- 1 {York Stenographic Services, Inc.}
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- 4 EXAMINING H.R. 1786, THE JAMES ZADROGA 9/11 HEALTH AND
- 5 COMPENSATION REAUTHORIZATION ACT
- 6 THURSDAY, JUNE 11, 2015
- 7 House of Representatives,
- 8 Subcommittee on Health
- 9 Committee on Energy and Commerce
- 10 Washington, D.C.

- 11 The subcommittee met, pursuant to call, at 10:17 a.m.,
- 12 in Room 2123 of the Rayburn House Office Building, Hon.
- 13 Joseph R. Pitts [Chairman of the Subcommittee] presiding.
- Members present: Representatives Pitts, Guthrie,
- 15 Whitfield, Shimkus, Burgess, Lance, Griffith, Bilirakis,
- 16 Long, Ellmers, Bucshon, Brooks, Collins, Upton (ex officio),
- 17 Green, Engel, Schakowsky, Castor, Sarbanes, Schrader,
- 18 Kennedy, Cardenas, and Pallone (ex officio).

- 19 Also present: Representatives King, Maloney, Nadler,
- 20 Donovan, and Clarke.
- 21 Staff present: Clay Alspach, Chief Counsel, Health;
- 22 Gary Andres, Staff Director; Leighton Brown, Press Assistant;
- 23 Karen Christian, General Counsel; Noelle Clemente, Press
- 24 Secretary; Paul Edattel, Professional Staff Member, Health;
- 25 Carly McWilliams, Professional Staff Member, Health; Katie
- 26 Noraria, Professional Staff Member, Health; Tim Pataki,
- 27 Professional Staff Member; Graham Pittman, Legislative Clerk;
- 28 Adrianna Simonelli, Legislative Associate, Health; Heidi
- 29 Stirrup, Health Policy Coordinator; Greg Watson, Staff
- 30 Assistant; Christine Brennan, Democratic Press Secretary;
- 31 Jeff Carroll, Democratic Staff Director; Waverly Gordon,
- 32 Democratic Professional Staff Member; Tiffany Guarascio,
- 33 Democratic Deputy Staff Director and Chief Health Advisor;
- 34 Ashley Jones, Democratic Director of Communications, Member
- 35 Services and Outreach; Tim Robinson, Democratic Chief
- 36 Counsel; and Samantha Satchell, Democratic Policy Analyst.

- Mr. {Pitts.} Ladies and gentlemen, if you will, if you
- 38 will take your seats, we will begin. I would like to ask all
- 39 of our guests today to please take their seats. The
- 40 subcommittee will come to order. The chair will recognize
- 41 himself for an opening statement.
- 42 Today's Health Subcommittee hearing will examine the
- 43 World Trade Center (WTC) Health Program that was created in
- 44 the James Zadroga 9/11 Health and Compensation Act enacted in
- 45 2011. The Act allocated \$4.2 billion to create the Health
- 46 Program, which provides monitoring, testing, and treatment
- 47 for people who worked in response and recovery operations, as
- 48 well as for other survivors of the 9/11 attacks. The
- 49 authorization of the Health Program ends on September 30,
- 50 2015. Another part of the law, the September 11th Victim
- 51 Compensation Fund, is under the jurisdiction of the Judiciary
- 52 Committee. It will continue to accept applications until
- 53 October 3, 2016, over a year after the Health Program
- 54 authorization ends.
- 55 The WTC Health Program funds networks of specialized
- 56 medical programs, and these programs are designed to monitor
- 57 and treat those with 9/11-related conditions. For
- 58 responders, The World Trade Center Medical Monitoring and
- 59 Treatment Program; for survivors, the NYC Health and

60 Hospitals Corporation WTC Environmental Health Center; for

- 61 NYFD personnel, the Fire Department of New York Responder
- 62 Health Program; the National Program, the WTC Health Program
- 63 has a nationwide network of clinics with providers across the
- 64 country for responders and survivors who live outside the New
- 65 York City metropolitan area. These programs provide free
- 66 medical services by health care professionals who specialize
- 67 in 9/11-related conditions.
- Our colleagues, Representatives Carolyn Maloney, Peter
- 69 King, and Jerrold Nadler, have jointly introduced
- 70 legislation, H.R. 1786, the James Zadroga 9/11 Health and
- 71 Compensation Reauthorization Act, which reauthorizes the Act.
- 72 This legislation has begun an important conversation that
- 73 will lead to a timely and fully offset reauthorization of the
- 74 Health Program.
- 75 Today's hearing will allow us to learn more about how
- 76 the program is working and whether changes are needed. We
- 77 will hear from the Director of the National Institute for
- 78 Occupational Safety and Health, who is responsible for
- 79 administering the program, as well as from the medical
- 80 director of the Robert Wood Johnson Medical School, and 2
- 81 first responders who are enrolled in the World Trade Center
- 82 Health Program.
- 83 [The prepared statement of Mr. Pitts follows:]

84 \*\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*

- 87 Mr. {Pitts.} I look forward to the testimony today.
- 88 And I would like to yield the balance of my time to the
- 89 gentleman from New Jersey, Representative Lance.
- 90 Mr. {Lance.} Thank you, Mr. Chairman. It is my honor
- 91 to welcome David Howley, a constituent of mine in New
- 92 Jersey's seventh congressional district, to the committee
- 93 this morning.
- David, thank you for making the trip from New Jersey to
- 95 share your story, and advocate for those who cannot be with
- 96 us today. We look forward to your testimony.
- 97 I first met David several months ago when he came into
- 98 my office in Westfield, New Jersey, to discuss the bill
- 99 before us today. And this Reauthorization Act is, I think,
- 100 critically important. David has been a tremendous advocate
- 101 for the legislation because, as he will detail in his
- 102 testimony, he knows firsthand the importance of these
- 103 programs for him and his fellow first responders and
- 104 survivors.
- 105 David joined the New York Police Department in 1985, and
- 106 served in various departments over his 21-year tenure. He is
- 107 a third generation law enforcement official; following the
- 108 tradition of his father and grandfather. He was serving in
- 109 the NYPD Operations Division on September 11, 2001, and spent

- 110 the next several months in the dust and rubble of Ground
- 111 Zero.
- I am proud to have David here with us today, and I am
- 113 proud to be a cosponsor of this critical legislation.
- It is my hope, Mr. Chairman, that we can work in a
- 115 bipartisan fashion to move this legislation forward quickly,
- 116 and I look forward to voting for it not only here and in full
- 117 committee, but on the Floor of the House of Representatives.
- Mr. Chairman, I yield back the balance of my time.
- [The prepared statement of Mr. Lance follows:]
- 120 \*\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*\*

- Mr. {Pitts.} The chair thanks the gentleman. And I
- 122 also would note that some of our colleagues from the New York
- 123 delegation who are not on the committee, but very concerned
- 124 of this issue and sponsors of the legislation, have requested
- 125 to sit on the dais, and we welcome them this morning.
- 126 At this point, the chair recognizes the ranking member
- of the subcommittee, Mr. Green, 5 minutes for an opening
- 128 statement.
- 129 Mr. {Green.} Thank you, Mr. Chairman, for holding the
- 130 hearing on this important program. I thank the witnesses
- 131 today, and for the first responders in the audience who--for
- 132 their bravery and service both on and after the tragic day of
- 133 9/11. Thank you for coming today to share your personal
- 134 experiences. The committee--and shed light on the
- 135 significance of the World Trade Center Health Programs.
- No one here can forget the horrific attacks perpetrated
- 137 upon our country at the World Trade Center in New York, the
- 138 Pentagon, and Washington, and at the field in Shanksville,
- 139 Pennsylvania. During and after the attacks, tens of
- 140 thousands of first responders, including police,
- 141 firefighters, emergency medical workers, jumped into action
- 142 to assist in rescue, recovery, and cleanup. As a result of
- 143 their service, these responders were exposed to dust, smoke,

- 144 toxins, such as pulverized concrete, fibrosis, glass,
- 145 particulate matter, and asbestos. This exposure caused many
- 146 of them to develop a spectrum of debilitating diseases,
- 147 including respiratory disorders like asthma, skin, prostate,
- 148 and lymphedema cancers. A GAO report on the 9/11 Health
- 149 Program suggested that firefighters who responded to the
- 150 attack ``experienced a decline in lung function equivalent to
- that of which produced by 12 years of aging.''
- In addition to the physical ailments these heroes now
- 153 have, many have suffered post-traumatic stress syndrome,
- 154 PTSD, depression, anxiety stemming from psychological trauma
- 155 they experienced in the aftermath of the attack.
- 156 Nearly 1 decade after the September 11 terrorist
- 157 attacks, the James Zadroga 911/ Health and Compensation Act
- 158 was signed into law in 2010. The Zadroga Act created the
- 159 World Trade Center Health Program within the Department of
- 160 Health and Human Services. The program provided evaluation,
- 161 monitoring, and medical necessary physical and mental health
- 162 treatments to first responders and certified eligible
- 163 survivors of the World Trade Center-related illnesses. It
- 164 has also established a network of clinical Centers of
- 165 Excellence and data centers. For these responders and
- 166 survivors who reside outside the New York area, the Act
- 167 created a national network of health providers who provide

- 168 the same types of services for World Trade Center-related
- 169 illnesses. While cancer was not originally listed among the
- 170 statutory WTC-related health conditions, 60 types of cancer
- 171 were added in 2012, after a petition by Members of Congress.
- 172 As of May the 5th of this year, 37,000 members of the health
- 173 program had cancer.
- 174 The Act also established the Victims Compensation Fund
- 175 that provides compensation for harm suffered as a result of
- 176 debris removal. Without action by Congress, funding for the
- 177 current Health Program will terminate on September of 2016.
- 178 The James Zadroga 9/11 Health and Compensation
- 179 Reauthorization will reauthorize the critical World Trade
- 180 Center Health Program and the Victims Compensation Fund.
- 181 As requires under the current program, New York City
- 182 will continue to pay 10 percent of the total cost. It is
- 183 important to note that WTC Health Program serves our heroes
- 184 nationwide, and extends far beyond the New York area. Both
- 185 these and currently enrolled and future enrollees live in all
- 186 areas of the country. In fact, as of August 2014, 429 of the
- 187 435 congressional districts were home to at least 1 9/11
- 188 responder or survivor.
- We must not abandon those who bravely sacrificed their
- 190 own wellbeing on behalf of the country in the wake of
- 191 terrible attacks. If--we have a duty to serve our first

- 192 responders and survivors and heroes with complex healthcare
- 193 from 9/11. It is critically important that we support the
- 194 James Zadroga 9/11 Health Compensation Reauthorization Act.
- 195 I would like to thank the first responders for their
- 196 gallant and selfless service on and after 9/11. I would also
- 197 like to thank the doctors and administrators of the program
- 198 for their efforts to treat the complex illnesses afflicted on
- 199 our first responders, and continued research on the impact of
- 200 exposure to toxins and psychological trauma.
- 201 Mr. Chairman, I--if someone on our side of the aisle
- 202 would like a minute, I would be glad to yield to them. I
- 203 would like to yield to my college from New York.
- 204 [The prepared statement of Mr. Green follows:]

205 \*\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*\*

- 206 Ms. {Clarke.} I thank the ranking member of the
- 207 subcommittee, as well as the chairman. And welcome our
- 208 witnesses here today.
- While not a member of this subcommittee, I am a member
- 210 of the full Committee on Energy and Commerce. I am
- 211 Congresswoman Clarke of New York. And I wanted to thank
- 212 Chairman Pitts and Ranking Member Green for holding this
- 213 hearing, and allowing me to sit in this very important
- 214 hearing. Also want to thank our panelists. It is a--good
- 215 that you have shared your experiences and remind America of
- 216 the importance of renewing this very important program. This
- 217 is a great first step toward reauthorization, in a time when
- 218 the American people are skeptical about the work of Congress,
- 219 so I am happy that this committee is working in a bipartisan
- 220 fashion to move expeditiously to renew this important
- 221 health--these important health programs. Congress must move
- 222 forward to ensure first responders and survivors of the 9/11
- 223 terrorist attacks on the World Trade Center, the Pentagon,
- 224 and Shanksville, Pennsylvania, continue to receive the care
- 225 they deserve and they so sorely need.
- With that, Mr. Chairman, Mr. Ranking Member, I yield
- 227 back the time.
- [The prepared statement of Ms. Clarke follows:]

229 \*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*

230 Mr. {Green.} Mr. Chairman, I yield back. 231 Mr. {Pitts.} The chair thanks the gentleman. 232 Now recognize the chair of the full committee, 233 gentleman--Mr. Upton, 5 minutes for an opening statement. 234 The {Chairman.} Well, thank you, Mr. Chairman. 235 Now, back on September 11, '01, the world as we knew it 236 was turned upside down by unthinkable acts of terrorism, 237 which took the lives of nearly 3,000 individuals in New York, 238 Pennsylvania, and Virginia, left a mark on every American. Every one of us was impacted. From the smoldering ruins of 239 240 the Twin Towers and the Pentagon to the wreckage of United 241 Airlines Flight 93, the painful images and heartbreaking 242 personal stories of that day, every minute, will not be 243 forgotten. 244 We remember the thousands of innocent lives lost and the 245 communities of loved ones they left behind, and many of us 246 met with those. We also honor the countless acts of heroism 247 and leadership shown by brave American men and women in those 248 hours of pandemonium and in the days, weeks, months, and now 249 years that have followed. Then, for me, as Chair of the 250 Telecom Subcommittee on this committee, I led a bipartisan

delegation, both to New York and to the Pentagon, where we

witnessed firsthand the valiant efforts of our first

251

- 253 responders who were certainly exhausted, overwhelmed, but
- 254 still working 21--24/7. First responders spent hours, days
- 255 in air that was thick with dust and smoke, digging through
- 256 the rubble, searching for survivors.
- When I visited Ground Zero, New York's finest were still
- 258 working round the clock in impossible conditions for the
- 259 recovery efforts. Their selfless work took a toll on their
- 260 health. We know that. The Federal Government provided aid
- 261 to those individuals who were injured and the families of
- 262 those who were killed in the attacks through a discretionary
- 263 grant program, as we should.
- In 2011, the Zadroga 9/11 Health and Compensation Act
- 265 established the World Trade Center Health Program and the
- 266 Victim Compensation Fund. Our Ranking Member, Frank Pallone,
- 267 and our New York colleagues Representative Carolyn Maloney,
- 268 Peter King, Jerry Nadler, have jointly introduced now H.R.
- 269 1786, the James Zadroga 9/11 Health and Compensation
- 270 Reauthorization Act, which would reauthorize both of these
- programs.
- 272 At today's hearing, we are going to focus on the World
- 273 Trade Center Health Program as it is the program that falls
- 274 in this committee's jurisdiction. The authorization for the
- 275 World Trade Center Health Program ends at the end of
- 276 September, just a few months from now, while the Victim

- 277 Compensation Fund remains open to applicants into October of
- 278 2016.
- 279 The WTC Health Program funds networks of specialized
- 280 medical programs designed to monitor and treat those with
- 281 9/11-related conditions. The members enrolled in the program
- 282 are not just from the greater New York area. In 2014, there
- 283 were 71,942 individuals in the World Trade Center Health
- 284 Program from 429 of the 435 congressional districts. In
- 285 fact, there are 75 Michigan residents currently enrolled in
- 286 the WTC Health Program. Today's hearing is, yes, an
- 287 important opportunity to learn more about how the World Trade
- 288 Center Health Program has operated since its authorization
- 289 in, and what is needed for it to successfully operate and
- 290 meet the needs of its members in the future.
- 291 I want to thank all of the witnesses today for taking
- 292 the time to be here, especially thank Officer Howley and
- 293 Detective Burnette for their service to our great country,
- 294 and for sharing their personal stories and struggles with
- 295 this subcommittee. The bill needs to be passed, and I will
- 296 look to consider every effort to make sure that we get it to
- 297 the House Floor prior to its--prior to the end of September
- 298 so that we will have an opportunity to make sure that these
- 299 victims are taken care of.
- 300 And I yield back the balance of my time.

