

CURRICULUM VITAE

**SARAH TOLLISON MELTON**

March 2015

Gatton College of Pharmacy  
East Tennessee State University

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**EDUCATION**

1992 - 1994

Virginia Commonwealth University,  
Medical College of Virginia Campus  
Richmond, Virginia  
Doctor of Pharmacy Degree  
Conferred: May 1994

1988 - 1991

Virginia Commonwealth University,  
Medical College of Virginia Campus  
Richmond, Virginia  
Bachelor of Science, Pharmacy  
Conferred: May 1991

**SPECIALIZED TRAINING**

1994 - 1996

Clinical Fellowship  
Psychiatric Pharmacy Practice  
Virginia Commonwealth University,  
Medical College of Virginia Campus  
Richmond, VA  
Cynthia Kirkwood, PharmD,BCPP

**LICENSURE AND CERTIFICATION**

July 2014 – present

Train-the-Trainer Certification  
Project REVIVE! Intranasal Naloxone, Virginia

November 2011 – present

Board of Pharmacy Specialties  
Board Certified Ambulatory Care Pharmacist

May 2005 - present

Certified Geriatric Pharmacist  
Commission for Certification in Geriatric Pharmacy

December 1996- present  
Recertification December 2003, 2011

Board of Pharmaceutical Specialties  
Board Certified Psychiatric Pharmacist

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September 1997 – Present

Pharmacist, License No.10246  
Tennessee

July 1991 – Present

Pharmacist, License No.0202010464  
Commonwealth of Virginia

**PROFESSIONAL EXPERIENCE**

**Associate Professor of Pharmacy Practice**

July 2012 – present

Gatton College of Pharmacy  
East Tennessee State University  
Johnson City, TN

*Current Committee Member:*

Assessment (2012- present)  
    *Co-Chair (2014 – present)*  
ACPE Self Study (2014 – present)  
Admissions (Screening, 2012- present)  
Honor Code (2014 – present)

*Past Committee Member:*

Experiential (2012- 2014)  
Technology (2012-2014)

*University Committee Member:*

Prescription Drug Abuse Working Group  
Health and Wellness (2013- present)

*Faculty Advisor:*

Generation Rx  
College of Psychiatric and Neurologic Pharmacists

**Associate Professor of Pharmacy Practice**

January 2005 – December 2011

Appalachian College of Pharmacy  
Oakwood, VA

*Committee Member Service:*

ACPE Self-Study  
Curriculum and Assessment  
Honors, Ethics, and Professionalism  
Milestone Examination  
Strategic Planning  
Chair, Pharmacy Practice Recruitment  
Experiential Committee  
Library Committee  
Scholarship Committee

**Clinical Experience**

October 2012 – present

Johnson City Community Health Center  
Clinical Pharmacist  
Johnson City, TN

July 2012 – October 2012

Johnson City Downtown Clinic  
Clinical Pharmacist  
Johnson City, TN

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January 2012 – present

HighPower, PC  
Clinical Psychiatric Pharmacist  
Lebanon, VA

March 2007– 2013

AllCARE for Seniors PACE Program  
Clinical Pharmacist  
Cedar Bluff, VA

August 2002 -April 2012

C-Health, P.C.  
Clinical Pharmacist  
Lebanon, VA

July 2000 – present

Melton Healthcare Consulting, LLC  
Consultant Pharmacist  
Lebanon, VA

April 1997– January 1998

Blanchfield Army Community Hospital  
Clinical Pharmacist, Blue Primary Care  
Consultant – Behavioral Medicine  
Ft. Campbell, KY

**Fellowship Program**

July 1995 - June 1996

Clinical Pharmacist  
Richmond Community Mental Health Center  
Richmond, VA

January 1995 - February 1996

Clinical Pharmacist, Adult Inpatient Psychiatry  
MCV Hospitals  
Preceptor: Cynthia K. Kirkwood, Pharm.D.

February 1995

Extended Care Psychiatry  
Western State Hospital, Staunton, VA.  
Preceptor: Ken Brasfield, Pharm.D.

**Residency**

1994

Acute Care Services  
Austin State Hospital  
Preceptors: Peter G. Dorson, Pharm.D. and  
M. Lynn Crismon, Pharm.D.

**Practice Experience**

July 2012 – present

Clinical Pharmacist  
Johnson City Community Health Center  
Johnson City, TN

January 2012 – present

Clinical Pharmacist  
HighPower, PC  
Lebanon, VA

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September 2002 – April 2012	Clinical Pharmacist C-Health, PC Lebanon, VA
July 2000 – present	Consultant Pharmacist. Melton Healthcare Consulting, LLC Lebanon, VA
April 1997 – January 1998	Clinical Pharmacist Blanchfield Army Community Hospital Ft. Campbell, KY
September 1994 - June 1996	Clinical Pharmacist Richmond Community Mental Health Center. Richmond, VA
October 1994 - June 1996	Volunteer Pharmacist Charlottesville Free Clinic Charlottesville, VA
January 1992 - August 1992	Pharmacist Revco Drug Stores 833 University City Blvd. Blacksburg, VA
June 1991 - December 1991	Staff Pharmacist University of Virginia Health Sciences Center Charlottesville, VA

