2015 CALL TO ACTION

TO REDUCE RX DRUG AND HEROIN ABUSE

MONROE COUNTY

This comprehensive treatment provider guide is a resource to better assist clients and families with entering and continuing the recovery process.

Addiction specialists and individuals who have gone through the recovery process have developed this guide.

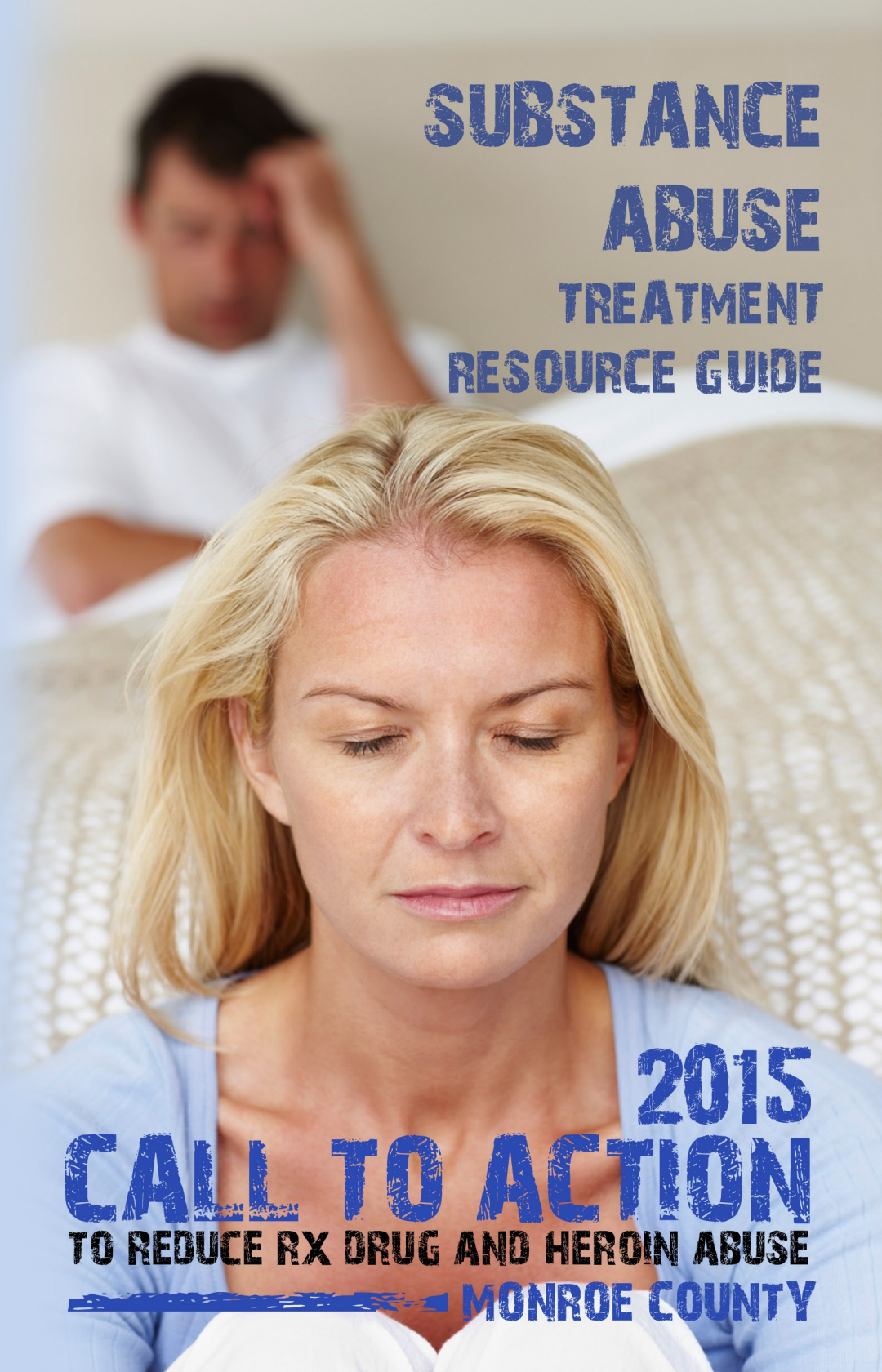
It is important for individuals entering the recovery process to understand that the resources available are centered on individual client needs and should be discussed with the provider to ensure the most appropriate level of recommended care.

The intention of this guide was to include as many local and regional supports for substance abuse treatment. We apologize if someone or a facility was missed that provides critical client services. Updates will be provided on a quarterly basis.

