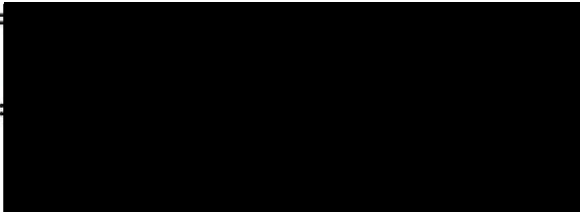


Committee on Energy and Commerce
U.S. House of Representatives
Witness Disclosure Requirement - "Truth in Testimony"
Required by House Rule XI, Clause 2(g)(5)

1. Your Name: <i>Richard T. Benson, MD/PhD</i>		
2. Your Title: <i>Assoc. Med. Director MedStar WDC / AHA Volunteer</i>		
3. The Entity(ies) You are Representing: <i>MWNC / AHA</i>		
4. Are you testifying on behalf of the Federal, or a State or local government entity?	Yes	No <i>X</i>
5. Please list any Federal grants or contracts, or contracts or payments originating with a foreign government, that you or the entity(ies) you represent have received on or after January 1, 2013. Only grants, contracts, or payments related to the subject matter of the hearing must be listed. <i>N/A</i>		
6. Please attach your curriculum vitae to your completed disclosure form.		

Signature: 

Date: *10-21-15*

CURRICULUM VITAE

PERSONAL INFORMATION:

RICHARD THOMAS BENSON, MD/PhD

Home:



Work:

Medstar Washington Hospital Center
Stroke Center
110 Irving Street, NW
EB-6126
Washington, DC 20010
(202) 877-3154

LICENSURE:

New York
Maryland
District of Columbia
Virginia

CERTIFICATIONS:

Diplomate of the American Board of Psychiatry and Neurology,
May 2002
Diplomate of the American Board of Psychiatry and Neurology,
re-certified May 2012

EDUCATION:

College/university

Fisk University, Nashville, TN
(BS) Chemistry, 1986

Meharry Medical College, Nashville, TN
(MD/PHD)Physiology, 1994
(The Relationship Between Excessive S-Adenosyl Methionine
(SAM) Dependent Methylation and Parkinson's Disease).

Columbia University
Mailman School of Public Health, New York, NY
(MS) Epidemiology, 2001

Traineeship:

July 1994 – June 1995
St. Elizabeth's Medical Center, Boston, MA
Internal Medicine Internship

July 1995 – June 1998
Harvard Longwood Neurology, Boston, MA
Neurology Residency
Dr. Martin Samuels

July 1998 – June 2000
Columbia-Presbyterian Medical Center,

New York, NY
Stroke Fellowship
Dr. Ralph Sacco

Professional Experience:

July 2000 – November 2002
Long Island Jewish Medical Center,
New Hyde Park, New York
Attending Neurologist

December 2002 – September 2004
St. Luke's-Roosevelt Hospital Center
New York, NY
Attending Neurologist

April 2005 – March 2008
Washington Hospital Center
Washington, DC
Stroke Neurologist

April 2005 – March 2008
Suburban Hospital
Bethesda, MD
Stroke Neurologist

April 2005 – March 2008
National Institutes of Health
Clinical Center
Bethesda, MD
Stroke Neurologist

October 2004 – March 2008
National Institutes of Health
National Institute of Neurological Disorders and Stroke, Office of
Minority Health and Research
Program Director

March 2008 – April 2010
Alexandria Fairfax Neurology, PC

June 2008 – Present
Virginia Commonwealth University, INOVA campus
Assistant Professor

June 2008 – April 2010
Inova Alexandria Hospital
Alexandria, VA

June 2008 – Present
Inova Fairfax Hospital
Fairfax, VA

April 2010 – Present

**NIH Stroke Program @
Medstar Washington Hospital Center**
Associate Director of Stroke
Washington, DC

April 2013 – Present
Georgetown University Medical Center
Washington, DC

May 2013 – Present
Associate Professor of Clinical Neurology
Georgetown University Medical Center

Honors and Awards:

1984-86 Minority Access to Research Careers (MARC) Program,
NIH Sponsored Training Grant
Fisk University, Nashville, TN.

1986 Cum Laude graduate, Fisk University, Nashville, TN.

1986 National Institute of Allergies and Infectious
Diseases (NIAID) Biomedical Science Summer Program.
Bethesda, MD.

1987-89 Medical Scholars Program. Meharry Medical College,
Nashville, TN.

1989-90 Minority Biomedical Research support (MBRS)
program NIH Sponsored Research Grant. Meharry Medical
College. Nashville, TN.