**TEACHING**

July 2012 – present	Associate Professor of Pharmacy Practice Gatton College of Pharmacy East Tennessee State University Johnson City, TN
<i>Faculty Facilitator, CSHP-1321-1</i>	Communication Skills for Health Professionals
<i>Course Coordinator, PMPR 7118</i>	Substance Abuse and Addiction in Appalachia: Impacting the Community through a Vision of Change
<i>Course Coordinator, PMPR 3140</i>	Contemporary Practice of Pharmacy I (CPOP I)
<i>Course Coordinator, PMPR 7113, 7114</i>	Pharmacy Practice Research/Scholarship I, II
<i>Lecturer, PMPR 5233</i>	Clinical Pharmacokinetics
<i>Lecturer, PMPR 5200</i>	Pharmacotherapy III
<i>Lecturer, PMPR 5201</i>	Pharmacotherapy III Lab
<i>Preceptor</i>	Advanced Pharmacy Practice Experience Introductory Pharmacy Practice Experience

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January 2005 – December 2011

Associate Professor of Pharmacy Practice  
Appalachian College of Pharmacy  
Oakwood, VA

*Coordinator, PHA 295*  
*Coordinator, Block 2.12, PHA 280,282,285*  
*Coordinator, Block 2.8, PHA 240*  
*Coordinator, Block 1.13*  
*Coordinator, PHA 140*  
*Coordinator, PHA 4090*  
*Lecturer, Block 1.17*  
*Lecturer, Block 1.12, PHA 200*

Therapeutic Case Challenge  
Pharmacotherapy of Neurologic and Psychiatric Disorders  
Pharmacotherapy of Respiratory Disorders  
Communications and Interpersonal Skills Seminar  
Communications and Professional Development  
Addiction: Uppers, Downers, All Arounders  
Nonprescription Drug Therapy  
Clinical Pharmacokinetics

*Lecturer, PHA 242*  
*Lecturer and Preceptor*  
*Preceptor*

Pharmacotherapy of Cardiovascular and Respiratory Disorders  
Early Pharmacy Practice Experience  
Advanced Pharmacy Practice Experience

January 2006 – present

Clinical Assistant Professor  
Virginia Commonwealth University,  
Medical College of Virginia School of Pharmacy

August 2003 – present

Clinical Assistant Professor  
Shenandoah University  
Bernard A. Dunn School of Pharmacy

October 1994 - June 1996

Clinical Instructor  
Virginia Commonwealth University,  
Medical College of Virginia School of Pharmacy  
Richmond, VA

*Lecturer. PHA 636*  
*Lecturer. PHA 414*  
*Co-Coordinator.*  
*PHA 512*

Advanced Therapeutics  
Clinical Therapeutics  
PHA 591, Mental Health Elective  
Undergraduate Practical Experience Program.  
Mental Health Practice Clinical Clerkship

**RESEARCH/CLINICAL OUTREACH**

Primary Investigator. *Evaluation of Prescriber and Dispenser Attitudes about Buprenorphine Use for Opioid Use Disorders in Central Appalachia.* 2015

Member- Coordinating Team. HRSA 13-186 – ANEP Interprofessional Education for Advanced Practice Nursing: Building APN Capacity for the Interprofessional Management of Multiple Chronic Conditions  
July 1, 2013 - June 30, 2016

Principal Project Leader. *Education and Outreach through Project Lazarus in Southwest Virginia.* Funding from Cardinal Health Foundation (\$10,000). 2013-2015

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Principal Project Leader. *Appalachian Awar\_xe*: A Comprehensive Educational Program for Pharmacy Professionals in Appalachia to Fight Prescription and Over-the-Counter Drug Misuse and Abuse. Funding from the Appalachian Regional Commission (\$39,300).

Primary Investigator. "Development of a Student Organization for Addiction Outreach in Rural Appalachia in a Three-year Accelerated Doctor of Pharmacy Program."

Primary Investigator. "Promotion of Health and Wellness in Medically Underserved Appalachia through a Pharmacist-Managed Tobacco Cessation Program." Funded by C-Health, PC.

Primary Investigator. "Promotion of Health and Wellness in Coal Miners Through a Pharmacist-Managed Tobacco Cessation Program." Funded by Pfizer (\$15,000) July 2007.

Co-Investigator. "Economic Evaluation of Paroxetine and Imipramine in Depressed Outpatients." Funded by SmithKline Beecham (\$15,000) May 1993 - December 1995. Research Committee: Cynthia K. Kirkwood, Pharm.D. Travian W. Farrar, Pharm.D., Douglas B. Brink, Pharm.D., Norman V. Carroll, Ph.D.