If information is missing or you are aware of resources that have not been included please contact April Demers with Monroe County Substance Abuse Coalition at: **aprildemers@gmail.com.**

MONROE COUNTY
SUBSTANCE ABUSE
COALITION
216 North Monroe Street • Monroe, MI 48162
Phone: 734.242.1331 • Fax: 734.242.3378 • monroedrugfree.com

SUBSTANCE ABUSE TREATMENT RESOURCE GUIDE



2015 CALL TO ACTION
TO REDUCE RX DRUG AND HEROIN ABUSE
MONROE COUNTY

INTRODUCTION

Welcome to a comprehensive guide of resources and information to assist Monroe County residents through the substance abuse treatment process.

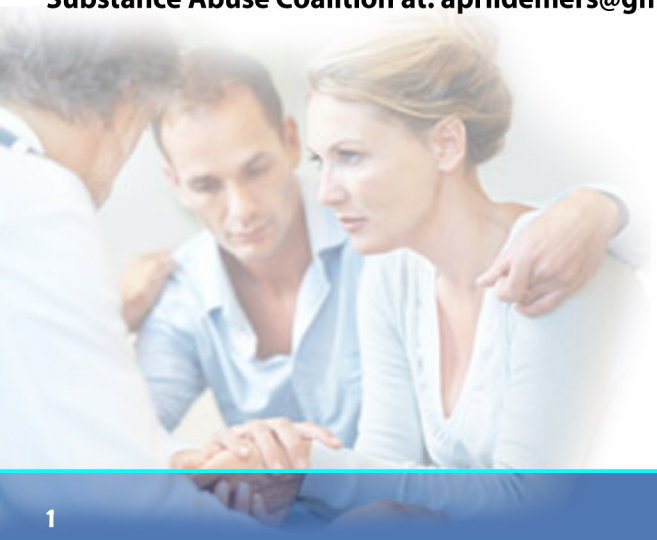
MONROE COUNTY SUBSTANCE ABUSE COALITION'S MISSION STATEMENT

To ensure a Healthy, Informed, Proactive Community through collaborative planning, program development, community action, and public education that results in decreased substance use and abuse among youth.

DISCLAIMER

This comprehensive treatment provider guide is a resource to better assist community members through the recovery process. Addiction specialists and individuals who have gone through the recovery process have developed this guide. It is important to understand that the resources available are centered on individual client needs and should be discussed with the provider to ensure the most appropriate level of recommended care.

The intention of this guide is to include as many local and regional supports for substance abuse treatment as possible. Updates will be provided on an annual basis. If information is missing or you are aware of resources that have not been included, please contact **April Demers with Monroe County Substance Abuse Coalition at: aprildemers@gmail.com.**



SUBSTANCE ABUSE TREATMENT OPTIONS

Treatment Settings

- Detoxification Treatment
- Inpatient Treatment
- Intensive Outpatient Treatment
- Outpatient Treatment
- Transitional Housing

Treatment Modalities

- Motivational Interviewing
- Stages of Change
- Cognitive Behavioral Therapy
- Methadone Treatment Program

Overview of Suboxone, Methadone, and Vivitrol

Insurance Questions

- Uninsured and underinsured residents
- Insurance and cash pay

SUBSTANCE ABUSE SERVICES AND SUPPORTS

Outpatient Services

- Monroe County
- Regional
- State-wide

Intensive Outpatient Services (IOP)

- Monroe County
- Regional
- State-wide

Medication Assisted Recovery

- Monroe County
- Regional

Inpatient Services

- Monroe County
- Regional
- State-wide

Faith-based Programs State-wide

Maternal Addiction Programs

Adolescent-specific Services

- Monroe County Outpatient Services
- Regional Outpatient Services
- Inpatient Services

Transitional Housing

- Monroe County
- Regional Housing

Recovery Support Groups

- Monroe County Meetings
- Monroe County Faith-Based

SUBSTANCE ABUSE TREATMENT OPTIONS

TREATMENT SETTINGS

DETOXIFICATION TREATMENT

Medically-monitored inpatient detoxification is a service delivered by medical and nursing professionals that provides 24-hour medically supervised evaluation and withdrawal management through the use of medicine in a facility with inpatient beds. Services are delivered under a defined set of physician-approved policies and physician-monitored procedures.

INPATIENT TREATMENT

Residential substance abuse treatment provides a highly structured recovery environment, combined with professional clinical services, designed to address addiction and living skills problems. This is generally designed for those who can't stay sober in their current environment and require longer treatment stays to support and promote recovery. The following structured activities are required for at least seven (7) hours per day:

- Counseling Services
    - Individual: 1 hour/week minimum
    - Group: 10 hours/week minimum
    - Family: To be included during course of treatment as clinically indicated
- Psycho-educational Didactic sessions: 8 hours/week minimum
- Vocational training
- Recovery Support Services/Support Groups
- Recreation

INTENSIVE OUTPATIENT TREATMENT

Intensive Outpatient (IOP) substance abuse treatment is provided in a licensed IOP facility that provides a broad range of highly intensive clinical interventions. Services are provided in a structured environment for no less than nine (9) hours per week and are offered as follows:

- Individual: 1 hour/week minimum
- Group: 1.5 hours per day minimum
- Family: To be included during course of treatment as clinically indicated
- Didactic sessions: 2 hours/week minimum

OUTPATIENT TREATMENT

Outpatient substance abuse treatment is provided in a licensed outpatient facility that provides regularly scheduled individual, group, and/or family counseling for less than nine (9) hours per week.