1991-94 Minority Access to Research Careers (MARC)
Predoctoral Fellowship. NIH Sponsored Training Grant. Meharry
Medical College. Nashville, TN.

1994 Hoescht Marion Roussel Scholars of the American
Academy of Neurology

1999-00 Columbia Center for the Active Life of Minority
Elders (CALME), Columbia University Institutional Grant
Columbia-Presbyterian Medical Center, New York, New York

2009 VCU-Inova Campus Neurology Teacher of the year award

2012 MedStar Washington Hospital Center Nurses' Choice
Physician Collaboration award
Critical Care/Neuro Services

2012 Congressional Black Caucus 42nd Annual Legislative
Conference Health and Wellness
Key note speaker. Washington, DC

2012 Meharry Medical College, Dr. Harold D. West,
Distinguished Biomedical Scientist Alumni Award.
Nashville, TN

PROFESSIONAL SOCIETIES:

American Heart and Stroke Association (AHSA)
National Medical Association (NMA)
American Medical Association (AMA)
Alpha Omega Alpha Honor Society (AOA)
American Academy of Neurology (AAN)
International Society for Hypertension in Blacks (ISHIB)

PUBLIC SERVICE:

2000-04 Biomedical Research Alliance of New York (BRANY)
IRB Member
New York, NY

2000-04 Director of Stroke Community Outreach Program,
St. Luke's/Roosevelt Hospital Center, New York,
New York
"Emergency Medicine" Oral abstract session moderator.
International Stroke Conference Annual Meeting,
Los Angeles, CA
February 9 – 11, 2011.

INVITED LECTURES:

Medstar Washington Hospital Center, Pfizer Education
Symposium speaker: "Stroke Overview". Washington, DC
November 6, 2013.

Washington, DC Veterans Affairs Hospital, Department of
Neurology Grand Round speaker: "Stroke Overview".
Washington, DC October 30, 2013.

DELMARVA Foundation DC Invited speaker: "Living Life Golden
in the District: Get to Goal Washington, DC (GWR). Washington,
DC June 12, 2013.

Game Changers: Social Workers Leading the Future: "Health
Disparities". Washington, DC, February 28, 2013.

Medstar Washington Hospital Center, Department of Medicine
Grand Round Speaker: "Overview of Stroke". Washington, DC
August 23, 2013.

Georgetown University School of Medicine, Combined
Emergency Medicine-Internal Medicine Grand Round speaker:
"Stroke and Stroke Mimics". Washington, DC, October 13, 2006

Morehouse College, invited speaker: "Biomedical Research: An
Interface between Medicine and Research". Atlanta, Georgia,
October 18, 2006.

22nd Annual International Interdisciplinary Conferene on
Hypertension and Related Risk Factors in Ethnic Minority
Populations: "Primary and Seconday Stroke Prevention".
Orlando, FL, June 21 – 24, 2007.

2007 Annual Convention & Scientific Assembly of the National
Medical Association: "Understanding and Eliminating Disparities
in Stroke: Fact or Fiction". Honolulu, HI, August 4 – 9, 2007.

2008 Fisk University Biomedical Science Symposium:
"Eliminating Disparities in Stroke". Nashville, TN April 3, 2008.

2008 Inova Fairfax Hospital Internal Medicine Grand Rounds:
"Acute Stroke Management". Fairfax, VA. July 2008.

2009 Inova Fairfax Hospital Internal Medicine Grand Rounds:
"Neurological Emergencies". Fairfax, VA. July 2009.

2010 Annual convention of the International Society for
Hypertension in Blacks "ISHIB". "Secondary Stroke Prevention
Strategies". Washington, DC. July 2010.

UNIVERSITY SERVICES:

2000-04 Biomedical Research Alliance of New York (BRANY)
IRB Member
New York, NY

2000-04 Director of Stroke Community Outreach Program,
St. Luke's/Roosevelt Hospital Center,
New York, New York

2003-04 Interim-Director of Stroke Center, St. Luke's/Roosevelt
Hospital Center,
New York, New York

2008-2010 VCU-Inova campus Neurology Medical Student
Clerkship Director

TEACHING ACTIVITIES:

NIH Stroke Program @ MWHC
Attending Physician with NIH Stroke Fellows
March 2010 - Present

George Washington University School of Public Health
Course: "Community Based Participatory Research"
Guest lecturer
November 22, 2011

George Washington University School of Public Health
Course: "Community Based Participator Research"
Guest lecturer
November 13, 2012

