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6 STRENGTHENING OUR HEALTH CARE

7 SYSTEM: LEGISLATION TO REVERSE ACA SABOTAGE

8 AND ENSURE PRE-EXISTING CONDITIONS PROTECTIONS

9 WEDNESDAY, FEBRUARY 13, 2019

10 House of Representatives

11 Subcommittee on Health

12 Committee on Energy and Commerce

13 Washington, D.C.

14

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17 The subcommittee met, pursuant to call, at 10:30 a.m., in  
18 Room 2123 Rayburn House Office Building, Hon. Anna Eshoo [chairman  
19 of the subcommittee] presiding.

20 Members present: Representatives Eshoo, Butterfield,  
21 Matsui, Castor, Sarbanes, Lujan, Kennedy, Cardenas, Schrader,  
22 Ruiz, Kuster, Kelly, Barragan, Blunt Rochester, Rush, Pallone  
23 (ex officio), Burgess, Upton, Shimkus, Guthrie, Griffith,

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24 Bilirakis, Long, Bucshon. Brooks, Mullin, Hudson, Carter,  
25 Gianforte, and Walden (ex officio).

26 Also present: Representatives Schakowsky and Soto.

27 Staff present: Jeff Carroll, Staff Director; Waverly Gordon,  
28 Deputy Chief Counsel; Tiffany Guarascio, Deputy Staff Director;  
29 Zach Kahan, Outreach and Member Service Coordinator; Saha  
30 Khatezai, Professional Staff Member; Una Lee, Senior Health  
31 Counsel; Jourdan Lewis, Policy Analyst; Alivia Roberts, Press  
32 Assistant; C.J. Young, Press Secretary; Mike Bloomquist, Minority  
33 Staff Director; Adam Buckalew, Minority Director of Coalitions  
34 and Deputy Chief Counsel for Health; Jordan Davis, Minority Senior  
35 Advisor; Caleb Graff, Minority Professional Staff Member for  
36 Health; Peter Kielty, Minority General Counsel; Ryan Long,  
37 Minority Deputy Staff Director; Brannon Rains, Minority Staff  
38 Assistant; Danielle Steele, Minority Counsel for Health.

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39 Ms. Eshoo. The Subcommittee on Health will now come to  
40 order.

41 The chair now recognizes herself for five minutes for an  
42 opening statement. First of all, welcome to the first  
43 legislative hearing of the Health Subcommittee in the 116th  
44 Congress.

45 Last week we heard testimony and examined what the  
46 devastating effects would be if the case Texas v. the United States  
47 were to stand, most especially on those who have preexisting  
48 conditions and the medically complex children who rely on the  
49 Affordable Care Act.

50 We also discussed how the Trump administration's sabotage  
51 of the ACA and the expansion of junk insurance plans are driving  
52 up cost by diverting the healthy out of the individual market  
53 and weakening patient protections with preexisting conditions.

54 Today, the four bills before us address short-term insurance  
55 plans, waivers to weaken insurance regulations on the private  
56 market, funding for marketing and outreach, and legislation that  
57 would require short-term insurance plans to carry an advisory  
58 informing consumers what the plan does not cover and what ACA  
59 requirements the plan does not meet.

60 It is a top priority of the majority to protect patients  
61 with preexisting conditions. On the campaign trail and in our

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62 hearing last week, our Republican colleagues voiced their support  
63 for preexisting condition protections. They asked for specific  
64 legislation and that is what we are here to discuss today.

65 Our first bill will rescind the short-term limited duration  
66 insurance for junk insurance policies, regulation the Trump  
67 administration finalized last August, which expands these junk  
68 plans from the current three-month limit, making them available  
69 for up to three years.

70 We know these plans do not cover preexisting conditions.  
71 They do not have out-of-pocket and lifetime limits and they do  
72 not protect women from being charged more than men.

73 Representative Castor's bill would rescind the rule that  
74 expanded these junk insurance plans. Representative Kuster's  
75 bill revokes the Section 1332 waiver guidance issued by the  
76 administration last October, which weakens requirements of  
77 private insurance plans to provide compressive coverage at an  
78 affordable price.

79 Section 1332 of the Affordable Care Act requires states to  
80 meet standards for what qualifies as health care coverage. The  
81 Trump administration guidance changes these standards to be less  
82 comprehensive and less affordable for patients who rely on private  
83 insurance purchased on the individual market.

84 It also allows tax credits, federal dollars, to be spent

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85 on these expanded and extended junk plans. My Republican  
86 colleagues have been highly critical about funding tax subsidies  
87 to help Americans afford comprehensive health insurance but  
88 support allowing more people to access federal money for these  
89 short-term junk insurance plans that do not even cover basic  
90 services.

91 Representative Kuster's bill rescinds that guidance so that  
92 all Americans will have health insurance coverage that meets the  
93 same standards.

94 We are also considering the bill authored by Representative  
95 Lisa Blunt Rochester to restore the marketing and outreach funding  
96 the Trump administration cut by 90 percent in 2017 and banning  
97 this funding from being used to advertise the junk insurance  
98 plans.

99 An article published in Kaiser Health News earlier this month  
100 described how consumers searching online to enroll in  
101 comprehensive ACA plans are most often directed -- redirected  
102 to websites and brokers selling junk plans without disclosing  
103 that the coverage will not be comprehensive.

104 And I ask unanimous consent to enter this article into the  
105 record. Hearing no objections, we will do that.

106 [The information follows:]

107 \*\*\*\*\* COMMITTEE INSERT 1 \*\*\*\*\*

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108 Ms. Eshoo. Federal dollars should not support advertising  
109 coverage that will not protect patients with preexisting  
110 conditions. The last bill, my legislation will require junk  
111 insurance plans to display up front what is and what is not covered  
112 so that consumers will know exactly what they are buying.

113 My bill also requires a disclosure that these plans do not  
114 meet the Affordable Care Act's requirements for cost sharing and  
115 lifetime limits and prohibits these plans from being sold during  
116 the individual market open enrollment.

117 I want to be clear about the following. I believe the Trump  
118 administration's rule that expanded the maximum duration of these  
119 so-called short-term plans up to a year and allows them to be  
120 renewed for up to three years should be rescinded.

121 I see that I am over my time and at this point I would like  
122 to recognize Dr. Burgess, the ranking member of the subcommittee  
123 for five minutes for his opening statement.

124 Mr. Burgess. I thank you for the recognition, and today  
125 we have been convened once again to discuss issues that will not  
126 improve the affordability of health insurance for Americans.

127 Unsustainably high premiums and issues related to silver  
128 loading are increasingly becoming a reality for families that  
129 rely upon healthcare.gov for their insurance.

130 Yet, the bills before us today will not make a marked increase

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131 in the availability of reasonably prices plans. I am encouraged  
132 to see that we are at least discussing some legislative ideas  
133 today, unlike last week's hearing, which I think everyone agreed  
134 was an exercise in futility.

135 Once again, I would like to make it clear that there is  
136 bipartisan support for protecting coverage for individuals with  
137 preexisting conditions. Many on our side have expressed that  
138 sentiment.

139 Certainly, we have people that we know in our families or  
140 in our -- amongst our employers when we -- employees when we were  
141 -- before we came to Congress or in our medical practices that  
142 are affected by the status of preexisting conditions.

143 But the constituents in my district are struggling to afford  
144 their health insurance and I am sure the district I represent  
145 is not unique in that regard.

146 What good is health insurance if you are afraid to use it  
147 because you cannot afford your deductible? I have a lot of people  
148 that I represent who cannot afford a flat tire, let alone a \$6,800  
149 deductible in the bronze plan sold by healthcare.gov.

150 This is the issue that I would like to see us tackle and  
151 I am disappointed that none of the bills before us today will  
152 move that.

153 What I find most troubling about today's hearing is that

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154 our colleagues are questioning the flexibility that they put into  
155 their own law. Section 1332 of the Affordable Care Act provides  
156 states the opportunity to apply for state innovation waivers.

157 These waivers allow states to come up with inventive ways  
158 to insure their population while safeguarding their access to  
159 quality insurance. Section 1332 of the Affordable Care Act  
160 explicitly authorizes the Department of Health and Human Services  
161 and the Treasury Department to waive certain ACA coverage  
162 requirements it has written into law.

163 To be clear, I did not vote for this law nor did I receive  
164 positive feedback from my constituents about the law's  
165 implementation.

166 However, states like Alaska have had success with these  
167 waivers, which gives states room to repair their markets that  
168 have been damaged by the Affordable Care Act.

169 This hearing is another attempt to distract from the  
170 Democratic Party's agenda to establish government-run single  
171 payer health care. Last week it was said that there are other  
172 committees in the House that are holding hearings and drafting  
173 legislation to establish such a plan.

174 On February 7th, the magazine Modern Health Care published  
175 an article that says a draft version of the House Democrats'  
176 upcoming Medicare-for-all bill proposes a national system that

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177 would prepay hospitals with lump sums while keeping  
178 fee-for-service models for individual physicians.

179 This news outlet obtained a 127-page draft that was dated  
180 January 14th but I have yet to see such a draft. It is concerning  
181 that the media knows more than the members of this subcommittee  
182 about the details of this proposal.

183 Based on what I have read about the supposed draft, I am  
184 concerned. I will tell you, as a physician I know that the  
185 critical doctor-patient relationship is threatened and I do not  
186 believe that the government should hinder a doctor's ability to  
187 act in the best interest of his or her patient.

188 According to the Modern Health Care article, this proposal  
189 would implement a global budget and once that is set hospitals  
190 and institutions would need to stick to it for all outpatient  
191 and inpatient treatment.

192 So that is what is truly concerning about this. What happens  
193 if the budget runs out? Are patients told, well, we are sorry  
194 we are out of money -- maybe you could try this again next year.

195 This is a recipe for waiting lines. This is a recipe for  
196 rationing care and the sooner people understand that the better.

197 Meanwhile, there is a greater percentage of Americans in employer  
198 health coverage than at any time since the year 2000.

199 The number of Americans with employer-sponsored health

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200 coverage has increased by at least 2.5 million and probably much  
201 more than that since President Trump took office. Where are the  
202 CBO coverage figures on the expansion of employer-sponsored  
203 health plans because more people are working now than there were  
204 before the president took the oath?

205 The President's Council of Economic Advisors projects that  
206 the administration's recent actions will create \$453 billion in  
207 net benefits for consumers and taxpayers over the next 10 years.

208 Again, as a holder of one of the so-called junk policies,  
209 I had a health savings account before the previous administration  
210 told me I didn't know what I was doing and couldn't manage it  
211 and took it away from me.

212 I welcome the fact that the administration has provided this  
213 flexibility, and I will yield back my time.

214 Ms. Eshoo. I thank the ranking member.

215 Just something for the record to the ranking member -- I  
216 don't agree with your characterization of the last hearing that  
217 we had. Everyone does not agree with your characterization.  
218 I think your side does but our side doesn't.

219 With that, I would now like to recognize the chairman of  
220 the full committee, Mr. Pallone.

221 The Chairman. Thank you, Madam Chairwoman.

222 Today, this committee begins to fulfill the promise we made

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223 to reverse the repeated sabotage of our nation=s health care system  
224 by the Trump administration, in addition, to make health care  
225 more affordable and to protect the more than 133 million Americans  
226 with preexisting conditions.

227 We will be discussing four bills that will make a real  
228 difference in people=s lives. The first bill, introduced by Ms.  
229 Castor, would reverse the Trump administration=s regulation to  
230 expand junk insurance plans known as short-term limited duration  
231 health insurance.

232 The Trump administration expanded these junk plans from the  
233 current three-month term and made these plans available for up  
234 to three years. These junk plans are exactly that -- junk.

235 They discriminate against people with preexisting  
236 conditions. They set higher premiums for people based on age,  
237 gender, and health status. They deny access to basic benefits  
238 like prescription drugs, maternity care, and mental health and  
239 substance abuse treatment, and they set arbitrary dollar limits  
240 for health care services, leading to huge surprise bills for  
241 consumers.

242 Expanding these junk plans also makes health insurance more  
243 expensive for people with preexisting conditions by undermining  
244 the market for comprehensive coverage. The business model of  
245 the companies that sell these junk plans is to spend as little

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246 as possible on the health of their enrollees.

247 They accomplish this by denying coverage of preexisting  
248 conditions, kicking people off their health insurance if they  
249 get sick or seek medical treatment, and pocketing their premium  
250 dollars as pure profit.

251 This profiteering at the expense of peoples= health is simply  
252 unacceptable. It is why we passed the Affordable Care Act in  
253 the first place -- to rein in exactly these types of abuses by  
254 health insurance companies.

255 And yet, the Trump administration would give insurance  
256 companies the green light to once again discriminate against  
257 people with preexisting conditions.

258 Now, Ms. Castor=s bill is an important step in strengthening  
259 the individual market and reversing the harm caused by the Trump  
260 administration. Ms. Eshoo=s bill requires these short-term plans  
261 to bear a consumer warning.

262 As we will hear from our witnesses today, junk plans are  
263 often deceptively marketed as comprehensive coverage and  
264 consumers are not always aware of the fine print. This is about  
265 a consumer=s right to know.

266 The bill would require issuers of these plans to display  
267 a clear, prominent warning advising consumers that the plan does  
268 not cover preexisting conditions, is temporary, and may not cover

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269 most health care costs, and that coverage can be terminated when  
270 someone gets sick or seeks medical treatment.

271 And I believe this bill works in conjunction with Ms. Castor's  
272 bill. While consumer disclosure is important, we must also  
273 prevent all of the problems associated with expanding these plans  
274 to three years.

275 We will also be discussing Ms. Kuster's bill to rescind the  
276 Trump administration's 1332 guidance. Section 1332 of the ACA  
277 was designed to give states the ability to examine system reforms  
278 that would improve the well-being of their residents.

279 The key word there is improve. States are also required  
280 to maintain the affordability and comprehensiveness of coverage  
281 and keep the same number of people insured as under the ACA.

282 But the Trump administration's 1332 guidance turns the  
283 statute on its head, giving states the green light to undermine  
284 protections for preexisting conditions. The guidance also gives  
285 states the green light to provide taxpayer subsidies for junk  
286 plans and reinvigorates ideas from the failed Republican repeal  
287 bill, such as -- such as the flat tax credits that do not keep  
288 up with rising premiums and shifts costs onto working families.

289 This guidance is bad for consumers, bad for individuals with  
290 preexisting conditions, and bad for taxpayers. It exceeds the  
291 administration's authority and is contrary to congressional

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292 intent.

293 And, finally, we will be discussing Ms. Blunt Rochester's  
294 bill to restore consumer outreach and enrollment funding that  
295 is so important to making health care more accessible and  
296 affordable.

297 The Trump administration gutted funding for consumer  
298 outreach and marketing by 90 percent. The administration's  
299 refusal to invest in outreach and enrollment is making it harder  
300 for Americans to get health care and this is leading to lower  
301 enrollment numbers.

302 The administration has overseen three consecutive years of  
303 decline in enrollment and new enrollment is down by 50 percent.

304 The administration's sabotage have resulted in the highest  
305 uninsured rate in four years.

306 So Ms. Blunt Rochester's bill would fund critical outreach  
307 and enrollment at \$100 million, which was the level before Trump's  
308 sabotage. Her bill also prevents the administration from using  
309 these funds to promote junk plans and her bill is an important  
310 step in lowering health care costs and expanding coverage to more  
311 Americans.

312 Now, all four bills we are considering today are important  
313 first steps in lowering health care costs and protecting consumers  
314 with preexisting conditions and I commend all four members for

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315 their leadership and look forward to continuing to work with my  
316 colleagues as we make health care more affordable for all  
317 Americans.

318 And, again, I want to thank the chairwoman. I think this  
319 is a very important hearing and this will lead to legislation  
320 being passed.

321 Thank you, Madam Chair.

322 Ms. Eshoo. I thank the chairman.

323 And now I would like to recognize the distinguished ranking  
324 member of the full committee, Mr. Walden, my friend.

325 Mr. Walden. Good morning, Madam Chair.

326 Ms. Eshoo. Good morning.

327 Mr. Walden. Thank you for having this hearing, and as I  
328 said in the hearing down below I know the Dingell family is in  
329 all of our thoughts and prayers this morning as they cope with  
330 this terrible loss of our distinguished chairman for whom the  
331 big hearing room is named, and I know that he taught us all how  
332 to legislate and despite, as I said downstairs, our best attempts  
333 to emulate his yes or no questioning, nobody else pulls it off  
334 like John Dingell could pull it off. So he is in our thoughts.

335 So good morning, and given the title of today's hearing,  
336 I too am concerned for the second time is as many hearings in  
337 this subcommittee that we are really not addressing the real

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338 challenges the consumers are facing, which is the high cost of  
339 health care.

340 Madam Chair, I said it last week I'll say it again. We need  
341 to work together to help states stabilize health markets damaged  
342 by the ACA, cut out-of-pocket costs that consumers are having  
343 to pay with these high deductibles, promote access to preventive  
344 services, encourage participation in private health insurance,  
345 and increase the number of options available through the market.

346 Unfortunately, today's hearing and these bills I don't think  
347 are adequately addressing any of these goals. Why would our  
348 Democratic colleagues be opposed to states innovating on behalf  
349 of their citizens?

350 Why would they be opposed to providing patients flexible  
351 and affordable insurance options that best fit those patients'  
352 needs? I just don't think it makes sense.

353 The administration is allowing 10 million Americans more  
354 choices and more affordable health insurance options. The  
355 Democrats' Medicare-for-all proposal would force over 150 million  
356 Americans to lose their employer- or their union-sponsored health  
357 insurance and I think that is wrong.

358 You want to talk about sabotage, that is what we should be  
359 having a hearing on is Medicare for all and what is coming. I  
360 also want to reiterate my call that the Energy and Commerce

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361 Committee hold hearings on that bill.

362 So today, instead of having a constructive bipartisan  
363 dialogue about helping states innovate, about providing options  
364 for patients who are struggling to make ends meet, we are here  
365 for the second time in as many weeks casting the blame of  
366 Obamacare's failures on the current president.

367 The fact is we all support protecting people with preexisting  
368 conditions and we share a desire to stabilize the individual  
369 health insurance market. Last Congress, I advocated for policies  
370 that would achieve both of these goals, first through the ACA's  
371 patient state stability fund, and I made two more attempts at  
372 bipartisan stabilization reforms last Congress, working with my  
373 colleagues in the Senate.

374 Unfortunately, House Democrats repeatedly blocked our  
375 creative solutions -- solutions like improving 1332 waivers to  
376 better meet states' unique needs and modernize programs to  
377 stabilize premiums.

378 Now, my home state of Oregon, which celebrates its birthday  
379 tomorrow, we have an active 1332 waiver for a cost-based  
380 reinsurance program. I supported my home state's application  
381 and approval. I was the only Republican in our congressional  
382 delegation.

383 Why? Because it represents the very fabric of federalism.

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384       What works best for Oregon may not work best for California,  
385       Madam Chair.

386               Take Alaska, for example. In studying their individual  
387       market, they found that a conditions-based reinsurance program  
388       would better serve their residents. Before they received a  
389       waiver, 2017 rates were projected to increase 42 percent.

390               But after shifting individuals with one of 33 medical  
391       conditions into a separate pool, premiums for the lowest cost  
392       bronze plan fell by an astounding 39 percent. And in Oregon,  
393       the reinsurance program kept premiums 6 percent below what they  
394       would have been without it.

395               These are real savings for patients in my state. Oregon  
396       and Alaska -- one pretty traditionally blue, the other pretty  
397       traditionally red -- found a way to take advantage of 1332 waivers  
398       to best serve their citizens.

399               They are not alone. Today, eight states have active  
400       waivers: Alaska, Hawaii, Minnesota, Maryland, Maine, New Jersey,  
401       Oregon, and Wisconsin. Eight diverse and unique states, but they  
402       have at least one thing in common, Madam Chair, and that is each  
403       of these eight active waivers were approved under the Obama  
404       administration's 1332 guidance.

405               Yet, today we are here to discuss nullifying the Trump  
406       administration's 1332 guidance. Why not first observe how states

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407 react and reform their markets through the new guidance?

408 We should understand that better. Perhaps a better use of  
409 our time would be spent discussing bipartisan solutions to reform  
410 and improve these waivers. We all want markets that work. We  
411 do.

412 We all want patients to have access to high quality  
413 affordable-priced health coverage. Unfortunately, the  
414 ironically-named Affordable Care Act had made insurance for many  
415 unaffordable, and I heard it again yesterday from wheat growers  
416 in my district.

417 Together, and with the states as partners, not subordinates,  
418 we can achieve the shared goals of well-functioning and stable  
419 markets that provide Americans affordable health care options.

420 So one thing is clear. We need to guarantee our health care  
421 system works better for all Americans. That we can agree on,  
422 and that is why our goal should be to advance solutions to protect  
423 patients, stabilize health care markets, encourage greater  
424 flexibility for states, and promote policies to help Americans  
425 get and keep coverage.