301	[The prepar	red statement	t of Mr. U	pton follows:]
302	*****	COMMITTEE IN	NSERT ****	****

303 Mr. {Pitts.} The chair thanks the gentleman.

And now the chair is pleased to recognize the ranking
member of the full committee, gentleman who has many
constituents impacted by this issue, Mr. Pallone, 5 minutes
for an opening statement.

Mr. {Pallone.} Thank you, Chairman Pitts, and also
Chairman Upton. And I particularly want to thank Chairman
Upton for the comments he just made, you know, highlighting
how we need to perceive this as a national program, and
impacting people who came and helped out on 9/11 and the
aftermath from all parts of the country.

314 My staff probably is tired of my telling this story, but 315 I remember within a few days after the attack, we went up to 316 New York City with President Bush, and I was standing next to 317 this big yellow fire engine that said Hialeah, Florida. 318 I said, what is this truck doing from Hialeah, because I 319 think it was only 1 or 2 days after, and I wondered how it 320 even got there so quickly. And I talked to the firemen from 321 Hialeah, Florida, and they said, oh, we just -- as soon as this 322 happened, we just got in our fire truck and we drove up from 323 Florida because we wanted to help. And it just struck me at 324 the time about how so many people responded from all over the 325 country, and so many people were injured because of the fact

- 326 that they were there for a few days or a few weeks or a few
- 327 months even.
- 328 So this bill is a critical first step in ensuring that
- 329 the 9/11 Health Program is extended as soon as possible. As
- 330 you both already know, this is one of my top priorities for
- 331 2015, and I am grateful for Chairman Pitts and Upton for your
- 332 willingness to work with us to ensure the timely passage of
- 333 this bill.
- I have to recognize all the first responders who are
- 335 here, and to whom we owe a depth of gratitude. I also want
- 336 to acknowledge Dr. Iris Udasin who runs the New Jersey 9/11
- 337 Health Clinic. Thank you for being here to share your
- 338 expertise and experience with us today. And let me also
- 339 mention all the New Yorkers, Representative Maloney, the
- 340 sponsor of the bill. I don't know if Representative Nadler
- 341 is here, but certainly he has been involved from the
- 342 beginning. Representative King I see, who joined the
- 343 committee today, as well as our representatives, Yvette
- 344 Clarke, Eliot Engel, and also my colleague from New Jersey,
- 345 Leonard Lance, who is the cosponsor. Since day 1, you have
- 346 all fought tirelessly to ensure that our Nation's 9/11
- 347 responders and survivors are cared for, and I am proud to
- 348 fight alongside you.
- 349 Beyond the immediate loss of life of 9/11, we now know

- 350 with great documentation that thousands of first responders 351 and survivors of the attacks are now suffering debilitating 352 illnesses from its aftermath, and in fact, more than 100 353 firefighters and 50 law enforcement officers have reportedly 354 lost their lives to WTC-related health conditions. Additionally, more than 1,500 active duty firefighters and 355 EMS personnel, and over 550 law enforcement officers were 356 357 forced to retire due to WTC-related health conditions. 358 We now have a deep understanding of how the tons of 359 dust, glass fragments, and other toxins released into the air 360 affected both responders and survivors. Illnesses include 361 respiratory diseases, gastroesophageal disorders, mental 362 health conditions, and cancer. And that is why the James 363 Zadroga 9/11 Health and Compensation Act, signed into law in 2011, is so critical. It established a program to monitor 364 365 and screen eligible responders and survivors, and provides 366 medical treatment to those who are suffering from World Trade 367 Center-related diseases. But what is so important to note is that this program isn't there to provide health insurance. 368 369 These are complicated conditions that are chronic in nature, 370 and require special expertise to appropriately diagnose and 371 That is why the program includes a network of clinics
- 373 It also ensures that providers and survivors bear no out-of-

and providers specifically trained to treat these diseases.

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374 pocket costs associated with these particular health
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- 375 conditions.
- 376 The WTC Health Program currently provides monitoring and

- 377 treatment services for more than 71,000 responders and
- 378 survivors. They reside in every state, and in 429 of the 435
- 379 congressional districts. If some of you don't know, the law
- is named for James Zadroga, a New Jersey hero who responded
- 381 on 9/11, and spent hundreds of hours digging through World
- 382 Trade Center debris. Mr. Zadroga died in 2006 from pulmonary
- 383 disease and respiratory failure after his exposure to toxic
- 384 dust at the World Trade Center site. Like him, thousands of
- 385 people from all over this country came to the aid of our
- 386 country, and helped others at Ground Zero. Those responders
- 387 and survivors should not be abandoned, and I hope we can
- 388 extend the health program without delay.
- I just--I only have 30 seconds left for Mr. Engel, I
- 390 apologize, but I yield to him.
- 391 [The prepared statement of Mr. Pallone follows:]

392 \*\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*\*

393 Mr. {Engel.} Well, thank you. I thank the gentleman 394 for yielding. And let me agree with everything you said. 395 In the aftermath of September 11, it is estimated that 396 up to 400,000 Americans were exposed to copious amounts of 397 smoke and toxic substances, such as asbestos, and as a 398 result, many of our heroes now suffer from these debilitating 399 conditions; acute respiratory disorders, cancer, depression, 400 post-traumatic stress disorder, and it goes on and on. And 401 it is heartbreaking that the 9/11 survivors and first 402 responders who have already given so much must now carry the 403 burdens of these lung ailments, brain, very least we can do 404 in thanks is to help them. 405 So I was proud to be an original cosponsor of the James Zadroga 9/11 Health and Compensation Act, and I am proud to 406 407 be an original cosponsor of the reauthorization we are 408 discussing today. A failure on Congress' part to pass this 409 vital legislation would constitute an egregious affront to 410 the Americans who gave so much on 9/11 in service to their country. And I specifically say Americans because the 411 population of those who will benefit from this 412 413 reauthorization spans the entire United States. It is 429 of

415 programs. So this is an issue of national performance. So

the 435 congressional districts that benefit from these

416	the	first	responders	who	rely	on	the	World	Trade	Center

- 417 Health Program did not hesitate to risk their lives for
- 418 fellow Americans on 9/11, and we should not hesitate to care
- 419 for them now. So it is of critical importance that we
- 420 permanently reauthorize the James Zadroga 9/11 Health and
- 421 Compensation Act.
- Thank you, Mr. Pallone. Thank you, Mr. Chairman.
- [The prepared statement of Mr. Engel follows:]
- 424 \*\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*

425 Mr. {Pitts.} The chair thanks the gentleman. 426 And as usual, all members' opening statements--written 427 opening statements will be made part of the record. 428 That concludes our time for opening statement. I have a 429 unanimous consent request. I would like to submit the 430 following documents for the record. Statements from 431 Representative Peter King, New York, 2nd District. From the 432 International Association of Firefighters, from the Sergeants 433 Benevolent Association, from the National Association of 434 Police Organizations, and an article from the New York City's Patrolman's Benevolent Association featuring Mr. David 435 436 Howley. 437 Without objection, so ordered. 438 [The information follows:]

\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*

Mr. {Pitts.} We have 2 panels today. On our first

441 panel we have Dr. John Howard, Director, National Institute

442 for Occupational Safety and Health. Thank you very much for

443 coming today, Dr. Howard. Your written statement will be

444 made part of the record. You will be recognized for 5

445 minutes to make your opening statement. At this time, you

446 are recognized. Welcome.

447 ^STATEMENT OF DR. JOHN HOWARD, DIRECTOR, NATIONAL INSTITUTE

448 FOR OCCUPATIONAL SAFETY AND HEALTH (NIOSH)

- 449 Dr. {Howard.} Thank you, Mr. Chairman, and 450 distinguished members of the committee. My name is John 451 Howard, and I am the administrator of the World Trade Center 452 Health Program. I am very pleased to appear before you today 453 to discuss the program and those it serves, who responded to 454 or survived the September 11, 2001, terrorist attacks on New 455 York City, and those who responded at the Pentagon and in 456 Shanksville, Pennsylvania.
- 457 The program's members responded to an epic disaster, and 458 as a result, suffer mental and physical injury, illness, and 459 the risk of premature death. The program's members responded 460 to the 9/11 disaster from all 50 states, and as has been 461 stated, from 429 of the 435 congressional districts. 462 original effort to care for those affected by 9/11 toxic 463 exposures operated as a series of cooperative agreements and 464 grants. As a discretionarily funded program, it depended on 465 year-to-year appropriations, making it challenging to plan 466 adequately to--for the members' ongoing health needs. 467 January 2011, as has been stated, the James Zadroga 9/11 468 Health and Compensation Act became law. Stabilization of

- 469 funding allows the program to more adequately care for 9/11 responders. In calendar year 2014, of the 71,942 current 470 471 members enrolled in the program, 20,883 members received 472 treatment for health conditions arising from hazardous 473 exposures from 9/11, and 28,059 members received health 474 monitoring to ensure early medical intervention for any 475 developing health condition that is specified for coverage by 476 the program. 477 Since the program's implementation, members have been
- 478 treated for a number of different health conditions. 479 example, 11,473 members have been treated for asthma, 6,672 480 members have been treated for post-traumatic stress disorder, 481 and 6,497 members have been treated for chronic respiratory 482 disorders. The majority of our members suffer from multiple mental and physical health conditions, and take multiple 483 484 medications for these conditions. Certain types of cancer 485 were added to the list of health conditions covered by the 486 program in late 2012. Since then, the program has certified 487 4,265 cases of cancer.
- The World Trade Center Health Program fills a unique

  need in the lives of our members and for our society. First,

  members are evaluated and treated by medical providers who

  have a depth of experience dating back to September 11, 2001,

  and the physical and mental health needs of 9/11 responders

- 493 and survivors they are very familiar with. Their extensive
- 494 clinical experience with the responder and survivor
- 495 populations, as well as their understanding of the role of
- 496 exposure in causing disease, exceeds the training of
- 497 providers unfamiliar with the types of exposures and health
- 498 conditions common to the 9/11 population, and how to make the
- 499 connection between exposure and illness that the Zadroga Act
- 500 requires.
- 501 Second, our members are receiving health care that
- 502 cannot be provided, or only provided with great difficulty by
- 503 other types of insurance plans. For example, health
- 504 insurance plans do not routinely cover work-related health
- 505 conditions, leaving such coverage to Workers' Compensation
- 506 insurance. However, Workers' Compensation insurance often
- 507 presents coverage challenges to members because their 9/11
- 508 health conditions often first manifest after 9/11, many years
- 509 later, beyond the statute of limitations found in most state
- 510 Workers' Compensation laws. The World Trade Center Health
- 511 Program serves a vital role in overcoming the difficulties
- 512 that members might otherwise experience in its absence.
- 513 Without the program, 9/11 responders and survivors might end
- 514 up in limbo instead of in treatment.
- 515 Third, by providing evaluation and treatment for those
- 516 most affected by 9/11 as a unified cohort, the program

- 517 greatly aids not only the individual members, but also our
- 518 national understanding of the long-term health effects of
- 519 9/11, including its effects on children. The program helps
- 520 us better prepare for the medical needs arising from large-
- 521 scale, long duration disasters that might not, hopefully,
- 522 occur ever in the future.
- 523 Thank you for the opportunity to testify, and I am happy
- 524 to answer any questions you may have.
- [The prepared statement of Dr. Howard follows:]

| | Mr | Ditte | The chair thanks the gent

- Mr. {Pitts.} The chair thanks the gentleman. And I will begin the questioning and recognize myself 5 minutes for that purpose.
- Dr. Howard, would you continue to elaborate a little bit on the history of the World Trade Center Health Program, how it came to be, how it has changed over time?
- 533 Dr. {Howard.} Thank you. The program started as a -- an 534 immediate response to what doctors were seeing, especially 535 with the New York City Fire Department, in what was called at 536 that time a World Trade Center cough, and those doctors and 537 others that were recruited to the effort began to observe 538 that individuals who were responding were becoming ill from 539 inhalation of the dust and the toxins contained in the dust. 540 So immediately, through FEMA appropriations, CDC and then the 541 National Institute for Occupational Safety and Health, was 542 able to offer grants and cooperative agreements so that those
- doctors could begin now many, many years later, their first work in trying to articulate, characterize the issues that responders were facing, and survivors.
- Mr. {Pitts.} Another question. What are the

  consequences of letting the World Trade Center Health Program

  expire in September of 2015? How would it affect the

  operation of the Centers of Excellence across the country,

- 550 and the patients who use these facilities and services?
- Dr. {Howard.} Certainly, any of us that receive health
- 552 care from a particular health plan, if we are notified that
- 553 that plan no longer exists, creates great stress in our life.
- 554 We have to adjust to new providers and other changes. Our
- 555 efforts to help those who may be a part of our discontinued
- 556 program, let's hope that does not happen, would have to
- 557 receive other providers of care, and it would be our
- 558 responsibility to make sure they did.
- The Centers of Excellence would not operate anymore as a
- 560 coordinated care operation for responders and survivors.
- Mr. {Pitts.} Thank you. Now, we are aware that Special
- 562 Master Sheila Birnbaum administers the Victim Compensation
- 563 Fund, which is housed at the Department of Justice. Is there
- 564 coordination between the operations of the Victims
- 565 Compensation Fund and the World Trade Center Health Program?
- 566 Dr. {Howard.} Yes, sir, there is. We have data sharing
- 567 and medical review agreements with the Victims Compensation
- 568 Fund. We regularly meet with the staff. Our staff is
- 569 embedded with their staff to assist in the medical review.
- 570 The Victims Compensation Fund has adopted our program
- 571 requirements for their medical review. To date, we have
- 572 provided information to them on 18,262 of their VCF
- 573 claimants. We continue to work very closely with the Victims

- 574 Compensation Fund.
- 575 Mr. {Pitts.} How much higher is the Federal Employees
- 576 Compensation Act, FECA, compensation rate compared to
- 577 Medicare Parts A and B reimbursements for hospitals?
- 578 Dr. {Howard.} The statute--the Zadroga Act sets the
- 579 reimbursement rate according to the Workers' Compensation
- 580 rates of the Federal Government, the FECA rates. Medicare
- 581 rates are lower, but maybe by 10 to 20 percent lower. So
- 582 they are a--the FECA rates are higher and our reimbursement
- 583 rates for providers are higher than Medicare.
- 584 Mr. {Pitts.} Dr. Howard, I can imagine that it is a
- 585 logistical challenge to provide care for the responders and
- 586 survivors who are scattered all across the country. What can
- 587 you do to ensure that a physician in another part of the
- 588 country, seeing only a few World Trade Center patients,
- 589 benefits from the clinical experience of the physicians in
- 590 the New York metropolitan region who have more experience
- 591 treating these WTC-related health conditions?
- 592 Dr. {Howard.} The Nationwide Provider Network that we
- 593 have, which is currently seeing about 8,287 individuals, we
- 594 have total coordination with that provider network. On the
- one hand, all of those individuals who do monitoring for our
- 596 survivors and responders that are in the nationwide program
- 597 are trained--occupationally trained physicians so that they

- 598 are equivalent to the physicians that we have in our Centers
- 599 of Excellence in New York and New Jersey. We also provide
- 600 them with additional training. We are working with Medscape
- 601 right now to have online training available for all of our
- 602 providers. We work with the -- our contractor, LHI, which has
- 603 the Nationwide Provider Network, and that physician, their
- 604 medical director, sits in all of our groups and committees,
- 605 and we engage actively with those physicians. So I would say
- 606 that for our relationship with the national -- the Nationwide
- 607 Provider Network, those physicians are on par with our
- 608 physicians at the CCEs.
- 609 Mr. {Pitts.} Good. Thank you very much. My time has
- 610 expired.
- The chair now recognizes the ranking member of the
- 612 subcommittee, Mr. Green, 5 minutes for questions.
- Mr. {Green.} Dr. Howard, prior to the passage of the
- 614 James Zadroga 9/11 Health and Compensation Act of 2010, you
- 615 administered the CDC grant program that funded medical
- 616 monitoring and treatment services for 9/11 survivors and
- 617 responders. That program was funded through discretionary
- 618 dollars, and there is always uncertainty about whether and
- 619 what amount of discretionary funding would be appropriated
- 620 for the grant program.
- Dr. Howard, can you describe how the creation of the