TRANSITIONAL HOUSING

Transitional Housing is a structured residential facility/house that provides a safe and sober dwelling where a person can:

- Gain emotional stability
- Become connected with the recovering community through 12-step meetings or other support groups
- Learn accountability through peer support
- Reintegrate into work, education, family life, and society

TREATMENT MODALITIES

Entering treatment can sometimes be trying and difficult for the individuals and their families to understand. This is a breakdown of information to assist in clarifying the treatment process.

MOTIVATIONAL INTERVIEWING

A unique counseling approach used by clinicians to build motivation for change and strengthen commitment to change by the individual engaging in the treatment process. Motivation Interviewing uses open-ended questions, affirmation, reflections and summary during individual counseling sessions to help bring awareness to the individual about the nature of their behaviors and choices.

STAGES OF CHANGE

The process individuals go through when changing problematic behaviors, such as substance abuse. The stages include: pre-contemplation, contemplation, preparation, and action.

- Pre-Contemplation: The individual is unable to recognize their behavior / choices as being problematic. The individual is not swayed by feedback from others regarding their behaviors / choices and is not interested in making changes.

- Contemplation: The individual can acknowledge the possibility that their behavior / choices may be problematic, but are hesitant to make changes. Individuals struggle with the idea of making changes versus remaining in the current mindset. Individuals struggle with two opposing core values.
- Preparation: The individual has made a decision to change their behavior / choices. The individual is able to take accountability and begin to recognize the problem with their choices / behaviors.
- Action: The individual begins to exhibit the greatest behavioral changes during the Action stage. The individual begins to eliminate substances and paraphernalia from their life. The individual develops and implements a plan for change. During this stage recognition and support from the individual's support system are encouraged as the individual makes observable changes in their behaviors.
- Maintenance: The individual has developed a new comfort level with their new behavior. Focus is placed on remaining substance free and continuing to monitor personal gains throughout recovery. Individuals develop healthy coping strategies as they and their life situation changes.

COGNITIVE BEHAVIORAL THERAPY

When you enter substance abuse treatment, you will be provided treatment using a variety of therapies. One of the therapies you are likely to encounter during substance abuse treatment is Cognitive Behavioral Therapy (CBT). Cognitive Behavioral Therapy focuses on changing your internal thoughts and beliefs, as well as your reactions to those beliefs, from negative into positive. It is effective for substance abuse treatment for the following reasons:

- Cognitive Behavioral Therapy is very structured and goal-oriented, which helps keep you focused on your goal of attaining lasting recovery.
- CBT is flexible and can be used in individual or group therapy.
- CBT's short-term approach can work in a wide variety of settings, including residential and outpatient substance abuse treatment.

COGNITIVE BEHAVIORAL THERAPY AND SUBSTANCE ABUSE

Though it's used to treat a wide variety of disorders, Cognitive Behavioral Therapy specifically treats substance abuse in the following ways:

- Functional Analysis: During this step in the Cognitive Behavioral Therapy process, you and your therapist will do a thorough analysis of your thoughts, feelings, and circumstances to ascertain the situations and thoughts that put you at a high risk of substance abuse.

- Skills Training: During this step, you will learn healthy and constructive coping skills that will hopefully prevent you from turning to substance abuse and other destructive behaviors.

METHODONE TREATMENT PROGRAM

A program for opiate addicts, usually conducted in an outpatient setting. These programs use a long-acting synthetic opiate medication, usually methadone or LAAM, administered orally for a sustained period at a dosage sufficient to prevent opiate withdrawal, block the effects of illicit opiate use, and decrease opiate craving. The best, most effective programs include individual and/or group counseling, as well as provision of, or referral to, other needed medical, psychological, and social services.

OVERVIEW OF SUBOXONE, METHADONE AND VIVITROL

Advancements made within the pharmaceutical industry helped to alleviate withdrawal symptoms and eliminate cravings within the addict. Medication Assisted Therapy, as it is more commonly referred, involves the use of prescription medications in combination with talk therapy and recovery support groups. The primary treatment options are Methadone, Suboxone, and Vivitrol.

METHADONE

Methadone is an opioid medication. An opioid is sometimes called a narcotic. Methadone reduces withdrawal symptoms in people addicted to heroin or other narcotic drugs without causing the "high" associated with the drug addiction.

Methadone is used as a pain reliever and as part of drug addiction detoxification and maintenance programs and is only available from certified pharmacies.

SUBOXONE

Suboxone is a FDA approved medication for the treatment of opiate dependence. Suboxone contains the active ingredient buprenorphine hydrochloride, which works to reduce the symptoms of opiate dependence. Also included is the ingredient naloxone to gourd against misuse.

