

Attachments—Additional Questions for the Record

**Subcommittee on Health
Hearing on
“Investing in America’s Health Care”
June 4, 2019**

Ms. Mary-Catherine Bohan

The Honorable Debbie Dingell (D-MI)

1. Ms. Bohan, can you explain how your range of services improved after becoming a CCBHC?

Congresswoman Dingell, thank you for your questions. At Rutgers University Behavioral Health Care (UBHC), the service delivery system has been very positively impacted since becoming a CCBHC. Some specific examples of system improvements include:

- Institution of Same Day/Next Day Access; clients are able to enter treatment immediately
 - Decreased wait times; average wait time to first appointment has decreased from 21 days to less than 4 days and continues to improve
 - Integration of Case Managers and Peer Support Specialist into treatment team
 - Active members of the Intake team; engaging with clients on admission
 - Able to engage with clients in the community; conduct wellness checks on at-risk individuals
 - Address social determinants of health with client during clinic visits, allowing clinicians and medical staff to operate at the top of their licensure
 - Expansion of Substance Use Disorder Services
 - Development of Ambulatory Withdrawal Management Program
 - Intensive Outpatient Level of Care
 - Expansion of Medication Assisted Treatment (MAT)
 - Physical Health Integration
 - Health Survey completed on admission that informs pathways of care, identifies level of involvement with primary care/specialty care and participation in preventative health screens/procedures
 - Coordination of Care between CCBHC and primary/specialty care
 - Assessment of Body Mass Index (BMI) and Metabolic Syndrome
2. Can you share how many more patients you were able to serve as a CCBHC?

- Three clinics, serving a total of 3314 patients, were transitioned to CCBHC. In year one of the demonstration project, 5,049 individuals were served. As of this date, it appears we served over 6,000 individuals in the second year of the project.
- In the year prior to CCBHC, UBHC treated 115 unique individuals with primary Substance Use Disorder. In year one, 374 individuals were served and 448 individuals were served in the second year of the demonstration.
- UBHC provided MAT to 300 individuals during year two of the demonstration grant through maintenance and induction within the Ambulatory Management Program which is a new service as a result of becoming a CCBHC.

Respectfully Submitted,

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