me.

3 [Laughter.]

4 Ms. Hewitt.= It's a good question.

5 Ms. Eshoo.= My sister teaches children with autism and
6 she has taught me a lot.

7 Ms. Hewitt.= Mm-hmm. I think we are doing much better
8 at identifying children early. If you look at the ADDM data
9 it shows that we are inching towards identifying kids younger
10 and then some states are doing better than other states. But
11 we are making progress in early identification and getting
12 kids connected to services.

13 Ms. Eshoo.= Well, thank you for everything that you
14 have done to move the needle.

15 Ms. Kagan, I am struck by the statistic in your
16 testimony that 85 percent of family caregivers of adults are
17 not receiving any respite services whatsoever. In my
18 previous life before coming to Congress I was a member of a
19 county Board of Supervisors and established more than one
20 adult day health care center so that the caregivers would
21 have some rest.

22 And when I look at the dollars, and there is an increase
23 in this, but for 50 states it's not even a million dollars

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1 for each state.

2 So we are, I think, on the right pathway but how many
3 states did you say have absolutely no respite services
4 whatsoever?

5 Ms. Kagan.= Well, there have been 37 states and the
6 District of Columbia that have received at least one Lifespan
7 respite grant. So we still have a large chunk of states that
8 have never received a Lifespan grant.

9 There are other federal sources of funding for respite.
10 But as I mentioned, Medicaid home and community-based
11 waivers, for example, are often very narrowly targeted, don't
12 exist across states in the same way, and have long waiting
13 lists. Programs like National Family Caregiver Support
14 Program also offer important respite but only primarily for
15 the aging population--not only but primarily. So--

16 Ms. Eshoo.= Well, Health Affairs found that by 2029
17 many seniors will be what they term in the forgotten middle
18 where they won't qualify for Medicaid but also won't be able
19 to afford to pay for long-term care.

20 So my question to you is how can family caregivers help
21 address that problem and the larger question is what do you
22 recommend Congress should be doing now to create a better
23 system of support for the caregivers not only today but for

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1 tomorrow?

2 Ms. Kagan.= Absolutely. I think the Lifespan respite
3 care program, of course, is an important first step because
4 it not only helps pay for respite for families who don't
5 qualify for these public programs--

6 Ms. Eshoo.= Right.

7 Ms. Kagan.= --but have exorbitant expenses related to
8 their care giving duties or had to give up employment in
9 order to stay home and provide care. But Lifespan respite
10 also allows states to use their funds to address the capacity
11 issue.

12 We have a tremendous crisis in direct service worker
13 shortages and Lifespan respite programs most of the states
14 are doing some kind of recruiting and training of respite
15 workers as well as volunteers because we are just not going
16 to have the bodies.

17 Ms. Eshoo.= It's overwhelming--it really is--for the
18 care.

19 Thank you to each one of you. I wish I had more time.
20 I don't, and I now would like to yield five minutes to Dr.
21 Burgess, the ranking member of the subcommittee, for his
22 questions.

23 Mr. Burgess.= Thank you, Madam Chairwoman.

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1 Ms. Eshoo.= We need a doctor for the doctor. He
2 doesn't feel well today.

3 Mr. Burgess.= Well, we went late in Rules Committee
4 last night so I used up all my vocal abilities last night.

5 So, Dr. Bocchini and Dr. Hewitt, you're sitting on
6 opposite ends of this panel. But, Dr. Bocchini, maybe you
7 want to develop an early screening method for the autism team
8 and be able to provide Kim's therapy before they leave the
9 newborn nursery. Is that--is that ever on your horizon?

10 Dr. Bocchini.= I am not aware of it. Certainly, there
11 are a number of known genetic changes that have been
12 associated with autism and I am not sure of the total
13 percentage of autistic cases that are associated with
14 specific gene abnormalities.

15 But there is a panel that can be used to diagnose some
16 of the patients--some of the individuals with autism.
17 Whether a newborn screening test would become an appropriate
18 way to evaluate that I think is something to be considered
19 for the future.

20 Mr. Burgess.= So when you went through your last--I
21 mean, that's fascinating. I didn't realize severe combined
22 immuno deficiency disease was one of those things that you
23 can detect.

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1 When I was in medical school, and it was a long time
2 ago, but David the Bubble Boy, his doctor was in Houston and
3 we, through a rudimentary telecommunications hookup got to
4 interview David the Bubble Boy when he was still in--being
5 protected from all things in the outside world.

6 But now you can detect that disease as part of newborn
7 screening?

8 Dr. Bocchini.= Yes, that is certainly one of the recent
9 successes in newborn screening. Severe combined immuno
10 deficiency is the disorder that the Boy in the Bubble had.
11 It is a complete absence of an immune system and if those
12 patients develop an infection, which they do quite early,
13 it's typically very difficult to treat and is usually fatal.

14 If you find these children before they become infected
15 and that's what newborn screening does in most cases, you can
16 provide a reconstitution of the immune system by a bone
17 marrow transplant or umbilical stem cell transplant or by
18 enzyme replacement in some cases.

19 And the recent data from California and from other
20 states have indicated that we are at a 90-plus percent
21 recovery success rate in having those children live and, in
22 many cases, with a fully reconstituted immune system.

23 So it's a very significant success story.

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1 Mr. Burgess.= And thank you for sharing that with us.
2 The spinal muscular atrophy, which is one of the things on
3 your list, and the recent FDA approval of a new therapy that
4 will be life-changing, I understand, for those kids, so the
5 work that you do in identifying those children early is just
6 so critical.

7 Dr. Bocchini.= Yes, I agree. I think that there have
8 been some remarkable advances in the treatment of spinal
9 muscular atrophy and the committee in 2018 did recommend to
10 the secretary and the secretary approved, including spinal
11 muscular atrophy, on the RUSP in a number of states--I think
12 it's up to 19--no, I am sorry, it's up to maybe about six
13 states that are now screening. Many are also trying to work
14 through the issues that are needed to implement the screening
15 for it.

16 Mr. Burgess.= Sure. Well, it's a cost issue, and,
17 clearly, that's one of the areas where we are focused as
18 well. We delivered CURES for the 21st Century a couple of
19 Congresses ago but cures don't do any good if they're not
20 available to the people, and now with breakthroughs like this
21 we've got to figure out ways to make them available to the
22 people.

23 Dr. Howard, thank you so much for your testimony today.

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1 I think your emergency nurses network helped me with the
2 Mission Zero Act that we got added to the Pandemic All-Hazard
3 Preparedness Act, so thank you for that, and that will be
4 signed literally at any time. So it--

5 Ms. Eshoo.= I think it was last night. Yes.

6 Mr. Burgess.= Oh, was it last night? Okay. So it
7 became law so good for us. We got a win on the board with
8 that one, and thanks for your help on that.

9 As far as just developing the--your partnership grants
10 for the interfacility transfer guidelines for pediatric
11 patients but they're not completely universally accepted. Is
12 that correct?

13 Ms. Howard.= That is correct.

14 Mr. Burgess.= So what's the problem there?

15 Ms. Howard.= Well, the problem is not every site has
16 defined trauma systems, which is one of the bigger reasons we
17 see interfacility transport. And so not every state has this
18 same type of EMS system in place and that is a challenge.

19 Mr. Burgess.= So what--if we reauthorize this bill, are
20 we going to get closer to achieving that goal?

21 Ms. Howard.= I think that there is consistent work that
22 is done as part of this reauthorization. One of the other
23 big pieces is the pediatric readiness work that is being

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1 done, which I didn't talk about, which is really helping
2 every emergency department be more pediatric ready, which is
3 a key consideration because many are not.

4 Mr. Burgess.= Okay. Thank you, Madam Chair. I will
5 yield back.

6 Ms. Eshoo.= The gentleman yields back.

7 Dr. Bocchini, let me just ask you very quickly, are you
8 going to bring up at the committee the issue of autism? The
9 screening and what might be available?

10 Dr. Bocchini.= I have--yeah, I have--I am no longer a
11 member of the committee. I have completed my term. But I
12 certainly can provide that information back to the committee.
13 Thank you.

14 Ms. Eshoo.= That would be wonderful. Thank you.

15 I now have the pleasure of recognizing the gentlewoman
16 from California, Ms. Matsui, for her five minutes of
17 questions.

18 Ms. Matsui.= Thank you very much, Madam Chair, and I
19 want to thank the witnesses who are here today. Every one of
20 you spoke to issues and concerns that affect every single one
21 of us or our constituents or our families.

22 Investment in public health programs and infrastructure
23 is critical for our nation's health and well-being. The

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1 programs we are discussing today are designed to bolster
2 communities' ability to cope with health problems and the
3 special needs for at-risk subgroups and they have proven they
4 can do just that if we fund and support them.

5 Autism is a lifelong disorder and for many families
6 there can be great uncertainty over how the needs of autistic
7 children will be met as they age out of school-based services
8 and grow into adulthood.

9 I can tell you that in Sacramento, my district, we had
10 parents come together to really develop an autism--the MIND
11 Institute--which has been there for over 25 years and does
12 great work, but it's parents and advocates that really did
13 that because, you know, that having access to a comprehensive
14 range of services and strong systems of support that we all
15 believe should be guaranteed for people of all disabilities
16 for their entire lives.

17 Now, Dr. Hewitt, where do the greatest gaps in
18 understanding autism still exist and how will this
19 reauthorization support expanding key activities in areas of
20 focus for autism research?

21 Ms. Hewitt.= I think one of the largest gaps is
22 understanding issues related to adults with autism and so
23 CARES gets us moving in that direction by addressing issues

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1 across the Lifespan. Through LEND training programs we are
2 expected to teach and train the next generation of leaders
3 across all different kinds of health and allied health
4 disciplines about autism and the life course of a person with
5 autism. The CDC's surveillance program is expanding in a few
6 of its sites the surveillance up to 16-year-olds now. So I
7 think CARES gets us, again, a little bit farther along the
8 Lifespan and I think that's important.

9 Ms. Matsui.= But you're saying not far enough yet,
10 really?

11 Ms. Hewitt.= There's a lot of room to grow.

12 Ms. Matsui.= Right. Absolutely.

13 Ms. Hewitt.= But it gets us moving in the right
14 direction.

15 Ms. Matsui.= That's good. Now, we know that young
16 people with autism can face significant mental and behavioral
17 health challenges and that other autism-related health
18 conditions like disrupted sleep cycles and painful GI
19 disorders can contribute to crisis episodes.

20 Ms. Hewitt, how are providers addressing the special
21 needs of the autism community? Are there mainstream
22 evidence-based strategies for preventing and treating a
23 mental health crisis for people with autism?

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1 Ms. Hewitt.= Sure. There are a number of--there's
2 much--a body of research to help us guide practitioners. We
3 do that through our LEND programs, the developmental
4 behavioral pediatrician training programs.

5 That's the purpose is to connect practitioners to
6 evidence-based practices that then they use in their
7 community work.

8 Ms. Matsui.= Okay.

9 Ms. Hewitt.= So it's--

10 Ms. Matsui.= Right.

11 Ms. Hewitt.= --we need to learn more. But we also need
12 to get practitioners informed and educated about what we
13 already do know so that they're using those interventions in
14 their work.

15 Ms. Matsui.= Okay. Dr. Howard, of the innovative
16 research and training programs supported by the Emergency
17 Medical Services for Children programs, are autism-tailored
18 services a focus for improving overall pediatric emergency
19 care? If not, how can we work to broaden the program's
20 scope?

21 Ms. Howard.= So I am not aware that there are autism-
22 specific programs but I think that's a really right
23 inclusion. There are programs for children with special

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1 health care needs and so that certainly would fall within
2 that group where we tailor the treatments that we do
3 differently for these children.