VIVITROL

Vivitrol (naltrexone) blocks the effects of narcotic medicines and alcohol. Vivitrol injection is used to treat addiction to alcohol or narcotic drugs. It is also used to prevent narcotic addiction relapse. Vivitrol injection may also be used for purposes not listed in this medication guide.

INSURANCE QUESTIONS

UNINSURED AND UNDERINSURED INDIVIDUALS

The Community Mental Health Partnership of Southeast Michigan (CMHPSM) is the regional entity designated by the Michigan Department of Community Health to administer federal and state substance abuse treatment and prevention programs

CMHPSM provides funding for substance abuse services to residents in Monroe County. CMHPSM funds a full range of treatment services to the uninsured and underinsured population. As of December 2014 Monroe County's point of access will be three-fold:

- Monroe Community Mental Health Authority (MCMHA) (734) 243-7340
- Catholic Charities of Southeast Michigan (734) 240-3850
- Salvation Army Harbor Light (734) 384-3402

INSURANCE AND CASH PAY

Residents with health insurance are encouraged to contact their insurance company and the providers to review coverage eligibility for substance abuse treatment.

Residents without health insurance coverage, or who are under insured by their private provider, are encouraged to contact MCMHA to determine funding eligibility. – (734)243-7340

Residents with Medicaid coverage are encouraged to contact MCMHA for substance abuse treatment.

SUBSTANCE ABUSE SERVICES AND SUPPORTS

OUTPATIENT SERVICES

MONROE COUNTY

Catholic Charities of Southeast Michigan
1070 S. Telegraph Rd
Monroe, MI 48161
(734) 240-3850
www.ccsem.org

Salvation Army Harbor Light
3250 N. Monroe St
Monroe, MI 48162
(734) 384-3402
www.usc.salvationarmy.org

Caring Alternatives
2092 S. Custer Rd
Monroe, MI 48161
(734) 242-8711
www.caringalternatives.com

Family Counseling and Shelter Services
14930 Laplaisance Rd
Monroe, MI 48161
(734) 241-0180
www.fcssmc.org

Progressive Guidance Center
15502 S. Telegraph Rd
Monroe, MI 48161
(734) 241-4851

Mercy Behavioral Health
700 Steward Rd, Suite 105
Monroe, MI 48162
(734) 240-1760
www.mercymemorial.org/Main/OutpatientBehavioralServices.aspx

Monroe Community Mental Health Authority
1001 S. Raisinville Rd
Monroe, MI 48161
(734) 243-7340
www.monroecmha.org

Human Potential Center
22 W. Second St
Monroe, MI 48161
(734) 241-0142

REGIONAL

Guidance Center – Southgate, MI
13101 Allen Rd
Southgate, MI 48195
(734) 785-7700
www.guidance-center.org

TASC of Northwest Ohio – Toledo, OH
701 Jefferson Ave, Suite 101
Toledo, Ohio 43604
(419) 242-9955
www.lucastasc.org

Home of New Vision – Ann Arbor, MI
3800 Packard St, Suite 210
Ann Arbor, MI 48108
(734) 975-1602
www.homeofnewvision.org

Saint Joseph Mercy Health System – Ann Arbor, MI
4870 W. Clark Rd
Ypsilanti, MI 48197
(734) 712-9500
www.stjoeshealth.org

Growth Works – Canton, MI
50430 School House Rd
Canton MI 48188
(734) 495-1722
growth-works.org

Dawn Farm – Ann Arbor, MI
6633 Stony Creek Rd
Ypsilanti, MI 48197
(734) 485-8725
dawnfarm.org

Philio Inc. dba New Concepts – Toledo, OH
5301 Nebraska Ave
Toledo, OH 43615
(419) 531-5544
www.newconceptsiop.org

POEM Human Services – Westland, MI
33250 Warren Ave, Suite 202
Westland, MI 48185
(734) 331-0891
www.poemhsdc.org

University of Michigan Addiction Treatment Services – Ann Arbor, MI
1500 E. Medical Center Dr
Ann Arbor, MI 48109
(734) 764-0231
www.psych.med.umich.edu/umats

Ann Arbor Consultation Services – Ann Arbor, MI
5331 Plymouth Rd
Ann Arbor, MI 48105
(734) 996-9111
www.a2consultation.com

Heron Ridge Associates, PLC – Ann Arbor, MI
1785 W. Stadium Blvd
Ann Arbor, MI 48103
(734) 913-1093
www.heronridgeassocs.com

McCullough, Vargas, and Associates – Lenawee County, MI
770 Riverside Ave, Suite 1
Adrian, MI 49221
(517) 264-2244
www.mvabhs.com

Catholic Charities of Lenawee County
199 N. Broad St
Adrian, MI 49221
(517) 263-2191
www.catholiccharitiesjlhc.org

Advanced Counseling Services – Livingston County, MI
7600 Grand River Rd, Suite 290
Brighton, MI 48114
(810) 220-2787
www.advancedcounseling.org

Complete Counseling Centers – Livingston County, MI
721 E. Grand River Ave
Howell, MI 48843
(517) 546-4445

STATE-WIDE
For a list of state-wide outpatient providers please visit:
www.findtreatment.samhsa.gov.