Georgetown University School of Medicine
Preceptor: "Ambulatory Care" Course
January 2013 - Present

National Capital Consortium (Walter Reed)
Neurology Residency Program
Medstar Washington Hospital Center Rotation
Program Director
July 2013 - Present

SCHOLARSHIP AND RESEARCH:

A: Research Grants:

Merck Grant for Community Health Fair
Columbia-Presbyterian Medical Center
New York, NY
Health Fair Organizer
May 1999
Percent effort: 10%
\$20,000.00

Star Foundation Research Grant for Community Outreach and
Education in New York City
St. Luke's Roosevelt Hospitals
New York, NY
Program Director
December 2002 – September 2004
Percent effort: 30%
\$1 Million

NIH/National Institute of Neurological Disorders and Stroke
Office of Minority Health and Research
Bethesda, MD
Program Director
October 2004 – March 2008
Scientific, Administrative, and Financial Management of several
multi-million dollar extra-mural grants and cooperative
agreements related to health disparities research, stroke, and
research related to minority health.
Percent effort: 70%
\$\$ Million

American Heart Association
Greater Washington Region
Heart 360 Get-To-Goal Project Director
October 2012 – present
Percent effort: 510%
\$20,000.00

District of Columbia Dept of Health
Cardiovascular Health Program
Diabetes Prevention and Control Program
Percent Salary Support: 0%
\$15,000.00
Ongoing project

Protect DC Population
Blinded Investigator
NIH funded
Ongoing project

NIH Intramural Stroke Contract
@ Medstar Washington Hospital Center
Investigator
Ongoing project

B. Publications:

Editorial Reviews:

1. Hillen T et al. Underuse of Secondary Stroke Prevention in An Inner City Population, Stroke May 2000. Summary by **RT Benson** in Journal Watch Neurology May 2000.
2. Elkind MS et al. White Blood Cell Count, Carotid Plaque Thickness, and Race-Ethnicity, Stroke April 2001. Summary by **RT Benson** in Journal Watch Neurology August 2001.
3. Horner RD et al. Effects of Race and Poverty on Stroke Rehabilitation Outcome, Stroke April 2003. Summary by **RT Benson** in Journal Watch Neurology June 2003.
4. McGruder HF et al. Race/Ethnicity Is an Independent Risk Factor for Stroke, Stroke July 2004. Summary by **RT Benson** in Journal Watch Neurology October 2004.
5. Centers for Disease Control and Prevention. Racial/Ethnic and Socioeconomic Disparities in Multiple Risk Factors for Heart Disease and Stroke – United States, 2003. MMWR February 2005. Summary by **RT Benson** in Journal Watch Neurology June 2005.

Published Abstracts:

1. Hamilton, J., **Benson, RT.**, Mwiwa, S., and Evans, P.S.: The Effects of Sorbitol on the Pharmacological Action of Barbiturates in Mice. MBRS convention, New Orleans, LA, 1986.
2. Charlton,CG., Crowell, B., and **Benson, RT.**: Motor Neurons for Accessory Respiratory Muscles: Comparison with Phrenic and Non-Respiratory Neurons. 18th Annual Meeting Society for Neuroscience, Toronto, Ontario, CAN, Nov. 13-18, 1988.
3. Crowell, B., **Benson, RT.**, and Charlton, C.G.: The Role of S-Adenosyl Methionine in Chronic L-Dopa Administration. 19th Annual Meeting Society for Neuroscience, Phoenix, AZ, Oct. 29 - Nov. 3, 1989.
4. Charlton, C.G., Crowell, B. and **Benson, RT.**: The Relationship Between Excess S-Adenosyl Methionine (SAM) Dependent Methylation and Parkinson's Disease (PD). 20th Annual Meeting Society for Neuroscience, St. Louis, MO, Oct. 28 - Nov. 2, 1990.
5. **Benson, RT.**, Clark, J., and Charlton, C.G.: Excessive Methylation and Parkinson's Disease: L-Dopa Effects. 20th Annual Meeting Society for Neuroscience, St. Louis, MO, Oct. 28 - Nov. 2, 1990.
6. **Benson, RT.**, Doonquah, K, Hill, B., and Charlton, C.G.: The Induction of Methionine Adenosyl Transferase (MAT) and Catechol-O-Methyl Transferase (COMT) by L-Dopa: Dependence on Frequency and Duration. 21st Annual Meeting Society for Neuroscience, New Orleans, LA, Nov. 10 - 15, 1991.
7. **Benson, RT.** and Charlton, C.G.: L-Dopa Effects on MAT and COMT: Relevance to PD Therapy. 22nd Annual Meeting Society for Neuroscience, Anaheim, CA, Oct. 25 - 30, 1992.
8. Charlton, C, **Benson, RT.**, and Crowell, B, Jr.:S-Adenosyl-L-methionine (SAM)-Dependent Dopamine (DA) Metabolites in Parkinson's Disease (PD)-Like Abnormal Movements. 23rd Annual Meeting Society for Neuroscience, Washington, D.C., November 7 - 12, 1993.

