

**JACQUELINE NESI, PhD**

Assistant Professor

Brown University Warren Alpert Medical School  
 Department of Psychiatry and Human Behavior  
 Providence, RI

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**EDUCATION**

**Doctor of Philosophy**  
 August 2018

**Clinical Psychology Internship, Brown University**, Providence, RI  
 Clinical Child Track, APA Accredited Program  
 Advisors: Anthony Spirito, PhD & Jennifer Wolff, PhD

**University of North Carolina at Chapel Hill**, Chapel Hill, NC  
 Clinical Psychology, Child Track, APA Accredited Program  
 Certificate in Quantitative Psychology  
 Advisor: Mitchell J. Prinstein, PhD

**Master of Arts**  
 May 2014

**University of North Carolina at Chapel Hill**, Chapel Hill, NC  
 Clinical Psychology, Child Track, APA Accredited Program  
 Advisor: Mitchell J. Prinstein, PhD

**Bachelor of Arts**  
 May 2012

**Harvard University**, Cambridge, MA  
 Honors in Psychology, Cum Laude  
 Language Citation in Spanish

**POSTGRADUATE TRAINING**

**Alpert Medical School of Brown University / Rhode Island Hospital** **Sept 2018 – July 2020**  
 Department of Psychiatry and Human Behavior  
 American Foundation for Suicide Prevention (AFSP) Postdoctoral Research Fellowship  
 Advisors: Anthony Spirito, PhD & Jennifer Wolf, PhD

**PUBLICATIONS****Peer-Reviewed Manuscripts**

1. **Nesi, J.**, Rothenberg, W.A., Bettis, A.H., Massing-Schaffer, M., Fox, K.A., Telzer, E.H., Lindquist, K.A., Prinstein, M.J. (*in press*). Emotional responses to social media experiences among adolescents: Longitudinal associations with depressive symptoms. *Journal of Clinical Child and Adolescent Psychology*. <https://doi.org/10.1080/15374416.2021.1955370>
2. **Nesi, J.**, Burke, T.A., Extein, J., Kudinova, A.Y., Fox, K.A., Hunt, J., Wolff, J.C. (*in press*). Social media use, sleep, and psychopathology in psychiatrically hospitalized adolescents. *Journal of Psychiatric Research*. <https://doi.org/10.1016/j.jpsychires.2021.10.014>
3. Nick, E.A., Kilic, Z., **Nesi, J.**, Telzer, E.H., Lindquist, K.A., & Prinstein, M.J. (*in press*) Adolescent digital stress: Frequencies, correlates, and longitudinal association with depressive symptoms. *Journal of Adolescent Health*.
4. Maheux, A.J., Roberts, S.R., Nesi, J. & Choukas-Bradley, S. (*in press*) Longitudinal associations

between appearance-related social media consciousness and adolescents' depressive symptoms. *Journal of Adolescence*.

5. **Nesi, J.**, Burke, T.A., Bettis, A.H., Kudinova, A.Y., Thompson, E.C., MacPherson, H.A., Fox, K.A., Lawrence, H.R., Thomas, S.A., Wolff, J.C., Altemus, M.K., Soriano, S., & Liu, R.T. (2021). Social media use and self-injurious thoughts and behavior: A systematic review and meta-analysis. *Clinical Psychology Review*. <https://doi.org/10.1016/j.cpr.2021.102038>
6. Maheux, A.J., **Nesi, J.**, Galla, B.M., Roberts, S.R., & Choukas-Bradley, S. (2021). #Grateful: Longitudinal associations between adolescents' social media use and gratitude during the COVID-19 pandemic. *Journal of Research on Adolescence*.
7. Burke, T.A., Bettis, A.H., Kudinova, A.Y., Thomas, S.A., **Nesi, J.**, Erguder, L., MacPherson, H.A., Thompson, E.C., Ammerman, B.A., & Wolff, J.C. (2021). COVID-19 specific suicidal thoughts and behaviors in psychiatrically-hospitalized adolescents. *Child Psychiatry & Human Development*.
8. Kudinova, A.Y., Bettis, A.H., Thompson, E.C., Thomas, S.A., **Nesi, J.**, Erguder, L., MacPherson, H.A., Burke, T.A., & Wolff, J.C. (2021). COVID-19 related daily stressors, coping, and suicidal ideation in psychiatrically hospitalized youth. *Child & Youth Care Forum*.
9. Widman, L., Javidi, H., Maheux, A.J., Evans, R. **Nesi, J.**, & Choukas-Bradley, S. (2021). Sexual communication in the digital age: Adolescent sexual communication with parents and friends about sexting, pornography, and starting relationships online. *Sexuality & Culture*.
10. Hamilton, J.L., **Nesi, J.**, Choukas-Bradley, S. (2021). Re-examining adolescent social media use and socioemotional well-being through the lens of the COVID-19 pandemic: A theoretical review and directions for future research. *Perspectives on Psychological Science*.
11. Bettis, A.H., Burke, T.A., **Nesi, J.**, & Liu, R.T. (2021). Digital technologies for emotion regulation assessment and intervention: A conceptual review. *Clinical Psychological Science*.
12. Lawrence, H.R., **Nesi, J.**, Schwartz-Mette, R.A. (2021). Suicidal mental imagery: Investigating a novel marker of suicide risk. *Emerging Adulthood*.
13. **Nesi, J.**, Choukas-Bradley, S., Maheux, A.J., Roberts, S.R., Sanzari, C., Widman, L., & Prinstein, M.J. (2021). Selfie appearance investment and peer feedback concern: Multi-method investigation of adolescent selfie practices and adjustment. *Psychology of Popular Media*.
14. **Nesi, J.**, Burke, T.A., Lawrence, H.R., MacPherson, H.A., Spirito, A., & Wolff, J. (2021). Online self-injury activities among psychiatrically hospitalized adolescents: Prevalence, functions, and perceived consequences. *Research on Child and Adolescent Psychopathology*. <https://doi.org/10.1007/s10802-020-00734-4>
15. Lawrence, H. R., **Nesi, J.**, Burke, T. A., Liu, R. T., Spirito, A., & Wolff, J. C. (2021). Suicidal mental imagery in psychiatrically hospitalized adolescents. *Research on Child and Adolescent Psychopathology*. <https://doi.org/10.1007/s10802-020-00750-4>
16. Thompson, E.C., Thomas, S.A., Burke, T.A., **Nesi, J.**, MacPherson, H.A., Bettis, A.H., Kudinova, A.Y., Affleck, K., Hunt, J., & Wolff, J.C. (2021). Suicidal thoughts and behaviors in psychiatrically hospitalized adolescents pre- and post- COVID-19: A historical chart review and examination of contextual correlates. *Journal of Affective Disorders Reports*. <https://doi.org/10.1016/j.jadr.2021.100100>
17. Steinsbekk, S., Wichstrom, L., Stenseng, F., **Nesi, J.**, Hygen, B.W., Skalicka, V. (2021). The impact of social media use on appearance self-esteem from childhood to adolescence: A 3-wave