622 World Trade Center Health Program, through the Zadroga Act,

- 623 has improved your ability to ensure that responders and
- 624 survivors get the quality medical services that they need?
- Dr. {Howard.} Thank you. I would respond in 2 ways.
- 626 One, on behalf of the members, it is very stressful to
- 627 constantly be told on a year-by-year basis that your care may
- 628 go away, your doctor and the institution, the facility that
- 629 you go to, may change. So it created a pervasive sense of
- 630 stress. Mind you, in our population, we have many thousands
- 631 of individuals that suffer from PTSD, and some highly
- 632 resistant PTSD, and I am sure that if they were here with me,
- 633 they would say how stressful year-by-year funding is to the
- 634 program.
- From the administrative perspective, it is very
- 636 difficult because we were always up to the last minute,
- 637 thinking should we start preparing for the program not to be
- 638 funded, and that was certainly something that we did not want
- 639 to happen, but it requires a long process of preparation. So
- 640 we were never sure about that.
- 641 Mr. {Green.} So the dedicated mandatory fundings helped
- 642 you not only plan better, but also the reaction from the
- 643 patients.
- Dr. {Howard.} It is like night and day. When the
- 645 Zadroga Act passed, I think all of us, members and us that

- 646 were administrating the program, breathed a sigh of relief
- 647 that we had 5 years. We never had that before.
- 648 Mr. {Green.} Okay. The James Zadroga 9/11 Health and
- 649 Compensation Reauthorization would permanently extend the
- 650 program. Could you explain how a permanent extension of the
- 651 program would ensure that responders and survivors have that
- 652 peace of mind? You talked about that medical monitoring and
- 653 treatments it is -- they come to rely on will continue to meet
- 654 their needs.
- Dr. {Howard.} Well, as I say, I think that the
- 656 assurance of having the same provider, especially for our
- 657 patients that suffer from very serious mental and physical
- 658 conditions, is a peace of mind that can only be bought from
- 659 mandatory funding without a--an end date. For us in the
- 660 program, it really helps us do long-term strategic planning.
- 661 It is very hard to do contracts when you can only provide a
- 662 year or 2, or 5 years, but being able to look beyond that
- 663 5-year horizon is extremely helpful for the efficiency and
- 664 the integrity of the program.
- Mr. {Green.} It seems the patients enjoy a great deal
- of understanding from the providers--the doctors and
- 667 providers in the program. How do you think this affects the
- 668 patient outcomes?
- Dr. {Howard.} Without doubt, the providers that I first

- 670 met in August of 2002, when I became first involved in this
- 671 program, are the very same providers that I see now in June
- 672 of 2015. Their dedication to this population has been worthy
- 673 of note.
- 674 Mr. {Green.} So the doctor-patient relation is
- 675 important because of the continuation of the program.
- Dr. {Howard.} The trust that our members have to the
- 677 providers that we are fortunate to have cannot be duplicated
- 678 anywhere else.
- 679 Mr. {Green.} Do you think continuing the program is so
- 680 important it--to ensuring the same level of knowledge and
- 681 expertise?
- Dr. {Howard.} Very definitely. Our providers have a
- 683 wealth of clinical information that other providers would
- 684 take them years to develop.
- 685 Mr. {Green.} Okay. Thank you, Mr. Chairman. I yield
- 686 back my time.
- 687 Mr. {Pitts.} The chair thanks the gentleman.
- Now recognize the vice chairman of the subcommittee,
- 689 gentleman from Kentucky, Mr. Guthrie, 5 minutes for
- 690 questions.
- 691 Mr. {Guthrie.} Thank you, Mr. Chairman. Thank you, Dr.
- 692 Howard, for being here.
- And I spent, I guess, 6 years of my life in college and

grad school in metro New York, and one of my favorite things 694 695 to do back when I was an undergrad is use the USO, and spent 696 a lot of time at the USO off Times Square. There was always uniformed public servants there, and it was always enjoyed 697 698 getting to know and talk to them. I am a talker, so I 699 engaged with them, and what a great service that people feel. 700 You had -- actually I wasn't going to go this direction, 701 but I think it is important to talk about, and it has opened 702 my eyes a little bit in what you said. I will kind of 703 emphasize or maybe go a little bit further. You know, I live in Bowling Green, Kentucky, so where we take care of our 704 705 servants as well as -- if a fire -- if there is a fire, someone 706 goes into the firehouse and they get injured or whatever, you 707 know, we have assistance in place to--disability, insurance 708 and so forth. And so I think a lot of us that aren't, you 709 know, in New York continuously and the surrounding areas, 710 like some of my friends here, is that, you know, are the 711 programs already in place, and so what you have hit on today 712 is probably the first time I have thought of it. I know it 713 is unique in the massiveness of it, but why is it unique in 714 terms of other injuries that people might receive in other--715 that requires its own system, other than just the volume. 716 But -- so could you hit the challenges, because that -- because 717 you have opened my eyes to some things today, and hit the

- 718 challenges that--you have already kind of said, but emphasize
- 719 why this is completely unique, that needs its own program,
- 720 why diseases are different than if you were in a normal or
- 721 a--well, I don't know if normal is the right word, but a more
- 722 standard, I guess, kind of situation that firefighters or
- 723 other people would be in?
- 724 Dr. {Howard.} I would be happy to. And I think the
- 725 best way to answer that question is by looking at some of the
- 726 findings that we have gotten from the investment that the Act
- 727 has allowed us to make in research, looking at this
- 728 population and the conditions. And I will just mention a few
- 729 issues. On the mental health issue, we have seen a delayed
- 730 onset of PTSD. Now, that is not normally seen in other types
- 731 of situations. That is something that we are seeing in this
- 732 population. It is--we have also seen a worsening of PTSD
- 733 despite conventional treatments. So that is something that
- 734 is new in this population. In terms of respiratory disease,
- 735 we are seeing an onset of obstructive airways disease beyond
- 736 5 years after exposure. We are also seeing bronchial hyper-
- 737 reactivity persist over a decade, and that is something new.
- 738 In terms of asthma, we have seen patients in our program who
- 739 have asthma, who have lost full-time employment because of
- 740 their asthma, more than we have seen in the general asthmatic
- 741 population.

- So there are a number of findings that we are seeing
- 743 from a clinical perspective in this population that we would
- 744 never have learned had we not had the group together.
- 745 Mr. {Guthrie.} If it was just normal Workers' Comp. or
- 746 other things. And so I want to get to another thing. So you
- 747 said there are 71,000 people in the program. How do you--
- 748 what is the criteria--do you have--did you have to be on-site
- 749 for so many days, or I mean--
- 750 Dr. {Howard.} Well--
- 751 Mr. {Guthrie.} --or did you have to actually be in the
- 752 rubble, or are you--
- 753 Dr. {Howard.} The simple answer--
- 754 Mr. {Guthrie.} --blocks away, I mean what is the--
- 755 Dr. {Howard.} The simple answer is that the Zadroga Act
- 756 is highly specific about the criteria for eligibility in the
- 757 program. And it includes for--let's say for New York City
- 758 police officers, location, the duration of their exposure,
- 759 and other factors. So eligibility criteria are pretty well
- 760 spelled out in the Act.
- 761 Mr. {Guthrie.} What about the non-public safety
- 762 personnel that can be in the program?
- 763 Dr. {Howard.} Right. There are criteria for
- 764 eligibility for volunteers that came from all over the
- 765 country to volunteer as responders. Similarly, in the

- 766 section of the Act that has to do with survivors, there are
- 767 eligibility--5 levels of eligibility requirements for
- 768 survivors. So if someone comes to our program, wants to be a
- 769 member, the first step is filling out an application in which
- 770 they--a lengthy application, unfortunately, I might add, in
- 771 which all of that information is solicited so that we can
- 772 establish whether or not their experience meets the
- 773 eligibility requirements of the Act.
- 774 Mr. {Guthrie.} And I think some concerns, as we debated
- 775 before, I just want to emphasize this, is that anywhere in
- 776 terms of health care and people getting the care whatever
- 777 they deserve, I think--I know I remember asking the question,
- 778 why such a separate, unique program, and you have given me
- 779 some really good things to think about, so I really
- 780 appreciate it very much.
- 781 Appreciate it and I yield back.
- 782 Dr. {Howard.} Thank you.
- 783 Mr. {Pitts.} The chair thanks the gentleman.
- 784 And now recognize the ranking member of the full
- 785 committee, Mr. Pallone, 5 minutes for questions.
- 786 Mr. {Pallone.} Thank you, Mr. Chairman.
- 787 Dr. Howard, the World Trade Center Health Program relies
- 788 on clinical Centers of Excellence to provide most of the
- 789 monitoring and medical care through the program, and those

- 790 centers employ clinicians that have both the specialized 791 knowledge base and deep experience in treating the unique 792 physical and mental health needs of 9/11 responders. And I 793 know you have already talked about this, I am kind of 794 following up on what Mr. Guthrie said. I know that patients 795 in the New York City metropolitan region continue to see 796 their personal physicians for their general health care 797 needs, but often obtain monitoring and treatment services for 798 their conditions at these centers. And I also understand 799 that, you know, if somebody is in another part of the country 800 they can go to a network of doctors that are provided through 801 the program. But some of them also come to the centers. 802 know that at the New Jersey centers we get people from all 803 over the country that will travel just because of the 804 expertise that exists. 805 So if you could just comment on the treatment benefits
- So if you could just comment on the treatment benefits of individuals using these centers rather than their personal physicians for their 9/11-related health conditions, or even, you know, traveling when they can see someone who is part of the WTC network, they could come to the centers.
- Dr. {Howard.} Yes, I would be happy to. And I think it boils down to the difference in physicians in terms of their expertise, as you said. Occupational and environmental physicians who are schooled in that particular subspecialty

- 814 know how to connect an exposure with a health condition.
- 815 When I went to medical school, I did not learn that. I
- 816 learned how to take care of a health condition; I didn't
- 817 learn to go back and do an extensive history to try to figure

- 818 out what were your exposures, and was that exposure related
- 819 to this health condition that I see. That is a specialty of
- 820 occupational and environmental medicine where we try to
- 821 correlate the exposure and the health condition.
- So physicians that are--that we use both in the CCEs
- 823 that are--have been involved since 2001, and in the
- 824 Nationwide Provider Network, have that capability.
- 825 Physicians that don't have that capability would not be able
- 826 to listen to the patient's symptoms and be able to say, yes,
- 827 your exposure--I am going to make a determination that your
- 828 exposure caused that health condition, or contributed to that
- 829 health condition, or aggravated that health condition.
- 830 Mr. {Pallone.} All right. I am trying to speed up here
- 831 because I wanted to ask you--
- B32 Dr. {Howard.} Right.
- 833 Mr. {Pallone.} --a few more things. Have there been
- 834 any problems with misdiagnosis or improper treatment of 9/11-
- 835 related health conditions when individuals have relied on
- 836 their personal physicians?
- Dr. {Howard.} Not that I am aware of.

- Mr. {Pallone.} Okay.
- Dr. {Howard.} Within the program, of course, we have a
- 840 quality assurance where we look at all of the care that is--
- Mr. {Pallone.} Okay. And can you just discuss briefly
- 842 how the clinical Centers of Excellence coordinate the care
- 843 delivered to responders and survivors at the centers, with
- 844 care delivered by their personal medical providers outside
- 845 the centers, briefly?
- Dr. {Howard.} Sure. As many of you know, the World
- 847 Trade Center Health Program is a hybrid program. It is not
- 848 your normal health plan where you go in and everything that
- 849 you may complain about relative to your body, a physician
- 850 takes care of. We have a limited number of conditions. So
- 851 many conditions we don't cover, so you have to see an
- 852 additional physician, your personal physician. So that
- 853 coordination is done in the CCEs so that if those CCE
- 854 physicians see a condition that we do not cover, then
- 855 appropriate referral is made.
- Mr. {Pallone.} Okay. Now, let me just--I am going to
- 857 try to summarize this last question. My concern, obviously,
- 858 is that I don't want this program terminated before we have
- 859 an opportunity to reauthorize it, and that is why we are
- 860 having this hearing and trying to move quickly. But in
- 861 preparation, you know, if reauthorization legislation is not

- 862 signed into law by September of next year, the program is
- 863 terminated. And in preparation for termination, or possible
- 864 termination, I understand that HHS has certain notice
- 865 requirements you would have to follow. Can you just tell us,
- 866 you know, what you would have to do? I mean, obviously, this
- 867 isn't what we want to happen, but I want to stress that, you
- 868 know, there is always that danger.
- Dr. {Howard.} Well, it would be a nightmare for me
- 870 personally, and it would be a nightmare for our members, it
- 871 would be a nightmare for our CCE physicians. You cannot
- 872 abandon a patient ever as a care provider. So we must ensure
- 873 that that patient is taken care of somewhere, and finding a
- 874 place for each of our 71,942 members would be a gargantuan
- 875 task.
- 876 Mr. {Pallone.} And there are notice requirements. How-
- 877 -when--
- Dr. {Howard.} Yes. We have to inform our patients
- 879 ahead of time that this may happen, even though we may not be
- 880 sure that it is happening, and certainly when it happens, and
- 881 all of the efforts that we can make to help them support
- 882 their efforts in finding additional--
- 883 Mr. {Pallone.} But when does that process begin? Like
- 884 do you have a term notice requirement?
- Dr. {Howard.} Well, the 90-day time limit is sort of an

- 886 unwritten notice requirement now. It can vary state by state
- 887 because these are often state laws, but we have to go back
- 888 and look--since we have members from every state, we would
- 889 have to look at every state's abandonment requirements.
- 890 Mr. {Pallone.} All right. Thank you very much.
- Thank you, Mr. Chairman.
- Mr. {Pitts.} The chair thanks the gentleman.
- 893 Now recognize the gentleman from Kentucky, Mr.
- 894 Whitfield, 5 minutes for questions.
- Mr. {Whitfield.} Well, thank you very much. And, Dr.
- 896 Howard, thank you for being with us this morning.
- I want to just follow up briefly. When we think about
- 898 health care systems, frequently people all work with some
- 899 company that provides health care, or Medicare, you have to
- 900 be over a certain age, Medicaid, income below, the trio of
- 901 Tricare. So here, the common element is people from around
- 902 the country, whether emergency responders or volunteers, came
- 903 to respond to this emergency in New York, this disaster on
- 904 9/11/. And you touched on the criteria. I think you have
- 905 indicated there are 71,000-plus members enrolled in this
- 906 program. And is it still eligible--if I am a--someone that
- 907 worked there during that time, would I still be able to
- 908 enroll today if I am not enrolled right now?
- 909 Dr. {Howard.} Yes, sir, you would be. And we hope that

- 910 anyone listening who is not enrolled in our program, who may
- 911 be eligible, will call our eligibility line and sign up for
- 912 our program.
- 913 Mr. {Whitfield.} Okay. And I won't get into the
- 914 details, but the criteria for eligibility, I am assuming you
- 915 had to have been there X-days and--is that correct?
- 916 Dr. {Howard.} Right. They are very detailed
- 917 eligibility requirements spelled out in the Act itself.
- 918 Mr. {Whitfield.} And does your office make the decision
- 919 on whether or not a person is eligible or not?
- 920 Dr. {Howard.} Yes, sir.
- 921 Mr. {Whitfield.} Okay. Now, of the patients that are
- 922 you are caring for right now, what percent of them would you
- 923 say--or maybe you don't have this information, had an
- 924 insurance program already, they were already covered under--
- 925 Dr. {Howard.} Well, first of all, even if you had
- 926 health insurance--
- 927 Mr. {Whitfield.} Right.
- 928 Dr. {Howard.} --as a responder, you would not be able
- 929 to use that insurance because health insurance does not cover
- 930 work-related issues. For instance, if you have ever gone in
- 931 for an MRI or a CT scan, at the bottom of that form it will
- 932 say is this a result of an auto accident, is this a result of
- 933 a work accident. If it is, the health insurer will not pay

