

CHRISTINE YU MOUTIER, M.D.

Address:

The American Foundation for Suicide Prevention
 120 Wall Street, 29th Floor
 New York, New York 10005

Phone: [REDACTED]

Fax: [REDACTED]

Email: [REDACTED]

Education	University of California, San Diego, School of Medicine M.D.	1995
	Vassar College , Piano Performance, summa cum laude B.A.	1990
Training	Chief Resident , UCSD Medical Center, Neuropsychiatry and Behavioral Medicine Unit	1998-1999
	Resident , Department of Psychiatry, University of California, SD	1996-1998
	Internship in Psychiatry/Internal Medicine Mercy Hospital, San Diego and University of California, SD	1995-1996
Professional Experience	Chief Medical Officer , The American Foundation for Suicide Prevention	2013-
	Full-time Faculty , Department of Psychiatry, University of California, SD Professor of Psychiatry	1999-2013
	Assistant Dean for Student Affairs , UCSD School of Medicine	2004-2013
	Assistant Dean for Medical Education , UCSD School of Medicine	2012-2013
	Director , Conditional Acceptance Post-Baccalaureate Program, UCSD SoM	2005-2013
	Staff Psychiatrist , Union of Pan Asian Communities Counseling & Treatment	2009-2013
	Outpatient Clinic specializing in mood and anxiety disorders and women's mental health, UCSD Medical Group	1999-2013
	Director of Education and Fitness for Duty Evaluation , PACE Physician Assessment and Clinical Education Program, Department of Family Medicine	2011-2012
	Associate Director , UCSD Outpatient Psychiatry Services	2010-2011
	Acting Assistant Dean, Diversity & Community Partnerships , UCSD SoM	2008-2009
	Medical Director and Attending , Adult Inpatient Psychiatry Service, San Diego Veterans Administration Medical Center	2002-2006
	Associate Residency Training Director , UCSD Psychiatry Residency Training Program	2002-2004
Attending , Psychiatry Consultation-Liaison and Psychiatric Emergency Services, UCSD Medical Center	1999-2002	
Attending , Neuropsychiatry and Behavioral Medicine Unit, UCSD Medical Center	1999-2002	
Certifications	Board Certified , American Board of Psychiatry and Neurology	2001
	Recertification by ABPN	2011
	Medical Licensure State of California	1997
	State of New Jersey	2013
Awards & Honors	American Board of Internal Medicine "Professionalism Article Prize" The ABIM Foundation recognized three seminal articles in medical professionalism with the Professionalism Article Price. A selection committee of physicians, a medical student and other leaders in health care reviewed more than 100 peer reviewed articles published in 2012 and selected our co-authored paper on Positive Mental Health (see publication #35).	2013
	"Exemplary Mentor" Award for contributing to the positive development of Junior colleagues in the profession, Claremont Quality of Life Research Ctr	2013

“Top Doctors: Physicians of Exceptional Excellence”	2011, 2012
One of 88 San Diego physicians voted by peers across all specialties	
UCSD Student-Run Free Clinic University Leader	2007-2009
For commitment to community, social justice, patients and students of the Free Clinic	
Gold Humanism Honor Society	2006-present
Friend of Social Work Award , San Diego VA Medical Center	2005
UCSD Medical Student Grand Rounds , Best Teaching Evaluation	2003
UCSD Psychiatry Resident of the Year	1999
Laughlin Fellow , American College of Psychiatry	1998-1999
Medical Student Teaching Award by the Department of Psychiatry	1997
Bayer Fellowship , American Association for Geriatric Psychiatry	1996
Stanley Kaplan Essay Contest Winner	1995
Presented paper on “Attitudes toward Psychiatry in Medicine”	1995
University of Cincinnati Department of Psychiatry, Biological Psychiatry Conference, and Academic Psychiatry Conference	
Phi Beta Kappa	1990
Mary Pemberton Nurse Fellowship for study in medicine	1990
Frances Walker Prize for greatest proficiency in piano, Vassar College	1990