Co-Investigator. "Comparison of the Degree of and Development of Tolerance to the Psychomotor Effects of Adinazolam Mesylate and Alprazolam after Multiple Dosing," funded by the Upjohn Company (\$180,441). September 1992 - May 1994. Advisory committee: Cynthia K. Kirkwood, Pharm.D., Jurgen Venitz, Ph.D., M.D., Ronald K. Elswick, Ph.D. Rakesh K. Sood, M.D.

## PUBLICATIONS

Melton ST, Orr R. Detection and Deterrence of Prescription Drug Abuse and Misuse in Dental Practice. American Dental Association Practical Guide to Substance Use Disorders and Safe Prescribing, 1<sup>st</sup> edition. Ed. O'Neil M. In press.

Melton ST. Treatment Resistant Generalized Anxiety Disorder: A Case of the Intolerable Adjunctive. In: Grady SE, McGuire JM, Nelson LA, Rappa L, editors. Psychiatric Pharmacotherapy Case Series. Lincoln (NE): College of Psychiatric and Neurologic Pharmacists; 2014. In press.

Melton ST, Kirkwood CK. Insomnia, Drowsiness and Fatigue. Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care., 18th edition. Eds. Berardi RR, Kroon LA, McDermott JH, et al. December 2014.

Thigpen J, Melton ST. Neonatal abstinence syndrome: a challenge for medical providers, mothers, and society. *J Pediatr Pharmacol Ther.* 2014 Jul;19(3):144-6.

Melton ST, Kirkwood CK. Generalized Anxiety, Panic and Social Anxiety Disorders. Pharmacotherapy: A Pathophysiologic Approach, 9th edition. Eds. Dippiro JT, Talbert RT, Yee GC, et al. February 2014.

Melton ST. Anxiety Disorders. College of Psychiatric and Neurologic Pharmacist Review Course for Board Certification in Psychiatric Pharmacy. January 2014.

Melton ST. How should Antidepressant-Associated Anxiety be Managed? *Medscape Ask the Experts.* November 5, 2013. Available at <http://www.medscape.com/viewarticle/813489>.

Melton ST. Can Pregabalin Be Used for Generalized Anxiety Disorder? *Medscape Ask the Experts.* June 4, 2013. Available at <http://www.medscape.com/viewarticle/804935>.

Melton ST. Anxiety Disorders. College of Psychiatric and Neurologic Pharmacist Review Course for Board Certification in Psychiatric Pharmacy. January 2012.

Kirkwood CK, Melton ST. Insomnia, Drowsiness and Fatigue. Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care., 17<sup>th</sup> edition. Eds. Berardi RR, Kroon LA, McDermott JH, et al. December 2011.

Melton ST, Kirkwood CK. Generalized Anxiety, Panic and Social Anxiety Disorders. Pharmacotherapy: A Pathophysiologic Approach, 8<sup>th</sup> edition. Eds. Dipiro JT, Talbert RT, Yee GC, et al. October 2011

Melton SM. Bath Salts, an 'Ivory Wave' Epidemic? *Medscape Ask the Experts*. August 26, 2011. Available at <http://www.medscape.com/viewarticle/748344>

Melton ST, Kirkwood CK. Generalized Anxiety Disorder. Pharmacotherapy Casebook: A Patient-focused Approach, 8th Edition. Eds. Schwinghammer T, Koehler J. June 2011

Kirkwood CK, Melton ST. Obsessive Compulsive Disorder. Pharmacotherapy Casebook: A Patient-focused Approach, 8th Edition. Eds. Schwinghammer T, Koehler J. June 2011

One Care of Southwest Virginia Writing Group. Blueprint for the Control and Mitigation of Substance Abuse and Misuse in Southwest Virginia (Healthy Appalachia Project). June 2011. Available online at <http://onecare.org/Blueprint/one%20care%20book.pdf>

Melton SM. Are Cholesterol Levels Linked to Bipolar Disorder? *Medscape Ask the Experts*. May 16, 2011. Available at <http://www.medscape.com/viewarticle/741999>

Melton SM. How is Thyroid Dysfunction Associated with Bipolar Disorder? *Medscape Ask the Experts*. November 30, 2010 Available at: <http://www.medscape.com/viewarticle/732977>

Melton SM. Extended-release Venlafaxine. Is More Better? *Medscape Ask the Experts*. July 13, 2010. Available at: <http://www.medscape.com/viewarticle/724703>

Melton ST. Patient Centered Care: Changing Lives. On Being a Pharmacist: True Stories by Pharmacists. Eds. Pangilinan JM, Waddell JA. February 2010.

Melton ST. House Calls. On Being a Pharmacist: True Stories by Pharmacists. Eds. Pangilinan JM, Waddell JA. February 2010.

Melton ST. Anxiety Disorders. College of Psychiatric and Neurologic Pharmacist Review Course for Board Certification in Psychiatric Pharmacy; January 2010.

Kirkwood CK, Melton ST. Insomnia. Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care. ,16<sup>th</sup> edition. Eds. Berardi RR, Kroon LA, McDermott JH, et al. March 2009.