- 934 for it; they will refer you to other insurances. For
- 935 survivors, then health insurance could be an issue, and then
- 936 we recoup as much as we can--
- 937 Mr. {Whitfield.} Um-hum.
- 938 Dr. {Howard.} --from the health insurer.
- 939 Mr. {Whitfield.} Well, what percent would have been
- 940 covered under, say, the Workers' Compensation Program?
- 941 Dr. {Howard.} Well, theoretically, work-related
- 942 injuries and illnesses would all be covered, but there are
- 943 great difficulties for responders in accessing Workers'
- 944 Compensation benefits because oftentimes their condition, not
- 945 the original conditions where, on the event, someone had an
- 946 acute injury and it happened within a short period of time,
- 947 but some of our diseases in our program, their onset are
- 948 years later, and a lot of statutes draw a line--
- 949 Mr. {Whitfield.} Um-hum.
- 950 Dr. {Howard.} -- and say no--
- 951 Mr. {Whitfield.} Um-hum.
- 952 Dr. {Howard.} --that is beyond our statute of
- 953 limitations, we will not cover something that started--
- 954 Mr. {Whitfield.} Um-hum.
- 955 Dr. {Howard.} --5 years later. So many of our members
- 956 are in that situation.
- 957 Mr. {Whitfield.} So would it be unusual that Workers'

- 958 Comp. may pick up part of it and then this program would pick
- 959 up--sort of playing a supplemental role, or--
- 960 Dr. {Howard.} It is not unusual. It is--many of our
- 961 members have had Workers' Compensation benefits given, and we
- 962 are in the process of recouping--
- 963 Mr. {Whitfield.} Right.
- 964 Dr. {Howard.} --from Workers' Compensation.
- 965 Mr. {Whitfield.} Um-hum.
- 966 Dr. {Howard.} But it is not the majority, or even near
- 967 the majority of our members.
- 968 Mr. {Whitfield.} Um-hum. We know some people have
- 969 indicated early on, I remember when there was first
- 970 discussion about this, that this was sort of a unique
- 971 program, but I know that there are health programs in effect
- 972 for employees at Savannah River, Paducah, Oak Ridge, and so
- 973 forth, which is kind of similar to this because those workers
- 974 were exposed to certain elements many of them were not even
- 975 aware of, and they came down with a lot of different cancers.
- 976 And so those programs are similar to this program, would you
- 977 say?
- 978 Dr. {Howard.} Yes, sir. And, in fact, we administer
- 979 the Energy Employees Occupational Illness Compensation
- 980 Program, together with the Department of Labor and the
- 981 Department of Energy. It is a program that bears a lot of

- 982 similarities to our program at the World Trade Center.
- 983 Mr. {Whitfield.} Yeah. And so if you worked at the
- 984 World Trade Center and you are covered, and you have 1 of,
- 985 say, 12 or 14 illnesses that you all have set out, is there a
- 986 presumption that, since you were there and exposed, that you
- 987 would be covered under this program?
- 988 Dr. {Howard.} Not a presumption. A physician, not in
- 989 the administration of the program, but in our Centers of
- 990 Excellence, would examine you, take your history, and make
- 991 the connection between the exposure history that you give
- 992 that physician and that health condition, and they and they
- 993 alone say I think the 2 are connected.
- 994 Mr. {Whitfield.} Right. Well, thank you very much for
- 995 the great job you do at NIOSH.
- 996 Dr. {Howard.} Thank you.
- 997 Mr. {Pitts.} The chair thanks the gentleman.
- Now recognize the gentleman from Oregon, Mr. Schrader, 5
- 999 minutes for questions.
- 1000 Mr. {Schrader.} My questions have been answered, Mr.
- 1001 Chairman. Thank you.
- 1002 {Voice.} Ms. Castor.
- 1003 Mr. {Pitts.} All right, then the chair recognizes the
- 1004 gentlelady, Ms. Castor, 5 minutes for questions.
- 1005 Ms. {Castor.} I want to thank you, Mr. Chairman, for

1006 calling this hearing. And I would like to thank all of the first responders and survivors, and the medical professionals 1007 1008 who take care of them, for traveling here to Capitol Hill to 1009 encourage the Congress to provide some continuity and 1010 certainty in the World Trade Center Health Program. I would 1011 like to thank my colleagues, especially from New Jersey and 1012 New York, Congressman Pallone and Congressman Lance, you all 1013 have been champions on this committee for this endeavor, 1014 along with Congresswoman Clarke and Congresswoman Maloney, I 1015 see Congresswoman King I think was still here, and the entire 1016 New York delegation, especially. 1017 I strongly support the James Zadroga 9/11 Health and 1018 Compensation Reauthorization Act because it will provide that 1019 important certainty and continuity of care from this point 1020 forward. And when you--it is interesting to see the list and 1021 understand that there are first responders and survivors from 1022 the World Trade Centre terrorist attacks all across America 1023 now. And Florida comes in right behind New York and New 1024 Jersey. So it will be very important, and I think that the 1025 folks that I represent back home will be strongly in support 1026 of taking care of their neighbors who were there on September 1027 11, and the weeks, months, and years afterwards. It is vital 1028 that we continue this specialized care for all of our 1029 neighbors, and all of the brave folks who were there on

- 1030 September 11.
- 1031 So, Dr. Howard, thank you for being here today. One of
- 1032 the important parts of the World Trade Center is the Zadroga
- 1033 Health Initiative that often gets overlooked is the funding
- 1034 provided for research into 9/11-related health conditions.
- 1035 Between fiscal year 2011 and 2014, the program funded 35
- 1036 projects to investigate questions about 9/11 related to
- 1037 physical and mental health conditions. Could you provide
- 1038 examples of the research that has been funded by the Zadroga
- 1039 Act?
- 1040 Dr. {Howard.} I would be happy to. We are very
- 1041 grateful for the original drafters of the legislation to
- 1042 provide money for research into the health conditions that
- 1043 our members face. And as I mentioned before, we have already
- 1044 learned quite a bit from that research. And I would like to
- 1045 highlight just one aspect of it, in addition to mental health
- 1046 and respiratory and cardiovascular, and our cancer research,
- 1047 our research in autoimmune diseases and others, is the
- 1048 research that we have done on individuals who were children
- 1049 at the time of 2001 attacks. There were a number of
- 1050 elementary schools and Stuyvesant High School, for instance,
- 1051 that were immediately impacted. And we have a number of
- 1052 those projects that are going on now, about 7 that are
- 1053 funded, and we are learning the effect--effects on

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1054
     developmental issues in the children's population. To date,
1055
     we have funded $88.5 million worth of research, and we have a
1056
      significant body of research that is published in peer review
1057
      journals.
                 The World Trade Center Registry alone has
1058
     published about 60 papers, and our various clinical
1059
     researchers at our clinical centers have published the other
1060
     papers. Our pivotal papers in cancer, autoimmune diseases,
1061
     asthma, and other respiratory disorders have allowed us to
1062
     provide better care, more focused care for our members.
1063
           Ms. {Castor.} And are these--the results of the
1064
     research, are they disseminated in an organized way to the
1065
     providers and the families so that they have access--
1066
           Dr. {Howard.}
                          Yes.
1067
           Ms. {Castor.} --to all of that information?
1068
           Dr. {Howard.} We have membership newsletters that
1069
     highlights various findings that we have from research so
1070
      that they know. All of our papers are published on our -- on
1071
      the World Trade Center Health Programs Web site. And, of
1072
     course, these are all peer reviewed publications so they
1073
     appear in the science journals. And I am happy to say that
1074
      the New York media picks up on those papers and reports them
1075
     probably more effectively and ore widely than we can on our
1076
     Web site.
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1077 Ms. {Castor.} So if the Zadroga Act is not

- 1078 reauthorized, will these research efforts come to an end, and
- 1079 explain to me why that would be harmful?
- 1080 Dr. {Howard.} They would cease altogether, and we would
- 1081 lose one of, I think, the most important advantages to the
- 1082 program to our society, is looking at the long-term health
- 1083 effects from 9/11.
- 1084 Ms. {Castor.} Okay. And you testified earlier that
- 1085 health conditions often manifest themselves years later. The
- 1086 Zadroga Act provided funding for outreach efforts to
- 1087 individuals who may be eligible. We are now several years
- 1088 into the existence of the program, and you have successfully
- 1089 enrolled more than 71,000 responders and survivors. It seems
- 1090 to me that in addition to outreach, the continuity of care
- 1091 and retention of members will be important to protecting the
- 1092 health moving forward. That is why the Reauthorization Act
- 1093 here clarifies that funding may be used for continuity of
- 1094 care and retention. Give me your opinion on why efforts on
- 1095 continuity of care and retention of members will be important
- 1096 moving forward.
- 1097 Dr. {Howard.} Well, as you say, you know, our program
- 1098 overall, since its inception in July of 2011 with the Zadroga
- 1099 Act, has grown about 18 percent overall in membership, and we
- 1100 credit that to the wonderful contractors that we have who
- 1101 have done recruitment. But the other side of that is once

- 1102 you recruit a patient into our program, we want them to
- 1103 remain in our program. And every health plan loses members
- 1104 because we do not go and do outreach to retain them. So that
- 1105 is on balance now after our first 5 years. We hope to
- 1106 emphasize, in what we hope is our second phase, that
- 1107 retention of our patient population is as important as their
- 1108 original recruitment.
- 1109 Ms. {Castor.} And how do you propose to do that for
- 1110 first responders and survivors outside of the New York/New
- 1111 Jersey area, say, in the State of Florida?
- 1112 Dr. {Howard.} I think, first of all, you know, we do
- 1113 things as a team. We sit down with our representatives from
- 1114 survivors and responders. We have a Responder Steering
- 1115 Committee which is very active, meets every month, and we
- 1116 have a Survivors Steering Committee that is very active and
- 1117 meets every month. All of our ideas, suggestions, we go to
- 1118 them and say how are we going to do this, and together as a
- 1119 group we figure out how to do it. There are many modalities
- 1120 that we could use, and oftentimes we are told by our members
- 1121 what is the most effective.
- 1122 Ms. {Castor.} Thank you very much, sir.
- 1123 I yield back.
- 1124 Mr. {Pitts.} The chair thanks the gentlelady.
- Now recognizes the gentleman from Texas, Dr. Burgess, 5

- 1126 minutes for questions.
- 1127 Mr. {Burgess.} Thank you, Mr. Chairman. Thank you for
- 1128 having the hearing. Dr. Howard, thank you very much for
- 1129 being here today. And to all our witnesses on the second
- 1130 panel, thank you for your participation, and the people who
- 1131 are here in testament to the work that you have done. I also
- 1132 feel obligated to recognize the work of one of our
- 1133 colleagues, a former member, Vito Fossella, who was on this
- 1134 committee with us and, in fact, was responsible for my early
- interest in this shortly after I arrived in Congress in 2003.
- 1136 And it was because of that interest that I did become an
- 1137 early supporter of Representative King's work on this. And,
- 1138 in fact, I was the one who ran the bill on the Floor in the
- 1139 waning days of the 111th Congress, in that late lame duck
- 1140 session in December when the bill finally did pass on the
- 1141 Floor of the House.
- But, Dr. Howard, I am interested in--you said in your
- 1143 testimony that you provided for us today that certain types
- 1144 of cancer were added to the list of health conditions covered
- 1145 under this Act. Could you share with us what those cancers--
- 1146 what types of cancers those were--are?
- 1147 Dr. {Howard.} Yes. Currently covered in the program
- 1148 are every type of cancer, is just the short way to approach
- 1149 this. Every type of cancer except uterine cancer.

- 1150 Mr. {Burgess.} Are there--but are there those that are
- 1151 more--I mean what are some--what--if you were to pick the top
- 1152 3 malignancies, what would those be?
- Dr. {Howard.} I think if you looked at our 4,000 or so
- 1154 cases right now, probably the top ones would be thyroid
- 1155 cancer. There are 5 common cancers that Americans get; skin
- 1156 being the one, that is our top cancer. There is breast
- 1157 cancer, that is also a top cancer for us. There is colon
- 1158 cancer which is a top cancer for us. Thyroid cancer is
- 1159 another cancer for us. But we have seen a lot of very common
- 1160 cancers like that, and we have also seen some very rare-type
- 1161 cancers, and oftentimes from an epidemiological basis, the
- 1162 appearance of rare cancers is extremely helpful in terms of
- 1163 doing research on a population to figure out what their
- 1164 exposures are, causing rare cancers.
- 1165 Mr. {Burgess.} Sure. That speaks then also to the
- 1166 value in having people who have expertise in treating the
- 1167 types of injuries encountered because an uncommon cancer can
- 1168 be a difficult diagnosis to which to arrive.
- 1169 Dr. {Howard.} Exactly. And if they--if this cohort
- 1170 were distributed, we would not be able to count those. It
- 1171 would be very hard to find all those rare cancers if they
- 1172 were not--if the patients were not seen in our clinical
- 1173 centers, and rather, they were seeing their own personal

- 1174 physicians throughout the United States. It would be very
- 1175 difficult to do that.
- 1176 Mr. {Burgess.} So it provides a focus that otherwise
- 1177 would not be available. Just as far as just a brief comment,
- 1178 if you will, on the observed versus the expected cancer rates
- 1179 of the population that you are following, is this number of--
- 1180 I guess I calculate it to be 6 percent based on the number of
- 1181 patients you are following and the cancers you reported, how
- 1182 does that stack up to the general population?
- Dr. {Howard.} Well, that comparison, I am afraid, we
- 1184 can't do at this time. That would be something that we would
- 1185 have to wait and see what our researchers could come up with
- 1186 in giving us that kind of number. We are now looking at, and
- 1187 the Fire Department of New York City is doing some research
- 1188 using as a referent population to compare our World Trade
- 1189 Center firefighters to, another cohort that was assembled by
- 1190 the Institute of Firefighters not involved in World Trade
- 1191 Center--
- 1192 Mr. {Burgess.} Great.
- 1193 Dr. {Howard.} --so we hoped that line of research could
- 1194 answer your question someday.
- 1195 Mr. {Burgess.} So it would give them a better control
- 1196 if you age-match for people who are in similar occupations.
- 1197 Dr. {Howard.} Yes, sir.

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1198
           Mr. {Burgess.} Just switching gears a little bit, and
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     you mentioned also in your testimony that, you know, you are
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      trying to aid not just the individual members, but help grow
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      the body of evidence and the body of information so that you
      can help in other situations. Are you going to be able to
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1203
     provide feedback to municipalities and boroughs as to the
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      type of Workers' Compensation coverage that may be provided
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      to members of the firefighting community, or the type of
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     health insurance that is provided? Some of the shortcomings
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     you mentioned were in--within the Workers' Compensation
1208
      system. Are there lessons you have learned that can be
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      extrapolated to other communities?
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           Dr. {Howard.} Well, certainly, and I think New York
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      State itself, its legislature and governor have already
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     responded to this issue significantly by providing a
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     mechanism by which responders, survivors can sign up to a
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               They don't have to actually make a claim, but they
     program.
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     can register, and then if they should develop a condition
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      later on, that their claim would not be beyond the statute of
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      limitations. So other states have also looked at that, and
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     we hope that people will learn, especially from these long-
1219
     duration disasters.
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          Mr. {Burgess.} Thanks, Mr. Chairman. I will yield
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1221

back.