ACADEMIC ACTIVITIES

ADMINISTRATIVE SERVICE

1. Principal Administrator- Health Sciences for UCSD Campus Threat Assessment Team 2008-2013
2. Co-Chair of HEAR (Healer Education, Assessment, and Referral) Committee for Physician Suicide Prevention, UCSD Medical Center and SoM 2007-2013
3. Director, SOM Conditional Acceptance Post-Baccalaureate Program 2005-2013
4. Chair, Ad Hoc Advisory Workgroup on Disruptive Faculty Behavior 2011-12
5. Diversity Committee, Department of Psychiatry, UCSD 2006-7, 11-12
6. Careers in Medicine Program Director, UCSD School of Medicine 2004-2010
7. School of Medicine Committees: Student Affairs, Standings & Promotions 2004-2013
8. UCSD Student-Run Free Clinic Psychiatry Liaison 2003-2011
9. Core Clinical Curriculum Working Group, SOM Curriculum Reform 2007
10. SDVAHC Medical Records Committee 2002-2007
11. UCSD Psychiatry Residency Training Executive Committee 2001-2004
12. UCSD Psychiatry Residency Selection Committee 1999-2004
13. UCSD Graduate Education Committee 1995-2004
14. UCSD Medical Center Continuous Quality Improvement 1999-2002
15. UCSD Medical Center Medical Ethics Committee 1999-2002
16. Founding Editor of UCSD Psychiatry Residency Newsletter 1998-1999
17. UCSD Graduate Education Committee, Residency Class Representative 1995-1999

TEACHING/MENTORING ROLES

1. Seminar for UPAC therapists on “Psychotropic Medication Overview” 2013
2. Led Critical Incident Debrief for OBGYN/Maternal Mental Health Dept 2013
3. Coordinated and presented UCSD Health System-wide Chief Resident Orientation, focus on leadership and impact on learning environment 2012-2013
4. MEDS Seminar to UCSD Health Sciences Faculty and Staff, “How to Provide and Use Feedback” 2007-2013
5. Chairperson/Mentor for 35 medical student Independent Study Projects 2005-2013
6. Medical Student Seminars: “Developing Professionalism,” “Coping with Stress during Medical School,” “Prevention of Burnout,” “Depression Awareness,” “Preparing for Clinical Training: MS3 Clinical Transitions Course” 2004-2013
7. Lecturer to NAMI, community primary care physicians and psychiatrists 2000-2013

- nationally, UCSD Internal and Family Medicine
8. Medical Student & Resident Mentoring 1999-Present
 9. Core Didactic Lecturer to Psychiatry Residents 1999-2013
 10. Speaker to AVID Program, URM Earl Warren Middle School Students 2008
Discussed careers in healthcare professions with sensitivity to psychosocial factors, e.g. gang involvement, drugs and alcohol, ESL. Solana Beach, CA
 11. Mentoring Underprivileged Students Interested in Medicine (Middle School-High School: UCSD Early Academic Outreach Program, Kaiser Permanente Hippocrates Circle) 2005-2009
 12. UCSD Social Work Department on mood and anxiety disorders, Schizophrenia and somatization disorder 2000-2008
 13. Medical Student Psychiatry Grand Rounds Instructor 2002-2005
 14. PACE Program. Instructed psychopharmacology courses and performed psychiatric evaluations for the PACE Program, a remediation program for impaired physicians. 1999-2002
 15. University of California, San Diego, School of Medicine Psychopathology Course Instructor to MS II Students 1997
 16. University of California, San Diego Extension Course Instructor for DSM-IV Seminar 1996

MEMBERSHIPS

1. Gold Humanism Honor Society, Member 2006-present
UCSD Chapter Faculty Advisor 2006-2009
2. American Psychiatric Association Member 1997-present
3. San Diego Psychiatric Society Member 1997-2013

COMMUNITY SERVICE

1. Volunteer as Self-Defense Coach for FAST (Fear and Adrenaline Self-defense Training for teens and adults) and FASTCATS for children (anti-bully/abduction). Krav Maga MMA Academy, San Diego, California 2010-present
2. Annual Women's Resource Fair: Self-Defense Seminars 2012-2013
Taught 250 Homeless women self-defense tactics
3. Scientific Advisory Board Member, California Teratogen Information Service (CTIS), a nonprofit group that provides research and education that helps prevent prenatal exposures to drugs, alcohol, medications and other toxins that can cause birth defects. 2008-2012
4. Co-President, Board of Directors, American Foundation for Suicide Prevention, San Diego Chapter. Included education and public outreach: (Film and discussion on depression and suicide 8/08) 2007-2010
5. Educational Presentations to the public: "Mental, Physical and Spiritual Health", "Mental Health through the Woman's Life Cycle", "Parenting: Responding to your child's sadness or anger", Seacoast Community Church, Encinitas, California 2003-2010

ADVISORY BOARDS

1. California Teratogen Information Service (CTIS), a nonprofit group that provides research and education re: prenatal exposure to drugs, alcohol, medications and other toxins that can cause birth defects 2009-2013
2. Stein Institute for Research on Aging (SIRA), Scientific Advisory Board Member 2011-2013

