

NEWS

PRESS RELEASES

'There Are Only Two Sexes: Male and Female.' Arrington Leads Effort to Restore Biological Sex Standard in Title IX

Washington, May 13, 2026

Washington, D.C. – House Budget Chairman Jodey Arrington (TX-19) introduced the [Title IX Clarification Act](#), legislation to codify that Title IX nondiscrimination requirements tied to federal education funding are based on the biological reality of sex. This legislation would further uphold President Trump's [revocation](#) of a Biden-era Executive Order that [directed](#) the Secretary of Education to interpret Title IX anti-discrimination language – “on the basis of sex” – to cover “discrimination on the basis of sexual orientation or gender identity.”

“Title IX was created to provide equal opportunity for our daughters, not to push a radical gender ideology that jeopardizes their safety,” said Chairman Arrington. “My Title IX Clarification Act stops the abuse of Title IX by affirming a simple truth: there are only two sexes - male and female - and taxpayer dollars should not be used to advance extreme social policies. I’m proud to lead this effort to protect opportunities for women and girls, rein in bureaucratic overreach, and restore clarity and common sense to federal law.”

Congressional Support:

“As a father of three daughters who compete in sports, protecting their opportunities on and off the field is of the utmost importance to me,” said Rep. August Pfluger (TX-11). “Title IX has been a cornerstone of fairness for women and girls for over five decades, and the Title IX Clarification Act ensures that promise endures for the next generation. Every female athlete across America deserves to compete on a level playing field. I am proud to support this effort and am grateful to my good friend and colleague Congressman Jodey Arrington for his leadership in introducing this important legislation.”

“Title IX was created to protect women and girls, not erase them. The Title IX Clarification Act restores common sense by reaffirming that sex means biological sex, just as Congress originally intended,” said Rep. Brian Babin (TX-36). “This bill protects fairness in women’s sports and ensures taxpayer dollars are not used to impose radical gender ideology in our schools. I’m proud to support legislation that preserves opportunities for women and girls and puts truth ahead of radical political activism.”

“As a longtime supporter of Title IX, I am proud to be an original cosponsor of this much-needed legislation,” said Rep. Chris Smith (NJ-04). “Our Nation has rightfully enshrined equal opportunity for women in all educational activities, and Congress must ensure that States recognize the reality of biological sex and protect opportunities for women and girls at every level.”



"I have two daughters and seven granddaughters, and Title IX was written to protect their opportunities – and those of all women and girls – both in the classroom and in sports," said Rep. Mike Bost (IL-14). "That law was passed to level the playing field, not to be twisted beyond recognition by the misguided Biden administration. This bill restores congressional intent, and I am proud to cosponsor it."

"Unelected bureaucrats do not have the authority to rewrite federal law to fit a far-left political agenda," said Rep. Claudia Tenney (NY-24). "The Title IX Clarification Act restores the original meaning of Title IX, protects women's sports, and gives schools the clear statutory guidance they need. Congress must defend the rights and opportunities Title IX was designed to secure for women and girls."

"Title IX was written to protect women and girls from discrimination, not erase the biological reality of sex," said Rep. Sheri Biggs (SC-03). "I am proud to join Congressman Arrington and support his leadership on this important issue. The Title IX Clarification Act restores clarity, protects female students and athletes, and ensures taxpayer-funded education programs uphold the plain meaning of the law."

"Women deserve equal opportunity in academics and athletics, and Title IX exists to protect exactly that," said Rep. Diana Harshbarger (TN-01). "The Biden administration spent years trying to rewrite federal law through executive overreach—using education dollars meant for the classroom to force a woke gender ideology that biology rejects. This legislation closes the door on activist reinterpretations of Title IX and upholds the law's original intent."

"Title IX was written to ensure equal opportunities for women and girls," said Riley Moore (WV-02). "The Title IX Clarification Act of 2026 restores the law's original intent by clearly defining 'sex' in law, ensuring that females will never be forced to unfairly compete against men again. I'm proud to cosponsor this commonsense legislation to protect fairness in women's sports, uphold the rule of law, and defend women and girls against the Radical Left's gender insanity."

"When Title IX was created, the intent was clear," said Rep. Adrian Smith (NE-03). "Unfortunately, the Left has spent years trying to blur definitions and undermine the intent of the law. The Title IX Clarification Act of 2026 would ensure that Title IX protections are based on the biological reality of sex, not a social abstraction. I am grateful to work with Rep. Arrington and our colleagues to provide schools and students with the fairness, clarity, and privacy they deserve."

"Democrats love to say, 'trust the science,' and that's exactly what the Title IX Clarification Act does," said Rep. Greg Steube (FL-17). "That's why I'm continuing the fight for biological truth alongside Congressman Arrington. This legislation clearly defines sex under Title IX as biological male or female and ensures federally funded schools adhere to those definitions. Americans are tired of watching common sense get thrown out the window to appease radical gender ideology, especially when it comes at the expense of women and girls."

"Idaho led the charge as the first state to protect fairness in women's sports in response to the Biden administration's radical rewrite of Title IX. Americans must never forget this insanity, which would have jeopardized the safety and rights of girls and women nationwide," said Rep. Mike Simpson (ID-02). "To combat the Left's delusions and prevent future misinterpretations, Congress must clarify and restore Title IX's original meaning."

"I'm proud to co-sponsor the Title IX Clarification Act of 2026," said Rep. Russ Fulcher (ID-01). "This legislation restores clarity to Title IX by reaffirming Congress's original intent that 'sex' is defined in law based on a person's biology at birth—plain and simple."

"God made mankind in two distinct categories: Male and Female. This distinction is not just the foundation of created order, but essential for interpreting Title IX and the Fourteenth Amendment," said Rep. Barry Moore (AL-01). "America will not tolerate men in women's sports. They are distinct, and this bill will leave no room for error."