- 1222 Mr. {Pitts.} The chair thanks the gentleman.
- Now recognize the gentlelady from Illinois, Ms.
- 1224 Schakowsky, 5 minutes for questions.
- 1225 Ms. {Schakowsky.} Thank you, Mr. Chairman. I too would
- 1226 like to thank all of the first responders, the survivors,
- 1227 those who treat them, for coming here today. For the first
- 1228 responders and the survivors, I am sure in addition to some
- 1229 health conditions that maybe more visible, that the trauma of
- 1230 the incident and the loss of friends, coworkers, family, is
- 1231 something that lingers on forever really.
- 1232 In Illinois, Dr. Howard, there are 13 first responders,
- 1233 and between 1 and 9 survivors, the way the data is kept, it
- 1234 is between 1 and 9, enrolled in the World Trade Center Health
- 1235 Program. So clearly, there is no concentration of those
- 1236 individuals in any kind of program of nationwide providers.
- 1237 So I imagine there are physicians that have 1 or 2, et
- 1238 cetera, so how do you maintain that -- the cohesiveness of that
- 1239 network?
- 1240 Dr. {Howard.} I think that is a very good question, and
- 1241 I think there are a couple of ways that we do that. First of
- 1242 all, our Nationwide Provider Network is headed by a very
- 1243 capable physician who is a part of our New York-based
- 1244 Centers--New York and New Jersey-based Centers of Clinical
- 1245 Excellence. So he participates in all of our meetings, and

- 1246 is a great educator and teacher for the cadre of physicians
- 1247 that do monitoring and evaluation of that population. As you
- 1248 point out, a physician may have only 1 or 2. Those
- 1249 physicians themselves are occupationally trained, so they
- 1250 have the same kind of training to be able to connect exposure
- 1251 and health conditions as similarly situated physicians at our
- 1252 clinical centers.
- 1253 As I mentioned, we are also trying to--we have been very
- 1254 pleased that Medscape is helping us put together constant
- 1255 training, so to speak, 24/7, you can go to their Web site and
- 1256 get information about the latest findings from the program
- 1257 that may influence your practice. So even though we have a
- 1258 distributed network, and even though those physicians in the
- 1259 Nationwide Provider Program may have, as you say, 1 or 2
- 1260 patients, they are seeing, we want to--we want them to be as
- 1261 similarly situated knowledgewise as the rest of our
- 1262 physicians.
- 1263 Ms. {Schakowsky.} Great, thank you. So my
- 1264 understanding of the data is that there are a total of 71,000
- 1265 people, or approximately, that are in the program. And then
- 1266 it says, in a factsheet I have, that more than 30,000
- 1267 responders and survivors have at least 1 World Trade Center-
- 1268 related health condition. So there are some people in the
- 1269 program, I gather, that are--more than 1/2, that are simply--

- 1270 not simply, but that are being monitored. Is that the
- 1271 difference in number?
- 1272 Dr. {Howard.} Yes. We offer monitoring and treatment.
- 1273 So if you are in the monitoring program and you do not have a
- 1274 health condition that is included for coverage in our
- 1275 program, then you come on a periodic basis for monitoring.
- 1276 So you are not in treatment. There is no condition that a
- 1277 World Trade Center Health Program physician has connected to
- 1278 your exposure. So they are--
- 1279 Ms. {Schakowsky.} But the--
- 1280 Dr. {Howard.} --continuing to be monitored.
- 1281 Ms. {Schakowsky.} But the monitoring is done within the
- 1282 network, and there is not an additional cost to that
- 1283 individual for the--
- 1284 Dr. {Howard.} Yes.
- 1285 Ms. {Schakowsky.} --monitoring.
- 1286 Dr. {Howard.} No.
- 1287 Ms. {Schakowsky.} Okay.
- 1288 Dr. {Howard.} Our members bear no costs.
- 1289 Ms. {Schakowsky.} The--so the population that you serve
- 1290 includes some number of families of--or spouses of
- 1291 firefighters. Some are in that program. Survivors that may
- 1292 be workers in the area, residents, students, daycare,
- 1293 participants, et cetera. I am wondering what the breakdown

- 1294 is between first responders and then survivors.
- 1295 Dr. {Howard.} In terms of enrolled members in our
- 1296 program? So currently, total enrollment of the population,
- 1297 as you say, is 71,942. General responders, which would be
- 1298 police, construction workers, volunteers that came from all
- 1299 over--
- 1300 Ms. {Schakowsky.} Firefighters.
- 1301 Dr. {Howard.} --the United States, is about 38,953.
- 1302 Our fire department members are 16,569, which leaves 8,133
- 1303 survivors in that 71,000.
- 1304 Ms. {Schakowsky.} Does anybody leave the program?
- 1305 Aside from this issue of reenrollment, so do they have to
- 1306 reenroll every year?
- 1307 Dr. {Howard.} I am sorry?
- 1308 Ms. {Schakowsky.} Do they have to reenroll?
- Dr. {Howard.} No, no, no, you are enrolled once in our
- 1310 program.
- 1311 Ms. {Schakowsky.} Does anybody leave?
- Dr. {Howard.} I hope not, but I do not know that for a
- 1313 fact. We have members who have passed away--
- 1314 Ms. {Schakowsky.} Well, that is certainly--
- 1315 Dr. {Howard.} --but leaving--they may go to their--as
- 1316 has been said by Representative Pallone, they may go to their
- 1317 private physician to obtain health care for other nonrelated

- 1318 conditions.
- 1319 Ms. {Schakowsky.} Thank you very much.
- 1320 Mr. {Pitts.} The chair thanks the gentlelady.
- Now recognize the gentleman from New Jersey, Mr. Lance,
- 1322 5 minutes for questions.
- 1323 Mr. {Lance.} Thank you, Mr. Chairman.
- I don't have any questions, but I want to thank you for
- 1325 what you are doing, Dr. Howard. I want to thank Congressman
- 1326 Pallone who has worked on this issue over the course of the
- 1327 last more than a decade, and all of the Members of the
- 1328 Congress who recognize the importance of reauthorization of
- 1329 this legislation.
- 1330 This is a bittersweet hearing for me. New Jersey lost
- 1331 more than 700 residents. My son was playing freshman high
- 1332 school football, and he had a teammate whose father didn't
- 1333 come home. I lost a Princeton classmate in the South Tower,
- 1334 and my story is similar to the stories of many.
- 1335 I think the best speech that the younger President Bush
- 1336 ever delivered was on September 14 at the National Cathedral
- 1337 where he said that this world God created is of moral design.
- 1338 Grief and tragedy and hatred are only for a time. Goodness,
- 1339 remembrance, and love have no end. And he concluded by
- 1340 paraphrasing St. Paul to the Romans that no evil can separate
- 1341 us from God's love. What you have done is based on goodness,

- 1342 remembrance, and love, and that is certainly true of the
- 1343 first responders. And I thank all of the first responders,
- 1344 and I am sure this legislation will pass unanimously here, in
- 1345 the full committee, and on the Floor of the House.
- 1346 Mr. Chairman, I yield back the balance of my time.
- 1347 Mr. {Pitts.} The chair thanks the gentleman.
- Now recognize the gentleman from New York, Mr. Engel, 5
- 1349 minutes for questions.
- 1350 Mr. {Engel.} Thank you very, Mr. Chairman. And, you
- 1351 know, I too--there are none of us that represent New York or
- 1352 New Jersey and the surrounding area that wasn't deeply
- 1353 affected. There are 1,851 people in my district who are
- 1354 program beneficiaries of all you do, Dr. Howard, so we are
- 1355 very appreciative of it.
- 1356 You have answered some of my questions, but I want to
- 1357 try to bring out certain other things. Many of us in the
- 1358 aftermath--Mr. Lance just mentioned that the Friday after the
- 1359 Tuesday of the attacks, many of us in the delegation went to
- 1360 the site of the attacks. It was surreal. You just scratched
- 1361 your head and you couldn't believe you were really--it was
- 1362 like a nightmare; you couldn't believe you were really living
- 1363 it, and then you kind of realized every few seconds this is
- 1364 real. And so we walked around--other people walked around,
- 1365 we really weren't wearing the masks. They did give us masks

1366 but didn't really make it seem as if it was that important, 1367 so I bet a lot more people got exposure. I mean I went back 1368 several times. I don't have any ill effects, thank God, but 1369 people who are now starting to get effects, do we have 1370 trouble tracing it back to -- is it difficult for people to 1371 prove so many years later that their illnesses are a result 1372 of exposure they got at the World Trade Center site? 1373 Dr. {Howard.} It is difficult. It is difficult for any 1374 of us to recall exact details of what we did a month ago, a 1375 year ago, let alone this many years ago. So for new members 1376 coming in our program, a lot of the questions that we ask 1377 about their exposure is -- they are very difficult to answer. 1378 Recall is imperfect in all of us, but we take that into 1379 consideration in terms of the questions we ask and the 1380 answers they give us. 1381 Mr. {Engel.} First of all, Doctor, thank you for the 1382 great work you do. Really great work. It makes me proud to 1383 have been an original cosponsor of this legislation, and I 1384 think in all the years I have been in Congress, I have never 1385 seen our delegations more united on 1 thing, particularly the 1386 New York delegation. Since the program has been continuing, 1387 and obviously when things continue, you see what works, what 1388 doesn't work, you make adjustments, what would you change in 1389 the program? What have been some of the things that you have

- 1390 found difficulty with that perhaps we should consider
- 1391 modifying or changing to make it more efficient?
- Dr. {Howard.} Well, I don't think that we have found
- 1393 anything in the Act that has been a showstopper for us in
- 1394 administering the program. We look at all of the items in
- 1395 the Act as helping us, and we consider the Act to be a well-
- 1396 written document that has given us a roadmap and, as for so
- 1397 many years, for over a decade, we had no authorizing
- 1398 language, so we made it up as we went along, together with
- 1399 our Clinical Centers of Excellence. So we are extremely
- 1400 happy to have this authorizing outline for us.
- 1401 Mr. {Engel.} How much flexibility exists with regard to
- 1402 the World Trade Center Health Program's eligibility
- 1403 requirements? For example, if someone meets 9 out of 10
- 1404 benchmarks but is desperately in need of care, can exceptions
- 1405 be made to ensure that care gets to those who need it? How
- 1406 does that work?
- 1407 Dr. {Howard.} We look at every case on a case-by-case
- 1408 basis. As I said, you know, recall is not perfect this many
- 1409 years later, and we take that into consideration. We only
- 1410 decide that somebody is not eligible when we are absolutely
- 1411 certain that they do not fit any of the stated criteria in
- 1412 the Act. If we err at all, it is on the side of including
- 1413 someone in the program.

- 1414 Mr. {Engel.} In your written testimony, you noted the
- 1415 work that has been done through the World Trade Center Health
- 1416 Program to--work has been done to understand the impact that
- 1417 9/11 had on children, and I understand that the program has
- 1418 funded research projects to specifically examine the effects
- 1419 of 9/11 on the physical and mental health of children and
- 1420 adolescents. Can you talk a little bit about that?
- Dr. {Howard.} Well, first of all, we are very
- 1422 privileged to have a number of researchers in New York who
- 1423 are interested in this area of pediatric research for 9/11.
- 1424 And as I say, we have 7 projects that are funded in this
- 1425 area. They have not been completed as yet, so we are looking
- 1426 forward to those findings, so I can't report today about what
- 1427 those studies are showing, but it is important that the--that
- 1428 we have them and they continue, and we are very privileged to
- 1429 have a very--a couple of very good researchers working on
- 1430 that.
- 1431 Mr. {Engel.} Thank you, Doctor. And again, thank you
- 1432 for all you do and we are really very, very grateful to you.
- 1433 It affects those of us in the New York area every single day
- 1434 and our constituents are grateful. Thank you.
- 1435 Mr. {Pitts.} The chair thanks the gentleman.
- 1436 I understand Dr. Bucshon doesn't have any questions.
- 1437 The chair recognizes Mrs. Brooks from Indiana 5 minutes for

- 1438 questions.
- 1439 Mrs. {Brooks.} Thank you, Mr. Chairman.
- Dr. Howard, I am a former deputy mayor of Indianapolis
- 1441 in the late '90s, and we hosted the World Police and Fire
- 1442 Games in the summer of 2001, before the 9/11 attack, and
- 1443 there were many New York, New Jersey firefighters and police
- 1444 officers who perished in the attack--New York firefighters
- 1445 and--who perished that had participated in those games. But
- 1446 we also had a group called Taskforce 1 that traveled from
- 1447 Indiana to the World Trade Center, and we have--I have since
- 1448 learned, because of this hearing, that we have 53 people in
- 1449 the state who responded. I have 12 in my particular
- 1450 district, and I want to pay particular tribute, as other
- 1451 colleagues have done, not only to all of those from New York
- 1452 and New Jersey but people like individuals from Taskforce 1,
- 1453 engineers and technical experts and their search dogs
- 1454 traveled immediately that day, and continued to operate
- 1455 around the clock with all of their brothers and sisters in
- 1456 New York.
- 1457 There was a story several years ago about an
- 1458 Indianapolis fireman and a member of Taskforce 1, Charlie
- 1459 Gleason, who was deployed, and he said in that TV story, he
- 1460 said, and I quote, ``He got a little bit of that World Trade
- 1461 Center cough'' from that mix of the fumes, and--but he said

- 1462 that he would gladly answer the call again. And I understand
- 1463 the risk, but we have to take care of the men and women that
- 1464 are going, and that continue day in and day out to risk their
- 1465 lives for fellow citizens. And I want to thank you and all
- 1466 of the men and women who are here today for their service,
- 1467 and all the men and women around the country who did answer
- 1468 that call.
- I would like to ask you what you lose sleep about with
- 1470 respect to this program, what are your greatest challenges,
- 1471 you have answered incredibly well so many questions posed to
- 1472 you, but what would you say are the greatest challenges
- 1473 facing this program that we must reauthorize, and how do you
- 1474 plan to respond to those programs--
- 1475 Dr. {Howard.} Well, the--
- 1476 Mrs. {Brooks.} --or to those challenges?
- 1477 Dr. {Howard.} The biggest thing that worries me is that
- 1478 I would have to spend any amount of time, waste my time
- 1479 closing the program as opposed to growing the program.
- 1480 Mrs. {Brooks.} And the manner in which you plan to grow
- 1481 the program, how do you plan to do that?
- Dr. {Howard.} I think, you know, one of the issues that
- 1483 we have faced in the program, and I think I can speak for all
- 1484 of our Clinical Centers of Excellence, directors, and our
- 1485 national--Nationwide Provider Network, is when the bill

- 1486 passed, the President signed it on January 3, 2011, we had to
- 1487 be up and running July 2011. It was a very short
- 1488 implementation time. By a lot of work, by a lot of people,
- 1489 we were able to open our doors on July 1, 2011. But I think
- 1490 what we have done over the last 5 years, and we hope to
- 1491 continue to do, is quality improvement of the services we
- 1492 offer. Our pharmacy benefit plan, for instance, and other
- 1493 support for our members. We want to receive their input so
- 1494 that we can continue to improve the program.
- 1495 Mrs. {Brooks.} Thank you. Thank you for your service.
- 1496 I yield back.
- 1497 Mr. {Pitts.} The chair thanks the gentlelady.
- Now recognize the gentleman from New York, Mr. Collins,
- 1499 5 minutes for questions.
- 1500 Mr. {Collins.} Thank you, Mr. Chairman. And I too want
- 1501 to recognize all our first responders here. I think any time
- 1502 you come, as you have, it just helps Members of Congress in
- 1503 what we know is going to be a bipartisan support, as
- 1504 previously stated, to unanimously pass this reauthorization.
- 1505 But first of all, Mr. Chairman, I would like unanimous
- 1506 consent to enter into the record a statement from
- 1507 Representative Dan Donovan who represents Staten Island and a
- 1508 portion of Brooklyn.
- 1509 Mr. {Pitts.} Without objection, so ordered.

1510	[The information follows:]			
1511	******	COMMITTEE	INSERT	*****

1512 Mr. {Collins.} And I would also like to recognize 1513 Representative Peter King that is with me today, and thank 1514 Mr. -- or Dr. Howard for all you have done. You have pretty 1515 much answered, I think, most of our questions. I represent 1516 105 towns of western New York in the Buffalo, into the Finger 1517 Lakes area, and I believe probably most, if not all, of our 1518 volunteer fire departments, and we are mostly volunteer; we 1519 have 1 paid fire department in my district, sent individuals 1520 down to Ground Zero. That is what firefighters do and first 1521 responders. It is the community of brotherhood, and I am 1522 just happy to have learned more today about how those 1523 individuals are more than likely in your program being 1524 monitored, and I think, again, in a bipartisan way we are 1525 with you, and you are doing great work. And I don't believe 1526 you are going to have to lose any sleep about shutting this 1527 program down. With that, Mr. Chairman, I would like to yield the 1528 1529 remainder of my time to Representative King if he would have

1531 Mr. {King.} If that is appropriate?

any comments that he would like to add.