4 For example, we don't necessarily immobilize the child
5 with a special health care need--

6 Ms. Matsui.= Right.

7 Ms. Howard.= --the way we do with a child that doesn't
8 have a developmental challenge. So, indeed, those are
9 considerations that are worked with.

10 Ms. Matsui.= Okay. Thank you.

11 Now, when discussing the needs of our nation's older
12 Americans we must ensure that policy reflects an inclusive
13 focus on the need of caregivers and how aging impacts the
14 entire family.

15 That's why I am really supportive of this increased
16 funding for the Lifespan respite care program to really
17 recognizing the incredible value of our family care givers
18 and give them greater access to the support and relief they
19 need and many times those are our only caregivers.

20 Ms. Kagan, how do disparate funding sources inhibit a
21 state's ability to provide comprehensive and coordinated
22 respite care programs?

23 Ms. Kagan.= States, because of their multiple funding

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1 streams and service avenues, it becomes very confusing to
2 family caregivers to figure out how to access those services
3 to figure out which programs they might qualify for.

4 For many care givers, they don't even recognize what
5 respite is and that there's a service available to them. So
6 by giving the state the opportunity to identify all those
7 funding streams and services in the state and put them in a
8 format that they can then translate that information for
9 family caregivers certainly helps them access the system to
10 navigate that maze.

11 Ms. Matsui.= So you're saying better information
12 disseminated?

13 Ms. Kagan.= Better information, yes.

14 Ms. Matsui.= Okay. Thank you, and I yield back.

15 Ms. Eshoo.= The gentlewoman yields back.

16 It would be wonderful for doctors' offices to know so
17 they could advise their--when the caregiver brings their
18 loved one in they can say, well, you need a break and here's
19 something for you. I wish I had that but, you know, I mean,
20 we all know what this is and if there's someone that doesn't,
21 then it's what's in store for you.

22 Mr. Walden.= Chairs of subcommittees may need that,
23 too.

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1 Ms. Eshoo.= Yes. Exactly. Thank you.

2 Mr. Walden.= And ranking members.

3 [Laughter.]

4 Ms. Eshoo.= I know.

5 The chair is happy to recognize the ranking member of
6 the full committee, Mr. Walden, for his five minutes of
7 questions.

8 Mr. Walden.= Thank you, Madam Chair.

9 So, Ms. Kagan, I am, as you heard, a strong supporter of
10 patients receiving the care they need in their homes if at
11 all possible. [OregonReagan](#) led on this way back with Project
12 Independence. I think we [still have a](#) ~~saw it in the~~ Medicaid
13 waiver. It's been very good for families as well as, I
14 think, the taxpayers.

15 How does respite care help keep a caregiver's loved one
16 at home and out of a nursing home and how does respite care
17 ultimately reduce costs to our federal health programs?

18 Ms. Kagan.= Yes, by--it's well documented that respite
19 directly correlates with reduced stress and feeling the
20 caregiver burden, and when we reduce the stress in caregiver
21 burden of the family caregivers, their health is improved as
22 well.

23 So they can continue to provide that care at home.

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1 Eighty percent of long-term services and supports are
2 provided at home, especially for older individuals.

3 Mr. Walden.= Yes.

4 Ms. Kagan.= And so we really need to support the family
5 caregivers' health and well-being and that of their entire
6 family so they can support that loved one at home.

7 Mr. Walden.= So it's actually a savings to taxpayers in
8 many ways?

9 Ms. Kagan.= Yes, absolutely. It can also help reduce
10 use of emergency rooms.

11 Mr. Walden.= Right.

12 Ms. Kagan.= We are increasingly seeing some family
13 caregivers take their loved ones to the emergency room just
14 for a break because they have no other option.

15 Mr. Walden.= Oh. Oh, that's not what we want.

16 Ms. Kagan.= So that's a very costly alternative.

17 Mr. Walden.= Yes. That's expensive, the most expensive
18 portal into the health care delivery system right there.

19 So in your testimony you described the great work of
20 states in leveraging Lifespan respite care program dollars
21 and these dollars, we know, are used in a variety of ways.

22 Can you explain why allowing state grantees to innovate
23 improves overall respite care services? These would be

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1 called softball questions, by the way. Just so you know.

2 [Laughter.]

3 Ms. Kagan.= By giving states the flexibility to
4 innovate, we can continue to explore what works best for
5 family caregivers and we know for sure that there's no one
6 single respite model that works for all family caregivers.

7 Mr. Walden.= Sure. Everybody's different.

8 Ms. Kagan.= Even over the course of a month a family
9 caregiver may desire different forms of respite--in-home, out
10 of home, volunteer companion services to help their loved one
11 perhaps get out into the community and do something
12 meaningful for them as well.

13 So by allowing us to explore these other options we not
14 only help us figure out where we want to invest public
15 dollars but it helps us identify where in the informal
16 service sector what community activities already exist in
17 terms of natural supports that can--

18 Mr. Walden.= Sure.

19 Ms. Kagan.= --help families identify that they can use
20 for respite.

21 Mr. Walden.= Because often they don't even know
22 probably, right?

23 Ms. Kagan.= Exactly.

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1 Mr. Walden.= This comes on you or your spouse and there
2 you are, and you have never even thought about it and now you
3 own it and it's a challenge. It's a challenge, and the other
4 spouse or whoever the caregiver is can really get worn down
5 and then they have a problem--

6 Ms. Kagan.= Exactly.

7 Mr. Walden.= --if you don't give them a little--

8 Ms. Kagan.= We are trying to protect the person with
9 the health or disability having a meaningful healthy life but
10 we also have to protect their caregiver and their family as
11 well as support them.

12 Mr. Walden.= That's right. Yeah. Yeah. I've seen it
13 firsthand.

14 Dr. Howard, you mentioned that the EMSC program covers
15 both pre-hospital EMS and emergency departments. Can you
16 expand a little more on the improvements in the care for pre-
17 hospital EMS and why those improvements can be critical in
18 saving an injured child's life?

19 Ms. Howard.= Well, pre-hospital is the first contact
20 typically an injured child has. That is 911, and one of the
21 challenges particularly across this country is that not every
22 EMS system has the same resources. We still have many
23 services across the United States that are volunteer-based.

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1 Mr. Walden.= Sure. My district.

2 Ms. Howard.= And those services don't have the
3 resources for the education or the specialized equipment
4 needed to care for children.

5 And so Kentucky is one of those states that has some
6 challenges, obviously, and we have taken PEPP, which is the
7 Pediatric Education for Pre-Hospital Professionals, and the
8 Emergency Nursing Pediatric Course both to these rural
9 communities.

10 Mr. Walden.= Good.

11 Ms. Howard.= Actually help with that education and then
12 the state partnership grants have allowed them to buy the
13 specialized equipment they need to take care of those
14 children.

15 And receiving those children in my emergency department
16 I can tell you they're arriving in better condition.

17 Mr. Walden.= Sure, they are. That makes a lot of
18 sense. And can--you state in your testimony that pediatric
19 patients are simply not little adults, as many people might
20 assume, and they require very specific types of care and
21 certainly specific equipment unique to children and dosages
22 on medication.

23 Can you provide some examples of how diseases and

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1 injuries uniquely manifest themselves differently in
2 children?

3 Ms. Howard.= Absolutely. So there's--I will take
4 injuries to start with. Number one, one of the things that's
5 very different, if any of you have been in a car crash and
6 you were pulled--taken out of your car and put on a board or
7 some type of an immobilization device and you lay flat,
8 children have a larger head and they can't do that. If you
9 lay them flat on a board it will compromise their airway. So
10 we have to put a pad under their shoulders so that their
11 spine is maintained in a neutral position and their airway,
12 which is very pliable and thin, unlike ours that's more rigid
13 and cartilaginous, it will collapse. And so that's a perfect
14 example there.

15 The other problem is in illnesses children can't tell
16 you, particularly nonverbal small children, where their hurt
17 is. They may cry if you touch it but they may not be able to
18 tell you that they have a sore throat or that their ear drum
19 is bulging which, you know, untreated ear infections can lead
20 to meningitis. So there are certainly many challenges that
21 can occur.

22 Mr. Walden.= Thank you very much, all of you, for the
23 work you do and for your testimony today, and I yield back.

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1 Ms. Eshoo.= The gentleman yields back.

2 This is what's so wonderful about hearings. We just
3 keep learning and learning from the experts in our country.
4 We are so grateful to you.

5 I now would like to recognize the gentleman from North
6 Carolina, Mr. Butterfield, for his five minutes of
7 questioning.

8 Mr. Butterfield.= Thank you very much, Madam Chair, and
9 thank you to the four witnesses for your testimony today.

10 You know, the chair is absolutely right. Every time we
11 have a hearing like this we just learn more and more and
12 more, and we go home and reach out to constituents and make
13 community visits and we learn even more.

14 And so we just hear about examples after examples after
15 examples. In our home districts the opioid has not limited
16 itself to affecting only adults. We've all heard stories
17 about student athletes, for example, who might be treated for
18 a sports-related injury and find themselves caught in the
19 grip of opioid abuse. Children and adolescents are not
20 immune from the reach of addiction and substance abuse, which
21 can sometimes lead to emergency situations where immediate
22 care is needed.

23 So, Dr. Howard, let me stay with you, if I can. Dr.

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1 Howard, can you tell us about how the EMS has aided in
2 helping emergency care providers identify adolescents for
3 opioid or other substance abuse?

4 Ms. Howard.= So PECARN that I mentioned earlier that
5 does the research has actually looked at some of the programs
6 in terms of being able to--how adolescents in particular
7 present differently clinically than adults do with addiction.
8 The symptoms and the presentation are not the same. So
9 that's a very specific example of the work that this
10 particular program has been able to do to make a difference
11 for children and the opioid crisis.

12 Mr. Butterfield.= And how does this identification
13 improve follow-up care and treatment after these young people
14 make it through the emergency?

15 Ms. Howard.= Well, the first step to treatment is
16 recognizing it and so being able to recognize it in the
17 emergency department, which is not something even 10 years
18 ago we would have looked for.

19 So once we recognize it we can make sure they're
20 connected to care, make sure that warm handoff occurs as is
21 appropriate. We can't always assume that those that care for
22 them are going to get them to that next step. So we have to
23 make sure that those connections are made in the emergency

1 department so that they can be safe.

2 Mr. Butterfield.= Absolutely. There is no doubt that
3 newborn screening is a vital preventive public health service
4 that has led to better health outcomes for thousands, if not
5 millions, of children.

6 The Newborn Screening Saves Lives Act has dramatically
7 improved the capacity for states for expand newborn screening
8 services and I fully support its reauthorization. I was glad
9 to see that the reauthorization bill that we are considering
10 includes--it includes a study on how we can modernize newborn
11 screening.

12 As our capabilities for treating and screening for
13 conditions expand, I think it's important that our
14 infrastructure also keeps pace.

15 Dr. Bocchini, let me ask you please, can you explain the
16 role that public health labs play in the newborn screening
17 program and how public health lab capacity plays a role in
18 determining what conditions a state might be able to screen?

19 Dr. Bocchini.= So the newborn screening program is a
20 state-based public health program and so each state has the
21 responsibility of putting together the laboratory that
22 performs the testing that's necessary to screen and then, in
23 many cases, do the diagnostic test to confirm that an
24 individual has a specific diagnosis.

25 The capacity of state labs does vary from state to state

1 and when we bring new conditions into the RUSP it does create
2 the requirement that a state lab may have to modify its
3 program. It may have to bring in new personnel. It may have
4 to bring in new equipment. But, in addition, the state
5 program not only has the lab requirement but it also has to
6 develop the ability to not only identify the patients but get
7 them to appropriate therapy for short-term follow-up and
8 long-term follow-up.

9 So there is a variation in the capacity of individual
10 states to provide the infrastructure that's needed. And so
11 the grants that can come from HRSA and the efforts from the
12 CDC can help individual state labs meet the requirements that
13 are necessary for them to bring on a new condition.