- community study. *Computers in Human Behavior*. <https://doi.org/10.1016/j.chb.2020.106528>
18. **Nesi, J.**, Telzer, E.H., Prinstein, M.J. (2020). Adolescent development in the digital media context. *Psychological Inquiry*. <https://doi.org/10.1080/1047840X.2020.1820219>
  19. Bettis, A. H., Thompson, E.C., Burke, T.A., **Nesi, J.**, Kudinova, A., Hunt, J.I., Liu, R.T., & Wolff, J.C. (2020). Prevalence and clinical indices of risk for sexual and gender minority youth in an adolescent inpatient sample. *Journal of Psychiatry Research*. <https://doi.org/10.1016/j.jpsychires.2020.08.022>
  20. Burke T.A., **Nesi J.**, Domoff S.E., Romanowicz M., Croarkin P.E.. Titrating Social Media Use During Adolescent Inpatient Psychiatric Hospitalization (2020). *Journal of the American Academy of Child and Adolescent Psychiatry*. <https://doi.org/10.1016/j.jaac.2020.06.008>
  21. **Nesi, J.**, Johnson, S. E., Altemus, M., Thibeau, H. M., Hunt, J., & Wolff, J. C. (2020). *13 Reasons Why*: perceptions and correlates of media influence in psychiatrically hospitalized adolescents. *Archives of Suicide Research*. <https://doi.org/10.1080/13811118.2020.1779155>
  22. **Nesi, J.** (2020). Invited Commentary - The impact of social media on youth mental health: Challenges and opportunities. *North Carolina Medical Journal*. <https://doi.org/10.18043/nmc.81.2.116>
  23. Choukas-Bradley, S., **Nesi, J.**, Widman, L. & Galla, B.M. (2020). The Appearance-Related Social Media Consciousness Scale: Development and validation with adolescents. *Body Image*. <https://doi.org/10.1016/j.bodyim.2020.02.017>
  24. Massing-Schaffer, M., **Nesi, J.**, Telzer, E. H., Lindquist, K. A., & Prinstein, M. J. (2020). Adolescent peer experiences and prospective suicidal ideation: The protective role of online only friendships. *Journal of Clinical Child & Adolescent Psychology*. <https://doi.org/10.1080/15374416.2020.1750019>
  25. Prinstein, M.J., **Nesi, J.**, & Telzer, E.H. (2020). Commentary: An updated agenda for the study of digital media use and adolescent development – future directions following Odgers & Jensen (2020). *Journal of Child Psychology and Psychiatry*. doi:10.1111/jcpp.13219
  26. Maheux, A.J., Evans, R., Widman, L., **Nesi, J.**, Prinstein, M.J., Choukas-Bradley, S. (2020). Popular peer norms and adolescent sexting behavior. *Journal of Adolescence*. <https://doi.org/10.1016/j.adolescence.2019.12.002>
  27. **Nesi, J.**, Wolff, J.C., & Hunt, J. (2019). Patterns of social media use among adolescents who are psychiatrically hospitalized. *Journal of the American Academy of Child and Adolescent Psychiatry*. doi:10.1016/j.jaac.2019.03.009
  28. Wolff, J.C., Thompson, E., Thomas, S., **Nesi, J.**, Bettis, A., Ransford, B., Scopelliti, K., Frazier, E., & Liu, R. (2019). Emotion dysregulation and non-suicidal self-injury: A Systematic review and meta-analysis. *European Psychiatry*. doi:10.1016/j.eurpsy.2019.03.004
  29. Massing-Schaffer, M. & **Nesi, J.** (2019). Cybervictimization and suicide risk in adolescence: An integrative model of social media and suicide theories. *Adolescent Research Review*. doi:10.1007/s40894-019-00116-y
  30. Choukas-Bradley, S., **Nesi, J.**, Widman, L., & Higgins, M.K. (2018). Camera-ready: Young women’s appearance-related social media consciousness. *Psychology of Popular Media Culture*. doi:10.1037/ppm0000196
  31. **Nesi, J.**, Choukas-Bradley, S. & Prinstein, M.J. (2018). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical review and application to dyadic peer

- relationships. *Clinical Child and Family Psychology Review*, 21(3), 267-94. doi:10.1007/s10567-018-0261-x
32. **Nesi, J.**, Choukas-Bradley, S. & Prinstein, M.J. (2018). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review*, 21(3), 295-319. doi:10.1007/s10567-018-0262-9
  33. **Nesi, J.** & Prinstein, M.J. (2018). In search of likes: Longitudinal associations between adolescents' digital status seeking behaviors and adjustment outcomes. *Journal of Clinical Child and Adolescent Psychology*. doi:10.1080/15374416.2018.1437733
  34. Widman, L., **Nesi, J.**, Choukas-Bradley, S. & Kamke, K. (2018). Technology-based interventions to reduce HIV/STIs and unintended pregnancy among youth: A meta-analysis. *Journal of Adolescent Health*, 62(6), 651-60. doi:10.1016/j.jadohealth.2018.02.007
  35. Garrett, K., Widman, L., Noar, S. & **Nesi, J.** (2018). Intentions to use emergency contraception: The role of accurate knowledge and information source credibility, 49(4), 264-270. *American Journal of Health Education*, 29(4), 264-70. doi:10.1080/19325037.2018.1473179
  36. Choukas-Bradley, S., **Nesi, J.**, Widman, L., Noar, S. (2018). Examining the roles of self-objectification and appearance expectations in young women's indoor tanning behavior. *Sex Roles*. doi:10.1007/s11199-018-0913-9
  37. **Nesi, J.**, Rothenberg, W.A., Hussong, A. & Jackson, K. (2017). Friends' alcohol-related social networking site activity predicts escalations in adolescent drinking: Mediation by peer norms. *Journal of Adolescent Health*, 60(6), 641-647. doi:10.1016/j.jadohealth.2017.01.009
  38. **Nesi, J.**, Miller, A.B. & Prinstein, M.J. (2017). Adolescents' depressive symptoms and subsequent technology-based interpersonal behaviors: A multi-wave study. *Journal of Applied Developmental Psychology*, 51, 12-19. doi:10.1016/j.appdev.2017.02.002
  39. **Nesi, J.**, Widman, L., Choukas-Bradley, S. & Prinstein, M.J. (2017). Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships: A preliminary investigation. *Journal of Research on Adolescence*, 27(2), 471-477. doi:10.1111/jora.12274
  40. Widman, L., Choukas-Bradley, S., Noar, S.M., **Nesi, J.**, & Garrett, K.P. (2016). Parent-adolescent sexual communication and adolescent safer sex behavior: A meta-analysis. *JAMA Pediatrics*, 170(1), 52-61. doi:10.1001/jamapediatrics.2015.2731
  41. **Nesi, J.** & Prinstein, M.J. (2015). Using social media for social comparison and feedback-seeking: Gender and popularity moderate associations with depressive symptoms. *Journal of Abnormal Child Psychology*, 43(8), 1427-1438. doi:10.1007/s10802-015-0020-0
  42. Widman, L., **Nesi, J.**, Choukas-Bradley, S., & Prinstein, M.J. (2014). Safe sext: Adolescents' use of technology to communicate about sexual health with dating partners. *Journal of Adolescent Health*, 54(5), 612-614. doi:10.1016/j.jadohealth.2013.12.009