- 1532 Mr. {Pitts.} The chair recognizes the gentleman.
- 1533 Mr. {King.} Thank you, Mr. Chairman. And I do
- 1534 appreciate the opportunity of you allowing me to sit in and

- 1535 take part in the hearing. And I thank the gentleman from
- 1536 Upstate New York, Mr. Collins, for yielding time.
- I would just like to say that there is probably no more
- 1538 important bill that we have passed during the time, you know,
- 1539 that I have been in Congress than this 9/11 Zadroga Act. I
- 1540 had about 150 fatalities from my district, but more than
- 1541 that, I see every day to this day people still have rare lung
- 1542 diseases, respiratory illnesses, blood cancers, so this is
- 1543 something that is absolutely necessary to continue. And I
- 1544 know that people may find this might be wrong or that might
- 1545 be wrong, the fact is this is as effective as any program I
- 1546 have seen since all the time I have been in Congress, and it
- 1547 provides a need which is a lasting need. It is absolutely
- 1548 essential to go forward, and I want to thank all these men
- 1549 and women who are here today, the first responders, FDNY,
- 1550 NYPD, construction contractors, I saw--before certainly, you
- 1551 know, people who are residents of the area, and really
- 1552 everyone who answered the call that day, everyone did what
- 1553 they had to do, and those who are suffering these illnesses,
- 1554 people in the prime of life who have, again, lost their jobs,
- 1555 have these debilitating illnesses which have changed their
- 1556 lives so radically, all because they did what had to be done.
- 1557 So again, I thank the chairman for holding this hearing.
- 1558 I thank the committee for taking this issue up. I thank all

- 1559 of you for being here today. And I certainly thank Mr.
- 1560 Collins for yielding me the time. And I yield back to him.
- 1561 Thank you, Mr. Collins.
- 1562 Mr. {Pitts.} The chair thanks the gentleman.
- 1563 And now recognize the gentlelady from North Carolina,
- 1564 Mrs. Ellmers, 5 minutes for questions.
- 1565 Mrs. {Ellmers.} Thank you, Mr. Chairman. And thank
- 1566 you, Dr. Howard, for being with us. And I too want to thank
- 1567 all of the first responders who are here today.
- 1568 You know, a very emotional subcommittee hearing, and so
- 1569 I am going to try hard to stick to the information and get
- 1570 into some of these questions. Along the lines of where we
- 1571 are today, and I know that you have already stated, Dr.
- 1572 Howard, that as the number of affected first responders have
- 1573 come forward, those who have been determined to have cancer,
- 1574 how many are in existence right now, how many are with us,
- 1575 what number do you have of potentially affected patients who
- 1576 have a diagnosis of cancer?
- Dr. {Howard.} Well, right now, we have about 3,400
- 1578 cases of cancer--individual cases of cancer. Some of those
- 1579 cases may represent an individual that may have more than 1
- 1580 cancer--
- 1581 Mrs. {Ellmers.} Um-hum.
- Dr. {Howard.} --but generally speaking, that is the

- 1583 number of members that we have who we are--we have certified
- 1584 with cancer.
- 1585 Mrs. {Ellmers.} Now, as far as the certification
- 1586 process, I am just curious as to how you determine approval
- 1587 or denial and, you know, do you have numbers that play out as
- 1588 far as the possibility of being approved or denied?
- 1589 Dr. {Howard.} Sure, and let me just briefly explain the
- 1590 process. The physician who is seeing the patient makes the
- 1591 connection between their exposure and the health condition,
- 1592 in this case, cancer.
- 1593 Mrs. {Ellmers.} Um-hum.
- 1594 Dr. {Howard.} So they can say that it is caused by,
- 1595 contributed to, or aggravated by their exposure. That is the
- 1596 determination that is made by the physician.
- 1597 Mrs. {Ellmers.} I see.
- 1598 Dr. {Howard.} We don't make it in the program. That is
- 1599 an independent view that the physician has. Then they submit
- 1600 it to us--
- 1601 Mrs. {Ellmers.} Um-hum.
- 1602 Dr. {Howard.} --and we make sure that all of the
- 1603 supporting information is there, and then we certify it. If
- 1604 the supporting information isn't there, we have a question,
- 1605 we go back and forth--
- 1606 Mrs. {Ellmers.} Um-hum.

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Dr. {Howard.} --until we are all absolutely sure,
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- 1608 including the determining physician and us that this is a
- 1609 case to be certified. Certification then means that you get

- 1610 your cancer covered for health care.
- 1611 Ms. {Ellmers.} Um-hum. And having the concentration on
- 1612 cancer leads me to the next question which is, do you
- 1613 anticipate adding other possible diseases outside of the
- 1614 cancer realm?
- 1615 Dr. {Howard.} Well, we have received to date 7
- 1616 petitions--
- 1617 Mrs. {Ellmers.} Um-hum.
- Dr. {Howard.} --for requests adding conditions. Two of
- 1619 those were cancer. The original cancer petition that
- 1620 Chairman Pitts referred to--
- 1621 Mrs. {Ellmers.} Um-hum.
- Dr. {Howard.} --001, and then soon after that we had a
- 1623 petition with regard to prostate cancer, and then 5 others.
- 1624 With the 5 others, we did not find sufficient scientific
- 1625 evidence--
- 1626 Mrs. {Ellmers.} Um-hum.
- Dr. {Howard.} --to support their addition. We get
- 1628 quite a few requests for adding conditions. It is hard to
- 1629 estimate--
- 1630 Mrs. {Ellmers.} Um-hum.

- Dr. {Howard.} --whether--what conditions we would add
- 1632 in the future, but we evaluate each of those requests on
- 1633 their scientific basis.
- 1634 Mrs. {Ellmers.} And then in regard to autoimmune
- 1635 diseases, I understand that you have made a determination
- 1636 that those would not be identified or added.
- 1637 Dr. {Howard.} Right.
- 1638 Mrs. {Ellmers.} And can you just expand on that?
- 1639 Dr. {Howard.} Right. We received a petition, our last
- 1640 petition, to add a large number of autoimmune diseases to our
- 1641 statutory list. We reviewed all of the information,
- 1642 including the very excellent study that had recently
- 1643 stimulated that petition by FDNY--
- 1644 Mrs. {Ellmers.} Um-hum.
- Dr. {Howard.} -- and we found that it was insufficient
- 1646 at this time.
- 1647 Mrs. {Ellmers.} Um-hum. Um-hum.
- Dr. {Howard.} It doesn't mean that--and this is why we
- 1649 are--I emphasize so much the importance of research--
- 1650 Mrs. {Ellmers.} Um-hum.
- Dr. {Howard.} --funding in this program, is the
- 1652 additional work that is going on by other CCEs and our World
- 1653 Trade Center Health Registry to look into that--
- 1654 Mrs. {Ellmers.} Um-hum.

- 1655 Dr. {Howard.} --issue. So it doesn't mean that forever
- 1656 and ever--
- 1657 Mrs. {Ellmers.} Right.
- Dr. {Howard.} --it will not be added, but at this time-
- 1659 -
- 1660 Mrs. {Ellmers.} Um-hum.
- 1661 Dr. {Howard.} --we are not adding it.
- 1662 Mrs. {Ellmers.} Well, thank you, Dr. Howard. I do
- 1663 appreciate all of the information that you have helped us
- 1664 with, and I am glad to know that this is considered to be an
- 1665 ongoing process into the future because we don't know what
- 1666 the future holds for this. And again, God bless all of the
- 1667 first responders who are here, and your families. Thank you
- 1668 so much.
- 1669 I yield back.
- 1670 Mr. {Pitts.} The chair thanks the gentlelady.
- Now that all the members of the subcommittee have had an
- 1672 opportunity to ask questions, with unanimous consent I ask
- 1673 that the member of the full committee, Ms. Clarke, be given 5
- 1674 minutes for questioning.
- 1675 The chair recognizes Ms. Clarke.
- 1676 Ms. {Clarke.} Thank you very much, Mr. Chairman. We
- 1677 have been joined here by Congressman Gerald Nadler of New
- 1678 York, original sponsor of the Zadroga Act, and I wanted to

- 1679 yield some time to him if it is--
- 1680 Mr. {Nadler.} I thank you for yielding, and let me
- 1681 thank the chairman for holding the hearing, and the members.
- I simply want to say that as someone who is one of--
- 1683 along with Mr. King and Ms. Maloney, was one of the 3
- 1684 original sponsors of this bill, we struggled for years and
- 1685 years to pass it, I am glad to--and the history has proven
- 1686 the necessity of this bill, and I want to thank Dr. Howard
- 1687 for his wonderful service. I am glad that the chairman has
- 1688 called this hearing, and that, judging from the comments at
- 1689 the hearing, there seems to be a lot of bipartisan support
- 1690 for extending this bill. We know the necessity of that so I
- 1691 just want to urge that that be done, and that--and I thank
- 1692 the chairman and the committee again. Extension of this bill
- 1693 is essential because the diseases won't go away, and this is
- 1694 for both the first responders and the survivors in the
- 1695 community. And so I urge the extension of the bill.
- 1696 I thank Ms. Clarke for yielding, and I yield back to
- 1697 her.
- 1698 Ms. {Clarke.} Thank you.
- Dr. Howard, just following up on a couple of the
- 1700 questions that Mrs. Ellmers asked about the conditions. For
- 1701 the record, what is the process by which you can add new
- 1702 conditions to the program?

- 1703 Dr. {Howard.} Well, first of all, the administrator has
- 1704 the ability to add a condition on his or her own motion. The
- 1705 other very common route that we have seen so far is the
- 1706 public can petition the administrator to add a condition. As
- 1707 I said, we have received 7 petitions so far; 2 of those we
- 1708 have added the condition, the first one being cancer, the
- 1709 second one being a particular type of cancer; prostate
- 1710 cancer. The other 5 we have found insufficient evidence for.
- 1711 Ms. {Clarke.} I understand that the statute outlines
- 1712 specific timing requirements for you to respond to those
- 1713 petitions. Could you describe that for us?
- 1714 Dr. {Howard.} Right. The administrator has 60 days to
- 1715 respond to a petition, unless the administrator refers the
- 1716 petition to our Scientific and Technical Advisory Committee,
- 1717 and then the time frame is 180 days. So for the--for
- 1718 instance, in terms of the first petition on cancer, we
- 1719 referred that to our Science and Technical Advisory
- 1720 Committee. They had 180 days to make their decision.
- 1721 Ms. {Clarke.} Do you have any concerns with the
- 1722 statutory time frames under which you would have to respond
- 1723 to such petitions?
- Dr. {Howard.} Well, one of the things that the GAO
- 1725 report pointed out in their review of our cancer petition
- 1726 and--or addition of cancer was that there was no external

1727 peer review of our science that we used to justify the 1728 addition of cancer. We believe in peer review very, very 1729 much, and we want to do external peer review, but the time 1730 frame of 60 days was just--give the enormity of the task of 1731 adding all that--all those numbers of cancers, that was a 1732 very short period of time so we were unable to engage in 1733 external peer review. 1734 Ms. {Clarke.} Very well. Can you briefly tell us about 1735 the registry? It is our understanding it was created to 1736 follow individuals who were exposed to environmental toxins 1737 related to the World Trade Center terrorist attack. 1738 a bit more about the registry and why it is important -- an 1739 important tool for studying the WTC-related health effects. 1740 Dr. {Howard.} The World Trade Center Health Registry, 1741 which is operated by the New York City Department of Public 1742 Health and Mental Hygiene is a vital participant in the 1743 research aspects of the program. They started very soon 1744 after 9/11. They have, interestingly enough, about 71,000 1745 members also, and I might add, I was told by the director 1746 last week that they have registrants in the registry from 1747 every congressional district, all 435. And they have 1748 produced almost 60 papers in this area. They followed the 1749 same people over periods of time, so they--every so many 1750 years, they study them to figure out what their experience

- 1751 is. So their research is vital to this program.
- 1752 Ms. {Clarke.} Do we have a sense of any of their
- 1753 findings so far?
- 1754 Dr. {Howard.} All of their findings are not only on
- 1755 their Web site, but also on ours. And I think some of the
- 1756 things that we have learned already, the issues about asthma,
- 1757 mental health, persistent PTSD, et cetera, have come largely
- 1758 from the World Trade Center Health Registry studies.
- 1759 Ms. {Clarke.} So you think it is important that we
- 1760 continue our work?
- 1761 Dr. {Howard.} It is absolutely vital.
- 1762 Ms. {Clarke.} I thank you very much, Dr. Howard.
- 1763 And I yield back. Thank you, Mr. Chairman. And I thank
- 1764 the ranking member.
- 1765 Mr. {Pitts.} The chair thanks the gentlelady.
- 1766 That concludes the questions of members who are present.
- I am sure, Doctor, we will have follow-up questions from
- 1768 members. We will send those to you in writing. We ask that
- 1769 you please respond promptly.
- 1770 Dr. {Howard.} Thank you, Mr. Chairman.
- 1771 Mr. {Pitts.} Thank you.
- 1772 That concludes our first panel. We will take a 3-minute
- 1773 recess as the staff sets up the witness table for the next
- 1774 panel.

- 1775 Committee stands in recess.
- 1776 [Recess.]
- 1777 Mr. {Pitts.} All right, the time of recess having
- 1778 expired, we will reconvene. I will ask the guests to please
- 1779 take their seats.
- 1780 {Voice.} Ladies and gentlemen.
- 1781 Mr. {Pitts.} Ladies and gentlemen. Ladies and
- 1782 gentlemen, please take your seats. The committee will
- 1783 reconvene. I would ask the guests to please take their
- 1784 seats, and I will introduce the second panel.
- We have 3 witnesses on the second panel, and I will
- 1786 introduce them in the order which they will present
- 1787 testimony.
- 1788 First, we have Dr. Iris Udasin--
- 1789 {Voice.} Udasin.
- 1790 Mr. {Pitts.} --Udasin, Medical Director, Environmental
- 1791 and Occupational Health Sciences Institute, Robert Wood
- 1792 Johnson Medical School. Welcome, Dr. Udasin. Secondly, we
- 1793 have Mr. David Howley, retired police officer, New York City
- 1794 Police Department. And finally, we have Ms. Barbara
- 1795 Burnette, a former detective, New York City Police
- 1796 Department. Thank you very much for your patience, for
- 1797 coming, for your testimony. Your written testimony will be
- 1798 made a part of the record. You will each be given 5 minutes

- 1799 to summarize. There are a series of lights on the table, so
- 1800 you will see green fist, then yellow. When red appears, we
- 1801 ask that you please conclude your testimony.
- 1802 So at this time, Dr. Udasin, you are recognized for 5
- 1803 minutes to summarize your testimony.

1810 Dr. {Udasin.} My name is Iris Udasin, and I serve as 1811 Director of Rutgers Clinical Center of Excellence in New 1812 Jersey. We are 1 of 6 clinics in the New York/New Jersey 1813 area that provide medical monitoring and treatment for World 1814 Trade Center first responders. I am a physician who is board 1815 certified in internal and occupational medicine, and am a 1816 professor at Rutgers, and a member of the National Toxicology 1817 Panel, an expert panel that advises the National Institute of 1818 Environmental Health Sciences concerning the relationship 1819 between exposure to toxic chemicals and health. 1820 I want to thank the committee for giving me the 1821 opportunity today to testify concerning the importance of our 1822 Clinical Centers of Excellence, and for the opportunity to 1823 provide the best quality medical care through the Zadroga Act

to those brave responders who have suffered from multiple,

- 1825 chronic and often disabling medical illnesses, including
- 1826 pulmonary fibrosis, sarcoidosis, asthma, gastric reflux,
- 1827 sinusitis, and sleep apnea.
- 1828 We have been monitoring World Trade Center patients in
- 1829 New Jersey since January 2003, and began treating patients
- 1830 with federal funding starting in 2007. In addition to the
- 1831 treatment of the aforementioned conditions, over the past 3
- 1832 years we have been able to use our funding under the Zadroga
- 1833 Act to optimize cancer care. This is critical, since as
- 1834 early as 2008, our responders were already showing a cancer
- 1835 rate that was 15 percent higher than people their age, who
- 1836 were not at the disaster site. This rate is only increasing,
- 1837 and our patients are much younger than usual cancer patients
- 1838 and are nonsmokers. They were highly exposed to
- 1839 environmental toxins as well as severe mental health trauma
- 1840 from what they witnessed at Ground Zero. From seeing people
- 1841 jumping off tall buildings to their death, or finding charred
- 1842 remains.
- Our designation as a Clinical Center of Excellence has
- 1844 allowed us to provide quality of care for these responders by
- 1845 centering all their care in a convenience location with staff
- 1846 members sensitive to their needs, coordinating treatment from
- 1847 start to finish. The combination of program-wide knowledge
- 1848 gained over 12 years of care delivery, in addition to my

1849 personal knowledge in New Jersey, has allowed us to 1850 understand this cohort of patients using medical and 1851 pharmaceutical resources wisely to accomplish the following 1852 objectives, which I will illustrate with specific patient 1853 examples. Coordination of care for complex cases. Diagnosis 1854 and treatment of patients considering both physical and 1855 mental health aspects of disease. Use of state-of-the-art 1856 diagnostic techniques for early diagnosis and treatment. 1857 of knowledge gained in our treatment of patients to allow for 1858 early intervention, enabling our skilled patients to stay at 1859 work.