Melton ST, Townsend CA. STEPS: New Drug Reviews. Selegiline Transdermal Patch (Emsam) for Major Depressive Disorder. *Am Fam Physician* 2008;77(4):505-06.

Melton ST, Kirkwood CK. Generalized Anxiety Disorder. Pharmacotherapy Casebook: A Patient-focused Approach, 7th Edition. Eds. Schwinghammer T, Koehler J.

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Melton ST, Kirkwood CK. Obsessive Compulsive Disorder. Pharmacotherapy Casebook: A Patient-focused Approach, 7th Edition. Eds. Schwinghammer T, Koehler J.

Kirkwood CK, Melton ST. Panic, Generalized and Social Anxiety Disorders. Pharmacotherapy: A Pathophysiologic Approach, 7th edition. Eds. Dipiro JT, Talbert RT, Yee GC, et al.

Kirkwood CK, Melton ST. Insomnia. Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care, 15th edition. Eds. Berardi RR, Kroon LA, McDermott JH, et al.

Melton ST, Kirkwood CK. Eszopiclone. *Annals of Pharmacotherapy* 2005;39 (10):1659-1666.

Kirkwood CK, Melton ST. Panic, Generalized and Social Anxiety Disorders. Pharmacotherapy: A Pathophysiologic Approach, 6th edition. Eds. Dipiro JT, Talbert RT, Yee GC, et al.

Melton ST, Kirkwood CK. Generalized Anxiety Disorder. Pharmacotherapy Casebook: A Patient-focused Approach, 6th Edition. Ed. Schwinghammer T.

Melton ST, Kirkwood CK. Obsessive Compulsive Disorder. Pharmacotherapy Casebook: A Patient-focused Approach, 6th Edition. Ed. Schwinghammer T.

Melton ST, Cimmino A. What is the best pharmacologic approach to managing moderate to severe heartburn? *J Fam Pract* 2001, 50(10):839.

Kirkwood CK, Melton ST. Anxiety Disorders. Pharmacotherapy: A Pathophysiologic Approach, 5th edition. Eds. Dipiro JT, Talbert RT, Yee GC, et al.

Melton ST, Kirkwood CK, Ghaemi SN. Pharmacotherapy of HIV dementia. *Annals of Pharmacotherapy* 1997;31(4):457-73.

Melton ST, Kirkwood CK, Farrar TW, Brink DB, Carroll NV. Economic evaluation of paroxetine and imipramine in depressed outpatients. *Psychopharm Bulletin* 1997;33(1):93-100.

Melton ST, Kirkwood CK. Lexicon of alcohol and drug terms. *J Pharm Technology* 1996;12:5.

Kirkwood CK, Melton ST. Anxiety Disorders. Pharmacotherapy Self-Assessment Program Module, 2<sup>nd</sup> Edition. ACCP, December 1994.

**ABSTRACTS**

Melton SM, Hackney JF, Melton SH. Interprofessional Collaboration and Development of an Innovative, Mission-Focused Experiential Site in Rural Appalachia. *AJPE* 2009;73(4):131.

Melton SM, Melton SH. Role of the pharmacist in collaborative care for mental health and addiction treatment in medically underserved Appalachia. *J Pharmacy Practice* 2009;22: 261.

Melton SM, Melton SH. Treatment of ephedrine dependence with low-dose aripiprazole. *J Pharmacy Practice* 2009; 22:268.

Melton SM, Clevinger L, Hackney J, Jenks L, Monroe L, Nuckles N. Promotion of Health and Wellness in Coal Miners through a Pharmacist-Managed Tobacco Cessation Program. *J Pharmacy Practice* 2008; 21: 57.

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Kirkwood CK, Melton ST, Farrar TW, Brink DB, Carroll NV. Economic evaluation of paroxetine and imipramine in depressed outpatients. *Psychopharm Bulletin*, September 1996.

Kirkwood CK, Fleishaker JC, Tollison SM, Venitz J, Elswick RK, Sood RK. Comparison of tolerance to the psychomotor effects of adinazolam and alprazolam. *J Clin Pharmacol* 1994;34(10):1031.

**SELECT PRESENTATIONS**

Melton ST, Melton SH. Electronic Cigarettes and Tobacco – Even Exchange? 19<sup>th</sup> Annual Primary Care Conference, East Tennessee State University. Millenium Center, Johnson City, TN. March 23, 2015.

Melton ST, Melton SH. Electronic Cigarettes and Tobacco – Even Exchange? Virginia Academy of Family Physicians Midyear Meeting. Wintergreen, VA. January 30, 2015.

Melton ST, McMasters M. ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care – CO\*RE. Danville, VA. November 20, 2014.

Melton ST. Protect Your Patients, Protect Your Practice: Universal Precautions in Prescribing Controlled Substances. Psychiatry in the Mountains, Millenium Center, Johnson City, TN. October 10, 2014.

Melton ST, Ruppel P, Orr R. Reducing Neonatal Abstinence Syndrome through Responsible Opioid Prescribing and Dispensing: A Healthcare Provider Training. Roanoke Higher Education Center, Roanoke, VA September 6, 2014.