MEDIA COVERAGE

1. Fighting the Depths: Depression and Its Consequences among Physicians in Training, *The New Physician* (AMSA), Vol. 57 (6), Sept 2008 <http://www.amsa.org/tnp/articles/article.cfx?id=451>
2. Physicians, Medical Students Struggle with Mental Illness and Suicide, *AAMC Reporter*, Dec 2008 <http://www.aamc.org/newsroom/reporter/dec08/mentalillness.htm>
3. Featured in documentary film, "Out of the Silence: Medical Student Depression and Suicide" and "Struggling in Silence: Physician Depression and Suicide", funded by American Foundation for Suicide Prevention and PBS. Full-length documentary has aired on 300 PBS stations nation-wide and won the 2008 "FREDDIE" [International Health & Medical Media Award](#)
4. When Doctors Need Help: Students Battle Burnout, *The Washington Diplomat*, Jul 2009 http://www.washdiplomat.com/July%202009/a8_07_09.html
5. Destigmatizing Depression, *CTSciNet*, Oct 2 2009 http://sciencecareers.sciencemag.org/career_magazine/previous_issues/articles/2009_10_02/caredit.a0900118

PUBLICATIONS

1. Moutier CY, Stein MB, History epidemiology, and differential diagnosis: a summary from the 1998 APA Symposium on Social Phobia. *Journal of Clinical Psychiatry* 1999;60(S9); 4-8.
2. Feifel D, Moutier CY, Swerdlow N. Attitudes toward psychiatry among students entering medical school. *American Journal of Psychiatry* 1999;156;1397-1402.
3. Moutier CY, Stein MB. Biological Basis of Social Phobia. In: Hofmann SG, DiBartolo PM (eds), ***Social Anxiety to Social Phobia: Multiple Perspectives***. Boston: Allyn & Bacon, 2000.
4. Moutier CY, Wetherell JL, Zisook S. Combined psychotherapy and pharmacotherapy for late-life depression. *Geriatric Times* 2003;4;14-15.
5. Moutier CY, Wetherell JL, Zisook S. Combined treatment for late-life depression. *Psychiatric Times* 2003;20;46-49.
6. Moutier CY, Zisook S. Grief and depression: differentiation and treatment. *Behavioral Health Trends* 2004;16A;36-41.
7. Meyer JM, Leckband SG, Loh C, Moutier CY. Quetiapine-induced diabetes with metabolic acidosis: a case report. *International Clinical Psychopharmacology* 2004;19:169-171.
8. Moutier C, Meyer JM. Book Review: Model Psychopharmacology Curriculum For Psychiatric Residency Programs, Training Directors and Teachers of Psychopharmacology, Third Edition by a Committee of the American Society of Clinical Psychopharmacology. New York, The American Society of Clinical Psychopharmacology 2004; in *Journal of Bipolar Disorders*, 2005; 4(4):19.
9. Zisook S, Benjamin S, Balon R, Glick I, Louie A, Moutier C, Moyer T, Santos C, Servis, M. Alternate Methods of teaching psychopharmacology. *Academic Psychiatry* 2005;29;141-154.
10. Miller B, Feifel D, Moutier CY, Perry W, Robinson SK. Rapid oral loading of extended release divalproex in patients with acute mania. *General Hospital Psychiatry* 2005;27;218-221.