14 Mr. Butterfield.= That speaks to my next statement. In
15 addition to lab capacity that we are talking about, we also
16 want to make sure that a diagnosed child is able to receive
17 adequate treatment and, as you know and I know, under the law
18 HRSA is required to provide assistance to states on follow-up
19 care once a newborn is diagnosed, right or wrong.

20 Dr. Bocchini.= That is correct--both short-term and
21 long-term follow-up. So we want to make sure that the child
22 gets into the appropriate subspecialist if necessary and
23 initiates the appropriate therapy but then maintains that so
24 that we can look at what happens long term in terms of the
25 effectiveness of the therapy and the ability to maintain that

1 child in a program.

2 Mr. Butterfield.= Thank you, Madam Chair. I yield
3 back.

4 Ms. Eshoo.= The gentleman yields back. The chair now
5 recognizes the gentleman from Illinois, Mr. Shimkus, for his
6 five minutes of questioning.

7 Mr. Shimkus.= Thank you, Madam Chairman, and welcome to
8 you all. We are glad to have you here and I am going to
9 follow up first with--I know Dr. Burgess touched on this
10 issue with Dr. Bocchini but I want to turn to Dr. Hewitt on
11 this same issue.

12 You know, I've worked on this genomic sequencing as a
13 diagnostic tool for a couple years now and you noted that the
14 prevalence of autism spectrum disorder diagnosis has risen
15 dramatically over 600 percent in the past several decades.
16 But it seems like we still lack a certain degree of precision
17 when it comes to diagnosing autism spectrum disorder.

18 I realize that there are different schools of thought on
19 the applicability of genetic diagnosis. But I am curious of
20 your thoughts on the role this technology can play in two
21 areas, first on the diagnostic end and secondly on the
22 therapeutic side.

23 Ms. Hewitt.= Certainly. That's a really good question
24 and I would defer the answer to my colleagues who are doing
25 that kind of research. I am not that--I am not a geneticist

1 and I am not doing genetic research. So I would be happy to
2 get you expert information about that at a later time.

3 Mr. Shimkus. = Okay. Great.

4 I am going to turn to Dr. Bocchini. You also mentioned
5 genomic diagnostics has having the potential to significantly
6 alter a newborn screening. So I would like to hear more on
7 your thoughts on the role this technology can play.

8 A lot of us on this committee, based upon the 21st
9 Century CURES--you know, this little rascal--his name is Max
10 and he was, like, the number-one lobbyist for 21st Century
11 CURES.

12 This is at the bill signing at the White House with Joel
13 Pitts behind--Max is putting bunny ears behind my head and I
14 am putting them behind his. His issue was a blood disorder
15 that had they not delayed a tonsillectomy he could have bled
16 to death, which was an undiagnosed bleeding disorder that
17 could have been disastrous, as I had mentioned.

18 But as Max and millions of other children have told us,
19 we shouldn't rely on luck or, quote, unquote, this diagnostic
20 odyssey to ensure the best medical outcomes are achieved.

21 I would like, Dr. Kennedy, if you could expand. In your
22 prepared statement in the end you say in addition to
23 scientific advances the ability to utilize new technology
24 such as genomic sequencing are evaluated additional research,
25 ethical and clinical questions will need to be answered, and

1 that's part of our internal debate of how we address this.
2 These technical advances could significantly alter the
3 approach to newborn screening in the coming years, and then
4 you end.

5 So I would like for you to elaborate on that, as I think
6 it's really timely and the things that we--I am trying to do
7 in the public policy arena.

8 Dr. Bocchini.= Well, thank you for that question. I
9 think it's a very important one. Genomic sequencing can
10 certainly identify a number of genetic changes that could be
11 very specifically associated with underlying disorders and
12 actually that's been recognized through the Hunter Kelly
13 research program at NIH. There are three--and we don't know
14 how it will ultimately affect newborn screening but we are in
15 the process of determining how it might affect it.

16 The NIH, through the program, has three research
17 projects underway now looking at, comparing the genomic
18 screening, exome screening, to root current screening for
19 infants in general population and in the population of
20 infants in a NICU with critical illnesses.

21 Those studies will inform us on the potential benefit of
22 moving towards genomic sequencing as part of newborn
23 screening.

24 Mr. Shimkus.= Thank you very much, and I am just going
25 to end on here's a perfect example of kids being involved. I

1 visited a school called--it's pronounced--it's spelled
2 Hoopeston but it's really pronounced Huptsten--and I had--
3 after the event I had three high school--Annalynne
4 Schaumburg, Raven Rutherford, and Seth Mershon hand me a
5 letter asking me to support this bill.

6 So that was true youth in action and I appreciate that
7 and I want to give them credit because I then came back,
8 looked at the bill, and got on it.

9 So with that, thank you for time, Madam Chairman, I
10 yield back my nine seconds.

11 Ms. Eshoo.= I will use part of that to say thank God
12 for the advocates, right?

13 I now have the pleasure of recognizing the gentlewoman
14 from Florida, Ms. Castor, for her five minutes of
15 questioning.

16 Ms. Castor.= Well, thank you, Chair Eshoo, for holding
17 this hearing on this important package of bills and thank you
18 to our experts for sharing your expertise with us.

19 I am pleased that we are taking up these bills and I am
20 proud to be a co-sponsor of the Autism CARES Act and the
21 Newborn Screening Saves Lives Reauthorization Act.

22 And I want to thank the chair again for including my
23 bill in this hearing, H.R. 776, the Emergency Medical
24 Services for Children Program Reauthorization, which I
25 introduced with Representatives Peter King, Representative

1 Butterfield, Representative Chris Stewart.

2 Our bill will reauthorize the Emergency Medical Services
3 for Children through 2024, and EMSC is vital because it is
4 the only federal funding specifically focused on addressing
5 the unique needs of children in the emergency services
6 systems.

7 As Dr. Kunz Howard has stated very clearly, kids have
8 specific health care needs and EMSC helps bring innovation in
9 pediatric emergency care to each state.

10 In 2016, 22 percent--that's about 2 million--of
11 emergency department visits in my home state of Florida were
12 made by children. So we must reauthorize this initiative as
13 soon as possible to ensure America's kids are getting the
14 right care when they need it.

15 Florida is using its funds through the state partnership
16 grant to work on a collaborative project with--it's called
17 the Florida Pediatric Preparedness and Readiness program--
18 PEDReady--for hospitals and the EMS. They're working with
19 national and state groups including the National and Florida
20 Emergency Nurses Association and the Florida College of
21 Emergency Physicians.

22 Florida PEDReady is a quality improvement initiative
23 with the goal of improving the readiness of medical
24 facilities to care for children across the state with the
25 focus on non-children's hospitals and the EMS agencies.

1 They did a needs assessment in 2018, so last year, and
2 here are some of the findings from the survey. Pediatric
3 equipment--most significant challenges include keeping the
4 correct equipment or size stocked and knowing the most
5 current pediatric equipment available on the market.

6 Medication--the most challenging pediatric medications
7 are the vasopressor drips and emergency airway medications,
8 and I believe you have mentioned those as well.

9 Top educational needs are emergencies, pediatric trauma,
10 and burns.

11 Dr. Kunz Howard, you also talked a little bit about the
12 importance of pre-hospital care. You have seen first hand
13 how important ESMC or EMSC has been to providing better, more
14 accurate care to our nation's kids.

15 Reiterate why it's important to have a kind of stand-
16 alone funding that's specifically targeted back to our home
17 communities to make sure that we are modern and kids stay
18 well.

19 Ms. Howard.-- It's really critical that it be targeted
20 back to the home communities because that is where the
21 children are. We need children to receive the care no matter
22 what location they are in across the United States.

23 We need to know that every area is going to be pediatric
24 ready and that is really what EMSC is about is ensuring
25 pediatric readiness.

1 And so it is critical that everyone everywhere across
2 this country knows that if their child is ill or injured they
3 don't have to think oh, gosh, I've got to get to the next
4 county so that my child gets the care that they need.

5 That's not what they need to worry about. They need to
6 worry about supporting their child and being there for them.

7 Ms. Castor.= What are your hopes for this initiative,
8 going forward, now that we've had a number of years of
9 continuity and with this reauthorization local communities
10 will be able to plan more?

11 Ms. Howard.= Honestly, my hopes is that every emergency
12 department will be pediatric ready because they are not. I
13 mean, the survey showed us that not every emergency
14 department is pediatric ready.

15 And so we worry about pre-hospital because their care is
16 critical because if their job is not done right our job is
17 much harder.

18 But we need that to be across that continuum of
19 emergency care both pre-hospital readiness as well as
20 emergency department readiness.

21 Ms. Castor.= Thank you very much, and I yield back.

22 Ms. Eshoo.= The gentlewoman yields back.

23 Please to recognize the gentleman from Kentucky, Mr.
24 Guthrie, for his five minutes of questions.

25 Mr. Guthrie.= Thank you very much, and thank you for

1 all being here, particularly Dr. Howard. Thanks for coming
2 up from the Commonwealth today to be with us and always enjoy
3 having you in Washington, D.C., and bringing to attention the
4 areas in which you focus on and it's always so important,
5 particularly on the Emergency Medical Services for Children
6 program.

7 I know that you're the educator for the--our Lexington
8 division of fire and emergency services. I am close with our
9 EMS folks down in Bowling Green--Gary Madison. I know you
10 know those guys down there that work hard.

11 Would you just explain how this program support courses
12 that have saved children's lives and maybe some examples of
13 how this program and your education of these great men and
14 women in our emergency services have saved lives because of
15 what you have done?

16 Ms. Howard.= Well, you know, I've been very fortunate
17 to be able to go across Kentucky because of the EMSC program
18 and teach paramedics specifically as well as nurses and
19 physicians what is appropriate for pediatric emergency care.

20 So we have been to Pikeville and we have been to
21 Paducah. So we've been, you know, from one end of the state
22 to the other to actually make sure that PEP is available
23 because the Pediatric Education for Pre-Hospital
24 Professionals is really a phenomenal course and one of the
25 nicest things about that course is that it was developed

1 collaboratively. The American Academy of Pediatrics, the
2 Emergency Nurses Association, the American College of
3 Emergency Physicians, and then some of the EMS agencies we
4 all work together so that we would all talk the same
5 language, because that is one of the challenges in care is
6 the physicians will learn one thing, the nurses learn
7 another, and the pre-hospital professionals learn something
8 different. But we all use something called the Pediatric
9 Triangle to do that initial assessment of the child to make
10 that common language so that we all have the same starting
11 place so we all recognize the same framework for how sick
12 that child is. And so I think that's one of the best
13 examples of the work that's been done as part of the EMSC is
14 making sure we are all talking the same language about the
15 ill or injured child.

16 Mr. Guthrie: All right. Thank you very much.

17 Dr. Bocchini, I got involved in early childhood or
18 newborn screening when I was in the state legislature for
19 hearing. We learned--Governor Patton, who was our governor
20 at the time, championed that if a child just has hearing
21 issues and you're able to find it at five years old and fix
22 the issue or give them ability to hear better, they're going
23 to lose things they can never recover like pronouncing
24 certain words and things like that.

25 So we thought it was important to do that at early

1 childhood--I mean, at newborn. And we all had groups that
2 come here and talk about the issues and they're all important
3 and they're all valuable and why we don't test for
4 everything.

5 You know, one is the cost, as it moves forward. So
6 could you kind of say for us--I know that six new conditions
7 have been added for the recommended.

8 So when groups are pulling us, what should we be looking
9 for? How this is something that we need to be screening for
10 a child? How does that--as conditions change, as medicine
11 changes so quickly, how do we know how to change this
12 screening in a timely manner?