### **Book Chapters**

1. **Nesi, J.**, Dredge, R., Maheux, A.J., Roberts, S.R., Fox, K.A., & Choukas-Bradley, S. (*in press*). Peer experiences via social media. In B. Halpern-Felsher (Ed.), *Encyclopedia of Child and Adolescent Health*. Elsevier.
2. Choukas-Bradley, S., & **Nesi, J.** (2020). Applying developmental theory to peer influence processes in the social media context. In N. Van Zalk, & C.P. Monks (Eds.), *Online Peer Engagement in Adolescence*. New York: Routledge. doi:10.4324/9780429468360

**Books Edited**

1. **Nesi, J.,** Telzer, E.H., Prinstein, M.J. (*forthcoming*). *The Handbook of Adolescent Digital Media Use and Mental Health*. Cambridge, UK: Cambridge University Press.

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**INVITED PRESENTATIONS**


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1. **Adolescent social media use and mental health: Risks, benefits, and opportunities.** Merrill Palmer Skillman Institute, Wayne State University. Detroit, MI.
2. **#MentalHealth: Understanding the role of social media in adolescent suicide risk.** Massachusetts General Hospital (MGH) Center for OCD and Related Disorders (CORD). Boston, MA. December 2021
3. **Transformation of adolescent peer experiences in the context of social media.** Institute of Child Development T32 Developmental Psychopathology Proseminar, University of Minnesota. Minneapolis, MN. October 2021.
4. **Rethinking adolescent social media use and mental health: Risks, benefits, and opportunities.** Uppsala Health Summit: Mental Wellbeing 2021. Uppsala, Sweden. October 2021.
5. **Testimony on youth social media use and mental health.** Texas House of Representatives. Select Committee on Youth Health and Safety. Austin, TX. October 2021.
6. **The ethics of suicide intervention and resource provision on digital platforms.** Panel sponsored by TikTok at International Association for Suicide Prevention 31<sup>st</sup> World Congress. September 2021. Gold Coast, Australia.
7. **Adolescent social media use and suicide risk.** American Foundation for Suicide Prevention – New York City Chapter. Virtual Research Connections. June 2021.
8. **Social media and suicide.** Children and Screens. Invited Research Retreat. May 2021.
9. **Adolescent social media use and suicide risk.** American Foundation for Suicide Prevention – Illinois Chapter. Virtual Research Connections. December 2020.
10. **Adolescent social media use and mental health.** University of Delaware. Brown Bag Seminar Series. November 2020.
11. **Adolescent social media use and suicide risk.** American Foundation for Suicide Prevention – Philadelphia Chapter. Virtual Research Connections. October 2020.
12. **Adolescent social media use and mental health.** Center for Digital Health – Brown University. Seminar Series. September 2020.
13. **Adolescent social media use and suicide risk.** American Foundation for Suicide Prevention – Georgia Chapter. Virtual Research Connections. June 2020.
14. **Suicide risk, prevention, and social media.** Johnson & Wales University Physician’s Assistant program. Providence, RI. October 2019.
15. **Adolescent social media use and mental health.** Bradley Hospital Social Work Department Speaker Series. Providence, RI. September 2019.
16. **Adolescent peer relationships and adjustment in the digital age.** Rhode Island Family Court, *The Reality of Child Welfare in a Technological World*. Providence, RI. October 2018.
17. **Social media and adolescents.** North Carolina School Health Training Center, *Family Life Institute*, Greenville, NC. August 2018.
18. **Adolescent peer relationships and adjustment in the digital age.** Invited presentation at the *National Academies of Sciences, Engineering, and Medicine*, Committee on the Neurobiological and Socio-Behavioral Science of Adolescent Development. June 2018.
19. **Social media use: Implications for social adjustment and health-risk behaviors.** Invited symposium at *Society for Research on Adolescence*, Minneapolis, MN. April 2018.

20. **Social media and adolescence.** UNC *Well Said* Audio Podcast. Chapel Hill, NC. June 2016.  
<http://www.unc.edu/spotlight/well-said-social-media-adolescence/>
21. **Adolescent peer processes and alcohol use initiation in the context of social media.** Innovation Research & Training (iRT), Durham, NC. October 2016.
22. **Parenting teens in a digital world.** The Duke School, Durham, NC. Co-presenter: Dr. Lorie Ritschel. March 2016.
23. **Introduction to mental illness.** YMCA High School Leaders' Club, Chapel Hill, NC. January 2016.
24. **Adolescents and social media: Examining psychosocial and developmental correlates of modern technology use.** Presented at EARA-SRA Summer School, Atlanta, GA. June 2015.

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## AWARDS AND HONORS

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|---|----------------------|
| <b>Invited Panelist: National Academies of Sciences, Engineering, and Medicine</b>  | <b>June 2018</b>     |
| Committee on the Neurobiological and Socio-Behavioral Science of Adolescent Development<br>"Adolescents and Digital Media" panel at National Academies committee public session   |                      |
| <b>National Science Foundation Graduate Research Fellowship</b>   | <b>2013 – 2018</b>   |
| National Science Foundation<br>Awarded to students with demonstrated potential to be high achieving scientists.   |                      |
| <b>Mind Brain Research Day Poster Award</b>   | <b>March 2018</b>    |
| Alpert Medical School of Brown University<br>Second place poster award for Clinical Psychology residents, Dept. of Psychiatry & Human Behavior  |                      |
| <b>Graduate Student Award for Excellence in Mentoring Undergraduates</b>  | <b>May 2016</b>      |
| UNC Chapel Hill, Office of Undergraduate Research<br>Competitive award to acknowledge significant contributions to undergraduate mentoring.   |                      |
| <b>SRA Emerging Scholar Spotlight</b>   | <b>February 2016</b> |
| Society for Research on Adolescence<br>Nominated as an emerging scholar making an impact in the study of adolescence.   |                      |
| <b>SRA Emerging Scholar Student Travel Award</b>  | <b>March 2016</b>    |
| Society for Research on Adolescence<br>Competitive award for travel to biennial SRA conference (\$200).   |                      |
| <b>Letter of Commendation for Excellence in Teaching</b>  | <b>Fall 2015</b>     |
| UNC Chapel Hill, Department of Psychology and Neuroscience<br>Awarded to instructors and professors receiving student evaluations in the top 10% for the Department of Psychology. Awarded for independently taught Abnormal Psychology course. |                      |
| <b>Dashiell Research Travel Award</b>   | <b>Fall 2015</b>     |
| UNC Chapel Hill, Department of Psychology and Neuroscience<br>Awarded to graduate student presenters to reimburse conference travel (\$400).  |                      |
| <b>EARA-SRA Junior Scholar</b>  | <b>May 2015</b>      |
| European Association for Research on Adolescence & Society for Research on Adolescence<br>Selected from international pool of applicants for one-week summer research program in Atlanta, GA, funded by the Jacobs Foundation.                  |                      |
| <b>Graduate and Professional Student Federation (GPSF) Travel Award</b>   | <b>April 2014</b>    |