11. Brody B, Roch-Levecq AC, Kaplan RM, Moutier C, Brown S. Age related Macular Degeneration: Self-management and reduction of depressive symptoms. *Journal of the American Geriatrics Society* 2006;54:1557-1562.
12. Glick ID, Salzman C, Cohen BM, Klein DF, Moutier C, Nasrallah H, Ongur D, Wang P, Zisook S. Improving the pedagogy associated with the teaching of psychopharmacology to improve practice. *Academic Psychiatry* 2007;31:211-217.
13. Dunn LB, Iglewicz A, Moutier C. A conceptual model of medical student well-being: Promoting resilience and preventing burnout. *Academic Psychiatry* 2008;32:44-53.
14. Dunn LB, Moutier C, Hammond KA, Lehrmann J, Roberts LW. Personal health care of residents: Preferences for care outside of the training institution. *Academic Psychiatry* 2008;32:20-30.
15. Zisook S, Ganadjian K, Moutier C, Prather R, Rao S. Sequenced Alternatives to Relieve Depression (STAR*D): Lessons learned. *Journal Clinical Psychiatry* 2008;69:1184-85.
16. Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo DW, Novotny PJ, Sloan JA, Shanafelt TD. Burnout and suicidal ideation among US medical students. *Annals Internal Medicine* 2008;149:334-341.
17. Auster T, Moutier C, Lanouette N, Zisook S. Bereavement and depression: Implications for diagnosis and treatment. *Psychiatric Annals* 2008;38:655-661.
18. Zisook S, Trevedi MH, Warden D, Lebowitz B, Thase ME, Stewart JW, Moutier C, Fava M, Wisniewski SR, Luther J, Rush AJ. Clinical correlates of the worsening or emergence of suicidal ideation during SSRI treatment of depression: An examination of citalopram in the STAR*D Study. *Journal of Affective Disorders* 2009;117:63-73.
19. Moutier C, Zisook S. Bereavement and Depression in Late Life. In: Ellison, Kyoman, and Verma (eds), *Disorders In Later Life*. New York: Informa Healthcare USA, 2009, pp. 221-238.
20. Lapid M, Moutier C, Dunn L, Green Hammond KA, Roberts LW. Professionalism and ethics education on relationships and boundaries: Psychiatric residents' preferences. *Academic Psychiatry* 2009;33:461-469.
21. Moutier C, Cornette M, Lehrmann J, Geppart C, Tsao C, DeBoard R, Green Hammond KA, Roberts LW. When residents need health care: Stigma of the patient role. *Academic Psychiatry* 2009;33(6):431-441.
22. Rosenthal S, Howard B, Schluskel YR, Lazarus CJ, Wong JG, Moutier C, Savoia M, Trooskin S, Wagoner N. Does medical student membership in the gold humanism honor society influence selection for residency? *Journal of Surgical Education* 2009;66(6):308-13.
23. Dyrbye LN, Thomas MR, Power DV, Durning S, Moutier C, Massie FS Jr., Harper W, Eacker A, Szydlo DW, Sloan JA, Shanafelt TD. Burnout and serious thoughts of dropping out of medical school: a multi-institutional study. *Academic Medicine* 2010;85(1):94-102.
24. Dyrbye LN, Massie FS, Eacker A, Harper W, Power D, Durning SJ, Thomas MR, Moutier C, Satele D, Sloan JA, Shanafelt TD. Relationship between burnout and professional conduct and attitudes among U.S. medical students. *JAMA* 2010;304(11):1173-80.
25. Hirst K, Moutier C. Postpartum major depression. *American Family Physician* 2010;82(8):926-933.
26. Fang DZ, Young CB, Golshan S, Fellows I, Moutier C, Zisook S. Depression in premedical undergraduates: A cross sectional survey. *Prim Care Companion J Clinical Psychiatry* 2010;12(6):e1-e6.

27. Roberts LW, Warner T, Moutier C, Geppert C, Green Hammond KA. Are doctors who have been ill more compassionate? Attitudes of resident physicians regarding personal health issues and the expression of compassion in clinical care. *Psychosomatics* 2011;11(52):367-374.
28. Brody B, Field L, Roch-Levecq AC, Moutier C, Edland SD, Brown S. Treatment of depression associated with age-related Macular Degeneration in a double-blind randomized controlled study (UACP-2010-0018). *Annals of Clinical Psychiatry* 2011;23:277-284.
29. Dyrbye LN, Moutier C, Durning SJ, Massie FS Jr., Power DV, Eacker A, Harper W, Thomas MR, Satele D, Sloan JA, Shanafelt TD. The problems program directors inherit: Medical student distress at the time of graduation. *Medical Teacher* 2011;33(9):756-758.
30. Reed DA, Shanafelt TD, Satele DW, Power DV, Eacker A, Harper W, Moutier C, Durning S, Massie FS, Thomas MR, Sloan JA, Dyrbye LN. Relationship of pass/fail grading and curriculum structure with well-being among preclinical medical students: A multi-institutional study. *Academic Medicine* 2011;86(11):1367-1373.
31. Dyrbye LN, Harper W, Durning S, Moutier C, Thomas MR, Massie FS, Eacker A, Power DV, Szydlo DW, Sloan JA, Shanafelt TD. Patterns of distress in U.S. medical students. *Medical Teacher* 2011;33(10):834-9.
32. Fang D, Young CB, Golshan S, Moutier C, Zisook S. Burnout in premedical undergraduate students. *Academic Psychiatry* 2012;36(1):11-16.
33. Zisook S, Downs N, Moutier C, Clayton P. College students and suicide: Risk, prevention and the role of academic psychiatry. *Academic Psychiatry* 2012;36(1):1-6.
34. Moutier C, Norcross W, Jong P, Norman M, Kirby B, McGuire T, Zisook S. The Suicide Prevention and Depression Awareness Program at the University of California, San Diego School of Medicine. *Academic Medicine* 2012;87(3):320-326.
35. Dyrbye LN, Harper W, Moutier C, Durning S, Power D, Massie FS, Eacker A, Thomas MR, Satele D, Sloan JA, Shanafelt TD. Does Positive Mental Health Enhance Professionalism? A Multi-institutional Study Exploring the Impact of Positive Mental Health on Medical Students' Professionalism in an Era of High Burnout. *Academic Medicine* 2012;87:1024-1031.
36. Smith S, Johnson M, Rodriguez N, Moutier C, Beck E. Medical student perceptions of the educational value of a student-run free clinic. *Family Medicine* 2012;44(9):646-649.
37. Moutier C. Healthy Life Balance for the Physician. In: Roberts LW (ed), *The Academic Medicine Handbook: A Guide to Academic Achievement and Fulfillment for Academic Faculty*. New York: Springer Publishing Global, 2013, Ch. 53.
38. McGuire TE, Moutier C, Downs N, Zisook. Details on suicide among US physicians: Data from the National Violent Death Reporting System [Letter to the Editor]. *General Hospital Psychiatry* 2013; 35(4):448.
39. Moutier C, Bazzo DE, Norcross WA. Approaching the Issue of the Aging Physician Population: Data from the Coalition for Physician Enhancement Conference "Practicing Medicine Longer: The impact of aging on physician clinical performance and quality of care," including survey opinions on the need for age-based physician competency screening. *Journal of Medical Regulation* 2013;99:10-18.
40. Downs N, Feng W, Norcross W, Ilanit T, McGuire T, Kirby B, Moutier C, Zisook S. Listening to Depression & Suicidal Risk in Medical Students: The HEAR Program. *Academic Psychiatry* 2014; epub ahead of print.
41. Moutier C, Wingard D, Jeste D, Reznik V. The culture of academic medicine: A focus on faculty behavior. Jan 2014; submitted for review.