13 Ms. Eshoo.= Your microphone.

14 Mr. Guthrie.= Get the microphone, yes.

15 Dr. Bocchini.= I am sorry. I turned it off.

16 The Advisory Committee has developed a very specific
17 approach to bring conditions for evaluation. It starts off
18 with working with advocacy groups, researchers, organizations
19 that have a particular condition which they're interested in
20 or have the development through research of a potential
21 screening test or a therapy, and try to work with them to put
22 together a nomination packet of information that would meet
23 the standards for which the committee would review that
24 condition for consideration of being placed on the RUSP.

25 Then the most important thing the committee does is when

1 accepting that nomination for a condition, there is an
2 independent evidence review committee that does a formal
3 evaluation of all the evidence related to the condition and
4 the benefits of treatment.

5 And so the goal of the committee is to look for a
6 condition that we have a degree of certainty if it's added to
7 the RUSP will provide a net benefit for the patient or for
8 the child that is affected.

9 So we have a very formal way to bring people together
10 and evaluate the condition and then, based on the evidence
11 review, make a decision about whether the condition should be
12 added to the RUSP. We make that recommendation to the
13 secretary. The secretary of HHS has the final decision for
14 acceptance of our recommendation.

15 Once the secretary accepts it, it becomes part of the
16 RUSP. So it's a very significant evidence-based process that
17 leads us to bring conditions forward.

18 We also are paying attention to where changes are being
19 made, where breakthrough therapy might become available so
20 that we can kind of look forward to bringing conditions on.

21 Mr. Guthrie.= Thank you very much. My time has
22 expired. I yield back. Thank you for your answers. I
23 appreciate it.

24 Ms. Eshoo.= The gentleman yields back.

25 The gentleman from Maryland, Mr. Sarbanes, is recognized

1 for five minutes for his questions.

2 Mr. Sarbanes.= Thank you, Madam Chair. Thank you, all
3 of you, for your testimony today on these very, very
4 important public health programs and the need for us to
5 maintain them.

6 I wanted to talk, Ms. Kagan, to you about the respite
7 care issue and I wondered if you could maybe pull us back a
8 little bit and try to give us a sense of how the supply of
9 these critical support services is meeting demand.

10 I know when I came in earlier you were, I think, talking
11 with Congressman Eshoo a little bit about that and give us a
12 sense, and I know it's hard to quantify this but try to
13 describe what the gap is between the need for this and the
14 demand--rather, the need for this and the supply for it.

15 I am also curious, in the same vein, if we looked five
16 years ago and then 10 years ago, just picking that time frame
17 if that works, how much progress we've made in meeting the
18 demand for these services. So if you could speak to that,
19 then I have a couple follow-up questions.

20 Ms. Kagan.= Yes, absolutely.

21 I did include in my testimony and we don't have really
22 great data on who needs respite and who's getting it. But
23 there was the survey done by AARP and the National Alliance
24 for Caregiving several years ago that demonstrated 85 percent
25 of family caregivers of adults are not accessing respite and

1 we know all of the reasons why: shortage of services, no
2 ability to pay for services. But even when families have the
3 dollars to pay for respite they cannot find the providers.

4 One great example of how this is being dealt with in
5 Lifespan respite is in Maryland. They received a one-time
6 grant in 2015 and they jumped right in to providing emergency
7 respite services, which were--they identified to be in
8 critically short supply in the state.

9 But rather than just given families the voucher dollars
10 to pay for emergency respite, because that doesn't do a
11 family much good if they can't find a provider on short
12 notice, so they also contracted statewide with a home health
13 agency that would be available to provide those respite
14 providers on less than 24 hours notice.

15 So we have to not only build up the system so that we
16 can support family caregivers to pay for dollars, but address
17 the provider shortage as well.

18 And it's not just individual providers. We need
19 community and faith-based programs to step up as well--things
20 I think you have asked over the last five to 10 years.

21 In some ways it's gotten a little bit worse and then
22 that's also because of the changing demographics. From my
23 understanding of some of the AARP data, especially for older
24 adults over age 85, currently there are seven people in the
25 age range that can provide care to those over 85. In 10

1 years or less, the ratio is going to be more like two to one.
2 So to actually even have the physical bodies to provide this
3 care, and it's not just in the respite field, of course.
4 It's the direct service workforce across the board.

5 So we are facing bigger challenges but we are moving
6 forward in terms of recruiting and training new providers.

7 States like North Carolina have partnered with Money
8 Follows the Person programs or other programs to work on
9 statewide direct service workforce issues.

10 So our programs are working in conjunction with those
11 who are trying to deal with the crisis and provide--

12 Mr. Sarbanes.= So that kind of leads me to another
13 question, which is, obviously, the flexibility of the grants
14 that go to the states are allowing for a lot of different
15 approaches to be tested.

16 Are there some best practices emerging? Some approaches
17 that are the ones we should maybe be providing more support
18 for as we go forward? Are we still really kind of in an
19 experimental stage and there's a lot of different things
20 being considered, all of which show promise or a substantial
21 number of which show promise?

22 Or if you were kind of betting on what would emerge as
23 the approach that's got the most promise, going forward, what
24 would you say to that?

25 Ms. Kagan.= Again, that's a little bit of a difficult

1 question because the respite needs of families are as varied
2 as the models that should be out there for delivering it.

3 I think one successful model that most states have been
4 using is use of the consumer-directed voucher that allows
5 families to choose who they want for their provider, when
6 they will hire them, how they will train them.

7 There's been some research that shows family caregivers
8 are most satisfied with that approach if they have control
9 over who they're hiring, when they're hiring, and how they
10 use the respite services.

11 On the other hand, there are a lot of wonderful models
12 that are helping us expand capacity through faith-based
13 communities. In Rhode Island, they have developed a student
14 respite initiative, which uses nursing students to provide
15 respite services and in return for that they're getting
16 course credit in clinical experience, and that's been so
17 successful in Rhode Island they've expanded this past year to
18 two additional nursing programs, and there are several other
19 states that are using these students to build respite
20 services as well.

21 Mr. Sarbanes.= Right.

22 Ms. Kagan.= So that, along with volunteer respite
23 opportunities. New York has trained over 100 companion
24 respite volunteers that are serving families in 26 counties
25 across the state.

1 So there are a lot of wonderful models. Some of these
2 efforts right now are because the funding is so small the
3 efforts are very tiny. But it's giving us a chance to see
4 what families prefer and what they're willing to use as well.

5 Mr. Sarbanes.= Very helpful. Thank you. I yield back.

6 Ms. Eshoo.= The gentleman yields back.

7 We went about a minute over but I wanted to hear every
8 word you said so I didn't want to tap the gavel.

9 Now, you know, our subcommittee is blessed with having
10 physicians as members of it. But we also have the only
11 pharmacist in the--in the Congress that's part of our
12 committee. He's the gentleman from Georgia, Mr. Carter,
13 recognized for five minutes for his questioning.

14 Mr. Carter.= Thank you, Madam Chair, and thank all of
15 you for being here. Certainly, these are important pieces of
16 legislation that we need to take care of and we appreciate
17 your help in helping us move them forward.

18 Dr. Hewitt, I want to start with you. I want to just
19 say that I am very proud of the Children's Hospital of
20 Atlanta's Marcus Center for Autism. I don't know if you have
21 ever had the opportunity to visit. I have, and it's
22 certainly, I think, just world class. I was so impressed.
23 It has treated more than 40,000 children since it was opened
24 and it's one of the largest autism centers in the U.S. and we
25 are just blessed to have it in Georgia and blessed to have

1 the Marcus family as beneficiaries and helping us with that.
2 They've done great things in the state of Georgia.

3 But the Marcus Center is one of five Centers of
4 Excellence in the country. What constitutes--what makes it a
5 Center of Excellence and what's the difference there?

6 Ms. Hewitt.= Well, a big part of it is where the
7 funding comes from. The Autism Centers of--and then the
8 action that happens in those centers. So the Autism Centers
9 of Excellence are known for research and that research
10 varies. Some of it is very clinically oriented. Some of it
11 is what we would call more bench science kinds of research.
12 But the Center of Excellence concept is that you're doing
13 important research that leads to changes in practice and
14 policy.

15 Mr. Carter.= One of the things that I was impressed
16 most with was their emphasis on early intervention. How
17 important is that and what difference does that make?

18 Ms. Hewitt.= The science is very clear that early
19 intervention matters and children will have better
20 educational outcomes. They'll have better lifetime outcomes
21 the earlier in which they are--receive a diagnosis and get
22 intervention.

23 And so that's why there is such an important focus in
24 many of the Autism CARES programs around early intervention
25 and treatment.

1 Mr. Carter.= I remember when I was there they showed me
2 this new diagnosis, if you will, where they were measuring
3 early detection devices that measured eye movements and that
4 was to help screen for autism.

5 Are you familiar with that?

6 Ms. Hewitt.= I am vaguely familiar with that.

7 Mr. Carter.= Okay. What--just out of curiosity, what
8 are some of the biggest breakthroughs that we've seen in
9 autism? You know, it's such a problem and it's so difficult,
10 I should say, to really break through. What are some of the
11 big breakthroughs that we've seen?

12 Ms. Hewitt.= I think one of the important things is
13 just to remember that autism is complex and autism is unique
14 for each individual.

15 An emerging breakthrough is really around what we are
16 learning from brain imaging and being able to identify autism
17 in very, very young children.

18 So and that, again, is an outcome of the research that
19 CARES and other programs are investing in?

20 Mr. Carter.= So, obviously, research is extremely
21 important in this and the funds that come from Autism CARES
22 are extremely important in the research part of it?

23 Ms. Hewitt.= They're extremely important. I think
24 expansion into adult-related interventions is an important
25 next horizon.

1 Mr. Carter.= Good. Good.

2 Well, again, I just wanted to be able to tell and to
3 speak about the Marcus Center because we are so proud of it
4 in the state of Georgia and just the work that is being done
5 there, as I say, I've witnessed it first hand and I've seen
6 it and it's phenomenal.

7 We are very, very happy and very proud to have it in the
8 state of Georgia.

9 Again, I thank all of you for being here. This is
10 extremely important and I will yield back the remaining time.

11 Ms. Eshoo.= The gentleman yields back.

12 I now would like to recognize the gentlewoman from New
13 Hampshire, Ms. Kuster, for her five minutes of questioning.

14 Ms. Kuster.= Thank you, Chairwoman Eshoo, for holding
15 this important hearing and for giving us the opportunity to
16 discuss legislation critical to funding programs supporting
17 newborns, children with autism spectrum disorder, and other
18 intellectual disabilities, and family caregivers.

19 And just as an aside, I was a family caregiver with my
20 father for my late mother, who had Alzheimer's disease, and
21 we were very grateful for the respite care. Eventually, he
22 just ran himself right into the ground and I can remember
23 friends coming up on the street saying, is your father okay,
24 and I said, no, he's not okay at all--he ended up needing hip
25 surgery and he was just exhausted. But he didn't want to see

1 a 53-year marriage--let it go and when I finally--he had to
2 go to the hospital for the hip surgery and we were going over
3 her care during--in respite and he said, wow, I am going to
4 have a hard time taking care of her when I get home from
5 surgery, and I said, yeah, I think that'll be impossible. So
6 that was when we finally got him to get her into nursing home
7 care, and my heart is with all of the families that are
8 working on this.

9 In my home state of New Hampshire, the Leadership
10 Education Neurodevelopmental Disorders Program at Dartmouth-
11 Hitchcock Medical Center provides Granite Staters with
12 workforce training and family-centered services for patients
13 with autism spectrum disorder and this funding is critical,
14 as you can imagine, inn a rural community to ensure patients'
15 and families' access to support.

16 What we've heard today is a snapshot of how these
17 different programs truly saved lives and I want to thank
18 everyone on the committee for bipartisan legislation that's
19 noteworthy and important.

20 With that, I want to jump into the questions. Dr.
21 Hewitt, you described a vast array of funding through CARES
22 and we have many of those same programs.

