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Toomas Hendrik Ilves

**Bernard and Susan Liautaud Visiting Fellow
Center for International Security and Cooperation
Freeman-Spogli Institute for International Studies**

President of Estonia 2006-2016

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With U.S. security agencies now agreeing that Russia interfered in the recent U.S. election, all liberal democracies will need to rethink how to protect their electoral processes. This is especially true in Europe, the other pillar of liberal democracy in the world, where governments will face elections in the next couple of years.

If the most powerful and richest democracy in the world can have its electoral process derailed through mass disinformation, electronic break-ins and doxing (i.e. publication of hacked documents), then what awaits the elections this year in Germany, France and the Netherlands, where genuine extremist parties are rapidly gaining popularity?

The German domestic and foreign intelligence agencies already have announced that the same groups that hacked the emails of the Democratic National Committee and of Hillary Clinton’s campaign chairman have successfully breached the German Parliament and the accounts of political parties and politicians. German elections take place in the fall of 2017; officials already report an upsurge in fake news.

French presidential and parliamentary elections are slated for April and June of 2017. In the Netherlands, where elections are just around the corner, Russian disinformation already played a strong role passing the referendum on the decision not to ratify the European Union association agreement with Ukraine. The heads of intelligence in Sweden and the U.K. have both warned in recent weeks about Russian meddling in the two countries' domestic politics. In Italy, with or without Russian help, fake news played a significant role defeating Matteo Renzi's reform referendum in December, leading to the prime minister's resignation.

The use of digital technology in politics has a relatively short history, although deception in warfare – and influencing a country's election outcome *is* warfare – goes back to the Trojan Horse of Ancient Greece. Yet the scale of deception and use of digital technology we saw in the U.S. elections is much newer.

Democracies are in uncharted territory.

Virtually every history of what is now known as “Cyber-war” or “Cyber-warfare” begins describing an attack on Estonia at six months into my presidency in 2007 when our governmental, banking and news media servers were hit with “distributed denial-of-service” or “DDOS attacks.” Cyber attacks have a far longer history of course, but this was different. It was digital warfare, in the well-known definition of the great theoretician Carl Paul von Clausewitz as “the continuation of policy by other means.” In a DDOS attack, networks of bots or robots from hijacked computers send out massive numbers of signals to specific addresses to overload servers until they can no longer handle so many pings and they finally shut down. Without going into details, DDOS attacks are mounted by the same people using the same technology as spam, only instead of sending spam mails to massive numbers of address shotgun style, DDOS attacks target specific servers. It is underline that this activity is criminal, it is done for hire.

Such attacks had been used prior to 2007 in Estonia but mainly for extortion of net-based businesses or e-commerce. A web-based, general small or medium-sized company would find that their server was overloaded and would have to pay a criminal group for this activity to stop.

The attack on Estonia in 2007 was different and new. This was as far as we can tell the first time a nation-state had been targeted using digital means for political objectives — in our case, as punishment for moving a Soviet statue unloved by the populace. This was clearly a continuation of policy by other means. The next year, in the Russian war against Georgia in 2008, DDOS attacks were coordinated with kinetic attacks, meaning real military ordinance — a new development in hybrid warfare where targets were blinded by DDOS attacks and then proceeded to be bombed or shelled.

It is important to keep in mind, however, is that DDOS attacks do not breach the computers, they are not strictly-speaking “hacking”; they simply render servers and hence web-sites inaccessible. Which of course is enough to do plenty of damage. DDOS attacks reached a new level in October 2016, in the so-called Mirai attacks created major internet site outages in the US and Europe when the attackers used millions of IoT or Internet of Things devices to shut down the DYN domain server. Domain servers translate the name you write in when you want to access a page into the IP address of that site.

In the wake of DDOS attacks and their paralyzing impact, the focus of cyber-security shifted to more elaborate possibilities: the use of malware to shut-down critical infrastructure: electricity and communication networks, water supplies, even disrupting traffic light systems in major cities. This already does require “hacking”, as we know the term – breaking into a computer system, not just blocking access. Indeed the potential danger to critical infrastructure became the primary focus of government and private sector concern, including in my own country, where we were already quite aware of cyber power.

This kind of cyber attack could mean shutting down a country, rendering it open to conventional attack. In 2010 the Stuxnet worm, which spun Iranian plutonium enriching centrifuges out of control warned us of the power of cyber to do serious damage to physical systems. Leon Panetta, Secretary of Defense from 2011 to 2013, warned in 2012 of the potential of a “Cyber-Pearl Harbor”. Subsequent events such as the shutting down of a Ukrainian power plant in 2016 and again this year through cyber operations showed that such concerns were hardly unwarranted.