426 So, Madam Chair, thank you for having the hearing today.

427 We look forward to working with you, and I yield back.

428 Ms. Eshoo. And I thank the gentleman.

429 I now would like to welcome our witnesses for today's

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430 hearing. First, Ms. Katie Keith, the associate research  
431 professor and adjunct professor of law at Georgetown University.

432 Thank you for joining us.

433 Ms. Jessica Altman, commissioner, Pennsylvania Insurance  
434 Department. Very important job. Welcome to you.

435 And to Ms. Grace-Marie Turner, president of the Galen  
436 Institute, we thank you for accepting our invitation to join us  
437 today and we look forward to your testimony.

438 And I am going to recognize each witness for five minutes  
439 to provide your opening statement, and just a little housekeeping.

440 Our lighting system -- what is in front of you is a series of  
441 lights. The light will initially be green and then it will turn  
442 yellow when you have one minute to go, kind of like the League  
443 of Women Voters debates that we have all been in, right, with  
444 the lighting system. And we don't have a bell -- we have a  
445 lighting system -- and after that you will have one minute  
446 remaining and at that point the light will turn red when your  
447 time expires -- not when you expire but when your time expires.

448 So let me begin with Ms. Katie Keith. You are recognized  
449 for five minutes and welcome again, and thank you to you.

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450 STATEMENTS OF KATIE KEITH, JD, MPH, ASSOCIATE RESEARCH PROFESSOR  
451 AND ADJUNCT PROFESSOR OF LAW, GEORGETOWN UNIVERSITY; JESSICA K.  
452 ALTMAN, COMMISSIONER, PENNSYLVANIA INSURANCE DEPARTMENT;  
453 GRACE-MARIE TURNER, PRESIDENT, GALEN INSTITUTE

454

455 STATEMENT OF MS. KEITH

456 Ms. Keith. Thank you very much, Chairwoman Eshoo, Ranking  
457 Member Burgess, and members of the Committee.

458 My name is Katie Keith and I am a faculty member at Georgetown  
459 University where I study private health insurance. I am also  
460 the author of the following: The ACA Blog Series for the Health  
461 Policy Journal of Health Affairs where I am responsible for  
462 tracking and chronicling implementation of the Affordable Care  
463 Act including many of the changes that the Trump administration  
464 has made in recent years.

465 My testimony today will focus on just three of those changes,  
466 although there have been many more than that, as you all know.

467 The actions I will discuss today undermine the ACA risk pools,  
468 leave consumers who become sick without access to health care,  
469 and drive up premiums for people with preexisting conditions.

470 I will begin with short-term plans. Last August, three  
471 departments issues a new regulation allowing short-term plans  
472 to be sold for up to 12 months and extended for up to three years.

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473 Short-term plans do not have to comply with the Affordable Care  
474 Act and they are allowed to discriminate against patients with  
475 preexisting conditions.

476 These plans are medically underwritten and do not have to  
477 cover entire categories of benefits. A recent study showed that  
478 43 percent of these plans do not cover mental health services.  
479 Seventy-one percent do not cover prescription drugs.

480 In the midst of an opioid crisis, 62 percent do not cover  
481 substance use services and none of these plans covered maternity  
482 care.

483 Some had out-of-pocket maximums as high as \$30,000 and  
484 lifetime limits on care. These plans, which are highly  
485 profitable for the insurers that sell them, tend to only work  
486 for those who are healthy.

487 The harm to consumers from this new rule is twofold. First,  
488 these policies pose a significant risk to the individuals who  
489 enroll in them, only to find that the care that they need is not  
490 covered when they become sick.

491 Many newspapers are filled with stories these days of  
492 consumers who have enrolled in these plans only to wind up facing  
493 hundreds of thousands of dollars in unpaid medical bills.

494 Second, these policies drive up premiums for those with  
495 preexisting conditions, particularly for middle income families

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496 who do not qualify for ACA subsidies.

497           Moving on to Section 1332, the Trump administration recently  
498 issued guidance that encourages states to offer skimpier coverage  
499 including short-term plans. The new guidance relaxes the  
500 previous interpretation of what we refer to as the statutory  
501 guardrails under Section 1332.

502           This could result in state efforts to advance less  
503 comprehensive coverage and drive up premiums for people with  
504 preexisting conditions. It is worth noting that there have been  
505 questions raised about the legality of both the short-term plan  
506 rule and the Section 1332 guidance.

507           The short-term plan rule has already been challenged in court  
508 and a lawsuit brought by consumer and patient advocates, including  
509 the Little Lobbyists who I believe testified before this  
510 subcommittee last week.

511           These patient advocates have sued over the rule because of  
512 its impact on people living with HIV, people with mental health  
513 issues, and people with other chronic conditions and  
514 disabilities.

515           The 1332 guidance has not yet been challenged but approval  
516 of a waiver under that guidance would likely be challenged  
517 quickly.

518           Finally, the Trump administration has made dramatic cuts

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519 to funding for ACA marketing and outreach. This includes  
520 immediate cuts during the final week of the 2017 open enrollment  
521 period followed by a 90 percent reduction for 2018 from \$100  
522 million to \$10 million.

523 Those cuts were maintained by CMS for 2019 and CMS has reduced  
524 funding for the navigator program by 84 percent. These funding  
525 decisions were made even though outreach and marketing helps bring  
526 in younger healthier consumers which, in turn, helps keep premiums  
527 stable.

528 At the same time, awareness of the marketplaces and the  
529 financial assistance that many people are eligible for remains  
530 low. We are finding that enrollment of those key features is  
531 still low even after many years. That is particularly true among  
532 the uninsured.

533 We are also seeing that enrollment of new consumers, who  
534 tend to be younger and healthier, is down. Enrollment of new  
535 consumers has dropped by about 50 percent since 2016 alone.

536 According to one estimate, there are at least 2.3 million  
537 fewer new enrollees that would otherwise be in the marketplace  
538 due solely to cuts to outreach and advertising.

539 In closing, most people are healthy most of the time. But  
540 everyone eventually gets sick and needs access to comprehensive  
541 health insurance. The actions discussed today do nothing to

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542 advance high-quality affordable health insurance.

543           Instead, these actions divide the risk pool between the  
544 healthy and sick and increase premiums for people with preexisting  
545 conditions.

546           Thank you again for inviting me. It is an honor and  
547 privilege to be here and I look forward to your questions.

548           [The prepared statement of Ms. Keith follows:]

549

550           \*\*\*\*\* INSERT 2 \*\*\*\*\*

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551 Ms. Eshoo. Thank you, Professor Keith.

552 I now would like to recognize Ms. Jessica Altman, again,  
553 the commissioner from Pennsylvania Insurance Department. You  
554 have -- you are recognized to present your testimony to us.

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555 STATEMENT OF MS. ALTMAN

556

557 Ms. Altman. Thank you, and good morning, Chairwoman Eshoo,  
558 Ranking Member Burgess, and members of the Health Subcommittee.

559 As mentioned, my name is Jessica Altman and I am privileged  
560 to serve as insurance commissioner for the Commonwealth of  
561 Pennsylvania.

562 I want to thank you for convening today's important  
563 discussion regarding short-term plans and for the opportunity  
564 to voice concerns about the potential harms for consumers and  
565 for the health insurance market, more broadly.

566 As the name says, short-term plans were created to fill brief  
567 gaps in coverage. The plans generally have lower premiums but  
568 significant coverage limitations as the protections of the  
569 Affordable Care Act, which I will call ACA, do not apply.

570 By recently extending the duration and renewability of  
571 short-term plans, the federal administration is seeking to make  
572 short-term plans look and act like a viable alternative to  
573 comprehensive major medical insurance without extending the  
574 protections of the ACA.

575 Today, I will highlight my four primary concerns illustrated  
576 by actual consumer complaints and conclude by sharing with you  
577 a little bit about my department's approach to short-term plans.

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578 Please reference my testimony for a more thorough perspective.

579 The first primary concern with the plans that I raise today  
580 is one Katie covered well. They have very limited benefits and  
581 consumer protections. Short-term plans do not have to cover  
582 essential health benefits, and in Philadelphia the same study  
583 Katie mentioned found that less than 60 percent covered mental  
584 health, only one-third in the midst of the opioid crisis that  
585 is hitting Pennsylvania very hard covered substance use disorder  
586 treatment or prescription drugs, and none covered maternity care.

587 Short-term plans can impose lifetime and annual limits on  
588 coverage, do not include appeal rights, and are not subject to  
589 a medical loss ratio requirement that sets a floor for the percent  
590 of premium spent on actual medical care.

591 Instead, for the two short-term insurers with 80 percent  
592 market share, less than \$0.50 of every dollar collected in  
593 premiums was spent on actual medical care.

594 Recently, my department worked with a woman who fainted at  
595 work and hit her head -- something that could happen to any of  
596 us -- and it resulted in emergency transport to the hospital.

597 The short-term plan paid \$200 for the ambulance, leaving  
598 the patient with \$1,250. At the ER, the plan provided \$250 while  
599 the bill was over \$2,400. Then she was admitted to the ICU, where  
600 the benefit was, again, \$1,250 for a bill that was \$9,300.

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601 Finally, the plan paid another \$1,250 for an outpatient test  
602 while the bill was \$4,900. After considering cost sharing, the  
603 plan covered just over \$1,300, the consumer, \$16,000.

604 My second concern is the lack of consumer disclosure  
605 regarding benefits and benefit exclusions. The plans are sold  
606 without a consumer's access to provider directories, formularies,  
607 sample coverage documents, summaries of benefits and coverage,  
608 and a uniform glossary, all of which are required to be provided  
609 with Affordable Care Act plans.

610 The lack of consumer disclosure is so troubling in the  
611 short-term market that we are creating our own consumer awareness  
612 campaign to try to cut through the noise of robocalls, well-placed  
613 online advertising, misleading website URLs, and a lot of fine  
614 print that are currently bombarding consumers across the country  
615 to purchase these plans.

616 A recent study found that consumer shopping online for health  
617 insurance including those using search terms like "Obamacare"  
618 or "Enroll ACA" will most often be directed to websites and brokers  
619 selling short-term plans or other non-ACA-compliant coverage and  
620 this is, of course, exacerbated by the lack of comprehensive ACA  
621 information, outreach, and enrollment.

622 The third issue is claims practices. I am most concerned  
623 by the use of a practice called post-claims underwriting, which

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624 often results in rescission or denial of coverage.

625 As short-term plans often exclude coverage for preexisting  
626 conditions, policy holders who get sick may be investigated by  
627 the insurer to determine whether a recently diagnosed condition  
628 could be considered preexisting and therefore excluded.

629 We are currently working with a consumer who purchased a  
630 short-term plan and was diagnosed with heart failure. After he  
631 filed a claim for services, he was denied coverage based on the  
632 preexisting condition. But he had never been diagnosed, never  
633 sought, and never received care for his heart.

634 But instead, the insurer indicated that the claim manifested  
635 in such a way that an ordinary prudent individual would have sought  
636 medical treatment and advice in the year prior to purchasing the  
637 plan.

638 Through the course of working to resolve consumer  
639 complaints, the claims practices of short-term plans have  
640 repeatedly demonstrated an inclination to deny coverage rather  
641 than provide it.

642 Lastly, and I see my time ticking down so I will be quick,  
643 encouraging the proliferation of short-term plans has the  
644 potential to destabilize and drive up costs for the ACA market,  
645 especially for those with preexisting conditions by segmenting  
646 healthier people out of the market.

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647           The federal government does also continue to push for the  
648           proliferation of short-term plans through regulatory actions such  
649           as the 1332 guidance and a waiver like that under the new guidance  
650           would not be one that Pennsylvania would pursue.

651           Thank you. I will shorten my remarks and welcome any of  
652           your questions.

653           [The prepared statement of Ms. Altman follows:]

654

655           \*\*\*\*\* INSERT 3 \*\*\*\*\*

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656 Ms. Eshoo. Thank you very much.

657 It is my understanding that Ms. Altman was an intern under  
658 -- with Mr. Waxman of the Energy and Commerce Committee. So  
659 congratulations on your climb.

660 Ms. Altman. Thank you. Congratulations to you.

661 Ms. Eshoo. And your -- and your great foundational learning  
662 here at our committee and, of course, thank you for your testimony.

663 Now I would like to recognize Ms. Grace-Marie Turner. You  
664 are recognized for five minutes and welcome, and we look forward  
665 to hearing your testimony.

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666 STATEMENT OF MS. TURNER

667

668 Ms. Turner. Thank you, Chairwoman Eshoo. Thank you,  
669 Minority -- Ranking Minority Member Burgess and members of the  
670 committee for inviting me to testify today.

671 I am with the Galen Institute, a nonprofit organization  
672 focusing on ways to ensure access to affordable health coverage  
673 for all Americans. Enrollment in the individual health insurance  
674 market is falling. In 2018, 3 million fewer people had individual  
675 coverage than in 2015. The primary concern is the cost of  
676 coverage.

677 The administration's new 1332 guidance is designed to allow  
678 states to repurpose some ACA money and improve their markets to  
679 help those shut out because of high costs. Eight states have  
680 so far created programs to separately subsidize patients with  
681 the highest health care costs, lowering premiums and leading to  
682 increased enrollment.

683 In addition to Alaska and Oregon, Maryland is seeing huge  
684 price drops of 43 percent net this year. Putting the sickest  
685 pool of people in the same pool with others, as the ACA does,  
686 means premiums are higher, often much higher for those without  
687 subsidies.

688 Virginia State Senator Bryce Reeves told us of an email he

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689 received from a constituent in Fredericksburg who makes a good  
690 living and tried to provide for his family but said his insurance  
691 premiums now cost \$4,000 a month. That is more than my mortgage,  
692 he told Senator Reeves, asking what he's supposed to do.

693 Cost relief is essential. The Trump administration last  
694 year did finalize rules to expand access to temporary bridge  
695 policies short-term limited duration plans. These policies help  
696 people with gaps in employment, early retirees waiting to qualify  
697 for Medicare, young people and the gig economy, people returning  
698 to school, and entrepreneurs starting new businesses.

699 These short-term plans typically cost less than half of the  
700 cost of ACA plans. Under the Obama administration's previous  
701 rule, people would lose their short-term plans after just three  
702 months even if they acquired a medical condition within that  
703 period.

704 By extending the contract period to a year, people can be  
705 protected and have coverage until the next ACA open enrollment  
706 period. While consumers do need to be informed about these plans,  
707 for many they may mean the difference between having the security  
708 of coverage for a major medical event and being uninsured.

709 The Council of Economic Advisors issued a report just last  
710 week estimating that these policies produce an economic benefit  
711 of \$80 billion over the next 10 years.

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712 I would like to turn to preexisting conditions. There is  
713 a strong bipartisan support for these protections as Mr. Walden  
714 and Dr. Burgess both have ensured. The ACA assures that people  
715 cannot be turned down or have their policies cancelled because  
716 of their health status and these protections remain in place.

717 People with chronic conditions are vulnerable and do need  
718 protection. But a woman with a serious health problem provided  
719 us with a testimonial about why more changes are needed.

720 Janet reports that in 1999 she was diagnosed with hepatitis  
721 C. She lives in Colorado and applied for coverage in the state's  
722 high risk pool and was accepted. Her premiums in 2010 were \$275  
723 a month. Then her liver failed. She needed a transplant. The  
724 \$600,000 bill was covered 100 percent with \$2,500 out of pocket.

725 Colorado's high risk pool, however, was closed when the ACA  
726 took effect. So she moved into the marketplace. Her premiums  
727 rose to \$450 and by 2018 they were \$1,100 a month with a deductible  
728 of \$6,300.

729 She said, those of us who are self-employed but make more  
730 than the threshold of tax credits wind up footing the whole bill  
731 ourselves.

732 Finally, regarding navigators -- legislation proposed by  
733 Representative Blunt Rochester would provide \$100 million a year  
734 for the navigator program. But CMS found that in 2016 78 percent

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735 of navigators failed to achieve their enrollment goals and  
736 navigators enrolled fewer than 1 percent of enrollees while  
737 spending \$62 million that year.

738 CMS now funds navigators based upon their ability to meet  
739 their enrollment goals and during the previous year -- during  
740 the previous year and relies more on brokers and insurance agents  
741 who enrolled 42 percent of enrollees.

742 California spent heavily on marketing last fall to increase  
743 enrollment in its state exchange yet it experienced a 24 percent  
744 drop in new enrollees. Marketing doesn't work when the main  
745 reason that people don't sign up for coverage is because of cost.

746 I would welcome the opportunity to work with you in  
747 developing new ways to help lower the cost of health coverage  
748 while maintaining quality and consumer protections including  
749 preexisting condition protections.

750 Thank you, Madam Chairman.

751 [The prepared statement of Ms. Turner follows:]

752

753 \*\*\*\*\* INSERT 4 \*\*\*\*\*

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754 Ms. Eshoo. Thank you, Ms. Turner, for your testimony and  
755 we have now concluded the opening statements. We are going to  
756 move to members' questions and I will start by recognizing myself  
757 for five minutes.

758 I have a lot of things in front of me that have been suggested  
759 that I ask. But after listening to your verbal testimony I want  
760 to mix this up a little bit.

761 We heard the first two witnesses, Ms. Keith and Ms. Altman,  
762 talk about the shortcoming of these short-term plans and the plan  
763 of the administration to stretch them out over three years.

764 Now, Ms. Turner, you said we have a commitment to preexisting  
765 conditions in the coverage. Why is it not included in these  
766 short-term plans?

767 I would also like to give 30 seconds to Ms. Keith and Ms.  
768 Altman to ask any questions that they would like of Ms. Turner  
769 because there is a difference between your testimony and Ms.  
770 Turner's.

771 But first, can you talk about what -- I think the word  
772 commitment is conflated in its use. There is a difference between  
773 a commitment to and actually practicing what you say you have  
774 a commitment to.

775 So I don't see these very important insurance reforms that  
776 we brought about with the ACA and you say that you have a commitment

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777 to preexisting conditions and the other insurance reforms.

778 So can you just in a minute or less explain why there is  
779 a difference between your commitment and what is in these plans?

780 Ms. Turner. Short-term plans are really gap coverage.  
781 People buy them because they can't afford coverage that has all  
782 of the ACA protections.

783 Ms. Eshoo. Let me ask you this. Are you opposed to an  
784 advisory in plain English on the cover of these policies to inform  
785 the potential consumer what is not included so that it is very  
786 clear about what they are buying?

787 Ms. Turner. Oh, absolutely. Absolutely. I think  
788 consumers very, very much need to be informed about their policy.

789 Ms. Eshoo. Okay. Good. Good.

790 All right. Now, Ms. Keith, do you want to ask a question  
791 or have a comment?

792 Ms. Keith. Yes. I don't have a question. Thank you,  
793 Chairwoman. What I would say is something that did not get  
794 brought up in my oral statement yet is that the limitations of  
795 these plans there is no magic about why these short-term plans  
796 are cheaper than ACA plans.

797 They are, on average, about 54 percent less expensive.  
798 There is no secret to that. The reason is because they can exclude  
799 people with preexisting conditions. That fact alone allows them

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800 to be 38 percent cheaper than ACA plans.

801 When you add in some of the benefit gaps and out-of-pocket  
802 costs that is what makes them half the cost of ACA plans. And  
803 so the idea of giving people coverage, you know, is the product  
804 worth buying if it doesn't cover anything when you need to use  
805 it I think might be the question.

806 Ms. Eshoo. Ms. Altman?

807 Ms. Altman. I was going to bring up the same study, and  
808 to put it another way, 70 percent of the price difference between  
809 short-term plans and traditional ACA plans is due to preexisting  
810 condition exclusions. The story you told --

811 Ms. Eshoo. Can you say that again?

812 Ms. Altman. Seventy percent of the difference in price  
813 between short-term plans and Affordable Care Act coverage is due  
814 to excluding preexisting conditions.

815 You know, the story you told from Colorado was incredibly  
816 compelling and, to me, it really reinforces why people need  
817 comprehensive coverage so that you can get coverage for that  
818 expensive transplant and you can get coverage for your liver  
819 failure and your hepatitis C.

820 You know, my only question is today you talked about how  
821 the purpose of short-term plans is to fill gaps in coverage and  
822 that is the intended purpose, and I suppose my question is if

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823 it is meant to fill a gap why would it need to be three years.

824 Ms. Eshoo. Can you answer that, Ms. Turner?

825 Ms. Turner. I think that that is really up to consumers.

826 Many of the people who are uninsured now -- many of the 3 million  
827 are uninsured because they simply can't afford coverage.

828 Senator -- State Senator Reeves' constituent desperately  
829 wants to provide for his family until another option is better.

830 So he can't know how long he is going to need to have this  
831 protection.

832 One of the reasons that the new rule extended that coverage  
833 is because three months just is too short a time to give anybody  
834 the security that they need coverage and in Colorado Janet is  
835 actually now in an ACA plan.