23 Autism is in the name but the training and research
24 touches people across the disability spectrum, and I think
25 it's important for us to understand how comprehensive the

1 CARES program is.

2 Could you elaborate on how CARES serves families--
3 patients with autism and intellectual abilities and the full
4 spectrum?

5 Ms. Hewitt.= Sure. The training programs that are
6 funded through CARES--the LEND training programs, the
7 developmental behavioral pediatrician programs--they're
8 really targeted to focus on the range of neurodevelopmental
9 disabilities.

10 So autism is a part of that but they expand into many
11 other categorical groups of disabilities--cerebral palsy,
12 hydrocephalus, spina bifida, Tourette's Syndrome. I could go
13 on and on and on.

14 And so in our training programs, we are not charged with
15 just developing leaders who are going to change services and
16 practices and policy related specifically to autism. It's an
17 important focus of our programs. But autism is one of many
18 neurodevelopmental disabilities on which our training
19 programs focus.

20 Ms. Kuster.= So and key changes in the bill that we are
21 discussing today address the needs of adults in
22 geographically underrepresented areas. How does CARES
23 funding support the workforce so that there are enough
24 properly trained providers to address the needs of this
25 community?

1 Ms. Hewitt.= I think that's a really important step in
2 the reauthorization. Specifically in the developmental
3 behavioral pediatrics program there is a requirement that
4 those training programs reach developmental behavioral
5 pediatricians in rural communities.

6 In our LEND programs we are expected to reach our entire
7 state. So, for example, our program is in metropolitan area--
8 --a large metropolitan area--but we are expected to be able to
9 have a statewide reach throughout our entire state.

10 Ms. Kuster.= And can you speak to what might happen if
11 continued federal support was not available?

12 Ms. Hewitt.= I think--I think a theme across all four
13 of the people here to testify today has been workforce and in
14 all of our areas of specialty we have workforce shortages and
15 without reauthorization the specific training programs that
16 help to evolve the expertise in nurses and occupational
17 therapists, social workers, geneticists, on and on, it's just
18 not there. People don't get that training in their specific
19 discipline, let alone an interdisciplinary perspective around
20 these critical issues.

21 So I think one of the biggest drawbacks will be the lack
22 of professional training that is targeted and specific on
23 specific disability groups, specific genetic disorders, et
24 cetera.

25 Ms. Kuster.= Well, my time is up. But I can certainly

1 say in a state with 2.4 percent unemployment, this federal
2 funding will be critical. So thank you. I yield back.

3 Ms. Eshoo.= The gentlewoman yields back.

4 The chair recognizes the gentleman from Oklahoma, Mr.
5 Mullin.

6 Mr. Mullin.= Thank you, Madam Chair.

7 Dr. Bocchini, I got just a couple questions for you.
8 What is--what is the process for adding a new test to the
9 newborn screening?

10 Dr. Bocchini.= So the test that--so a screening test
11 would need to have the laboratory performance characteristics
12 that would enable it to identify the majority of patients who
13 have a disorder and not have a number of false positive tests
14 that would create a need for evaluating a number of patients
15 who do not have the disorder.

16 So that would mean that we need to know whether a
17 screening test would perform adequately within a rapid high-
18 performance newborn screening laboratory.

19 Mr. Mullin.= How long does that total time frame take?

20 Dr. Bocchini.= Well, it takes pilot studies and one of
21 the things that this committee--our advisory committee needs
22 is adequate number of pilot studies.

23 Depending on the size of the pilot studies, it may take
24 a year or more--multiple years--to prove that a test performs
25 adequately to identify the patients that we need to so that

1 there is not excess cost, excess number of false positives.
2 That would potentially create harm for the patient.

3 Mr. Mullin.= What's the percentages that are
4 acceptable? I mean, do you--when you say not--is it a 5
5 percent failure rate? Three percent? One percent?

6 Dr. Bocchini.= Well, probably it varies from test to
7 test. But the goal would be to have that down to as few as
8 possible. So it would be probably much less than 3 percent.

9 Mr. Mullin.= Much less than 3. You mention in your
10 testimony that six additional conditions were recommended for
11 inclusion on the recommended uniform screening panel. Do we
12 normally see savings in the Medicaid or CHIP system when we
13 add tests?

14 Dr. Bocchini.= Yes. Those--one of the advantages of
15 having a public health system is that there would be no
16 health disparities related to the ability to get tested and
17 then there is really an important requirement that the
18 treatment that is necessary for us to even consider a
19 condition is available to everyone.

20 So that would include CHIP or Medicaid.

21 Mr. Mullin.= Some of the studies that we've seen is
22 that the providers or primary care physicians they're not
23 real familiar or real comfortable with recommending these
24 tests or what to do with them when they have certain tests
25 screened and where to send the individuals.

1 Are we looking at trying to educate the primary care
2 person? How are we--how are we trying to educate, especially
3 the individuals that are maybe been in the field for a while
4 versus ones that are entering the field?

5 Dr. Bocchini.= Yes, that's a really good question
6 because as things evolve primary care practitioners need to
7 be much more aware of in how to deal with the genetic-related
8 conditions that are being in found in the newborn period.

9 So the advisory committee does have a education and
10 training work group that addresses the education of everyone
11 involved in newborn screening. That would be providers, the
12 public, as well as the laboratorians that might need
13 information.

14 So there is a significant effort to train or educate
15 individuals. The American College of Medical Genetics has a
16 series of statements that are available to state newborn
17 screening programs that could be given to providers when a
18 diagnosis--when the screening test is abnormal so that they
19 could then have the information they need to advise parents
20 of the next steps.

21 Mr. Mullin.= Is there an effort to include this
22 training in some of their continued education that's required
23 each year?

24 Dr. Bocchini.= Yes. In fact, there are quality
25 improvement projects, one from the American Academy of

1 Pediatrics that is available to all primary care
2 pediatricians as well as other programs as well in individual
3 states.

4 Mr. Mullin.= Thank you. Thank you for your time. I
5 yield back. Thank you.

6 Ms. Eshoo.= The gentleman yields back. The chair
7 recognizes the gentlewoman from Illinois, Ms. Kelly, for her
8 five minutes of questions.

9 Ms. Kelly.= Thank you, Madam Chair, and thank you to
10 all the witnesses.

11 Back to Hewitt, I just wanted to ask you, because
12 something personal just happened in my life. My godson who
13 is, like, a year and maybe three or four months his mom was
14 just told that they think he has autism and I wondered, you
15 know, what signs did he show that made them think that,
16 because he seems like a healthy lively baby boy.

17 Ms. Hewitt.= Sure. So one of the things about autism
18 that's important for all of the subcommittee members to
19 recognize is there isn't a blood test you can take. There
20 isn't a genetic screening you can use right now to identify
21 autism.

22 And so clinical staff, teachers, therapists are looking-
23 -they're observing for characteristics, and some of those
24 common characteristics are related to communicate skills,
25 social skills, behavioral interactions.

1 And so likely somebody saw some of those common
2 characteristics related to communication, socialization, that
3 were of concern.

4 Ms. Kelly.= It's interesting we are having this hearing
5 now because his mother is actually getting him tested today.
6 So I was just curious.

7 Ms. Hewitt.= And his mother is fortunate to be--for him
8 to be the age he is and to be getting into a test--a
9 diagnostic test so soon.

10 Ms. Kelly.= And she's very--

11 Ms. Hewitt.= That's really positive.

12 Ms. Kelly.= So I know he'll be well taken care of. But
13 thank you for your testimony.

14 Dr. Howard, can you illustrate for us what the scope of
15 services would look like should Congress not act to protect
16 the EMSC program?

17 Ms. Howard.= It would be devastating. It would be very
18 bad for many communities across the country. It would be
19 challenging to smaller rural emergency departments that don't
20 have a lot of resources. Where the resources are honestly
21 needed the most is in the places where they have the fewest
22 resources to start with.

23 It would mean that children would not arrive at referral
24 facilities in quite as good of a condition as they're
25 arriving in presently, and so it will compromise their

1 outcomes.

2 And so it would be very devastating for the health and
3 well-being of children across this country.

4 Ms. Kelly.= And then even though we are here for the
5 children--not only the children but the providers and the
6 researchers.

7 Ms. Howard.= Absolutely. The providers and all of the
8 clinical care providers from pre-hospital, you know, through
9 physicians, even, honestly, beyond the continuum of emergency
10 care it even extends throughout that entire visit. It would
11 be much more challenging for all and there would be a loss of
12 training for those in the pre-hospital and emergency world,
13 yes.

14 Ms. Kelly.= You know, this is my first Congress on this
15 committee. This committee has a long history of focussing on
16 improving treatment and care for mental health including
17 improving care for children.

18 And in your testimony you mentioned that the Pediatric
19 Emergency Care Applied Research Network funded by the
20 Emergency Medical Services for Children's program has
21 improved mental health screening of children in emergency
22 situations. Can you discuss how this mental health screening
23 tool was developed and how it has helped care for children?

24 Ms. Howard.= So I don't know--I don't know that I can
25 talk about the specific tool. But what I can tell you is

1 that we screen children in emergency departments now for
2 behavioral health conditions which is not something that we
3 always did because there's been some heightened awareness,
4 part of it being through the EMSC program.

5 So we are much more cognizant of mental health screening
6 for all ages of children. You know, for many years we didn't
7 assess children for suicidality until they were 12 and now we
8 assess at five years of age, and that can be complicated to
9 talk to children and parents about do they have--have they
10 expressed any desire to harm themselves or are they doing
11 self-harm behaviors.

12 And so that's really important, and not everybody knows
13 to do that without programs like EMSC.

14 Ms. Kelly.= And there's still, even though we are in
15 2019, such a stigma still around mental health?

16 Ms. Howard.= Unfortunately, yes, there is still a
17 stigma. But the reality is that is an illness like every
18 other illness we take care of. There should be no stigma.
19 We don't stigmatize children for having pediatric cancer. We
20 shouldn't stigmatize them for having pediatric mental health
21 disorders.

22 Ms. Kelly.= Right. I have a Master's in counselling.
23 I totally agree with you.

24 I yield back the balance of my time.

25 Ms. Eshoo.= The gentlewoman yields back.

1 And it's a pleasure for the chair to recognize the
2 gentlewoman from Indiana, Mrs. Brooks, for her five minutes
3 of questions.

4 Mrs. Brooks. = Thank you, ma'am--Chairwoman--and thank
5 you all so very, very much for your expertise, for your
6 passion, for your patience, and for everyone that you're
7 working with from the young to the older citizens among us.

8 Dr. Howard, I would like to ask you a couple questions
9 about the interfacility transfer guidelines that, obviously,
10 allow for the optimal selection of a hospital that can care
11 for pediatric and transport of pediatric patients.

12 But yet, you have shared that only 50 percent of the
13 hospitals in your written testimony have taken up these
14 guidelines.

15 Can you talk with us? What are the barriers that might
16 exist as to why more hospitals don't utilize the guidelines.

17 Ms. Howard. = Well--

18 Mrs. Brooks. = And why might--why aren't they
19 appropriate for all hospitals?

20 Ms. Howard. = Well, they actually are appropriate for
21 all hospitals. You know, the main referral centers aren't
22 really going to transfer children out, obviously.

23 These are going to be the places that are going to refer
24 into us--into large academic centers that have all the
25 resources available, and really one of the barriers still is

1 knowledge, training, and education.

2 For as much as we have made great inroads in actually
3 providing this information to places across the country,
4 there still remain gaps in this knowledge and there are still
5 some challenges.

6 Mrs. Brooks = Excuse me. Can I ask a question about
7 that?

8 Gaps in the knowledge--whose knowledge? Is it the
9 physicians in other hospitals and nurses in other hospitals
10 not knowing when to transfer a child? In Indiana, it might
11 be the Riley Children's Hospital where I believe Dr. Hewitt
12 trained.