9. Jacobs, BS, Sacco, RL, Liu, RC, Boden-Albala, B, **Benson, RT**, and Pablos-Mendez, A.: Lower dietary intake of vitamin B6 is associated with an increased risk of ischemic stroke. American Heart Association Annual Meeting, Nashville, TN, February 4 - 6, 1999.
10. ***Benson, RT**, Jacobs, B, Boden-Albala, B, Liu, RC, Borawski, JB, Rosengart, AJ, and Sacco, RL. Vitamin E intake: A primary preventive Measure in Stroke. 51st Annual Meeting of the American Academy of Neurology, Toronto, Ontario, CAN, April 18 - 23, 1999.
- 11.***Benson RT**, Zarnegar R, Contractor Z, Libman RB, and Kanner R. The Prevalence and Significance of Post Stroke Pain. American Academy of Neurology, Dever, Colorado. April 13 – 20, 2002.
12. Labovitz, DL, Benjamin, K, Bhatti, MI, Nasrallah, EJ, and **Benson RT**. Predictors of Hospital Arrival within 3 hours of Stroke Onset. International Stroke Conference 2006 Annual Meeting, Kissimmee, Florida, February 16 – 18, 2006.
13. Heavy Alcohol Consumption: A Novel Predictor of Symptomatic Intracerebral Hemorrhage After IV t-PA? **Benson, R**, Hsia A, Pehlivanova M, Merino J, Latour L, Luby M, Song S, Lynch J, Ritter C, Katcheves A, Warach S. International Stroke Conference 2011 Annual Meeting, Los Angeles, CA, February 9 – 11, 2011.
14. Evaluation of Patients Treated with IV t-PA at Regional Stroke Centers vs. Community Hospitals: Is there Opportunity for a Wide Stroke Population to be Treated? Hsia A, **Benson R**, Pehlivanova M, Merino J, Latour L, Luby M, Lynch J, Ritter C, Katcheves A, Warach S. International Stroke Conference 2011 Annual Meeting, Los Angeles, CA, February 9 – 11, 2011.

Papers

1. Identification of Motor Neurons for Accessory Muscles of Inspiration and Expiration, Pectoralis, Trapezius and External Oblique: Comparison with Non-Respiratory Skeletal Muscle. Clivel G. Charlton, Bernard Crowell, Jr., and **Richard T. Benson**. Synapse 2:219-224 (1988).
- 2.*S-Adenosyl-L-methionine Decreases Motor Activity in the Rat: Similarity to Parkinson's Disease-like Symptoms. Bernard Crowell, Jr., **Richard Benson**, Dolores Shockley, and Clivel G. Charlton. Behavioral and Neural Biology 59:186-193 (1993).
- 3.*The effects of L-Dopa on the Activity of Methionine Adenosyl Transferase: Relevance to L-Dopa Therapy and Tolerance. **R. Benson**, B. Crowell, B. Hill, K. Doonquah and C.G. Charlton. Journal of Neurochemical Research 18:325-330(1993).
4. Late Intra-Arterial Thrombolysis. C. Stapf, R. Marshall, J. Mohr, H. Duong, J. Brunson, **R. Benson** and H. Mast. Eur J Med Res 5:1-4 (2000).
5. The protective effects of High Density Lipoprotein Cholesterol in Ischemic Strokes: The Northern Manhattan Stroke Study. Sacco, RL. **Benson, RT**. Kargman, D. et al. JAMA, 285:21:2729-2735 (2001).
6. Deconstructing Health Disparities: It's not just about Race. **Benson, R** and Freeman. Neurology 79(2):117-8 (2012).
7. Merino JG, Luby M, **Benson RT**, Davis LA, et al. (2013) Predictors of Acute Stroke Mimics in 8187 Patients Referred to a Stroke Service. J Stroke Cerebrovasc Dis. 22:8:e397-e403 (November 2013).

Books

1. ***Benson, RT.** Sacco, RL.: Stroke Prevention: Hypertension, Diabetes, Tobacco, and Lipids. In Neuro Clinics. Morgens, L ed. 19:309-319 (2000).