Robert Lung survived a childhood most people can't imagine. He was physically abused, sexually abused, mentally and emotionally abused, trafficked, and tortured. His abuse occurred over the course of more than thirteen years from about age three till about sixteen years old. He credits God, his brother, his mother, his maternal grandmother, his best friend and wife to whom he was married for nineteen years and a whole flock of therapists. He managed to graduate high school, he graduated college with a triple major, and he graduated law school.

Robert Lung currently serves as a District Court Judge in the 18th Judicial District of Colorado. He also provides presentations nationally and internationally on issues such as human trafficking, childhood trauma and resiliency to an exceptionally diverse audience including the military, the medical field, the educational field (including the U.S. Department of Education), various judiciaries, faith-based organizations, first-responders, mental health professionals and law enforcement.

In 2016 Judge Lung was appointed by then Colorado Chief Justice Nancy Rice to serve as the Judicial Representative of the Colorado Human Trafficking Council and he was elected the Vice-Chair from 2018 to 2020.

In 2017 Judge Lung was Presidentially appointed by the Obama Administration to the National Advisory Council on the Sex Trafficking of Children and Youth in the United States on which he served from 2017 to 2022.

In 2018 Judge Lung was Presidentially appointed by the Trump Administration to the U.S. Advisory Council on Human Trafficking from 2018 to 2020 and was elected the Chair in 2020.

In 2021 Judge Lung served as an Adjunct Professor at St. Thomas University College of Law and taught Human Rights Lawyering.

Judge Lung has also served as a consultant with Office for Victims of Crime under the U.S. Department of Justice (OVC-TTAC), the Office on Trafficking in Persons under the U.S. Administration for Children and Families (OTIP), the Human Trafficking Expert Consult Network under the U.S. State Department (Network), Shared Hope International (SHI) and the National Center for Missing and Exploited Children (NCMEC).

Judge Lung has received various awards for his work as a judicial officer and for his work in the anti-trafficking field. He has published law related articles as a judicial officer and contributed a chapter to former Congresswoman Linda Smith's book published in 2018.

In his "free time" Judge Lung works on writing his first book, a biography about hope and resiliency, and he endeavors to keep up with his two adopted sons in hiking and downhill mountain biking.