Melton ST, Ruppel P, Orr R. Reducing Neonatal Abstinence Syndrome through Responsible Opioid Prescribing and Dispensing: A Healthcare Provider Training. Southwest Virginia Higher Education Center, Abingdon, VA. September 5, 2014.

Melton ST. Project REVIVE! Intranasal Naloxone Training Program. Highlands Juvenile Detention Center. September 21, 2014.

Melton ST. Project REVIVE! Intranasal Naloxone Training Program. Southwest Virginia Community College. September 13, 2014.

Melton ST. Project REVIVE! Intranasal Naloxone Training Program. Government Center, Lebanon, VA. August 21, 2014.

Hagemeier N, Melton ST, Cross LB. Design, Implementation, and Evaluation of a Self-Awareness Focused Contemporary Pharmacy Practice Course. Poster presentation at the 2014 Annual Meeting of the American Association of Colleges of Pharmacy, Grapevine, TX. July 28, 2014.

Gray J, Hagemeier N, Melton ST. Prescription Drug Abuse Prevention in East Tennessee: Engaging Communities to Impact an Epidemic. Poster presentation at the 2014 Annual Meeting of the American Association of Colleges of Pharmacy, Grapevine, TX. July 26, 2014.

Melton ST. Project REVIVE! Intranasal Naloxone Training Program. One Care of Southwest Virginia Board Meeting, Johnston Memorial Hospital, Abingdon, VA. July 10, 2014.

Melton ST. Innovative Practice: Role of the Pharmacist in Collaborative Care for Mental Health Treatment in a Nurse-Managed Community Health Center. Poster presentation at the 2014 Annual Meeting of the College of Psychiatric and Neurologic Pharmacists, Phoenix, AZ. April 28, 2014.

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Melton ST, Melton SH. Taking the “Ouch” Out of Pain Management in Patients With Addiction. Virginia Department of Health Prescription Drug Abuse Forum. Williamsburg, VA. April 6, 2014

Melton ST, Melton SH. Taking the “Ouch” Out of Pain Management in Patients With Addiction. Virginia Department of Health Prescription Drug Abuse Forum. Danville, VA. April 5, 2014.

Melton ST, Melton SH. Taking the “Ouch” Out of Pain Management in Patients With Addiction. Virginia Department of Health Prescription Drug Abuse Forum. Middletown, VA. March 30, 2014.

Melton ST, Melton SH. Taking the “Ouch” Out of Pain Management in Patients With Addiction. Virginia Department of Health Prescription Drug Abuse Forum. Weyers Cave, VA. March 29, 2014.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. Gatton College of Pharmacy at ETSU Preceptor Training. Johnson City, TN. March 1, 2014.

Melton ST, Moore J. Pharmacists’ Role in Prescription and OTC Drug Abuse. Virginia Pharmacists Association Midyear Meeting. Williamsburg, VA. February 22, 2014.

Melton ST, McMasters M. ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care – CO\*RE. Abingdon, VA. February 1, 2014.

Melton ST, McMasters M. ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care – CO\*RE. , Fishersville, VA. February 8, 2014.

Melton ST, McMasters M. ER/LA Opioid REMS: Achieving Safe Use While Improving Patient Care – CO\*RE. Richmond, VA. February 18, 2014.

Melton ST. Pharmacists’ Role(s) in Prescription Drug Overdose Prevention and Treatment. Psychopharmacology/Neurology Networking Session. American Society of Health-System Pharmacists Midyear Meeting. Orlando, FL. December 9, 2013.

Melton ST. Chronic Pain and Impairment of Sleep: A Case-based Approach. Kingsport Tomorrow 4th Annual Regional Healthcare Symposium. Meadowview Convention Center. October 26, 2013.

Melton ST. Protect Your Patients, Protect Your Practice: Precautions in Prescribing Controlled Substances. Tazewell County Medical Society Annual Meeting. Cedar Bluff, VA. October 5, 2013.

Melton ST, Melton SH. Taking the “Ouch” Out of Pain Management in Patients with Addiction. One Care – MSV Prescription Drug Abuse Forum. North Chesterfield, VA. September 14, 2013.

Melton ST. Thinking Outside the Pill Box For Medication Adherence: Lessons Learned in a Medical Home Practice. Practical Strategies in Medication Adherence for Patients with Cardiovascular Disease and Diabetes Conference. Millenium Centre, Johnson City, TN. June 7, 2013.

Melton ST. Thinking Outside the Pill Box For Medication Adherence: Lessons Learned in a Medical Home Practice. Practical Strategies in Medication Adherence for Patients with Cardiovascular Disease and Diabetes Conference. Crowne Plaza, Knoxville, TN. June 6, 2013.

Melton ST. Case-based Evaluation of Use of Medication Assisted Treatment of Opioid Dependence. Virginia Tech Carilion School of Medicine Domain Day. Roanoke, VA. May 31, 2013.