INTENSIVE OUTPATIENT SERVICES (IOP)

MONROE COUNTY IOP
Mercy Memorial Behavioral Health
700 Steward Rd, Suite 105
Monroe, MI 48162
(734) 240-1760
www.mercymemorial.org/Main/OutpatientBehavioralServices.aspx

Salvation Army Harbor Light
3250 N. Monroe St
Monroe, MI 48162
(734) 384-3402
www.usc.salvationarmy.org

REGIONAL IOP
For a list of regional intensive outpatient providers please visit:
www.findtreatment.samhsa.gov.

STATE-WIDE IOP
For a list of state-wide intensive outpatient providers please visit:
www.findtreatment.samhsa.gov.

MEDICATION-ASSISTED RECOVERY

MONROE COUNTY
Rainbow Centers of Michigan Inc.
14733 S. Telegraph Rd
Monroe, MI 48161
(734) 243-8707
Methadone and Suboxone detox and maintenance
Outpatient counseling requirement with treatment

Progressive Guidance Center
15502 S. Telegraph Rd
Monroe, MI 48161
(734) 241-4851
Psychiatrist

Salvation Army Harbor Light
3250 N. Monroe St
Monroe, MI 48162
(734) 384-3402
www.usc.salvationarmy.org
Suboxone regimine as part of residential treatment.

Dr. Arun Gupta
1094 N. Monroe St
Monroe, MI 48162
(734) 241-7162
Suboxone detox and maintenance

Dr. Lesly Pompy
730 N. Macomb St, Suite 222
Monroe, MI 48162
(734) 242-9482
Suboxone detox and maintenance, as well as Vivitrol

Dr. Nihal Saran
730 N. Macomb St, Suite 225
Monroe MI 48162
(734) 242-2081
Suboxone detox and maintenance

REGIONAL
For a list of approved Methadone prescribers please visit:
www.michigan.gov/.../Methadone_Providers

For a list of approved Suboxone prescribers please visit:
www.suboxone.com/treatment-plan/find-a-doctor

For a list of approved Vivitrol prescribers please visit:
www.vivitrol.com/getstarted/findadoctor

Further information on medication-assisted therapy providers can be found at: www.findtreatment.samhsa.gov

INPATIENT SERVICES

MONROE COUNTY
Salvation Army Harbor Light
3250 N. Monroe St
Monroe, MI 48162
(734) 384-3402

Payment: A sliding-scale fee is used to determine treatment costs. Private insurance plans are not accepted but payment plans can be arranged. Call for further information.

The Salvation Army Harbor Light offers detox, residential, and intensive outpatient programs. The sub-acute detox is generally three to five days and is administered by a fully licensed medical staff. The residential program is open to men and women 18 years of age and older. While there, clients are given an initial assessment and physical examination. Counseling consists of relapse prevention, substance abuse education, behavioral change therapy, and integration into the recovering community. Individual treatment plans are developed to ensure each client receives the care he or she requires.
www.usc.salvationarmy.org

REGIONAL INPATIENT SERVICES
Dawn Farm
Two residential locations:

The Farm: 6633 Stony Creek Rd
Ypsilanti, MI 48197
Downtown: Ann Arbor, MI
(734) 485-8725

Payment: $110 per day for either location. Insurers generally do not reimburse for residential stay; however, 15-20% of beds are reserved for unfunded clients.

Dawn Farm provides two locations for co-ed residential treatment services. A 64-acre working farm is located in Ypsilanti where clients take care of the animals and tend the organic garden. The other location, Dawn Farm Downtown, is located in downtown Ann Arbor. The program, founded in 1973, offers intensive individual and group therapy, drug and alcohol education, and recreational activities. Each facility provides medical care, opportunities for the clients to obtain their GED if desired, transitional housing opportunities, as well as a strong aftercare program. The mission statement is based upon removing the barriers of entry into the recovering community, thus clients attend 12-step recovery meetings every evening.

One detoxification location:

Spera: 502 W. Huron St
Ann Arbor, MI 48104
(734) 669-8265

Payment: Free
Spera, which means "Hope" in Latin, is a Dawn Farm non-medical detoxification facility. Length-of-stay is generally 3-5 days with longer stays available on an individual basis. Clients are encouraged to incorporate into the recovering community and generally attend two 12-step meetings daily.
www.dawnfarm.org

Brighton Hospital
12851 Grand River Rd
Brighton, MI 48116
Admissions (877) 976-2371
General Information (888) 215-2700

Payment: Treatment costs are based upon an individual's needs. Most insurance programs are accepted, as well as Medicaid and Medicare. Financial assistance is available for uninsured and/or indigent persons meeting certain criterion.

