

**CURRICULUM VITAE
MARVIN D. SEPPALA, M.D.**

BORN: Seattle, Washington

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ADDRESS:

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TELEPHONE:

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CITIZENSHIP:

United States

FAMILY:

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EDUCATION:

1976-77

St. Olaf College, Northfield, Minnesota

1977-80

Bachelor of Arts
Drake University, Des Moines, Iowa
Major- Biology, Summa Cum Laude

1980-84

M.D.
Mayo Medical School, Rochester, Minnesota

1984-85

Internship
St. Paul Ramsey County Hospital
University of Minnesota, St. Paul, Minnesota

1985-88

Resident in Psychiatry
University of Minnesota Hospitals
Minneapolis, Minnesota

1987-88

Fellowship in Chemical Dependence
University of Minnesota Hospitals
Minneapolis, Minnesota

CURRENT POSITION:

2009-Present

Chief Medical Officer
Hazelden Betty Ford Foundation

PROFESSIONAL EXPERIENCE:

2009-Present

Assistant Professor
Hazelden Graduate School of Addiction Studies

2007-2009	Private Addiction/Psychiatric Practice Consultant to the Oregon Board of Medical Examiners Specialized Research Faculty Member Institute of Transpersonal Psychology
2007-2008	Medical Director Beyond Addictions
2002-2007	Chief Medical Officer Hazelden Foundation
1996-2002	Private Psychiatric Practice Managed Medical Office for Four Physicians
1996-2001	Psychiatric Consultant Native American Rehabilitation Assn., Portland, Oregon
1996-2002	Admitting Psychiatrist St. Vincent Hospital, Portland, OR
1996-97	Psychiatric Consultant Pioneer Trail Adolescent Treatment Center
1995	Corporate Medical Director Hazelden Foundation, Center City, Minnesota
1993-95, 96	Psychiatric Consultant Springbrook Northwest, Newberg, Oregon
1993-95	Psychiatric Consultant Oregon Diversion Program for Health Professionals
1993-95, 96	Staff Psychiatrist, Vice Chair Hospital Staff Chair Infection Control Committee Dual Diagnosis-Adults and Adolescents Pacific Gateway Hospital, Portland, Oregon
1993-94	Private Psychiatric Practice RidgeCrest Associates, Tigard, Oregon
1993	Board of Directors New Beginnings at Waverly, Waverly, Minnesota
1990-94	Psychiatric Consultant Hazelden Pioneer House, Plymouth, Minnesota
1990-93	Psychiatric Consultant to Chemical Health Program Group Health, Inc., Minneapolis, Minnesota

1990-93	Psychiatric Consultant New Beginnings at Waverly, Waverly, Minnesota
1990-93	Private Psychiatric Practice Minneapolis, Minnesota
1990-91	Psychiatric Consultant Way 12 Halfway House, Wayzata, Minnesota
1990-91	Psychiatric Consultant Wayside Women's Halfway House, Minneapolis, Minnesota
1989-90	Psychiatric Consultant Springbrook Institute, Newberg, Oregon
1988-90	Private Psychiatric Practice Tigard, Oregon
1988-90	Staff Psychiatrist, Chair Recredentialing Committee Dual Diagnosis- Adults and Adolescents Pacific Gateway Hospital, Portland, Oregon
1989	Psychiatric Consultant Woodside Women's Treatment Center, Portland, Oregon
1988	Medical Director Pioneer Trail Adolescent Treatment Center, Gresham, Oregon

PRESENTATIONS:

2013	National Association of Addiction Treatment Providers (NAATP), San Antonio, Texas "Comprehensive Response to the Opioid Crisis"
2013	Professional Recovery Network of Oregon, Salem, Oregon "A Comprehensive Response to the Opioid Crisis by a Treatment System"
2013	National Prescription Drug Abuse Summit, Orlando, Florida "A Comprehensive Response to the Opioid Crisis"
2013	Mayo's Pain Medicine for the Non-pain Specialist, Marco Island, Florida "Addiction and Opioids, Chronic Pain and Addiction"
2013	AHA Anesthesia and Perioperative Medicine, Vail, Colorado "Intoxication, Impairment, Addiction and Diversion in the Healthcare Workplace"
2012	Mayo's 2012 State of the Art Course on Pain Medicine "Chronic Pain and Addiction"