13 I mean, why--how do physicians and/or nurses in a state
14 not have that knowledge as to where a pediatric patient
15 should be most appropriately treated?

16 Ms. Howard = Well, the reality is not every emergency
17 physician is emergency medicine trained. Many facilities
18 around the country, particularly smaller areas, have what we
19 call locum tenens, emergency physicians, and so they may not
20 be aware of the care network because they're there for a
21 short time.

22 And so having those standardized programs and guidelines
23 already set and in place by the facility is critical because
24 if that standard work is there it makes a difference for when
25 you have the revolving door because many of these small rural

1 communities it's hard to get people to want to stay there and
2 practice.

3 Mrs. Brooks.= And so when you refer to the arrangement
4 these are without out-of-state physicians often coming in for
5 periods of time and working in ERs. Is that correct?

6 Ms. Howard.= That's--it's very common, particularly in-

7 -

8 Mrs. Brooks.= In rural--

9 Ms. Howard.= --small rural areas. I mean, that
10 certainly happens in southeastern Kentucky. We have many
11 locum tenens emergency physicians that are not vested in the
12 community. They don't understand the networks. They don't
13 have the relationships with referral centers and they're
14 just, like, well, send them to the next place.

15 Well, sending to the next place isn't really where they
16 need to go because the next place might have more resources
17 but they don't have all the resources.

18 Mrs. Brooks.= Okay. Do you have any suggestions over
19 what we can do improve the state partnership grants?

20 Ms. Howard.= Well, I mean, my first recommendation
21 would be that they, of course, could use more money. But I
22 will just be happy if they reauthorize where they are today,
23 because we all believe all of our passions could use more
24 money to be able to allow for more training in education.

25 Mrs. Brooks.= Thank you.

1 Ms. Eshoo.= Shh. Ask for more, don't say keep it the
2 same.

3 Mrs. Brooks.= Dr. Hewitt, speaking of Riley Hospital
4 and I want to talk a little bit about how do families find
5 out about the LEND programs that you have been talking about?
6 How does a family learn about it?

7 Ms. Hewitt.= So LEND programs across our nation and in
8 our territories have as a responsibility to have families as
9 faculty. It's a unique component.

10 So as our training faculty we have family members and we
11 have people with lived experience of disability, and we are
12 partnering with family networks. So that could be Family
13 Voices. It could be the ARC. It could be the parent-to-
14 parent training centers in each and every state, and our
15 Title V program.

16 So we are well networked in our partnerships to be able
17 to reach through organizations that reach families, and then
18 family to family by having faculty and trainees who are
19 family members in our programs.

20 Mrs. Brooks.= You referred to your brother-in-law.
21 What do the services look like for adults with autism
22 spectrum disorder versus children?

23 Ms. Hewitt.= It's a challenge. It varies by state--
24 another theme that you have heard from us today.

25 Many states in their developmental disabilities systems

1 have related conditions clauses which allows for somebody who
2 has autism to be served in their developmental disability
3 program.

4 Not all states have those clauses. So sometimes youth
5 and adults with autism, once they're out of school, don't
6 have access to developmental disabilities services.

7 Mrs. Brooks.= Any idea how many states don't have that
8 clause?

9 Ms. Hewitt.= I do know that data. I don't have it at
10 the top of my head. But I will send it to you.

11 When there's a related conditions clause, most people
12 with autism who are adults are served through the
13 developmental disabilities system.

14 The challenge there is the primary program is home and
15 community-based services, and as you may know there are
16 waiting lists in most states for those services.

17 That's the primary mechanism. Some services through a
18 vocational rehabilitation for employment.

19 Mrs. Brooks.= Thank you. I've exceeded my time. I am
20 sorry, and I yield back.

21 Ms. Eshoo.= The gentlewoman yields back.

22 The chair now recognizes the gentlewoman from Delaware,
23 Ms. Blunt Rochester, for five minutes of her questions.

24 Ms. Blunt Rochester.= Thank you, Madam Chair.

25 I first want to thank all of the panellists.

1 You know, whenever issues come before us, I think it's
2 important to put faces to those issues. And so as I thought
3 about this opportunity to make sure that we highlight and
4 support these important bills, I thought about faces in my
5 life.

6 When you talk about Lifespan respite care, my mother's
7 best friend for over 40 years is a caregiver to her daughter.
8 When you talk about family navigation, I think about so many
9 families that are challenged with trying to navigate
10 sometimes very complex systems at a very stressful time in
11 their lives.

12 When you talk about the LEND program, I think about the
13 fact that my last job before coming to Congress I worked for
14 the Institute for Community Inclusion at U. Mass Boston,
15 which is also a USED, and just the hard work and the fact
16 that people are trying to do things on a evidence based
17 level, intra disciplinary and also focussing on parents and
18 advocacy.

19 And so I just want everybody to take a minute to think
20 about a face of a younger person of an older person that is
21 touched by this very important legislation.

22 And so I thank you, Madam Chair, for the opportunity.
23 Autism CARES has served as a catalyst for bringing people
24 together in Delaware--critical stakeholders like service
25 providers, families, clinicians, and students do discuss

1 what's working, what's not working, and where we can go in
2 the future.

3 One of the core pieces of autism CARES is support for
4 early screening and identification of autism spectrum
5 disorder which is also an important area of focus for my
6 state of Delaware.

7 In 2013, we reported that the average age of diagnoses
8 was 5.5 years old. But the American Academy of Pediatrics
9 recommends screenings start as early as 18 months of age, and
10 even more troubling are the existing disparities in access to
11 diagnostic and early intervention services for ASD.

12 Because of a grant that funded autism CARES,
13 stakeholders came together to focus on and target Latino
14 families in Sussex County who are living in medically
15 underserved areas with limited access to providers and
16 appropriate services.

17 Dr. Hewitt, my first question is can you talk a little
18 bit about the disparities that exist among the early
19 diagnosis and screening for minority populations, why they
20 exist and what kind of impact it would have?

21 Ms. Hewitt. = Certainly. It's really an interesting
22 topic because in some communities and in some states,
23 children from diverse ethnic, racial linguistic backgrounds
24 are under diagnosed. So a lot of times people make an
25 assumption that the disparity is that children are over

1 diagnosed. But in our state, you know, we are under
2 diagnosing Latino children and Native American children as
3 well as African-American children.

4 So part of it is that access to early identification,
5 access to early intervention, those kinds of young child
6 programs, one of our charges as LEND programs is to address
7 those disparities.

8 So, for example, in our last cohort of LEND trainees one
9 of our trainees' project was to be working in the mosques and
10 trying it train the mosque families about autism.

11 So trying to get into faith communities to help in
12 identifying and getting information about how kids should be
13 identified and it shouldn't be a stigma to have autism. It
14 should be considered like any other health issue where we
15 identify it and get supports.

16 Ms. Blunt Rochester.= I am going to turn to you,
17 Doctor. Is it Bocchini or--Bocchini. Okay.

18 Dr. Bocchini, could you just briefly--I have like 40
19 seconds, and it's a lot--describe the difference between
20 testing and screening, and also you mentioned in your
21 testimony about the fact that in addition to the health--the
22 great health outcomes it is also cost savings. Can you share
23 a little bit about those?

24 Dr. Bocchini.= So many of the conditions that we screen
25 for if untreated will cause developmental delays which then

1 end up causing a significant amount to address and manage by
2 early screening and a diagnosis before those permanent
3 changes occur you reduce those costs?

4 So for many issues that's what happens.

5 Ms. Blunt Rochester.= Thank you. Thank you so much.

6 Lastly, I will submit questions for the record, because
7 I want to ask questions about the LEND program. I want to
8 ask questions about the respite care. So I will do that.

9 But I want to thank you so much for all of your work on
10 behalf of Americans. Thank you.

11 And I yield back.

12 Ms. Eshoo.= The gentlewoman yields back.

13 The chair now recognizes the gentleman from Florida, Mr.
14 Bilirakis, for his five minutes of questions.

15 Mr. Bilirakis.= Thanks you so very much.

16 Ms. Eshoo.= And for all advocates that are here,
17 Congressman Bilirakis's father preceded him in the Congress,
18 and he was chair of this subcommittee. So the tradition
19 continues. You are recognized.

20 Mr. Bilirakis.= Oh, we care a great deal about these
21 issues, Madam Chair, thank you, as you do to.

22 Thank you very much.

23 While I have some prepared questions, but I was looking
24 into H.R. 2035 and I wanted to, for the benefit of the people
25 listening back home, tell me what it encompasses. I am

1 concerned specifically--is it Medicare-Medicaid patients who
2 are severely--have severe illnesses. I am also specifically
3 concerned. Do wounded warriors--I know it's mentioned in the
4 bill with regard to wounded warriors--do they qualify for the
5 respite care? In other words, their caregivers? That's so
6 important as well. Please.

7 Ms. Kagan.= What's unique about Lifespan Respite
8 program is that there are no stringent eligibility criteria.
9 So this enables the state to identify where the biggest gaps
10 are in services and try to target their limited dollars to
11 those individuals.

12 So folks like wounded warriors and there is a VA program
13 for respite but very often these individuals are either not
14 qualifying for the VA program or there are not the types of
15 respite options, especially the younger veterans where
16 they're comfortable getting the respite services.

17 So we have continued to partner, especially at the state
18 level--the state respite coalitions--have invited the VA
19 caregiver coordinators to participate in their coalitions so
20 that they can find additional respite resources for those
21 individuals.

22 So, again, there's not a specific targeting. If a state
23 is providing consumer-directed respite vouchers, they're very
24 often targeting it to adults between the ages of 18 and 60 or
25 with conditions like MS or ALS or spinal cord injuries or

1 adults with intellectual developmental disabilities for whom
2 no other respite services or public funding sources exist,
3 people with mental health issues where it's very hard to find
4 respite services or dollars to support that.

5 Families who are on Medicaid waiver waiting lists are
6 often the first to be served under Lifespan programs too. So
7 it's really--it's the gap filling program. It's those
8 respite services. Families are eligible. If they're not
9 getting services anywhere else from any other public program.

10 Mr. Bilirakis.= Very good.

11 Yes, so it's basically up to the states. Okay.

12 Dr. Bocchini, as lead sponsor of the congenital heart
13 reauthorization act which is now law, and the co-chair of the
14 rare disease caucus, I certainly understand the importance of
15 early screening and the critical chance and hope that it
16 affords patients and their care team.

17 What is the current state of newborn screening does it
18 vary from state to state? I want to ask this question
19 specifically. I know it covers hearing loss. In other
20 words, the baby's screen for hearing loss.

21 How about visual impairment? Does it cover that as
22 well?

23 Dr. Bocchini.= Official impairment is not covered by
24 newborn screening.

25 Mr. Bilirakis.= We have to do something about that.

1 Dr. Bocchini.= Well, there are a number of things that
2 are considered to be practice parameters that all babies are
3 screened for in the newborn period by physicians and are not
4 part of by public health program.

5 The public health program for newborn screening is
6 really dedicated to things that can be done in a public
7 health laboratory as well as hearing, screening, and critical
8 congenital heart disease screening, or point of care tests,
9 and those are the only difference than--other than the blood
10 heal stick blood test.

11 So certain things would be considered normal practice
12 parameters and out of the public health realm.

13 Mr. Bilirakis.= So you answered most of my questions
14 here.

15 Screening with our proper follow-up actions is so very
16 important. If you don't have the follow up actions it's
17 basically moot.

18 After an initial newborn screening identifies a
19 condition, patients, or the caregiver in this case, the
20 education options and the resources become critical,
21 especially in rural areas and rural areas and low income
22 areas and medically underserved communities.

23 What does that handoff currently look like? Is that
24 room--is there room for improvement to fall off? Because
25 that's so important as well.