Other Work

1. Moutier CY, Zisook S. Depression in the primary care setting. **Re-Focus** 99(1):1-5.
2. Moutier CY, Zisook S. Women and depression: work-up, risk factors, and treatment. **Re-Focus** 99(1):6-9.
3. Zisook S, Moutier CY. Meeting the challenge of late-life depression. **Re-Focus** 99(1):14-19.
4. Moutier CY, Raimo EB. Depression's Dark Woods. **The Alliance Advocate**, NAMI Newsletter 1998; 2(6):3
5. Contributing author to "Caring Today: Practical Advice for the Family Caregiver", September 2007.
6. Moutier CY, Zisook. Depression's Dark Woods. Successful Aging: Stein Institute for Research on Aging (SIRA) Newsletter, September 2009 <http://aging.ucsd.edu/pdf/Healthwise/9-09.pdf>
7. Moutier C. Promoting medical student well-being: A model for minimizing burnout over the entire continuum of medical practice. **The California State Medical Board Newsletter**, April 2010.
8. Moutier C, Norcross WA. HEAR at UC San Diego School of Medicine: The Healer Education, Assessment and Referral Program. San Diego Physician (official publication of the San Diego County Medical Society), April 2012.

Ad Hoc Manuscript Reviewer

Journal of Clinical Psychopharmacology

Academic Psychiatry

Medical Education

Social Psychiatry and Psychiatric Epidemiology

Academic Medicine

Journal of Affective Disorders

Biomedical Informatics Insights

JAMA

BMC Medical Education

Crisis: The Journal of Crisis Intervention and Suicide Prevention

Expert Reviewer 2012-2013- Medical Board of California, specializing in issues related to Professionalism and Disruptive Physician Behavior

PRESENTATIONS

- 2014 Invited Grand Rounds, **Physician Mental Health: A Model for Distress and Resilience**
State University of New York Downstate Medical Center, Brooklyn, New York, March 2014
- 2014 AFSP Advocacy Forum 2014, **Bullying and Suicide: Unraveling the Link**, Washington, D.C.,
February 2014
- 2014 AFSP Chapter Leadership Conference 2014, **AFSP's Impact: Preventing Suicide and Building Resilience, and Engaging with Attempt Survivors**, Denver, Colorado, January 2014
- 2009-2013 **Physician Heal Thyself: De-stigmatizing Physician Depression, Enhancing Well-being, and Preventing Suicide**
- UCSD Resident Core Lecture Series—Jan. 21, 2009
Head & Neck Surgery Grand Rounds – March 27, 2009 – Christine Moutier & Sid Zisook
Family & Preventive Medicine – April 1, 2009 – Christine Moutier & Marc Norman
General Surgery Grand Rounds – April 8, 2009 – Christine Moutier & Sid Zisook
Moore Cancer Center – April 22, 2009 – "Suicide Risk Assessment" – Christine Moutier & Josh Kayman
All Campus Lecture Series, Biomedical Library – April 30, 2009 - Christine Moutier & Sid Zisook
Medical Student Seminar – May 6, 2009 – Christine Moutier
Pediatric Grand Rounds (Faculty Development Series) – July 17, 2009 – Christine Moutier & Sid Zisook
Emergency Medicine Grand Rounds – September 8, 2009- Christine Moutier & Bill Norcross

