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Riley Gaines

Ambassador

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Riley Gaines is an Independent Women's Forum ambassador. Gaines is a recent graduate from the University of Kentucky, where she was a 12x All-American swimmer. Riley competed and tied with trans-identifying swimmer Lia Thomas at their NCAA championships. Since directly experiencing the injustice of allowing men in women's sports, Riley has been outspoken on why this issue is blatantly unfair and harmful to females in so many ways.

More information: [Riley Gaines Joins Independent Women's Forum As Stand With Women Spokeswoman](#)



Two Springer Spaniels named Buddy and Lady



Chocolate chip cookies, fitness, University of Kentucky, sweet tea



University of Tennessee Volunteers, the color orange, mashed potatoes

Riley Gaines's Work

Result Type:

English Español

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CULTURE

Hearing | The Importance Of Protecting Female Athletics And Title IX

[Riley Gaines & Kim Russell | Testimony](#)

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Hearing | 'Mostly Peaceful': Countering Left-Wing Organized Violence

[Riley Gaines | Testimony](#)

CULTURE

IWF Spokeswoman Riley Gaines Speaks Out Against Biden's Threat To Veto Protect Women & Girls In Sports Bill

[Riley Gaines & Press Team | Press Releases](#)

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But I Refuse To Be Silenced

[Riley Gaines | Op-eds](#)

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Riley Gaines: Amending Title IX Is Bad For Women's Sports

[Riley Gaines | Op-eds](#)

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Biden Administration Unilaterally Erasing 50 Years Of Female Rights

[Riley Gaines & Senator Joni Ernst | Op-eds](#)

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Riley Gaines: I Must Be Doing Something Right

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CULTURE

The Anniversary Of Injustice In Women's Sports

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