UNC Chapel Hill, GPSF

Competitive award to support research and conference travel (\$250).

***The New York Times* College Essay Contest Finalist**

**May 2012**

*The New York Times*

Essay selected to top 20 out of 1400 submissions.

**James Buell Munn Prize**

**May 2012**

Harvard University

Awarded to one graduating senior for extraordinary literary talent.

**Institute of Politics Director's Internship Grant**

**Summer 2010**

Harvard University, Institute of Politics

Selected as one of 50 awardees from pool of 550 applicants to fund research internship (\$4000).

**President's Public Service Fund Grant**

**Spring 2010**

Harvard University, Phillips Brooks House Association

As director of local after-school tutoring program, awarded grant to cover program costs (\$1000).

**Institute of Politics Summer Grant for Public Service**

**Summer 2009**

Harvard University, Institute of Politics

Awarded grant to fund full-time public service summer internship (\$500).

**Detur Book Prize**

**May 2008**

Harvard University

Recognizes undergraduates who have attained very high academic standing in their first year.

**United States Presidential Scholarship**

**June 2007**

United States Department of Education

Awarded to 141 students nationwide to recognize nation's most distinguished high school seniors.

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**GRANTS FUNDED**

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**K23MH122669** National Institute of Mental Health (NIMH) 07/2020 -

Title: Social Media Use and Mechanisms of Suicide Risk in Adolescents

Role: Principal Investigator

Direct Costs: \$906,000

This study examines how and for whom social media use increases risk for suicidality among youth, using experimental eye-tracking methods and machine learning analyses of social media data.

**R21HD102634** National Institute of Child Health and Human Development (NICHD) 02/2020 -

Title: An Exploratory Investigation of Parent Strategies for Managing Social Media Use

Role: Principal Investigator

Direct Costs: \$140,892

This study uses a multi-method approach to examine parenting strategies for managing adolescents' social media use and associated social media experiences in real-time.

**R01MH124866** National Institute of Mental Health 08/2021 -

Title: Neural sensitivity to social evaluation and daily online and in-person social experience with peers:

Predicting fluctuations in suicidality, self-harm, and depressive symptoms in adolescent girls

(MPIs Silk, Ladouceur)

Role: Consultant

**RCN 324871** Research Council of Norway 07/2021 -  
 Title: Digital lives: Impact of social media use on psychological and social development from childhood to adulthood (PI: Steinsbekk)  
 Role: Consultant

**PDF010517** American Foundation for Suicide Prevention (AFSP) 11/2018 – 10/2020  
 Title: The Role of Social Media in Adolescents' Suicidal Thoughts and Behavior  
 Role: Principal Investigator/Trainee  
 Direct Costs: \$104,000  
 Two-year training grant to enable young investigators to conduct independent work contributing to the understanding and ultimate prevention of suicide.

**DGE1144081** National Science Foundation (NSF) 09/2013 – 05/2018  
 National Science Foundation Graduate Research Fellowship  
 Role: Trainee  
 Direct Costs (including tuition support): \$144,000  
 Five-year award to recognize and support outstanding graduate students conducting innovative research in STEM disciplines.

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### GRANTS UNDER REVIEW

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R21 National Institute of Mental Health (NIMH) 10/2020  
 Title: Social Disconnection and Suicide Risk: The Role of Digital Emotion Regulation  
 Role: Principal Investigator  
 This study investigates the role of social media-based emotion regulation strategies in the momentary experience of social disconnection and suicidal ideation during high-risk clinical transition periods.

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### RESEARCH PRESENTATIONS

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1. Bettis, A. H., Burke, T. A., **Nesi, J.**, & Liu, R. T. (2021, November). Affective and cognitive processes of risk and resilience in parents of high-risk teens. In H. Lawrence (Chair), Supporting Adolescents Before, During, and After Psychiatric Hospitalization for Suicide Risk. Symposium at annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
2. Bettis, A. H., Burke, T. A., **Nesi, J.**, & Liu, R. T. (2021, November). Emotion regulation processes in adolescents following psychiatric hospitalization. In R. Hunt & S. Wang (Chairs), What happens after people leave treatment? Examining transdiagnostic illness trajectories and transitions during critical periods. Symposium submitted to annual conference of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
3. Evans, R., Widman, L., Dodson, C., Scull, T. Javidi, H., Maheux, A.J., **Nesi, J.**, & Choukas-Bradley, S. (2021, November). Promoting adolescent sexual health in the digital age through media literacy and sexual communication. Symposium at the Society for the Scientific Study of Sexuality Conference, San Juan, Puerto Rico.
4. Lawrence, H.R., **Nesi, J.**, Burke, T.A., Liu, R.T., Spirito, A., Hunt, J., Wolff, J.C., & Schwartz-Mette, R.A. (2021, June). Suicidal mental imagery and risk for suicide attempts in two samples. Poster submitted to the Journal of Clinical Child and Adolescent Psychology (JCCAP) Future Directions Forum, Virtual.