1860 I am proud to share this panel with David Howley, a 1861 retired police officer, who performed many months of search 1862 and rescue work at the site. David presented with swelling 1863 in his neck in 2006, which was eventually diagnosed as an 1864 aggressive metastatic cancer of the throat. This is an 1865 unusual and rare cancer in healthy, nonsmoking Americans. 1866 However, in my center, we have seen 8 other patients with 1867 this cancer in New Jersey alone. David's treatment has 1868 required a team of doctors, including myself as primary care, 1869 the general oncologist, the radiation oncologist, the general 1870 surgeons, the ear, nose, and throat surgeons. Because of the 1871 complicated nature and location of his cancer, it has been 1872 extremely difficult to treat, but at the present time, he is

- 1873 tumor-free since April of 2014.
- 1874 The second patient I want to tell you about is a retired
- 1875 detective, with severe shortness of breath, chest discomfort,
- 1876 fatigue, and inability to perform his duties as a police
- 1877 officer, who was present at the 9/11 site on the date of
- 1878 disaster, reported being engulfed in the dust cloud, and
- 1879 witnessing people jumping out of buildings. He was treated
- 1880 by his personal physician, with 5 medications for his
- 1881 respiratory issues, but no other conditions. His evaluation
- 1882 at our center confirmed the presence of asthma, but we were
- 1883 also able to diagnose rhinitis, gastric reflux, sleep apnea,
- 1884 post-traumatic stress disorder, and panic attacks. This
- 1885 patient was given treatment for those conditions, and
- 1886 received therapy for PTSD and panic disorder. The patient
- 1887 was able to recognize that his panic attacks were causing him
- 1888 to use increased amounts of his asthma medication, and he
- 1889 learned to control his attacks. At his most recent
- 1890 examination, he no longer needs mental health medications,
- 1891 and is enjoying his retirement.
- 1892 The third patient I want to speak about works as a
- 1893 consultant to prevent tax fraud. An abnormality was noted on
- 1894 his CT scan--his chest x-ray, and he was referred for a CT
- 1895 scan. A small nodule was noted in November of 2014, which
- 1896 grew larger in January. This was evaluated by a radiologist

- who is an expert in interpreting lung CT scans. She was

  concerned about the suspicious nature of this nodule and its

  growth since the original CT scan. This patient was referred

  to our university surgeon who removed a stage 1 lung cancer,

  which does not need chemotherapy or radiation. And I want to

  say this patient is back at work. He is overseas looking for

  people who have cheated the government paying taxes.
- And finally, Rutgers University and NYU have combined to do research, finding markers for sleep apnea associated with environmental exposure. This expertise has allowed for early diagnosis and treatment of obstructive sleep apnea, enabling us to get people to work safely.
- 1909 My fourth patient is a pilot for a law enforcement 1910 agency, with a history of GERD and sinusitis, which are risk 1911 factors for sleep apnea. Thanks to early diagnosis, this 1912 patient has been successfully treated for his conditions, and 1913 he is fully qualified under federal standards to skillfully 1914 operate his aircraft. He asked how he could thank me for his 1915 treatment, and I said that he should continue catching 1916 terrorists.
- In summary, all of our patients are honored and treated by skilled clinicians. We believe we are continuing to acquire the knowledge to provide early diagnosis and treatment of emergency responders who were exposed to toxic

1921	agents and psychosocial stressors. We are striving to
1922	continue to achieve excellence and cost-effectiveness in
1923	treating our patients, as well as preparation for providing
1924	the best possible medical care for any emergency responders
1925	who were exposed to a multitude of unpredictable exposures.
1926	[The prepared statement of Dr. Udasin follows:]

1927 \*\*\*\*\*\*\*\*\*\*\*\*\*\* INSERT 2 \*\*\*\*\*\*\*\*\*\*\*

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1928 Mr. {Pitts.} The chair thanks the--
1929 Dr. {Udasin.} Thanks for the extra time.
1930 Mr. {Pitts.} --thanks the gentlelady.
1931 And now recognizes Mr. Howley 5 minutes for your
1932 summary.
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1933 ^STATEMENT OF DAVID HOWLEY

1954

1934 Mr. {Howley.} Thank you, sir. First thing I would like 1935 to do is thank you for having this hearing. It is obviously 1936 very important by the amount of people that are here today, 1937 and it is both an honor and a privilege to be here and 1938 address you. 1939 There are a lot of things I would like to say about 1940 this, but I think the most important is to answer a question 1941 that you all basically posed to Dr. Howard, and that is what 1942 happens if. And Dr. Howard was wonderful in his answers, but 1943 I think I am going to be a little more blunt about it. 1944 People are going to die. The men and women that are sick, 1945 that are being taken care of now. I have only been cancer-1946 free a little over a year. I could easily--and if it wasn't for this lady right here, I wouldn't be here at all. 1947 1948 end this program, people are going to die. It is just -- it is 1949 a fact. It is unquestionable, and that is what is going to 1950 happen. 1951 I was born and raised in Mr. Pallone's district, and I 1952 lived in his district once I retired, and then I moved a few 1953 years ago, and I live in Congressman Lance's district. So I

have both sides of the aisle covered here. This is not

1955 something that should have any political fighting. This 1956 should be an absolute bipartisan, 435-to-0-type bill. 1957 is a ground ball and no-brainer, as far as I am concerned. 1958 And as--the other--and the last point I would like to 1959 make, because I am going to try to keep this brief, is, I 1960 wouldn't be here, sitting here, if it wasn't for the doctors 1961 and Dr. Udasin's and her other colleagues' knowledge, skills, 1962 abilities, research. They have become the absolute experts 1963 in what is ailing us, and not just me but all the other 1964 people that are part of this program. You can't go to your 1965 regular doctor. They don't have the knowledge. They just 1966 don't. They are not bad doctors, there is nothing wrong with 1967 it, but what has happened to us because of the conditions 1968 that we were in is--has become very specific. And I didn't 1969 have a normal cancer, and there are a lot of other people who 1970 don't have normal or normal blood diseases, and because of 1971 their absolute dedication, they have come up with plans and 1972 outlines and -- that they can treat and get us through these 1973 difficult diseases. And that is the most important thing is 1974 that we can have a quality of life to go forward.

- 1975 And I am going to leave it at that. I will be happy to 1976 answer any of your questions.
- 1977 [The prepared statement of Mr. Howley follows:]

1978 \*\*\*\*\*\*\*\*\*\*\*\* INSERT 3 \*\*\*\*\*\*\*\*\*\*

1979 Mr. {Pitts.} The chair thanks the gentleman. And now 1980 recognizes Ms. Burnette 5 minutes for your opening statement.

1981 ^STATEMENT OF BARBARA BURNETTE

1982 Ms. {Burnette.} Thank you subcommittee--Ranking Member 1983 Green, and members of the subcommittee on Health for inviting 1984 me to appear before you today. 1985 My name is Barbara Burnette, and I live in Bayside, New 1986 York. I am 52 years old, a wife, a mother, and a 1987 grandmother. With me here today are my husband, Lebral, Sr., 1988 and my son, Lebral, Jr. I am a proud former New York City 1989 police detective. I retired from the department after 18 1/2 1990 years of service. My career came to an end because of an 1991 illness I developed from the time I served at the World Trade 1992 Center site. I served there for more than 3 weeks; about 23 1993 days in total. The morning of September 11, 2001, I was working in Brooklyn, New York, in the Gang Intelligence 1994 1995 Division. When my fellow officers and I learned that the 1996 morning--the terrorist attacks in New York City, we rushed to 1997 lower Manhattan the fastest way possible, which was by boat. 1998 When we arrived, the towers had collapsed. The air was thick 1999 with dust and smoke. I put my hands over my mouth and noise 2000 just to breathe. My fellow officers and I worked all day and 2001 well into the night. We evacuated people from around the 2002 World Trade Center site. We directed them away from the

- 2003 disaster. There was so much dust, but I was not given any 2004 respirator or any kind of protection for my eyes, throat, or 2005 lungs. To--I had to wash out the debris of my eyes and 2006 throat, picking up a hose. My fellow officers and I, along 2007 with all the rescue workers and first responders, could not 2008 stop doing what we had to do. The first night I finally left 2009 the World Trade Center around 10:00 p.m., after 12 hours. 2010 Five hours later, I reported back to the World Trade Center 2011 site at 4:00 a.m. in the morning on September 12. I removed 2012 debris by using buckets and shovels, and at no time was I provided with respiratory protection. If I was not crying 2013 2014 over what I was seeing in the room, tears streamed down my 2015 face from burning, irritating dust.
- 2016 I spent weeks at the World Trade Center site, shoveling, 2017 clearing away debris, searching for survivors, and later sifting for body parts of the dead. We worked side-by-side 2018 2019 and hand-in-hand with ironworkers, construction workers, 2020 firefighters, police officers, all of us searched in the dust 2021 and removed debris together. We were searching and removing 2022 wreckage of the World Trade Center. We were working night--2023 right on top of the burning, smoky, hot rubble. The fires 2024 never stopped burning. Air quality, we were told, was not a 2025 concern. All of us working 24/7.
- The work was tough and dirty, we were choking, and it

2027 was dangerous, but there was never a time when I even thought 2028 about quitting or leaving. I thought of thousands of poor 2029 If our work brought the removal and recovery 2030 efforts closer to the end, we were glad to contribute. 2031 I live with the consequences of 9/11 every day. I have 2032 been diagnosed with interstitial lung disease; more 2033 specifically, hypersensitivity pneumonitis with fibrosis in 2034 my lungs. The inflammation in my lungs interferes with my 2035 breathing, and destroys the tissues that get oxygen to my 2036 blood. My lungs are permanently scarred. I cannot move 2037 around my home or take the stairs without wheezing or gasping 2038 for breath. I start each morning connecting to a nebulizer 2039 and inhaling multiple doses of medications. I am told I will 2040 eventually need a double lung transplant. Long steroid use 2041 has caused weight gain and other--and has--and other 2042 prescription medications have caused many additional 2043 illnesses. I have been diagnosed with diabetes, high blood 2044 pressure, osteoarthritis, and rheumatoid arthritis. 2045 suffered partially detached retinas in both eyes, each 2046 requiring surgery. Prior to my World Trade Center service, I 2047 was in top shape. I had no history of lung disease, I never 2048 smoked, I always had a physically demanding lifestyle and 2049 career. During my time with NYPD, I worked for 5 years in 2050 the Plainclothes Narcotics Unit. These assignments required

- 2051 me to wear--to walk 4 miles per day, making arrests in buy-
- 2052 and-bust operations, and executing search warrants. I have
- 2053 made over 200 arrests in my career, and have assisted in
- 2054 hundreds more. I have been recognized by the NYPD numerous
- 2055 times for excellent police duty. I have also received
- 2056 several medals for meritorious police duty.
- I was born and raised in Brooklyn, New York. I played
- 2058 high school and college basketball. I played on the police
- 2059 league women's team which competed across the United States
- 2060 internationally. Life has become very different since I
- 2061 became sick. Every month, I see the doctors at Mount Sinai
- 2062 to receive care and renew my prescriptions. This program
- 2063 saves lives. It is saving my life today. It provides
- 2064 medical structure in my life by coordinating doctors and
- 2065 medications. My family does not have to suffer the financial
- 2066 burden of doctors' visits, copayments, deductibles, and the
- 2067 terrible cost of prescription medication, which I--would not
- 2068 be available to me without the program.
- 2069 I would also note that the health conditions are
- 2070 worsening. Many of the first responders' colleagues have
- 2071 been diagnosed with cancer. Many colleagues have died of
- 2072 cancer. The amount of dust to which we were exposed was
- 2073 unprecedented. Many of us fear cancer and other injuries
- 2074 that arise late after toxic exposure.

2075	Recently, more than 60 types of cancers have been
2076	identified by medical researchers as being directly related
2077	to the toxins found at Ground Zero. Cancer arises years and
2078	years later. For these reasons, I would urge the committee
2079	to approve the bipartisan legislation before it.
2080	Thank you.

2081 [The prepared statement of Ms. Burnette follows:]

2082 \*\*\*\*\*\*\*\*\*\*\*\* INSERT 4 \*\*\*\*\*\*\*\*\*\* 2083 Mr. {Pitts.} The chair thanks the gentlelady.

2084 thanks to all the witnesses for their testimony.

I will begin the questioning by members, and recognize myself 5 minutes for that purpose.

2087 Dr. Udasin, we will begin with you. In your testimony 2088 you talk about the coordination of care that your client 2089 provides, and that you can spend time with your patients.

2090 Can you elaborate in more detail about that? 2091 Dr. {Udasin.} Since David is sitting next to me, it is 2092 a really good example. David's condition was in such a 2093 peculiar location that we had to find different surgeons that 2094 were able to get to where his cancer were--was. So this 2095 required speaking to people individually to determine who had 2096 the right expertise to actually take care of his cancer. 2097 Where he could get the right radiation, that was a big issue 2098 in David's case also because there were certain issues with 2099 how he was receiving radiation, and he could better go to one 2100 place and not go to another place. And the good news for 2101 David was that he had a supportive family to take care of his 2102 other needs, but we have had other patients not as fortunate 2103 as David where, unfortunately, we have had to coordinate

2104 getting them into things like hospice care. So my staff--and

2105 I would like to acknowledge Tracey Berspese, my

- 2106 administrator, who is sitting there, who helps us arrange a
- 2107 lot of the important things that we do with our patients.
- 2108 Getting them from place to place, making sure they get a good
- 2109 appointment and a prompt appointment.
- 2110 So, you know, you go into a doctor's office, and you
- 2111 have an abnormal test, and then you have to go and see a
- 2112 specialist. If you go in just by yourself, they say, oh, you
- 2113 can have an appointment next November. That is their next
- 2114 available appoint. But I can assure you, when I call up, you
- 2115 will be in by Tuesday. So if that answers your question.
- 2116 Mr. {Pitts.} Yeah. Well, just to follow up with the
- 2117 coordination and having time, very important for the level of
- 2118 care that you give. Was it possible to provide this level of
- 2119 care before Congress established the World Trade Center
- 2120 Health Program?
- 2121 Dr. {Udasin.} It was not possible to obtain this degree
- 2122 of care. Initially we had, in--the end of 2002, 2003, we
- 2123 just had the monitoring program, and it was very frustrating
- 2124 because you could find something wrong with a person and we
- 2125 really didn't have the resources to make sure they got to see
- 2126 the correct person. And I am grateful for the Zadroga
- 2127 funding that we have now so that we can do that.
- 2128 Mr. {Pitts.} Thank you. For Mr. Howley and Ms.
- 2129 Burnette, can you talk about your care before and after the

- 2130 creation of the Centers of Excellence in the Zadroga 9/11
- 2131 Health and--
- 2132 Mr. {Howley.} I--
- 2133 Mr. {Pitts.} --Compensation Act, and in your view is it
- 2134 better coordinated?
- 2135 Mr. {Howley.} I was thinking of a story when you just
- 2136 asked the doc a question. I am probably one of her original
- 2137 patients going back to the monitoring program back in 2003.
- 2138 The first time I went there, my blood pressure was basically
- 2139 somewhere off her chart. My sinuses were completely blown
- 2140 out. I had constant infections, I had GERD, which is acid
- 2141 reflux, and she basically refused to let me leave her office
- 2142 unless I went straight to my doctor to get treated for the
- 2143 blood pressure. And I am 6'3" and she is about 5'1", and I
- 2144 believed here that she wasn't going to let me out of the
- 2145 office.
- 2146 So yeah, there is a big difference. As far as--and she
- 2147 is just wonderful, and I am sure--and I haven't really
- 2148 dealt--I have only dealt with one other of the doctors at her
- 2149 office, and I have never been to any other offices, so I
- 2150 can't speak about any of them. But the doctors at--you know,
- 2151 are just tremendous, and they--as she was saying, when the
- 2152 cancer has kept coming back for me, and it has reoccurred 4
- 2153 times for me. You can now--she can make those phone calls

- 2154 now, where--and get me to the right--and when she says
- 2155 Tuesday, she is not kidding you.
- 2156 Mr. {Pitts.} Thank you. Ms. Burnette, would you
- 2157 respond to that, you know, as a patient in the World Trade
- 2158 Center Health Program, are you satisfied with your access and
- 2159 the care you have received, and compare before and after.
- 2160 Ms. {Burnette.} Yes, I am very satisfied with my care
- 2161 because in 2004, I started blacking-out at work and nobody
- 2162 knew why, and with the regular doctors I was just being sent
- 2163 out for different kind of tests. In the program, they send
- 2164 me to 1 doctor, who sends me to another doctor to make sure
- 2165 everything is covered. They schedule everything for you.
- 2166 And I think it is very important that they follow up in what
- 2167 is going on, and how they treat us is very well.
- 2168 Mr. {Pitts.} thank you. My time has expired.
- The chair recognizes the ranking member, Mr. Green, 5
- 2170 minutes for questions.
- 2171 Mr. {Green.} Thank you, Mr. Chairman.
- 2172 Mr. Howley, from your testimony I understand you have
- 2173 been seeing Dr. Udasin since the permanent World Trade Center
- 2174 Health Program was established under Zadroga. Would you
- 2175 explain what being able to see Dr. Udasin at the Rutgers
- 2176 Center of Excellence has meant to you? And I know it sounded
- 2177 like a little bit from the earlier question.

