

CDR Jacqueline S. Lamme attended medical school at the Uniformed Services University of the Health Sciences from 2001-2005. While there, she was the Navy Class Commander from 2003-2005. She began her medical career as a Family Medicine Intern at Naval Hospital Jacksonville, FL. After internship graduation, she attended the Naval Aviation Medical Institute (NAMI) Flight Surgeon program and graduated May 2007.

CDR Lamme served two tours as a Flight Surgeon. Her first tour was with Fleet Air Reconnaissance Squadron 2 at Naval Air Station, Whidbey Island, WA from June 2007-June 2009. Her squadron received the Battle E, in part due to their exceptional medical readiness, during her tour. Committed to the operational mission, CDR Lamme voluntarily attended SERE School in May 2008 to ensure her ability to fly with the squadron and support the mission in every AOR to which they were deployed. CDR Lamme then volunteered for a second flight tour and joined Marine Fighter Attack Squadron 232 at Marine Corps Air Station, Miramar, CA. To optimize her ability to serve the needs of the squadron, she attended the USAF Flight Surgeon High Performance Aircraft Training Course in December of 2009 and the Navy Trauma Training Center in January 2010. She deployed with VMFA-232 to Kandahar, Afghanistan in May of 2010 and supported the squadron as they successfully completed their mission as the first Marine F-18 squadron deployed on the ground in Afghanistan.



CDR Lamme then transitioned to Naval Medical Center San Diego as a Resident in Obstetrics and Gynecology from 2011-2015. Her residency research on the “Prevalence of Anal HPV and Anal Dysplasia in Women with Cervical Dysplasia” won the Resident Research Award at the NMCSD Academic Research Competition. Later, it was published in the Green Journal and chosen as one of the 2015 Maintenance of Certification articles for ABOG. As an advocate for women’s reproductive health and understanding first-hand the impact of unplanned pregnancies on the operational readiness of Navy and Marine Corps units, she served on BUMED’s Task Force on Unplanned Pregnancy Prevention during residency.

CDR Lamme was selected as the first military Medical Officer to pursue additional fellowship training in Complex Contraception and Family Planning. She began her full-time, out-service Fellowship training at Oregon Health & Science University in July 2015 and completed her training in June 2017. Her fellowship research focused on increasing contraceptive access for community college students, a population demographic very similar to Naval Enlisted forces. She concurrently completed her Master in Public Health with a Health Systems Management and Policy focus. She was selected by the Fellowship to participate in the American College of Obstetrics & Gynecology Policy Fellowship from March-April 2017, where she was able to form multiple collaborative relationships within ACOG. Remaining committed to Navy Medicine and the reproductive health issues impacting Active Duty women, she continued to participate in the BUMED Unplanned Pregnancy Prevention Task Force, now renamed the Family Planning Working Group, throughout her fellowship. Additionally, she was nominated and attended the 2017 MHS Female Physician Leadership Conference and attended in March 2017.

Upon the completion of her Fellowship in June 2017, CDR Lamme transitioned to Naval Hospital Okinawa in July 2017. Soon after her arrival, CDR Lamme spearheaded the first Walk-In Sexual Health (WISH), a multi-disciplinary approach to both contraceptive and STI services for male and female patients, improving overall readiness and access for patients island-wide. Additionally, CDR Lamme was competitively selected and served as the Department Head for Obstetrics and Gynecology at Naval Hospital Okinawa from January 2018 to May 2020. She is currently stationed at Naval Hospital Bremerton as a staff Gynecologic Surgeon and Obstetrician and Chair of the Medical Executive Committee.

CDR Lamme’s personal decorations include: Two Navy and Marine Corps Achievement medals, a Navy and Marine Corps Commendation Medal and a Non-Article 5 NATO Medal, and numerous unit/service awards. She has achieved designation as a Flight Surgeon. CDR Lamme is a Fellow and the Vice Chair of the Navy Section of the Armed Forces District of the American College of Obstetricians and Gynecologists.