836 Her meds are not covered under the plan that she is in under  
837 the ACA so she has \$19,000 out of pocket now.

838 Ms. Eshoo. Well, I think -- if I might say this, I think  
839 it is important for consumers to have choice. I am not opposed  
840 to that.

841 What I am worried about is I found this out in health care  
842 the two basic things. Everyone knows what they pay in a premium.

843 Most people don't know what they are buying -- what they are  
844 getting -- and this can be a really slippery slope for a lot of  
845 people and -- or maybe for a few that is going to make them,

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846 especially if they are healthy and they are young, they are betting  
847 on their immortality and that nothing is ever going to happen  
848 to them. But it is -- there are a lot of questions, so thank  
849 you.

850 My time has certainly expired. I now would like to recognize  
851 Mr. Griffith for his five minutes of questioning.

852 Mr. Griffith. Thank you, ma'am. Right here beside you.

853 Ms. Eshoo. Yes. Right. Sitting right next to me.

854 Mr. Griffith. I am glad to hear, Madam Chair, that you are  
855 for consumers having choices. I think that is very important.

856 I also look forward to working with you on your bill -- 1147,  
857 I believe -- that deals with making sure that consumers have the  
858 information that they need.

859 I would say, as we work forward on that piece of legislation,  
860 it looks to me right now that it includes such a huge volume that  
861 many consumers probably wouldn't read it.

862 So what we have to do is try to figure out where the sweet  
863 spot is and I look forward to working with you on that because  
864 I do think it is important that consumers know if they are buying  
865 an alternative product that, A, it is an alternative product and,  
866 B, that it doesn't cover everything but here is what it does cover,  
867 because, as you pointed out, Ms. Turner, many folks are looking  
868 for something because they cannot afford the plans that fall under

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869 the ACA with all the mandates that are there.

870           Could you repeat the quote from Senator Bryce Reeves? Since  
871 I am from Virginia, he is -- while his district is about four  
872 hours away, I do think it is instructive to hear from him again.

873           Could you repeat that for us?

874           Ms. Turner. Yes. Senator Reeves was at an event --  
875 speaking at an event. He had just gotten an email from a  
876 constituent saying that he had just received his health care bill  
877 for his -- to provide for his family and the premium was \$4,000  
878 a month, which he said, that it more than my mortgage -- what  
879 am I supposed to do.

880           Mr. Griffith. Yes. We hear stories similar to that four  
881 hours away on the other side of Virginia. I represent the  
882 southwest portion of the state.

883           We hear of a lot of people who can't afford the out-of-pockets  
884 and the deductibles -- that that is forcing them to look at  
885 bankruptcy options -- the same complaints we heard before that  
886 the Affordable Care Act was supposed to fix. Hasn't worked for  
887 my constituents.

888           It, clearly, hasn't worked on the other side of the  
889 Commonwealth of Virginia. I can't speak to the country as a  
890 whole. But from anecdotal evidence it seems that the same is  
891 out there.

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892           And as you pointed out in your testimony, this is one of  
893 the reasons why people are looking at some of these alternatives.

894           I think they ought to know what they are getting because some  
895 people will just buy something because it is cheaper. But some  
896 people buy something that doesn't cover everything because they  
897 are desperate. Is that true?

898           Ms. Turner. That is true and, unfortunately, in many parts  
899 of the country and especially Virginia if you live in one county  
900 you may not have a choice. This constituent had no other choice  
901 in Fredericksburg, and so people are looking exactly for that  
902 -- to find other ways they can have health insurance they can  
903 afford protect their families but not have it -- not be able to  
904 pay their mortgage.

905           Mr. Griffith. It is interesting that you raise that point  
906 about the choice because under the ACA -- I represent 29 different  
907 geopolitical subdivisions, and for those that aren't from  
908 Virginia, we have separate cities.

909           So some of those are small cities as well as counties. But  
910 I have 29. A fair number of those have but one provider. They  
911 just -- the market is just not there to support it.

912           I am surprised that that is the case in the Fredericksburg  
913 area because that is a much bigger area population wise than some  
914 of my jurisdiction. But you are saying they have that problem

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915 too -- there was just one provider of insurance?

916 Ms. Turner. Yes, and I would hope that Virginia would look  
917 at the Section 1332 waivers to figure out how they can attract  
918 more competitors back into the markets.

919 Mr. Griffith. And I would hope that that would be the case,  
920 too. Let us talk about the woman you spoke of, Janet with hepatitis  
921 C. Could you go over the numbers again of how much she was paying  
922 under the plan that resembled the -- what the House was trying  
923 to do last year, or two years ago now, to do our repeal and replace  
924 -- with the high risk pool? She was only paying \$275, I think  
925 you said, a month for her insurance?

926 Ms. Turner. When she was first diagnosed with hepatitis  
927 C in 1999 her premiums in the state's high risk pool were \$275  
928 a month, and then they rose. When she had to first enroll that  
929 high risk pool was closed so she had --

930 Mr. Griffith. So hang on. But before that high risk pool  
931 was closed you indicated she had to have a liver transplant?

932 Ms. Turner. She had to have -- her liver failed and she  
933 had to have a \$600,000 liver transplant.

934 Mr. Griffith. And that was covered?

935 Ms. Turner. Totally covered by the high risk pool. She  
936 had \$2,500 out of pocket. But then when the ACA took effect,  
937 her premiums rose to \$450 and by 2018 they were \$1,100 a month

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938 and one of the things I didn't mention in my testimony is that  
939 none of her anti-rejection drugs are covered under the new plan.

940 So she has to pay out of pocket \$19,000 a year.

941 Mr. Griffith. Wow. Plus, there was a \$6,300 deductible,  
942 I think you mentioned.

943 Ms. Turner. Correct.

944 Mr. Griffith. And so what you are saying is that this high  
945 risk pool, which was an alternative before the ACA, was an  
946 alternative to the ACA which would work for some people and we  
947 should probably have more choice. Wouldn't you agree, yes or  
948 no?

949 Ms. Turner. She said yes and she said, I want the high risk  
950 pool back.

951 Mr. Griffith. All right. I thank you very much and I yield  
952 back.

953 Ms. Turner. Thank you, Mr. Griffith.

954 Ms. Eshoo. I thank the gentleman.

955 I will now recognize the chairman of the full committee,  
956 Mr. Pallone, for five minutes.

957 The Chairman. Thank you, Madam Chair, and I just, you know,  
958 want to reiterate that, of course, in my opinion the problems  
959 that we face with, you know, more people become uninsured and  
960 increased costs are directly related to the sabotage that the

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961 Trump administration has implemented and that is why we are having  
962 this hearing and trying to deal with these -- with the sabotage  
963 and coming up with legislation that would turn that around.

964 But I wanted to talk about the 1332 -- Section 1332 of the  
965 ACA. Ms. Turner -- my questions are of Ms. Keith -- but Ms.  
966 Turner's testimony appears to conflate the October 2018 Trump  
967 guidance with the Section 32 -- 1332 reinsurance waivers that  
968 were approved both under Obama initially and then now under Trump.

969 So, Ms. Keith, can you walk us through the Section 1332  
970 reinsurance waivers? Those are the ones that, you know, were  
971 initially under Obama, now under Trump? What are they and how  
972 long have they been in existence and have those reinsurance been  
973 successful in reducing premiums in the states that have -- where  
974 they have been enacted, including my own, I guess?

975 Ms. Keith. Thank you, Chairman.

976 Yes. So a number of states -- seven of the eight states  
977 with an approved Section 1332 waiver now have done that for a  
978 state-based reinsurance program. I think this is evidence that  
979 Section 1332 as is is working -- you know, Congressman Griffith  
980 mentioned this, Ms. Turner has mentioned this -- using those  
981 Section 1332 waivers that we already have. The federal  
982 government has passed through about -- almost \$1 billion in  
983 federal funds to help states come up with these solutions that

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984 have brought down premiums ranging from 7 percent of the low end  
985 to more than 30 percent at the high end and more states, I would  
986 expect, are considering that this year to bring those programs  
987 to their states as well. There has certainly been bipartisan  
988 support, as you can tell, from states ranging from Wisconsin to  
989 Maryland to Oregon to Alaska.

990 The Chairman. And I agree with you and certainly my state  
991 is an example of what you said. But now I want to turn to the  
992 Trump administration's recent 1332 guidance, which it issued in  
993 October of 2018, and these are entirely unrelated to the  
994 reinsurance waivers you just discussed.

995 The Trump administration's recent 1332 guidance creates new  
996 standards that are wholly inconsistent, in my opinion, with  
997 congressional intent and the Trump guidance would allow states  
998 to increase consumer costs, reduce coverage, and undermine  
999 protections for people living with preexisting conditions -- in  
1000 other words, more Trump sabotage.

1001 So, Ms. Keith, do you believe that the new Trump changes  
1002 to the guidance are consistent with the law and the clear statutory  
1003 directive that states must provide coverage that is as  
1004 comprehensive and affordable as under the ACA?

1005 Ms. Keith. Thank you for that question.

1006 In my opinion, I think the guidance is quite inconsistent

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1007 with Section 1332 itself. Section 1332 absolutely gives states  
1008 the flexibility to be innovative but it directs them to do so  
1009 in a way that builds upon the ACA and is consistent with the goals  
1010 of the law, which is to improve access to affordable quality  
1011 coverage, not to undermine it. The guidance itself, by allowing  
1012 or at least encouraging states to consider options like  
1013 subsidizing short-term plans, plans that do not cover preexisting  
1014 conditions, as we have discussed, to me flies in the face of  
1015 Section 1332 and what it was designed to allow states to do.

1016 The Chairman. All right, and I just want to have you repeat  
1017 what you said with regard to junk plans specifically. I  
1018 understand that the Trump guidance would allow states to redefine  
1019 what counts as coverage to include junk plans. Is that correct?

1020 Ms. Keith. It would allow -- it encourages states to bring  
1021 forth proposals that would allow that, yes.

1022 The Chairman. And then do you believe -- obviously, you  
1023 have said you don't believe that this new definition of coverage  
1024 is consistent with the law, correct?

1025 Ms. Keith. That is right.

1026 The Chairman. And then I also understand that the guidance  
1027 allows states to direct the ACA's affordability subsidies towards  
1028 junk plans, so subsidizing junk plans. Do you think that is  
1029 consistent with the law?

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1030 Ms. Keith. I do not. Section 1332 cannot be used to waive  
1031 any and all provisions of the Affordable Care Act. In particular,  
1032 it cannot be used to allow states to waive community rating,  
1033 guaranteed issue, protections for preexisting conditions.

1034 If a state were to try to subsidize plans that did do that,  
1035 I think it would be an end run around Section 1332 itself and  
1036 what the law requires.

1037 The Chairman. I thank you, and I agree with you. I think  
1038 that the Trump administration's guidance is blatantly unlawful,  
1039 contrary to the plain reading of the statute and wholly  
1040 inconsistent with congressional intent. It is part of the Trump  
1041 administration's ideologically motivated efforts to sabotage  
1042 Americans' health care coverage and I want to commend Ms. Kuster  
1043 for her work on this important legislation to rescind this  
1044 guidance and hope that our Republican colleagues will join us  
1045 in these efforts.

1046 And I just wanted to say, Madam Chair, you know, most --  
1047 a lot of the sabotage -- most of the sabotage that the Trump  
1048 administration is doing, in my opinion, is totally illegal. So  
1049 you might say, well, then why are we trying to move and have  
1050 hearings on legislation if you don't think it is legal to begin  
1051 with.

1052 Well, I guess that is a good question. But the bottom line

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1053 is that we are going to do it because we've got to make the point  
1054 that, you know, that they -- their interpretation -- the Trump  
1055 administration interpretation of the law is to allow all this  
1056 stuff that sabotage the ACA so we are going to come back and say,  
1057 you know, that is not allowed under the law but we are still going  
1058 to clarify it by moving forward legislation that would make that  
1059 clear and improve it.

1060 Thank you.

1061 Ms. Eshoo. I thank the chairman of the full committee.

1062 And now I would like to recognize the gentleman from  
1063 Kentucky, Mr. Guthrie, for five minutes.

1064 Mr. Guthrie. Thank you, Madam Chair. I really appreciate  
1065 and appreciate all of you being here, and I want to start by what  
1066 I heard from Dr. Burgess and echo some of his opening remarks  
1067 on the cost of plans and talk about how it affects people -- people  
1068 outside of being subsidized that -- just looking for alternatives  
1069 to have some -- have coverage because they can't afford -- you  
1070 may have all the mandates and all the guaranteed issues but if  
1071 they can't afford it they can't afford it.

1072 And, particularly, I have a constituent named Dustin Jones  
1073 -- he is a resident of Glasgow, Kentucky -- who has called and  
1074 said he had the coverage that he liked before the Affordable Care  
1075 Act. Now he is going to have to go uninsured because he says

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1076 he is just at the point he can't afford insurance anymore.

1077           And so I will be honest, I have had people stop me and say  
1078 because of Medicaid expansion in Kentucky they have had coverage  
1079 they haven't had before. So there are people -- everybody can  
1080 point to cases such as that.

1081           But I think all of us have people like Mr. Jones that are  
1082 in that middle income area that health insurance has just become  
1083 unaffordable because so many of the mandates that are there.

1084           And we want to cover people with preexisting conditions and  
1085 we need to do it in a way that is affordable. I think Ms. Altman  
1086 said that plans are 70 percent cheaper because they don't do  
1087 preexisting conditions so I guess there is that inverse it would  
1088 be 70 percent more expensive because, and that is what we wanted  
1089 to do in the Affordable Care Act replace that we looked at.

1090           We got highly criticized but it was examples -- I think  
1091 Wisconsin had a highly functioning high risk pool and people said  
1092 they were better off before where you socialize the cost of  
1093 preexisting conditions across the state instead of just people  
1094 in the individual market because it puts people like Mr. Jones  
1095 out of being able to afford health insurance.

1096           And so the -- and the bottom line was that everybody was  
1097 covered with preexisting conditions. It was just a way to do  
1098 it that didn't put the burden on just people in the individual

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1099 market. It socialized those costs across the state.

1100 But, Ms. Turner, in your testimony you mentioned the  
1101 additional consumer protection that the Trump administration  
1102 added for short-term limited duration plans. Just give you an  
1103 open to explain that further, the additional consumer protections  
1104 that the Trump administration added.

1105 Ms. Turner. You mean in terms of allowing people to keep  
1106 these policies for a longer period of time -- that they previously,  
1107 under the Obama administration, were limited to just three months.

1108 And for many people who may be retiring at age 63 or 64 and  
1109 they need gap coverage until they qualify for Medicare, people  
1110 who are starting a new company, people between jobs, that just  
1111 wasn't long enough and being able to give them the opportunity  
1112 to purchase these short-term bridge policies was very helpful.

1113 And I agree that people need to be informed consumers. But  
1114 I think they do understand this is not permanent coverage. This  
1115 is to fill a need in a particular time for an estimated 2 million  
1116 people.

1117 Mr. Guthrie. So it is not only the Trump administration  
1118 giving the patients more health care products to choose from,  
1119 they are doing so in a way that has additional consumer  
1120 protections.

1121 So I just want to -- also, Ms. Turner, you mentioned how

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1122 states are working within the 1332 waiver to innovate as  
1123 laboratories of democracy. We have already seen eight states  
1124 get approved under the strict Obama administration guidance.

1125 Do you anticipate even more innovation as states review and  
1126 reform their markets in compliance with the Trump administration  
1127 policies?

1128 Ms. Turner. The states are doing -- yes, absolutely -- and  
1129 the states are doing everything they can to try to under the --  
1130 under the ACA to try to provide access for people who are shut  
1131 out of the market.

1132 These are -- these are people in the individual market who  
1133 generally don't qualify for the subsidies under the ACA trying  
1134 to afford health insurance for their family like Senator Reeves'  
1135 constituent in Fredericksburg to try to provide a policy that  
1136 they can afford.

1137 And there are other provisions that the administration is  
1138 providing as well: the association health plans so small  
1139 companies can aggregate to get some of the benefits and the lower  
1140 costs of larger companies; the new health reimbursement  
1141 arrangement rule that would allow companies to provide a stipend  
1142 to employees that may have the opportunity to get coverage outside  
1143 the market, maybe a spouse's coverage, and be able to buy into  
1144 that policy to get a family plan.

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1145           So they are really looking for ways to give people more  
1146 options and to give states more options to use the existing ACA  
1147 money in a way that works better for their citizens.

1148           Mr. Guthrie. Okay. Thank you very much.

1149           Just one more example -- a person who does transmission work  
1150 on cars. Hopefully, you never have to do that but if you do that  
1151 I -- that I use and been to. It is a single-person shop and he  
1152 runs his own shop and he told me -- it was about six months ago  
1153 -- that he closes from -- he doesn't open until, like, 9:00 and  
1154 then he closes from 3:00 to 5:00 and then comes back and does  
1155 an evening, and what he's doing he is driving a school bus to  
1156 pay for his health insurance.

1157           And he said by the fact that he went to work for the county  
1158 system driving a school bus, by the time he does all of his premiums  
1159 he really doesn't make any money doing it but he said, but I am  
1160 making \$1,600 a month because that is what I am saving in my health  
1161 insurance.

1162           So there are people really struggling with this and we need  
1163 to be mindful of the Affordable Care Act didn't solve everybody's  
1164 problem.

1165           So thank you very much and I yield back my time.

1166           Ms. Turner. Thank you, Congressman.

1167           Ms. Eshoo. I thank the gentleman from Kentucky.

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1168           Now I am pleased to recognize the gentlewoman from  
1169 California, Ms. Matsui.

1170           Ms. Matsui. Thank you very much, Madam Chair, and I want  
1171 to thank the witnesses for being here today. It has been very  
1172 enlightening and interesting here.

1173           The topic of this hearing is incredibly important to me and  
1174 my constituents and actually all Americans whose lives have been  
1175 changed by the Affordable Care Act.

1176           Just last week this committee heard testimony from families  
1177 whose lives have been fundamentally changed by the protections  
1178 of the ACA, and that brings us to today's discussion and, very  
1179 sadly, the sabotage of the Trump administration disguised in a  
1180 disingenuous attempt to expand coverage is shameful.

1181           This administration has done nothing to expand coverage.  
1182           Rather, they have undermined the progress made by the ACA,  
1183 leading to further market destabilization and harming patients  
1184 along the way.

1185           Now, these junk insurance plans sound good. However, they  
1186 discriminate against people with preexisting conditions and set  
1187 higher premiums based on age, gender, and health status.

1188           Promoting the use of junk insurance plans is particularly  
1189 frustrating when this administration has also slashed outreach  
1190 funding for open enrollment into health care marketplaces.

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1191           Expanding junk insurance will undermine the market, taking  
1192 young healthy individuals out of the risk pool and making health  
1193 insurance less affordable for consumers with preexisting  
1194 conditions.

1195           The Trump administration has even acknowledged that the new  
1196 rule would raise premiums for ACA-compliant plans and could result  
1197 in adverse selection against individual market risk pool.

1198           Ms. Altman, according to the Kaiser Family Foundation, if  
1199 an individual loses coverage under a short-term policy, then they  
1200 may not be eligible for a special enrollment period under the  
1201 ACA.

1202           In other words, the individual would experience a lapse in  
1203 coverage. Given this information, I am concerned that these junk  
1204 insurance plans could put many more individuals at risk.

1205           Could you reiterate to the committee how before the  
1206 implementation of the ACA how a lapse in insurance coverage  
1207 impacted your financial situation and physical health?

1208           Ms. Altman. Certainly. I think before the ACA lack of  
1209 insurance coverage or lack of comprehensive insurance coverage  
1210 impacted people in the same way that it could today. Their  
1211 inability to seek the care that they need, their inability to  
1212 afford the care that they need, and potentially financial  
1213 devastating debt.

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1214 I think one of the perhaps less talked about benefits of  
1215 the Affordable Care Act has been reductions in Americans going  
1216 into debt due to medical bills and the reductions in uncompensated  
1217 care and the burden that is on the economy and on our health care  
1218 system as well.

1219 Ms. Matsui. Right. Could I just say this too? And I hear  
1220 from my constituents, both patients and physicians, who are  
1221 frustrated they are receiving high unexpected medical bills and  
1222 part of this is because they are enrolled in a junk insurance  
1223 plan like we are discussing today that have an incredibly high  
1224 deductible.

1225 A \$10,000 deductible doesn't count as real insurance if you  
1226 have to spend \$10,000 out of your pocket before your insurance  
1227 kicks in. What does that really buy you and shouldn't consumers  
1228 full understand what they are signing up for?

1229 Now, Ms. Altman, your testimony talking about this -- what  
1230 steps does your department take to alert consumers to the fine  
1231 print of these plans?

1232 Ms. Altman. Thank you for that question.

1233 One of the greatest challenges with these plans is trying  
1234 to counter all of the noise in the marketplace. A lot of the  
1235 marketing is very aggressive. Some of it is outright untrue and  
1236 some of it is in a gray area and misleading, at best.

