

Paul Tewksbury, LCSW-C, CEAP
Director, Office of Employee Assistance (OEA)

Paul Tewksbury joined the OEA in 2015, following five years with the Employee Assistance Program (EAP) at the National Institutes of Health (NIH) where his exemplary service in the areas of client care and quality assurance was officially recognized. Prior to serving NIH, Paul worked with the EAP serving Maryland's largest private health care company and numerous other regional organizations. Paul first worked at the OEA between 2007 and 2008 while completing his master's degree in social work at Catholic University in Washington, DC. Throughout his EAP career, he has maintained significant responsibilities in the clinical, administrative, and promotional domains of employee assistance.

Paul is a Licensed Clinical Social Worker (LCSW-C) and a Certified Employee Assistance Professional (CEAP). He is a two-term past president of a local chapter of the Employee Assistance Professionals Association (EAPA) and has been a longtime member as well as president of the Alumni Advisory Board of Catholic University's social work school. In addition, he served a three-year term on the Employee Assistance Certification Commission (EACC), the international board responsible for oversight of the CEAP credential.

Paul assumed the role of Director of the OEA in 2021 after holding numerous positions with the office including Employee Assistance Counselor, Senior Counselor, and Manager. Paul's professional interests include cognitive-behavioral perspectives and Emotional Intelligence (EI). He is adept at providing strengths-based consultation with individuals and workgroups experiencing a wide range of issues or conflicts.

Bryan Weiss
Program Manager, House Wellness Center

Bryan Weiss joined the OEA in October 2018 and is the Manager of the House Wellness Center. Before joining the House, Bryan was the Director of Healthier U at Stony Brook University for four years, responsible for the organizational well-being efforts of the 15,000-employee workforce, including Stony Brook Medicine and the Long Island State Veterans Home. Before joining Stony Brook University, Bryan worked in various roles of increasing responsibility over ten years on the global wellness team at PepsiCo, Inc.

Bryan received his Bachelor of Science (BS) in Exercise Science from Kent State University in 2003 and his Master of Science (MS) in Exercise Science and Health Promotion from California University of Pennsylvania in 2007.