5. **Nesi, J.**, Burke, T.A., Bettis, A.H., Kudinova, A.Y., Thompson, E.C., MacPherson, H.A., Fox, K.A., Lawrence, H.R., Thomas, S.A., Wolff, J.C., Altemus, M.K., Soriano, S., & Liu, R.T. (2021, April). Social media use and self-injurious thoughts and behavior: A systematic review and meta-analysis. In S. Choukas-Bradley (Chair), *New Advances in the Study of Adolescents' Social Media Use: Theoretical and Empirical Perspectives*. Symposium at biannual meeting of Society for Research in Child Development, Virtual.
6. Choukas-Bradley, S., Roberts, S. R., Maheux, A. J., & **Nesi, J.** (2021, April). Adolescent girls' social media use, body image, and mental health: Proposing a developmental–sociocultural framework. In S. Choukas-Bradley (Chair), *New Advances in the Study of Adolescents' Social Media Use: Theoretical and Empirical Perspectives*. Symposium at biannual meeting of Society for Research in Child Development, Virtual.
7. Fox, K.A., Nick, E., **Nesi, J.**, Prinstein, M.J. (2021, April). Adolescent engagement in digital status seeking: Developmental antecedents of peer- and self- reported DSS. Poster at the biannual meeting of Society for Research in Child Development, Virtual.
8. Kilic, A., Nick, E., Lindquist, K.A., Telzer, E., **Nesi, J.**, Prinstein, M.J. (2021, April). Adolescents, digital stress, and depressive symptoms. Poster at biannual meeting of Society for Research in Child Development, Virtual.
9. Maheux, A. J., Roberts, S. R., **Nesi, J.**, Galla, B. M., & Choukas-Bradley, S., (2021, April). Quantifiable peer feedback on social media: Differences by gender and associations with depressive symptoms. In S. X. Xiao (Chair), *Gender today: Advances in gendered nature of children's and adolescents' peer relationships*. Symposium at biannual meeting of Society for Research in Child Development, Virtual.
10. Bettis, A. H., Kudinova, A., Thompson, E., Thomas, S., **Nesi, J.**, Erguder, L., MacPherson, H., Burke, T. A., & Wolff, J. (2021). COVID-19 related impact on daily stressors, coping, and suicidal ideation in psychiatrically hospitalized youth. In E. Burdette & J. Hamilton (Chairs), *Coping with COVID-19: Identifying transdiagnostic and modifiable risk and resilience factors among adolescents*. Symposium at annual meeting of the Anxiety and Depression Association of America, Virtual.
11. Maheux, A. J., Roberts, S. R., Widman, L., **Nesi, J.**, & Choukas-Bradley, S. (2021, February). Longitudinal Associations Between Adolescent Social Media Use and Depressive Symptoms: The Role of Appearance-Related Social Media Consciousness. Poster at annual convention of Society for Personality and Social Psychology, Virtual.
12. Bibby, E.S., Widman, L., Turpyn, C., Choukas-Bradley, S., **Nesi, J.**, Prinstein, M.J., & Telzer, E.H. (2021, February). A multi-wave assessment of ethnic and gender differences in adolescents' sexual communication with parents, peers, and partners. Poster at annual convention of Society of Personality and Social Psychology.
13. **Nesi, J.**, Burke, T.A., Lawrence, H.R., MacPherson, H.A., Spirito, A., & Wolff, J.C. (2020, Nov.). Online self-injury activities among psychiatrically hospitalized adolescents: Prevalence, functions, and perceived consequences. In H.R. Lawrence (Chair), *The Unique Roles of Self-Injury Imagery and Image Exposure in Assessing and Treating Self-Injurious Thoughts and Behaviors*. Symposium to be presented at annual meeting of Association for Behavioral and Cognitive Therapies, Virtual.

14. Massing-Schaffer, M., **Nesi, J.**, & Prinstein, M.J. (2020, Nov.). Depressive symptoms and prospective changes in friendship status in adolescence. In M. Fischer (Chair), Social Processes and Psychopathology: Effects of Disorders and Symptoms on Relationships Across the Lifespan. Symposium to be presented at annual meeting of Association for Behavioral and Cognitive Therapies, Virtual.
15. Fox, K., **Nesi, J.**, Bettis, A.H., Wolff, J., & Prinstein, M.J. (2020, Nov.). Individual differences in social media use among psychiatrically hospitalized adolescents. Poster to be presented at annual meeting of Association for Behavioral and Cognitive Therapies, Virtual.
16. Bibby, E.S., Widman, L., Turpyn, C., Telzer, E.H., **Nesi, J.**, Choukas-Bradley, S., & Prinstein, M.J. (2020, Nov.). Let's talk about safe sex: A multi-wave assessment of adolescents' sexual communication with parents and peers. Poster to be presented at annual meeting of Association for Behavioral and Cognitive Therapies, Virtual.
17. **Nesi, J.**, Bettis, A.H., & Prinstein, M.J. (2020, March). Adolescent sensitivity to positive and negative social media experiences: Associations with emotional reactivity and depressive symptoms. In Social Media and Online Risks. Symposium presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA. [cancelled due to COVID-19]
18. **Nesi, J.**, Choukas-Bradley, S., Maheux, A.J., Roberts, S.R., Sanzari, C., Widman, L., & Prinstein, M.J. (2020, March). Selfie appearance investment and peer feedback concern: An investigation of adolescent selfie practices and psychosocial adjustment. In M. Zimmer-Gembeck (Chair), Immersion in Social Media: Associations of Preoccupation, Appearance, Selfies, and Comments with Mental and Physical Health. Symposium presented at biennial meeting of the Society for Research on Adolescence, San Diego, CA. [cancelled due to COVID-19]
19. Massing-Schaffer, M., **Nesi, J.**, & Prinstein, M.J. (2020, March). Adolescent peer experiences and prospective suicidal ideation: The protective role of online-only friendships. In L. A. Henricks (Chair), Internalizing Symptoms in Adolescence: The Role of Individual Cognitions and Peer Processes. Symposium presented at biennial meeting of the Society for Research on Adolescence, San Diego, CA. [cancelled due to COVID-19]
20. Massing-Schaffer, M., **Nesi, J.**, & Prinstein, M.J. (2020, March). Adolescent peer status and online status-seek behaviors and cognitions: An examination of linear and quadratic associations. In J. Swirsky (Chair), Social Media Engagement among Adolescents: Motivations and Adjustment Correlations of Different Engagement Behaviors. Symposium presented at biennial meeting of the Society for Research on Adolescence, San Diego, CA. [cancelled due to COVID-19]
21. Maheux, A. J., Evans, R., Widman, L., **Nesi, J.**, Prinstein, M. J., & Choukas-Bradley, S. (2020, March). Adolescent sexting: The role of peer influence and perceptions of peer norms. Poster presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA. [cancelled due to COVID-19]
22. Widman, L., Javidi, H., Choukas-Bradley, S., & **Nesi, J.** (2020, March). Adolescent Sexual Communication and Behavior in the Digital Age: Sexting, Porn, and Using Social Media to Meet Partners. In D.L. Espelage (Chair), Sexuality, Sports, and Adolescent Development. Symposium presented at the biennial meeting of the Society for Research on Adolescence, San Diego, CA. [cancelled due to COVID-19]
23. **Nesi, J.**, Guthrie, K. Wolff, J. & Sprito, A. (2019, October). Social media and suicide risk: Qualitative analysis of social media content and in-depth interviews among psychiatrically-