2012 University of Alabama at Birmingham/American Hospital Affiliates
- Anesthesia and Perioperative Medicine
"Opioid Abuse: The New Epidemic"

2011 American Bar Association's 2011 Nat'l Conference for Lawyer
Assistance Programs
"Just Give Me Some More: Opioid Addiction and Chronic Pain"

2011 Alaska Addiction Professionals Association: Annual School on
Addictions and Behavioral Health
"Just Give Me Some More: Opioid Addiction and Chronic Pain"

2011 Mayo's 2011 State of the Art Course on Pain Medicine
"Chemical Dependency and Chronic Pain"

2010 AMA / CMA / BMA International Conference on Physician Health

2010 Keynote Speaker; 31st Annual Training Institute on Behavioral
Health & Addictive Disorders
"Facing the Menace of Prescription Drug Abuse"

2010 University of Alabama School of Medicine & Academic Hospital
Affiliates Course on Anesthesia and Perioperative Medicine
"Chemical Dependency in Health Care Professionals"

2010 Ogden Surgical Medical Conference
"How Vulnerability for Addiction Informs Treatment Decisions"

2010 Mayo's 2010 State of the Art Course on Pain Medicine
"Chemical Dependency and Chronic Pain"

2009 Keynote Speaker; Mayo Clinic Pain Conference
"Practical Management of Pain and Addiction"

2009 International Anesthesia Research Society
"Anesthesiologists and Addiction"

2008 IDAA Annual Meeting-CME Course Director

2008 Oregon Psychological Association
"Addiction and Impairment Among Professionals"

2008 CAPTASA Lexington, KY
"Evidence Based Addiction Treatment; How Research Supports
the Use of the 12 Steps"

2008 Oregon Dental Association Annual Meeting
"Addiction Basics for Dentists"

- 2007 Washington Medical Association; annual meeting
Donald M. Keith, MD Memorial Lecture
“Celebrate What’s Right with Medicine”
- 2007 ASAM Medical Sciences Convention, Miami, Florida
“History and Advances in the Minnesota Model”
“The Minnesota Model in Practice”
- 2007 AHA Anesthesia and Perioperative Medicine, Vail, Colorado
“What Every Parent Should Know About Addiction”
- 2006 Australian Doctors in Recovery, Sydney, Australia
“Research on AA”
- 2006 The Capri Trust, Auckland, New Zealand
“The Minnesota Model”
- 2006 Hazelden Springbrook, Honolulu, Hawaii
“The Neurobiology of Addiction”
- 2006 AHA Anesthesia and Perioperative Medicine, Vail, Colorado
“Addiction, A Brain Disease”
- 2005 NAATP National Convention, Scottsdale, Arizona
“Recapturing the Clinical Research that Supports the 12 Step Principles”
- 2005 Hazelden Springbrook, Honolulu, Hawaii
“How Research Supports the Use of the Twelve Steps”
- 2005 ASAM Medical Sciences Convention, Dallas, Texas
“Evidence Based Practice: Understanding AA Research for Addiction Medicine Practice”
“Abstinence Based Minnesota Model Treatment Today—Where Does it Fit into the Nation’s Drug Treatment?” DuPont, R., & Seppala, M.
- 2005 AHA Anesthesia and Perioperative Medicine, Vail, Colorado
“Physician Addiction”
- 2004 Institute of Medicine
Oral Testimony for the Committee “Crossing the Quality Chasm: Adaptations to Mental Health & Addictive Disorders”
- 2004 Slaymaker, V., Owen, P., & Seppala, M. “Nicotine use following alcohol and drug treatment: One-year outcomes.” Paper accepted for oral presentation at the 35th Annual Medical Scientific Conference of the American Society of Addiction Medicine, Washington, D.C.