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1237           We have undergone a number of efforts to try and get accurate  
1238 education out in the marketplace, accurate information about  
1239 short-term plans, about the Affordable Care Act, about the  
1240 difference about when to enroll -- all of those questions.

1241           But it is definitely an uphill battle as consumers are being  
1242 bombarded with the marketing that is out there. We are now  
1243 working on our own campaign that will highlight the questions  
1244 consumers should be asking themselves and try to be proactive  
1245 in getting that level of information out in the marketplace.

1246           Ms. Matsui. And shouldn't CMS be a part of this, in essence,  
1247 to educate the public about all the plans, in essence, of junk  
1248 plans included about what they include or do not include?

1249           And I have just got a short question here. I think it was  
1250 brought up -- the extension of a plan to three years, it was said,  
1251 actually helps consumers. How could it help consumers if they  
1252 can be kicked off the plan at any time?

1253           Ms. Keith?

1254           Ms. Keith. Sure. Thank you for that question. I do think  
1255 that is the right question -- how is being in a plan for a longer  
1256 period of time that offers what can sometimes be illusory  
1257 coverage. So the idea that these plans are offering coverage  
1258 but can at any time exclude coverage because of a preexisting  
1259 condition or engage in post-claims underwriting -- the idea of

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1260 extending those plans when the coverage may not be there when  
1261 the person really needs it I wouldn't call that a consumer  
1262 protection.

1263 Ms. Matsui. Okay. Thank you. I have run out of time.  
1264 I yield back.

1265 Ms. Eshoo. I thank the gentlewoman.

1266 Now I would like to recognize the gentleman from Illinois,  
1267 Mr. Shimkus, for five minutes.

1268 Mr. Shimkus. Thank you, Madam -- thank you, Madam Chairman.

1269 When my colleague from California was talking about that  
1270 plan I thought she was talking about an Obamacare plan.

1271 In March 26th, 2018 I got this email from Ms. Penny from  
1272 Centralia who said, we are a small company that employs five  
1273 people. We just received our new health insurance premiums for  
1274 2018 with a rate increase of \$650 per month -- that was an increase  
1275 of \$650 per month -- and a higher deductible ranging from \$3,200  
1276 to \$4,000.

1277 Nothing has been done to resolve the health -- and then she  
1278 goes -- just complains about being forced to buy an insurance  
1279 product that she can't use.

1280 And in rural America we heard this quite a bit. Small  
1281 businesses forced to buy insurance they can't use because they  
1282 can't use -- it costs so much and then the deductible is so high

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1283 that they're not covered.

1284 So that is why this is a really important discussion. I  
1285 am also glad finally my colleagues -- I was up at a telecom, or  
1286 down at a telecom hearing so I missed some of this debate. But  
1287 it sounds like we are talking about, quote, unquote, "junk plans."

1288 So let us -- what are -- what are these junk plans?

1289 The -- well, we will see. The Trump administration has  
1290 permitted workers in small businesses to pull together to buy  
1291 insurance known as association health plans. I have always been  
1292 a supporter of that. Farm bureau, manufacturing association,  
1293 chamber of commerce -- bigger pools negotiating.

1294 Obviously, my colleagues call all these junk plans, even  
1295 though most of these so-called junk plans comply with ACA  
1296 mandates. They aren't charging people different premiums based  
1297 upon health conditions and they are not banning people with  
1298 preexisting conditions from enrolling.

1299 So, Ms. Turner, do you think labeling association health  
1300 plans as junk is a fair description for coverage that many  
1301 hardworking Americans seek out and choose to buy for their family?

1302 Ms. Turner. I am very supportive of giving small companies  
1303 in particular more options for health insurance, which is what  
1304 association health plans do, and individuals also need other  
1305 options, which is what the short-term limited duration plans

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1306 provide.

1307           There was a study recently -- I think just last week -- about  
1308 association health plans and they were in fact providing coverage  
1309 as comprehensive as larger companies and they were not excluding  
1310 people with preexisting conditions.

1311           Mr. Shimkus. I think one of the thing that fired us up so  
1312 much about this debate was the debate who is to determine what  
1313 policies we have. When we thought this was going to go to the  
1314 Supreme Court, we thought it would stand on the inability of the  
1315 national government to tell you what you had to buy.

1316           In fact, when this was debated here in the halls of Congress,  
1317 that was -- that was the arguing point. We said this is not  
1318 constitutional.

1319           Then the -- then the administration fought for  
1320 constitutionality based upon not the right of the individual to  
1321 make a choice what they want to buy but on the right to tax.

1322           So that is why it was upheld, not on the individual being  
1323 forced to buy something, especially my constituents were being  
1324 forced to buy something that they can't use, as Ms. Penny has  
1325 highlighted here, and she is trying to provide for her employees  
1326 and she can't do it.

1327           So the employees across the country are already taking  
1328 advantage of this option to provide more affordable insurance

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1329 to their workers. In fact, 28 AHPs have formed already with some  
1330 showing up to 30 percent savings on premiums.

1331 The Las Vegas Chamber of Commerce is in the process of signing  
1332 up 500 employees for an AHP, which could save some employees more  
1333 than \$2,000 per year.

1334 Ms. Turner, do you -- again, if these plans are junk why  
1335 are they so attractive to business owners and their employees?

1336 Ms. Turner. People are just desperate for choices. They  
1337 feel shut out of the market not only because of the premiums under  
1338 the comprehensive coverage under the ACA but also because of the  
1339 deductibles which can be \$10,000 a year for -- in the ACA plans.

1340 And so people are looking for other options -- short-term  
1341 limited duration plans or bridge coverage and other ways to get  
1342 economies of scale through association health plans and letting  
1343 states have more power through their 1332 options.

1344 Mr. Shimkus. Yes, and I will end this. I appreciate it.

1345 We Republicans believe in markets and competition, not  
1346 centralized control dictates from the national government  
1347 authority and that is why we are -- I am glad we are having this  
1348 hearing today and I look forward to more discussions.

1349 And with that, Madam Chairman, I yield back my time.

1350 Ms. Eshoo. I thank the gentleman. Just for the record,  
1351 this hearing is not about association health plans. We are

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1352 talking about the short-term, what they cover, what they don't.

1353 And so I think it would be wise to stay away from conflating  
1354 things and putting words in other people's mouths that they  
1355 haven't -- that they haven't uttered.

1356 Mr. Shimkus. Will the -- will the gentlelady -- will the  
1357 gentlelady yield --

1358 Ms. Eshoo. No, I want to move on.

1359 Mr. Shimkus. -- for discussion?

1360 Ms. Eshoo. No, because this hearing is on these short-term  
1361 plans, not on association health plans. So I think it is  
1362 important to --

1363 Mr. Shimkus. So you appreciate association health plans?  
1364 Is that --

1365 Ms. Eshoo. I do --

1366 Mr. Shimkus. Okay. Very good.

1367 Ms. Eshoo. -- except for what the administration is doing  
1368 to some of them. We can have a hearing on that. But today's  
1369 hearing is not about association health plans.

1370 I now would like to recognize the gentlewoman from Florida,  
1371 a valuable member of our committee always, Ms. Castor, for five  
1372 minutes of questioning.

1373 Ms. Castor. Well, thank you, Madam Chair. Thank you for  
1374 holding this very important hearing on our legislation to address

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1375 the Trump administration's sabotage on affordable health care  
1376 for our families back home, including my bill, H.R. 1010 that  
1377 will stop the expansion of these junk health insurance plans.

1378 See, working families across America they remember well the  
1379 attempt by the Trump administration and Republicans in Congress  
1380 to repeal the ACA in its entirety, including the protection on  
1381 preexisting conditions.

1382 What the Congress -- the Republican Congress was not able  
1383 to accomplish here they are now trying to accomplish through  
1384 administrative rule and that is where they have now adopted an  
1385 administrative rule that would expand the use of these junk  
1386 insurance plans that do allow discrimination for -- if you have  
1387 a preexisting condition like a cancer diagnosis or diabetes or  
1388 asthma or something like that.

1389 These junk plans also deny basic health benefits. So that  
1390 is why I filed H.R. 1010 along with my colleagues, Congresswoman  
1391 Barragan and other members, to address these plans that really  
1392 don't protect our neighbors as they should.

1393 It really is difficult to understand why the administration  
1394 is promoting plans that do not provide adequate coverage. It  
1395 really appears to be a cynical ploy to lure families into these  
1396 plans that were too prevalent before the Affordable Care Act where  
1397 benefits were excluded and families faced massive health care

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1398 bills.

1399 I am very concerned that the public is being snookered here  
1400 and, Commissioner Altman, I would like to ask you a few questions  
1401 about this -- about these junk plans. I understand that these  
1402 plans often impose lifetime and annual limits on care. Is that  
1403 right?

1404 Ms. Altman. That is correct.

1405 Ms. Castor. So can you describe what these plans typically  
1406 look like, how they are marketed, what kind of coverage they  
1407 provide?

1408 Ms. Altman. Sure. I think to the average consumer the  
1409 plans can look like they cover a lot of things. They have coverage  
1410 for hospitalization, coverage for ambulance transport, coverage  
1411 for doctor's visits -- some of those things.

1412 But when you begin to look beneath that, first of all, there  
1413 are many exclusions, both in terms of certain benefit categories  
1414 like mental health and prescription drugs and maternity but also  
1415 for any care related to a preexisting condition, whether  
1416 determined before the plan was issued or after, exclusions for  
1417 any injury that is -- results from sports activities or other  
1418 risky activities -- things like that.

1419 Then you have cost sharing, high deductibles, co-payments,  
1420 coinsurance. Then you have annual limits on coverage --

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1421 potentially lifetime limits on coverage -- although as a  
1422 short-term plan it is unlikely someone would be able to retain  
1423 this plan for a lifetime.

1424 And then you get into what they actually cover within those  
1425 categories of benefits. I think the story I shared in my  
1426 testimony is very indicative of the fact that the coverage levels  
1427 are not reflective of the cost of services.

1428 So a consumer may see it covers \$100 or \$200 for an ambulance  
1429 ride, and that may sound reasonable to them and, like, coverage.

1430 But, of course, we know an ambulance ride generally costs well  
1431 over \$1,000.

1432 Ms. Castor. So then they are stuck paying that?

1433 Ms. Altman. Correct.

1434 Ms. Castor. Unlike an Affordable Care Act policy. So we  
1435 have heard a lot of discussion about choice here today and choice  
1436 is important -- that under the Affordable Care Act individual  
1437 market policies in your state I read in the testimony you actually  
1438 have more -- had another insurer come into the marketplace. Are  
1439 there -- is there adequate choice among those policies that are  
1440 being offered in Pennsylvania right now?

1441 Ms. Altman. That is correct. We have put in a lot of work  
1442 to get our individual market in a very good place. I approved  
1443 statewide average decreases this year. We have --

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1444 Ms. Castor. Wait. Wait. You have increased competition  
1445 and choice and Pennsylvania is now lowering costs?

1446 Ms. Altman. Correct. We have a new entrant. Thirty of  
1447 Pennsylvania's 67 counties had more insurers offering coverage  
1448 this past year compared to the year before and we reduced our  
1449 single-care counties from 20 to 10 simply by working to make the  
1450 market a place for --

1451 Ms. Castor. But if we had more junk health plans it would  
1452 seem that that would be a false choice for folks because they  
1453 would be on the hook for substantial costs. Is that right? Do  
1454 you agree with that?

1455 Ms. Altman. If they chose that route and, of course, for  
1456 over one in four Pennsylvanians who have preexisting conditions  
1457 those plans are no choice at all.

1458 Ms. Castor. And I would like to offer the groups that are  
1459 now endorsing H.R. 1010. If folks are confused by some of the  
1460 debate here today here are some trusted organizations that now  
1461 support the expansion of junk health plans: American Heart  
1462 Association, American Lung Association, AARP, Cystic Fibrosis  
1463 Foundation, March of Dimes, to name a few.

1464 Thank you, and I yield back.

1465 Ms. Eshoo. I thank the gentlewoman. I thank her for the  
1466 legislation that she is offering.

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1467           It is now my pleasure to recognize the ranking member of  
1468 the full committee, Mr. Walden, of Oregon.

1469           Mr. Walden. Good morning again.

1470           Ms. Eshoo. Yes.

1471           Mr. Walden. You must be torn as I am with the other hearing  
1472 going on downstairs. I know your passion for telecommunications  
1473 issues as well.

1474           Ms. Eshoo. In fact, I am going to ask Ms. Castor to come  
1475 to this chair, take the gavel, and have you proceed.

1476           Mr. Walden. Perfect. Thank you.

1477           Thank you, Madam Chair, and I want to thank our witnesses.

1478           This is really important issues for all of us to contemplate,  
1479 and I know -- I met with some wheat growers from my district  
1480 yesterday, as fate would have it, and guess what issue came up?

1481           It was high cost of health care and health insurance -- both  
1482 the cost of individual items in the health care continuum but  
1483 also the health insurance.

1484           And I am trying to remember -- I should have made a note  
1485 on it -- but I think one of the growers talked to me about how  
1486 his rates per month had gone from, like, \$300 to \$600 to \$900.

1487           Now, it is, like, \$1,000 a month for him and his wife, and the  
1488 deductible I am going to say was somewhere between \$6,000 and  
1489 \$8,000.

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1490           So to my friend's comment about the consumer picking up the  
1491 difference in charge, there are a lot of consumers now as a result  
1492 of these enormously high deductibles you have to do to get a  
1493 premium you might be able to afford you are paying it out of pocket  
1494 through your deductible.

1495           And so I think what I am trying to get at and Republicans  
1496 are is how do we have choices out there that fit families that  
1497 they can afford that will actually give them first dollar -- not  
1498 first but an affordable family dollar health insurance and not  
1499 something that amounts to something that is catastrophic.

1500           I do hope we do hearings on association health plans. I  
1501 do think we have the right to talk about them in the context of  
1502 this hearing, by the way, and I do hope we will eventually hear  
1503 from the majority -- Democrats -- about a hearing on Medicare  
1504 for all because we know by the estimates that would cost \$3.2  
1505 trillion and do away with the health insurance that 150-plus  
1506 million Americans have through their unions or their employers.

1507           And with the strength of the economy more and more people are  
1508 showing up on those plans and probably fewer on the others.

1509           And maybe, Ms. Turner, you could address this -- my  
1510 understanding is under the Obama administration there was a  
1511 three-month period for short-term limited duration plans. The  
1512 Trump administration simply said to states, you can go up to 12.

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1513 But states have the right to step in here and regulate as they  
1514 see fit, right? Is that correct?

1515 Ms. Turner. Yes, absolutely.

1516 Mr. Walden. And so there are some 33 states that have left  
1517 the door open for this innovation to occur, correct?

1518 Ms. Turner. Yes.

1519 Mr. Walden. And so when you're looking at options people  
1520 can afford that work for them, do these states -- do these plans  
1521 that are out there -- do they -- do you think they give them options  
1522 that work, or not?

1523 Ms. Turner. Consumers will determine that, and I absolutely  
1524 agree that having state flexibility allows the states to -- I  
1525 mean, they are much better, frankly, at regulating local health  
1526 insurance markets in their state than Washington can be and really  
1527 figuring out what other consumers need -- more information about  
1528 these plans --

1529 Mr. Walden. Right.

1530 Ms. Turner. -- to make sure they are buying insurance that  
1531 works for them and that they are smart informed buyers.

1532 Mr. Walden. Uh-huh.

1533 Ms. Altman, I am intrigued that the rates went down in  
1534 Pennsylvania, correct? Is that right? So that is this year?

1535 Was that for all the plans?

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1536 Ms. Altman. In the individual market.

1537 Mr. Walden. In the individual market. How much over the  
1538 last five --

1539 Ms. Altman. But that is the statewide average, not all of  
1540 the plans were done on their own but on average yes.

1541 Mr. Walden. Yes. Understood. Yes.

1542 Over the last, say, five years what has happened in terms  
1543 of rates in Pennsylvania in the individual market, on average?

1544 Ms. Altman. Sure. There is no question that rates have  
1545 gone up in this market. I think there are --

1546 Mr. Walden. How much?

1547 Ms. Altman. I don't know off the top of my head the increase.

1548 Mr. Walden. How much did they go up the year before?

1549 Ms. Altman. So the year before they went up around 25 to  
1550 30 percent.

1551 Mr. Walden. And how much did they --

1552 Ms. Altman. But that is an important year because they  
1553 should have gone up 6 percent and in that year the reason they  
1554 did not was because of the decision to cease paying cost-sharing  
1555 reductions and uncertainty created by the --

1556 Mr. Walden. How much did they go up the year before that?

1557 Ms. Altman. Around I want to say -- you are testing my memory  
1558 -- about 15 percent and about 8 the year before that.

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1559 Mr. Walden. So 8, 15, 20, what?

1560 Ms. Altman. And then at 20 --

1561 Mr. Walden. Twenty.

1562 Ms. Altman. -- and then minus two.

1563 Mr. Walden. And minus two. So they went down but they went  
1564 down 2 percent after they had gone up. I am trying to remember  
1565 that first year with the cost-sharing deal. Twenty-five percent  
1566 they went up?

1567 Ms. Altman. Sure. It should have been 15.

1568 Mr. Walden. Fifteen and 8. I am a journalism major so I  
1569 will let somebody else do the math. But the long and the short  
1570 of it is consumers didn't get a \$2,500 per year reductions in  
1571 their premiums along the way, right?

1572 Ms. Altman. Well, of course, 80 percent of consumers in  
1573 that market received financial assistance that largely shields  
1574 them from those --

1575 Mr. Walden. Correct. And so my wheat grower friends that  
1576 aren't eligible for that are small entrepreneurs. They have  
1577 gotten socked with rate increases. They don't get the subsidies.  
1578 They are the kind of working middle class folks that are just  
1579 off the subsidy side because they are just at that realm.

1580 I had a town hall -- one two years ago in Arlington, Oregon,  
1581 and actually we had this debate there and this farmer got up and

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1582 talked about what his family had faced, and this person who was  
1583 very much in support of the ACA -- Obamacare -- went up to him  
1584 afterwards and said, I didn't know people like you existed. He  
1585 was very serious about it.

1586 So we have this gap out there that some of us are trying  
1587 to figure out a way to fill and that is what Republicans are talking  
1588 about -- how do we fill that gap for those people that don't get  
1589 the subsidies you get on the exchange if you are the right income  
1590 but you are still left out with a high deductible and premiums  
1591 off the charts?

1592 My time has expired, Madam Chair? Thank you for your  
1593 indulgence.

1594 Ms. Castor. [Presiding.] Thank you.

1595 Mr. Schrader is recognized for five minutes.

1596 Mr. Schrader. Thank you, Madam Chair, and I appreciate the  
1597 previous gentleman's discussion -- the ranking member of the  
1598 committee -- and there has been a lot of discussion about the  
1599 cost of the premiums, the deductibles, in the individual  
1600 marketplace.

1601 I think it is important for America and a lot of people here  
1602 to understand that that is only one facet of the Affordable Care  
1603 Act, and the rest of the Affordable Care Act, ostensibly, is  
1604 working very well.

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1605           We heard last Congress of the repeal and replace debate that,  
1606           frankly, a lot of red state people were very pleased that the  
1607           Medicaid situation changed dramatically for them.

1608           Many millions of Americans had health care for the first  
1609           time. So I guess I would like to look to my colleagues and say,  
1610           hey, let us work on the individual marketplace. I am fine with  
1611           that, and I think there is an opportunity for us to work together  
1612           and maybe adjust the cost-sharing stuff, the reinsurance issues  
1613           or risk pools or and maybe expand the 1332 waivers but under  
1614           constraints.

1615           You know, the people forget -- I come from Oregon -- people  
1616           forget that the goal of health care is to provide better health.

1617           It is not to get insurance. And, ostensibly, getting better  
1618           health means you don't have to read the fine print all the time.

1619

1620           There is some commonality in these plans that are out there  
1621           and you have the opportunity to buy a product that covers what  
1622           people would call essential health benefits -- that overall that  
1623           someone had a mother, someone has got a daughter out there. I  
1624           mean, you know, being a woman and having maternity care should  
1625           be an option.

1626           I mean, everyone benefits from that over the long haul and  
1627           the goal of insurance -- to provide health care -- is to prevent

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1628 people from getting too sick to begin with and that has gotten  
1629 lost, I think, in a lot of the debate.

1630 So I am hoping that we actually get to that.

1631 Ms. Turner, real quickly, with these short-term plans and  
1632 the expansion of the short term plans, how do you actually justify  
1633 that when the rules of the road clearly state that the waivers  
1634 that are granted under 1332 are only supposed to be for those  
1635 plans that provide coverage that is at least as comprehensive  
1636 as the coverage under the exchanges and that the coverage and  
1637 cost-sharing protections are as affordable?