1 If you could maybe elaborate a little bit, sir. That's
2 important that we follow up.

3 Dr. Bocchini.= Thank you. It's a very important
4 question.

5 Newborn screening is a program. It's really not a
6 single test that's done in a laboratory. So it's very
7 important that children who are identified are rapidly
8 referred to the specialist or the individualist who can then
9 manage that child's care. So we would call that short-term
10 follow up.

11 And then once short-term follow up is assured, a
12 diagnosis is made, and then the management is evolved, then
13 long-term follow-up becomes really important so that that
14 child is not lost to follow-up.

15 Yes, we can improve that. There are a lot of gaps that
16 may exist in individual states based on resources, based on
17 having enough subspecialty providers to take care of those
18 patients, and then having the resources for the care that's
19 needed surrounding that specific diagnosis.

20 So I think there is an opportunity with this
21 reauthorization to have more funds go to states through the
22 HRSA program to help improve short-term, long-term--
23 especially long-term follow up of those patients.

24 Mr. Bilirakis.= Very good. I yield back, Madam Chair.
25 Thank you so much.

1 Ms. Eshoo.= The gentleman yields back. The chair
2 recognizes Dr. Ruiz from California for his five minutes of
3 questions.

4 Mr. Ruiz.= Thank you, Madam Chair. I appreciate the
5 opportunity. Thank you all of you for coming today and
6 testifying.

7 The Emergency Medical Services for Children's program
8 helps train providers on how to coordinate care for kids in
9 the emergency department.

10 When I first ran I used to say, man, I don't care if
11 it's a Republican idea or if it's a Democratic idea. I just
12 care if it's a darn good idea and I am going to support it.

13 This bill is--has been introduced by a Republican,
14 Representative King. It's a hell of a good idea. I support
15 this bill 100 percent, and I believe Democratic
16 Representative Castor is on it so it's a very good bipartisan
17 bill. And I will back any good idea from a Republican any
18 day any time.

19 As an emergency department physician, I can assure you
20 that it is critical that there are protocols set specifically
21 for the unique needs of children, and it is not just
22 important for physicians.

23 My wife, Monica, is an emergency nurse and I know you
24 have a doctorate in nursing, Dr. Howard, and she would say
25 the same thing.

1 So Dr. Howard, what are some examples of the models that
2 have been developed for pre-hospital and hospital use, and
3 how did this program help to do that, especially in terms of
4 the regional care--EMS care--for kids?

5 Ms. Howard.= Well, there's a variety of different
6 examples and I have alluded to the pediatric readiness a
7 little bit earlier. In fact, one of the members actually
8 talked a little bit about what had happened in their state.

9 But I think the pediatric readiness which is some of the
10 work that's really actually occurring presently--all the
11 different pediatric readiness grants--is something that has
12 really benefited all spectrums because it makes sure that not
13 only is EMS ready but the emergency department is ready with
14 not just the knowledge, training, and expertise but they also
15 have dedicated physician and nurse champions for pediatric
16 care, which is a little bit of a different focus than we've
17 seen with some of the other EMSC programs. And so this
18 pediatric readiness component I think is really critical.

19 Mr. Ruiz.= Dr. Howard, you know as well as I do that
20 when you're in a rural emergency department or even an urban
21 emergency department that when a very sick kid comes to you
22 everybody just tightens up a little and a lot of it is going
23 to be quickly stabilize, resuscitate, and then transfer to a
24 tertiary children's hospital.

25 And unfortunately, many locations in rural American they

1 don't have nearby and therefore they have to call the medical
2 flight physicians and nurses to come and transport that
3 critically sick patient to get lifesaving care where they
4 need it.

5 And having grown up in a rural impoverished community of
6 Coachella, California, that's very underserved I've seen
7 barriers to care that don't necessarily exist in nonrural
8 settings and those hospitals face a unique set of needs.

9 I've also been a strong advocate for tribes and the
10 Indian Health Service, and who often face even greater access
11 issues since long before I came to Congress.

12 So, Dr. Howard, can you explain specifically how this
13 program helps families living in underserved rural areas or
14 tribal communities.

15 Ms. Howard.= It specifically helps those areas because
16 the EMSC partnership grants have taken services to those
17 rural areas, and I will use my state for an example.

18 We only have two level one children's facilities in our
19 entire state. So you either come to Louisville or Lexington.

20 Mr. Ruiz.= What state is that again? I am sorry. What
21 state is that?

22 Ms. Howard.= Kentucky.

23 Mr. Ruiz.= Kentucky only has two children's hospitals
24 for the entire state?

25 Ms. Howard.= Correct. And we are not geographically

1 large but we are size wise. It takes a significant amount of
2 time. So if you come from far eastern Kentucky by helicopter
3 it's still almost an hour by flight. An hour when you're
4 critically ill or injured and you have already had
5 stabilization at another facility is challenging.

6 Mr. Ruiz.= And that's why we got to protect the CHIP
7 programs, the Medicaid programs for the children and families
8 and Kentucky. You keep cutting those and putting on these
9 work requirements you're going to decrease the people that
10 are insured. It's going to make things worse for the
11 residents of Kentucky.

12 So and we also have to make sure we fund those medical
13 flights because without them time is tissue, right, in the
14 emergency department. You don't get the appropriate timely
15 care for strokes and heart attacks, you're done. It's going
16 to be much more costly in the future than the cost of a
17 medical flight because you're going to be paying for a
18 lifetime of rehabilitation and loss of work.

19 So this program includes the EMSC data center which
20 provides monetary data management.

21 Dr. Howard, what do we do with the data that we are
22 collecting and how does it improve health outcomes for
23 children in the emergency department setting?

24 Ms. Howard.= So the PECARN network has been phenomenal
25 in terms of providing best evidence and shared the best

1 evidence, and one of the things I mentioned in my oral
2 testimony earlier is I think of the best outcomes of that
3 data, which is not getting a CAT scan on every child that
4 presents to the emergency department for years if you had a
5 minor head injury and a loss of consciousness, automatic CAT
6 scan.

7 We don't do that now. We observe these children. We
8 have parameters, and so we are not, number one, unnecessarily
9 exposing them to radiation but we are also not spending
10 dollars that we don't have to spend.

11 And so that makes a difference, and these children do
12 very well.

13 Mr. Ruiz.= Ms. Chair, I just want mention that she's
14 absolutely correctly that they found that kids who get these
15 CAT scans are at higher risk of getting leukemia, lymphomas,
16 and other blood-borne cancers. And so now we are trying to
17 really protect them from getting these CAT scans.

18 Ms. Eshoo.= The gentleman yields back.

19 Mr. Ruiz.= Yes.

20 Ms. Eshoo.= I just want to--I can't help but add when
21 you talked about air ambulances that we have to make sure
22 that people don't suffer heart attacks when they get the bill
23 for it.

24 The chair now has the pleasure of recognizing the
25 gentleman from Montana, Mr. Gianforte.

1 Mr. Gianforte.= Thank you, Chairwoman Eshoo, and thank
2 you for the experts in your testimony today. These are very
3 important topics.

4 I am a proud sponsor of the Autism CARES Act. I know
5 funding for this program has been used to identify thousands
6 of kids who otherwise may not have been diagnosed as on the
7 spectrum.

8 We have seen nearly a four-fold increase in the number
9 of students with autism receiving special education services
10 in Montana schools in the last 10 years.

11 Montana families rely on the services and support
12 outlined in this bill. Currently, Montana is one of only a
13 handful of states without their own LEND training program.

14 But I know Montana is laying the groundwork to establish
15 this training within our state. This program is especially
16 important in rural areas where it could be difficult to find
17 providers who can screen, diagnose, and help with the therapy
18 needed.

19 Over the last 12 years Montanans have had to travel to
20 Utah to participate in the LEND program. I know it would
21 really help our state to have more--a more local LEND
22 program.

23 Dr. Hewitt, what challenges to children with autism face
24 in rural communities?

25 Ms. Hewitt.= I was just in your state last week talking

1 to them about gearing up for a LEND program. So they're
2 definitely gearing up for it.

3 I think in answer to your question, the biggest
4 challenge is having people with the training and the
5 expertise where they live that can do the assessment--the
6 diagnosis and the intervention.

7 And in our rural communities in nearly every state
8 that's a real challenge. One of the things that many LEND
9 programs are doing now is trying to use telehealth as an
10 opportunity to get that expertise to rural communities.

11 Mr. Gianforte.= Can you talk a little more about how
12 telehealth is being used in the LEND program?

13 Ms. Howard.= Sure. I will speak to our area. One of
14 our big challenges in the metropolitan area, Minneapolis/St.
15 Paul, we have a lot of programs. We have a lot of clinical
16 services. We have a lot of trained professionals.

17 In Greater Minnesota, we don't, and so at our LEND
18 program we have our LEND faculty who are through the
19 internet, through secured way, and with training to the
20 families, they're actually doing assessment diagnostic and
21 intervention, and then monitoring that intervention from
22 screen to screen in a family home.

23 Mr. Gianforte.= So the LEND program, aspects of it, can
24 be implemented effectively through telemedicine?

25 Ms. Howard.= Absolutely.

1 Mr. Gianforte.= Okay. Great. And we can't have a
2 specialist for every discipline in every rural town in the
3 U.S. This is a really important part.

4 Ms. Howard.= Absolutely.

5 Mr. Gianforte.= I appreciate you making that point. At
6 what age are children usually evaluated and diagnosed with
7 autism?

8 Ms. Howard.= That really varies. It varies based on
9 state. It varies based on community. On average, it's just
10 under five years of age when a child gets their first
11 diagnosis.

12 But one thing we do know is that there were signs and
13 there were comments from preschool teachers, from
14 pediatricians, that identified perhaps characteristics of
15 autism that go undiagnosed or get deferred until a child
16 enters school.

17 Mr. Gianforte.= Is that diagnosis delayed at all in
18 rural areas?

19 Ms. Howard.= It is, and that's really because there
20 aren't--there aren't--a clinical diagnosis often is delayed
21 because there aren't experts to provide that intervention.

22 Mr. Gianforte.= So what are the effects, if any, for
23 children who are diagnosed with autism later in life versus
24 earlier?

25 Ms. Howard.= Well, we know that the earlier that you're

1 identified the earlier that you get intervention, the better
2 your communication skills are and the better your educational
3 outcomes are, and overall in general your life, your work,
4 your capacity to earn a living, all of those things matter.

5 Mr. Gianforte.= So the path to a more productive life
6 is benefited with an earlier diagnosis?

7 Ms. Howard.= Correct.

8 Mr. Gianforte.= Okay. Thank you.

9 Ms. Kagan, is it more difficult to receive Lifespan
10 respite care in rural communities?

11 Ms. Kagan.= As with any other program, especially when
12 we are facing the direct service workforce shortage, of
13 course it is harder.

14 Oklahoma, though, has had a wonderful program in place
15 that they initiated with their initial Lifespan respite grant
16 to do mobile respite where they partnered with state
17 department of transportation to get a van that was no longer
18 used by the state, and they transfer workers and volunteers
19 from the more urban areas out to the rural areas to provide a
20 day of respite for families in rural communities. It's a
21 wonderful model.

22 Mr. Gianforte.= Can you speak--can you speak briefly to
23 the impact of the Lifespan Respite Care Reauthorization Act
24 on rural communities?

25 Ms. Howard.= Again, I think it's one of the few

1 programs because it allows states to use funds to not only
2 help families pay for respite but it allows them to build new
3 services and test out these innovative models like the
4 volunteer transportation.