Hospice & Palliative Care – November 10, 2009- Christine Moutier
 Internal Medicine Dept. Grand Rounds – November 18, 2009 – Christine Moutier & Sid Zisook
 Social Psychology and Medicine Course (PSYCH 155) – Nov. 19, 2009 – Christine Moutier
 UCSD Resident Core Lecture Series—September 15, 2010 – Christine Moutier
 Medical Student Seminar – February 11, 2011 – Christine Moutier
 UCSD Student Health Services – March 17, 2011 – Christine Moutier
 Internal Medicine Resident Lecture –May 19, 2011 – Christine Moutier
 Psychiatry Grand Rounds – July 7, 2011 – Christine Moutier
 Medical Student Seminar – November 14, 2011 – Christine Moutier
 Social Psychology and Medicine Course (PSYCH 155) – Nov. 15, 2011 – Christine Moutier
 Orthopedic Surgery Regional Meeting – January 13, 2012
 Trauma Surgery Lecture Series – May 1, 2012 – Christine Moutier
 Hematology/Oncology Grand Rounds – May 18, 2012 – Christine Moutier
 School of Medicine-wide “Struggling in Silence” film screening + discussion – February 7, 2013

- 2013 Invited Speaker, Veterans Administration Healthcare System, San Diego, Ethics Committee, “Physician Wellbeing and Moral Distress,” San Diego, California, March 2013
- 2013 Keynote Speaker, Coachella Valley Chapter of the American Foundation for Suicide Prevention, Community Outreach Event. “What Research Tells Us About Suicide: Risks and Prevention.” Palm Desert, California, February 2013
- 2012 Tarman D, McKennett M, Moutier C, Goldberg C, Ciacci J, Smith S, Wan L, Yang T, Mullaney S, Willies L, Aldecoa R, Kelly C. “Using Academic Communities as a Structure for a Multifaceted Approach to Discussing Challenges in the Clinical Learning Environment,” AAMC Learning Communities Institute, AAMC Annual Meeting, November 2012
- 2012 Invited Speaker, Western Orthopaedic Surgery Association, “Surgeon Burnout, Depression and Suicide Prevention,” San Diego, California, January 2012
- 2011 Speaker, Coalition for Physician Enhancement Fall 2011 Meeting, “Practicing Medicine Longer: The Impact of Aging on Physician Clinical Performance and Quality Care,” San Diego, California, November 2011
- 2011 Verduin M, Seritan A, Moutier C. “Barriers and Creative Solutions to Medical Student Wellness” Workshop, Association of Academic Psychiatry Annual Meeting, Scottsdale, Arizona, September 2011
- 2011 Invited Speaker, UCSD Reproductive Medicine Department Faculty and Resident Retreat, “How to Approach Challenging Communication,” September 2011
- 2011 Invited Grand Rounds speaker. UCSD Psychiatry Department Grand Rounds, “Physician Wellbeing: A Responsibility,” July 2011
- 2011 UCSD Internal Medicine Residency Training Program residents conference, “De-stigmatizing Physician Depression, Enhancing Well-being, and Preventing Suicide,” May 2011
- 2011 Invited Speaker, UCSD Reproductive Medicine Department Teaching Retreat, “Providing Feedback: Reviving an Essential Practice,” March 2011
- 2010 AMSA Web conference, “About Your Health: Preventing Burnout and Understanding Resiliency,” an interactive presentation to medical students from the U.S. as well as internationally, November 2010
- 2010 Daroff R, Brooks K, Haller E, Moutier C, Roberts L, Tong L. “Replenishing the Flame: Creating (and Actually Using) Systems for Avoiding and Coping with Burnout in Academia” Workshop, Association of Academic Psychiatry Annual Meeting, Pasadena, California, September 2010