1638 In other words, they go together -- again, getting at the  
1639 fact the undermining of these essential benefits I think is  
1640 disingenuous to a lot of American consumers. What is the  
1641 justification for doing that in these newer short-term plans the  
1642 administration has put forward?

1643 Ms. Turner. The administration has spent I think about a  
1644 year with a lot of career federal officials looking at this and  
1645 how can you write the rule in a way that is compliant with the  
1646 text of the ACA to make sure they are comprehensive, they don't  
1647 increase the deficit, they are at least as affordable to make  
1648 sure that that would be allowed. So the rules would have to allow  
1649 to make sure if people did buy short-term plan that it fit these  
1650 criteria.

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1651           So all the short-term plans are not junk plans. In fact,  
1652 I think very few of them are. Buyer beware. People need to be  
1653 aware, they need to be informed, and there are protections if  
1654 they are going to use a subsidy for these plans to make sure that  
1655 they are compliant with the ACA.

1656           Mr. Schrader. Well, and I think you write the rules in the  
1657 way you would like to write the rules and I think that is  
1658 challengeable and we are going to see I think that reverse either  
1659 in the courts or in this particular Congress.

1660           Ms. Altman, a lot of discussion about 1332 waivers and the  
1661 ability for them to give states the opportunity to innovate.  
1662 I totally agree with that. Oregon has been doing that for years.

1663           The Affordable Care Act really, I think, points that out  
1664 as a great opportunity for states. I don't think there is any  
1665 disagreement with that and it is being done and has been done  
1666 prior to this current administration very successfully. But it  
1667 has been with these essential health benefits in play and it hasn't  
1668 been, I think, a curse or restrictive.

1669           Please talk a little bit about the role those essential  
1670 health benefits play in the waiver programs.

1671           Ms. Altman. Sure. So essential health benefits are sort  
1672 of 10 categories of core benefits that the Affordable Care Act  
1673 was supposed to guarantee access to so that people with health

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1674 care needs could have the benefits that they need to get the  
1675 treatment they need regardless of the type of condition that they  
1676 have.

1677 Those are what ensure that whether you have a mental health  
1678 issue, a physical health issue, an emergency or cancer, those  
1679 benefits will be available and they were intended through the  
1680 guardrails in the ACA to be extended to any coverage offered  
1681 through the 1332 waivers.

1682 Mr. Schrader. Thank you.

1683 And Ms. Keith, I mean, given the fact that ostensibly the  
1684 Health and Human Services Department of the United States of  
1685 America's goal is to help Americans get quality affordable health  
1686 care, how do you think the current administration justifies  
1687 curtailing the enrollment outreach programs? That makes no sense  
1688 to me.

1689 Ms. Keith. I won't try to speak for them or on their behalf.

1690 My understanding is they think this is a more cost-efficient  
1691 way and that they believe that outreach in enrollment funding  
1692 is not cost effective.

1693 I would counter there have been other examples from other  
1694 states -- Covered California is an example -- that attributes  
1695 a decline in 6 to 8 percent of premiums just from the outreach  
1696 and marketing work that they did to bring in healthy consumers.

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1697       So it does, certainly -- has been shown to help stabilize  
1698 premiums.

1699           Mr. Schrader. Thank you very much, and I yield back.

1700           Ms. Castor. Thank you.

1701           Mr. Long is recognized for five minutes.

1702           Mr. Long. Thank you, Madam Chairwoman.

1703           Ms. Turner, I would like to talk about the roles that  
1704 navigators and independent agents and brokers played. You note  
1705 in the plan in your -- you note that for the plan year 2017  
1706 navigators received more than \$62 million in federal grants while  
1707 enrolling less than 1 percent of all enrollees. Seventeen of  
1708 these navigators enrolled fewer than 100 each at an average cost  
1709 of \$5,000 per enrollee.

1710           The top 10 most costly navigators spent over \$2.5 million  
1711 to enroll 314 people. One grantee received \$200,000 and enrolled  
1712 one person and over three-quarters of navigators failed to achieve  
1713 their enrollment goals while spending more than \$50 million.

1714           Ms. Turner, under the Trump administration CMS has changed  
1715 how navigators receive funding based on performance measures.

1716           Do you think that these changes help ensure accountability within  
1717 the navigator program?

1718           Ms. Turner. CMS has said in its report that it really is  
1719 trying to respect that taxpayer dollars be spent wisely and,

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1720 basically, they are -- they are making the following year's grant  
1721 contingent on a navigator meeting their previous year enrollment  
1722 goals.

1723 And as you say, even with this generous funding, the  
1724 navigators enrolled less -- fewer than 1 percent of all enrollees  
1725 in healthcare.gov. And so I think that does need to -- we need  
1726 to look at how can we get the best benefit and they looked at  
1727 private brokers and agents who are -- who live and breathe in  
1728 this space and they were much more successful, enrolling 42  
1729 percent of enrollees.

1730 Mr. Long. The subject of this hearing is about reversing  
1731 ACA's sabotage. Do you consider these efforts by CMS as  
1732 sabotaging the ACA?

1733 Ms. Turner. No, and the navigators were particularly --  
1734 when the ACA was new, people didn't even know what a deductible  
1735 was. So people needed to be educated about the fundamental  
1736 principles of insurance.

1737 But now that we see in California, for example, there has  
1738 been a 24 percent drop in new enrollees, despite their spending  
1739 \$100 million on marketing navigators last fall. But they are  
1740 finding many more people are having their coverage renewed and  
1741 sometimes automatically renewed.

1742 So we are in a different space now with the ACA.

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1743 Mr. Long. According to the Missouri Department of  
1744 Insurance, since 2011 the annual cost of coverage per individual  
1745 has increased by an estimated 235 percent in the individual market  
1746 and now there is only one option on the marketplace for my entire  
1747 district -- 7th District of Missouri.

1748 Do you see the efforts of the Trump administration to give  
1749 states more flexibility to lower premiums and provide more  
1750 insurance options for individuals as positive steps that can  
1751 benefit consumers?

1752 Ms. Turner. Absolutely, and I think that is what they are  
1753 trying to do both with the bridge plans as well as the association  
1754 health plans and as well as the Section 1332 flexibility.

1755 Being able to tailor the needs -- the insurance funding to  
1756 the needs of their citizens is something that states can do much  
1757 more effectively than the federal government.

1758 Mr. Long. So I am assuming you don't consider these efforts  
1759 as sabotaging the ACA?

1760 Ms. Turner. I think they are really trying to give consumers  
1761 new options, particularly those who are shut out of the market  
1762 because of costs and even many of the people with ACA coverage  
1763 say, I might as well not have coverage because I can't afford  
1764 the \$6,000 to \$10,000 deductible.

1765 Mr. Long. Thank you.

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1766           And before I yield back, as a point of personal privilege,  
1767 I was born in 1955. John Dingell was sworn into Congress in 1955.

1768           I had the great honor to serve with him for two terms.

1769           Of course, the room downstairs is named after him.

1770           Yesterday morning after an hour delay because of weather we loaded  
1771 up two plane loads of congressmen headed to his funeral in Dearborn  
1772 and got up there and circled for an hour waiting for the  
1773 temperature to raise one degree.

1774           If it would have raised one degree we would have made it,  
1775 and we didn't. We were low on fuel, and so a legend in his own  
1776 time, John Lewis -- Representative John Lewis -- and Speaker  
1777 Pelosi, who weren't on the flight, along with Chairman Upton,  
1778 Chairman Walden was there, Anna Eshoo.

1779           I am not going to name all the names because I will leave  
1780 people out. But we held an impromptu service for John at 30,000  
1781 feet and I just want to send out my best to Debbie. I know that  
1782 John followed his father in Congress and Debbie has followed him  
1783 and she has done an outstanding job on this committee, and I just  
1784 wanted to send my best and thoughts and prayers out to Debbie  
1785 and the entire Dingell family because we are sure going to miss  
1786 him.

1787           I yield back.

1788           Ms. Castor. Thank you, Mr. Long, for your comments about

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1789 the Dean of the House, John Dingell.

1790 Mr. Ruiz is recognized for five minutes.

1791 Mr. Ruiz. Thank you, Ms. Chairwoman.

1792 I, and everybody in this room, agrees that we need to do  
1793 something about costs. The premiums are skyrocketing in the  
1794 exchange. That is not the issue that we are debating here.

1795 When we look back at why the costs have gone up so much,  
1796 all we have to do is listen to the insurance companies themselves  
1797 which have said and have warned that if we don't pay the  
1798 cost-sharing reduction subsidies they are going to increase  
1799 costs.

1800 The other thing is they talked about the changes that were  
1801 made by Senate Republicans to the risk corridors. They increased  
1802 costs because of those. The other is because of the expire  
1803 reinsurance programs, et cetera, and all of these have been a  
1804 part of the repeal efforts of the ACA.

1805 So when we look at the junk plans, this is not a solution  
1806 to the problem of high costs. In fact, these junk plans will  
1807 make costs higher in the exchange because this will siphon low  
1808 healthy high corporate profit type patients into this lower risk  
1809 pool -- junk plans -- leaving behind the higher risk more expensive  
1810 type of patients for everybody else.

1811 So health care costs for everybody else will go up, and if

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1812 there is something that I have learned as an emergency physician  
1813 is that not every health person stays healthy forever.

1814 So I have seen a 48-year-old man in a motor vehicle collision  
1815 who was previously completely healthy who will now have traumatic  
1816 brain injury, symptomologies for the rest of their lives, and  
1817 be paralyzed and require very expensive care and lots of  
1818 medications.

1819 I have seen a 52-year-old man who comes in with yellow eyes  
1820 and yellow skin who have been newly diagnosed with severe liver  
1821 problems due to hepatitis, which is going to require expensive  
1822 medications.

1823 And I have seen young and healthy 30-year-old women who come  
1824 in with anxiety or depression with new diagnoses of clinical  
1825 depression and also with a mass in their breast with a working  
1826 diagnoses of breast cancer that has metastasized which would  
1827 require expensive chemotherapy.

1828 So even if those younger and healthy individuals buy this  
1829 junk plan, health care costs will be more expensive for them  
1830 because under these junk plans they can choose not to cover their  
1831 medication. They can choose not to cover their mental health  
1832 coverage. They can start implementing a cap in lifetime coverage  
1833 for these individuals that will need more care for longer period  
1834 of times.

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1835           We are not invincible. The whole purpose of health  
1836 insurance is what if you get sick, what if you get injured during  
1837 an accident. And I have seen them and I have counseled family  
1838 members and patients about their terrible diagnoses or their  
1839 terrible prognoses and it is not a fun thing to do.

1840           So I have some questions in regards to costs. Ms. Keith,  
1841 would junk plans increase costs for everybody else and can you  
1842 explain it further, please?

1843           Ms. Keith. Yes, that is correct. Every analysis,  
1844 including the Trump administration's own analysis, has found that  
1845 expansion of these short-term plans through this new rule are  
1846 increasing premiums in the ACA marketplaces.

1847           A study by the Kaiser Family Foundation that looked at what  
1848 insurance companies actually said about their premiums for 2019  
1849 showed that short-term plans, the individual mandate, repeal and  
1850 the association health plan have increased premiums on average  
1851 by 6 percent in 2019.

1852           Mr. Ruiz. And so, you know, in one way I am hearing this  
1853 opposing kind of arguments -- yes, we are for preexisting but  
1854 we need a reduced cost. But it seems like by this junk plan they  
1855 are going to eliminate protections for preexisting illnesses in  
1856 order to keep costs down because corporate insurance companies  
1857 would love not to cover the sick. They would like to cover the

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1858 wealthy and healthy.

1859 So can you have it both ways in this junk plan? I mean,  
1860 do they discriminate with people with preexisting illnesses?

1861 Ms. Keith. They absolutely do. I believe that is their  
1862 business model, yes.

1863 Mr. Ruiz. So if you support junk plans you are supporting  
1864 the idea that -- to take us back to a time where health insurances  
1865 were allowed to deny or charge higher premiums or charge for higher  
1866 -- or not cover certain procedures for those conditions. Is that  
1867 correct?

1868 Ms. Keith. Yes, it is.

1869 Mr. Ruiz. Can you describe the medical underwriting process  
1870 that Americans are subject to under these plans?

1871 Ms. Keith. Sure. So it varies by insurance company but,  
1872 essentially, if you are applying to enroll in a short-term plan  
1873 you would fill out a very detailed health questionnaire about  
1874 your own health, about the health of your family members and maybe  
1875 a medical history.

1876 You would also grant that insurance company access to all  
1877 of your medical records. They would look at what prescription  
1878 drugs you have taken. They would look at what medical exams you  
1879 have taken.

1880 They would take that information and they would give you

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1881 a price or they would decline to cover you at all or they would  
1882 use that to dictate what benefits they will and will not cover.

1883 Mr. Ruiz. Thank you.

1884 Ms. Castor. Thank you.

1885 Dr. Bucshon, you are recognized for five minutes.

1886 Mr. Bucshon. Thank you, and just in light of my friend Dr.  
1887 Ruiz's comments, it is about choice. If you have a preexisting  
1888 condition, don't choose a short-term health plan that is cheap.

1889 They don't discriminate at all because it is a consumer choice.

1890 So to say that a plan specifically discriminates against people  
1891 that is just factually not true. They don't discriminate because  
1892 it is about consumer choice.

1893 We are here today discussing legislative proposals that  
1894 really do nothing, in my opinion, to address the high cost of  
1895 health care and the lack of affordable insurance options for  
1896 patients.

1897 One thing -- again, Congress is here discussing the cost  
1898 of health insurance plans but, again, we are not really addressing  
1899 the true problem, in my view, which is the cost of the product  
1900 is too expensive.

1901 And so if we all continue to chase a product that is too  
1902 expensive and try to cover it we are never going to catch up,  
1903 in my view.

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1904           The other thing is is insurance is about risk. That is what  
1905 insurance is about. So your description, Ms. Keith, of all of  
1906 these things -- about being assessed for what your risk is, that  
1907 is what insurance is about. And so we need to find out -- figure  
1908 out a way to cover people who have a lot of risk and that is what  
1909 Republicans did in our health care bill.

1910           We did it with high risk pools. What is it, 4 percent of  
1911 the people or 5 percent of the people in the country are 40 to  
1912 50 percent of the health care costs?

1913           So we want to cover people with preexisting conditions but  
1914 we just want to do it in a different way. If you put everybody  
1915 in the same pool there is no way, based on the history of insurance  
1916 and how it works, that actuaries will tell you that you can get  
1917 the costs down for everybody and keep the costs low. It just  
1918 doesn't work.

1919           So we want to cover people with preexisting conditions.  
1920 I was a physician before. I had people that I took care of that  
1921 didn't have coverage. That is wrong. We just want to do it in  
1922 a different way.

1923           So, Ms. Turner, do you think that any of the legislative  
1924 proposals today would address the high cost of health care plans?

1925           Ms. Turner. I actually think they would. They would remove  
1926 options for many consumers. Three million people had dropped

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1927 out of the individual market before the first short-term limited  
1928 duration plan under the Trump administration rules was available.

1929 People are dropping out of coverage because they couldn't  
1930 afford it. They want some options, and bridge coverage through  
1931 the short-term plans provides many people an option. They should  
1932 definitely be informed about these policies.

1933 But if they buy a policy and they -- say they buy a year  
1934 policy and they are diagnosed with cancer when they have that  
1935 coverage they are covered and if they didn't have that option  
1936 they would be completely exposed to those costs.

1937 Mr. Bucshon. Yes. I think everyone here agrees on both  
1938 sides of the aisle we need more probably disclosure to consumers  
1939 and make sure consumers -- like someone mentioned, have it in  
1940 big print right on the front page -- you know, what your choice  
1941 is here -- you know, what the cost is, number one, but number  
1942 two, what actually is included in these plans, right.

1943 And it may -- you are right, if you have -- if you are  
1944 underwritten and you are high risk you are probably not going  
1945 to be able to get insurance through one of these plans. That  
1946 is not the point. That is not what we were trying to cover.

1947 But under the Affordable Care Act, I hear from constituents  
1948 all the time that the plans are just not affordable in the  
1949 Affordable Care Act and so we need to work together to try to

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1950 find a way to improve that and, you know, one of the things I  
1951 think that we can do is work on the cost to the product and I  
1952 keep saying that because Congress always works on trying to  
1953 provide coverage but not trying to get the cost of health care  
1954 down.

1955 So, Ms. Turner, how do you think repealing the Trump  
1956 administration's guidance on Section 1332 innovation waivers  
1957 would impact the affordability for patients in states with  
1958 waivers?

1959 Ms. Turner. The states that have received waivers so far  
1960 have been able to reduce premiums anywhere from 43 percent to  
1961 7 percent in the states so far that we have numbers for and so  
1962 those citizens would definitely be adversely impacted by being  
1963 thrown back into the same pools that don't provide states with  
1964 the same flexibility and the same options that they would have  
1965 under this new guidance to be able to provide more affordable  
1966 options for their -- for their residents.

1967 And about the essential benefits, the essential benefits  
1968 in the ACA may not be everything that somebody needs. Janet,  
1969 that I talked about in my example --

1970 Mr. Bucshon. Right.

1971 Ms. Turner. -- needed to have her anti-rejection medicines  
1972 covered and they were not covered under her ACA-compliant plan.

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1973        So states need to be able to make sure the plans work for their  
1974 citizens.

1975                Mr. Bucshon. I want to briefly talk about cost-sharing  
1976 reduction payments which everyone is saying is sabotage of the  
1977 ACA. That was a bailout, in my opinion, put into the law so that  
1978 if the pools didn't work -- insurance companies were losing money  
1979 -- they had a federal backstop with taxpayers footing the bill.

1980                I yield back.

1981                Ms. Castor. Thank you.

1982                Ms. Kuster is recognized for five minutes.

1983                Ms. Kuster. Thank you, and thank you for your testimony.  
1984 I appreciate it.

1985                I want to join my colleagues in honoring John Dingell and  
1986 our mile-high memorial yesterday for him, and we will all be  
1987 together with Debbie Dingell, our colleague, and her family  
1988 tomorrow.

1989                I just want to move on to the Section 1332 and direct my  
1990 questions, if I could, to Professor Keith. There is clear  
1991 statutory directive in Section 1332 that states must provide  
1992 comprehensible and affordable coverage to a comparable number  
1993 of residents under the ACA.

1994                But, unfortunately, last fall the Trump administration  
1995 issued new guidance and I am afraid that that is going to hurt

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1996 people with preexisting conditions like my dear friend, Bodie,  
1997 who is a young man with spinal muscular atrophy in my district,  
1998 necessitating a wheelchair to get around.

1999 Thanks to the ACA, there is no longer broad-based exclusions  
2000 to wheelchairs or to all the other affordable health care that  
2001 helps Bodie lead a fulfilling life.

2002 But for Americans like Bodie this concerns me in this Trump  
2003 guidance because it runs counter to the statutory directives.

2004 So last week, I introduced H.R. 986, the Protecting Americans  
2005 With Preexisting Conditions Act, to nullify the new guidance.

2006 I have heard from my Republican colleagues this morning that  
2007 they want to protect Americans with preexisting conditions and  
2008 I would encourage them to sign on to my bill.

2009 If I could, Professor Keith, I would like to suggest a quick  
2010 lightning round about my concerns of these short-term limited  
2011 duration insurance products so that Americans will understand  
2012 our concerns.

2013 If you could just respond -- under these plans are insurers  
2014 allowed to refuse to offer a policy to an individual with a  
2015 preexisting condition?

2016 Ms. Keith. Yes, they are.

2017 Ms. Kuster. And are insurers allowed to exclude coverage  
2018 for preexisting conditions?

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2019 Ms. Keith. Yes.

2020 Ms. Kuster. And are insurers allowed to charge higher  
2021 monthly premiums based on health status and factors such as age  
2022 and gender?

2023 Ms. Keith. That is correct.

2024 Ms. Kuster. And are insurers allowed to impose annual or  
2025 lifetime dollar limits on care?

2026 Ms. Keith. Yes.

2027 Ms. Kuster. And are insurers allowed to opt not to cover  
2028 entire categories of benefits? Here, I am thinking of mental  
2029 health services, prescription drugs, or maternity care.

2030 Ms. Keith. That is correct.

2031 Ms. Kuster. And are insurers even in states like  
2032 Pennsylvania, New Hampshire, West Virginia, that had been so hard  
2033 hit by this opioid epidemic, allowed to offer policies that do  
2034 not include coverage for substance abuse treatment?

2035 Ms. Keith. That is correct.

2036 Ms. Kuster. And are insurers allowed to retroactively  
2037 cancel coverage once care is needed?

2038 Ms. Keith. Yes. That has been one of the biggest abuses  
2039 and something that the Affordable Care Act prohibited.

2040 Ms. Kuster. And are insurers allowed to impose much higher  
2041 out-of-pocket costs than under the Affordable Care Act?

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2042 Ms. Keith. That is correct.