2003 Owen, P., Slaymaker, V., Hadden, D., & Seppala, M. "Addressing alcohol and drug problems among youth in the community: Results of a college campus-based program." Poster presented at the National Institute of Mental Health conference, "Beyond the clinic walls: Expanding mental health, drug, and alcohol services research outside the specialty care system," Washington, D.C.

INTERVIEWS:

Dr. Seppala has been a guest on *The Early Show* (CBS), *Talk of the Nation* (National Public Radio), BBC Radio and his comments have appeared in *The New York Times*, *The Wall Street Journal*, *Washington Post*, *Chicago Sun-Times*, *USA Today*, *The Oregonian*, and *Newsweek*. His story of recovery from addiction has been featured in *Mayo Alumni*, *Minnesota Medicine*, and *Portland Monthly*.

HONORS:

2006 DePaul Freedom Award Recipient

1984 Scholarship Recipient (Attendee and Speaker)
British Isles Recovering Doctors Annual Meeting

1983 Hazelden Alumni Scholarship
Rutgers School of Alcoholism and Chemical Dependency

1983 Johnson Institute Scholarship
School of Alcoholism and Chemical Dependency

1977-80 Phi Beta Kappa, Beta Beta Beta,
President's List Drake University, Des Moines, Iowa

1976-77 Dean's List
St. Olaf College, Northfield, Minnesota

AFFILIATIONS/MEMBERSHIPS:

American Board of Medical Specialties
American Psychiatric Association
Oregon Psychiatric Association
American Society of Addiction Medicine- Certified 1988
-Regional VII Director 2005-2009
Oregon Society of Addiction Medicine
-Founding Member and current Board Member
Physicians Serving Physicians-past Board Member

PUBLICATIONS:

A Comprehensive Response to the Opioid Epidemic: Hazelden's Approach
Minnesota Medicine, March 2013: 45-47

Confronting the Prescription Drug Abuse Epidemic
Illinois Family Physician March/April 2013 Vol. 64 Issue 2: 21-22

Untimely Death in the Anesthesia Provider

American Society of Anesthesiologists Newsletter, April 2011, Vol. 75, No. 4: 24-25

Prescription Painkillers: History, Pharmacology, and Treatment

Hazelden Publishing (2010)

Mayo Clinic Proceedings July 2009

Chemical Dependency and the Physician

Editorial Reply in Anesthesiology 2009, 110: 1426-1428

The anesthesiology community's approach to opioid and anesthetic-abusing personnel

Editorial in Anesthesiology 2008, 109: 762-4

Pharmacological and Nonpharmacological Treatment of Alcohol Dependence

ASAM Course Director. (2005-2006)

Pain-Free Living for Drug-Free People

Hazelden Publishing (2005)

When Painkillers Become Dangerous

What Everyone Needs to Know About OxyContin and Other Prescription Drugs

Hazelden Publishing (2004)

Clinicians Guide to The Twelve Step Principles

McGraw Hill/ Hazelden Publishing (2001)

Dilemmas in Diagnosing and Treating Co-Occurring Disorders

Behavioral Healthcare Tomorrow (2004)

Thoughts on Anti-Addiction Drug Therapy

Behavioral Health Management, Nov/Dec. 1995, 23-25

Naltrexone Shows Great Promise, but Healthy Skepticism is Needed

Hazelden News and Professional Update, July 1995

AIDS-Related Illness and AIDS Risk in Homo/Bisexual Substance Abusers

American Journal of Drug and Alcohol Abuse, Vol. 15, No. 4, 443-461 (1989)

Pseudo-Bartter's Syndrome, Diuretic Abuse, Idiopathic Edema and Eating Disorders

International Journal of Eating Disorders, Vol. 7, No. 2, 225-237 (1988)

Prescription Diuretic Abuse in Patients with Bulimia Nervosa

Journal of Family Practice, Vol. 27, No. 5, 493-496 (1988)

Treatment of Hmong Opium Addicts

Abstract presented at 1986 APA Annual Meeting