"Actual scientists, as opposed to political scientists, inform us that men and women are biologically different," said Rep. Thomas Massie (KY-04). "Congress created Title IX to protect women and girls by ensuring that they would not be excluded from federally funded activities on the basis of their biological sex. Woke activists want to eliminate the traditional understanding of sex by expanding Title IX's definition and include sexual orientation and gender identity, a change that would open the door to allowing men to play in women's sports. Congress should pass the Title IX Clarification Act of 2026 to ensure the plain meaning of the law isn't undermined by unelected bureaucrats advancing a Diversity, Equity, and Inclusion (DEI) agenda."



"The Democrats have lost their minds. They spent four years trying to erase biological women from federal law," said Rep. Mike Rulli (OH-06). "Not through a vote, not through debate, but through backroom bureaucratic rewrites that nobody asked for. Biological women are not a political talking point. They are our mothers, our daughters, our sisters. Title IX was written to protect them; the left can call it controversial all they want. In Ohio's 6th District, we call it common sense."

"Title IX exists to protect our women and girls in the education system. That means protecting them from biological males trying to enter spaces intended for females," said Rep. Addison McDowell (NC-06). "This bill clarifies the original intention of Title IX and ensures that our daughters will have fair access to athletic opportunities, private spaces, and everything else they are entitled."

"Children should be learning their ABCs, not woke DEI. I work tirelessly so my six incredible granddaughters never have men in their locker rooms or on sports teams," said Rep. Buddy Carter (GA-01). "It's outright dangerous. The Title IX Clarification Act of 2026 codifies President Trump's Executive Order on gender identity, which is common sense. There are two sexes, man and woman, period. I'm for protecting our kids and their childhoods and for preventing liberal politicians from altering biological facts."

Outside Support:

"Since its enactment over 50 years ago, Title IX has opened the door for millions of young women to access equal educational opportunities and experience the thrill of victory on the playing field," said Matt Sharp, Senior Counsel and Director of the Center of Public Policy, Alliance Defending Freedom. "But previous administrations tried to redefine "sex" and allow males to take away the opportunities rightfully belonging to women. We applaud Rep. Arrington's proposal to re-affirm the original meaning and intent of Title IX and safeguard its promise of equal opportunities for countless generations to come. From privacy to sports to healthcare, our laws should recognize and respect that women and men are biologically different, and they should uphold the dignity and safety of women and girls."

"The Title IX Clarification Act is unfortunately necessary legislation to stop gender ideology activists in school, the courts, and future Democrat administrations from harming women," said MaryBeth Waddell J.D., Director of Federal Affairs, Family and Religious Liberty, Family Research Council. "Part of Title IX's original intent was to bring equal opportunity to female athletes. However, we have seen successive Democrat presidents push schools and athletic associations to allow biological males to invade women's sports, taking away awards and opportunities from women and girls. Not only have men been allowed to compete directly against women, outperforming and sometimes seriously injuring them, women's and girl's privacy has been ignored and their safety jeopardized as males have been allowed in private spaces such as women's locker rooms. This bill reaffirms the plain meaning of Title IX. It should be supported by all members who claim to support women's rights."

"For too long, the very law meant to protect women and girls from sex discrimination has been wielded by those who deny biological reality in order to undermine them in their sports, locker rooms, bathrooms, and campuses. We are committed to fighting for the unique dignity of women and girls, and we believe that restoring Title IX enforcement to its original intent is a much-needed course correction," said Penny Nance, CEO and President, Concerned Women for America Legislative Action Committee. "Rep. Jodey Arrington's Title IX Clarification Act will restore Title IX to its original intent, securing permanent protections for women and girls on the basis of sex, not false 'gender identity.'"

"Family Policy Alliance supports the Title IX Clarification Act because it ensures that federal education funding under Title IX is based on commonsense support for women, not woke ideology," said Craig DeRoche, President and CEO, Family Policy Alliance. "This legislation will protect women's athletic opportunities as Title IX intended."

"While Title IX was originally passed in recognition of biological reality and the need to protect women's sports, privacy, and safety, it has lately been distorted to serve the \$4.5 billion transgender industry that preys on young women and children," said Terry Schilling, President, American Principles Project. "This is why Congress must pass the Title IX Clarification Act to address one of the most important education issues of our time. The American people are watching, and this is the moment for lawmakers to choose truth over delusion. APP stands with Congressman Arrington in fighting for common sense in an age of madness."

Background:

- Clarifies that Title IX protections are based on biological sex by defining "sex" in federal law as male or female for purposes of education programs and activities receiving federal funds

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- Restores the original intent of Title IX and prevents future administrations from reinterpreting the law to include gender identity or sexual orientation without congressional approval.
- Establishes clear statutory definitions for “male” and “female” in Title IX to provide certainty for schools, students, parents, and states receiving federal education funding.
- Reinforces President Trump’s reversal of the Biden administration’s attempt to expand Title IX through executive action and agency rulemaking.
- Addresses concerns raised during recent Supreme Court arguments regarding whether Congress has clearly defined the meaning of “sex” under Title IX for states accepting federal funds.

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Washington, DC Office

1111 Longworth House
Office Building
Washington, DC 20515
Phone: (202) 225-4005
District-wide Toll Free:
(888) 217-0281
Fax: (202) 225-9615

Lubbock Office

1312 Texas Ave. | Ste. 219
Lubbock, TX 79401
Phone: (806) 763-1611
Fax: (806) 767-9168

Abilene Office

500 Chestnut St. | #819
Abilene, TX 79602
Phone: (325) 675-9779
Fax: (325) 675-5038