For over 60 years Brighton Hospital (the second-oldest drug and alcohol treatment facility in the country), a part of the St. John Providence Health System, has been helping men and women recover from substance abuse. The patient must be 18 years or older. Brighton Hospital offers detoxification and inpatient treatment, as well as outpatient services. The patient's initially enters the detox facility where 24/7 medical care is provided. From there, he or she enters the inpatient program and receives both group and individualized clinical care. Clients are encouraged to learn recovery skills and participate in 12-step programs, many of which are offered on-site. Transitional housing opportunities are also available for those wishing to stay in structure-living after treatment.
www.brightonrecovery.org.

Henry Ford Maplegrove Center
6773 W. Maple Rd
West Bloomfield, MI 43822
(248) 661-6100

Payment: Maplegrove uses a sliding-scale fee approach for treatment costs based on an individual's needs. Most major insurance carriers are accepted as well as Medicaid and Medicare. There is a 40% discount for uninsured patients.

Maplegrove is a co-ed facility which provides a safe environment for those seeking help with substance abuse. Typical length-of-stay is individualized, ranging anywhere from 3 to 28 days. Drug and alcohol detox is provided for upon admission into treatment, including Suboxone for opioid addicts. Both individual and group therapy is offered, as well as an emphasis on 12-step recovery. Intensive outpatient services are also offered to residents upon completion of the residential program.
www.henryford.com/body.cfm?id=49629.

Oakdale Recovery Center
43825 Michigan Ave
Canton, MI 48188
(734) 397-3088

Payment: Oakdale uses a sliding-scale fee when determining costs. Most major insurance and managed care programs are accepted. Payment assistance for persons who are uninsured may be available for those who qualify based on residency and income requirements.

Oakdale Recovery Center provides excellent medical, clinical, and spiritual care for those wishing to recover from substance abuse. Oakdale's co-ed treatment options include: Detoxification, Residential, Day Treatment, Domiciliary Intensive Outpatient, Intensive Outpatient and Traditional Outpatient. The detox is medically supervised and lasts typically 2-5 days. If a prospective patient is seeking more structure, he or she can either enter inpatient treatment or the domiciliary outpatient program, which is a transitional sober living facility.
oakdalerecoverycenter.net

Arrowhead Behavioral Health
1725 Timberline Rd
Maumee, OH 43537
(419) 891-9333

Payment: Arrowhead uses a sliding-scale fee to determine treatment costs. Call to see which insurance providers are accepted as well as possible payment plans.

Arrowhead Behavioral Health is a 48-bed private psychiatric hospital that specializes in chemical dependency. Arrowhead's substance abuse and psychiatric treatment includes inpatient, partial hospitalization and intensive outpatient services, along with a 28-day Chemical Dependency Rehab Program. Alcohol and opiate medical withdrawal services are available to help clients detox in a more comfortable setting. The 12-step model is used to guide individuals to a more positive lifestyle. The program's ultimate goal is to reduce symptoms and to improve the patient's level of functioning.
www.arrowheadbehavioral.com

Personalized Nursing LIGHT House (PLNH)
575 S. Main St, Suite 6
Plymouth, MI 48170
(734) 451-7800

Payment: Call to see how costs are assessed.

With locations in Plymouth, Ann Arbor, and Detroit, PLNH has taken an innovative approach to treating men and women suffering from addiction. The program combines an intensive outpatient/day treatment program with a domicile, where clients receive over four hours of group therapy per weekday. After counseling sessions, clients are encouraged to seek employment, attend 12-step recovery meetings, visit with their families, etc. This approach merges the intensive therapy and structure found in residential programs with freedom to practice their recovery skills on a daily basis. Formal structure support includes a counseling staff that is on call 24 hours a day, seven days a week, random drug screens, male and female monitors for the domiciles, and mandatory breathalyzers conducted daily. In addition to this, PLNH offers sub-acute detox and short-term residential treatment for women, Suboxone detoxification services, transitional housing, and general outpatient programs.
www.pnlh.org.

Home of New Vision (HNV)
3800 Packard St, Suite 210
Ann Arbor, MI 48108
(734) 975-1602

Payment: Most major insurance providers are accepted. Call to see how costs are assessed.

Home of New Vision offers detoxification services, residential treatment, outpatient programs, and transitional housing for men and women 18 and older. The detox facility is non-medical and provides a safe, home-like environment for client, with length of stay about five days. The long-term residential treatment program consists of individual and group therapy sessions, as well as daily 12-step recovery meetings. Clients regularly work with case managers to enhance their support network and address their basic needs. Education is comingled with therapy to enhance the individual's knowledge of addiction, trigger identification, and relapse awareness/prevention. Upon successful completion of inpatient treatment, aftercare programs are established as a continuation of care.
www.homeofnewvision.org.