At the same time I should also note that one could already do considerable damage to national security and the private sector without disabling infrastructure; the hack of Sony and of the Office of Personnel Management in which the records of up to 23 million past and present Federal employees are good examples of an extremely dangerous breach that endangers a country's national security or its commerce.

All of these concerns fell into the broad rubric of symmetrical warfare. Whatever they did to you, once you figured out who "they" were, you could do back to them. Moreover, the U.S. Department of Defense has explicitly said in its cyber strategy that a cyber attack as I have described here need not be met in the cyber domain; a kinetic response is just as possible.

What we have seen recently, in the U.S. and currently see ongoing in Europe, especially in countries with elections this year, is *asymmetric*. You can undermine a democratic election through various means I shall briefly describe, but how do you do it back to the attackers? If an authoritarian government undermines your elections, you can hardly undermine theirs if they do not have democratic elections, especially since the authoritarian government is ultimately the one to count the vote. Hacking e-mails of the rulers and publishing the more embarrassing finds does little if the media in the ruler's country are under state control and if republishing them on the web lands you in jail or worse. In this regard liberal democracies are weaker against attacks even from relatively small cyber powers such as Iran. It is the asymmetry of such attacks that places democracies in danger.

What are the mechanisms of this asymmetric cyber war?

- *Kompramat*, is the Russian term for publishing (real or fake) compromising materials on opponents;
- *hacking* is breaking into servers and stealing data;
- *doxing*, combines the two: to publish hacked documents to embarrass or harm opponents. The first large scale case of this were Wikileaks' publication of some quarter million U.S diplomatic cables in 2010, the most recent only this week the publication of CIA materials.
- Finally there are *fake news*, an old propaganda trick but used far more effectively in the era of social media. KGB fake news in the 1980s of AIDS being invented by CIA had relatively little

traction but today social media disseminates false stories with abandon.

All of these have been combined in the past year as a pincer movement on democratic elections. Hacked private mail is doxed; it appears in social and later mainstream media, after which fake news content spin on these same revelations takes off and goes “viral”. *Buzzfeed* reported that in the last three months leading up to the U.S. election, fake news stories were shared on Facebook 8.7 million times, surpassing mainstream news by 1.4 million shares. Meanwhile, the Pew Center meanwhile reported last Summer, that for 62 percent of Americans social media was their primary news source.

Where do we stand? Democracies are in uncharted territory. Never before has private information been as vulnerable to hacking, never has it been so common to distribute it publicly and never in the past 75 years has the public been as receptive to fake news. One outcome has been a major disruption of the electoral process, which I need not go into here. Yet false stories can lead to genuine tragedy as well: after the election, a gunman with an AR-15 machine gun attacked a Washington pizza restaurant, his anger fueled by a fake story about Hillary Clinton running a child abuse ring there.

More broadly, we see the same is going on in Europe. What we are seeing in the United States and among the European allies is that *influencing a country's election outcome is warfare*. There is no need to wage a kinetic war or even use debilitating cyber attacks on critical infrastructure if you can sway an election to elect a candidate or a party friendly to your interests or to defeat a candidate you don't like. This is clearly the goal of Russia in the German elections, where Angela Merkel's role in maintaining EU sanctions against Russia has been critical and annoys Russia no end. It is true as well as in France, where Marine le Pen's Front National is anti-EU, anti-NATO and anti-US. With anti-EU and anti-NATO parties rising in popularity in a number of countries in Europe, this asymmetrical attack on the democratic process is already now a security threat to the NATO alliance.

So where to we stand?

The US intelligence services say that they the Russians were behind the Democratic National Committee and John Podesta's e-mail

breaches. The Dutch are so worried about possible disruption of their upcoming elections that they are going back to paper ballots. German intelligence agencies both domestic – the *Verfassungschutz* which is their FBI – and foreign, the *Bundesnachrichtendienst*, which is their CIA have been uncharacteristically blunt. They say outright the hacking group APT 28, run by Russian military intelligence GRU has hacked into the Bundestag as well as the servers of some political parties.

Just five weeks ago the French media reported France's Directorate-General for External Security (DGSE) believes a disinformation campaign coordinated by the Kremlin threatens to undermine April's Presidential election. They fear Russia will seek to help the anti-EU, anti-NATO National Front and its leader Marine Le Pen by using bots to massively post pro Le Pen messages online. They also fear that other candidates, most noticeably the pro-European front runner Emmanuel Macron will suffer the same hacked emails and their "doxing" or publication that cost Hillary Clinton. Russian media outlets have already begun putting out stories Macron is gay and is supported by what they call the rich gay vote.

British officials have said they believe Russia had a hand in the Brexit referendum and I have been told the same by Italians about the referendum called by Prime Minister Renzi on government reform last December. Certainly the number of fake news shared on social media Italy was greater than genuine referendum stories, a finding repeating the U.S. experience during your elections.