- 2178 Mr. {Howley.} That is fine. How do I phrase this in--
- 2179 their knowledge that they have acquired, because they have
- 2180 seen so many of us, when I present the next set of conditions
- 2181 or a former set of conditions that I had, she can tell me,
- 2182 Dave, go see Dr. X, Y, and Z, and not Dr. A, B, and C,
- 2183 because of her knowledge and skill and what she has been able
- 2184 to put together by seeing so many of us, she has that
- 2185 template, those tools in her belt--
- 2186 Mr. {Green.} Yeah.
- 2187 Mr. {Howley.} --that will send me to the right person.
- 2188 Mr. {Green.} Do you think you would have been in worse
- 2189 condition without being in the center?
- 2190 Mr. {Howley.} I wouldn't be here. This chair would be
- 2191 filled with somebody else. I would not be here. There were
- 2192 only 3--the last surgery I had last year, there were only I
- 2193 believe it was 4 surgeons that were qualified to do what I
- 2194 needed to get done.
- 2195 Mr. {Green.} Okay. Ms. Burnette, from your testimony I
- 2196 understand you receive medical monitoring treatment services
- 2197 at the Mount Sinai Clinical Center of Excellence. Could you
- 2198 explain what care you have received at Mount Sinai, and what
- 2199 it has meant to you?
- 2200 Ms. {Burnette.} The care I received has been excellent.
- 2201 They did an open lung biopsy which determined that I--which

- 2202 lung disease I had and how they were able to treat it, and
- 2203 what doctors I needed to see.
- 2204 Mr. {Green.} Okay. And could you explain what the care
- 2205 you received at Mount Sinai--I assume it is similar to what
- 2206 Dr. Udasin, you know, your--they are treating the whole
- person.
- 2208 Ms. {Burnette.} Yes. I have a primary doctor. They
- 2209 send me to individual doctors for the different diseases I
- 2210 have, like GERD, asthma, sinusitis, and one primary doctor
- 2211 coordinates all of that.
- 2212 Mr. {Green.} Okay. Do you think your condition would
- 2213 be worse if you hadn't had--didn't have access to the 9/11
- 2214 Health Program?
- 2215 Ms. {Burnette.} I believe it would be terribly worse
- 2216 because I was--I had that World Trade Center cough. I was
- 2217 not able to hold a conversation without the program providing
- 2218 me with the medications that I needed.
- 2219 Mr. {Green.} Dr. Udasin, why does this cohort of
- 2220 patients need the types of specialized care that is provided
- 2221 at the Clinical Centers of Excellence?
- 2222 Dr. {Udasin.} We have people with rare conditions like
- 2223 David that need specialists' help. We have been able to use
- 2224 our best university resources to get people that have seen
- 2225 many abnormalities on things like CT scans to get patients,

- 2226 like the gentleman I mentioned, to have the cancer removed.
- 2227 But I think really, the total--the number of conditions that
- 2228 we see and the complicated cases that we see, so you might
- 2229 have one condition and that influences another condition, and
- 2230 makes the third condition worse. So if you have mental
- 2231 health issues and you have reflux, and then you get chest
- 2232 pain, and you have asthma, you end up taking too many
- 2233 medications, and then you get a side-effect from medications.
- 2234 Many of the asthma medications, if you take too many of them,
- 2235 can precipitate heart disease. So I feel like early
- 2236 recognition and treatment of all the conditions correctly
- 2237 allows for much better outcomes for people.
- 2238 Mr. {Green.} It sounds like, with so many possible
- 2239 illnesses, misdiagnosis would be--would not be uncommon.
- 2240 Dr. {Udasin.} Well, that is correct. And Ms. Burnette
- 2241 described her shear number of conditions. And, yes, that is
- 2242 the issue because you don't want to--so you treat one
- 2243 condition really effectively, but you kill the patient while
- 2244 you are doing it because she had some other condition that
- 2245 you ignored. And so that is what I believe we are able to
- 2246 do. As the primary care gatekeeper-type person, I can make
- 2247 sure that all the specialists are talking to each other, and
- 2248 making sure that the total patient is treated correctly.
- 2249 Mr. {Green.} Thank you, Mr. Chairman. And I think

- 2250 because of the complications and the exposure to no telling
- 2251 what, that you need to have someone who looks at the whole
- 2252 person and actually treats all of the illnesses that you are
- 2253 subject to.
- Thank you, Mr. Chairman.
- 2255 Mr. {Pitts.} The chair thanks the gentleman.
- Now recognize the gentleman from New Jersey, Mr. Lance,
- 2257 5 minutes for questions.
- 2258 Mr. {Lance.} Thank you, Mr. Chairman.
- 2259 Dr. Udasin, can you explain in a little more detail your
- 2260 Center of Excellence and what that means, and how many there
- 2261 are in the metropolitan region, and what qualifies your
- 2262 organization as being a Center of Excellence?
- 2263 Dr. {Udasin.} Well, thank you. We are part of the Non-
- 2264 FDNY Responder Program, and so FDNY has a separate center.
- 2265 We are one of the New York/New Jersey consortium which
- 2266 includes centers at Mount Sinai, NYU, Stony Brook, Queens
- 2267 College, and Rutgers.
- 2268 Mr. {Lance.} Mount Sinai and NYU would be in Manhattan,
- 2269 and--
- 2270 Dr. {Udasin.} Yeah.
- 2271 Mr. {Lance.} --and Stony Brook is on Long Island, and--
- 2272 Dr. {Udasin.} And--
- 2273 Mr. {Lance.} --Queens is obviously in Queens, and

- 2274 Rutgers--
- 2275 Dr. {Udasin.} Queens is sort of in Nassau also. It is
- 2276 kind of on the border over there. And--right, and we serve
- 2277 as a Center of Excellence in New Jersey. What makes us
- 2278 different, our physicians are board certified in primary care
- 2279 specialties, internal medicine, and occupational medicine.
- 2280 It is double board certified. Almost all of our physicians
- 2281 have at least 2 board certifications. As I said, Rutgers has
- 2282 an environmental center of excellence in our same building,
- 2283 and we do extensive work on exposure and health effects, and
- 2284 that happens beside--that is the rest of the faculty that I
- 2285 work with in Rutgers. So we have a lot of experience with
- 2286 exposure and illness.
- We have a pulmonary doctor that actually comes into our
- 2288 practice and sees patients with us. We have mental health
- 2289 people that come into our practice and see patients. And
- 2290 then across the street from us we have our surgeons, our
- 2291 gastroenterologists and a number of other specialties--
- 2292 specialists that we need in the Rutgers Center.
- 2293 By the way, we changed our name to Rutgers. We need to
- 2294 get that on the record that we changed from UMDNJ to Rutgers.
- 2295 In any event--
- 2296 Mr. {Lance.} That is because our state legislature has
- 2297 permitted the combination of the University of Medicine and

- 2298 Dentistry and Rutgers.
- 2299 Dr. {Udasin.} Right. So in any event, then I have my
- 2300 registered nurses who are there helping us take care of
- 2301 patients, making sure that histories are obtained correctly,
- 2302 making sure that people actually know how to use their
- 2303 medications. This is really very important that we have
- 2304 people making sure that not only medications are used, but
- 2305 they are used correctly. Then I have my--as mentioned, my
- 2306 mental health corps, then I have my administrative corps
- 2307 which Tracey Berspese heads, and that group of people is
- 2308 performing audits to make sure that everybody else is doing
- 2309 everything correctly. We are using our pharmacy correctly.
- 2310 We are doing the best that we can to keep costs down, using
- 2311 generic drugs, and that all of our providers and people that
- 2312 are writing prescriptions, that everybody is certified
- 2313 appropriate to do this, and that our patients actually get
- 2314 their medications when they get to the pharmacy. So that is
- 2315 part of coordination of care. And I can assure you we are
- 2316 performing these audits because I want to make sure that we
- 2317 have funding to treat our patients. Presumably you guys are
- 2318 going to unanimously confirm this bill, and I want the money
- 2319 to be there to treat our patients.
- 2320 Mr. {Lance.} Thank you very much, Doctor.
- 2321 And to Mr. Howley and Ms. Burnette, thank you for your

- 2322 superb public service, and certainly, we honor that public
- 2323 service.
- 2324 Ms. Burnette, what position did you play in basketball
- when you played basketball?
- 2326 Ms. {Burnette.} Point guard.
- 2327 Mr. {Lance.} Point guard. I was 5'8" so I never played
- 2328 basketball.
- 2329 Mr. Chairman, I have a letter from, I think, 38 members
- 2330 of the New York and New Jersey Delegation to Speaker Boehner
- 2331 and Leader Pelosi requesting early passage of this bill. I
- 2332 would request that it be submitted for the record.
- 2333 Mr. {Pitts.} The gentleman seeks unanimous consent--
- 2334 Mr. {Lance.} I seek--
- 2335 Mr. {Pitts.} --to put in the record.
- 2336 Without objection, so ordered.
- [The information follows:]
- 2338 \*\*\*\*\*\*\*\*\* COMMITTEE INSERT \*\*\*\*\*\*\*\*\*

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Mr. {Lance.} Thank you, and I yield back 7 seconds.
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           Mr. {Pitts.} The chair thanks the gentleman.
2341
           Now recognizes the ranking member of the full committee,
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     Mr. Pallone, 5 minutes for questions.
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          Mr. {Pallone.} Thank you, Mr. Chairman.
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           Dr. Udasin, I wanted to get into the -- try to have you
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      explain, if you will, the importance of not only the Rutgers
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     Center but all of the centers that are part of this World
2347
     Trade Program in terms of research, because there is an
2348
      extensive research component, and I want you to kind of
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      emphasize if you can how you are developing diagnosis and
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      treatment of disorders that, you know, people might not even
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     be aware of, and how that research and, you know, the
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     uniqueness of the center makes that possible. Could--so
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      could you just kind of describe how the Rutgers Center is
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      involved in research into World Trade Center-related
2355
     conditions, and how that research is improving our ability to
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     diagnose and treat WTC-related health conditions, and the
2357
     benefits of that research?
           Dr. {Udasin.} So answering the Rutgers only--
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2359
           Mr. {Pallone.} That is fine, sure.
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2361 lot of sleep apnea experts in those 2 centers, and what I am

Dr. {Udasin.} --Rutgers and NYU research is, we have a

2362 really proud to say is that between our laboratory 2363 toxicologists and our sleep experts, we have developed 2364 certain markers that we are seeing in certain of our patients. Dr. Sundaram, one of our sleep experts, presented 2365 2366 this at the recent American Thoracic Society meetings, that 2367 certain markers were developed that certain people can be 2368 predicted possibly to have sleep apnea. And this is really 2369 important because these are inflammatory markers, and these 2370 people at 9/11 site were exposed to all kinds of toxins that 2371 can cause inflammation. And so because of that association between environmental exposures and inflammation, we have 2372 2373 been able to find people a lot sooner, get them treated. And 2374 for people to think about sleep apnea and the environment, 2375 because traditionally sleep apnea was thought of something 2376 that you had to be enormously obese to get, and we have 2377 patients that are not quite playing point guard, but are in 2378 awfully good shape that have sleep apnea. And we are able 2379 to--as I said, we--because of our occupational expertise, 2380 sleep apnea is a very serious condition. There was somebody 2381 who died recently, a celebrity, on the New Jersey Turnpike 2382 because a bus driver fell asleep. And we have a lot of our 2383 patients who have to drive commercial vehicles, operate 2384 planes, operate the subway, operate all kinds of heavy 2385 equipment, and it is really good that we are able to treat

- them and keep them safe and awake. And I feel like that is one thing our research has accomplished, which is not only applicable to our patients, but it is applicable to other people with environmental exposures.
- 2390 Mr. {Pallone.} Let me--I appreciate that. The other 2391 thing I wanted to--if you could get across is how we can 2392 expect an increase among the population that -- of these 9/11related conditions. In other words, my understanding is as 2393 2394 time goes on, we find more cancers, more disorders, you know, 2395 as people get older, that maybe didn't exist before and that 2396 have to be--and that now we are finding through your research 2397 or others in these centers that are related to 9/11 that we 2398 didn't know about before.
- Dr. {Udasin.} So I want to say that certain kinds of malignancies--poietic malignancies, have very short latency periods, and you would expect to see something like that within just a couple of years after exposure to toxins, but other toxins like asbestos have much longer latency periods, and they might be seen later on and at a different time.
- 2405 And if I could use just a few minutes to also answer a
  2406 question that you asked Dr. Howard earlier about mistakes
  2407 made by providers outside of the program. If I could just
  2408 add that we have found in the program that people have been
  2409 undertreated by local providers for various cancers, for

- 2410 various severe lung conditions like pulmonary fibrosis, and I
- 2411 do want to say, even though that wasn't exactly the question
- 2412 you asked, I do want to say that we have been able to improve
- 2413 the health care by tuning up, by getting better diagnostic
- 2414 services to our patients than they were able to get from some
- 2415 of the local people.
- 2416 Mr. {Pallone.} Thank you very much.
- 2417 Thank you, Mr. Chairman.
- 2418 Mr. {Pitts.} The chair thanks the gentleman.
- 2419 That concludes the questions of the members. They will
- 2420 have follow-up questions in writing. We will submit to the--
- 2421 those to you, ask that you please respond promptly.
- 2422 I would remind members they have 10 business days to
- 2423 submit questions for the record. And they should submit
- 2424 their questions by the close of business on Thursday, June
- 2425 25.
- 2426 Thank you very much for sharing your personal
- 2427 experience, for your excellent testimony. The committee will
- 2428 take up this legislation, I assure you, and act on it. And
- 2429 you have performed a public service by being here today.
- 2430 Thank you very much.
- 2431 And without objection, the subcommittee is adjourned.
- 2432 [Whereupon, at 12:43 p.m., the Subcommittee was
- 2433 adjourned.]