STATE-WIDE INPATIENT PROGRAMS
For a list of state-wide inpatient treatment programs please visit:
www.findtreatment.samhsa.gov.

FAITH-BASED PROGRAMS STATE-WIDE
Life Challenge (two Michigan locations)
17667 Pierson St
Detroit, MI 48219
(313) 531-0111
www.lifechallengesemi.org

1230 Dupont St
Flint, MI 48504
(810) 235-3787
www.lifechallengesemi.org

Mission Bible Training Center
121 Groulx Lane
Gaastra, MI 49927
(906) 265-6247
www.missionteens.com

Grace Centers of Hope
35 E. Huron St
Pontiac, MI 48342
(855) 435-7424
www.gracecentersofhope.org

Pathway to Freedom
33 N. Gratiot Ave
Mount Clemens, MI 48043
(586) 783-6939

MATERNAL ADDICTION PROGRAMS

Eleanor Hutzel Recovery Center—Dr Carl Christensen OB/GYN
301 E. Hancock
Detroit, MI 48201
(313) 745-4380

Evangeline Program For Women & Children
3737 Lawton Street
Detroit, MI 48208
(313) 361-6136

Hope For Healthy Babies
Six week educational group starting in January 2015 for pregnant women focusing on addiction and the impact on the unborn child.
1070 S. Telegraph Road
Monroe, MI 48161
(734) 240-3850

ADOLESCENT SERVICES

MONROE COUNTY ADOLESCENT OUTPATIENT
Catholic Charities of Southeast Michigan
1070 S. Telegraph Rd
Monroe, MI 48161
(734) 240-3850
ccmonroe.org

Progressive Guidance Center
15502 S. Telegraph Rd
Monroe, MI 48161
(734) 241-4851

Mercy Memorial Behavioral Health
700 Steward Rd, Suite 105
Monroe, MI 48162
(734) 240-1760
www.mercymemorial.org/Main/OutpatientBehavioralServices.aspx

Monroe Community Mental Health Authority
1001 S. Raisinville Rd
Monroe, MI 48161
(734) 243-7340
www.monroecmha.org

Caring Alternatives
2092 S. Custer Rd
Monroe, MI 48161
(734) 242-8711
www.caringalternatives.com

Student Assistance Programs
Monroe County Intermediate School District
1101 S. Raisinville Rd
Monroe, MI 48161
(734) 242-5799
John Basile, Coordinator

Drug Education Classes
Monroe County Intermediate School District
1101 S. Raisinville Rd
Monroe, MI 48161
(734) 242-5799
John Basile, Coordinator

REGIONAL ADOLESCENT OUTPATIENT
Guidance Center – Southgate, MI
13101 Allen Rd
Southgate, MI 48195
(734) 785-7700
www.guidance-center.org

TASC of Northwest Ohio – Toledo, OH
701 Jefferson Ave, Suite 101
Toledo, Ohio 43604
(419) 242-9955
www.lucastasc.org

Home of New Vision – Ann Arbor, MI
3800 Packard St, Suite 210
Ann Arbor, MI 48108
(734) 975-1602
www.homeofnewvision.org

Saint Joseph Mercy Health System – Ann Arbor, MI
4870 W Clark Rd
Ypsilanti, MI 48197
(734) 712-9500
www.stjoeshealth.org

Growth Works – Canton, MI
50430 School House Rd
Canton MI 48188
(734) 495-1722
growth-works.org

Dawn Farms – Ann Arbor, MI
6633 Stony Creek Rd
Ypsilanti, MI 48197
(734) 485-8725
dawnfarm.org

Philio Inc. DBA New Concepts – Toledo, OH
5301 Nebraska Ave
Toledo, OH 43615
(419) 531-5544
www.newconceptsiop.org

POEM Human Services – Westland, MI
33250 Warren Ave, Suite 202
Westland, MI 48185
(734) 331-0891
www.poemhsdc.org

University of Michigan Addiction Treatment Services – Ann Arbor, MI
1500 E. Medical Center Drive
Ann Arbor, MI 48109
(734) 764-0231
www.psych.med.umich.edu/umats

Ann Arbor Consultation Services – Ann Arbor, MI
5331 Plymouth Rd
Ann Arbor, MI 48105
(734) 996-9111
www.a2consultation.com

Heron Ridge Associates – Ann Arbor, MI
1785 W. Stadium Blvd
Ann Arbor, MI 48103
(734) 913-1093
www.heronridgeassocs.com

STATE-WIDE ADOLESCENT INPATIENT
Kairos Healthcare
3400 S. Washington Rd
Saginaw, MI 48601
(989) 755-1072

Payment: Most major insurance carriers accepted. For indigent adolescents, the cost is $285 per day. Call the contact number with further questions.