2043 Ms. Kuster. And so I would simply ask you or Commissioner  
2044 Altman, if you could, we have heard from Ms. Turner about her  
2045 opinion that these plans protect consumers and bring down costs.  
2046 Are there alternatives -- waivers such as reinsurance products  
2047 that could bring down costs for consumers?

2048 Ms. Altman. Absolutely. There are other mechanisms out  
2049 there -- and reinsurance is a great example -- that can lower  
2050 costs for those to help afford premiums without putting people  
2051 in the position of having to choose between no coverage or  
2052 substandard coverage like the short-term plans provide.

2053 Ms. Kuster. So it is your professional opinion that rather  
2054 than this list that we have gone through this morning of ways  
2055 that insurance companies are choosing to make higher profits --  
2056 and I believe you have testified the profits are as high as 50  
2057 percent of every premium dollar?

2058 Ms. Altman. Actually, even -- there are some even higher  
2059 than that. The two largest carriers with 80 percent of the market  
2060 do spend less than \$0.50 of every premium dollar on care. The  
2061 rest is some administrative cost and the rest profit.

2062 Ms. Kuster. Which is shocking to the American people.  
2063 Rather than all that premium dollar going into profit while  
2064 families are put at risk, you believe there is alternative that

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2065 this committee could consider to focus on reinsurance or risk  
2066 pools?

2067 Ms. Altman. I do, so that no one has to choose between their  
2068 health and their financial well being.

2069 Ms. Kuster. Thank you. My time is up but I very much  
2070 appreciate that.

2071 Ms. Altman. You are welcome.

2072 Ms. Kuster. I yield back.

2073 Ms. Castor. Thank you.

2074 Mr. Gianforte is recognized for five minutes.

2075 Mr. Gianforte. Thank you, Madam Chair, and I thank the  
2076 panelists for being here and your testimony.

2077 Hardworking Montanans regularly tell me how their health  
2078 care costs continue to rise and benefits shrink. I just had a  
2079 town hall this week and individuals in Missoula and Livingstone,  
2080 Montana, both raised this very issue. It is a real burden on  
2081 families in Montana.

2082 Obamacare has not provided an affordable option for many  
2083 Montanans. In the first year of Obamacare, more than 20,000  
2084 Montanans lost their coverage because of the law and in the first  
2085 three years under Obamacare Montanans' premiums have shot up 66  
2086 percent, and we had testimony you have had similar experience  
2087 in Pennsylvania.

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2088           Unfortunately, premiums continue to skyrocket for Montanans  
2089           and Americans across the country under the current scheme.  
2090           Thankfully, the Trump administration is empowering states to  
2091           address these rising health care costs by allowing states greater  
2092           flexibility with the strict federal mandates of Obamacare.

2093           The Department of Health and Human Services is effectively  
2094           allowing more Americans to get coverage that best suits their  
2095           needs. The administration has implemented rule changes that  
2096           expand state innovation waivers to improve access to short-term  
2097           limited duration insurance plans, eliminate the costly individual  
2098           mandate penalty, expand association health care plans. These  
2099           measures entrust consumers to pick the best health care for their  
2100           family.

2101           Let us be frank. Obamacare has robbed consumers of choice.  
2102           Obamacare asserted that a Washington bureaucrat knows an  
2103           individual's health care needs better than she does. The Trump  
2104           administration changes are empowering consumers so they can make  
2105           health care decisions that work best for themselves and their  
2106           families, providing waivers, empower states to promote innovation  
2107           that benefits patients and consumers.

2108           The state innovation waivers, originally born in the Obama  
2109           administration and expanded under President Trump, allow states  
2110           to be creative with health care solutions while saving money and

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2111 lowering premiums, which is the issue I hear over and over again  
2112 as I travel our state.

2113 Alaska has taken advantage of the waivers. We have talked  
2114 about this. They saw premiums drop in some plans by over 40  
2115 percent. We heard testimony today -- similar experience in  
2116 Maryland and other states.

2117 Unfortunately, for a second week in a row members of the  
2118 majority here have put on a political theater. They want the  
2119 American people to believe that there are lawmakers who oppose  
2120 protections for Americans with preexisting conditions.

2121 I don't know of any Democrats or Republicans on this  
2122 committee that are in favor of this, who want to strip protections  
2123 for Americans with preexisting conditions. We all agree on that.  
2124 There is broad bipartisan support here.

2125 I think we should work together to find permanent legislative  
2126 solutions that protects people with preexisting conditions.

2127 I also think we should work together to continue empowering  
2128 states to innovate and address health care affordability -- I  
2129 know that is the issue back in Montana -- and we should encourage  
2130 innovation and affordability, not terminate efforts to improve  
2131 health care and make it more affordable.

2132 Ms. Turner, these state innovation waivers that allow for  
2133 flexibility and creativity for the states who want to find cost

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2134 savings solutions, do you think that we would continue to see  
2135 this sort of cost savings and innovation if we move to a  
2136 single-payer government-run Medicare for all program?

2137 Ms. Turner. No, and I think what we would find is that the  
2138 American people would see -- they would not have any choice.  
2139 It would be the single-payer government program, whatever form  
2140 that takes.

2141 And what we are seeing is the states are so much better able  
2142 to be able to fine tune funding to the needs of their citizens.

2143 The American Health Care Act that this Congress passed in 2017  
2144 provided specific money to the states, \$123 billion, to be able  
2145 to help with those high-cost patients. So they had better  
2146 protection than being thrown into the same pool and often having  
2147 benefits denied.

2148 Mr. Gianforte. Yes. So what would the effect be of  
2149 stopping these -- the state relief and empowerment waivers on  
2150 individuals in the states where that ability to innovate was taken  
2151 away?

2152 Ms. Turner. The states would basically become  
2153 functionaries for the federal government. It would really  
2154 undermine our system of government, I think, in giving the federal  
2155 government so much control.

2156 One of the things that we have learned through these waivers

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2157 and through the 70 changes plus that have been made to the ACA  
2158 so far is that we need to have more flexibility and more state  
2159 control.

2160 Mr. Gianforte. Okay. Thank you, and I yield back.

2161 Ms. Castor. Thank you.

2162 Mr. Sarbanes, you are recognized for five minutes.

2163 Mr. Sarbanes. Thank you, Madam Chair. I thank the panel  
2164 for your testimony.

2165 Ms. Altman and Ms. Keith, maybe you could tell me -- the  
2166 short-term plans that we have been talking about, the people  
2167 offering those plans can and do deny people or reject people based  
2168 on a preexisting condition, do they not, in some instances?

2169 Ms. Keith. They do. That is correct.

2170 Mr. Sarbanes. Yes. So it is incompatible, it seems to me,  
2171 to claim as we are hearing from a lot of the members on the other  
2172 side that they absolutely want to protect people against  
2173 discrimination based on preexisting conditions, on the one hand,  
2174 but to defend the short -- these short-term limited duration plans  
2175 on the other hand because those plans actually put people in that  
2176 position of being able to be denied, based on that situation.

2177 Would you agree there is some incompatibility there?

2178 Ms. Keith. I think that is correct, and these short-term  
2179 plans exacerbate, I think, many of the out-of-pocket costs that

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2180 everyone in this hearing has said they are concerned about. So  
2181 folks who maybe are healthy enough to enroll in a short-term plan  
2182 but then become sick can face catastrophic costs that should  
2183 concern all of us.

2184 Mr. Sarbanes. It is this -- it is this distinction that  
2185 we were able to focus on when we put the ACA together originally  
2186 where people are seduced into thinking that they have got their  
2187 health situation covered and are doing that relatively  
2188 inexpensively, only to then find if they do get sick that they  
2189 are out of luck because the deductibles are incredibly high or  
2190 the benefits that they thought they would be entitled to are not  
2191 available to them. There were the caps that the insurance  
2192 industry would place on how much it would cover.

2193 So, in a sense, you are buying the health care equivalent  
2194 of a pig in a poke when you are buying these short-term limited  
2195 duration plans.

2196 Why, by expanding the duration of them up to a year, we  
2197 wouldn't view that as going back to the bad old days, which were  
2198 the -- which produced all these stories of heartache that  
2199 motivated us to try to make these changes, I can't -- I can't  
2200 understand for a moment why anyone would support that kind of  
2201 a policy shift.

2202 But I wanted to ask you a specific question, which is that

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2203 these short-term junk plans, as we are calling them over here  
2204 on this side, where they can reject a beneficiary based on HIV  
2205 status, based on weight, pregnancy, other kinds of things, could  
2206 somebody apply for one of those plans, check a box saying they  
2207 don't have a preexisting condition because they are not aware?

2208 And that was the other things we discovered when we were  
2209 -- when we were doing this. How many things qualify as  
2210 preexisting conditions that no one would ever imagine would  
2211 disqualify them from coverage?

2212 So somebody could get into a plan and then when they go to  
2213 get the benefits of it they would discover then that they are  
2214 not qualified for those based on this preexisting condition  
2215 disqualification.

2216 Could that happen? And so then you are trying to access  
2217 it and, boom, you can't access it and you are -- and not only  
2218 that, you are thrown off the plan at that point because they say  
2219 oh, you -- you know, you weren't qualified in the first place  
2220 after you have paid premiums for I don't know how many months  
2221 and I don't know whether you would get those back. But is that  
2222 a fair dilemma that people can find themselves in?

2223 Ms. Keith. That is absolutely correct. What you are  
2224 describing is something called post-claims underwriting that an  
2225 insurance company would use to go back and see if there is

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2226 something that the consumer did not disclose or something, in  
2227 their view, they omitted.

2228 What the insurance company would typically do is  
2229 retroactively cancel the policy altogether.

2230 Mr. Sarbanes. Yes. So basically these -- did you want to  
2231 comment?

2232 Ms. Altman. I am just going to add I think it is important  
2233 to note that we are not talking about cases where patients  
2234 intentionally did not disclose --

2235 Mr. Sarbanes. Right. Right.

2236 Ms. Altman. -- because fraud -- true fraud has always been  
2237 a reason. Cases where something was noted on a medical record  
2238 that they may not have remembered, potentially didn't even know  
2239 about because their doctor --

2240 Mr. Sarbanes. Right.

2241 Ms. Altman. -- wrote it in the notes without explaining  
2242 to them, or in the case that I listed in my testimony, they were  
2243 never diagnosed or sought care but were -- experienced symptoms  
2244 for which the insurer deems they should have sought care.

2245 Mr. Sarbanes. I mean, this is -- I have to yield back my  
2246 time, but just to say we are inviting people back into a world  
2247 with mirrors and trapdoors that was exactly the place we wanted  
2248 to get away from when we passed the ACA. So we got to really

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2249 push back against these junk plans.

2250 And with that, I yield back my time.

2251 Ms. Eshoo. [Presiding.] Thank you, Mr. Sarbanes.

2252 I now would like to recognize the gentleman from Georgia,  
2253 Mr. Carter.

2254 Mr. Carter. Thank you, Madam Chair, and thank all of you  
2255 for being here. Certainly an important -- an important area that  
2256 is affordable health care costs.

2257 You know, before I became a member of Congress I practiced  
2258 pharmacy for over 30 years. I started when I was two. But,  
2259 nevertheless, I -- you know, one of the things that I heard so  
2260 often was the cost of health care and particularly the cost of  
2261 insurance and that is something that I was committed to work on  
2262 and I am committed to work on and continue to work on as a member  
2263 of Congress.

2264 Ms. Turner, I read an article in Axios the other day that  
2265 said that 42 percent of people participating in the individual  
2266 marketplace weren't able to use their insurance because  
2267 out-of-pocket costs were so high or their deductible was so high.

2268 And it is my understanding that that is why we have the 1332  
2269 waivers is so that states can actually address this issue. I  
2270 believe in your -- in your testimony you gave examples of some  
2271 states where it has actually worked -- maybe Alaska, Oregon.

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2272 Can you repeat that for me, please?

2273 Ms. Turner. Yes, Congressman.

2274 The 1332 waivers really are designed to give states  
2275 flexibility to separately subsidize the people with predictably  
2276 high health care costs that are driving up the premiums for  
2277 everyone else.

2278 They are the ones who are causing premiums to go up as the  
2279 healthy people drop out. And a number of states have applied  
2280 for waivers to in different ways subsidize them.

2281 Alaska said, we will look at these 33 categories and if they  
2282 -- people qualify for those then they will -- they will be able  
2283 to get separate subsidies. Others have reinsurance, high risk  
2284 pools, invisible high risk pools.

2285 States are working to figure out how to do this with dramatic  
2286 results. We see, for example, in Alaska that premiums went down  
2287 by almost 20 percent. Enrollment went up by 7 percent. In  
2288 Minnesota, premiums went down again by almost 20 percent.  
2289 Enrollment went up by 13, 14 percent, and on and on where you  
2290 see --

2291 Mr. Carter. And that is the point I am trying to make.  
2292 I mean, obviously, this has helped. It has helped tremendously  
2293 and expanding it has helped. Yet, the impetus for the hearing  
2294 today is a set of bills that are actually going to constrict this

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2295 so we are not going to have the ability to expand on this like  
2296 -- and enjoy the benefits of it working like it has worked.

2297 I am really confused by that because this is our second  
2298 hearing in the -- in the committee that has the broadest  
2299 jurisdiction over health care costs of any other committee in  
2300 Congress and I am just trying to figure out where we are going.

2301 The first week we had a hearing on a lawsuit that has not  
2302 -- that is still in litigation. It has not been settled yet and  
2303 may not impact anyone.

2304 Here we are having a hearing this week on what is going on  
2305 and how we can actually constrict the affordability and make  
2306 health care costs even more expensive for people. And yet, when  
2307 I go -- when I am in my district people are talking about, what  
2308 about prescription drug pricing.

2309 We haven't even discussed prescription drug pricing yet.

2310 Yet, there are other committees in this House -- the Ways and  
2311 Means Committee yesterday had a hearing on prescription drug  
2312 pricing.

2313 The Oversight and Government Reform Committee has already  
2314 had a hearing on drug pricing and yet here we are in the most  
2315 broadest jurisdiction of health care and we haven't had a  
2316 prescription drug pricing hearing yet.

2317 Madam Chair, I certainly hope that we will get to that at

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2318 some point here because it is extremely important. The point  
2319 here is that people being able to buy health insurance doesn't  
2320 help anyone if they can't use it.

2321 You know, when I first went into business I read something  
2322 and it said when is a deal not a deal. It is not a deal when  
2323 you buy something you don't need or you can't use, and that is  
2324 what people were being forced to do -- buy insurance that they  
2325 can't afford to use. That is not helping them and that is what  
2326 we need to be addressing here and what I hope that we can address.

2327 Let me ask you, Ms. Turner -- when folks have a gap in coverage  
2328 and employment or people who retire and are not yet eligible for  
2329 Medicare, what are the options for them?

2330 Ms. Turner. Previously under the Obama administration they  
2331 had the option to buy a short-term plan. These have been around  
2332 for decades. But it had to -- it could only last for three months  
2333 and people generally if they are in gaps in coverage they need  
2334 coverage for longer than that. So this is what the Trump  
2335 administration did. They said that you can have the policy for  
2336 up to a year and it can be renewable for another two years.

2337 Mr. Carter. And in these plans there are options. So they  
2338 give these people who are in this gap, if you will, the ability  
2339 to actually fill in that gap and the ability to have coverage,  
2340 which we all want.

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2341 Ms. Turner, I really appreciate all of you being here and  
2342 appreciate this opportunity and Madam Chair, again, I look forward  
2343 to the hearings that we are going to have on prescription drug  
2344 pricing, and I yield back.

2345 Ms. Eshoo. I thank the gentleman. I look forward to them  
2346 as well.

2347 I now would like to recognize the gentlewoman from Illinois,  
2348 Ms. Kelly.

2349 Ms. Kelly. Thank you, Madam Chair, and thank you to all  
2350 the witnesses and I too want to salute Congressman -- yes.

2351 Thank you to the witnesses. Thank you, Madam Chair, and  
2352 I too want to salute Congressman John Dingell for all of his work  
2353 and he will be sorely missed.

2354 The Trump administration has recklessly expanded junk health  
2355 plans that do not offer comprehensive coverage. These junk plans  
2356 could unwittingly leave, as we have heard, families on the hook  
2357 for thousands of dollars of health care costs.

2358 According to an article in the New York Times, Kevin Conroy,  
2359 a patient from California, had a heart attack and underwent triple  
2360 bypass surgery two months after enrolling in a short-term junk  
2361 plan. His insurance company refused to pay for any of his  
2362 treatment, leaving him with a \$900,000 bill.

2363 In another case, United Health refused to cover a patient's

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2364 breast cancer treatment, leaving her with a \$400,000 bill. The  
2365 insurance company claimed that breast cancer was a preexisting  
2366 condition even though the patient was not diagnosed with cancer  
2367 until after she bought the junk plan.

2368 Ms. Altman, according to your testimony, I understand that  
2369 in your state several consumers have been stuck with large unpaid  
2370 medical bills because a short-term policy denied coverage even  
2371 after medical -- even for medical conditions arising after an  
2372 individual enrolled in a policy.

2373 These conditions should, theoretically, be covered since  
2374 they arose after individuals enrolled in the plan but often the  
2375 insurance company, as we have discussed that sell these junk  
2376 plans, refuse to pay out.

2377 You have explained about post-claims underwriting and also  
2378 we talked about how consumers need to be more educated. But I  
2379 want to know where does all the money go if these insurance  
2380 companies are not using premium dollars to pay for health care?

2381 Ms. Altman. Sure. So as we have talked a little bit about  
2382 Affordable Care Act plans are subject to a medical loss ratio  
2383 that ensures that they spend at least \$0.80 of every premium dollar  
2384 on care with the remainder going to administrative costs and  
2385 profit and if they don't meet that standard they are required  
2386 to refund dollars to their policy holders.

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2387           The short-term market, on the other hand, averages, based  
2388           on a study, \$0.64 on every dollar, the largest carriers average  
2389           less than \$0.50 a dollar spent on care, with one of those carrier  
2390           spending only \$0.34 on the dollar.

2391           So the remaining funds would go some to administrative costs  
2392           and the remainder to profit. I think all evidence points to these  
2393           being very profitable lines of business for the insurers that  
2394           sell them.

2395           Ms. Kelly. Thank you.

2396           And also I agree with my colleagues. I would -- I want us  
2397           to work together too and get something done for the American  
2398           people. But as I recall in the last years all I have been given  
2399           the opportunity to do is vote to repeal the Affordable Care Act  
2400           or tear up some part of it.

2401           And, Ms. Turner, I know you have been more negative about  
2402           the navigators but also besides the marketing the time period  
2403           was cut so short so people -- it was harder for people to register.

2404           And we talk about the economy is better so I would like to  
2405           think we went down some because people got jobs and so they did  
2406           have health insurance. So I just want to know from you do you  
2407           think the ACA has been helpful to anybody.

2408           Ms. Turner. Oh, absolutely, and actually California  
2409           extended its enrollment period to I think the middle of January

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2410 and they still were down 24 percent in new enrollment.

2411 So I think that the real issue is how do we make these plans  
2412 more attractive to people so that they can afford both the  
2413 premiums, especially if they are not in the subsidized market  
2414 as well as the deductibles are low enough that they feel they  
2415 could actually access the insurance and that is what I am hopeful  
2416 that states will take advantage of the 1332 flexibility in the  
2417 law to allow that.

2418 Ms. Kelly. Okay. Thank you for your answer.

2419 I just want us to also recognize that there were many, many  
2420 millions of people that had no insurance and just like people  
2421 can talk about the stories they are hearing there are many stories  
2422 that, even in my own family, how people that weren't insured have  
2423 insurance and they are very happy.

2424 Ms. Turner. And they are grateful, yes.

2425 Ms. Kelly. I yield back.

2426 Ms. Eshoo. I thank the gentlewoman from Illinois.

2427 And I now am pleased to recognize the gentleman from North  
2428 Carolina, Mr. Hudson.

2429 Mr. Hudson. Thank you, Chairman Eshoo, and this is my first  
2430 chance to publicly congratulate you on taking the gavel. I look  
2431 forward to finding common ground and working with you throughout  
2432 this Congress.

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2433           When I noticed today's hearing title, "Strengthen Our Health  
2434           Care System: Legislation to Reverse ACA Sabotage and Ensure  
2435           Preexisting Conditions Protections," one word really stood out  
2436           to me -- the word sabotage.

2437           I know my colleagues and I on this panel agree that we should  
2438           strengthen our health care system. I talk to constituents of  
2439           mine every time I am home who need better access to more affordable  
2440           care and I know my colleagues and I want to ensure protections  
2441           for preexisting conditions. That was universally accepted at  
2442           our hearing last week.

2443           But the word sabotage really stuck out at me.  
2444           Unfortunately, this conversation around health care has become  
2445           increasingly partisan. We saw this with the Affordable Care Act  
2446           and we saw it again with the American Health Care Act last  
2447           Congress.

2448           But this conversation should be bipartisan because health  
2449           care is an issue that affects every single American. From the  
2450           time we are born until the time we die there will never be a time  
2451           when the health care industry doesn't touch our lives.