- 2010 Invited Grand Rounds speaker (Moutier C, Iglewicz A). UCSD Psychiatry Grand Rounds, "Providing Feedback: Reviving an Essential Practice," July 2010
- 2010 Invited Symposium Presentation, San Diego Academy of Family Physicians Annual Meeting, "Physician Depression and Suicide," San Diego, California, June 26, 2010
- 2010 Dickstein L, Chilton J, Moutier C. "Novel Programs to Promote Mental Wellness in Medical Students," Workshop Co-Leader, American Psychiatric Association Annual Meeting, New Orleans, Louisiana, May 2010
- 2010 Invited Grand Rounds, Naval Medical Center San Diego, Department of Psychiatry, "Depression and Physician Suicide," April 30, 2010
- 2010 Fang DZ, Young CB, Golshan S, Moutier C, Zisook S. "Burnout In Premedical Undergraduates" Poster/Abstract presentation, 51st Annual National Student Research Forum, Galveston, Texas, April 22-23, 2010
- 2010 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Medical Student Distress and Career Choice: A Multi-Institutional Study" Oral abstract, AAMC/Central Group on Educational Affairs, Chicago, Illinois, April 2010
- 2009 Moutier, C, Sciolla, A, Keri, J, Winegarden, B, Hoffman, HM, Sewell, DD, Jeste, D. An Approach to Enhancing Geriatric Psychiatry Education during a Medical School Curriculum Reform. In Symposium: Teaching Innovations for Geriatric Mental Health Competencies: Multidisciplinary Approaches. Gerontological Society of America Annual Meeting, Atlanta, Georgia, November 18-22, 2009
- 2009 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Various forms of distress among medical students: A multi-institutional study." Poster presentation, AAMC Central Group on Educational Affairs, Rochester, Minnesota, March 2009
- 2009 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Pass-fail grading is associated with enhanced well-being among medical students: a multi-institutional study." Plenary oral abstract. Society of General Internal Medicine 32nd Annual Meeting, Miami, Florida, May 2009
- 2009 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Patterns of distress in US medical students: a multi-institutional study." Oral abstract presentation, plenary session II. Clerkship Directors of Internal Medicine, Annual Meeting, Philadelphia, Pennsylvania, Oct 2009
- 2009 Panelist for California Student Opportunity and Access Program "So You Want to Be A Doctor," San Diego and Imperial County Cal-SOAP Middle and High Schools, August 2009
- 2009 Workshop Chair: Moutier C, Parker N, Garrity M, Lamberton H. "How Student Services Can Promote Mental Health and Wellness in Medical Students." AAMC Western Group for Student and Educational Affairs Conference. Santa Fe, New Mexico, April 2009
- 2009 Invited Speaker, Annual UCSD Student-Run Free Clinic Faculty Retreat, "The Lost Art of Providing Feedback." Carlsbad, California, March 2009
- 2009 Invited Panelist, San Diego Psychiatric Society, "I Guess That's Why They Call It The Blues: Diagnosis and Treatment of Depression in the 21st Century". La Jolla, California, January 2009
- 2008 Keynote Speaker "Out of the Darkness" Community Walk for the American Foundation for Suicide Prevention. San Diego, California, October 2008
- 2008 Invited Speaker, Women in Science and Engineering (WISE). "Resilience and Burnout: Optimizing Wellness." UCSD, October 2008

- 2008 Moutier C, Stokes C, Zisook S, Clayton P. "Physician, Heal Thyself" workshop. Association for Academic Psychiatry Annual Meeting. Santa Fe, New Mexico, September 2008
- 2008 Invited Grand Rounds speaker UCSD Department of Psychiatry. "Physician, Heal Thyself: Medical Student and Physician Depression and Suicide," July 2008
- 2008 Invited Grand Rounds speaker for Division of General Internal Medicine, UCSD SOM Curriculum Review and Reform, June 2008
- 2008 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo D, Novotny PJ, Sloan JA, Shanafelt TD. "Multi-institutional Longitudinal Study of the Relationship Between Burnout and Suicidal Ideation among U.S. Medical Students" Oral abstract, AAMC/RIME, November 2008
- 2008 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Novotny PJ, Sloan JA, Shanafelt TD. "Burnout and Suicidal ideation among U.S. Medical Students: Is Burnout Reversible and Does Recovery Decrease Suicidal Ideation?" Research oral presentation (30 minutes), Association of Medical Educators of Europe, Prague, August 2008
- 2008 Moutier C, Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Szydlo DW, Novotny PJ, Sloan JA, Shanafelt TD. "Suicidal Ideation among U.S. Medical Students: A Multi-institutional Study" Oral abstract presentation, 13th Ottawa International Conference on Clinical Competence. Melbourne, Australia, March 2008
- 2008 Dyrbye LN, Thomas MR, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Shanafelt TD. "Suicidal Ideation among U.S. Medical Students: A Multi-institutional Study" Oral abstract presentation, CGEA. Ohio, April 2008
- 2008 Havyer R, Thomas MR, Dyrbye LN, Massie FS, Power DV, Eacker A, Harper W, Durning S, Moutier C, Szydlo DW, Novotny PJ, Sloan JA, Shanafelt TD. "Consideration of Dropping Out among US Medical Students: A Multi-institutional Study" 13th Ottawa International Conference on Clinical Competence. Melbourne, Australia, March 2008
- 2008 "Psychotropics and Women's Mental Health," Invited lecturer to UCSD Pediatrics Dysmorphology and Teratology Group Rounds, March 2008
- 2007 "Stress, Resilience, and Coping", Invited Speaker for Deaf Community Documentary Film Production and Tele-Broadcast, September 2007
- 2007 Invited Interview for 2 documentary films, "Out of the Silence: Medical Student Depression and Suicide" and "Struggling in Silence: Physician Depression and Suicide", funded by American Foundation for Suicide Prevention and PBS. Full-length documentary has aired on over 300 PBS stations nation-wide and won the 2008 "FREDDIE" [International Health & Medical Media Award](#)
- 2007 "Diversity Recruitment for the Haves and the Have Nots." Presentation of UCSD SOM Conditional Acceptance Post-Bac Program Outcomes Data. AAMC Western Group on Student Affairs Annual Meeting. Asilomar, California, May 2007
- 2007 Invited lecturer "Advances in Psychopharmacology throughout the Life Span: Women and Reproductive Psychiatry" UCSD CME and Neuroscience Education Institute seminar, San Diego, California, April 2007
- 2006-2008 Invited Speaker, UCSD SMART (SIRA Medical student Aging Research Training) Program Retreat, "Alternate Pathways in Academia"
- 2006 Invited Speaker, UCSD MSTP (Medical Scientist Training Program), Summer Physician-Scientist Colloquium, "Alternatives to the Scientist Pathway"

