

BRIEF BIO

Karyl Thomas Rattay, MD, MS

Karyl Thomas Rattay, MD, MS, is the Director of the nationally accredited Division of Public Health (DPH) within the Delaware Department of Health and Social Services. As Delaware's State Health Officer, Dr. Rattay leads nearly 700 employees who promote health, reduce health inequities, and protect Delawareans from disease, environmental hazards, and public health emergencies. She oversees a \$140 million budget and upholds DPH's vision: healthy people in healthy communities.

Dr. Rattay previously served as a Senior Advisor at the US Department of Health and Human Services where she had a leadership role in the President's Healthier US Initiative and advised the Surgeon General. At Nemours Health & Prevention Services, she led a statewide childhood obesity initiative. She has widely published articles on childhood obesity and substance misuse disorders.

Dr. Rattay is board-certified in Pediatrics. She completed her Pediatric Residency at Georgetown University and a Preventive Medicine and Public Health Residency training program at the University of Maryland. She earned a Medical Doctorate from the Medical University of Ohio and a Master's of Science in Epidemiology from the University of Maryland.

Dr. Rattay was recently awarded the prestigious Arthur T. McCormack Award by the Association of State and Territorial Health Officials (ASTHO) for her leadership and contributions as a state health official. Dr. Rattay chairs the Healthy Babies Subcommittee for ASTHO and is a former ASTHO Board Member. Dr. Rattay is the Chair of the Addiction Action Committee and a former President of the Delaware Board of Medical Licensure and Discipline.