2452           I was talking to a constituent last week who he and his wife  
2453           are in their 50s. He told me his wife couldn't afford to buy  
2454           health insurance on the exchanges. But because of the short-term  
2455           insurance plans now being offered she was finally able to purchase

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2456 insurance that they could afford.

2457 He noted that on a previous insurance if they paid all their  
2458 premiums and met their deductible they would have spent \$18,000  
2459 out of pocket before they accessed the first bit of health care.

2460 So that brings me to today and this word sabotage. I don't  
2461 think these short-term plans are a long-term solution for people  
2462 buying health insurance and the administration agrees with that,  
2463 which is why they are only available for up to three years.

2464 But they do help provide option for folks back home who feel  
2465 like they have no place else to go. I definitely don't see them  
2466 as sabotaging the ACA; more so as enhancing the intent, however  
2467 misguided the execution of the ACA, of providing more people with  
2468 health insurance.

2469 Ms. Turner, in your testimony you noted these plans were  
2470 helpful for early retirees like my constituent who needed to  
2471 bridge the gap after losing employer-sponsored health care. I  
2472 think that is definitely true with the folks I have talked to.

2473 But one criticism of the short-term plans I have heard today  
2474 has been that consumers may not be sufficiently educated on the  
2475 restrictions and limitations that come with these policies. They  
2476 may not understand the tradeoffs for lower premiums.

2477 In my conversation with my constituent he recognized his  
2478 wife did not have coverage for everything but that the plan covered

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2479 everything they needed.

2480 Ms. Turner, yes or no -- the final rule provides a disclosure  
2481 notice that must be prominently featured on the insurance  
2482 materials. Is that correct?

2483 Ms. Turner. Yes, sir.

2484 Mr. Hudson. It appears from my anecdotal experience that  
2485 those disclosure notices are working. Would you agree with that?

2486 Ms. Turner. Yes, sir.

2487 Mr. Hudson. I appreciate that. One other issue that has  
2488 been raised -- and if I could stick with the John Dingell yes  
2489 or no answers -- Ms. Keith, I believe New Jersey and California  
2490 have limited or banned the sale of short-term limited duration  
2491 insurance plans. Is that correct? Yes or no.

2492 Ms. Keith. That is correct, yes.

2493 Mr. Hudson. And Commissioner Altman, do other states have  
2494 the authority under the Trump administration's action to limit  
2495 or ban short-term limited duration plans if they choose?

2496 Ms. Altman. Yes.

2497 Mr. Hudson. So if that is true then, that if any state  
2498 doesn't like the new arrangements they are free to pass their  
2499 own laws limiting or banning short-term limited duration  
2500 insurance plans.

2501 I think that is just important to note for the record that,

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2502 you know, states have the option here and states are looking for  
2503 solutions for their constituents, a lot of them in the cases like  
2504 the one I described of my constituent who are just trying to bridge  
2505 a gap who are trying to find a way to afford insurance for their  
2506 families.

2507 So I think it is important to note that we are not forcing  
2508 anyone into this. We are giving flexibility to the states and  
2509 I would love to see us do an extended hearing, Madam Chair, where  
2510 we bring in some folks from the states to talk about are these  
2511 plans really working.

2512 We hear a lot of discussion from the other side about this  
2513 could do that, it could be that. But let us look at what the  
2514 facts are and what is really happening on the states. I think  
2515 that would be really important.

2516 So with that, I will yield back.

2517 Ms. Eshoo. I thank the gentleman.

2518 I now would like to recognize the gentlewoman from Delaware,  
2519 Ms. Blunt Rochester, a new member of the committee. We are  
2520 thrilled that you are here. You are recognized for five big  
2521 minutes.

2522 Ms. Blunt Rochester. Thank you, Madam Chairwoman, and also  
2523 thank you to the -- to the witnesses today. I also would like  
2524 to send my condolences to the Dingell family on the passing of

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2525 such a legend as John Dingell.

2526 In 2017 in January, the Trump administration halted all ACA  
2527 marketplace outreach for the final week of the 2017 open  
2528 enrollment and then slashed ACA enrollment funding for  
2529 advertising and outreach by a staggering 90 percent -- 90 percent.

2530 Delaware's marketplace, forced to do more with hundreds of  
2531 thousands of dollars less in funding, saw a decrease in enrollment  
2532 every year since then, down 20 percent since the state's peak  
2533 enrollment in 2016.

2534 The administration's repeal efforts and damage to the  
2535 Affordable Care Act have resulted in new enrollments going down  
2536 and costs going up for the over 22,000 Delawareans and 8.5 million  
2537 Americans receiving their health insurance through the individual  
2538 marketplace.

2539 These Delawareans are now paying more than \$100 in premium  
2540 costs over what they paid before over the national average and  
2541 I really -- I heard my colleague, Mr. Hudson's, point about the  
2542 word sabotage and as I was sitting here thinking of what I would  
2543 even say, you know, the saying if it walks like a duck and quacks  
2544 like a duck it must be a duck came into my head.

2545 And it came into my head because when you shorten the amount  
2546 of time that people have to apply and then you couple that with  
2547 slashing information and outreach to people, it appears and it

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2548 feels like sabotage and I am really proud to have been able to  
2549 introduce the More Health Education Act to restore funding for  
2550 educational outreach.

2551 All of the bills that we are discussing here today will help  
2552 Americans enroll in quality comprehensive plans in the  
2553 marketplace and they will ultimately lower costs. But, more  
2554 importantly, the goal is to make Americans healthier.

2555 And so my first question is, number one, I just want to  
2556 clarify, Ms. Turner, that this particular bill was for marketing  
2557 and outreach and not the navigators. But you will probably see  
2558 more coming forward.

2559 But I wanted to ask Ms. Keith to clarify something that was  
2560 stated, that marketing doesn't work. Can you just talk about  
2561 does marketing work? People say we already know about the ACA  
2562 -- why do we need to have marketing.

2563 Can you share a little bit about that?

2564 Ms. Keith. Thank you for that question. It is very  
2565 important.

2566 Multiple studies including studies conducted by CMS itself  
2567 have shown the value of advertising and marketing outreach under  
2568 the ACA in particular. One of the changes by making such dramatic  
2569 cuts to the advertising budget is that beginning in 2018 CMS ran  
2570 no TV advertisements, even though that was one of the most cost

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2571 efficient ways of reaching people and had a measurable impact  
2572 on people enrolling.

2573 I think Ms. Turner has cited California having lower new  
2574 enrollees this year. I think it is worth noting that California  
2575 has had the same enrollment overall and I think part of that is  
2576 that new enrollees -- California had strong enrollment of new  
2577 enrollees in previous years and I think the state would point  
2578 to things like loss of the individual mandate as reasons why  
2579 perhaps new enrollment is lower. But I did want to clarify that,  
2580 that enrollment in California is stable.

2581 Ms. Blunt Rochester. Got you. Great. And also, I wanted  
2582 to follow up with that. Why do you think we still need outreach  
2583 and marketing?

2584 Ms. Keith. Awareness remains low. Documented studies have  
2585 shown this. Even as of November of last year there were about  
2586 69 percent of uninsured consumers and consumers who had purchased  
2587 individual coverage who did not know the deadline was December  
2588 15th or had the date wrong. Sixty-nine percent of folks who we  
2589 are trying to reach for this type of coverage who would be eligible  
2590 are not aware of their options and outreach and marketing plays  
2591 a key role in that.

2592 I would just emphasize that we are seeing very aggressive  
2593 marketing of the short-term plans as well and so as we have seen

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2594 cuts to ACA outreach and marketing it is being filled. This void  
2595 is being filled by these short-term plans and it is very confusing  
2596 for many consumers.

2597 Ms. Blunt Rochester. And Commissioner Altman, can you talk  
2598 about the state of Pennsylvania and what impact these kinds of  
2599 cuts have had?

2600 Ms. Altman. Sure. So Pennsylvania, under a prior  
2601 administration, chose to use the federal exchange. So we rely  
2602 on CMS and the federal government to operate our exchange, and  
2603 marketing and outreach are supposed to be a core element of that.

2604 And so in my perspective, when the federal government ceased  
2605 doing that and ceased trying to reach out to Pennsylvanians, they  
2606 weren't meeting those obligations. But they still needed to be  
2607 met because people are not aware -- the number of consumers I  
2608 talk to who don't know basic information.

2609 We have tried to fill that gap with our own campaign but  
2610 our resources are certainly limited.

2611 Ms. Blunt Rochester. Great. Thank you so much for your  
2612 questions.

2613 I would yield back my time in a minute just to say that even  
2614 as a member of Congress we were limited in what we could say.

2615 So I applaud the work of the committee and I yield back the balance  
2616 of my time.

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2617 Ms. Eshoo. I thank the gentlewoman, and we are thrilled  
2618 that you are part of the committee.

2619 It is a real pleasure to recognize the gentlewoman from  
2620 Indiana, a wonderful colleague and a good friend, value added  
2621 no matter where she is in the Congress -- Mrs. Brooks.

2622 Mrs. Brooks. Thank you, Madam Chairwoman, and I just want  
2623 to also have the opportunity -- this is my first opportunity to  
2624 publicly congratulate you on leading this important committee  
2625 and I look forward to continuing our work that we have done in  
2626 the past, particularly on Pandemic All-Hazard Preparedness Act  
2627 and many other areas, and look forward to your work and working  
2628 with you on this most important subcommittee.

2629 I want to focus a little bit on the marketing because my  
2630 colleague talked about marketing and, Ms. Turner, marketing and  
2631 outreach is an incredibly important aspect of any product. I  
2632 assume you would agree with that.

2633 However, the more products and the more choices there are,  
2634 marketing -- there have to have products that people want to  
2635 consume and/or want to -- and/or understand what it is they are  
2636 consuming.

2637 And, like so many others, I have many Hoosiers who have shared  
2638 with me that the high cost of the premiums and the high deductibles  
2639 are what so many -- you know, their barriers have been to

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2640 purchasing a lot of the products.

2641 So can you help us understand why having more choices,  
2642 however, it needs to be informed choices, and I agree that there  
2643 is a concern whether it is with different types of products people  
2644 have to understand what they are buying and that is, I think,  
2645 what the biggest problem is with these short-term products is  
2646 they don't quite understand what is covered and what is not  
2647 covered.

2648 Can you please talk with us about why having more choices  
2649 is better for health care overall for consumers regardless of  
2650 their health status?

2651 Ms. Turner. It does give them options. It gives them  
2652 options of networks, doctors, the hospitals that are available  
2653 to them and, unfortunately, and I think about half of counties  
2654 people in ACA coverage have a choice of one plan. It is take  
2655 it or leave it, so there is really no choice there at all.

2656 And people who can't afford that coverage are now being given  
2657 other options through short-term plans and other administrative  
2658 ideas.

2659 Mrs. Brooks. Can you share with us a little bit about how  
2660 the federal government might be able to increase enrollment?  
2661 Are there other ideas that any of you might have as to how the  
2662 federal government might be able to increase enrollment in health

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2663 insurance aside from spending money on marketing and navigators?

2664 Ms. Turner. If the policies were more affordable, if there  
2665 were more competition in the market so that the one provider  
2666 doesn't have the opportunity to buy up all the doctors and  
2667 hospitals and charge higher premiums, giving people more  
2668 competition in these markets so looking at the anti-competitive  
2669 monopolies that some of these hospitals and systems have is  
2670 important, but also providing more options through Section 1332  
2671 for states to tailor their risk models so that the highest risk  
2672 people are not in the same pool with everybody else and driving  
2673 up premiums, driving the healthy people out. I think this has  
2674 got to be a state-based solution and the 1332 that was a part  
2675 of the original ACA was envisioned to give states that  
2676 flexibility.

2677 Mrs. Brooks. Talking a bit more about that, how have Section  
2678 1332 waivers -- have they increased access to care in the states  
2679 that have approved waivers and can you give any examples --

2680 Ms. Turner. Absolutely.

2681 Mrs. Brooks. -- of access to care?

2682 Ms. Turner. Access to care and which is, of course, in many  
2683 people's case it is access to coverage to help finance that care.

2684 But in Arkansas, Minnesota, Oregon, Maryland, Maine, New Jersey,  
2685 Wisconsin, those are many of the states that already have

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2686 requested waivers to spend some part of the ACA money themselves  
2687 in a way that does a better job of risk mitigation -- high-risk  
2688 pools, reinsurance, invisible high risk pools -- to give -- to  
2689 separately subsidize the people who have the highest costs so  
2690 that you can then lower premiums for others in the individual  
2691 market and attract more people, which then further lowers  
2692 premiums.

2693           Everybody wants more healthy people in these insurance  
2694 pools. The ACA is working against that. Section 1332 gives  
2695 states tools to be able to get more healthy people into their  
2696 markets.

2697           Mrs. Brooks. Thank you. I yield back the balance of my  
2698 time.

2699           Ms. Eshoo. I thank the gentlewoman.

2700           And it is a pleasure to recognize from California another  
2701 new member of our subcommittee and she is so welcome, the  
2702 gentlewoman, Ms. Barragan.

2703           Ms. Barragan. Thank you, Madam Chairwoman.

2704           I want to thank you all for joining us here today. We have  
2705 heard a lot about these junk plans in my first term as a first  
2706 -- as a new member of Congress. It feels like we just had all  
2707 kinds of conversations about health care and it was centered  
2708 around repealing the Affordable Care Act, which would limit access

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2709 to health care to people.

2710 So it is nice to be able to have this conversation and  
2711 actually have a debate on what some of what has been happening  
2712 over the last two years is doing to pricing and as a result of  
2713 some of the policies that have been implemented for the last two  
2714 years.

2715 I myself am a co-sponsor of what we are talking about today  
2716 -- to eliminate these junk plans -- and I want to talk a little  
2717 bit about that. One of my colleagues on the other side said let  
2718 us talk about the facts -- let us talk about what is happening.

2719 You know, we received the story of Sam Bloshall from Chicago  
2720 and I want to share his story because I think it is important  
2721 to highlight what is happening and what people are going through.

2722 Now, Sam's story was brought to us by the Leukemia and  
2723 Lymphoma Foundation. Sam unknowingly enrolled in a junk plan  
2724 after he was deceptively steered into it by a broker.

2725 Now, Sam had been experiencing back pain and he was  
2726 completely transparent about this when he talked to the broker  
2727 about his condition. Sam writes in a letter to the committee  
2728 that he thought it would be smart to talk to a broker about  
2729 upgrading his coverage so he could have better health care access  
2730 for any future medical care.

2731 Now, the broker assured Sam that the junk plan was the right

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2732 insurance plan for him, given his back pain. After enrolling  
2733 in the junk plan Sam was diagnosed with an aggressive form of  
2734 blood cancer -- non-Hodgkin's lymphoma.

2735 After undergoing six months of chemotherapy and radiation,  
2736 his insurance company informed him that they were not going to  
2737 pay for the treatment, leaving him with \$800,000 in medical bills.

2738 The insurance company also refused to pay for a bone marrow  
2739 transplant, treatment necessary to allow Sam to achieve lasting  
2740 remission. Now, Sam writes in his letter that the insurance  
2741 company claimed that cancer was a preexisting condition because  
2742 he had previously visited a chiropractor for his back pain.

2743 Sam was left with almost a million dollars in medical bills  
2744 and no insurance -- and no health insurance for the treatment  
2745 that he needed in order to stay alive.

2746 Now, while fighting cancer Sam is also trying to figure out  
2747 how to avoid bankruptcy. Sam is only 32 years old and a business  
2748 owner. He writes that instead of planning for his future with  
2749 his fiance and building his business, he is left up at night  
2750 wondering how to stay afloat.

2751 So I want to start by entering Sam's letter to the committee  
2752 into the record now. And I also -- Madam Chairwoman, can I enter  
2753 that into -- thank you very much.

2754 [The information follows:]

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2755

\*\*\*\*\* COMMITTEE INSERT 5 \*\*\*\*\*

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2756 Ms. Barragan. Ms. Keith, can you discuss how insurance  
2757 companies are able to essentially defraud patients like Sam?

2758 Ms. Keith. Certainly. So it sounds like Sam was a victim  
2759 of something called post-claims underwriting, which is something  
2760 we have been discussing where his back pain, which he disclosed,  
2761 was used as a reason to deny coverage for his cancer treatment  
2762 and care, leaving him on the hook for all these bills.

2763 I think other ways that short-term plans have exposed  
2764 consumers to high out-of-pocket costs like this is through their  
2765 refusal to cover preexisting conditions, the benefit gaps.

2766 But even when you think you fully understand the product  
2767 and you disclose your back pain and you think you know what you  
2768 are getting, to be surprised that your cancer treatment wouldn't  
2769 be covered I think is something that is very troubling for patients  
2770 and consumers -- the stories that we are hearing all across the  
2771 country.

2772 Ms. Barragan. Right.

2773 Commissioner Altman, could you describe the impact of the  
2774 Trump administration's decision to expand the junk plans on  
2775 patients who may be in a similar situation to Sam?

2776 Ms. Altman. Yes, and thank you for sharing that story.  
2777 I think that story is so indicative of many of the pieces we have  
2778 talked about today, from limited benefits to deceptive marketing

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2779 practices which are, for the record, illegal, to post-claims  
2780 underwriting and, frankly, also to the fact that something like  
2781 this can happen to anyone and that is why every person needs  
2782 comprehensive health insurance to cover things like unexpected  
2783 cancer diagnoses, and the story is also one that demonstrates  
2784 the short-term plans are not that.

2785 Ms. Barragan. Well, thank you. I know. Sam writes that  
2786 somebody shouldn't have to worry about filing for bankruptcy or  
2787 getting stuck with \$800,000 in medical bills. I agree. I think  
2788 that is why we are having the hearing today. I also think that  
2789 is why having legislation to protect individuals like Sam and  
2790 reverse the administration's attacks on Americans with  
2791 preexisting conditions is important.

2792 And with that, I yield back.

2793 Ms. Eshoo. I thank the gentlewoman.

2794 I am now pleased to recognize the ranking member of the  
2795 subcommittee, Dr. Burgess, for five minutes.

2796 Mr. Burgess. Thank you for the recognition. Thanks to our  
2797 witnesses for being here. I know it has been a long morning and  
2798 now afternoon, but I appreciate your input into this important  
2799 subject.

2800 Ms. Turner, let me ask you -- probably two years ago, I guess  
2801 in March of 2017, the Health Affairs published the article on

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2802 the invisible high-risk pools that the state of Maine had used  
2803 to rescue its insurance industry after their attempt at community  
2804 rating guaranteed issue got them into so much difficulty in the  
2805 individual market. The invisible risk pool was a -- was a way  
2806 to sort of reconstitute that market. Would you qualify those  
2807 as junk plans?

2808 Ms. Turner. I think that the risk pools actually provide  
2809 the social safety net so that if somebody does wind up in a  
2810 situation like Janet that I describe in Colorado who had insurance  
2811 but when she was diagnosed with hepatitis C the high-risk pool  
2812 in the state was there to provide her care and, ultimately, pay  
2813 for her \$600,000 liver transplant. So there are other options  
2814 available than the ACA and we have seen those in the past, and  
2815 Maine is another example.

2816 Mr. Burgess. Great. Thank you.

2817 Madam Chairwoman, just before we finish up I am going to  
2818 have another -- a couple of unanimous consent requests so that  
2819 I don't get gaveled out. I just would like to make that  
2820 information available to you.

2821 Now, Ms. Turner, staying with you, one of the issues I brought  
2822 up in my opening statement was the issue of global budgeting.

2823 Can you speak to the -- how a global budget system would impact  
2824 patients and the health care system at large?

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2825 Ms. Turner. Whoever controls the money is going to control  
2826 the choices, and whoever is controlling that global budget,  
2827 whether it is a regional health administrator, whether it is a  
2828 federal bureaucracy, whether it is a hospital system, is going  
2829 to control the choices for that patient and they are going to  
2830 allocate the money in a way that I am sure they will believe is  
2831 going to be the fairest way possible but it always winds up they  
2832 wind up with shortages, they wind up with waiting lines.

2833 We have seen in California -- I am sorry, in Canada -- that  
2834 hospitals have to close in December because they have run out  
2835 of money. So I think that it significantly diminishes individual  
2836 patient choice and it often leads to rationing of care.

2837 Mr. Burgess. While we are on the subject of Canada, it is  
2838 my understanding that Canada is opposed to the system in the United  
2839 States where if a bill is submitted by CMS it is paid. In Canada,  
2840 there is a fixed budget and once that budget is exhausted the  
2841 bills are held until the next year. So a fundamental difference  
2842 in the approach.

2843 One of the things that has concerned me for some is that  
2844 you do see that there is an effort to create a single-payer  
2845 government-run system and you see this not just in the United  
2846 States.

2847 I mean, this has been something that has been ubiquitous

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2848 across the world. Why is that? Why does a country want to  
2849 control something that inherently should be an individual issue?