We see not only the Enlightenment values of liberal democracy under attack, but we see one of the greatest scientific creations of our lifetime, the internet turned against liberal democracy we could never have imagined when 30 years ago I worked for Radio Free Europe.

Only a few years ago we believed that the Internet, social media would be a tool of liberation, that when Middle East autocrats shut down social media, using technology to keep twitter open would allow pro-democracy protestors liberate the autocracies of the Middle East. Instead we face a dystopian landscape. These are not tools of democracy but rather are turned into tools against democracy through manipulating the electoral process. No one really thought that this can happen. Instead of helping new democracies we

see our own societies under threat from fake news, by anti-democratic, often racist rhetoric that drowns out the voices of reason.

This puts Europe's future and trans-Atlantic security in a whole different light. Europe's hitherto unity on sanctions, in foreign policy, difficult as it has been to maintain under current circumstances, would crumble if we see the election of a Marine Le Pen's Front National. Similarly, Anti-EU, anti-Muslim Geert Wilders party has until the most recent poll been the front runner in the Netherlands, though there other parties have vowed to form a ruling coalition should Wilders win a plurality of votes.

We are facing something that is clearly a policy. It is a policy of the Russian Federation to use military intelligence units to run hacking groups such as APT28 or APT29. The first one is also known as "Fancy bear", the other "Cozy Bear", both are GRU hacking units whose footprint has been found across the globe.

If we return to Clausewitz's definition of war as the continuation of policy by other means, then what we are seeing is clearly the continuation of policy by other means. And then we must think not just about critical infrastructure attacks as war but attacks on democratic elections in the same light.

If you read the Russian Chief of the General Staff Valery Gerasimov's 2013 article about hybrid war – which he means as using all means at hand to achieve your ends – in turn means that in some places you use "little green men", in some places you use missiles and in some places you use doxing. All these require different responses but we need to understand that these are all part and parcel of a larger game and that in all cases we are facing a major aggressive action. Just because it is digital, electronic and people don't get killed does not mean that it is not aggression.

The conundrum that Europe will face in the coming year is whether or not to use illiberal methods to safeguard the liberal democratic state under external attack. Social media is responding, albeit slowly. Facebook has announced a system to flag fake news; Twitter and Google are looking at the issue. For some, however, this may not be enough. In Germany, a country that for obvious reasons is far more attuned than most to the dangers of demagoguery, populism and

extremist nationalism, lawmakers have already proposed taking legal measures against fake news. When populist, nationalist fake news threatens the liberal democratic center, other Europeans may follow suit.

Democracies stand on several key pillars: Free and fair elections, human rights, the rule of law and a free untrammelled media. Until 2016, an open media was seen as a resilient democratic pillar that supported the others. Yet, because of hacks, doxing and fake news, we can already imagine the problem all democratic societies will face in future elections: how to limit lies when they threaten democracy?

In conclusion:

It is in light of this, I believe that in this age of “cyber,” democracies need to think beyond the hitherto geographical bounds of security. Up until now, security was constrained by geography: NATO is the *North Atlantic* Treaty Organization because that’s where the threats were; these threats were kinetic and by definition constrained by physical distance.

Today, unconstrained by the limits of kinetic war, by the range of missiles and bombers, by the logistics needed to support an armored division, we can succumb instead to digital aggression. In the digital age, physical distance no longer has any meaning. The range of threats we have seen in the past decade since Estonia was attacked – from DDOS attacks to wiping out communications or power grid infrastructure to disrupting elections are all independent of distance from the adversary.

Disruptions of electoral processes differ, however, because of the asymmetrical vulnerabilities of democracies to the kind of behavior we have witnessed in the past year, behaviors we now see rolled out against European democracies as well.

We do have asymmetrical advantages too, after all a Russia visa ban on supporters of Russian sanctions on such Western leaders as John McCain was met with considerable derision in the West. It is *our* asymmetrical advantage that adversaries want to come here. We *can* investigate money laundering, especially in the countries favored by

the adversaries, we *can* make it hard for the children of the regime to study in the West or to live here on stolen riches.

But we won't do that.

Which leads me to suggest that we need a new form of defense organization, a non-geographical but a strict criteria-based organization to defend democracies, countries, that genuinely *are* democracies...

In different contexts, both Madeleine Albright and John McCain have proposed a community or league of democracies. Neither proposal went far at the time. But the threats then were minor. Could such an organization do the job to face this new threat? I proposed already 5 years ago at an Atlantic Council event at the Munich Security Conference that we consider a cyber defense and security pact for the genuine democracies of the world. After all, Australia, Japan and Chile, all rated as free democracies by Freedom House, are just as vulnerable as NATO allies such as the United States, Germany or my own country.

It will take much hard work to create such a pact but those who would undermine our democracies are already hard at work.

Thank you