- 2006 Moutier C, Sciolla A, Lehman DH. "Novel methods of teaching: The use of self-disclosure in teaching and mentoring," workshop. Association for Academic Psychiatry Annual Meeting. San Francisco, California, September 2006
- 2005 "Innovative Treatments in Anxiety Disorders", CME Pri-Med Symposium Speaker. Anaheim, California, May 2005
- 2004 Invited Grand Rounds Speaker, University of Hawaii Department of Psychiatry, "Somatization Disorder," May 2004
- 2004-2005 Invited Speaker, NAMI Chapters in Contra Costa and San Diego Counties, "Advocating for People with Schizophrenia"
- 2001 Miller B, Feifel D, Moutier CY, Perry W, Robinson SK. "Safety and tolerability of extended-release divalproex sodium in patients with mania" poster presented at the APA meeting. New Orleans, Louisiana, May 2001
- 2000 Moutier CY, Feifel DF, Swerdlow N. "Attitudes toward Psychiatry among Medical Students" poster presented at Biological Psychiatry meeting. San Diego, California
- 2000 Feifel DF, Moutier CY, Swerdlow N. "Attitudes toward Psychiatry among Medical Students" poster presented at Association for Academic Psychiatry meeting. San Diego, California, 9/00
- 2000 Moutier CY. "Attitudes toward psychiatry and effect on recruitment." Association of Directors of Psychiatry Residency Training (AADPRT) annual meeting. San Diego, CA, 2/00
- 1999 Kritchevsky M, Moutier CY, Zisook S. "A neurology curriculum for psychiatry residents." Association of Directors of Psychiatry Residency Training (AADPRT) annual meeting. Los Angeles, California 2/99

RESEARCH

- 2009-2013 **Co-investigator R25 NIMH Training Grant Proposal**
 5 R25 MH71544-06 Dilip Jeste (PI) 7/01/09 - 6/30/14
 NIH \$249,834
Research Training Program in Geriatric Neuropsychiatry for Medical Students
 This is a program for expanding the pipeline for new researchers in geriatric mental health by providing mentored research opportunities to undergraduate, graduate, and medical students.
- 2006-2013 **Multi-site Study of Medical Student Distress**
 Seven medical schools' collaborative study assessing the prevalence and association between burnout, depression, and suicidality, and other factors such as curricular and personal demographic factors. Supported by grant from the Mayo Medical School.
- 2003-2009 **Depression and Age Related Macular Degeneration**
 Collaborative study with UCSD Ophthalmology
 LXP-MD-11 Brown (PI) 6/15/04-12/31/09
 Forest Research Institute \$ 99,603
Treatment of Depression Associated with Age-Related Macular Degeneration
 This is an investigator initiated research contract for a 16 week double masked crossover study with escitalopram.
- 2002-2004 **STAR*D (Sequence Treatment Alternatives to Relieve Depression), Associate Director, San Diego site**, largest NIMH multi-center study of depression to date
- 1995-2004 **University of California, San Diego**
 "Attitudes toward Psychiatry among Medical Students," a multi-centered survey study
- 1998-2002 **Sub-Investigator on 15 psychopharmacologic clinical trials** Evaluation of study subjects using assorted measurements: Physical examination, CGI, AIMS, BPRS, Y-MRS, Barnes, Simpson-Angus

1997-1999

University of California, San Diego

Anxiety Disorders Psychopharmacology Research Program.

Research assistant conducting clinical trials in anxiety disorders (PI Murray Stein, M.D.)