



**Jessica Strong**

**Co- Director of Applied Research**

**Blue Star Families**

Jessica Strong joined Blue Star Families as a Volunteer Chapter Director in 2017, then as a Consultant shortly thereafter, and joined the BSF Staff as an Applied Research Analyst in 2019. Her work with Applied Research focuses on the annual Military Family Lifestyle Survey, as well as developing, executing, and analyzing other research projects that support Blue Star Families mission and enhance the national conversation about military families.

She holds a Master's degree in Social Work from Fayetteville State University and a PhD in Social Work from Rutgers University, which she uses to advance the research available on understanding military family issues and how helping professionals can support military families.

She has previously researched military families as an Assistant Professor of Social Work at the University of North Carolina Wilmington, publishing her research in the professional literature and focusing on teaching military-affiliated students at the extension site aboard Camp LeJeune. Jessica is an active duty Army spouse with three children, currently stationed at Ft. Campbell, KY.