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Melton ST. Integration of Addiction Education throughout the Curriculum. Second Annual National Prescription Drug Abuse Summit. Omni Orlando Resort at Champions Gate; Orlando, FL. April 4, 2013

Melton ST. Protect Your Patients, Protect Your Practice: Universal Precautions in Prescribing Controlled Substances. Seventh Annual Primary Care Conference: Across the Lifespan. Millennium Centre, Johnson City, TN. March 26, 2013

Melton ST. Protect Your Patients, Protect Your Practice: Universal Precautions in Prescribing Controlled Substances. 3rd Annual Regional Healthcare Symposium. Kingsport, TN. October 27, 2012

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Riverside Community Hospital, Newport News, VA. September 23, 2012

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. John Tyler Community College, Chester, VA. September 22, 2012

Melton ST. Integration of Addiction Education throughout the Curriculum. American Association of Colleges of Pharmacy Annual Meeting. Kissimmee, FL. July 16, 2012.

Melton ST. Thinking Outside the Pill Box For Medication Adherence: Lessons Learned in a Medical Home Practice. Practical Strategies in Medication Adherence for Patients with Cardiovascular Disease Conference. 2: Embassy Suites Hotel Nashville South (Cool Springs), Franklin, TN. June 22, 2012.

Melton ST. Thinking Outside the Pill Box For Medication Adherence: Lessons Learned in a Medical Home Practice. Practical Strategies in Medication Adherence for Patients with Cardiovascular Disease Conference. FedEx Institute of Technology, Memphis, TN. June 8, 2012.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Patrick Henry Community College, Martinsville, VA. May 20, 2012.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Virginia Tech Carilion School of Medicine, Roanoke, VA. May 19, 2012.

Melton ST, Melton SH, Norton M. Taking the Ouch Out of Pain Management in Patients with Addiction. College of Psychiatric and Neurologic Pharmacists Annual Meeting. Tampa, FL. April 30, 2012

Melton ST, Melton SH, Norton M. Taking the Ouch Out of Pain Management in Patients with Addiction. American Society of Health-Systems Pharmacists Annual Meeting. New Orleans, LA. December 5, 2011.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Mountain Empire Community College, Big Stone Gap, VA. September 18, 2011.

Melton ST. Pharmacotherapy of Anxiety Disorders. Psychiatry in the Mountains, East Tennessee State University, Johnson City, TN. October 21, 2011.

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Melton ST. Anxiety Disorders Bootcamp. General Medical Education Consortium Head for Hills Annual Meeting. The Breaks Interstate Park, Breaks, VA. October 14, 2011.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Mountain Empire Community College, Big Stone Gap, VA. September 18, 2011.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Southwest Virginia Community College, Cedar Bluff, VA. September 17, 2011.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. Wytheville Community College, Wytheville, VA. July 17, 2011.

Melton ST. Overview of Outpatient Management of Opiate Dependence: Safety and Efficacy of Buprenorphine and Methadone. One Care of Southwest Virginia- Medical Society of Virginia Education Forum on Prescription Drug Abuse. New River Community College, Dublin, VA. July 16, 2011.

Melton ST. Call to Action for Pharmacy Professionals. Key Note Address: Rho Chi Induction Ceremony. Appalachian College of Pharmacy, Oakwood, VA. May 10, 2011.

Melton ST, Covett K, Wachs J. Listening in Healthcare: Better Outcomes through Better Listening: Panel Presentation and Discussion. East Tennessee State University, Johnson City, TN. April 2, 2011.

Melton ST. Pharmacotherapy of Anxiety Disorders. East Tennessee State University Primary Care Conference. The Millennium Center in Johnson City, TN. March 28, 2011.

Melton ST. Workshop on Prescription and Over-the-Counter Drug Misuse and Abuse. Substance Abuse Workshop – Virginia Department of Social Services. Southwest Virginia Training Center. Abingdon, VA. January 4, 2011.

Melton ST. Role of the Clinical Pharmacist in the Patient-Centered Medical Home in a Medically Underserved Area. American Association of Colleges of Pharmacy Annual Meeting, Seattle, Washington. July 11, 2010.

Melton ST. Workshop on Prescription and Over-the-Counter Drug Misuse and Abuse. Substance Abuse Workshop – Virginia Department of Social Services. Higher Education Center, Abingdon, VA. April 29-30, 2010.

Melton ST, Melton SH. Role of the Pharmacist in the Patient-Centered Medical Home. Virginia Pharmacists Association Mid-Year Meeting. Omni Hotel, Charlottesville, VA. February 2010.

Melton ST. Prescription and Over-the-Counter Drug Misuse and Abuse: Risk Factors, Red Flags, and Prevention Strategies. Virginia Rural Health Association Annual Meeting. The Homestead, Hot Springs, VA. November 2009.

Melton ST, Hackney JF, Melton SH. Interprofessional Collaboration and Development of an Innovative, Mission-Focused Experiential Site in Rural Appalachia. Poster presentation at the 2009 Annual Meeting of the American Association of College of Pharmacy, Boston, MA. July 2009.