5 Mr. Gianforte.= Okay. Thank you for your indulgence,
6 Madam Chair.

7 I yield back.

8 Ms. Eshoo.= You're most welcome. The gentleman yields
9 back.

10 Now I would like to recognize the gentleman from
11 Pennsylvania, Mr. Doyle, who's waiving onto the subcommittee.
12 He's the chairman of the Communications and Technology
13 Subcommittee of Energy and Commerce, and he and--we all need
14 to thank both Mr. Doyle and Mr. Smith, who's also here and
15 will follow him, because inside the Congress these are the
16 two top advocates relative to autism, not only with their
17 legislation but with the caucus that they have formed and I
18 want to salute both of them.

19 So, Mr. Doyle, you have five minutes and take it away,
20 and we are all really very grateful to you for your
21 leadership, especially when it matters.

22 Mr. Doyle.= Thank you, Madam Chair.

23 Thank you, and I appreciate you allowing us to waive
24 onto the subcommittee today to ask some questions.

25 And I want to recognize my good friend, Chris Smith.

1 About 20 years ago, Chris and I were members of the
2 Veterans Affairs Committee and we were sitting down having a
3 conversation and that's when the idea come up Chris was
4 telling me about a spike in autism in Brick Township, New
5 Jersey--that they thought maybe there was an environmental
6 cause to this.

7 And I was relaying to him my experiences with a family
8 back in Pittsburgh, the Torisky family--Dan Torisky, who
9 eventually became the national president of the Autism
10 Society of America, and that's where we come with the idea to
11 start the caucus because a lot of members of Congress didn't
12 know what autism was and not much was being done, and Chris
13 has been a real pleasure to work with and a real champion for
14 the cause. I couldn't have a better co-chair of the caucus
15 than Chris Smith and I want people to know that.

16 Dr. Hewitt, we have heard a lot about early
17 intervention. Can you share some of the information about
18 the CDC's "Learn the Signs and Act Early'" and some of the
19 other resources that are available? And how can family use
20 these resources to help them identify these signs?

21 Ms. Hewitt.= Sure. As I said in my introduction, we
22 have one of the "Learn the Signs Act Early'" programs in
23 Minnesota. We've been fortunate to have that.

24 We, as a program, have decided to use those resources to
25 develop educational materials and outreach to communities--to

1 various immigrant communities, so our Somali community, our
2 Hmong community, our other East African community--as a way
3 to get parent-to-parent information.

4 So we've developed brochures. We've developed talking,
5 educational like in-person educational programs to work to
6 train families so that they can go into their communities and
7 train other families about what to look for in their child's
8 development and what concerns might arise and then what to--
9 where to go if they identify something.

10 Mr. Doyle.= So Dr. Hewitt, we have a program in
11 Pittsburgh and it's been invaluable to us. I am just
12 curious. How do the LEND programs around the country
13 interact with one another and could LEND programs improve
14 interaction to create more of a national network?

15 Ms. Hewitt.= That's one of the great things about the
16 LEND program. Through the Association of University Centers
17 on Disability we have a network and we do work very closely
18 together.

19 Next month we'll come together for an Autism CARES
20 national conference where the LEND directors and LEND staff
21 get together and we share what we are doing in our various
22 states, learn from one another about effective programs and
23 then can take that back and replicate it.

24 Mr. Doyle.= Tell me, what are some of your experiences
25 and concerns as a family member that are--that you feel are

1 not being addressed in your research and research that's
2 taking place around the country?

3 Ms. Hewitt.= Again, I've said it before in this
4 hearing. But issues related to transition, youth
5 transitioning to adulthood, and employment, so specialized
6 employment programs that help support individuals who--with
7 autism who are young adults and adults to find and keep their
8 employment. It's a big area.

9 Mr. Doyle.= Yeah, I can't tell you how many families
10 that I talk to worry about as their kids are aging out of
11 services and as we know the first person I met with autism is
12 now a 50 some year old adult. It's not a developmental
13 disability that kills you, and families worry what happens to
14 their children when they're no longer around. And, as we
15 know, the spectrum, depending on where you sit on that
16 spectrum, that can be a real concern.

17 So it's one of the things we are trying to address in
18 the legislation.

19 Let me ask, in your opinion, what would be the benefits
20 of CDC increasing a surveillance of adults with ASD?

21 Ms. Hewitt.= I think it's really important and, as I
22 said, we are working toward that by adding a small number of
23 states that will be looking at 16-year-olds.

24 We really just don't have prevalence data about adults
25 with autism in the United States, and what the prevalence

1 data does is help policy makers at that local and state level
2 plan for services and supports.

3 Mr. Doyle.= Madam Chair, I see my time is expiring.

4 I would like to seek unanimous consent to enter nine
5 letters of support from the following organizations into the
6 record: Autism Speaks, two letters from them, the Autism
7 Society of America, Association of University Centers on
8 Disabilities, American Academy of Pediatrics, the National
9 Association of Councils on Developmental Disabilities,
10 National Council on Severe Autism, Research America, and a
11 letter of support from a diverse group of disability and
12 health care organizations.

13 Ms. Eshoo.= So ordered.

14 [The information follows:]

15

16 *****COMMITTEE INSERT*****

1 Ms. Eshoo.= And we just subtracted those I think
2 successfully from my long list. But there's a real honor
3 roll of organizations. I thank the gentlemen.

4 I now would like to ask for unanimous consent of the
5 ranking member of the ranking member of our subcommittee,
6 because Congressman Smith is with us.

7 But we have a rule at the committee that if you're not
8 part of the full committee that you can't speak. But he's
9 here and I think he deserves--I really want to recognize him
10 so I ask for unanimous consent of Congressman Smith be able
11 to participate now and recognize him for his five minutes of
12 comments, questions.

13 Welcome, and thank you for your very fine work. We are
14 all indebted to you for your leadership.

15 Mr. Smith.= Chairwoman Eshoo, thank you for not only
16 your strong personal but your professional commitment to all
17 of these important health issues including and especially the
18 Autism CARES legislation, which is and continues to be
19 historic. It is already making a difference but this new
20 iteration, and Mike Doyle, you can't find a better friend and
21 champion for combatting autism and helping across the board.

22 You know, one of the features of our new bill is to make
23 it the Lifespan--the emphasis is no way diminished towards
24 helping early childhood and children.

25 But we now know that about 50,000 people matriculate

1 from the minor to adulthood, and there's so much that we
2 don't know, so many needs that have to be met including
3 housing.

4 Our last Autism CARES Act made it very clear that we
5 wanted a full assessment from GAO. We did that by letter in
6 the bill from the administration.

7 What is out there? What are the capabilities of local,
8 federal, and state governments to meet this growing and
9 really almost exponentially growing need that is largely
10 unmet.

11 I want to thank Dr. Burgess, who has been a great friend
12 on so many issues. I chaired for years--now I am ranking
13 member--of the Africa Global Health Global Human Rights
14 Committee, and had hearings on Ebola and neglected tropical
15 diseases, Zika, HIV/AIDS, malaria, TB, autism, and
16 Alzheimer's, and Dr. Burgess was at so many of those hearings
17 I thought he was a member of the committee.

18 So I want to thank him for his expertise as well
19 because--and his concern.

20 This bill is, I think, going to make a difference. It
21 was written with close collaboration with those organizations
22 that was just cited. Autism CARES and Speaks have been game
23 changers.

24 It does provide a little over \$1.7 billion over five
25 years. When I brought CDC to New Jersey in 1997, because we

1 had a prevalence spike, we thought, that was just Brick
2 Township.

3 CDC, to their shock and dismay, found when they did
4 their data calls that other townships had similar prevalence
5 increases that could not be explained.

6 You know what they were spending then for--at CDC?
7 \$287,000 per year straight line for five years.

8 I even--I asked then, what does that buy, a desk? You
9 can't even do a review of literature that's credible with
10 that kind of puny spending.

11 So that has done up \$23 million for CDC per million now,
12 \$53 million for HRSA and Mike is planning on offering an
13 amendment that tracks our appropriations number of \$296
14 million per year for NIH.

15 If you look at all of the data--this is the way an NIH
16 program and a CDC coordinated program should run, they have a
17 strategic plan.

18 IIAC does a wonderful job--they're not perfect, but a
19 wonderful job--and they ask questions and then they assign
20 projects so there's less duplication and, hopefully, no
21 duplication of effort.

22 We have 126 co-sponsors on this bill. Again, Mike and I
23 have worked across the aisle. They say that bipartisanship
24 is dead. Not here and not with my good friend from
25 Pennsylvania.

1 So I want to thank him for that. We also have included
2 on IIAC, what I think, what we think is so important. Labor,
3 Justice, and HUD have now been included. So we get
4 additional eyes and ears and buy-in from this whole of
5 government approach.

6 So it's really a historic bill. It needs to pass early.
7 We never know what's going to happen in the Senate. But we
8 have had conversations with Lamar Alexander and I do believe
9 he's likely to hold it at the desk.

10 Previous times we had holds galore on it. The Senate's
11 arcane rules make it very hard to get important bills passed.
12 And, you know, we are working it proactively to try to
13 mitigate the possibility of different members putting a hold
14 on it so that it hopefully gets to the president and then
15 signed.

16 Mike and I--and this is one of the untold stories--the
17 reason why NIH and CDC is up the way it is, we lobbied the
18 daylights out of our friends and we are our friends, whether
19 it be Tom Cole or others, when he was chairman of the Labor
20 HHS bill to keep putting that number up because the need is
21 overwhelming.

22 We don't have our arms around this yet, and as has been
23 said--and Dr. Hewitt, thank you for your testimony and
24 leadership--we are still expanding and it is global.

25 I have a bill that I've been unsuccessful in getting

1 passed. That would be a global autism bill, because it's
2 everywhere. It's all over Africa. It's all over Latin
3 America, it's everywhere. And we have only made a small dent
4 in that.

5 But the United States is leading. It is bipartisanship.
6 Mike, thank you. You have been a great friend and a great
7 champion.

8 I yield back. Thank you, Chairwoman Eshoo, for this
9 time.

10 Ms. Eshoo.= The gentleman yields back.

11 And we are so pleased that both of you were here today.
12 It means everything to whomever is listening certainly to all
13 of the advocates and all of the members of the subcommittee.

14 I think that we don't have any members here for any
15 additional questions. So I want to thank this panel of
16 witnesses.

17 I think you have been outstanding. You have answered
18 the questions directly. We have learned from you. You have
19 deepened our knowledge on the issues.

20 These are four bills that deserve to move on to being
21 reauthorized. They're important for the American people.

22 And, you know, these are words that are written on paper
23 but I always say, you know, you put legs, you put feet on
24 those words they walk right into people's lives.

25 So thank you for testifying today. On behalf of all the

1 members of the subcommittee we are really grateful to you.

2 And remind members--of course, there are only a couple
3 of us left in the room now--that pursuant to committee rules
4 each member has 10 days to submit additional questions for
5 the record to be answered by the witnesses who have appeared.

6 So I ask each witness that you respond promptly to an of
7 the questions that you may receive from members.

8 And I now would like for unanimous consent to enter into
9 the record the following. It's a long list. These are the
10 documents that I would like to place in the record:

11 The Coalition Letter in support of H.R. 2507, statement
12 for the March of Dimes, in support of H.R. 2507, statement
13 from the Aiden Jack Sager in support of 2507, a letter from
14 AARP in support of 2035, a letter from the Consortium for
15 Citizens with Disabilities in support of 2035, a letter from
16 the American Speech Language Hearing Association in support
17 of 1058, a letter from the Association of University Centers
18 on Disabilities in support of 1058, Coalition letter in
19 support of H.R. 1058, a letter from Research America in
20 support of 1058, coalition letter in support of 776, and a
21 statement from the American Academy of Pediatrics in support
22 of 776.

23 Hearing no objections, so ordered.

24 [The information follows:]

25

1 *****COMMITTEE INSERT*****

1 Ms. Eshoo.= And with that, the subcommittee is
2 adjourned.

3 Thank you, everyone.

4 [Whereupon, at 12:37 p.m., the committee was adjourned.]