- hospitalized adolescents. In J. Wolff (Chair), *Cognitive and Interpersonal Processes of Risk for Suicide in Adolescence and Emerging Adulthood*. Symposium presented at annual meeting of the International Academy of Suicide Research, Miami, FL.
24. Altemus, M., **Nesi, J.**, Johnson, S.E., Thibeuau, H., Wolff, J.C. (2019, November). *13 Reasons Why*: Perceptions and correlates of media influence in psychiatrically hospitalized adolescents. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, Atlanta, GA.
  25. Prinstein, M.J., Sheppard, C.S., **Nesi, J.**, & Calhoun, C.D. (2019, March). Childhood peer rejection and physical health in middle adulthood: A worldwide study of recollections. In J. Allen (Chair), *The connection effect: Adolescent peer relations predict long-term physical, mental, and romantic life outcomes*. Symposium presented at Society for Research in Child Development, Baltimore, MD.
  26. Choukas-Bradley, S. **Nesi, J.**, & Widman, L. (2019, March). Social media and self-objectification.: Examining the implications for adolescents' body image and mental health. Talk presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.
  27. **Nesi, J.** & Wolff, J.C. (2018, October). Social media experiences of psychiatrically hospitalized adolescents. Poster presented at the Digital Media and Developing Minds conference, Cold Spring Harbor, NY.
  28. Choukas-Bradley, S., **Nesi, J.**, & Widman, L. (2018, October). Social media self-objectification: Associations with adolescents' body image and mental health. Paper presented at the Digital media and Developing Minds conference, Cold Spring Harbor, NY.
  29. Widman, L., **Nesi, J.**, Kamke, K., Choukas-Bradley, S., & Stewart, J. L. (2018, July). Technology-based interventions to reduce STIs and unintended pregnancy among youth: A Meta-Analysis. Poster presented at the International Academy of Sex Research conference, Madrid, Spain
  30. **Nesi, J.** (2018, April). Social media use: Implications for social adjustment and health-risk behaviors. In J. Nesi (Chair). *Social media: Risks and opportunities for adolescent development*. Invited symposium at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
  31. Choukas-Bradley, S., **Nesi, J.**, Widman, L., & Higgins, M. K. (2018, April). Camera-ready: Young women's appearance-related social media consciousness. In B. Uink (Chair), *Teens and Tech: Spill-over of Adolescents' Digital Technology Use to Offline behaviors and Wellbeing*. Symposium presented at biannual meeting of Society for Research on Adolescence, Minneapolis, MN.
  32. Choukas-Bradley, S., **Nesi, J.**, Widman, L., & Higgins, M. K. (2018, April). Carryover of social media to adolescent girls' offline lives: Associations with physical appearance concerns and depressive symptoms. Poster to be presented at the *Playing with Childhood in the Twenty-First Century* conference, University of Pittsburgh, Pittsburgh, PA.
  33. Widman, L., Stewart, J., **Nesi, J.**, & Prinstein, M. J. (2017, November). Is everyone sexting? Adolescents' misperceptions of sexting among high status peers. Poster presented at annual meeting of the Society for the Scientific Study of Sexuality, Atlanta, GA.
  34. **Nesi, J.** & Choukas-Bradley, S. (2017, October). Social media as a unique context for adolescent sexual behavior. In C.R. Catarozoli (Chair). *Sexting and social media: Risk-taking behavior in the*

- 21<sup>st</sup> century. Symposium presented at annual meeting of American Academy of Child and Adolescent Psychiatry, Washington, DC.
35. Widman, L., Stewart, J. L., Choukas-Bradley, S., **Nesi, J.**, & Prinstein, M. J. (2017, July). Having “the talk”: A multi-wave assessment of parent-adolescent sexual communication. Poster presented at annual meeting of International Association of Sex Research, Charleston, SC.
  36. **Nesi, J.**, Rothenberg, W.A., Hussong, A. & Jackson, K. (2017, June). Friends’ alcohol-related social networking site activity predicts escalations in adolescent drinking: Mediation by peer norms. Poster presented at annual meeting of Research Society on Alcoholism, Denver, CO.
  37. **Nesi, J.**, Miller, A.B., & Prinstein, M.J. (2017, April). Depressive symptoms associated with adolescents’ maladaptive technology-based interpersonal behaviors: A multi-wave study. In K. Kochel & C. Bagwell (Chairs). Applying symptoms-driven models of depression to the study of peer relationship adversity. Symposium presented at biannual meeting of Society for Research in Child Development, Austin, TX.
  38. Choukas-Bradley, S., **Nesi, J.**, Widman, L., & Higgins, M.K. (2017, January). Self-objectification 2.0: Examining the role of social media self-objectification in the psychology of young women. Poster presented at annual meeting of Society for Personality and Social Psychology, San Antonio, TX.
  39. **Nesi, J.**, Giletta, M., Choukas-Bradley, S., Cohen, G. & Prinstein, M.J. (2016, April). Adolescents’ conformity to high status peers predicts increased self-esteem. In M. J. Prinstein (Chair). Peer influence: Why do adolescents conform and who is most susceptible? Symposium presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
  40. **Nesi, J.** Widman, L., Choukas-Bradley, S., & Prinstein, M.J. (2016, April). Technology-based communication and the development of interpersonal competencies within adolescent romantic relationships. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
  41. Rothenberg, W.A. **Nesi, J.**, & Jackson, K. (2016, April). Exposure to friends’ alcohol-related social networking site posts predicts adolescents’ initiation of drinking behaviors. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
  42. Ogunkeye, J. **Nesi, J.**, & Prinstein, M.J. (2016, April). Peer accusations of “acting white”: Longitudinal effects on minority adolescents ethnic identity and depressive symptoms. Poster presented at biannual meeting of Society for Research on Adolescence, Baltimore, MD.
  43. **Nesi, J.** (2015, June). Adolescents and social media: Examining psychosocial and developmental correlates of modern technology use. Talk presented at EARA-SRA Summer School, Atlanta, GA.
  44. **Nesi, J.** & Prinstein, M.J. (2015, November). Using social media for social comparison and feedback-seeking: Gender and popularity moderate associations with depressive symptoms. In P. Chou (Chair). Is being on the ‘net all net gain? Examining negative effects of Internet exposure and social media on youth internalizing problems. Symposium presented at annual meeting of Association for Behavioral and Cognitive Therapies, Chicago, IL.
  45. **Nesi, J.**, Widman, L., Choukas-Bradley, S., Prinstein, M.J. (2014, April). Safe sext: Adolescents’ use of technology to communicate about sexual health with dating partners. In J.Y. Berkley-Patton & L.M. Quintiliani (Chairs), Sexual health and risk behaviors. Talk presented at annual meeting of Society of Behavioral Medicine, Philadelphia, PA.