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Melton ST, Melton SH. Role of the pharmacist in collaborative care for mental health and addiction treatment in medically underserved Appalachia. Poster presentation at the 2008 Annual Meeting of the College of Psychiatric and Neurologic Pharmacists, Jacksonville, FL. April 2009.

Melton ST, Melton SH. Treatment of ephedrine dependence with low-dose aripiprazole. Poster presentation at the 2008 Annual Meeting of the College of Psychiatric and Neurologic Pharmacists, Jacksonville, FL. April 2009.

Melton ST. Prescription and Over-the-Counter Drug Misuse and Abuse: Risk Factors, Red Flags, and Prevention Strategies. Virginia Pharmacists Association Mid-Year Meeting. Hotel Roanoke. Roanoke, VA. February 22, 2009.

Melton ST, Fleenor W. "Urinary Toxicology Screening." Buchanan County Department of Social Services. Grundy, VA. January 28, 2009

Melton ST. "Establishing a Successful Preceptor-Student Relationship through Effective Communications and Feedback." Second Annual Pharmacist Development Symposium. University of Charleston. Charleston, WV October 25, 2008.

Melton ST. Prescription and Over-the-Counter Drug Misuse and Abuse: Risk Factors, Red Flags, and Prevention Strategies. *Head for the Hills*, Southwest Virginia Medical Education Consortium. The Breaks, VA. October 18, 2008.

Melton ST. Prescription and Over-the-Counter Drug Misuse and Abuse: Risk Factors, Red Flags, and Prevention Strategies. *Psychiatry in the Mountains*. East Tennessee State University. Johnson City, TN. October 17, 2008.

Melton ST. "Childhood Depressive Disorder: Controversy Surrounding the Black-box Warning." *Head for the Hills*, Southwest Virginia General Medical Education Consortium. The Breaks, VA. October 6, 2007.

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Melton ST. "Childhood Depressive Disorder: Controversy Surrounding the Black-box Warning." Virginia Pharmacists Association 2007 Annual Meeting, Virginia Beach, VA. August 6, 2007.

Melton ST, Bell BJ, Nuckles DN. "Medications that Should Not be used in the Elderly." Russell County Medical Center Senior Circle. June 7 and 14, 2007.

Melton ST. Community Education Program. Medicare Part D – 2006. Douglass Senior Center. Bristol, VA. November 16, 2006.

Melton ST. Community Education Program. Medicare Part D – 2006. Russell County Medical Center Senior Circle. Lebanon, VA. November 11, 2006.

Melton ST. Medication Therapy Management. Primary Care Association of Virginia Annual Meeting. Martha Washington Inn, Abingdon, VA. October 1, 2006

Melton ST, Renfro T. WXYZ Heritage Television. Doctor in the House. Norton, VA May 21, 2006.

Melton ST. Substance Related Disorders in the Community - The Pharmacological Basis for Treatment. Southwest Virginia Community College Seminar on Substance Abuse. Richlands, VA. May 21, 2006.

## **SARAH TOLLISON MELTON**

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Melton ST, Blankenship T. WLRV Radio Show - Focus on Medicare Part D Enrollment Issues. Lebanon, VA. April 13, 2006.

Melton ST. Community Education Program. "The Depression Placemat." Russell County Medical Center Senior Circle. March 6 and 13, 2006.

Melton ST, Medicare Rx Access Network of Virginia- Medicare Today. Virginia Highlands Community College Higher Education Center. March 8, 2006.

Melton ST. 21<sup>st</sup> Century Program Russell County Public Schools. "What is a Pharmacist?" Lebanon Primary and Middle Schools. February 23, 2006.

Melton ST. "University of Appalachia First Annual Preceptor Orientation." Lebanon, VA. January 8, 2006.

Melton ST. Senior Health and Fitness Day Keynote Address. "Anxiety Disorders in the Older Population." Russell County Town Park, Lebanon, VA. May 30, 2001.

Melton ST. Community Medication Education Program. "Medications Used to Treat High Cholesterol." Russell County Public Library, Lebanon, VA. February 22, 2001.

Melton ST. Community Medication Education Program. "Medications Used in the Treatment of Depression." Russell County Public Library, Lebanon, VA. October 11, 2000.

Melton ST. Senior Circle Community Meeting. "Depression in the Older Population." October 2000.

Melton ST. "Patient Care Issues – A Focus on Sleep Disorders." 1999 South Carolina Society of Health-Systems Pharmacists Fall Meeting. September 30 and October 1, 1999

Melton ST, Kirkwood CK, Farrar TW, Brink CB, Carroll NV. "Economic Evaluation of Paroxetine and Imipramine in Depressed Outpatients." Presented as a poster session. The NCDEU 36<sup>th</sup> Annual Meeting, Boca Raton, FL. May 30, 1996.

Tollison SM, Kirkwood CK, Fleishaker JC, Venitz J, Elswick RK, Sood RK. "Comparison of the Degree of and Development of Tolerance to the Psychomotor Effects of Adinazolam and Alprazolam After Multiple Dosing." Presented as a poster session. American College of Clinical Pharmacology Annual Meeting, Orlando, FL. October 8, 1994.

