



Mehul Dalal, MD, MSc, MHS

President, National Association of Chronic Disease Directors

Dr. Mehul Dalal is the President of the Board of Directors of the National Association of Chronic Disease Directors which represents and supports over 6,000 public health professionals nation-wide in addressing the prevention, control and management of chronic diseases.

Dr. Dalal is also the Chronic Disease Director at the Connecticut Department of Public Health where he oversees the Chronic Disease Unit which addresses a wide range of chronic disease prevention and control programs and policies in community and clinical settings. He co-chairs the Connecticut State Innovation Model Quality Metrics Council, serves on the Advisory Council for Healthy Connecticut 2020, and serves as the Vice Chair of the Connecticut Cancer Partnership.

He was previously the Medical Director of Quality Improvement at the New York City Department of Health's Cardiovascular Program, working with primary care providers to promote best practices in the prevention of heart disease and stroke. Dr. Dalal has practiced primary care at Bellevue Hospital in New York City and the Fair Haven Community Health Center in New Haven, CT. He has contributed to peer-reviewed publications that appear in the American Journal of Preventive Medicine, Journal of Clinical Hypertension and the Journal of Primary Care and Community Health.

Dr. Dalal received an undergraduate degree in Neuroscience at Brown University and a Doctor of Medicine from the Mount Sinai School of Medicine in New York City. He completed an internal medicine residency at New York University and is a graduate of the Yale Robert Wood Johnson Foundation Clinical Scholars Program.

He resides in New Haven with his wife and two children; all enjoying the unique balance of city and country life characteristic of Connecticut.