46. **Nesi, J.** & Prinstein, M.J. (2014, March). Technology-based mediators and gender differences in the relationship between frequent technology use and depressive symptoms. Poster presented at biannual meeting of Society for Research on Adolescence, Austin, TX.
47. **Nesi, J.**, Bardone-Cone, A.M., & Prinstein, M.J. (2013, November). Ideal body size, self-ideal body size discrepancy, and longitudinal associations with depression in an ethnically diverse sample of adolescent girls and boys. Poster presented at annual meeting of Association for Behavioral and Cognitive Therapies, Nashville, TN.
48. **Nesi, J.** & Prinstein, M.J. (2013, April). Do offline adolescent peer relationships still occur? Frequencies, attitudes, and status correlates of technologically-based peer experiences. Poster presented at biannual meeting of Society for Research in Child Development, Seattle, WA.

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## OTHER PROFESSIONAL ACTIVITIES AND SERVICE

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### PROFESSIONAL SERVICE

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| <b>Social Sciences and Humanities Research Council Insight Grant Reviewer</b><br>Government of Canada  | <b>12/2020</b>         |
| <b>Co-chair, Media Topic Network of the SSEA</b><br>Society for the Study of Emerging Adulthood (SSEA)   | <b>2/2019 – 4/2020</b> |
| <b>Volunteer Presenter.</b> UNC Chapel Hill First Look Program<br>Provided weekly, age-appropriate research presentations for North Carolina middle school students in college awareness campus visit program. | <b>8/2015 – 6/2016</b> |
| <b>NSF Fellowship Pre-Reviewer.</b> UNC Office of Graduate Education.<br>Assisted graduate students with applications to National Science Foundation Research Fellowship.                                      | <b>8/2013 – 1/2014</b> |

### INVITED AD HOC PEER REVIEWS

*Elsevier Publishers: Book Proposal on youth technology use and development*  
*Journal of Adolescent Research: Special issue - Adolescent Development in the Age of Social Media*  
*SRCD 2019: Technology, Media, and Child Development Panel*  
*APA Division 53: Student Poster Award*  
*Clinical Psychological Science*  
*Journal of Adolescent Health*  
*Journal of Adolescence*  
*Developmental Psychology*  
*Social Development*  
*Emerging Adulthood*  
*Social Science Computer Review*  
*Alcohol and Alcoholism*  
*Psychiatry Review*  
*PLOS One*  
*Communication Monographs*  
*Merrill-Palmer Quarterly*  
*Clinical Child and Family Psychology Review*  
*Journal of Pediatrics*

*Cyberpsychology: Journal of Psychosocial Research on Cyberspace*  
*Psychology of Addictive Behaviors*  
*Psychology and Psychotherapy: Theory, Research, and Practice*  
*Journal of Paediatrics and Child Health*  
*Child and Youth Services Review*  
*Journal of Clinical Child and Adolescent Psychology*  
*Scientific Reports*  
*Child Development*  
*Psychology of Popular Media*  
*Cognitive Behaviour Therapy*

## **PROFESSIONAL MEMBERSHIPS**

American Psychological Association  
 Division 12: Society of Clinical Psychology  
 Division 46: Society for Media Psychology & Technology  
 Division 53: Society for Clinical Child & Adolescent Psychology  
 Society for Research on Adolescence  
 Society for a Science of Clinical Psychology  
 Society for the Study of Emerging Adulthood

## **CONSULTATION**

Common Sense Media  
 Vertroos Health, Inc.  
 Winston Family Initiative in Technology and Adolescent Brain Development at UNC-Chapel Hill

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## **CLINICAL EXPERIENCE**

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### **Postdoctoral Fellow Clinician**

**07/2018 – Present**

Alpert Medical School of Brown University. *Supervisor*: Jennifer C. Wolff, PhD

Rotations Completed: Individual and group therapy in adolescent psychiatric inpatient unit; outpatient individual therapy in adolescent mood disorder clinic.

### **Pre-doctoral Psychology Intern**

**07/2017 – 06/2018**

Alpert Medical School of Brown University. *Director of Internship*: Elizabeth McQuaid, PhD

Rotations Completed: group and individual therapy in adolescent psychiatric inpatient unit; therapy in pediatric OCD intensive outpatient program; intake assessments in adolescent obesity clinic; assessments, therapy, and consultation at community-based therapeutic day school; autism spectrum disorder diagnostic assessment clinic

### **Graduate Student Clinician**

**08/2013 – 05/2017**

University of North Carolina at Chapel Hill. *Primary Supervisors*: Jennifer Kogos Youngstrom, PhD; Lorie Ritschel, PhD

Rotations Completed: individual and group therapy in full adolescent DBT program (including 40-hour intensive training), full diagnostic and learning assessments with youth in community clinic, suicide risk assessment with adolescent girls (R01 MH107479), technology-enhanced behavioral parent training (R01 MH100377), cognitive behavioral therapy in anxiety disorders clinic, psychotherapy in college counseling center, high school-based individual and family therapy

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## TEACHING EXPERIENCE

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### INSTRUCTOR OF RECORD

#### **Psychology of Social Media**

**Summer 2019**

Brown University, Summer@Brown Program. Designed, proposed, and taught course for 36 high-achieving high school students.

#### **Abnormal Psychology**

**Fall 2015**

UNC Chapel Hill, Department of Psychology and Neuroscience. Undergraduate level course, 35 students. *Recipient of Letter of Commendation for Excellence in Teaching* (top 10% of Psychology instructors)

### TEACHING ASSISTANT

#### **Abnormal Child Psychology**

**Summer 2018, 2019**

Brown University, Summer@Brown Program. Course for 36 high school students. *Primary Instructors*: Elizabeth Frazier, PhD and Alysha Thompson, PhD

#### **Psychology of Popularity**

**Summer 2015**

Coursera online education course for over 10,000 students. *Primary Instructor*: Mitchell J. Prinstein, PhD

#### **Popularity, Friendship, & Peer Relations**

**Spring 2016**

UNC Chapel Hill, Department of Psychology and Neuroscience. Undergraduate level course, 150 students. *Primary Instructor*: Mitchell J. Prinstein, PhD

#### **Introduction to Psychology**

**Spring 2013**

UNC Chapel Hill, Department of Psychology and Neuroscience. Undergraduate level course, 300 students. *Primary Instructor*: Elizabeth Jordan, PhD

#### **Health Psychology**

**Fall 2012**

UNC Chapel Hill, Department of Psychology and Neuroscience. Undergraduate level course, 200 students. *Primary Instructor*: Jeannie Loeb, PhD

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## SUPERVISION AND MENTORSHIP

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### CLINICAL SUPERVISION

#### **Assessment Supervisor**

**6/2015 – 05/2017**

UNC Psychology Community Clinic. Primary clinical supervisor for 6 graduate students conducting full diagnostic assessments. *Supervisor*: Jennifer Kogos Youngstrom, PhD

#### **Child Therapy Supervisor**

**6/2015 – 05/2017**

UNC Psychology Community Clinic. Primary clinical supervisor for 3 graduate students conducting individual therapy. *Supervisor*: Jennifer Kogos Youngstrom, PhD

### RESEARCH MENTORSHIP

#### **Academic Scholar Program**

**11/2020-present**

Brown Medical School. Mentor to medical student.

