

COMMANDER RUSSELL B. CARR
MEDICAL CORPS, UNITED STATES NAVY
SERVICE CHIEF OF ADULT BEHAVIORAL HEALTH CLINIC
WALTER REED NATIONAL MILITARY MEDICAL CENTER

Commander Russell Carr is the Service Chief of the Adult Behavioral Health Clinic at Walter Reed National Military Medical Center and Assistant Professor of the Department of Psychiatry at the Uniformed Services University of the Health Sciences.

Commander Carr is a native of Tennessee and received his Bachelor of Arts degree with Highest Honors in Russian Language and Literature from the University of North Carolina at Chapel Hill in 1995. He then returned to Tennessee and received his Doctor of Medicine from the University of Tennessee at Memphis in 1999. He completed an internship in psychiatry in 2000 at Naval Medical Center Portsmouth, VA. He then sought orders to the fleet and was transferred to USS SEATTLE (AOE-3) as the Medical Department Head and sole General Medical Officer on board from 2000-2002. During that tour, he deployed to the Persian Gulf with the JFK BATTLE GROUP in support of OPERATION ENDURING FREEDOM. He then transferred to Branch Medical Clinic Gaeta, Italy as a General Medical Officer for three years.

In 2005, he entered residency in psychiatry at the National Capital Consortium in Washington, DC. In 2007, he was named a Laughlin Fellow of the American College of Psychiatrists, an award given to the top eight psychiatry residents in the country each year. He also began training in adult psychoanalysis, which is additional training beyond psychiatry residency done through civilian institutes. In 2008, he completed his residency in psychiatry, and became a staff psychiatrist at the National Naval Medical Center Bethesda, MD.

In July 2008, Commander Carr deployed as an Individual Augmentee in support of OPERATION IRAQI FREEDOM for six months. He was assigned to the U. S. Army's 528th MEDICAL DETACHMENT, COMBAT STRESS CONTROL, which was already deployed to Mosul, Iraq. He served as a member of the unit's Prevention Team on FOB Q-WEST, Iraq, where he treated service members both on the base and on remote Combat Outposts. Upon his return to National Naval Medical Center, he served as the Medical Director of the Inpatient Psychiatric Ward. He was then selected to be the Department Head of the medical center's Psychological Health and Traumatic Brain Injury (PH-TBI) Department, a position which also managed the hospital's PH-TBI funding, reporting to the National Capital Region's PH-TBI Coordinator.

In 2010, Carr was selected to be the Integrated Service Chief for the Adult Behavioral Health Clinics at both National Naval Medical Center and Walter Reed Army Medical Center. He oversaw the integration of these two clinics as part of the largest military medical integration in history.

Dr. Carr is board certified in Psychiatry and is a Diplomate of the American Board of Psychiatry and Neurology. In 2013, he has graduated from psychoanalytic training at The Institute of Contemporary Psychotherapy and Psychoanalysis in Washington, DC, and has become the only active duty military psychiatrist or psychologist who has completed training in psychoanalysis. He has published numerous peer-reviewed articles and book chapters on combat trauma and suicide, speaks nationally on these topics, and is sought internationally for consultation on difficult to treat combat-related PTSD.

Commander Carr is a qualified Surface Warfare Medical Department Officer. His personal awards include the Meritorious Service Medal; the Navy and Marine Corps Commendation Medal (2); the Army Achievement Medal, as well as various unit awards.

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