Kairos Healthcare provides many substance abuse-related treatment options ranging from adolescent detox and residential services to an adult inpatient treatment program. The initial program uses medical intervention to properly detox the clients and provide recommendations for a continued level of care. Treatment modalities found in the residential program are strength based and client centered addressing both substance use disorders and mental health simultaneously. Educational services are provided to help ensure that adolescents stay on par with their fellow teens. A young adult treatment facility is also featured to target those 18-24 years of age with a similar therapeutic approach designed to ensure continued sobriety. Kairos also has an adult treatment program designed for those individuals 25 years and older.
www.kairoshealthcare.com

Wolverine Human Services (WHS)
15100 Mack Ave
Grosse Pointe Park, MI 48230
(313) 824-4400

Payment: Private insurance carriers are currently not accepted at WHS

Wolverine Human Services offers many different residential treatment options for males and females ranging from 12 to 20 years of age, and does provide transportation for clients wishing to attend. The Victor's Substance Abuse Treatment Program (VSAT) is for cognitively- impaired males ages 12-17 placed through the Wayne County Juvenile Justice system. The Wolverine Center for Addiction, Recovery Education (WCARE) is a secure location for males 13-17 years of age, where the WCARE-Intensive program offers a non-secure 90-day treatment program for males and females. All programs offer individual, group, and family counseling services in addition to individualized therapy for substance abuse. A 12-step recovery approach program is also available for those wishing to attend. Education is provided on-site with high school completion, GED and/or college classes available.
www.wolverinehs.org/Services/SubstanceAbuse.aspx

TRANSITIONAL HOUSING

MONROE COUNTY

Touchstone Recovery—Monroe, Riverview, Lincoln Park, and Wyandotte
Adult Males
(734) 250-8056
www.touchstonerecoveryhomes.com

Paula's House & Paula's House II
For adult women, and Paula's House II houses women and their children
(734) 242-6650
www.paulashouse.org

REGIONAL

Dawn Farm - Ann Arbor and Ypsilanti, MI
Separate housing for men and women
(734) 669-8403
dawnfarm.org/programs/transitional-housing

Home of New Vision (HONV) - Ann Arbor, MI
Separate housing for men and women
(734) 975-1602
www.homeofnewvision.org

Structured Living, LLC - Ann Arbor and Ypsilanti, MI
Separate housing for men and women
(734) 846-0966
soberooms.com

LIGHT House - Ann Arbor, Plymouth and Detroit, MI
Separate housing for men and women
(734) 451-7800
www.pnlh.org

For a list of additional transitional houses within the region and state please visit www.findtreatment.samhsa.gov.

RECOVERY SUPPORT MEETINGS

NARCOTICS ANONYMOUS (NA)

For more information and the most current meeting schedule go to
www.michigan-na.org/monroe/monroe_meetings.htm

ALCOHOLICS ANONYMOUS (AA)

For more information and the most current meeting schedule go to
www.intergroup.monroeaa.org

Monroe County AA 24 hour hotline (734) 240-4844

TEENS AFFECTED BY FAMILY ADDICTION

Trust. Feel. Accept (TFA)
Contact Ginger Stuck:
(734) 915-2101

FAMILIES AFFECTED BY ADDICTION

Contact Wendy Klinski
(734) 240-3850

Al Anon Meetings
Monday, 7 pm
Northwest Christian Church
1590 W. Temperance Rd
Temperance, MI 48182

Tuesday, 7:30 pm
Trinity Lutheran School Cafeteria
315 Scott St
Monroe, MI 48161

Thursday, 7:30 pm
St. Luke's Lutheran Church
1690 W. Sterns Rd
Temperance, MI 48182

Friday, 8 pm
St. Peter's Lutheran Church
343 Center St
Petersburg, MI 49270

FAITH-BASED RECOVERY MEETINGS

Monday, 6:30 pm
OVERCOMERS Outreach for MEN
Compelled Church Bedford
8970 Jackman Rd, Room B17
Temperance, MI 48182

Tuesday, 6:30 pm
Celebrate Recovery (Women)
Carey Chapel AME
119 Almyra St
Monroe, MI 48161

Tuesday, 7 pm
Celebrate Recovery
Church of God Mountain Assembly
2393 N. Monroe St
Monroe, MI 48162

Tuesday, 7 pm
Overcomers Outreach
Stewart Road Christian Ministries
1199 Stewart Rd
Monroe, MI 48162

Monday—Friday, 7pm
House of Restoration
832 S. Roessler
Monroe, MI 48161

Friday, 7 pm
Reformers Unanimous
Lewis Avenue Baptist Church
6320 Lewis Ave
Temperance, MI 48122

Friday, 8 pm
Celebrate Recovery
First Wesleyan Church of Monroe
426 Jerome St
Monroe, MI 48161

OTHERS

Substance Abuse Support Group
Mercy Memorial Outpatient
700 Stewart Rd, Suite 105
Monroe, MI 48162