

Patrick M. Sughrue

Senior Corporate Director of Health, Safety, and Environmental



With 23 years at Cianbro, Patrick (Pat) has built a career rooted in safety leadership, operational excellence, and a genuine commitment to people. He began his career as a safety specialist and moved through progressively responsible roles, including health, safety, and environmental manager, assistant general manager for the infrastructure market, and currently is the senior corporate director of health, safety, and environmental.

Throughout his career, Pat has worked across multiple markets—including infrastructure, power and energy, and industrial and manufacturing. He has spent significant time supporting the infrastructure market on bridge construction projects throughout Maine and Massachusetts, as well as working extensively at the Portsmouth Naval Shipyard on projects within highly secure, tightly regulated environments. His experience includes on-site construction planning, scheduling, and coordination, along with monitoring and guiding work activities involving large, diverse teams and multiple subcontractors.

Pat is recognized for his strength in activity planning, with a balanced focus on safety, quality, and production. He demonstrates an inclusive leadership style, proactively engaging leaders at all levels to identify, eliminate, and control hazards while safely putting work in place. His leadership is grounded in modeling the behaviors of a caring culture, reinforcing the belief that strong relationships and respect are essential to safe and successful project execution.

Pat holds a Bachelor of Science in Environmental Safety and Health and a Bachelor of Science in Technology Education from the University of Southern Maine, School of Engineering and Applied Sciences in Portland, Maine.