#### **Brown Clinical Psychology Internship Program**

**07/2020-06/2021**

Co-mentor to clinical psychology intern.

**APA Division 53 Mentor**

**1/2019 – present**

Society of Clinical Child and Adolescent Psychology. Mentor to clinical psychology graduate student.

**Undergraduate Honors Thesis Mentor**

**03/2015 – 05/2017**

UNC Peer Relations Lab. Primary research mentor for 2 undergraduate students.

Ogunkeye, J. (2016). “Peer accusations of ‘acting white’: Longitudinal effects on minority adolescents’ ethnic identity and depressive symptoms.” UNC Department of Psychology and Neuroscience.

*Highest Honors in Psychology*

*Recipient of Summer Undergraduate Research Fellowship (SURF)*

*Office of Undergraduate Research Poster Award*

Ivey, G.B. (2016). “Gender policing: Undergraduate experience and psychosocial outcomes.” UNC Department of Psychology and Neuroscience.

*Highest Honors in Psychology*

*J. Steven Reznick Diversity Research Award*

**APA Division 53 Student Mentor**

**8/2013 – 05/2016**

SCCAP. Assisted undergraduate psychology student with graduate school application process.

**SELECTED MEDIA COVERAGE**

“Why are kids destroying school property for digital ‘likes’?” (2021, November). **NatGeo Kids**.

<https://www.nationalgeographic.com/family/article/why-are-kids-destroying-school-property-for-digital-likes/>

“How parents and educators can support healthy teen use of social media.” (2021, October). **KQED**.

<https://www.kqed.org/mindshift/58624/how-parents-and-educators-can-support-healthy-teen-use-of-social-media>

“Why experts say Norway’s retouched photo law won’t help fight body image issues.” (2021, July). **The**

**Washington Post**. [https://www.washingtonpost.com/lifestyle/wellness/photo-edit-social-media-norway/2021/07/08/f30d59ca-df2c-11eb-ae31-6b7c5c34f0d6\\_story.html](https://www.washingtonpost.com/lifestyle/wellness/photo-edit-social-media-norway/2021/07/08/f30d59ca-df2c-11eb-ae31-6b7c5c34f0d6_story.html)

“Schools Close Bathrooms Due To Vandalization From TikTok ‘Devious Licks’ Trend.” (2021,

September). **NPR**. <https://www.npr.org/2021/09/19/1038681786/schools-close-bathrooms-due-to-vandalization-from-tiktok-devious-licks-trend>

“Will hiding likes on Instagram and Facebook improve users’ mental health? We asked experts.” (2021,

May). **The Washington Post**. [https://www.washingtonpost.com/lifestyle/wellness/likes-facebook-instagram-mental-health/2021/05/27/132073d0-be55-11eb-9c90-731aff7d9a0d\\_story.html](https://www.washingtonpost.com/lifestyle/wellness/likes-facebook-instagram-mental-health/2021/05/27/132073d0-be55-11eb-9c90-731aff7d9a0d_story.html)

“Social Media & Adolescents’ Mental Health” (2020, December). **LinkedUp: Breaking Boundaries in Education Podcast**. <https://youtu.be/fILG0A3pmo4>

“FOMO, digital status seeking, and social media” (2019, June 30). **WRVO Public Media**. Retrieved from <https://www.wrvo.org/post/fomo-digital-status-seeking-and-social-media>

“The teenage social media trap” (2018, May 4). **The Wall Street Journal**. Retrieved from

<https://www.wsj.com/articles/the-teenage-social-media-trap-1525444767>

“Social media: What’s not to like?” (2017, October 12). **Science News for Students**. Retrieved from

<https://www.sciencenewsforstudents.org/article/social-media-whats-not>



- “Why young adults are taking a more mindful approach to social media.” (2017, March 1). **Teen Vogue**. Retrieved from <https://www.teenvogue.com/story/why-young-adults-are-taking-a-more-mindful-approach-to-social-media>
- “Does quitting social media actually do anything for your mental health?” (2016, August 31). **Self Magazine**. <http://www.self.com/story/does-going-on-a-social-media-cleanse-actually-do-anything-for-your-mental-health>
- “Teens who say no to social media.” (2016, August 25). **The Wall Street Journal**. Retrieved from <https://www.wsj.com/articles/teens-who-say-no-to-social-media-1472136877>
- “Adolescents who overuse social media may experience relationship troubles later in life.” (2016, July 6). **National Public Radio (WUNC)**, *The State of Things*.
- “Internet-addled teens are worse at awkward, necessary dating conversations.” (2016, July 1). **New York Magazine**. Retrieved from <http://nymag.com/scienceofus/2016/07/techy-teens-worse-at-dating-conversations.html>
- “Internet savvy teens are worse at romantic relationships in real life.” (2016, June 29). **Quartz Media**. Retrieved from <https://qz.com/718905/internet-savvy-teens-are-worse-at-romantic-relationships-in-real-life/>
- “How texting and tweeting is wrecking romantic relationships.” (2016, June 22). **Daily Mail**. Retrieved from <http://www.dailymail.co.uk/health/article-3654261/How-texting-tweeting-wrecking-romantic-relationships-Teenage-boys-communicate-social-media-t-deal-conflict-later-life.html>
- “Kids who have ‘the talk’ with parents may avoid risky sexual behaviors.” (2016, November 16). **The Washington Post**. Retrieved from <https://www.washingtonpost.com/national/health-science/kids-who-have-the-talk-with-parents-may-avoid-risky-sexual-behaviors/2015/11/16>
- “The more parents talk to teens about sex, the safer their sex will be.” (2015, November 2). **Huffington Post**. Retrieved from [http://www.huffingtonpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be\\_us\\_5637](http://www.huffingtonpost.com/entry/the-more-parents-talk-to-teens-about-sex-the-safer-their-sex-will-be_us_5637)
- “Alas, you do have to talk to your teen about sex.” (2015, November 2). **TIME**. Retrieved from <http://time.com/4094495/alas-you-do-have-to-talk-to-your-teen-about-sex>
- “The sex talk works, even if it makes you cringe.” (2015, November 2). **NBC News**. Retrieved from <http://www.nbcnews.com/health/sexual-health/sex-talk-works-even-if-it-makes-you-tinge-n455981>