2850 Ms. Turner. Now, I have thought about this for many years  
2851 and I do believe that there is a sense of fairness -- that if  
2852 everybody is in the same system that everybody will be treated  
2853 the same.

2854 But that is not the way that it works in any country that  
2855 has some form of a government-centralized health care system.

2856 People -- the affluent people always find a way to buy out of  
2857 it and people who have fewer means always wind up with their care  
2858 rationed and limited.

2859 Mr. Burgess. So does it concern you the -- some of the  
2860 statements we have heard about pushing to that type of system,  
2861 particularly those that say we are going to void any private  
2862 insurance? The large group market would disappear of necessity  
2863 under a single-payer system in this country.

2864 Ms. Turner. With 173 million people in the employer health  
2865 insurance market that value their coverage, I think that would  
2866 be very problematic. When you have 60 million people on Medicaid  
2867 that value that coverage and that would see it compromised if  
2868 we had another 200 and what would be 70 million people on that  
2869 program.

2870 So I think that there -- the system as it is is -- has evolved

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2871 over decades and I think it is important to build on that system  
2872 and figure out how do we help these 15 million people who are  
2873 in the individual market who are the most exposed to the high  
2874 premiums and the high cost, the high deductibles, and the  
2875 possibility of losing their coverage.

2876 Mr. Burgess. I do know when I ran my medical practice,  
2877 obviously, I was in the small group market when I bought insurance  
2878 for my employees. I would have welcomed the ability to go into  
2879 an association health plan.

2880 If county medical societies across the country had put  
2881 together a group health insurance model that would have been  
2882 welcome news for me and those patients would have been protected  
2883 from preexisting conditions, unlike others in the individual  
2884 market.

2885 So thank you so much for your time today and I will yield  
2886 back.

2887 Ms. Eshoo. Thank you, Dr. Burgess.

2888 Let us see. It is now my pleasure to recognize the gentleman  
2889 from California, Mr. Cardenas.

2890 Mr. Cardenas. Thank you very much, Madam Chair and Ranking  
2891 Member, for putting this very important hearing together in full  
2892 view of the public and I want to thank the witnesses for being  
2893 here as well -- the ones I agree with and the ones I disagree

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2894 with. Thank you so much for providing your perspective.

2895 Since the passage of the Affordable Care Act in 2010, more  
2896 than 20 million Americans have gained meaningful access to  
2897 insurance coverage. Before Donald Trump became president, the  
2898 uninsured in this country fell from 18 percent to 11 percent,  
2899 the biggest jump in any period of time in the country's history.

2900 Yet, basically, since day one the Trump administration has  
2901 actively undermined the law and attacked Americans' health care.

2902 The administration cut the advertising and enrollment budget  
2903 from \$100 million to \$10 million. This has had a very real  
2904 consequence and I have heard stories from my own district where  
2905 constituents mistakenly believed that the health care exchanges  
2906 ended with the presidency of President Obama.

2907 The administration's sabotage efforts have resulted in the  
2908 highest uninsured rate in four years. According to a Kaiser  
2909 Family Foundation study, over 80 percent of uninsured adults were  
2910 not aware of the deadline to enroll in coverage in 2017. Again,  
2911 it was this Trump administration that reduced the enrollment  
2912 administration's advertising budget from \$100 million to \$10  
2913 million.

2914 Another survey by the Commonwealth Fund that said that 41  
2915 percent of uninsured adults are still unaware of the ACA  
2916 marketplaces or that subsidies are available to help them pay

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2917 for coverage.

2918 The Trump administration is strangling health care for  
2919 millions of people and undermining the law of the land.

2920 Ms. Keith, I understand that uninsured Americans are less  
2921 likely to be aware of the deadlines or availability of affordable  
2922 coverage. Is that a correct statement of today?

2923 Ms. Keith. That is correct, yes.

2924 Mr. Cardenas. Okay.

2925 Also, Ms. Keith, can you briefly describe how gutting funding  
2926 for outreach and enrollment impacts new enrollments?

2927 Ms. Keith. Certainly. New enrollees tend to be younger  
2928 and healthier. As you can imagine, patients who are older and  
2929 have health conditions are very motivated to enroll in coverage.

2930

2931 It is really younger and healthier consumers who aren't aware  
2932 and need to better understand the marketplace options available  
2933 to them. What we have seen is since 2016 new enrollment through  
2934 healthcare.gov is down by about 50 percent.

2935 We need younger and healthier consumers to help keep the  
2936 risk pools stable and help keep premiums down. I believe I  
2937 mentioned earlier Covered California attributes its marketing  
2938 in 2015 and 2016 to a reduction in 6 to 8 percent in premiums.

2939 So advertising can pay off in terms of sort of bringing in younger

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2940 and healthier people who need coverage for themselves but also  
2941 help the risk pool.

2942 Mr. Cardenas. Now, Ms. Keith, can you describe how what  
2943 you just described -- younger healthier patients not enrolling  
2944 -- how that affects other Americans' ability to get comprehensive  
2945 health care?

2946 Ms. Keith. Sure. By not having younger and healthier folks  
2947 in or having fewer and fewer new enrollees there is a possibility  
2948 that premiums will increase.

2949 Mr. Cardenas. Okay.

2950 Ms. Altman, what is the level of awareness among consumers  
2951 in Pennsylvania, for example, about the ACA and their health care  
2952 options in the ACA marketplaces?

2953 Ms. Altman. I would say that my experience with -- in  
2954 speaking to Pennsylvanians is very reflective of the study that  
2955 Ms. Keith mentioned. In particular, there seems to be a  
2956 significant lack of awareness about the financial support  
2957 available under the Affordable Care Act.

2958 Many consumers come to enrollment events and think there  
2959 is no way they will be able to afford the coverage only to find  
2960 out that it is all more affordable than they ever thought it could  
2961 be.

2962 Mr. Cardenas. Thank you. And also, Ms. Turner, you

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2963 mentioned something that, as a former business owner, on the face  
2964 of it I would probably agree with but I don't agree with in this  
2965 case about how we are trying to provide comprehensive health care  
2966 to as many Americans as possible, and I quote, "individual patient  
2967 choice."

2968           When I was a little boy, my parents had an individual patient  
2969 choice and they chose to go without insurance coverage because  
2970 it was too far out of reach for my family's single income  
2971 first-grade-education immigrant father who was a gardener.

2972           He couldn't be a CEO, couldn't -- didn't aspire to be or  
2973 what have you. But he provided food on the table for 13 people  
2974 every single day and I am so proud of him and my mother for doing  
2975 what they could with what little they had.

2976           Also, my parents' individual choice was to not participate  
2977 in preventative medicine practices like going to see a doctor  
2978 because even that was too expensive for us to do as a low income  
2979 family.

2980           My parents' individual patient choice was to look at us and  
2981 pray for us when we got a bad fever or something and then now  
2982 and again, once in a while, say, it is time to go -- time to  
2983 take us to the emergency room.

2984           Not to our regular care doctor, not to a place where we could  
2985 actually be preventative in these measures, but the dangerous

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2986 choice of waiting to the last minute to decide, I think my child  
2987 is in vague -- very serious danger. Now it is time to go to  
2988 see a doctor. That is individual choice that the Affordable Care  
2989 Act, as flawed as it is, has been trying to overcome and it was  
2990 able to overcome that for tens of millions of people that before  
2991 were like my family when I was growing up.

2992 Thank you very much, Madam Chair. I yield back.

2993 Ms. Eshoo. I thank the gentleman. You just saw and heard  
2994 passion on display.

2995 Now, we have two members that have been waiting very, very  
2996 patiently. They are members of the full committee. Ms.  
2997 Schakowsky is also a chair of the subcommittee and the rules of  
2998 the committee allow for members that are not part of this  
2999 subcommittee to come and to participate but they have to come  
3000 last.

3001 So thank you to the gentlewoman from Illinois and for her  
3002 great service on this subcommittee in previous Congresses. I  
3003 recognize her for five minutes of questioning.

3004 Ms. Schakowsky. I thank you, Chairman Eshoo, for allowing  
3005 me to waive onto the subcommittee, a subcommittee I served on  
3006 for 16 years and I am happy to be here today.

3007 I just wanted to point out that the state of Illinois passed  
3008 legislation preventing these short-term -- we call them junk

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3009 plans because there was a robust debate about those.

3010 And while we saw 7 percent lower enrollment I think it could  
3011 have been even higher had -- that we could have done better  
3012 had the -- I call it -- I do call it sabotage of limiting  
3013 the navigators.

3014 Ms. Turner said that only 1 percent of the navigators had  
3015 anything to do with it. Has the public program that was  
3016 essentially defunded been helpful and would we have had more  
3017 enrollment had we had the dollars to advertise the programs?

3018 Both of you, actually.

3019 Ms. Keith. Absolutely, and I think when we talk about  
3020 navigators who we are really talking about is community-based  
3021 organizations, United Ways, legal aid societies, American Cancer  
3022 Society, organizations like that who are sort of bedrock  
3023 institutions in the community.

3024 Although some of that data I think has been disputed on  
3025 navigators, I will say under the statute navigator enrollment  
3026 is only one of the five things that navigators are supposed to  
3027 work on. Their real goal is to help folks with limited English  
3028 proficiency, lower income folks.

3029 They have a lot of other things they are doing that aren't  
3030 just enrollment. So I think having those navigators there is  
3031 really helping families with complex conditions, families who

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3032 need a little bit of extra help to get enrolled.

3033           And then to your question, I tend to agree -- if we had  
3034 outreach and marketing funding you would -- the marketplaces  
3035 sort of remain stable even with these cuts but at least one study  
3036 has showed that we should have 2.3 million more new enrollees  
3037 at a minimum. So the marketplace should be much bigger than it  
3038 is.

3039           Ms. Altman. Just speaking for Pennsylvania, I can say that  
3040 the navigator organizations in Pennsylvania are incredibly  
3041 committed and incredibly effective in reaching people and helping  
3042 the most challenged individuals through their healthcare  
3043 questions and issues and enrolling people both in the marketplace  
3044 and in Medicaid as well, particularly with the expansion, and  
3045 especially in reaching groups of people who are not going to be  
3046 reached otherwise -- those who have specific health care needs.

3047

3048           One of our navigator organizations focuses on individuals  
3049 with mental health conditions, focusing on groups for whom English  
3050 is not their primary language. We have other navigator  
3051 organizations focused on certain communities in that category.  
3052           And so they do fill a very unique void.

3053           Ms. Schakowsky. Let me interrupt. I have little time left.  
3054 I wanted to refer to a bill, H.R. 1143, that Representative Eshoo

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3055 sponsors. But I wonder if either of you are knowledgeable about  
3056 the Georgetown University Health Policy Institute findings about  
3057 really what has happened when brokers are telling people about  
3058 these plans and how they concluded that insurance brokers selling  
3059 these plans engaged in deceptive marketing practices.

3060 Ms. Keith. Thank you for that question. This was a study  
3061 done by my colleagues on the really aggressive marketing and  
3062 outreach we've seen in short-term plans. By and large, there  
3063 is a lot of ads funded going towards marketing of these short-term  
3064 plans.

3065 Brokers -- we found instances where brokers were very  
3066 aggressive by phone -- you have a lot of robocalls -- brokers  
3067 who would refuse -- really wanted someone to purchase while  
3068 they were on the phone and refused to provide written information  
3069 at all. You are seeing plan -- or website -- web brokers  
3070 saying that they sell ACA plans and short-term plans but then  
3071 only allowing enrolment in short-term plans. I worry --

3072 Ms. Schakowsky. And did some of those people think they  
3073 were getting a comprehensive ACA plan?

3074 Ms. Keith. I am sure that is true. It is very confusing.

3075 The other thing I was going to add is that we have seen  
3076 steering. So even when patients might be eligible for subsidies  
3077 or consumers might be eligible for subsidies through the

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3078 marketplace, being directed to a short-term plan when they might  
3079 qualify for a much cheaper, more comprehensive policy.

3080 Ms. Altman. I will just add very quickly that my department  
3081 has had to revoke the insurance licenses of a number of agents  
3082 and brokers who have done exactly what you said and lied to  
3083 consumers and told them these plans are things that they are not  
3084 and it is falling to states to do what we can to be vigilant in  
3085 a very active marketplace with a lot of marketing that is very  
3086 questionable.

3087 Ms. Schakowsky. Let me just say choice is as good thing.  
3088 It needs to be informed choice. People really need to know what  
3089 is going on and these plans -- I am happy that they were outlawed  
3090 in the state of Illinois.

3091 I yield back. Thank you very much for letting me be here.

3092 Ms. Eshoo. Thank you for your patience and your attendance.

3093 I now would like to recognize another member of the full  
3094 committee -- not of the subcommittee but always welcome here  
3095 and a new member to the full committee, the gentleman from Florida,  
3096 Mr. Soto. You are recognized for five minutes.

3097 We are going to vote pretty soon, too.

3098 Mr. Soto. Thank you. Yes, I will be efficient. Thank you,  
3099 Chairwoman Eshoo.

3100 So sabotage of the ACA -- allow me to count the ways.

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3101 Let me just go through the top five as I see it: first, eliminating  
3102 cost-sharing subsidies that raised rate; second, cutting  
3103 enrollment period in half; third, cutting marketing dollars in  
3104 half or more; fourth, eliminating high-risk corridors, hurting  
3105 competition; and fifth, eliminating individual mandates.

3106 One that we still need to talk about is there was an attempt  
3107 to eliminate preexisting conditions in the Trumpcare bill that  
3108 did not pass, thank God, but if we didn't stop them we would have  
3109 saw even that sabotaged.

3110 I think all parties can agree this was a big issue in the  
3111 last election and that Americans want us to get to work on  
3112 bipartisan solutions on it. I come from the state of Florida,  
3113 home to the largest federal exchange in the nation -- 1.7  
3114 million Floridians are on the ACA exchanges, up 50,000 from last  
3115 year.

3116 So, first, I would like to get a potential consensus here  
3117 from the witnesses. Yes or no -- did eliminating the  
3118 cost-sharing by the Trump administration and the last Congress  
3119 raise rates altogether?

3120 Yes or no, and we'll start with Ms. Keith.

3121 Ms. Keith. Yes, it did.

3122 Mr. Soto. Ms. Altman?

3123 Ms. Altman. Absolutely.

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3124 Mr. Soto. Ms. Turner?

3125 Ms. Turner. It was not -- funding was not included in  
3126 the original law and this Congress was trying to provide the  
3127 funding in context of larger reforms.

3128 Mr. Soto. So I will take that as a no. Okay.

3129 And then for my second and final question, why would a state  
3130 like Florida still have an increase in ACA enrollment even with  
3131 these five clear sabotages of the ACA opinions?

3132 We will start with Ms. Keith.

3133 Ms. Keith. One response is that there is still continued  
3134 demand for the type of coverage that the ACA provides for  
3135 comprehensive affordable quality coverage. At the same time,  
3136 you still have subsidies available for most folks who enroll  
3137 through the marketplace and that has been, I think, the enduring  
3138 stability of these programs.

3139 Mr. Soto. Ms. Altman?

3140 Ms. Altman. Just reiterating, I think that demonstrates  
3141 the value proposition that the comprehensive coverage along with  
3142 the financial assistance available on the marketplace provides  
3143 to millions of Americans.

3144 Mr. Soto. And Ms. Turner?

3145 Ms. Turner. Maybe sort of ending on a bipartisan note, there  
3146 is such broad agreement that we need to help people to purchase

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3147 coverage who are shut out of the market for whatever reason and  
3148 make it more affordable. I hope to work with you in doing that.

3149 Mr. Soto. Just to conclude, you know, Florida is a giant  
3150 state, third largest in the union, and a lot of our constituents  
3151 don't have access to the foundational plans of this nation --  
3152 employer-based plans -- that so many Americans are on,  
3153 particularly because they may work in the service industry or  
3154 the agriculture industry, which is why the ACA continues, despite  
3155 all the sabotages, to be a smashing success in my state because  
3156 this is really the only option people have.

3157 So from Florida's perspective, we cannot let this fail and  
3158 despite attempts to make it fail it has still thrived for us to  
3159 still be the largest federal exchange in the nation.

3160 So I look forward to hearing from all of you on that in the  
3161 future and work with the committee and thank Chair Eshoo for the  
3162 opportunity.

3163 And with that, I yield back.

3164 Ms. Eshoo. You are always welcome here. I would -- I  
3165 think that this is -- we have concluded the questioning of both  
3166 the guests of the subcommittee and all the members.

3167 I want to thank the witnesses again. I think that each one  
3168 of you did an outstanding job. I don't necessarily agree with  
3169 you, Ms. Turner, but you worked hard to answer the questions and

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3170 I certainly appreciate that.

3171 Ms. Turner. Thank you, Chairman.

3172 Ms. Eshoo. I also want to thank the authors of the --  
3173 of the legislation. They are not here now but I think to say  
3174 this for the record that they have worked hard on these bills  
3175 and I want to thank Congresswoman Castor, Kuster, and Blunt  
3176 Rochester.

3177 And I also would like to ask for unanimous consent to place  
3178 into the record the following: the letter of endorsement from  
3179 the AARP for all of the bills that were discussed today, a letter  
3180 of endorsement from the American Academy of Physicians, the  
3181 testimony for the record from Sam Bloshall, a letter of  
3182 endorsement from the Federation of American Hospitals -- that  
3183 is an endorsement of the legislation that was discussed today  
3184 -- the same from the American Medical Association on the four  
3185 bills, the letter from the American Lung Association in support  
3186 of H.R. 987, letter from the American Lung Association in support  
3187 of H.R. 1010, statement from the American Lung Association in  
3188 support of legislation repealing 1332, statement from the  
3189 American Heart Association in support of H.R. 1010, statement  
3190 from the American Heart Association in support of H.R. 986,  
3191 statement for the record from the Association for Community  
3192 Affiliated Plans, a statement for the record from the America's

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3193 Health Insurance Plans, a letter from 23 health partners and  
3194 patient advocacy groups to the Trump administration expressing  
3195 strong concerns with the Section 1332 waiver guidance, a letter  
3196 from 23 -- I am almost done -- 23 health partners and patient  
3197 advocacy groups to the Trump administration expressing strong  
3198 concerns with the short-term limited duration insurance final  
3199 rule, a letter from the American Hospital Association and a  
3200 statement of support from Families USA.

3201 Without -- not hearing any opposition, these will be --  
3202 these items will be placed in the record.

3203 [The information follows:]

3204 \*\*\*\*\* COMMITTEE INSERT 6 \*\*\*\*\*



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3205 Ms. Eshoo. And I would like to recognize Dr. Burgess for  
3206 his request for items to be placed in the record.

3207 Mr. Burgess. So, Madam Chair, I have a unanimous consent  
3208 request to place into the record a statement for the record  
3209 submitted by the Coalition to Protect and Promote Association  
3210 Health Plans.

3211 I also would like to submit for the record an article from  
3212 the Washington Post, the Health 202 Association Health Plans  
3213 expanded under President Trump -- looks promising so far --  
3214 and I appreciate your offer to have a hearing on association  
3215 health plans.

3216 We have heard some discussion about lifetime limits and I  
3217 would point out that even under Medicare there are sometimes what  
3218 are called therapy caps. Therapy caps were repealed for physical  
3219 therapy and occupational therapy last year in the bipartisan  
3220 Budget Act of 2018.

3221 But I would just like to submit for the record the members  
3222 of the committee who voted against that and therefore voted  
3223 against repeal of therapy caps in the bipartisan Budget Act, and  
3224 I thank you for the consideration.

3225 [The information follows:]

3226 \*\*\*\*\* COMMITTEE INSERT 7 \*\*\*\*\*

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3227 I will yield back.

3228 Ms. Eshoo. I thank the gentleman.

3229 We don't often enough say thank you to the staff to the  
3230 committee, and so on behalf of all of the members of the  
3231 subcommittee I want to thank both the majority staff and the  
3232 minority staff for the work that they do to help prepare us, to  
3233 bring the witnesses forward, to draw up some of the talking points  
3234 and the answers to questions that may be asked, and it is sincere  
3235 thanks from all of the members of the subcommittee.

3236 So with that, I think we will make it over to the floor and  
3237 maybe even be there, Dr. Burgess, before the bells ring.

3238 Thank you again to the witnesses, the time that you have  
3239 given to us, and, you know, your commitment to these issues by  
3240 dedicating your lives to them. It is in no small measure, I think,  
3241 a gift to the country.

3242 Mr. Burgess. So do we have five legislative days to submit  
3243 questions for the record?

3244 Ms. Eshoo. We do, and we have 10 business days to submit  
3245 additional questions for the record to be answered by the  
3246 witnesses who have appeared and, of course, we trust and I ask  
3247 that the witnesses respond promptly to any questions that you  
3248 may receive and we have already placed what we wish to place in  
3249 the -- into the record.

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3250           So at this time, the subcommittee is adjourned.

3251           [Whereupon, at 1:28 p.m., the committee was adjourned.]