### **Community Service**

- |                |   |
|----------------|---|
| 2014 – present | Virginia Task Force on Heroin and Prescription Drug Abuse<br>Appointed by Governor Terry McAullife<br>Chair: Education Work Group       |
| 2014 – present | Advisory Board Member<br>Ross Medical Education Center<br>( <a href="http://www.rosseducation.edu/">http://www.rosseducation.edu/</a> ) |
| 2012 – present | Community and Faculty Advisor<br>Generation Rx at the Gatton College of Pharmacy at ETSU  |

## SARAH TOLLISON MELTON

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2009 - present	Chair, Board of Directors OneCare of Southwest Virginia ( <a href="http://www.onecareva.org">www.onecareva.org</a> )
2009 – 2011	Clinical Committee Member CareSpark ( <a href="http://www.carespark.com">www.carespark.com</a> )
2009 – 2011	Quality Council Committee Member Virginia Rural Health Association ( <a href="http://www.vrha.org">www.vrha.org</a> )
2006 – present	Participant, Remote Area Medical Clinic Grundy, VA and Wise, VA
2006 – 2011	Coordinate ACP Annual Career and Interview Day
2006 – 2011	Coordinate ACP Annual Etiquette Dinner
2006 - 2011	Appalachian College of Pharmacy Coordinator for Tar Wars Program in Regional Schools Collaboration with Virginia Academy of Family Practice
2006 – 2011	Coordinate ACP Annual Medicare D Outreach
2002 - 2012	C-Health, PC Coordinator of RxAssist: Patient Assistance Programs for the Indigent
2001- 2010	Lebanon Memorial United Methodist Church Rotation Sunday School Director Member, Handbell Choir
2001 - 2012	Heart of Southwest Virginia Community Orchestra

## **PROFESSIONAL MEMBERSHIPS**

American Society of Hospital Pharmacists	1991 - 1995
American Society of Health-Systems Pharmacists	1995 - present
American College of Clinical Pharmacy	1994 - present
American Pharmacists Association	1991 - present
Virginia Pharmacists Association	2000 - present
<i>Education Committee Member</i>	2006 - 2008
Virginia Society of Health-Systems Pharmacists	2000 - present
College of Psychiatric and Neurologic Pharmacists	2000 - present
<i>Case Study Author</i>	2014- present
<i>Recertification Committee Chair</i>	2010 - present
<i>Review Course Author</i>	2009 - present
<i>Recertification Committee Vice-Chair</i>	2009 - 2010
<i>Recertification Committee Member</i>	2007 - present
<i>Reviewer, BCPP Review Course</i>	2008

## SARAH TOLLISON MELTON

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American Society of Consultant Pharmacists	2004 – present
<i>Fellow</i>	2011 - present
American Association of Colleges of Pharmacy	2006 – present
<i>Chair-elect, Substance Abuse Special Interest Group</i>	2011
Team Learning Collaborative	2006 - 2009

### HONORS AND AWARDS

Faculty Profile	March 2015
<i>ETSU Today</i>	
Cardinal Foundation Generation Rx Award	February 2015
<i>Tennessee Pharmacists Association</i>	
Member, Governor's Task Force on Heroin and Prescription Drug Abuse	September 2014 – present
<i>Appointed by Governor Terry McAuliffe</i>	
Cover of Pharmacy Today – Practitioner Profile	May 2014
<a href="http://www.pharmacist.com/pharmacist-central-appalachia-addresses-problems-hit-her-community-hardest">http://www.pharmacist.com/pharmacist-central-appalachia-addresses-problems-hit-her-community-hardest</a>	
American Pharmacists Association 2 <sup>nd</sup> Place Generation Rx Award	March 2013, 2014
Fellow of the American Society of Consultant Pharmacists	March 2011
Virginia Foundation for Healthy Youth Board of Directors	September 2010 – present
<i>Appointed by Governor Bob McDonnell (2010)</i>	
<i>Re-appointed by Governor Terry McAuliffe (2014)</i>	
Wal-Mart - AACP Education Scholar Award Winner (mentor)	July 2009, 2010
College of Psychiatric and Neurologic Pharmacists	April 2009
<i>National Innovative Practice Award</i>	
Appalachian College of Pharmacy	
<i>Professor of the Year</i>	2007, 2008, 2009, 2010, 2011
<i>Preceptor of the Year</i>	March 2009
<i>Faculty Delegate to AACP Annual Meeting</i>	2007- 2011
Tri-City Business Journal/King Pharmaceuticals	May 2005
<i>Health Care Hero Award</i>	
Virginia Commonwealth University, Medical College of Virginia	
<i>Sandoz Award for Clinical Excellence</i>	May 1994
<i>The Honor Society of Phi Kappa Phi</i>	April 1994 - present
<i>Rho Chi Pharmacy Honor Society</i>	March 1994- present

### **REFERENCES**

Available upon request