Daniel Hodges was born in Winston-Salem, North Carolina. He studied at George Mason University and is currently studying at the University of Virginia. He joined the Virginia National Guard in 2012 and was honorably discharged after a six-year contract. He joined the Metropolitan Police Department in 2014 and has served the city of Washington D.C. as a Police Officer since, earning awards, citations, and commendations.

On January 6th, 2021, he responded with his colleagues to the United States Capitol to help defend against the mob who was attempting to stop the transfer of power. Officer Hodges was injured during the attack but returned to full duty weeks later.

In 2022, he testified before the House Select Committee to Investigate the January 6th Attack and has since been honored with the Presidential Citizens Medal by President Joe Biden for his heroic service to the nation during the assault on the Capitol.